

*Community Resources  
For Macon County  
Lafayette & Red Boiling Springs  
Head Start Center  
2017-2018*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J.& C. Head Start*

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## **Adult Education:**

### **Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 526-2211

(931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Macon County Adult Basic Education**

Lafayette, TN

615-666-2125

615-666-4778

**They offer: GED, Adult High School, Basic Computer Training**

*(Assists Adults to further their education)*

### **Tennessee College of Applied Technology**

716 McMurry BLVD

Hartsville, TN 37074

(615) 374-2147

*(Assists Adults to further their education and job skills training)*

### **Tennessee Technological University**

Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their education)*

### **Volunteer State Community College**

Livingston & Gallatin

931-823-7065/ Livingston

615-230-3688

1-888-335-8722

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

## **Adult Job Training Services:**

### **AMERICAN MANUFACTURING & PACKAGING (AMP)**

435 Gould Drive

Cookeville, TN. 38506

(931) 432-5981

*(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)*

### **Macon County Career Center**

Tennessee Vocational Training Center

607 Highway 52 By-Pass

Lafayette, TN 37083

Telephone: (615) 666-2330

*(Assist adults in locating jobs)*

### **Department of Human Services - Macon County**

315 HWY 52 Bypass E.

Lafayette, TN 37083

615-666-4041

*(Services: Food Stamp; Families First; Medicaid; and TennCare)*

### **Goodwill Industries**

575 South Jefferson

Cookeville, TN. 38501

(931) 520-8969

*(Assists Adults with disabilities to further their education)*

### **Middle Tennessee School of Cosmetology**

880-A East 10<sup>th</sup> Street

Cookeville, TN. 38501

(931) 526-8735

*(Assists Adults to further their education)*

### **Fortis Institute**

Highway 111

Cookeville, TN.

(931) 526-3660

*(Assists Adults to further their education)*

**Nashville State Community College**

1000 Neal Street

Cookeville, TN. 38501

(931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

**Prospect, Inc.**

315 HWY 52 Bypass E.

Lafayette, TN 37083

615-666-2452

[betty.pruitt@state.tn.us](mailto:betty.pruitt@state.tn.us)

*(Assists Adults to further their education and they do Families First Training)*

**Social Security Administration - SSI Program**

665 S. Jefferson Avenue

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**Tennessee College of Applied Technology**

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1-888-335-8722

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## **Resources for Bereavement:**

### **Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-520-1705  
931-528-5133

### **Heart of the Cumberland**

P.O. Box 717,  
Cookeville, TN 38503  
Phone: 931-525-2600  
[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

