

ALL-AREA TOP 11 PLAYER CAPSULES

JORDAN BEDORE

Goodland
It didn't matter which side of the ball Jordan Bedore was on for the Goodland Cowboys, his goal was to find a way to inflict a punishing hit on the opposition. Bedore, a 6-foot-4, 258-pound senior who has committed to Kansas State, was a bruising fullback who rolled up 1,685 yards and scored eight touchdowns. Defensively, Bedore manned the middle linebacker position, recording 145 tackles, two sacks, eight tackles for loss, a pair of fumble recoveries and an interception.



BEDORE

What was the highlight of your high school football career? Seeing all the men on the Goodland football team come together and play as a team and turn things around.

Is there an athlete or nonathlete you use as a role model? My grandpa. He has always been there for me, and he is the hardest working man I have ever met.

Is there an accomplishment, other than athletics, you are especially proud of? Being a role model to people in my town and my two sisters.

What are your future plans for football and schooling? Go to Kansas State and play football. I'm not sure about (a major) yet.

Do you have any specific hobbies you enjoy? Just hanging out with friends.

Coach's comment (Tony Diehl): "He is bigger than most college and professional backs and linebackers, but what the casual fan does not see is the tenacious heart within him. He was dedicated in the offseason. Every practice was valuable, he fought for every inch of yardage on every run. He was, in the truest sense, a warrior who battled every rep in practice and every play in games."

STEVEN BOONE

Marion
It wasn't too hard to find the football at Marion games this past fall — simply find Steven Boone and the ball was somewhere in that vicinity. Boone, a 5-foot-11, 203-pound senior, was either carrying the ball, leading the way for the one who was or



BOONE

pounding any opponent who dared carry it. As the Warriors' fullback, Boone led the team with 1,545 yards rushing and 19 touchdowns and added 27 point-after kicks and one field goal. As the Warriors' middle linebacker, he recorded 113 total tackles, 12 tackles for loss, two forced fumbles and a pair of fumble recoveries.

What was the highlight of your high school football career? I don't really have any highlights, just a lot of good memories. Some of the memories I have are going to coach's house every Sunday to watch films and eat brownies. We had a lot of good times laughing at our mistakes we made. I'll never forget how close my senior class grew together in the past four years. That is probably the best memory I have, watching us come together as one.

Is there an athlete or nonathlete you use as a role model? There are a lot of good athletes who make good role models. But the ones that kept me going was my family, coaches and friends.

Is there an accomplishment, other than athletics, you are especially proud of? On Nov. 2, 2003, the Christ, as my savior, changed my life. I was baptized and became a member of the Emmanuel Baptist church of Marion.

What are your future plans for football and schooling? I'm not really sure what my future plans are playing football, but I do know that I am going to attend college and work toward a welding certificate.

Do you have any specific hobbies you enjoy? Hunting and fishing with my dad and little brother. I also like to lift weights when I can.

Coach's comment (Grant Thierolf): "Steven just has in-born toughness. He is one of those kids who has been a dominant player at every level he has played. He took the challenge of making himself better each year and has really provided leadership to our team. Steven pushes himself in every endeavor in which he is involved and has a great deal of success in each pursuit."

BRYAN COOPER

Salina Central
The Salina Central Mustangs have been known for producing top-notch quarterbacks over recent years, but when the Mustangs opened up their passing game, Bryan Cooper was on the re-

ceiving end a majority of the time. The 5-foot-9, 170-pound senior broke almost every receiving record in Central history, producing 1,003 yards on 43 receptions with 10 touchdowns. He also added 338 yards rushing on 28 carries with a pair of touchdowns.



COOPER

What was the highlight of your high school football career? Winning our second straight 5A state championship.

Is there an athlete or nonathlete you use as a role model? Barry Sanders because he was the best running back ever.

Is there an accomplishment, other than athletics, you are especially proud of? My good grades.

What are your future plans for football and schooling? I'll play football in college, probably at a four-year college.

Do you have any specific hobbies you enjoy? I enjoy playing Blitz and 2-on-2 football.

Coach's comment (Marvin Diener): "He was a tremendous play maker. It was not just once in a while, but every game. When you watch him on tape, I would just scratch my head and say 'How did he do what he just did.' He was an amazing player."

