

*Community Resources  
For Putnam County  
Algood/Cookeville, South Cookeville &  
Monterey  
Head Start Centers  
2018-2019*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

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## **Adult Education:**

### **Fortis Institute**

4550 S Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-8665

### **Genesis Career College**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735

### **Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 520-0551

### **Putnam County Adult Basic Education**

286 E. Main Street  
Algood, TN. 38506  
(931) 528-8685

### **Roane State Community College**

Crossville, TN 38555  
931-456-9880

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

### **Tennessee Technological University**

Cookeville, Tennessee 38505  
(800) 255-8881 or (931) 372-3888 or 931-372-

UCReconnect.com

931-526-2211

### **Volunteer State Community College**

113 Windle Community RD.  
Livingston, TN 38570  
931-823-7065

YouthCAN

580 S Jefferson Ave, Suite A Cookeville, TN 38501  
931-520-9538

## **Adult Job Training Services:**

### **Adult Learning Center**

286 E. Main Street  
Algood, TN. 38506  
(931) 528-8685

### **Career Center**

580 S. Jefferson Suite A  
Cookeville, TN. 38501  
(931) 520-8733

### **Career Solutions**

565 South Jefferson  
Cookeville, TN. 38501  
(931) 520-8789

### **Genesis Career College**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735

### **Fortis Institute**

Highway 111  
Cookeville, TN.  
(931) 526-3660

### **Mr. Wayne's school of Hair Design**

Willow Tree Shopping Mall  
Cookeville, TN. 38501  
(931) 526-1478

### **Nashville State Community College- Cookeville Higher Education**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 520-0551

### **Social Security Administration - SSI Program**

1145 Perimeter Park Drive  
Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-772-12131

### **Tennessee Department of Human Services - Putman County**

Families First Program  
1000 England Drive, Suite B Cookeville, TN 38501  
931-528-7487

**Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave Cookeville, TN 38506  
931-528-1127

**Vocational Rehabilitation**

100 England Dr  
Cookeville, TN. 38501  
(931) 526-9783

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721 or 931-526-1115

## **Resources for Bereavement:**

### **Heart of the Cumberland**

P.O. Box 2474

Cookeville, TN 38502

Phone: 931-525-2600

heartofthecumberland@gmail.com

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

### **Hospice Grief Recovery Group**

Sponsored by: Gentiva Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705-Main Office

931-528-5133

### **Hospice of Cumberland Co**

Meets at the First United Methodist Church

3rd Wednesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

## *Childcare:*

### **ABC, 123**

7848 SOUTH FORK ROAD  
BAXTER, TN 38544  
(931) 858-6698

### **Agape Pre-School**

Methodist Church  
124 N Holly St  
Monterey, TN 38574  
(931) 839-2597

### **ALGOOD/COOKEVILLE HEAD START**

180 WEST CHURCH ST  
ALGOOD, TN 38506  
(931) 537-9057 (Free Service)

### **BRIGHT SIDE**

520 E. 10TH STREET  
COOKEVILLE, TN 38501  
(931) 526-9649

### **BUSY BEES PRESCHOOL**

749 BUFFALO VALLEY RD  
COOKEVILLE, TN 38501  
(931) 372-8275

### **COLOR MY WORLD CHILD CARE AND LEARNING**

1701 N. DIXIE  
COOKEVILLE, TN 38501  
(931) 528-1503

### **Cookeville Cooperative Pre-School**

Sponsored by: St. Michaels Episcopal Church  
640 N Washington Ave.  
Cookeville, TN. 38501  
*931-526-4654*

