

1 GOD is waiting to hear from you !

Daily Prayer

Dear **1 GOD**, Creator of the most beautiful Universe
Help me be clean, compassionate and humble
Using the 7 Scrolls as guide:
I will protect your creations and Punish Evil.



Stand up for the unfairly attacked, disadvantaged, weak and needy
Feed the hungry, shelter homeless and comfort sick
Proclaim:
1GOD, 1FAITH, 1Church, Universe Custodian Guardians
Thank you for today
Your most humble faithful custodian-guardian (**1st name**)
For the Glory of **1 GOD** and the Good of Humankind

This prayer is used everyday part of a daily routine, alone or in a group in any-place you like, facing the rising sun eyes closed.
Recited at the Gathering.



Thank You Prayer

Dear **1 GOD**, Creator of the most beautiful Universe
Thank you for supplying me with Daily drink and food
Living by your latest message
I endeavor to be deserving nourishment every day
May I be spared agonizing Thirst & numbing Hunger pains
Your most humble faithful custodian-guardian (**1st name**)
For the Glory of **1 GOD** and the Good of Humankind



Use this prayer before every feed!



Every week-day needs to have a Dinner theme:
Day1: **Vegetables**; Day2: **Poultry**; Day3: **Mammal**;
Mid-week: **Reptile**; Day5: **Seafood**;
Week-end: **Nuts, Seeds**; **Fun-Day: Insects**.