BEN GUGLER

Salina South
The Cougars' run to the Class 5A state championship game was led by its defense and Gugler, a 6-foot-4, 245-pound senior, was a big reason why. Gugler was a force on the defensive front that often shut down opponents' running games. He finished the season with a team-high nine sacks, recording 90 tackles, 16 tackles for loss, with one interception and one blocked kick.



GUGLER

What was the highlight of your high school football career? The highlight of my career was being able to play in the state championship game. Although we lost, the chance to play on the turf and in such a big game and the feeling of knowing that we had beaten some of the best teams in the state to get there was a wonderful feeling.

Is there an athlete or nonathlete you use as a role model? I think my father is probably my biggest role model. No matter what was going on in his life he would always stop to help me on my technique or watch film to tell me what I was doing wrong. He has always been a huge influence in my sports career. Another person who has helped a lot with football are my coaches. All of them have helped me tremendously with my technique on the field. I just want to thank them all.

What are your future plans for football and schooling? I just want to play football at the next level. I don't have any solid plans yet where I want to go. I just want to play.

Do you have any specific hobbies you enjoy? I enjoy playing golf in the offseason. I am also wrestling this year. I have a lawn mowing business in the summer that I enjoy working in. I like to fish and partake in outdoor activities like hunting.

Coach's comment (Ken Stonebraker): "Ben was a physical player who was able to hold his ground against good people. He used his hands better than anybody we have ever had. Ben used good technique and this allowed him to be successful against bigger players. It was very difficult to block Ben and he made a lot of big plays."

JEFF HORINEK

Atwood
It doesn't seem to matter what sport Jeff Horinek is competing in, he is successful: a two-time champion in wrestling, a multiple champion in track and field and a top athlete on the football field. Atwood's middle linebacker and fullback rushed for 1,625 yards and 18 touchdowns in just nine games and recorded a team-high 130 tackles, 85 of which were unassisted. He helped Atwood to a 6-3 record for the season.



HORINEK

What was the highlight of your high school football career? I am most proud of getting the chance to be a part of the Atwood football program that has a celebrated tradition where I was surrounded by great teammates, coaches and fans.

Is there an athlete or nonathlete

ALL-AREA SECOND 11

Player, School	HT.	WT.	YR.	POS.
Brett Alstatt, Hays	6-5	225	Sr.	RB/LB
Doug Beinke, Oberlin	5-9	170	Sr.	RB/DB
Doug Campbell, Hoxie	5-9	170	Sr.	RB/LB
Beau Cox, Weskan	5-9	155	Jr.	RB
Jason Dolan, Salina South	5-10	165	Sr.	WR/DB
Jackie Dyke, Belleville	5-10	180	Sr.	RB
Joel Griffiths, Norton	6-4	253	Sr.	OL/DL
Zach Hicks, Hope	5-9	180	Sr.	FB/LB
Bobby Homeier, Russell	6-0	205	Sr.	FB/LB
Austin Kingsbury, Smith Center	5-11	165	Jr.	RB/LB
Lucas Wiegert, Sylvan	5-10	175	Sr.	RB/QB

ALL-AREA THIRD 11

Player, School	HT.	WT.	YR.	POS.
Brock Alexander, Quivira Heights	5-9	195	Sr.	RB/LB
Jordan Barrett, Triplains	5-9	165	Jr.	QB
Ryan Honas, Ellis	6-1	265	Sr.	OL/DL
Casey Larsen, Salina Central	6-6	305	Sr.	OL
Taner Litton, Beloit	6-1	180	Sr.	RB/LB
Caleb Marsh, Hillsboro	5-11	175	Sr.	RB/DB
Jimmy McKee, Sacred Heart	5-10	150	Sr.	WR
Austin Panter, Kensington	6-3	205	Jr.	QB
Zac Sheets, Chapman	5-9	180	Sr.	RB
Alex Smetana, Plainville	6-0	198	Sr.	FB/LB
Bryce Trumpp, Palco	5-10	198	Jr.	RB/LB