### **COOKEVILLE CREATIVE LEARNING**

275 S WALNUT  
COOKEVILLE, TN 38501  
(931) 528-2782

**CUMBERLAND EARLY SCHOLARS ACADEMY (-E-)**

728 S Jefferson Ave  
COOKEVILLE, TN 38501  
(931) 528-2543

**CUMBERLAND PRESBYTERIAN NURSERY**

565 E. 10TH STREET  
COOKEVILLE, TN 38501  
(931) 528-8587

**JACOB'S LADDER**

210 E. BROAD ST  
COOKEVILLE, TN 38501  
(931) 520-0181

**KIDDIE KORNER DAYCARE**

357 DRY VALLEY RD  
ALGOOD, TN 38506-0000  
(931) 537-6423

**LONDON BRIDGE PRESCHOOL & INFANT TODDLER**

1175 EAST 10TH STREET  
COOKEVILLE, TN 38501-0000  
(931) 528-6860 & (931) 372-6977

**MONTEREY HEAD START**

705 EAST COMMERCIAL  
MONTEREY, TN 38574  
(931) 839-3323

**MRS. KRISTIE'S**

1578 ELMORE TOWN RD  
BAXTER, TN 38544 (931) 858-5559

**Lighthouse Learning Academy**

1160 Perimeter Park Dr  
Cookeville, TN 38501

**Little Wonderland**

402 South Chestnut  
Monterey, TN.38574  
(931) 839-8478

**MS THERESA'S PRESCHOOL**

1630 HANGING LIMB ROAD  
MONTEREY, TN 38574  
(931) 839-6682

**NOAH'S ARK**

780 FAIRGROUND LANE  
COOKEVILLE, TN 38501  
(931) 528-7113

**South Cookeville Head Start**

571 South Willow Ave.  
Cookeville, TN 38501  
(931) 372-8021

**THE NANNIES OF COOKEVILLE, INC**

125 EAST STEVENS STREET  
COOKEVILLE, TN 38501  
(931) 520-7749

**TTU CHILD DEVELOPMENT LAB**

720 QUADRANGLE  
COOKEVILLE, TN 38505  
(931) 372-6262

**Ms. Crystals Learning Tree**

Monterey Hwy  
Monterey, TN 38574  
931-544-3794

## **Resources to help in Child Abuse Situations:**

### **Algood City Police Department**

110 E Main Street  
Algood, TN. 38506  
(931) 537-6830 & 911 Emergencies

### **Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

### **Cookeville City Police Department**

10 East Broad Street  
Cookeville, TN. 38501  
(931) 526-2125  
(931) 526-2126  
911 Emergencies

### **Court Appointed Special Advocates for Children (CASA)**

580 S Jefferson Ave  
Cookeville, TN. 38506  
931-520-9542

### **Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3000

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

### **Juvenile Court Family Services**

421 East Spring Street  
Cookeville, TN. 38501  
(931) 528-5541  
*(Assist with family legal needs)*

### **LifeCare Family Services**

665 S Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Monterey Police Department**

711 E. Commercial Ave

Monterey, TN

(931) 839-2323

911 Emergencies

**Putnam County Sheriff's Department**

421 Spring Street

Cookeville, TN. 38501

(931) 528-8484

911 Emergencies

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

**Tennessee Commission on Children/Youth**

1225 S Willow Ave

Cookeville, TN 38501

(931) 646-0955

## **Dental Providers who take TennCare:**

### **Algood Family Dental Clinic**

172 West Main Street  
Algood, TN 38506  
(931) 537-9948

### **Aspen Dental**

416 W Jackson St  
Cookeville, TN 38501  
931-754-1103

### **Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

### **Crossville Dental Clinic**

1720 West Avenue  
Suite # 6  
Crossville, TN. 38555  
(931) 484-3007

### **Cumberland Pediatric Dentistry**

510 S Jefferson Ave  
Cookeville, TN 38501  
931-854-1200

### **Dr. Steven Ellis**

Upper Cumberland Family Dentistry  
215 Oak St  
Livingston, TN. 38570  
(931) 823-5517 or 537-2254

### **Dr. Buckie Parsons**

215 Oak St  
Livingston, TN. 38570  
(931) 823-5517 or 537-2254

### **Hays Dental Care**

620 E. 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-1614

**Hermitage Dental Clinic**

Dr. Charles Burdeshaw  
107 Bonnabrook Drive  
Hermitage, TN 37076  
1-800-889-1654

