

“Victorious Christian Life Curriculum”

-by Jim Freed

The lesson goal of this VCLC Curriculum is to initiate a discussion of the current worldview, including what the participants may have learned erroneously about a lesson topic, and follow up by providing God's perspective on it from scripture.

THE FOLLOWING PAGES ARE INCLUDED FOR USE WITH THE VCLC CURRICULUM:

- A. VCLC INTRODUCTION**
- B. VCLC INSTRUCTIONS**
- C. SALVATION / ADDICTIONS OVERVIEW**
- D. MEMORY VERSES FOR EACH LESSON**
- E. SCRIPTURE JOURNAL PAGES FOR MEMORY VERSES**
- F. VCLC WORKBOOK FOR SPOUSES**

VCLC LESSONS

- 1. Truth**
- 2. Faith**
- 3. Attributes of God**
- 4. Addiction as Idolatry**
- 5. Surrender**
- 6. Consecration**
- 7. Physical Discipline**
- 8. Commitment**
- 9. Sanctification**
- 10. Spiritual Discipline**
- 11. Humility**
- 12. Victory over Temptation**
- 13. Sexual Purity**
- 14. Identification**
- 15. Forgiveness**
- 16. Fellowship**

Introduction/Overview to the Victorious Christian Life Curriculum

The work that you have in your hands has been written by a former alcoholic and drug addict, redeemed by the blood of Jesus Christ, and granted the freedom to walk in victory over these and other life dominating sins for the past twenty years. The truths contained in this curriculum are not the result of intense theological study, but rather practical application of the truths contained in the Holy Scripture as they have been applied in the lives of men and women. This is not intended to be a formula for success nor a step by step method of living the Victorious Christian Life. Instead it is merely a framework to instruct those who desire to walk away from the bondage of life dominating sin and live in the victory that has been won at the cross for those who have truly trusted Jesus Christ for their redemption and salvation. Apart from Him there are no answers. Trust me I did the research!

Working in the trenches for the past twenty years, I have ascertained the necessity of refuting the lies taught us by the world before explaining the truth as it is contained in the Word of God. Each lesson begins with an introduction to be discussed with students to get on the same page before beginning the journey. Again, this is not a step by step guide but a suggested path along the road to what some call recovery. I choose instead to call it sanctification to include every member of the Body of Christ, rather than a designated minority.

The outlines are skeletal in nature to allow the instructor to be led by the Spirit of God, in walking the students through practical application of the all sufficient Word of God. The scriptural references are by no means intended to be a conclusive list, but rather a starting off point for the instructor. Much of the truth that is expressed has been accumulated over the years and the sources have not always been noted because I simply cannot recall them all. The Power Point presentations are intended to focus the student's attention on the main point to be taught, as are the fill in the blank worksheets. This method has proven to be effective in the Colony of Mercy ministry. The quizzes are designed to reinforce the practical personal application of the truths taught, not to measure the student's intelligence. We must be careful to educate without intimidating those whose lives are severely damaged emotionally already.

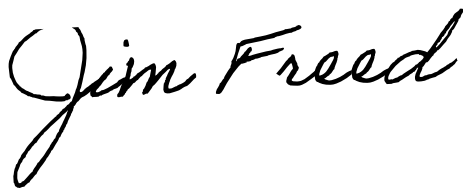
It is always my intention that the teacher will be the Holy Spirit of God, and the authority will be the Word of God. We as ministers are merely instruments in His hands. May there be much fruit born for eternity, as a result of this humble endeavor by a redeemed sinner who can sincerely attest to the reality that if any man be in Christ, he is indeed a "New Creation".

These teachings consist of 16 lessons which include an outline with a 'fill in the blanks' portion for the participants, along with a corresponding PowerPoint presentation and questions for discussion at the end. The lessons are designed for five sessions, with the first being an overview; sessions 2/3/4 working through the lesson outline; and session five focusing on the quiz and more discussion. The lesson goal is to initiate a discussion of the current worldview including what the participants may have learned erroneously about a lesson topic, then provide God's perspective on it.

In discussing the introduction, the facilitator/teacher/instructor/leader can explain the misinformation taught by the world and gain valuable insight into the hearts of the current group of participants. This will allow the topic to be taught in a way that is both relevant to those listening and dynamic as each group is taught as having a unique perspective. There are key words which have been selected as answers for the teacher to provide as each lesson progresses. The rate that this takes place will vary thus allowing for group participation, and the insertion of relevant scriptures as the Spirit leads. Having the key points on display in PowerPoint while the lesson is taught is helpful to the student because it stays in front of them for better emphasis and more fluid progression during the teaching.