HONORABLE MENTION

Cortney Alexander, Mankato; Kyle Askren, Clifton-Clyde; Matt Augustine, Colby; Tim Bremerman, Tescott; Nathan Brummet, Southern Cloud; David Cary, Lakeside; Kyle Culwell, Concordia; Drew Dallas, Salina Central; Charlie Foley, Norton; Justin Hall, Stockton; Sage Hemmert, Quinter; Tyler Hoves, McPherson; Tyler Johnson, Solomon; Josh Keller, Palco; Heath Klein, Atwood; Brian Korbelik, Southeast of Saline; Mike Koss, Hillcrest-North Central; Nick Krause, Pike Valley; Ian Lane, Clay Center; Jeremy Lapka, Victoria; Erik Larsen, Lincoln; Brock Lohr, Goodland; Kyle Lorson, Hope; Tracey Mannel, Ell-Saline; Craig Mans, Osborne; Brady Maska, Hays; Jesse Miller, Golden Plains; Marcus Murrow, St. John's Beloit; Mitch Newcomer, Trego; Nathan Plummer, Triplains; Caleb Ramsey, Jewell-White Rock; Travis Regehr, Canton-Galva; Garret Rome, Victoria; Derek Ross, St. Francis; Ryan Sherer, Northern Valley; Kellen Sherlock, Washington; Luke Sims, Salina South; Matt Smith, Oakley; Tyler Smith, Marion; Christian Soler, St. John's Beloit; Todd Stahecker, Centre; Mark Starr, Goodland; Laran Steele, Weskan; Derek Stewart, Pike Valley; Sean Swanson, Brewster; Ross Taplin, Abilene; Tyson Triplett, Logan; Tyson Troyer, Phillipsburg; Tyler Vishnefske, Sacred Heart; Brett Wehling, Russell; Brian Weiser, Sacred Heart; Kevan Welsh, Southern Cloud; Kyle Westerman, Wakefield.

you use as a role model? My brother Deone because he has always pushed me and supported me in everything I have done.

Is there an accomplishment, other than athletics, you are especially proud of? Maintaining a 4.0 GPA for the past two years in high school.

What are your future plans for football and schooling? I will attend Colorado State University where I will play football and major in Kinesiology.

Do you have any specific hobbies you enjoy? Hunting, fishing, lifting weights and being with my friends and family.

Coach's comment (Dan Lankas): "Jeff is a hard worker in the weight room. He understands the game, loves to hit and has a mental toughness to be the best."

JACOB KRAUSE

Hope
Jacob Krause had already established himself as a quality player before he ever took the field against Hanston in the 8-Man Division II championship game. But just in case there were any lingering doubts the 5-foot-10, 185-pound senior put forth his best effort on the biggest stage of his life. Just four touches into the state title game, Krause had already rolled up 128 yards with two touchdowns. It proved to be just the beginning as he finished the day with 261 yards rushing on 34 carries with four touchdowns, then added a 36-yard touchdown on his only reception for the game-winning touchdown. The performance capped a year in which Krause rolled up 1,962 yards on 204 carries and scored 40 touchdowns.



KRAUSE

What was the highlight of your high school football career? Winning a state championship.

Is there an athlete or nonathlete you use as a role model? My dad is probably my biggest role model. He has worked hard all his life and that is probably the biggest contributor to his

success.

Is there an accomplishment, other than athletics, you are especially proud of? I have carried a 4.0 GPA throughout high school and was chosen as a KU Honors Scholar.

What are your future plans for football and schooling? I plan to attend college and play football but am undecided as to which school.

Do you have any specific hobbies you enjoy? I enjoy hunting and fishing and am currently restoring an old Firebird.

Coach's comment (Jeff Hostetter): "He came into this season totally committed to do what it takes to win. When his team needed a big play he would make it. I think his last game proved that when he had his best game of his career when it counted the most. He definitely is the real deal."

RYAN MORTIMER

Minneapolis
At just 5-foot-8 and 160 pounds, Ryan Mortimer doesn't look imposing in a football uniform. Then again not very many defenders were able to get close enough to find out just how intimidating he can be.



MORTIMER

Mortimer used a mixture of speed, acceleration and agility to leave defenders grasping as he rolled up 1,680 yards rushing, scored 22 touchdowns and averaged seven yards per carry. He added 247 yards receiving with two touchdowns, 334 yards on punt returns with one more touchdown and completed 11 of 21 pass attempts for 259 yards and three more touchdowns.

What was the highlight of your high school football career? The highlight of my year was going to Marion our first game of the season and beating them 20-19 after losing to them the past 30 years.