**Hintz Family Dentistry**

120 West Jackson Avenue  
Cookeville, TN. 38501  
(931) 526-5460

**Monterey Dental Center**

400 West Crawford Ave, Ste C  
Monterey, TN. 38574  
(931) 839-8684

**Putnam County Health**

701 County Services Rd  
Cookeville, TN. 38501  
(931) 528-2531

**Robinson Dental Care**

738 East Spring Street  
Cookeville, TN. 38501  
(931) 520-8880

**Zoo Crew**

Neal St Cookeville, TN 38501  
931-349-7807  
615-889-1654 Mt. Juliet Office

**Dr. L.G. Puckett**

508 N. Church St  
Livingston, TN  
931-823-3754

**Cloudland Dental**

510 Livingston Rd  
Crossville, TN 38555  
931-484-3007

**Cumberland Pediatrics**

Jefferson St  
Cookeville, TN 38501  
931-854-1200

**Dental Providers, who may not take TennCare,  
but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Prescription Assistance Program**

[www.pparx.com](http://www.pparx.com)  
1-888-477-2669

*In the Month of February on a Saturday several Putnam County Dentist's provide a free dental services day. This day is announced in the local papers and Head Start shares this with our families and staff.*

## **Resources for Persons with Disabilities:**

### **Project Affirm**

501 Spruce Street  
Dale Hollow Mental Health Center  
Livingston, TN 38570  
931-432-5590 & Hotline: 931-823-5678

### **Children's Special Services**

Cookeville, TN 38501  
931-528-2531

### **Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street  
Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701

### **KIDS Putnam**

1130 Chocolate Dr  
Cookeville, TN 38501  
931-526-5437

### **Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

### **Social Security Administration - SSI Program**

1145 Perimeter Park Dr  
Cookeville, TN 38501  
931-528-9765 & *Hotline*: 800-347-4501

### **Support Group for Families of Children w/Disabilities**

Sponsored by: Upper Cumberland Regional Health  
200 West 10<sup>th</sup> Street  
Cookeville, TN. 38501  
931-528-7531

### **Tennessee Department of Human Services - Putnam County**

1000 England Drive, Suite B  
Cookeville, TN 38501  
931-528-7487

**TN Early Intervention System (TEIS)**

Upper Cumberland  
1519 East Spring St. Suite E  
Cookeville, TN 38506  
(931) 528-1623

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

**Vocational Rehabilitation**

100 England Dr  
Cookeville, TN. 38501  
(931) 526-9783

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721 or 931-526-1115

**Assurance Wireless**

Free phone with 250 minutes per 250 minutes per month to apply call:  
1-888-898-4888

**Resources to help in Domestic Violence Situations:**

**Algood City Police Department**

110 West Main Street  
Algood, TN. 38506  
(931) 537-6830 or 931-537-6357 & 911 Emergencies

**Cookeville City Police Department**

10 East Broad Street  
Cookeville, TN. 38501  
(931) 526-2125 Or (931) 526-2126 & 911 Emergencies

**Domestic Violence Support Group**

Sponsored by Genesis House: 931-526-5197

**District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

***Genesis House***

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

**LifeCare Family Services**

665 South Jefferson  
Cookeville, TN. 38501  
(931) 528-0051 or (615) 781-0688

**Monterey Police Department**

Commercial Ave  
Monterey, TN. 38574  
(931) 839-2323 & 911 Emergencies

**Putnam County Sheriff's Department**

Spring Street  
Cookeville, TN. 38501  
(931) 528-8484 & 911 Emergencies

**Trinity Outreach Center**

205 West Wall Street  
Algood, TN 38506  
931-537-9814

## **Alcohol and Drug Abuse**

*All Local Churches in Area (See listed under Pre-Marriage Counselors)*

### **12 Steps to Freedom**

Algood Presbyterian Church  
Algood, TN 38506  
931-239-8251

### **Standing Stone Church**

Elmore St  
Monterey, TN 38574

### **Adult & Teen Challenge**

200 Freedom LN  
Livingston, TN 38570  
1888-688-0470

### **Alcoholics Anonymous (AA)**

Monterey, TN 38574  
Meets at the Senior Citizens on Friday Nights at 7:00 p.m.

