

## Value of AbbaCare Services

Parenting Classes: **\$300 one-time or \$25/month.** We host 10 to 20 men and women each week for parenting and childbirth classes...conducted in English and Spanish...always free of charge. The value of 2 of these classes including our staff time, materials that may be used, PLUS free items that are given at classes...like diapers and wipes or special items just for moms is equal to a gift of \$300...or \$25 a month.

STD/STI Testing: **\$360 one-time or \$30/month.** We test for 7 STIs, treat for 3, and refer for the other 4. When women and men come to AbbaCare for STI testing, they're also given a chance to discuss their vision and goals for their future health and where their current choices are leading them. A gift of \$360 or \$30 a month is equal to the value of providing 2 people with free STI services.

Worth Waiting For Program: **\$450 one-time or \$37.50/month** A donation of this amount supports one 3-day series of self-worth and sexual integrity presentations at a public or private school. It includes compensations for the WW4 session leader and a classroom assistant, materials that are used, and fun stuff that's given away to students. Schools and groups pay nothing for this program.

Ultrasound: **\$600 one-time or \$50/month** We've included not only the value of the ultrasound in this figure, but also the pregnancy test appointment (it's a 2-appointment process) including the time women spend with their client advocate as well as with the nurse. This is the time when we LISTEN to women and encourage their questions. A woman sees her baby on the screen, and her ultrasound scan is read by a radiologist. She receives prenatal vitamins, and she receives a referral for an OB doctor or if needed is given instructions on how to apply for Medicaid. Always free.

Based on 250 days a year when AbbaCare is open, Monday through Friday, and a yearly budget of about \$450,000...these last two figures will actually give you the opportunity to donate at a level that covers our operating expenses for a half day or a full day.

**½ day at AbbaCare \$900 \$75 a month**

**One day at AbbaCare \$1800 \$150 a month**