Is there an athlete or nonathlete you use as a role model? My older brother Jeff, who plays at K-State, because he has showed me that hard work pays off no matter what the

odds.

Is there an accomplishment, other than athletics, you are especially proud of? Above 3.0 GPA.

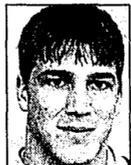
What are your future plans for football and schooling? I'm undecided on future schooling but would like to play football somewhere after high school.

Do you have any specific hobbies you enjoy? I enjoy fishing, hunting and being with friends. Also, helping coach football and basketball at the YMCA.

Coach's comment (Nate Wollenberg): "Ryan puts a lot of time and effort into improving himself as an athlete. He has tremendous work ethic in the weight room. Ryan is a fierce competitor who does everything he can to help his team be successful. He has a huge heart and his teammates know they can count on him to give his all."

DAN ROEDER

Norton
When opponents lined up against Norton this year they knew they would have their hands full with Dan Roeder. The versatile, 6-foot-1, 175-pound senior quarterback lit up opponents through the air and on the ground. He rushed for 960 yards and 13 touchdowns and threw for 1,365 yards and 16



ROEDER

scores with just five interceptions. For his career Roeder threw for 2,688 yards and ran for 2,128 yards.

What was the highlight of your high school football career? Meeting up with the defending state champions two years in a row (Conway Springs) and only losing by a total of 14 points.

Is there an athlete or nonathlete you use as a role model? My dad because he taught me how to work hard.

Is there an accomplishment, other than athletics, you are especially proud of? Keeping good grades in school while being so busy.

What are your future plans for football and schooling? I will probably not go on to play ball but plan to go to school next fall.

Do you have any specific hobbies you enjoy? No, I don't have a lot of hobbies.

Coach's comment (Bruce Graber): "His ability to run and pass made him difficult to defend. When he ran with the ball he ran like a linebacker on the loose. He is a physically tough young man; he was injured very little in his three-year varsity career."

CODY SATTLER

Oakley
Cody Sattler wasn't tall in stature for the Oakley Plainsmen, but he packed a pretty good punch. Sattler, a fleet running back and defensive end, stands just 5-foot-10 but unloaded on opponents with his 4.45 speed in the 40 and a powerful 200-pound frame. Sattler, who can bench-press 285-pounds and power-squat 385,



SATTLER

rushed for 1,236 yards (8.1 yards per carry) and scored 14 touchdowns.

What was the highlight of your high school football career? The highlight of my football career was when we won our district. It felt really good to know we were district champs. Our school hasn't won districts for a long time so that made it even more special.

Is there an athlete or nonathlete you use as a role model? Steve Tasker is an athlete I use as a role model. He grew up in a small community and became an NFL player. It shows that if you set your mind to your goals and dreams anything can come true. I also use my parents as role models because they are always there for me. They are great people.

Is there an accomplishment, other than athletics, you are especially proud of? An accomplishment that I am very proud of is being confirmed in the Catholic church.

What are your future plans for football and schooling? My future plans for college are undecided, but I will continue with my football career.

Do you have any specific hobbies you enjoy? Some hobbies I enjoy are hunting and fishing. I like to hang out with my friends and play pool, and I also just love being involved with athletics.

Coach's comment (Randall Rath): "Cody is a tremendous competitor and has a motor that is running at high RPM's all the time. Cody gave great second and third efforts. ... He is a tremendous leader and did all the little things to show what leaders

should do and what they are expected to do. Cody is a good person."

LUCAS SCOTT

Smith Center
The Smith Center Redmen returned to prominence this season thanks in large part to the play of 6-foot-4, 210-pound senior Lucas



SCOTT

Scott. Scott was a dominating blocker as a tight end, a crushing defender as a defensive end and a sneaky weapon on offense when thrown to. Scott hauled in seven receptions this season for a team-high 247 yards with a pair of touchdowns. Defensively, he recorded 69 total tackles with seven sacks, seven blocked punts, a pair of fumble recoveries and one forced fumble.

What was the highlight of your high school football career? Building our program back up from our 2002 season when went 4-5. We worked hard and got our program back to where it needs to be and that's going far into the playoffs. Also, playing for coach Roger Barta was a great honor because he is one of the best coaches in Kansas.

