



# THE HAWAII PLAY TIMES

THE NEWSLETTER FOR THE HAWAII ASSOCIATION FOR PLAY THERAPY  
September 2006

## ALOHA FROM YOUR PRESIDENT

Whew, this year as your president has sure flown by in a flash. What an exhilarating working and learning experience it has been! And the HAPT Board members, what a great group of therapists and extraordinary individuals I've had the privilege to work with. These wonderful folks are owed our gratitude for their endless hours of voluntary service to this organization that we all love.

With these wonderful folks I've had the opportunity to brain storm and solve problems, old and new, get new ideas for growth, poll the membership, and get to know individual members and respond to their concerns, their ideas, and their appreciation. Thanks for your phone calls, your e-mails, your helpfulness, your great ideas, your creativity and your love.

My humble thanks to our Past President, Mentor, and newly volunteered program chair, Inga Park Okuna. To our President-Elect, Monica Evans, my admiration for time spent and incredible attention to detail. For the two years of writing our newsletter, re-writing her busy schedule to be able to attend meetings, giving us reminders about newsletter deadlines and still being full of wisdom and a deep sense of humor, my endless affinity and gratitude our Member at Large, Jennifer Takahashi. You will be sorely missed!! To our Treasurer and Mentor for last years' conference chairs, Nami Ann Dolan. my thankfulness and awe at her steadfastness in good times and bad. Finally, my love and joy for the wit and wisdom of our Secretary, and Program Co-Chair, this year, Michelle Kaya. As of September 30<sup>th</sup>, Michelle will be our Member at Large. What a great group!!

At our membership meeting on September 30th you'll be able to learn about Thought Field Therapy and it's use with play therapy. Our presenter will be none other than Caroline Sakai, Ph.D. It will be a wonderful opportunity to learn and network. You will also be able to meet our new Board members, as well as say thanks and adieu to those who are leaving our ranks. Wendy Devault will be beginning her official year as our secretary, although she's already helped us for months with her energy and her ideas. Teresa Shigemasa also came on board early and worked hard in every way she could all summer. I deeply appreciate the contributions of these fine women.

When you come to our September membership meeting, you'll also receive the up-dated treasurer's report. I did not have all the answers at the May membership meeting but I knew we'd find the answers. I also knew that we, as your Board, had not gone "over-budget" on any

item, and that on most budget items we'd spent way below the funds allotted by the budget. HAPT's main source of income is, of course, our conference held in February. This year's conference was one of the very few in HAPT's history that we actually lost money!! One reason was that hotel costs have gone up dramatically! Hotels charge per attendee for food, etc. That charge, per person, was \$68.37 in 1999 and this year it was \$102.90!! Not only did we have less attendees this February, but hotel costs, per person, were each approximately 50% higher!!

Things are looking up, though! Our conference in 2007 will be held on February 9 & 10<sup>th</sup>. It will be held at the Ala Moana Hotel, which gave us the best rates. It will feature, as Presenter, none other than the world revered child and adolescent psychologist, Play therapy supervisor, and author and editor of more than 43 books, Charles Schaefer, Ph.D. In his training entitled "Evidence-Based Play Therapy Interventions", he will be providing us with data on research results which many will be very interested in. Having Dr. Schaefer in Honolulu is a great honor, and our audience should be correspondingly large. Register early!!

Speaking of Conferences, the APT conference in October will be held in Toronto, Canada, and will feature experts in child and family therapy and various applications of play therapy from every state in the union and from other countries, too. Because of my attendance at the APT conference last year, I was able to pre-pay for the conference for \$199.00 for the two main conference days. Unfortunately, due to family obligations this year, I won't be able to go. If a Board member doesn't take me up on this offer by the time you receive this newsletter, I'll offer it to the first member who e-mails me requesting it, for free.

Again, it's been a great honor to be your President!! See you September 30th!

## IMPORTANT UPCOMING EVENTS

### **Upcoming Annual Membership Meeting & Workshop with Dr. Caroline Sakai!**

HAPT's annual membership meeting and workshop will be held at Tokai University on September 30<sup>th</sup> (Saturday):

**Registration:** 8:00am  
**Membership Mtg:** 8:30am  
**Workshop:** 9:15am-12:30pm

\*Light refreshments will be served during the workshop beverage break

Please note: this is a **NEW** time. In response to a number of members' comments and feedback from past workshops evaluations, the Board of Director's made the decision to change the time of the meeting/workshop. Please join us as we welcome our incoming board of directors and express our gratitude to our outgoing board members. Help us also celebrate **HAPT's 10<sup>th</sup> Birthday!**

Following the Annual Membership Meeting, Dr. Caroline Sakai will be presenting on, **"Enhancing Family Therapy and Play Therapy with Thought Field Therapy."** Attendees will get an introduction to Thought Field Therapy (TFT); learn treatment protocols for

management of anger, reduction of stress and their biophysiological symptoms; and how to integrate TFT with family and play therapy. Participants can earn **3** continuing education (CE) credits in play therapy for attending this workshop!

**REMEMBER:** HAPT members can attend this workshop for **FREE!** Nonmembers can join HAPT and receive all the benefits of this wonderful organization (including two (2) free workshops a year, newsletters, Play Therapy journals, etc.) or they can attend this one time workshop for \$40.

