

INFLAMMATOLOGY NEWSLETTER

NOVEMBER EDITION | 2017



AMERICAN DIABETES MONTH

Diabetes is one of the leading causes of disability and death in the United States. It can cause blindness, nerve damage, kidney disease, and other health problems if it's not controlled.

One in 10 Americans have diabetes — that's more than 30 million people. And another 84 million adults in the United States are at high risk of developing type 2 diabetes.

The good news? People who are at high risk for type 2 diabetes can lower their risk by more than half if they make healthy changes. These changes include: eating healthy, getting more physical activity, and losing weight. healthfinder.gov

ALZHEIMER'S DISEASE AWARENESS MONTH

November is National Alzheimer's Disease Awareness Month. Alzheimer's disease (AD), the most common cause of dementia, is a major cause of morbidity and mortality worldwide. An estimated 2.4--5.2 million persons in the United States currently have AD. cdc.gov



SAVE THE DATE...

- 11/16 Webinar: Food Sensitivity 201
- December Webinar TBA

CHECK OUT OUR BLOG

<https://www.biotrinetix.com/blog.html>

- 10/27 **Gluten Free Halloween...**
- 10/8 **Scrubbys Crisps, "Rocks Our World..."**
- 9/29 **Oxidative Stress and aging...**
- 9/22 **Gratitude is associated with optimism...**

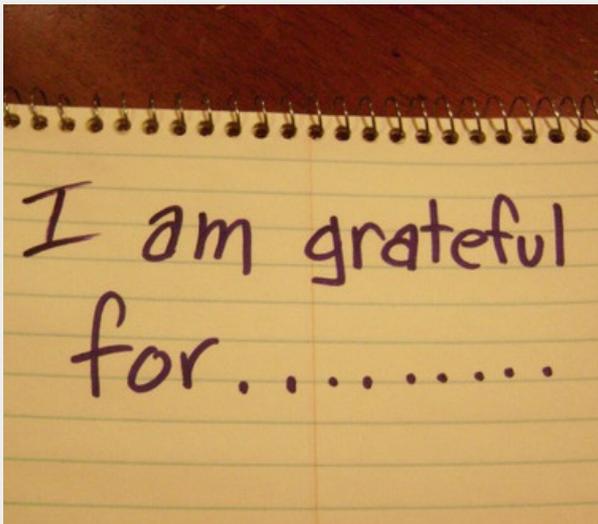
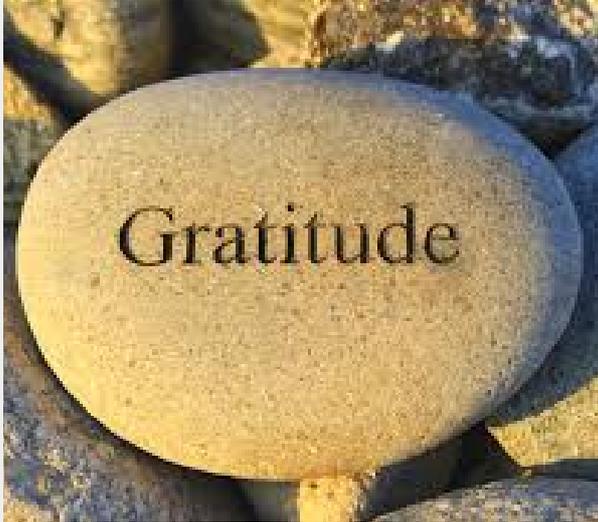
EDUCATION & RESOURCES

- PREVIOUS Webinar Watch [HERE](#)
- Dr.Blum's eBook
- Free Patient Forms for your Practice

PROFESSIONAL LABORATORY SERVICES

- Food Sensitivity Testing
- Compliance Counseling
- Liver Detox
- Intestinal Permeability
- Oxidative Stress

GRATITUDE LIST



REASONS TO BE GRATEFUL

1. **Your significant other.** Love sweet love
2. **Vacations.** Yes please
3. **Good hair days.** Not often enough
4. **Your morning coffee.** The best part of waking up
5. **Sharing a smile with a stranger.** Goodness spreads
6. **Your close friends.** Amazing love
7. **The moment when your food comes at a restaurant.** Drool
8. **When you wake up before your alarm, and roll back over for a few more hours of sleep?** Winner winner chicken dinner
9. **Not setting an alarm on a weekend** Jackpot

But there is something missing from this gratitude list! There really should be a number 10 on the list with it being the most important, so let Biotrinetix help you add number 10 this year! Ready to add, here it is....

10. **Your health.** Live life how we're meant to.

So call Biotrinetix, let us help you write your gratitude list as we absolutely know that "Your Health" should be on the list. We will support you all the way to a happier, healthier, loving life again

www.biotrinetix.com

HAPPY THANKSGIVING
Hug, kiss, text, or call those you care for.

Giving thanks will brighten your day, lighten your load and put a smile on the faces of those you're grateful for.

And of course it will make that pumpkin pie taste just a little bit sweeter!

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HAPPY THANKSGIVING!