Each outline contains a meditation passage for further consideration, in addition to the suggested scriptures in bold type for a corresponding daily memorization plan. The underlined and emboldened words on the teacher's outline are the answers that each participant will use in their 'fill in the blanks' page. This style of note taking allows them to focus more on what was said than incessant efforts to take notes. The summary quiz sheet should be handed out for each lesson at the end, and consists of five thought provoking questions intended to be used as a review and the basis for fruitful discussion afterwards. They are not intended as a grading tool, but simply to ascertain the participant's understanding of how to apply what he has been taught previously. Having healthy interaction and discourse during these lessons are vital to helping participants open up and learn to share their personal pain and difficulties.

"Freed In Christ Indeed"

A handwritten signature in black ink that reads "Jim Freed". The signature is written in a cursive, flowing style with a large initial "J" and "F".

Jim Freed

Victorious Christian Life Curriculum Instructions

Format was designed for 16 weeks, with five days of teaching & seven days of memory verses.

Overview of format:

- DAY 1: Teacher and students review complete lesson introduction
- DAYS 2-4: Teacher uses answer sheet in conjunction with Power Point for instruction, while students use blanks sheet for filling in the blanks
- DAY 5: Quiz for lesson review, questions, further interaction, and wrap up
- DAYS 1-7: Memory verses to learn one for each day of the week

Introduction: The purpose of the Introduction Page is to initiate a discussion of the current worldview including what the students may have learned erroneously about the current topic. It should be used as the first side of a handout with the outline containing the blank spaces as back side. In discussing the introduction, the facilitator can explain the misinformation taught by the world and gain valuable insight into the hearts of the current group of students. This will allow the topic to be taught in a way that is both relevant to those listening and dynamic as each group is taught as having a unique perspective.

Blanks Sheet: These sheets are designed to be used with the power point format to allow those participating to fill in the key words in each lesson while still listening to the instructor.

Answer Sheet: This sheet is used by the instructor to teach a select topic and is used not as a complete teaching in and of itself but rather as a skeletal outline. It contains a meditation passage for further consideration as well as suggested scriptures in bold type that can be used for a corresponding daily memorization plan. The underline and emboldened words are the answers to be filled on the blanks sheet that has been handed out to the students. This style of note taking allows them to focus more on what was said than incessant and distracting efforts to take notes.

Power Point Presentation: The Power Point slide show is meant to be used with the handout (Blanks) sheet. The key words have been selected as answers for the teacher to provide as they progress through the lesson. The rate in which this takes place is will vary, and allows for group participation and the insertion of relevant scriptures as the Spirit leads. Having the key points on display while the lesson is taught is helpful to the student because each time he looks up he is reminded of the emphasis and progression of the teaching.

Quiz Sheet: The Quiz sheet consists of five thought provoking questions intended to be used as a review and the basis of a discussion afterwards. They are not intended as a grading tool, but to ascertain the student's understanding of how to apply what he has been taught previously. The Quiz Sheets should be handed out at the onset of day five. These questions are also listed on the bottom of the answer sheet.

Final notes... While this curriculum was designed and developed by Jim Freed over a three year period for use in a sixteen week, five days per week format, everyone is encouraged to assimilate the curriculum into whatever format works best in their particular circumstances. Our prayer is that this curriculum will help others to learn how to become 'Freed In Christ' and successfully live out a Victorious Christian Life.

Salvation involves the redemption of the whole man, and is offered freely to all who confess Jesus Christ as Lord and Saviour, who by His own blood obtained eternal redemption for the believer. In its broadest sense salvation includes regeneration, justification, sanctification, and glorification. There is no salvation apart from personal faith in Jesus Christ as Lord.

- **Regeneration**

Regeneration, or the new birth, is a work of God's grace whereby believers become new creatures in Christ Jesus. It is a change of heart wrought by the Holy Spirit through conviction of sin, to which the sinner responds in repentance toward God and faith in the Lord Jesus Christ. Repentance and faith are inseparable experiences of grace.

- **Repentance**

Repentance is a genuine turning from sin toward God. Faith is the confession of Jesus Christ and commitment of the entire personality to Him as Lord and Savior.

- **Justification**

Justification is God's gracious and full acquittal upon principles of His righteousness of all sinners who repent and believe in Christ. Justification brings the believer unto a relationship of peace and favor with God.

- **Sanctification**

Sanctification is the experience, beginning in regeneration, by which the believer is set apart to God's purposes, and is enabled to progress toward moral and spiritual maturity through the presence and power of the Holy Spirit dwelling in him. Growth in grace should continue throughout the regenerate person's life.

- **Glorification**

Glorification is the culmination of salvation and is the final blessed and abiding state of the redeemed.

