



The mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life. God alone can make it known to us by revealing himself as Father, Son and Holy Spirit.

(CCC 261)

### SCRIPTURE of the DAY

Proverbs 8: 22-31

Psalms 8: 4-9

Romans 5: 1-5

John 16: 12-15

Trinity Sunday answers the question, "What is the point of being a Christian?" **The whole point of Christianity is to point to God, who is the point of everything.** If we believe this, then to be Christian means living in accordance with that truth. Without this, then we can ask, what is the point if we miss this divine point?

As Peter says in the Acts of the Apostles, "In him we live and move and have our being" (Acts 17:28, RSV). This brings our understanding of God, who is immanent, the source of everything and in whom we find true meaning.

As Christians, we can come to some certainty about who God is. We pray and live in relationship with the Father, through the Son, in the Holy Spirit. For us, salvation means being drawn into God's own life. This is what the Church calls "deification," that is, the transformation of our lives so that we become like Christ. St. Peter expressed this saying, "He has granted to us his precious and very great promises, that through these you may become partakers of the divine nature" (2 Peter 1:4).

Our belief in the Trinity is not speculation. It is the result of God's self-revelation. God has shown himself to us throughout salvation history, from the call of Israel to the coming of Christ and the outpouring of the Spirit.

Yes, God is a mystery. But this should not discourage us but rather inspire us to go beyond the superficialities of our life into the presence of the infinite mystery we call God. This is not a cold idea, but a living relationship with the One who gives, and invites us to give ourselves in return.

Each time we say, "In the name of the Father, and of the Son, and of the Holy Spirit," we stand in the truth of who God is, and who we are becoming.✙

# NEWBEC

NEW WAY OF BEING CHURCH | Solemnity of the Most Holy Trinity | 15 June 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE



MONTHLY FOCUS & RATIONALE

CHURCH – CALLED TO SEE THE FACE OF JESUS IN EACH OTHER

## The Point of It All

On Trinity Sunday, we are invited to reflect on the mystery at the heart of our faith. The Trinity is not an abstract idea or theological formula. It is the very life of God, Father, Son, and Holy Spirit, into which we are drawn in communion.



PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community  
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)  
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)  
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: **19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak,**  
**1, Jln Serindik, Ipoh Gdn., Ipoh**  
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

### ANNOUNCEMENTS:

#### FEASTDAY OF OUR MOTHER OF PERPETUAL HELP, Ipoh Garden.

Theme: **“Walking in Hope with Mary”**

(Date) Sat. 28 June, 2025

(Time) 7.00 p.m.

#### All are welcome for the 9-nights of Preached Novena (E).

It will begin on Fri. 20 June, 2025 at 7.45 p.m. with Novena devotion followed by Mass at 8.00 p.m.

**except for** Sat. 21/6/25, Mass at 7.30 a.m., Novena devotion at 9.00 a.m. & 5.00 p.m. followed by Mass at 5.45 p.m.

There will be no 7 a.m. Mass during the weekdays of the preached Novena Mass.

#### CALLING ALL PARISHIONERS!

**Volunteers** needed for the Parish feast day for the following tasks:

1. Float bearers.
2. Arrangements of chairs & tables;
3. Parish compound cleaning team;
4. Decorations.

Please register at the parish office giving your name & contact no. ASAP.

#### Triduum Preached Novena for

- **Mandarin speaking community** on Sun. 22/6/25 till Tues 24/6/25 at 8 p.m. (parish hall)
- **Tamil speaking community** on Wed. 25/6/25 till Fri. 27/6/25 at 7.30 p.m. Novena followed by Mass at 8 p.m. (parish hall)

#### FEASTDAY DONATION:

We appeal to your generosity to help us to defray the cost of our feast day celebrations.

You can submit your donation envelope to the parish office or insert it at the Novena Shrine metallic box. Thank you.

#### CONSECRATION OF FAMILIES

To consecrate your family to our Mother Mary's care, please submit your list of names for consecration by 25 June, 2025. You can hand in this list at the parish office or put it in the Novena Shrine metallic box. Please state the **total number of FAMILIES**.

