



Information for the Family

Welcome to Pathways Family!

Pathways to a Better Life, LLC provides a safe structured home-style living setting with the goal of enabling your loved one to stay sober and/or free of chemicals. Pathways will assist your loved one in becoming conscious in his /her highest potential for independent living in everyday situations in the community. Pathways uses a holistic approach to help each person meet individual goals through collaboration with referring agencies, the resident, counselors, and the Pathways staff working together as a team.

Families are an integral part of the healing process. We encourage family members to attend our Family Group Sessions held on every Saturday, which includes our Family Alumni group once a month. Each family group provides an opportunity to increase support, provide experiences, and education in order to maintain the personal connections needed with this complicated disease.

Family Visitation

ALL New residents have restrictions for the first 10 days of residency. Visitation is allowed on Saturday if approved family members attend the entire Family Programming held earlier that day.

Every Saturday and Sunday 2:00 pm – 5:00 pm

* All Visitors must be approved prior to visit and must have current picture ID. Visitors must sign a Confidentiality Form.

* All Visitors must visit in a common area.

* Visitors may bring items that are allowed at our facility to family members.

Visitors must follow the Dress Code, may not bring any medication into the facility, and must give all items to the PSS. The belongings will then be searched for any contraband before given to the resident.

* Residents are limited to three 5-minute phone calls per day

Saturday visitation location is held at:

| | | |
|---------------------------|----|---------------------|
| 1102 W 1 st St | | 13111 Lax Chapel Rd |
| Waldo WI 53093 | OR | Kiel WI 53042 |

Sunday visitation location is held at the resident's home. Address is one of the following.

| | | |
|---------------------------|----|---------------------|
| 1102 W 1 st St | | 13111 Lax Chapel Rd |
| Waldo WI 53093 | OR | Kiel WI 53042 |



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Sending Mail

The resident must open the mail in front of staff, take each individual item out and separate sheets, and show that the envelope is empty. Mail is not opened or read by staff.

Please send all resident mail to:

Pathways To A Better Life, LLC
c/o Resident Name
PO Box 347
Kiel WI 53042-0347

Family Programming

Family members ages 12 and up are invited to attend family programming, you do not need to call ahead. If it is cancelled, you will be notified.

Every Saturday 10:00 am – 2:00 pm

(The 3rd Saturday of each month, Pathways Alumni and their families are invited to join.)

Family Programming is held Saturday 10am-2pm at:

13111 Lax Chapel Rd
Kiel WI 53042

Due to size of the group, the 3rd Saturday of every month may be held at:

530 State Rd 67
Kiel WI 53042

- * Lunch will be offered and a donation of \$3 is encouraged.
- * Visitors must present photo ID upon arrival and sign the attendance log.

Contact Phone Numbers

Residents are limited to three 5-minute phone calls per day. All calls are screened and verified against the Approved Callers List.

920-894-1374 Main Office - "HQ" (Monday thru Friday 8am - 4pm)
920-797-4436 PW1 House
920-797-4473 PW2 House
920-797-4475 PW3 House
920-286-3093 Elsa Mayan, Resident Care Manager
920-286-0188 Tony Barbeau, General Manager
920-286-0189 Susan Beattie, Owner/CEO



Information for the Family

Weekday Schedule

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|---------|--|
| 6:00am | Wake up and Medication – Coffee and smoking allowed |
| 7:00am | Breakfast, Clean-up (Must be completed by 7:40am) |
| 7:45am | Walk, yoga, or stretching |
| 8:15am | Meditation and Goals |
| 8:45am | Break |
| 9:00am | Coffee is done |
| 9:00am | Lecture, Community Introductions, and Assignments @ PW1 |
| 10:00am | Break and Snack |
| 10:30am | Group Therapy @ PW1 |
| 12:00pm | Return to Homes for Medications and Lunch |
| 12:30pm | Clean-up after Lunch |
| 1:00pm | Group Therapy @ PW1 |
| 2:30pm | Break |
| 2:45pm | Group Activity @ PW1 |
| 3:45pm | Break |
| 4:00pm | Assignments, Medications, and Dinner Prep |
| 5:00pm | Dinner |
| 5:30pm | Dinner Cleanup and Chores |
| 6:30pm | Get ready to go to 12-Step Meeting |
| 9:00pm | Return to Homes for Reflections and Assignments, Medications, Snack, and Break |
| 11:00pm | Bedtime-must be in rooms (12am on Fridays) |

Saturday Schedule

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|----------------|---|
| 7:30am | Wake up, Medications, and Breakfast |
| 8:30am | Meditation and Goals |
| 9:00am | Cleanup and Chores |
| 9:45am | Snack |
| 10:00am-2:00pm | Family Programming every Saturday |
| 11:30am | Break for Lunch and Medications |
| 2:00pm-5:00pm | Visitation Time and Relaxation |
| 5:00pm | Dinner prep |
| 5:30pm | Dinner, Cleanup, Medications |
| 6:45pm | Get ready to go to 12-Step Meeting |
| 7:00pm | 12 Step Meeting |
| 9:00pm | Return Home for Reflections, Snack, and Medications |
| 12:00am | Bedtime (must be in rooms) |

Sunday Schedule

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|---------------|--|
| 7:30am | Wake up, Medications, and Breakfast |
| 8:30am | Meditation and Goals |
| 9:00am | Deep Cleaning Chores |
| 9:45am | Snack |
| 10:00am | Productive Time (Games, Walks, Assignments, Crafts, Movie, Outdoor Activities, etc.) |
| 12:00pm | Return To Homes for Lunch, Cleanup, and Medications |
| 2:00pm-5:00pm | Visitation Time and Relaxation |
| 5:00pm | Dinner, Clean up, Medications |
| 6:00pm | Group Review of House Rules and Expectations @ PW1 |
| 7:00pm | In-House NA Meeting |
| 9:00pm | Return Home for Reflections, Snack, and Medication |
| 11:00pm | Bedtime (must be in rooms) |