## *Childcare:*

### **Becky's Daycare**

943 Days Rd  
Lafayette, TN 37083

### **CHRISTINE'S GROUP DAY CARE**

689 DRIVER RD  
LAFAYETTE, TN 37083  
(615) 666-6623  
*(Call for fees)*

### **COLOR ME CUTE**

1002 HIGHWAY 52 BYP E  
LAFAYETTE, TN 37083  
(615) 688-2883  
*(Call for fees)*

### **FIRST STEPS PRESCHOOL AND CHILD CARE**

1398 SCOTTSVILLE ROAD  
LAFAYETTE, TN 37083  
(615) 666-7143  
*(Call for fees)*

### **Jungle Explorers**

518 Church St  
Lafayette, TN 37083  
615-666-2827

### **KK'S CHILD CARE**

2109 SCOTTSVILLE ROAD  
LAFAYETTE, TN 37083  
(615) 666-8137  
Contact Name: CAROLYN GREGORY  
*(Call for fees)*

### **LAUGH-N-LEARN**

211 EDGEWOOD ST  
LAFAYETTE, TN 37083  
(615) 688-7878  
*(Call for fees)*

**MACON COUNTY PRESCHOOL (FAIRLANE) (-E-)**

305 FAIRLANE DRIVE  
LAFAYETTE, TN 37083

(615) 666-2970

*(Free Service)*

**NANCY'S FAMILY DAY CARE**

702 BAKER DRIVE  
LAFAYETTE, TN 37083

(615) 666-4465

*(Call for Fees)*

**OVER THE RAINBOW**

908 SYCAMORE ST  
LAFAYETTE, TN 37083

(615) 666-5656

*(Call for Fees)*

**Red Boiling Springs Head Start**

RED BOILING SPRGS, TN 37150

(615) 699-2225

*(Free Service)*

**ROARK'S DAY CARE**

2491 AKERSVILLE ROAD  
LAFAYETTE, TN 37083

(615) 666-3332

*(Call for Fees)*

**Lafayette Head Start**

2703 Hwy 52 East  
Lafayette, TN 37083

(615) 666-4392

*(Free Service)*

**Work in Progress**

2430 Red Boiling Springs Rd.  
LAFAYETTE, TN 37083

(615) 688-5371

*(Call for Fees)*



## **Resources to help in Child Abuse Situations:**

### **Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

### **LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Lafayette City Police Department**

615-666-4725  
911 for Emergencies  
*(Assist with emergency needs)*

### **Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325 *(Assist with emergency needs)*

### **Red Boiling Springs City Police Department**

615-699-2011  
911 for Emergencies

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse (Parenting Support)**

616-B North Church Street  
Livingston, TN 38570  
Contact: Macon Co Suzanne Salyer  
931-823-6432 & 800-635-5199

### **Tennessee Commission on Children/Youth**

1000 Neal Street  
Cookeville, TN 38501  
(931) 520-4445

### **Valley Ridge Mental Health Center**

907 Sycamore Street  
Lafayette, TN 37083  
615-666-8070

## **Dental Providers who take TennCare:**

### **Children's Dentistry of Gallatin**

200 S. Westland Ave.  
Suite 2  
Gallatin, TN 37066  
(615) 461-7491

### **Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

### **Dr. Charles Burdeshaw**

Hermitage Dental Clinic  
107 Bonnahbrook Drive Suite 1  
Hermitage, TN. 37076  
(615) 889-1654  
800-373-3330

### **Dr. Richard Gentzler**

106 Babb Drive  
Lebanon, TN. 37087  
(615) 443-3680

### **Dr. Eric Wood D.D.S.**

300 Francis Street  
Goodlettsville, TN. 37072  
(615) 859-9994

### **Porter Dentistry**

1633 W Main St  
Lebanon, TN 37087  
615-449-3222

### **Putnam County Health Department**

121 South Dixie Ave.  
Cookeville, TN. 38501  
(931) 528-2531

### **Raum Family Dentistry**

1001 Scottsville Rd.  
Lafayette, TN. 37083  
(615) 666-4865

**Snodgrass & King**

4671 Andrew Jackson Parkway  
Hermitage, TN. 37076  
(615) 885-3525

**West Wilson Dental Group**

66 E. Hill Drive Suite B  
Mt. Juliet, TN. 37122  
(615) 773-1150/ Bilingual services available

**Pediatric Dentistry of Lebanon**

Dr. L Suzanne Wallace  
103 Physician's Way Suite 150  
Lebanon, TN 37090  
615-545-1812  
[www.pediatricdentistryoflebanon.com](http://www.pediatricdentistryoflebanon.com)

**Dental Providers, who may not take TennCare,  
but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Cookeville Rescue Mission**

803 W. Davis

Cookeville, TN 38501

931-525-6330

**Dr. Lynn Cothron**

1203 Scottsville RD.

Lafayette, TN. 37083

(615) 666-5034

**Dr. Larry Key**

726 Hwy 52 By-Pass

Lafayette, TN. 37083

(615) 666-5567

**Dr. Sue Van Blaricum**

412 College Street

Lafayette, TN. 37083

(615) 666-6155

## **Resources for Persons with Disabilities:**

### **AMERICAN MANUFACTURING & PACKAGING (AMP)**

435 Gould Drive

Cookeville, TN. 38506

(931) 432-5981

*(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)*

### **Disability Law & Advocacy Center**

2416 21<sup>st</sup> Ave. South Suite 100

Nashville, TN. 37212

(615) 298-1080 & 1-800-342-1660

*(Assists persons with disabilities to in various ways)*

### **Project Affirm**

501 Spruce Street

Dale Hollow Mental Health Center

Livingston, TN 38570

931-432-5590 & Hotline: 931-823—5678

*(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)*

### **Children's Special Services**

Lafayette, TN

615-666-2142

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Friends of T.I.P.S.**

P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247

*(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

**Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701

*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

**KIDS Putnam**

Cookeville, TN 38501  
931-526-5437

*(Assists with Children's Issues, Disability Services)*

**Macon County School System (Special Education)**

501 College Street  
Lafayette, TN  
615-666-2685

*(Serves special need children ages 3 to 21 years old)*

**Pacesetters (Adult Clients)**

664 Industrial Drive  
Lafayette, TN  
615-666-8018 or 666-8019

**Social Security Administration - SSI Program**

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**TN Early Intervention System (TEIS)**