### **AA/NA**

Monterey Senior Citizen  
Elmore St Monterey, TN 38574

### **Algood City Police Department**

110 West Main Street  
Algood, TN. 38506  
(931) 537-6830 or 931-537-6357  
911 Emergencies

### **Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

### **Center Grove Church of Christ**

Meetings on Meth Abuse  
38575 S Grundy Quarles Hwy  
Gainesboro, TN 38575  
931-858-7460

### **Cookeville City Police Department**

10 East Broad Street  
Cookeville, TN. 38501  
(931) 526-2125 & (931) 526-2126  
911 Emergencies

**Daily Surrender**

St. Michael's Church N Washington Ave  
Sunday, Thursday, Friday, 7PM

**Drug Abuse Hotline**

1-800-888-9383

**Freedom Group**

165 E Broad St  
1<sup>st</sup> United Methodist Church (*Mondays 7PM*)

**LifeCare Family Services**

665 South Jefferson  
Cookeville, TN. 38501  
(931) 528-0051 (615) 781-0688

**MADD of Tennessee (Mothers Against Drunk Driving) - Putnam County**

18 N Madison Ave  
Cookeville, TN 38502  
931-284-4829 & **Hotline:** 800-544-MADD

**Meth Hotline**

Spring Street  
Cookeville, TN. 38501  
(931) 525-6384

**Meth Hotline/Statewide**

1-877-866-6384

**Mothers Against Drunk Driving /Support Group Meetings**

18 N. Madison Ave  
Cookeville, TN. 38501  
931-284-4829

**Noon Group**

St Michael's Church  
North Washington Ave  
M-F 12 Noon

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123 Hotline: (877) 567-6051

**Putnam County Sheriff's Department**

421 Spring St

Cookeville, TN. 38501  
(931) 528-8484  
911 Emergencies

**Promise of Hope**

Friendship United Methodist  
5454 N Jefferson Ave Cookeville, TN 38501 Wednesdays 6 PM

**The Ranch**

PO Box 38  
Nunnely, TN 37137  
1-866-247-7183

**Recovery 1st**

**St. Michael's**

N Washington Ave  
Cookeville, TN 38501  
Tuesday, Wednesday, Saturday, 7PM

**Serenity on the Square**

20 N Dixie Ave  
Cookeville, TN 38501  
Thursday & Friday 7PM, Saturday 10AM

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400

**Upper Cumberland-Community Services Agency**

1000 England Dr  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

## **Assistance in the event of an Emergency Situation:**

### **Air Evac Life Team**

106 Emergency Services Drive  
Albany, KY 42602  
(606) 387-9099  
Emergency = 911

### **Algood City Police Department**

110 West Main Street  
Algood, TN. 38506  
(931) 537-6830  
911 Emergencies

### **Baxter Fire Department**

410 Elm St  
Baxter, TN.  
(931) 858-2621  
911 Emergencies

### **Cookeville City Police Department**

10 East Broad Street  
Cookeville, TN. 38501  
(931) 526-2125  
(931) 526-2126  
911 Emergencies

### **Cookeville City Fire Department**

45 East Broad Street  
Cookeville, TN. 38501  
(931) 526-2121  
(931) 520-5236  
911 Emergencies

### **Monterey Police Department**

711 Commercial Ave.  
Monterey, TN. 38574  
(931) 839-2323  
911 Emergencies

### **Monterey Fire Department**

Monterey, TN. 38574  
(931) 839-2323  
911 Emergencies  
*(Assist with emergency needs)*