Salvation in relationship to addiction

Romans 10:1- 15

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. (Romans 10:1-2 NKJV)

Probably one of the most controversial and confusing issues an addict faces is the issue of salvation. Many are assuming that they are saved and in reality are not. Perhaps some well-meaning family or church member, in an attempt to fix our problem quickly, has led us to pray, “The prayer.” In many cases we were either too young, or too unformed to make a heartfelt commitment to Jesus Christ. Add to that the fact that sin and repentance are topics rarely discussed in Sunday sermons, and we can begin to understand where the confusion originates. We end up feeling like we are defective, beyond reach, or simply unimportant to God. For most of us, failure, rejection, and inadequacy has been the norm in our lives, so why should we expect our salvation to be different.

Often those same well-meaning family and church members have told us to “just say no!” They can’t understand why we can’t pull ourselves up by our bootstraps, or simply make a stronger effort. But those of us involved in life dominating sin know that more effort is futile in saving us from destruction. How relieved we are when we learn that salvation is not something that we can earn either. It has nothing to do with being good enough or trying harder.

Many of us do have a great desire to know and love God; we just don’t know how or think we are not good enough for Him to care about us. Like the Israelites mentioned above we may have “a zeal for God, but not according to knowledge.” Since the power of God is the only power strong enough to deliver us from life dominating sin, the foundation of our life of freedom must begin with genuine salvation.

Many of the hindrances will be alleviated when we understand the meaning of the word “believe” in verse 9 of Romans chapter 10, “***that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.***” Our journey of faith will begin when we turn from relying on self and learn to trust the only One who can help us, The Lord, Jesus Christ.

Memory Verses and Meditation Passages

Truth Week - Psalm 51

1. Psalm 119:160
2. Psalm 51:3,4
3. Psalm 51:5,6
4. 2 Corinthians 1:8,9
5. Matthew 5:23,24
6. John 4:24
7. 2 Timothy 3:16, 17

Faith Week- Hebrews 11:1-19, 12:1-4

1. John 17:17
2. Ephesians 1:4,5
3. 2 Corinthians 9:8
4. Jeremiah 29:11-13
5. John 16:13
6. John 10:28
7. Hebrews 13:17

Attributes of God Week – Psalm 103

1. Ephesians 2:4,5
2. Psalm 103:13, 14
3. Hebrews 12:9, 10
4. John 15:10
5. Acts 1:8
6. Romans 8:26
7. Hebrews 10:22, 23

Addiction as Idolatry Week- John 4

1. Luke 14:26
2. Matthew 6:14,15
3. Proverbs 20:1
4. 1 Thessalonians 4:3,4
5. 1 Peter 2:11,12
6. Mark 10:25
7. 1 Corinthians 10:30,31

Surrender Week – 1 Chronicles 20:1-29

1. James 1:2,3
2. James 1:4,5
3. 2 Timothy 2:24,25
4. Romans 6:17,18
5. 1 Peter 4:1, 2
6. 1 Peter 4:3
7. 1 Corinthians 15:57, 58

Consecration Week – Romans 6

1. Matthew 26:39
2. Romans 6:4
3. 1 John 1:8
4. Romans 6:11,12
5. Proverbs 3:5-7
6. Romans 6:13
7. John 15:5

Physical Discipline Week- 1 Corinthians 6:9-20

1. Genesis 2:15,16
2. Isaiah 55:2
3. 1 Timothy 4:8
4. Revelation 21:4
5. 1 Corinthians 9:25
6. Psalm 30:2
7. James 5:15

Commitment Week – Romans 7

1. Romans 7:4
2. Romans 10:1,2
3. Galatians 6:7-9
4. Matthew 6:24
5. Matthew 7:13,14
6. Proverbs 16:7
7. Matthew 11:28-30

Sanctification Week – 2 Peter 1

1. John 6:44
2. Ephesians 2:8,9
3. Ephesians 2:10
4. 2 Peter 1:2
5. 2 Peter 1:3
6. 2 Peter 1:4
7. 2 Peter 1:10

Spiritual Discipline Week – 1 Corinthians 9

1. 1 Corinthians 9:24
2. Matthew 6:17,18
3. Psalm 141:3
4. Matthew 14:23
5. 2 Timothy 1:7
6. Mark 10:45
7. Psalm 138:2

Humility Week – Philippians 2:1-10

1. Romans 12:1,2
2. Romans 12:3
3. Jeremiah 10:23
4. Psalm 100:3
5. Matthew 23:11,12
6. Galatians 5:13
7. 1 John 4:20

Victory over Temptation Week – James 1:12-25

1. James 1:12,13
2. James 1:14 -16
3. 1 Corinthians 10:13
4. Ephesians 6:10, 11
5. Ephesians 6: 12
6. Ephesians 6:13
7. Ephesians 6:14

Sexual Purity Week – 1 Corinthians 6:9-20

1. Luke 11:13
2. 1 Peter 3:18
3. 2 Corinthians 6:14
4. 1 Corinthians 6:18
5. Psalm 16:11
6. 1 Corinthians 2:16
7. Romans 5:8