Education/training

(931) 528-1623

*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Vocational Rehabilitation**

Cookeville, TN. 38501

(931) 526-9783

*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

(615) 666-2179

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

## **Resources to help in Domestic Violence** **Situations:**

### **Alliance against Domestic Violence**

Cookeville TN 38501  
(931) 526-4730  
(931) 526-5197

### **Domestic Violence Support Group**

Sponsored by Genesis House:

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

### **Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

### **LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Lafayette City Police Department**

615-666-4725  
911 for Emergencies

### **Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325  
*(Assist with emergency needs)*

### **Red Boiling Springs City Police Department**

615-699-2011  
911 for Emergencies  
*(Assist with emergency needs)*



**Resources available to help fight the Alcohol and Drug Abuse**  
**(Including METH) Problems in your area:**

*All Local Churches in Area*

**Bradford Health Center @ Cookeville Outreach Office**

320 East Broad Street  
Suite 1-A  
Cookeville, TN 38501  
931-646-4674

**Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

**Drug Abuse Hotline**

1-800-888-9383

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Lafayette City Police Department**

615-666-4725  
911 for Emergencies

**Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325

**Meth Hotline**

Spring Street  
Cookeville, TN. 38501  
(931) 525-6384

**Meth Hotline/Statewide**

1-877-866-6384

**Mothers against Drunk Driving /Support Group Meetings**

18 N. Madison Ave

Cookeville, TN. 38501  
931-520-6233

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Red Boiling Springs City Police Department**

615-699-2011  
911 for Emergencies

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

## **Assistance in the event of an Emergency Situation:**

### **American Red Cross**

511 Pointe Lane Lafayette, TN 37083  
(615) 666-2403

### **Air Evac Life Team**

106 Emergency Services Dive Albany, KY 42602  
(606) 387-9099 Emergency = 911

### **Hope Clinic**

46 Howell Rd. Lafayette, TN. 37083  
615-644-2000

### **Family and Children's Clinic**

420 HWY 52 W Lafayette, TN 37083  
615-688-5071

### **Lafayette City Police Department**

615-666-4725 911 for Emergencies

### **Livingston Regional Hospital**

315 Oak Street Livingston, TN.  
931-823-5611

### **Macon County General Hospital**

Lafayette, TN. 37083  
615-666-2147 or 615-666-2144

### **Macon County Sheriff's Department**

LAFAYETTE, TN 37083  
615-666-3325

### **Poison Control**

1-800-288-9999

### **Red Boiling Springs City Police Department**

615-699-2011 911 for Emergencies

### **Shriners of Tennessee**

1354 Brick Church Pike Nashville, TN. 37207  
(615) 226-7676

### **Thirteenth Judicial Task Force**

Cookeville, TN. 38501 (931) 528-5400

## **Assistance with Food/Clothing/Utilities Needs:**

### **Bethel Church**

101 Church Street  
Lafayette, TN  
615-666-5738

### **Called Out Ministries**

East Main Street  
Red Boiling Springs, TN  
615-699-4479

### **Community Education Office for the Food Stamp Program**

*Legal Aid Society of Middle Tennessee and the Cumberland's*  
9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436 & ***Toll Free:*** 800.262.6817