**Poison Control/National**

1-800-222-1222

**Poison Control/Cookeville**

1-800-288-9999

**Putnam County Sheriff's Department**

421 Spring Street

Cookeville, TN. 38501

(931) 528-8484

911 Emergencies

**Putnam County Ambulance Service**

700 County Services Dr

Cookeville, TN. 38501

(931) 528-1555

911 Emergencies

**Putnam County Fire Department**

700 County Services Dr

Cookeville, TN. 38501

(931) 528-1200

911 Emergencies

**Putnam County Sheriff's Department**

421 Spring Street

Cookeville, TN. 38501

(931) 528-8484

911 Emergencies

**Shriners of Tennessee**

1354 Brick Church Pike

Nashville, TN. 37207

(615) 226-7676

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400

## **Assistance with Food/Clothing/Utilities Needs:**

### **Allons Church of Christ**

3154 Celina Hwy  
Allons, TN.  
(931) 823-4145  
*(Assist with various needs)*

### **Baxter Church of Christ**

24 Buffalo Valley Rd  
Contact: John Pippin  
931-858-3518  
*(Assist with food and clothing)*

### **St Thomas Outreach**

421 North Washington Ave.  
Cookeville, TN. 38501  
(931) 526-2575 931-372-1368  
*(Assist with food needs)*

### **Center Grove Church of Christ**

38575 S Grundy Quarles Hwy  
Gainesboro, TN 38575  
931-858-7460

### **Church on the Hill**

3001 Phillips Cemetery Rd  
Algood, TN  
931-537-9504  
*Mon, Tues, Thurs 9-4pm*  
*(Assists with utilities once a year)*

### **Collegeside Church of Christ**

252 East 9<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-4605 or 526-2661  
*(Assist with food needs)*

### **First Baptist Church**

18 South Walnut  
Cookeville, TN. 38501  
(931) 526-7108  
*(Assist with food needs)*

**First United Methodist Church of Cookeville**

165 E Broad

Cookeville, TN 38501

931-526-2177

*(Assists with **Clothing**, Transportation and **Utilities**. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

**Helping Hands**

421 E. Broad St

Cookeville, TN 38501

931-526-8838 M-F 9-12 & 1-5p

**Hope In Christ**

315 E Peter Ave Monterey, TN 38574

2<sup>nd</sup> & 4<sup>th</sup> Friday 9am-12pm.

**Life Church**

2223 N. Washington Ave.

Cookeville, TN

520-3343 *(Assist with food and other needs)*

**Monterey Church of God**

625 S Poplar Monterey, TN 38574

*(Assist with food and other needs)*

**Mineral Springs Missionary Baptist Church**

Monterey, TN 38574

*(Assist with food and other needs)*

**Putnam County Helping hands**

421 E Broad St

Cookeville, TN. 38501

(931) 526-3838 *(Assists families in need)*

**Stevens Street Baptist Church Care Center**

406 Short St

Cookeville, TN. 38501

(931) 526-6398 Open Noon-2pm, Closed Fridays *(Assist with food needs)*

**St. Thomas Aquinas Catholic**

421 N. Washington Ave

931-372-1368

*(Assists with food and utilities)*

**Tennessee Department of Human Services - Putman County**

***Families First Program***

Cookeville, TN 38501

931-528-7487

*(Assists with Children's Issues, Disability Services, **Food**, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

***Titus House***

306 W Crawford Ave Monterey, TN 38574

*Free Clothing*

**Trinity Outreach Center**

205 West Wall Street

Algood, TN 38506

931-537-9814

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave

Cookeville, TN 38506

931-528-1127

**Victory Christian Church**

125 South Oak Street

Monterey, TN 38574

(931) 839-6068

**West View Baptist Church**

427 Laurel Ave

Cookeville, TN 38501

931-526-7220

*Free clothing 1<sup>st</sup> & 3<sup>rd</sup> Monday 11Am-1PM*

## **Resources to assist with Housing/Homeless Needs:**

### **Algood Manor**

100 Maddux Ct  
Algood, TN. 38506  
(931) 537-3228 (*Income Based Housing*)

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

### **Highlands Residential Services**

235 West Jackson St.  
Cookeville, TN 38501  
Main Office: (931) 526-9793  
Fax: (931) 526-5841  
Website: [www.highlandsrs.com](http://www.highlandsrs.com)

