

2021 PROVISIONAL TIMETABLE



	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4/5
MONDAY	4:30-5:30pm Jazz 2 5:30-6:30pm Jazz 3 6:30-7:30pm Music Theatre Jazz 4 7:30-8:30pm Gold Ballet 8:30-9:30pm Contemporary 4	4:30-5:30pm Hip Hop 1 & 2 5:30-6:30pm Hip Hop 3 & 4 6:30-7:30pm Acro 3	4:30-5:30pm Tap 3 5:30-6:30pm Tap 2 6:30-7:30pm Tap 4 7:30-8:30pm Advanced Tap	4:30-5:30pm Jazz 1 5:30-6:30pm Bronze Ballet
TUESDAY		4:30-5:30pm Silver Medal Ballet 5:30-6:30pm Acro 1 & 2 6:30-7:30pm Pointe 7:30-8:30pm Silver Star Ballet 8:30-9:30pm Stretch & Strengthen PLEASE NOTE THESE 2 CLASSES WILL BE STREAMED VIA ZOOM AS WELL AS LIVE IN THE STUDIO	4:30-5:30pm Lyrical 1 5:30-6:30pm U14 Troupe 6:30-7:30pm Tap 2 7:30-8:30pm Dance Fit	4:30-5:30pm Ballet 1 5:30-6:30pm Ballet 3
WEDNESDAY	4:30-5:30pm Jazz 3 5:30 -6:30pm Lyrical 3 6:30-7:30pm Commercial Jazz	5:30- 6:30pm Music Theatre Jazz 2 & 3 6:30-7:30pm 14 years + Troupe 7:30-8:30pm Teen & Senior Ballet		
THURSDAY	4:30-5:30pm Acro 2 5:30-6:30pm Acro 1 6:30-7:30pm Music Theatre 1& 2	4:30-5:30pm Tap 1 5:30-6:30pm Lyrical 2 6:30-7:30pm Song & Dance		
SATURDAY	9:00-10:00am Beginner Irish 10:00 -11:00am Inter Irish 12:00-2:00pm Competition Irish	9:00-9:45am Hip Hop 9:45 -10:30am Breakdancing 11:00 - 12:00pm Song and Dance 12:00-2:00pm Drama Club	9:00-10:00am Junior & Teen Ballet 10:00-11:00am Jazz 1 11:00-12:00pm Contemporary 2 & 3 12:00 -1:00pm Mini & Petite Ballet	

2021 PROVISIONAL TIMETABLE

PRESCHOOLER STUDIO	
MONDAY	9:30am-10:15am Preschool Irish 10:30am-11:15am Preschool Acro 2:00pm-2:45pm Preschool Combo
TUESDAY	9:45am-10:15am Motion Toddlers 10:30am-11:15am Motion Movers 11:30am-12:15pm Preschool Combo
WEDNESDAY	9:30am - 10:15am Preschool Acro 10:30am-11:15am Motion Movers 11:30am-12:15pm Preschool Ballet 4:30pm-5:15pm Preschool Combo
THURSDAY	9:30am -10:15am Preschool Ballet 10:30am-11:00am Motion Toddlers 11:15am -12pm Motion Movers 4:45pm -5:30pm Preschool Irish
FRIDAY	9:30am -10:15am Preschool Combo 10:30am -11:15am Preschool Acro
SATURDAY	9:00am-9:45am Preschool Ballet 10:00am-10:45am Preschool Combo 11:00am-11:45am Preschool Irish

MOTION TODDLERS

Toddler Dance for boys and girls! These classes are specifically designed for children between the ages of 2 and 3 which aim to provide your child with their first dance steps in a fun, bright and exciting class. Discover music and movement with your two-year-old in a fun and relaxed environment. Parents are invited to join in to assist our youngest dancers.

MOTION MOVERS

These classes are offered to boys and girls aged 3+. These classes incorporate elements of creative dance, Ballet and Jazz while focusing on developing essential motor skills and movement patterns. Classes will enchant, stimulate, and challenge your child with a variety of dances styles and specially selected music. Jumps, walks, and basic turns are some of the steps that will be introduced to preschoolers. Fun, age-appropriate music is used.

PRESCHOOL BALLET

These classes are for boys and girls age 3+. This class is designed for those budding ballet dancers and ballerinas who are only interested in the Ballet style! In these classes, children are encouraged to use their imagination and expand their creativity. Within the class basic grounding of ballet and dance technique is introduced including correct posture and the strengthening of different muscle groups.

PRESCHOOL ACRO

Acrobatic Dance is the fusion of classic dance technique and the precision and athleticism of acrobatic elements. These classes are offered to boys and girls aged 3+. Fun, age-appropriate music is used. AMSD Acro teachers are all certified teachers with Acrobatic Arts and preschool acro is adopts the Acrobatic Arts Preschool AcroDance syllabus.

PRESCHOOL IRISH

Preschool Irish is offered to boys and girls aged 3 years+. This class is a fun and engaging class developed cater to early childhood education needs and development. It classes introduces the basics of Irish dancing to preschoolers. We use fun games, props, dress ups and music for learning. Preschoolers will also develop their coordination, learn right from left, build fitness, and meet new friends!

PRESCHOOL COMBO CLASS

New for 2021, our combo classes are for boys and girls in 4 yearold kindergarten in 2021. Our preschool combo classes use the basics of ballet, tap and creative movement to increase body awareness and rhythm. We plan our classes using themes and learn dances, songs, and steps according to the theme. Preschoolers learn best when they are having fun and they are having lots of it in these classes!