### **Department of Human Services - Macon County**

Lafayette, TN 37083  
615-666-4041

### **Lafayette Church of God**

654 Hwy 52 West  
Lafayette, TN 37083  
615-666-3030 & 615-688-5404  
(Assistance with various needs)

### **Lafayette Church of Christ**

212 Church Street  
Lafayette, TN 37083  
615-666-2003

### **Macedonia Baptist Church**

1725 Happy Ridge Road  
Moss, TN 38575  
931-258-3371

### **Macon Helps**

Lafayette, TN 37083  
615-666-6607

### **Midway Church of Christ**

4301 Moss-Arcot Rd.  
Moss, TN 38575  
931-258-3393  
(Assist with various needs)

**Moss Church of Christ**

3204 Clay County Highway

Moss, TN 38575

931-258-3563

**Oak Grove Church of Christ on Baptist Ridge**

Contact: P.O. Box 407

Celina, TN 38551

**Pine Branch Church of Christ**

3130 Neeley Creek Road

Celina, TN 38551

931-243-2992

**Red Boiling Springs Church of Christ**

320 Church Street

Red Boiling Springs, TN 37150

615-699-2840

**Union Hill Wesleyan Church**

6495 McCormick Ridge Rd.

Whitleyville, TN 38588

258-3380

*(Assist with various needs)*

**Willette Church of Christ Benevolence Program**

Red Boiling Springs, TN

615-699-2251

*(Assist with various needs)*

**TennCare Transportation - Cookeville**

417 East Broad Street

Cookeville, TN 38501

**Hotline:** 800-483-6743 Macon County= 1-866-416-9209

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377

## **Resources to assist with Housing/Homeless Needs:**

### **American Trust Properties LLC**

201 Main Street  
Lafayette, TN 37083  
615-688-9600

### **Benchmark Mortgage**

201 Main Street  
Lafayette, TN 37083  
615-688-9600

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

### **Citizens Mortgage**

Lafayette, TN 37083  
615-666-3520 & 615-666-2195

### **Lafayette Housing Authority**

613 Dycus Circle  
Lafayette, TN 37083  
(615) 666-2140

### **Portland Housing Authority**

451 Valley View Drive  
Red Boiling Springs, TN  
(615) 699-2107

### **Upper Cumberland Homeless Shelter**

15 Division Street  
Crossville, TN. 38555  
(931) 456-8172

### **Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377

### **United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

## *Assistance with Insurance Needs:*

### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance & 1-800-845-2738

### **Bernard Health**

Rachel Hesson

204 Medical Dr.

Lafayette, TN 37083

615-666-2147 ext. 255

### **Chris A. Johnson Agency**

142 Hwy 52 By pass W

Lafayette, TN 37083

615-666-4888

### **Choice One Ins**

505 Hwy 52 By-Pass West

Lafayette, TN 37083

615-666-4790

### **Department of Human Service – Macon County**

Lafayette, TN 37083

(615) 666-4041

*(Medicaid & TennCare Information)*

### **Farm Bureau**

Lafayette, TN 37083

(615) 666-4025

*(Affordable Insurance for Families & Individuals)*

### **Health Department /Coverkids**

601 52 By-Pass

Lafayette, TN 37083

(615) 666-2142

*(Affordable Insurance for Families & Individuals)*

### **Hope Family Health**

Michelle McRae

1124 Hwy 52 E

Westmoreland, TN 37186

615-644-2000 ext. 478

### **State Farm**

Lafayette, TN 37083

(615) 688-5200

**Smith Insurance**

Lafayette, TN 37083

(615) 688-4790

**Tennessee Justice Center**

Nashville, TN

615-255-0331

*Assists with strategies for obtaining TennCare and appeals process, etc.*

**Tooley Carver Insurance Agent**

Lafayette, TN 37083

(615) 666-3300

*(Affordable Insurance for Families & Individuals)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377



## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Hartsville**

100 Greentop Street  
Hartsville, TN 37074  
615-374-3714

*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

### **Lafayette Housing Authority**

Wells Ave  
Lafayette, TN 37083  
(615) 666-2140

*(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

### **Legal Aid Society of Middle Tennessee and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)*

### **Portland Housing Authority**

451 Valley Drive  
Red Boiling, TN 37150  
(615) 699-2170

*(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Tennessee 211**

1-800-318-9335

*(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

### **First Baptist Church**

455 Carthage Road  
Red Boiling Springs, TN 37150  
(615) 699-2210  
(615) 699-2818  
(803) 840-5802  
Contact: Rev. Thomas Compton

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

### **Upper Cumberland Development District**

1225 South Willow Avenue  
Cookeville, TN 38501  
(931) 432-4111

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399  
*(Provide Assistance with Marriage & Mental Health Counseling)*

### **Dale Hollow Mental Health Center**

Telephone = 1-877-567-6051  
*(Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)*

## **Medical Providers who take TennCare:**

### **Alpha Medical Associates**

209 College Street  
Lafayette, TN. 37083  
(615) 666-2056

### **Children's Special Services**

Lafayette, TN  
615-666-2142

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Cookeville Pediatrics Associates**