Identification Week – Ephesians 2

1. 1 Corinthians 10:11
2. 1 Corinthians 2:14
3. John 16:8, 9
4. John 8:44
5. Hebrews 12:5, 6
6. Galatians 2:20
7. 2 Corinthians 5:17

Forgiveness Week – Matthew 18:21-35

1. Ephesians 2:1, 2
2. Romans 5:1, 2
3. 1 John 1:9
4. Romans 8:1
5. Ephesians 4:32
6. Matthew 7:3
7. John 3:16

Fellowship Week – Titus 3:1-8

1. John 14:23
2. Matthew 6:33
3. Mark 1:35
4. Luke 15:20
5. Matthew 10:32,33
6. 1 Peter 4:3,4
7. Matthew 5:16

Daily Scripture Journal

Name: _____ Date _____

Write out memory verse and address _____

What does this scripture tell you about God? _____

What does it say about you personally? _____

How can you apply it to your life?

On The Same Page – The Victorious Christian Life

The following questions are designed to facilitate a discussion of the participant’s study of the Victorious Christian Life between spouses.

- A. Participants are encouraged to bring notes from last three lessons
- B. Husbands and wives should fill out and discuss their responses to the questions that pertain to those three particular topics
- C. Teachers/leaders will facilitate a group discussion utilizing these responses
- D. Remaining questions can be used as a private devotional discussion between husband and wife at a later time as teachings are completed

1. Truth

“Behold, You desire truth in the inward parts, And in the hidden part You will make me to know wisdom.” (Psalms 51:6 NKJV)

Who is it that you find it most difficult to be totally honest with, your spouse, yourself or God? Why?

2. Faith

But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him. (Hebrews 11:6 NKJV)

What is it that you find most to believe about God? Why?

3. Attributes of God

And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. (John 17:3 NKJV)

How does your perception of who God is differ from what the bible says about Him? Where did that perception come from?

4. Addiction as Idolatry

AND YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, WITH ALL YOUR MIND, AND WITH ALL YOUR STRENGTH.' This is the first commandment.

(Mark 12:30 NKJV)

Who or what threatens to occupy the throne of your life ahead of God?

5. Surrender

You will not need to fight in this battle. Position yourselves, stand still and see the salvation of the LORD, who is with you, O Judah and Jerusalem!' Do not fear or be dismayed; tomorrow go out against them, for the LORD is with you." (2 Chronicles 20:17 NKJV)

What circumstance or situation do you need to let go of so that God will be free to resolve His way?

6. Consecration

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. (Romans 12:1 NKJV)

What particular aspect of your life needs to be presented to God to be made "holy?"

7. Physical Discipline

And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God.

(Romans 6:13 NKJV)

How can you improve the condition of your physical body to better glorify God?

8. Commitment

Therefore, my brethren, you also have become dead to the law through the body of Christ, that you may be married to another—to Him who was raised from the dead, that we should bear fruit to God.

(Romans 7:4 NKJV)

What impact does understanding your commitment to Christ as a marriage covenant have on you?

9. Sanctification

For this is the will of God, your sanctification: that you should abstain from sexual immorality; that each of you should know how to possess his own vessel in sanctification and honor,

(1 Thessalonians 4:3-4 NKJV)

What is God's will for your life and how can you accomplish it?

10. Spiritual Discipline

For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come. (1 Timothy 4:8 NKJV)

What role do the spiritual disciplines play in the life of the believer?

11. Humility

Let each of you look out not only for his own interests, but also for the interests of others. Let this mind be in you which was also in Christ Jesus, (Philippians 2:4-5 NKJV)

In which area of your relationship with your spouse could you improve in practicing humility?

12. Victory Over Temptation

Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. But each one is tempted when he is drawn away by his own desires and enticed. (James 1:13-14 NKJV)

According to God's Word what is the source of our temptations? Which desire threatens you the most and why?

13. Sexual Purity

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. (1 Corinthians 6:19-20 NKJV)

How does God's view of sexual activity differ from that of our cultures? Why does God restrict our behaviors?

14. Identification

And you He made alive, who were dead in trespasses and sins,
(Ephesians 2:1 NKJV)

How drastic was the change in our identity when we made a commitment to receive Christ as our Savior? Explain

15. Forgiveness

For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.
(John 3:16 NKJV)

What is the difference between forgiveness and the removal of consequences from our sin? What consequence does God always remove?

16. Fellowship

that which we have seen and heard we declare to you, that you also may have fellowship with us; and truly our fellowship is with the Father and with His Son Jesus Christ. (1 John 1:3 NKJV)

Recovery is relational. Explain who are we are required to have fellowship with and why?