Is there an athlete or nonathlete you use as a role model? Brock Hutchinson, assistant coach for football and head wrestling coach, has always been a role model for me. He has always pushed me to be the best student-athlete and the best person that I can be. My brother Kyle Scott has also been a big role model for me. I have always looked up to him and wanted to be like him.

Is there an accomplishment, other than athletics, you are especially proud of? Academics; honor roll, member of my church's youth group.

What are your future plans for football and schooling? I plan to go to college and continue my education and continue to play football. I have not decided where I'm going to go yet, but KU, Wyoming and Fort Hays State are my top three choices right now.

Do you have any specific hobbies you enjoy? Hanging out with friends, boating during the summer and snow skiing.

Coach's comment (Roger Barta): "Lucas is very athletic with great ability. His work ethic is tremendous and he made himself an athlete in the weight room. He is a very committed, dedicated young man with very high goals and works hard to accomplish those goals. He provided great leadership and was a role model for the Redmen."

JON ZWEYGARDT

St. Francis
In the Northwest Kansas League, football begins and ends with the ground game and if you don't have strong players up front you aren't going to be successful. The St. Francis Indians were successful this season thanks in large part to the play of lineman Jon



ZWYGARDT

Zwegardt. Zwegardt, a 6-foot-2, 240-pound senior, was instrumental opening holes which allowed the Indians to roll up a 9-3 record and advance to the quarterfinals of the Class 2-1A playoffs.

What was the highlight of your high school football career? Playing in the playoffs in four straight years and playing in the sub-state championship games twice.

Is there an athlete or nonathlete you use as a role model? I have really looked up to Derrick Thomas. He was a great player on the field, but he was also a great person off the field. He was an influential person in the community helping needy kids.

Is there an accomplishment, other than athletics, you are especially proud of? I have really worked hard to keep my grades up. I've worked hard in school.

What are your future plans for football and schooling? Undecided, but I plan to go into sports broadcasting.

Do you have any specific hobbies you enjoy? I really enjoy spending my free time playing sports, basketball, baseball and football.

Coach's comment (Tim Lambert): "Jon's work ethic was very special. Jon became a good football player before the season ever started. He hardly ever missed a workout and he also brought a greater level of intensity to the workout. Jon was also very coachable. He had a very good attitude with a strong desire to succeed."

— Compiled by Christian D Orr

State champion Hope follows coach's lead

Hostetter instilled work ethic that Lions displayed in winning first state title

By CHRISTIAN D ORR
Salina Journal

HOPE — Jeff Hostetter has always been a person who believes more in leading by example.

So, after his Hope Lions lost to Hanston in the 2002 Eight-Man II state championship game, the Lions' head coach stood up and asked his players to follow his lead.

Hostetter, who earned last year's Salina Journal Coach of the Year award for his team's surprising climb to the state championship game, repeated the honor by leading his team



HOSTETTER

into the weight room and into the conditioning lines and working out with them.

Hostetter displayed the type of work ethic he expected from his team and together they shocked the eight-man world once again. Not only did Hope return to the state championship game, but dethroned two-time defending champion Hanston.

"I'm in the best shape of my life," said Hostetter, the 2003 Journal Coach of the Year. "I put myself in the mentality that I was going to get myself physically fit. I put myself in the weight room with them. I wanted them to see me doing it all with them, I was going to lead the way."

And the Lions fell in line and responded with the school's first-ever state title.

Hope raced out of the gates and cruised virtually untouched right up to the second half of the state championship game. That's when Hanston

made the only run anyone made on Hope all year.

Hope outscored opponents an average of 53-10 and didn't have an opponent get closer than 36 points through the first 12 games. The Lions opened the state title game by racing to a 40-8 lead over the Elks midway through the third quarter.

"I think the surprising thing about it was how much we really dominated that game," Hostetter said. "If we don't put it on the ground we would have completely put them away."

The Lions fumbled three times in the fourth quarter and allowed Hanston to forge a 40-40 tie before Jacob Krause broke loose on a 36-yard screen pass in the final two minutes to seal the win.

"A lot of it was just mental. We were willing to put it all on the line," Hostetter said. "The average fan doesn't realize how much work it takes to be at that top-notch level. It takes a lot

of work from everybody in your system: the coaches, the players, the school, the community.