

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	2 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	3 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Fitness with Eric Allen 3:00 Snack 3:30 Trivia Time	4 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	5 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	9 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Music w/ Lisa Noe 3:00 Snack & Daily Trivia 4:00 Tabletop Games	10 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's get Pampered 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Trivia Time	11 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	12 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	16 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's get Pampered 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 St. Patrick's Day Activities 3:00 Snack & Daily Trivia 4:00 Tabletop Games	17 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Trivia Time	18 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	19 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	23 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	24 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:45 Music w/ Bill Montgomery 3:00 Snack 3:30 Trivia Time	25 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	26 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Western Lunch 1:00 Bingo 1:30 Western Party 3:00 Snack & Daily Trivia 4:00 Cinema Time
8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	30 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	31		

Calendar is subject to change to match our clients' interests. Participation in activities is always voluntary, but greatly encouraged.