If you have any questions regarding the September 30<sup>th</sup> workshop, please contact Inga Park Okuna ([ingapark@mac.com](mailto:ingapark@mac.com)) or Michelle Kaya ([ewabgirl@yahoo.com](mailto:ewabgirl@yahoo.com)). *Please RSVP by September 23, 2006* if you are planning to attend.

We look forward to seeing you *bright and early* on September 30th!

Program Co-Chairs ☺

### TRAININGS IN PLAY THERAPY

Carla Sharp announces her next cycle of trainings from Beginning to Advanced Play Therapy begins on 9-16-06. Please visit her website [www.carlsharp.com](http://www.carlsharp.com) and click on upcoming workshop - Play Therapy to view the flyer.

[November 14<sup>th</sup> 6 - 9 p.m.](#) and [November 15<sup>th</sup> 9 a.m. to 5 p.m.](#)  
Tokai University

#### **Sandplay Therapists of Hawaii Present: Martin Kalf**

The November 14th lecture will discuss the capacity of play to enable the move toward wholeness as shown in Greek philosophy, the Bible, Indian mythology, Buddhist philosophy and Psychology with examples that show the deeper the meaning of play activity.

The November 15th seminar will look at the basis of a series of sandplay images by a child. In this example we will examine how the dynamics of spontaneous play can help to overcome anxiety and depressed states of mind. The case study shows both how in the process of play a sense of inner security through the connection to Self in the sense of C.G. Jung has been established and also illustrates the steps towards the transformation of the shadow that is the transformation of disturbing and anxiety provoking elements in the psyche.

**Contact Treasurer Diana Chee, 1956 Halekoa Drive, Honolulu, HI 96821.**

### HAPT's 10<sup>th</sup> Birthday is coming up!!

It's hard to believe that HAPT was accepted as a branch of APT in September of 1996, culminating a great deal of effort and vision of some dedicated individuals. As we enter a new phase in our life as an organization, we have a lot to celebrate. HAPT continues to be a terrific organization which brings top notch presenters to Hawaii year after year to benefit us all.

Plans are underway for a birthday celebration that will start at our September membership meeting and extend to our 2007 conference. Sue Bergman has volunteered to chair the planning, and festivities are going to include a power point presentation she and Carla Sharp

are working on as well as a silent auction, among other events. Rebecca Rinehart will be chairing the silent auction. Any ideas or offers of help for either of these volunteers will be most welcome! In addition, Sue is urgently looking for any snapshots or pictures from any HAPT functions in the past that can supplement what we have. Please email her ASAP: [uhanesmb@aol.com](mailto:uhanesmb@aol.com).

Look forward to a continued celebratory atmosphere when we greet Charles Schaeffer in February!

### Newsletter Contributions Welcome

As always, we welcome contributions to the newsletter: letters to the editor; articles; tips or techniques that you have found helpful; announcements; resources; toys wanted or for sale, etc., etc. Please contact your member-at-large.

### ***Aloha from your Member-at-Large***

I just wanted to take this opportunity to thank those who have contributed articles and information to the newsletters over the past two years, and also to those who have given me feedback. It was always nice to know someone read it!

I leave you in good hands, with Michelle Kaya taking over my job following a very successful career as the HAPT secretary. I look forward to seeing the creativity and energy I know she will bring to the task!

Aloha! Jennifer

### Reminders:

HAPT members are welcome to put text ads in the HAPT newsletter. E-mail [member-at-large@hawaiiplaytherapy.net](mailto:member-at-large@hawaiiplaytherapy.net).

Registered Play Therapists and Registered Play Therapy Supervisors with web sites are welcome to link from the HAPT website to their own personal websites. For information, contact Scott O'Neal at [webhead@hawaiiplaytherapy.net](mailto:webhead@hawaiiplaytherapy.net).

*(Note: We have learned that we can no longer refer to these individuals as RPT or RPT-S, as these are titles reserved for Physical Therapists. The national APT office is working on this issue.)*

If you received this edition of the newsletter by regular mail and prefer to receive it by e-mail, send your name and e-mail address to [member-at-large@hawaiiplaytherapy.net](mailto:member-at-large@hawaiiplaytherapy.net). To ensure that you receive all HAPT news in a timely manner, please inform us of any name or address changes. THANKS!!

To those of you who receive this newsletter via email and do not wish to receive future email from HAPT, please type "Remove Me" in subject line and return the email.

## Contacting HAPT

Visit the HAPT Website: [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net), call our voice mail at 440-4624, write to P.O. Box 176, Pearl City, HI 96782 or email members of the HAPT Board of Directors.

### HAPT 2005-2006 BOARD OF DIRECTORS

Bonnie Coutsourakis, President, ([coutsourb001@hawaii.rr.com](mailto:coutsourb001@hawaii.rr.com))  
Monica Evans, President-Elect, ([monicaevans@hawaii.rr.com](mailto:monicaevans@hawaii.rr.com))  
Michelle Kaya, Secretary, ([ewabgirl@yahoo.com](mailto:ewabgirl@yahoo.com))  
Nami Ann Dolan, Treasurer, ([dolanl001@hawaii.rr.com](mailto:dolanl001@hawaii.rr.com))  
Jennifer Takahashi, Member At Large, ([jennifertakahashi@msn.com](mailto:jennifertakahashi@msn.com))  
Inga Park Okuna, Past-President, ([ingapark@tmail.com](mailto:ingapark@tmail.com))

Reminder: there will be some changes in the board members following the September 30<sup>th</sup> membership meeting.