#### PARISH ACTIVITIES & MEETINGS: (June/July 2025)

- \* 15/6/2025 - 4.00 p.m. - Lectors (St.Mk.Rm.)  
- 6.00 p.m. - Sunset Choir practise (church)
- \* 15/6/2025 - 8.00 p.m. - Joint Hospitality Ministers (St.Mk.Rm.)  
**(Attendance is compulsory)**
- \* 16/6/2025 - 7.00 p.m. - CCR practise (church)  
- 8.00 p.m. - Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- \* 17/6/2025 - 8.00 p.m. - Legion of Mary (St.Mt. Rm.)
- \* 19/6/2025 - 8.00 p.m. - Ministries Mass (church)
- \* 1/7/2025 - 8.00 p.m. - Legion of Mary (C ) (St.Mt.Rm.)
- \* 2/7/2025 - 8.00 p.m. - Chinese Apostolate (St.Mk.Rm.)
- \* 6/7/2025 - 8.00 a.m. - Health Fest (parish hall)
- \* 8/7/2025 - 8.00 p.m. - Legion of Mary (C ) (St.Mt.Rm.)
- \* 12/7/2025 - 9.00 a.m. - “The Butterfly Effect” (ven Francis Xavier Rm.)
- \* 12/7/2025 - 3.00 p.m. - St.Mary's Chapel, F.Raising Com. (Cafeteria foyer)
- \* 14/7/2025 - 8.00 p.m. - Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- \* 15/7/2025 - 8.00 p.m. - Legion of Mary (C ) (St.Mt.Rm.)
- \* 17/7/2025 - 7.00 p.m. - RCIA 1<sup>st</sup> preliminary meeting (ven Francis Xavier Rm.)
- \* 20/7/2025 - 7.00 p.m. - Parish Pastoral Council (St.Mk.Rm.)

#### JUNE/JULY/AUGUST COFFEE MORNINGS:

- 22/6/2025 - BEC St.Jude.
- 29/6/2025 - BEC St.John Apostle (Zone 4)
- 6/7/2025 - Youth.
- 13/7/2025 - BEC St.Francis De Sales.
- 20/7/2025 - Eucharistic Ministers
- 27/7/2025 - BEC St.Monica (T)
- 3/8/2025 - RCIA.
- 10/8/2025 - BEC St.Alphonsus Liguori.
- 17/8/2025 - RECHOSO
- 24/8/2025 - BEC St.Faustina.
- 31/8/2025 - Sunday Sch.

#### BIBLE REFLECTION & HOME-GATHERING:

- 15/6/2025 - 7.30 p.m. - BEC St.Francis De Sales; Home of Lawrence & Patricia.
- 18/6/2025 - 8.00 p.m. - BEC St. Peter (C); (Cafeteria foyer)



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

Next Meeting: 13/6/2025 @ 8 p.m

## EVENING FOR THE ENGAGED 2025

Please see your Parish Priest for registration.

EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

For **Tamil marriage preparation** course **2025** –

Dormitory	Aug 23 & 24/ Nov 15 & 16
St.Anne, Bukit Mertajam.	(Closing date on: 1st day of each month)
Church of St.Anthony, Nibong Tebal.	

Please see your Parish Priest for registration.

You are requested to register six (6) weeks before the weekend  
Please see your Parish Priest for registration.

## CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

\* **EVERY SATURDAY** AT

11.00 A.M. –

12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

## MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

## WEDDING BANNS:

\* *Louis Mary Ann & Pathmaraj Balasingum*

## JUBILEE OF FAMILIES Enhancing Family Life organized by Penang Diocesan Family Life Ministry.....

(date) 21 & 22 June, 2025

(time) Mass @ 7 a.m. (21/6/25)

Registration/Breakfast  
at 8 a.m.

(venue) Domus St.Anne, Minor Basilica  
of St.Anne, B.Mertajam

Contact: Theresa 017 5788192.

## DRUG ADDICTION AWARENESS

organized by Caritas Malaysia

(date) **Thurs 26 June, 2025**

(time) **8.00 – 9.30 p.m.**

<https://forms.gle/F3xvVLKsktRsktRsyH2h8>. Everyone is welcome.

## ANOINTING FOR THE SICK & ELDERLY

(date) **Saturday, 21 June, 2025**

(time) 9.30 am

(venue) OMPH church, Ipoh.

All who are sick are invited to come for the Anointing. B'fast will be served. May the Lord in His love and mercy help you with the grace of the Holy Spirit .

## MASS SCHEDULE....

There will be no 7 a.m Mass on

**Mon.16, Tues.17 & Wed. 18 of June, 2025.**

All the Redemptorists will be away in Singapore for their meeting.

## FEAST OF CORPUS CHRISTI

**Sun. 22 June, 2025.**

*There be no 10 a.m. (Tamil) & no 11.30 a.m. (mandarin) Mass.*

A Trilingual Mass for Corpus Christi celebration will be at **8.30 a.m.** followed by procession and ending with Benediction.

