



25930 IH 10 West
Boerne, Texas 78006
(210) 698-6672 ~ (210) 698-6568 fax
www.tamalesmicasa.com

Heating Instructions

Tamales may be heated frozen or thawed. To thaw frozen tamales, place in the refrigerator for 1 - 2 days. For the best serving results use the steamer instructions below.
Do not bake tamales because they will dry out. Also, do not remove shucks before heating.

STEAMING:

Place the tamales standing up inside a steamer or rice cooker. Add water and make sure the water level stays below the tamales. For frozen tamales: cover and steam for 20 -25 minutes. For thawed tamales: cover and steam for 10-15 minutes.

MICROWAVE:

Place no more than 6 tamales at a time in a plastic bag with 2 tablespoons of water inside the bag. Close the bag by folding . If frozen: microwave for 10 -15 minutes. If thawed: microwave for 2-5 minutes.

STORING:

Tamales will keep for one week refrigerated and for several months in the freezer.



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