### **Cookeville Rescue Mission**

1331 South Jefferson Ave  
Cookeville, TN 38506  
(931) 528-5819 (*Homeless shelter*)

### **First United Methodist Church of Cookeville**

165 E Broad  
Cookeville, TN 38501  
931-526-2177

### **Habitat for Humanity**

728 E 15<sup>th</sup> St.  
Cookeville, TN. 38501  
(931) 528-1711

### **Highland Manor**

535 Old Walton Rd  
Monterey, TN 38574  
(931) 839-7566

### **Homeless Prevention and Rapid Rehousing**

1225 S. Willow Ave  
Cookeville, TN 38501  
931-432-4111

### **Hope In Christ**

Peter Ave Monterey, TN 38574  
931-584-0214  
*2<sup>nd</sup> and 4<sup>th</sup> Friday of Month 9AM-12PM (Food)*

**Laurel Creek Apartments**

Sponsored by: Upper Cumberland Development District  
580 Cora Rd  
Cookeville, TN. 38501  
(931) 432-4111

**Rolling Meadows**

186 Dry Valley Rd  
Algood, TN. 38506  
(931) 537-9839 (*Low-income Benefits for Housing*)

**Titus House**

206 W Crawford Ave  
Monterey, TN 38574  
931-252-7676 (2<sup>nd</sup> Saturday of month. Clothing Only)

**Trinity Outreach Center**

205 West Wall Street  
Algood, TN 38506  
931-537-9814  
(*Assists in paying utilities, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.*)

**United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 526-9502 (*Provides affordable home loans. Assists low-income homeowners finance needed home repairs*)

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-520-0651

**Volunteer Behavioral Outreach**

Kristin Raines- Homeless Outreach Coordinator  
1200 S. Willow Ave  
Cookeville, TN 38501  
931-432-7681

**Wonderwood Apartments**

230 Cates Rd  
Monterey, TN. 38574  
(931) 839-3118 (*Low-income housing, must meet guidelines*)

## ***Assistance with Insurance Needs:***

### **Blue Cross Blue Shield**

1-800-845-2738 (*Affordable Insurance for Families & Individuals*)

### **Blue Care 1-866-570-9445**

### **Farm Bureau**

410 Veterans Drive

Cookeville, TN 38501

(931) 528-1571 (*Affordable Insurance for Families & Individuals*)

### **Farm Bureau**

1165 South Willow Ave

Cookeville, TN 38501

(931) 432-1571 (*Affordable Insurance for Families & Individuals*)

### **Farm Bureau**

107 W. Commercial Ave

Monterey, TN

931-584-0042

### **State Farm Insurance**

595 E. Spring Street

Cookeville, TN 38501

(931) 528-6515 (*Affordable Insurance for Families & Individuals*)

### **The Bradley Agency**

102 E. Commercial Ave

Monterey, TN

931-584-0111

### **Tennessee Department of Human Services - Putman County Coverkids**

1000 England Drive, Suite B

Cookeville, TN 38501

931-528-7487

### **Tennessee Justice Center**

301 Charlotte Ave

Nashville, TN

615-255-0331

### **TN Care Select 1-866-473-7565**

(Request 3-5 days in advance have SSN and TN Care ID when calling along with doctor's address and name)

## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Cookeville**

1525 East Spring Street, Suite G  
Cookeville, TN 38506  
931-528-8598

### **Highland Residential Services**

#### ***Housing Authority***

235 W Jackson  
Cookeville, TN 38503  
(931) 526-9793 Cookeville  
(931) 839-3331

### **Legal Aid Society of Middle Tennessee and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes

### **United Way 211**

1-800-318-9335

### **Upper Cumberland-Community Services Agency**

1000 England Dr  
Suite F Cookeville, TN 38501  
(931) 520-0200

### **Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

## **Resources to Strengthen Marriages:**

### **Assessment Counseling & Training Services (ACTS)**

Cookeville, TN 38501

(931) 528-9399

### **Family Church of God**

#### **A Family of Faith, Hope and Love**

119 West Commercial Ave.

Monterey, TN 38574

(931) 839-7011 (931) 839-2183

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

307A West Broad Street

Livingston, TN 38570

931-823-6432 & 800-635-5199

### **Trinity Church**

205 West Wall Street

Algood, TN. 38506

(931) 537-9830

### **Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

### **Westview Baptist Church**

427 Laurel Ave.

Cookeville, TN. 38501

(931) 526-7220

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

### **Family Church of God**

**A Family of Faith, Hope and Love**

119 West Commercial Ave.

Monterey, TN 38574

(931) 839-2183

### **Trinity Church**

205 West Wall Street

Algood, TN. 38506

(931) 537-9830

### **Westview Baptist Church**

427 Laurel Ave.

Cookeville, TN. 38501

(931) 526-7220

## **Medical Providers who take TennCare:**

### **Baxter Medical Clinic**

319 West Broad Street  
Baxter, TN.38544  
(931) 858-2116

### **Children's Special Services**

Cookeville Regional Health Office  
200 W. 10th Street  
Cookeville, TN 38501  
931-528-2531

### **Cookeville Pediatrics Associates**

150 N. Willow Ave  
Cookeville, TN. 38501  
(931) 528-1485

### **Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

### **Center of Vision Development/Dr. Clopton**

1440 E10th St  
Cookeville, TN. 38501  
(931) 372-2567

### **Dr. P.K. Jain**

225 North Willow Ave.  
Cookeville, TN. 38501  
(931) 528-8899

### **Dr. Kouchecki**

40 Elmo Dr  
Crossville, TN. 38555  
(931) 484-5525  
1-800-669-1851

### **Dr. Krusa**

289 Highland Square Shopping Center  
Crossville, TN. 38556  
(931) 484-4364

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway  
Hermitage, TN. 37076  
(615) 885-3525

**Kids Kare**

Dr. Climico  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173

**Monterey Rural Health Clinic**

117 W Commercial Ave  
Monterey, TN. 38574  
(931) 839-6642

**Moore Eyes**

209 E. Commercial Ave  
Monterey, TN.  
(931) 839-3937

**Putnam County Health**

701 County Services Drive  
Cookeville, TN. 38501  
(931) 528-2531

**Tennessee Pediatrics**

435 North Cedar Street  
Cookeville, TN. 38501  
(931) 526-6100

**Wheeler Eye Care**

Dr. Jane Wheeler  
46 West Broad Street  
Cookeville, TN. 38501  
(931) 528-7765

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Baxter Medical Clinic**

319 West Broad Street  
Baxter, TN.38544  
(931) 858-2116

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

**Children's Special Services**

1100 England Dr  
Cookeville, TN 38501  
931-528-7531

**Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

**Monterey Lion's Club**

1020 Farley Ave  
Monterey, TN. 38574  
(931) 839-2669

**Putnam County Health**

701 County Services Drive  
Cookeville, TN. 38501  
(931) 528-2531

**Primary Health Clinic**

135 W 3<sup>rd</sup> St  
Cookeville, TN 38501  
931-526-7622

## **Mental Health Providers who take TennCare:**

### **Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382

### **Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678 or (800) 704-2651

### **Personal Growth and Learning Center**

509 North Cedar Avenue  
Cookeville, TN 38501  
931-520-8435

### **Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502 Phone: (931) 432-4123 or Crisis Hotline: (877) 567-6051

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: 931-526-5197 **Hotline:** 800-707-5197

### **Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

### **LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Mental Health Co-Op**

418 N. Willow Ave  
Cookeville, TN 38501  
931-646-5600

**Mental Health Providers, who may not take TennCare,  
but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Plateau Mental Health Center**

1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123 or Hotline: (877) 567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

**Upper Cumberland-Community Services Agency**

1000 England Dr  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Putnam County**

580 South Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

**Nicotine Anonymous**

[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

**American Lung Association**

Freedom From Smoking

[www.lungusa.org](http://www.lungusa.org)

**American Lung Association of Tennessee**

1-800-432-5864

[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons raising children  
possibly other than their own:**