## Are You in Vesper Time?

New book released by Fr. Joseph Stephen.

This book is about Spirituality for the Elderly.

VESPER in latin word means EVENING.

It is about the evenings of our Lives dealings with topics like DIMINSHMENT, ACCEPTANCE , GRATITUDE, MEMORIES from Baptism to Christian burial and many more.

It is available at Liguori bkshop at RM15/-.

## NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"

**RCIA - YEAR 2025-2026**

Our RCIA programme for our parish will commence on the

**Thurs.17th July 2025 in Francis Xavier room**

The classes will be conducted in all languages. If you know of anyone who would be interested in knowing about our Catholic Faith, do encourage them to register at our parish office. For further information, you can visit our RCIA booth which is opened after mass, from the 14 and 15th June onwards.



**Comē & bē Inspirē!** Join Fr. Glenn de Cruz, CSsR, in a meaningful workshop as we reflect on our sacred call to care for creation.

(date) **Sat. 12 July, 2025**

(time) 9.00 a.m. – 5.00 p.m.

(venue) ven Francis Xavier room

Open to ALL!

Lunch & coffee break will be provided.

Registration is Free!

Closing date for registration:

1 July, 2025. ***Scan to register.***

Contact: Ramon 010 2006385



Scan to Register

**SCHEDULE:** For MASS, DEVOTIONS and PRAYER MEETINGS.  
(15 June 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)  
(All in *English* unless stated otherwise. )

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**SUN.15 THE MOST HOLY TRINITY**

8.00 a.m. Mass (E)  
10.00 a.m. Mass (T)  
11.30 a.m. Mass (C)

**MON.16 11<sup>th</sup> Week in Ord. Time (Wk 3)**

~~No 7.00 a.m. Mass~~

**TUES.17 11<sup>th</sup> Week in Ord. Time (Wk 3)**

~~No 7.00 a.m. Mass.~~

8.00 p.m. Tamil Charismatic Praise & Worship (T)

**WED.18 11<sup>th</sup> Week in Ord. Time (Wk 3)**

~~No 7.00 a.m. Mass.~~

**THURS.19 11<sup>th</sup> Week in Ord. Time (Wk 3)/SS. Philip Minh.**

7.00 a.m. Mass.  
8.00 p.m. Mass for all ministries.

**FRI.20 11<sup>th</sup> Week in Ord. Time (Wk 3)** (No 7.00 a.m. Mass)

7.45 p.m. **Day 1** Preached Novena followed by Mass @ 8.00 p.m

**SAT.21 11<sup>th</sup> Week in Ord. Time (Wk 3) /B.V.M**

7.30 a.m. Mass. (Novena intentions)  
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)  
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)  
5.45 p.m. **Day 2** Mass.

**SUN.22 THE MOST HOLY BOD & BLOOD OF CHRIST (Corpus Christi)**

8.30 a.m. Trilingual Mass followed by procession and ending with Benediction.  
~~10.00 a.m. Mass (T)~~  
~~11.30 a.m. Mass (C)~~  
7.45 p.m. **Day 3** Preached Novena followed by Mass @ 8.00 p.m

**2<sup>nd</sup> COLLECTION:** 15/6/2025 – For parish maintenance.

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**DAILY SCRIPTURE READINGS**

**(WEEKEND READINGS ::::: Year C) (WEEKDAY READINGS ::::: Year 1)**

SUNDAY 15	(15 June – 22 June, 2025) (a) Prov 8: 22-31. (Ps 8: 4-9) (b) Rom 5: 1-5 (c) Jn 16: 12-15
MONDAY 16	(a) 2 Cor 6: 1-10. (Ps 97: 1-4) (b) Mt 5: 38-42
TUESDAY 17	(a) 2 Cor 8: 1-9. (Ps 145: 2, 5-9) (b) Mt 5: 43-48
WEDNESDAY 18	(a) 2 Cor 9: 6-11. (Ps 111: 1-4, 9) (b) Mt 6: 1-6, 16-18
THURSDAY 19	(a) 2 Cor 11: 1-11. (Ps 110: 1-4, 7-8) (b) Mt 6: 7-15
FRIDAY 20	(a) 2 Cor 11: 18, 21-30. (Ps 33: 2-7) (b) Mt 6: 19-23
SATURDAY 21	(a) 2 Cor 12: 1-10. (Ps 33: 8-13) (b) Mt 6: 24-34
SUNDAY 22	(22 June – 29 June, 2025) (a) Gen 14: 18-20. (Ps 109: 1-4) (b) 1 Cor 11: 23-26 (c) Lk 9: 11-17