

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Weekly Fitness Schedule</b></p> <p><b>9am-1pm</b> Table Tennis-RSF <b>3pm-5pm</b> Water Volleyball (Open Play)-RSF</p> <p><b>Fitness Center Hours</b></p> <p><b>The Palms Fitness</b> Monday-Thursdays 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p><b>Riviera Spa &amp; Fitness</b> Monday-Thursdays 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p><b>8am</b> Group Barbell-PA <b>8am</b> Tabata H2O-RSF <b>9am</b> Group Barbell-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Toning Exercise-RSF <b>10am</b> Breathe, Stretch &amp; Relax-PA <b>10am</b> Low Impact Aerobics-RSF <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11am</b> H.I.I.T. Cardio Body Blast-PA <b>11am</b> Self Defense Class-RSF <b>11:15am</b> Swim Lessons Level 2-RSF** <b>12pm</b> Drums Alive! Chair Exercise-RSF <b>12pm</b> Fit Factory-PA <b>1pm</b> Zumba-RSF <b>1pm</b> Zumba-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3:45pm</b> Fit Body Circuit-PA <b>4pm-6pm</b> Open Lap Swimming-RSF <b>4:15pm</b> Gentle Chair Yoga-RSF <b>6pm</b> Muscle Ignite-PA <b>6pm</b> Relaxation Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Express Total Body Sculpt-RSF <b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk + Tone (Indoor Track)-RSF <b>9am</b> Body Sculpting-RSF <b>9am</b> Splash + Tone-RSF <b>9am</b> Zumba Step-PA <b>10am</b> Barre-RSF <b>10am</b> Zumba Toning-PA <b>11am</b> Pilates-PA <b>11:30am</b> Aqua Zumba-RSF <b>12pm</b> Cardio Ballroom-PA <b>12pm</b> Intermediate Line Dance-RSF <b>1pm</b> Drums Alive Powerbeats-PA <b>1pm</b> Advanced Line Dance-RSF <b>2pm</b> Balance Training-RSF <b>2pm</b> Beginning Tai Chi-PA <b>3pm</b> Intermediate Tai Chi-PA <b>3:45pm-6pm</b> Table Tennis (Open Play)-RSF <b>5pm-6:30pm</b> Open Lap Swimming-RSF <b>6:45pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Body Sculpting-PA <b>9am</b> Aqua Zumba-RSF <b>9am</b> Athletic Conditioning-RSF <b>9am</b> Everybody Steps-PA <b>10am</b> Breathe, Stretch &amp; Relax-RSF <b>10am</b> Core + More-PA <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11am</b> Zumba Gold Toning-RSF <b>11am</b> Cardio H.I.I.T. Party-PA <b>11:15am</b> Swim Lessons Level 2-RSF** <b>12pm</b> Balls &amp; Bands-RSF <b>12pm</b> Yoga-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Belly Dancing-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3pm</b> Beginner Balance Training-PA <b>6pm</b> Power Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF <b>7pm</b> Muscle Conditioning-RSF</p>	<p><b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk + Tone (Indoor Track)-RSF <b>9am</b> Boot Camp-PA <b>9am</b> Splash + Tone-RSF <b>9am</b> Total Body Conditioning-RSF <b>10am</b> Breathe, Stretch &amp; Relax-RSF <b>10am</b> Swim Lessons Level 1-RSF** <b>10am</b> Yogabeat-PA <b>10:45am</b> Swim Lessons Level 2-RSF** <b>11am</b> Cardio Ballroom-PA <b>11am</b> Gentle Joints (Land Based)-RSF <b>11:30am</b> Splash + Tone-RSF <b>12pm</b> Fit Factory-PA <b>12pm</b> Self Defense Class-RSF <b>1pm</b> Beginner Line Dance-PA <b>2pm</b> Balance Training-RSF <b>2pm</b> Ballroom Dancing (Beg.)(5/30-6/27)-PA* <b>2pm-4pm</b> Open Lap Swimming-RSF <b>3pm</b> Ballroom Dancing (Int.)(5/30-6/27)-PA* <b>4pm-6pm</b> Table Tennis (Open Play &amp; Instruction)-RSF <b>6pm</b> Hatha Yoga-PA <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Body Sculpting 1-RSF <b>8:30am</b> Yoga-PA <b>9am</b> Body Sculpting 2-RSF <b>9am</b> Splash + Tone-RSF <b>10am</b> Zumba Gold Toning-RSF <b>11am</b> Cardio Kickboxing-PA <b>12pm</b> Drums Alive! Chair Exercise-RSF <b>1pm</b> Zumba-RSF <b>1pm</b> Zumba-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>2pm</b> Fit Body Circuit-PA <b>2pm-6pm</b> Table Tennis (Open Play)-RSF</p>	<p><b>8am</b> Foam Rolling-PA <b>8:30am</b> Body Alive-PA <b>9am</b> Aqua Craze-RSF <b>9am</b> Yoga Flow-RSF <b>9:30am</b> Yogabeat-PA <b>10:15am</b> Barre &amp; Pilates Fusion-RSF <b>10:30am</b> Zumba Combo-PA <b>11:15am</b> Tai Chi-RSF <b>11:30am</b> Everybody Steps-PA <b>3pm-5pm</b> Water Volleyball (League Play)-RSF</p>

\*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