345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

### **Dr. Chunn**

200 Hwy 52 By-Pass  
Lafayette, TN. 37083  
(615) 666-5600  
*(Takes TennCare)*

### **Family and Children's Clinic**

420 HWY 52 W  
Lafayette, TN 37083  
615-688-5071

### **Family Care Center**

306 W. Locust Street  
Lafayette, TN. 37083  
(615) 666-6425  
*(Takes TennCare and has affordable rates for those who do not have TennCare)*

### **Hope Clinic**

Westmoreland, TN.  
(615) 644-2000

**Lafayette Children's Clinic**

Lafayette, TN. 37083

(615) 688-7012

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Macon County Health Department**

Lafayette, TN. 37083

(615) 666-2142

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Macon County General Hospital**

Lafayette, TN. 37083

(615) 666-2147 or 666-2144

*(Takes TennCare)*

**Tennessee Pediatrics**

435 North Cedar Street

Cookeville, TN. 38501

(931) 526-6100

*(Takes TennCare)*

**Woodard Family Health Care**

Red Boiling Springs, TN. 37150

(615) 699-3169

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**

Lafayette, TN

615-666-2142

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

## **Mental Health Providers who take TennCare:**

### **Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382

### **Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

### **Personal Growth and Learning Center**

509 North Cedar Avenue  
Cookeville, TN 38501  
931-520-8435

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

### **Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

### **Valley Ridge Mental Health Center**

P.O. Box 297  
Lafayette, TN 37083  
615-666-8070

### **Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

***Mental Health Providers, who do not take  
TennCare, but offer services to low-income  
families:***

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123 Hotline: (877) 567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083  
615-666-3377



## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN

931-484-6196

**March of Dimes and Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

**Nicotine Anonymous**

[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

**American Lung Association**

Freedom From Smoking

[www.lungusa.org](http://www.lungusa.org)

**American Lung Association of Tennessee**

1-800-432-5864

[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

## **Resources to assist persons raising children possibly other than their own:**

### **Agricultural Extension Service - Overton County**

317 East University Street

Suite 131

Livingston, TN 38570

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

### **Department Of Children's Services**

1300 Salem Road

Cookeville, TN 38506

(931) 646-3002 or 931-646-3000

*(Counties Include:* Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

### ***Help Us Grow Up Successful (HUGS)***

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

*Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.*

### **Relatives as Caregivers**

1225 South Willow Ave.

Cookeville, TN. 38501

(931) 432-4111

*(Assists in various ways, such as support groups, etc.)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access;*

**Youth Villages**

1420 Neal Street

Cookeville, TN. 38501

(931) 525-6900

*(Assists Foster Parents in the Upper Cumberland)*

## **Resources to assist with Transportation Needs:**

### **TennCare Transportation - Cookeville**

417 East Broad Street

Cookeville, TN 38501

931-372-8719 & **Hotline:** 800-483-6743 Macon = 1-866-416-9209

*(Assists with Health, **Transportation** and Utilities needs. Must have TennCare insurance.*

*Provides transportation to appointments covered by TennCare.*

### **Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

### **Upper Cumberland Human Resource Agency - Macon County**

Lafayette, TN 37083

615-666-3377

*(Assists with Children's Issues, UCARTS; Job Access.)*

### **Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

## **Promoting Youth Involvement:**

### **Lafayette Housing Authority**

613 Dycus Circle  
Lafayette, TN 37083  
(615) 666-2140

### **Lafayette Little League**

615-633-2167

### **Macon County Little League & Babe Ruth**

Lafayette, TN. 37083  
(615) 633-7369

### **Macon County Soccer League**

Lafayette, TN. 37083  
(615) 888-6004

### **Macon County Youth Softball**

Lafayette, TN. 37083  
(615) 666-6511

### **Portland Housing Authority**

451 Valley Drive  
Red Boiling, TN 37150  
(615) 699-2170

### **The Edge Youth Center**

C/o Methodist Church  
Livingston TN 38570  
Contact: Kathy Oakley  
(931) 403-3343

### **Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
931-520-0200

### **WCTE American Graduate & Ready To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

## **Language Assistance** **(All Counties)**

### **Brent Simpson**

931-212-8097

### **County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

### **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

### **Hispanic Family Resource Center**

(615) 227-7500

(800) 280-8682

### **Hispanic Association**

732 Lafayette Rd

Red Boiling Springs, TN 37150

(615) 699-6279

### **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*