**Agricultural Extension Service - Putnam County**

900 South Walnut Avenue  
Cookeville, TN 38501  
931-526-4561

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

**Help Us Grow Up Successful (HUGS)**

Upper Cumberland  
Regional Office  
111 England Dr  
Cookeville, TN 38501  
931-528-7531

**Relatives as Caregivers**

1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

307A West Broad Street  
Livingston, TN 38570  
931-823-6432 & 800-635-5199

**Upper Cumberland-Community Services Agency**

1000 England Dr  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6900

## **Resources to assist with Transportation Needs:**

### **A Cheap Taxi**

984 Humble Dr, Cookeville, TN 38501  
(931) 520-1818

### **A-1 Auto Repair**

12636 Monterey Hwy  
Monterey, TN. 38574  
(931) 839-3013

### **Affordable Cab**

502 E Spring St, Cookeville, TN 38501  
(931) 372-7599

### **Clark's Taxi Cab Service**

565 W Broad St, Cookeville, TN 3850  
(931) 526-8889

### **Cookeville Taxi Cabs**

428 E Broad St, Cookeville, TN 38501  
(931) 372-2227

### **Discount Taxi**

945 Grandiose Dr, Cookeville, TN 38501  
(931) 526-2222

### **First United Methodist Church of Cookeville**

204 East Springs Street  
Cookeville, TN 38501  
931-526-2177

### **Norrod's Garage**

605 Cates Road  
Monterey, TN. 38574  
(931) 839-3016

### **Selby's Cab Company**

164 W 1st St, Cookeville, TN 38501  
(931) 372-7588

### **Upper Cumberland-Community Services Agency**

1000 England Dr  
Cookeville, TN 38501  
(931) 520-0200  
(

**Upper Cumberland Human Resource Agency - Putnam County**

Cookeville Area Transit Service, CATS

580 S Jefferson Ave

Cookeville, TN 38506

931-528-1127

931-372-8000

**Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

## **Promoting Youth Involvement:**

### **Baxter Branch Library**

200 Main Street Baxter, TN.  
(931) 858-1888

### **Church of the Nazarene**

106 North Poplar Street  
Monterey, TN. 38574  
(931) 839-2609

### **Collegeside Church of Christ**

252 East 9<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2872

### **Cookeville Children Theatre**

460 E. Stevens Street  
Cookeville, TN. 38501  
9331-528-5437

### **Highlands Residential Services**

235 West Jackson St.  
Cookeville, TN 38501  
Main Office: (931) 526-9793  
Fax: (931) 526-5841  
Website: [www.highlandsrs.com](http://www.highlandsrs.com)

### **Cumberland Soccer Complex**

Board of Directors  
(931) 528-6516

### **First United Methodist Church Youth Group**

204 East Spring Street  
Cookeville, TN. 38501  
(931) 526-2177

### **Monterey Branch Library**

401 East Commercial  
Monterey, TN. 38574  
(931) 839-2103

### **Monterey First Baptist**

106 N Chestnut St  
Monterey, TN. 38574  
(931) 839-2971

**Putnam County Library**

50 E. Broad Street  
Cookeville, TN. 38501  
(931) 526-2416

**Putnam County Children's Library**

50 E. Broad Street  
Cookeville, TN. 38501  
(931) 526-2416

**River Community Church**

1200 Miracle Rd  
Cookeville, TN. 38501  
(931) 528-3660

**Upper Cumberland-Community Services Agency**

1000 England Dr  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Putnam County**

580 S Jefferson Ave  
Cookeville, TN 38506  
931-528-1127

**YMCA**

235 Raider Dr  
Cookeville, TN. 38501  
(931) 528-1255

**Victory Christian Church Youth Program**

125 S Oak St  
Monterey, TN. 38574  
(931) 839-6068

**WCTE American Graduate& Ready To Learn**

IWray@wcte.org  
CPutnam@wcte.org  
931-528-2222

## **Language Assistance** **(All Counties)**

**Brent Simpson**  
931-212-8097

### **County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

### **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

### **Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150  
(615) 699-6279

### **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*