\*\*Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>30</b></p> <p><b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>5pm</b> Solivita Squares-PA <b>6pm</b> Cribbage Club-GTR</p>		<p><b>Village Center Hours</b></p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer &amp; Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p><b>Room Legend</b></p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Ctr MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p><b>Room Legend Cont.</b></p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Ctr RSF Riviera Spa &amp; Fitness Center RSF2 Riviera Spa &amp; Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>		<p><b>1</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard-FP <b>10:30am</b> Mahjong-MSB <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>2</b></p> <p><b>1pm</b> Solivita Singles Club-PA <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>5pm</b> Solivita Squares-PA <b>6pm</b> Cribbage Club-GTR</p>	<p><b>3</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Main Ticket Sales-ST <b>9am</b> Solivita Shuffleboard Club-FP <b>10am</b> Sol Writers-RSF2 <b>10:30am</b> Phoneography Class-LV <b>11am</b> Daisy's TX Canasta-BP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Women's Bible Study-LV <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> CERT-RSF2 <b>7pm</b> Trivia-MO</p>	<p><b>4</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Sol. Jogging-FP <b>8:30am</b> The Birders-MSB <b>10am</b> Ceramics-CR <b>10am</b> La Fe Christian Social Club-RSF2 <b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>12:30pm</b> Mahjong-MSB <b>2pm</b> Bunco-RSF2 <b>5pm</b> SoulaVita Line Dancers-PA <b>7pm</b> Astronomy Club-MSB</p>	<p><b>5</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Sew &amp; So-GTR <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: <i>Sinusitis</i> with Osceola Regional-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Men's Softball Clinic-FP <b>11am</b> Sculpture-CR <b>12pm</b> Dominoes Club-MSB <b>2pm</b> Wellness Lecture: <i>Gut Issues</i> with Advanced Regenerative Therapeutics-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>4:30pm</b> CARAMVITA-RSF2 <b>6pm</b> Big Money Bingo-ST <b>6pm</b> Karaoke-MO <b>7pm</b> Computer Connection-RSF2</p>	<p><b>6</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>11:30am</b> Parkinson's and Autoimmune Support Group-RSF2 <b>12pm</b> Dominoes Club-MSB <b>6pm</b> Pickleball Clinic-PA <b>6:30pm</b> Pinochle Club-MSB <b>7pm</b> Movie Night: <i>Green Book</i>-ST</p>	<p><b>7</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR <b>6pm</b> Ladies Hot Latin Night-ST</p>	<p><b>8</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard-FP <b>10:30am</b> Disney Cast Members Meeting-PA <b>10:30am</b> Mahjong-MSB <b>12:30pm</b> Beginners Calligraphy-MG <b>2pm</b> Acrylic Painting Class: <i>Painting Vibes</i>-AR</p>
<p><b>9</b></p> <p><b>1:30pm</b> Newplicate Bridge-MSA <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>5pm</b> Solivita Squares-PA <b>6pm</b> Cribbage Club-GTR</p>	<p><b>10</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Solivita Shuffleboard-FP <b>10am-3pm</b> Blood Drive-FP <b>10am</b> Sol. Artisan Guild-AR <b>11am</b> Daisy's TX Canasta-VP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Women's Bible Study-LV <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> La Dolce Vita-RSF2 <b>7pm</b> Trivia-MO</p>	<p><b>11</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Sol. Jogging-FP <b>10am</b> Ceramics-CR <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>12:30pm</b> CAP-RSF2 <b>12:30pm</b> Mahjong-MSB <b>3pm</b> Holistic Horizons-MSB <b>3pm</b> Seniors for Safe Schools &amp; Communities-RSF2 <b>5pm</b> SoulaVita Line Dancers-PA</p>	<p><b>12</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: <i>Corneal Complications</i> with Eye Specialists-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Men's Softball Clinic-FP <b>11am</b> Sculpture-CR <b>12pm</b> Dominoes Club-MSB <b>1pm</b> Friendly Bridge-MG <b>2pm</b> Wellness Lecture: <i>Natural Medicine Cabinet</i> with Riviera Spa Massage-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm</b> Karaoke-MO <b>6:45pm</b> Euchre-MSB</p>	<p><b>13</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>10am</b> R2R Workshop: <i>Museums, Entertainment &amp; Hidden Gems</i>-ST <b>11:30am</b> Parkinson's and Autoimmune Support Group-RSF2 <b>12pm</b> Dominoes Club-MSB <b>4pm-8pm</b> Mosaics Dinning -MO <b>6pm</b> Pickleball Clinic-PA <b>6:30pm</b> Pinochle Club-MSB <b>7pm</b> Movie Night: <i>Mary Poppins Returns</i>-ST</p>	<p><b>14</b></p> <p><b>Flag Day</b> <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>1pm</b> Friendly Bridge-RSF2 <b>12pm</b> Oh Scrap!-CR <b>4pm-8pm</b> Mosaics Dinning -MO <b>5pm</b> YaYaH Club Dinner-Dance Fundraiser-ST</p>	<p><b>15</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard-FP <b>10:30am</b> Mahjong-MSB <b>12:30pm</b> Beginners Calligraphy-MG <b>5pm</b> Howl for Dinner-MO <b>7pm</b> Howl at the Moon Dueling Pianos-ST</p>