2021 PROVISIONAL TIMETABLE

CLASSICAL BALLET (ATOD Syllabus)

Classical Ballet classes boasts a highly comprehensive syllabus that provides dancers with correct training and technique. Dancers will have the opportunity to enter exams through the Australian Teachers of Dance. Whilst exams are optional, they are strongly encouraged as it builds self-confidence, improves technique and gives dancers a goal. Please speak with Miss Olivia or Miss Tracy for class recommendations and exam eligibility.

BALLET OPEN CLASSES

A fantastic complimentary class for any ballet or dance student, this class offers ballet-based floor exercises designed to improve flexibility, strength, stamina and technique. Students will work muscles not always activated in a classical ballet class that will improve their experience with dance.

Mini & Petite Ballet – 6 years- 8years

Junior & Teen Ballet – 9 years-13 years

Teen & Senior Open Ballet – 14 years +

LYRICAL

Lyrical invites dancers to use their bodies to interpret the music. While mainly choreographed to music with lyrics, "lyrical" generally refers to the expressive, melodic and highly emotional quality of dance. Dancers gain fluidity of movement, grace and control. Lyrical dance teaches the body to move as an expressive tool; body/spatial/sensory awareness, structures and alignment, stage presence and gesture.

Lyrical 1 – Prep – 8 Years

Lyrical– 9 Years - 11Years

Lyrical 3 – 12 years – 16 years

JAZZ

Jazz dance combines techniques of classical ballet and modern dance with the current forms of popular dance. Emphasis is on the importance of energy, rhythmical accuracy, and style.

Jazz 1 – Prep – 8 Years

Jazz 2 – 9 Years - 11 Years

Jazz 3 – 12 years -15 years

Jazz 4 - 16 Years +

COMMERCIAL JAZZ

Jazz dance with a fusion of technique and style suited to our mature dancers
Suitable for dancers 15 years +

CONTEMPORARY

Contemporary is a freeform, creative dance form that combines classical and jazz technique with a sense of expressive release. The choreography usually tells a story or portrays a theme and relies greatly on the contribution of the dancers themselves to use feeling and imagination.

Contemporary 2 and 3 – 9 years -14 years

Contemporary 4 -15+ years

TAP

The rhythm and movement of tap, created by the metal taps on the heels and toes of a dancer's shoes, transforms the dancer into a percussive musician. Tap dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats not only in music but also in their own bodies.

***Please contact us for class suitability.**

In 2019 students will be provided with the option of entering exams through the Australian Teachers of Dance (ATOD)

Tap 1 – 6year – 8 years

Tap 2 – 9 years – 11 years

Tap 3 -12 years – 14 years

Tap 4 - 15 years +

Advanced Tap – experienced 16 years +

IRISH

These classes offer high levels of traditional Irish dancing technique and develop great levels of fitness, musicality and strength through a wonderful dance form. Students have the opportunity to enter exams and competitions. Registered with An Coimisiún le Rincí Gaelacha, The Irish Dancing Commission, Ireland.

Beginner Irish – 6 years -9 years

Inter Irish – must know 4 beginner dances

Competition Irish - By invitation

HIP HOP

This class teaches students the vocabulary and style of hip hop movement. Hip Hop is about personal style and expression. This high energy class can be taught to anyone with a passion to move, so no dance experience is required.

Hip Hop 1 – Prep – 8 Years

Hip Hop 2 – 9 Years - 11 Years

Hip Hop 3 – 12 years – 15 years

Hip Hop 4 – 16+ Years

SONG AND DANCE

These classes will focus on building students' skills including vocals, drama and dancing. Students will get the chance to sing hit songs and act out scenes from renowned musicals. Popular musicals include Matilda, Aladdin and Lion King, right through to the latest film musicals such as "The Greatest Showman".

ACROBATICS

Classes are designed to teach students how to safely execute tricks such as backbends, walkovers, handstands, cartwheels and more incorporating them into dance routines! An excellent class to complement each and every dancer to give them strength and flexibility.

Please speak with Miss Olivia, Miss Shardee or Miss Tracy for class recommendations.

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DRAMA CLUB

New for 2021, the AMSD Drama club classes will focus on developing skills in various theatrical styles including:

Improvisation

Voice work & speech

Mime

Script work

Stage craft

Social development

Acting for the stage

Acting for the camera

Students will be encouraged to mix and work together as they explore elements of drama and performance.

TROUPE CLASSES

Our troupes will have the opportunity to compete at many different events and competitions throughout the year. A high level of dedication and commitment is required to be a part of the troupes. Troupe is a great way for students to gain experience dancing in different environments, and to let their colours shine on stage!

Troupes will be entered in a minimum of 3 competitions throughout 2021.

Troupe classes will also be invited to perform at:
Knox Festival – March

Together We Dance – TBC

Dancers Unite – Saturday April 24th

Mid Year Presentation – 25th June (TBC)

Cabaret - 25th June (TBC)



**WE'VE JOINED
DANCESTEP
STUDENT TEACHER
EDUCATION PROGRAM**

- Empowering Students - Growing Leaders -

We are so excited to offer our students 10 years and older the opportunity to be involved in this amazing dance student teacher program from February 2021.