<p><b>16</b></p> <p><b>Father's Day</b> <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>5pm</b> Solivita Squares-PA <b>6pm</b> Big Money Bingo-ST <b>6pm</b> Cribbage Club-GTR</p>	<p><b>17</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>9am-3:30pm</b> Farmers Market-FP <b>10am</b> SolWriters-RSF2 <b>11am</b> Daisy's TX Canasta-VP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Women's Bible Study-LV <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>6:30pm</b> Genealogy-RSF2 <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> Veterans Club Board Meeting-CR <b>7pm</b> Trivia-MO</p>	<p><b>18</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Sol. Jogging-FP <b>10am</b> Ceramics-CR <b>10am-1pm</b> Costco-ST Hallway <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>12:30pm</b> Mahjong-MSB <b>2pm</b> Bunco-RSF2 <b>5pm</b> SoulaVita Line Dancers-PA <b>6:30pm</b> Sol. Sorcerers-MSB</p>	<p><b>19</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>10am-4pm</b> Wellness Event: <i>Venous Screening</i> with Vein Health Clinics-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Men's Softball Clinic-FP <b>11am</b> Sculpture-CR <b>12pm</b> Dominoes Club-MSB <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm</b> Karaoke-MO</p>	<p><b>20</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>12pm</b> Dominoes Club-MSB <b>2pm</b> Solivita University: <i>The Boringneers Film &amp; Discussion</i>-ST <b>4pm-8pm</b> Mosaics Dinning -MO <b>6pm</b> Pickleball Clinic-PA <b>6:30pm</b> Pinochle Club-MSB <b>7pm</b> Movie Night: <i>If Beale Street Could Talk</i>-ST</p>	<p><b>21</b></p> <p><b>First Day of Summer</b> <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR <b>4pm-8pm</b> Mosaics Dinning -MO</p>	<p><b>22</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSB <b>12:15pm</b> Disney Cast Members Lunch-Kona Cafe, Polynesian Resort <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>23</b></p> <p><b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>5pm</b> Solivita Squares-PA <b>6pm</b> Cribbage Club-GTR</p>	<p><b>24</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>9am-3:30pm</b> Farmers Market-FP <b>9:30am</b> SoFEES-MSB <b>11am</b> Daisy's TX Canasta-VP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Women's Bible Study-LV <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> Trivia-MO</p>	<p><b>25</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Sol. Jogging-FP <b>10am</b> Ceramics-CR <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>12:30pm</b> Mahjong-MSB <b>3pm</b> Holistic Horizons-MSB <b>5pm</b> SoulaVita Line Dancers-PA <b>6:30pm</b> PALS-RSF2</p>	<p><b>26</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: <i>Home Insurance</i> with Allstate Insurance-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>12pm</b> Dominoes Club-MSB <b>1pm</b> Patriotic Mesh Wreath Making Class-AR <b>2pm</b> Wellness Lecture: <i>Carpal Tunnel &amp; Hand Pain</i> with Poinciana Medical Center-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm</b> Karaoke-MO <b>6:15pm</b> Veterans Club-ST <b>6:45pm</b> Euchre-MSB <b>7pm</b> Shalom Club-ST</p>	<p><b>27</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>12pm</b> Dominoes Club-MSB <b>4pm-8pm</b> Mosaics Dinning -MO <b>6pm</b> Brooklyn Fun Club-PA <b>6:30pm</b> Pinochle Club-MSB <b>7pm</b> Movie Night: <i>Stan &amp; Ollie</i>-ST</p>	<p><b>28</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>8:30am</b> Newsletter Assembly-ST <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR <b>4pm-8pm</b> Mosaics Dinning -MO <b>5pm</b> Game On Club-GTR <b>7pm</b> Cadillac Kid &amp; Jukebox 4 Dance Party-ST</p>	<p><b>29</b></p> <p><b>8am</b> Horseshoes-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSB <b>12:30pm</b> Beginners Calligraphy-MG</p>