

Surf's Up

Choreographed by Donna Aarflot

Description: 32 count, 4 wall beginner line dance

Music: Hawaiian Roller Coaster Ride from the Disney Movie
Lilo And Stitch

RIGHT GRAPEVINE, RIDE THE SURF

- 1-2 Right step to right, left step behind right
- 3-4 Right step to right, left touch
- 5-8 Surf position as if riding a surfboard (crouch down, left foot and arm stretched out forward, right arm and leg in back)

LEFT GRAPEVINE , RIDE THE SURF

- 1-2 Left step to left, right step behind left
- 3-4 Left step to left, right touch
- 5-8 Surf position as if riding a surfboard (same as above)

FORWARD STEPS R, L, R, L, WITH SWIMMING STROKES R, L, R, L

- 1-2 Step forward right, hold, while doing right arm overhead stroke
- 3-4 Step forward left, hold, while doing left arm overhead stroke
- 5-6 Step forward right, hold, while doing right overhead stroke
- 7-8 Step forward left, hold, while doing left overhead stroke

HEEL TOGETHER, 1/4 TURN, HEEL TOGETHER "Shake the Shaka"

- 1 Touch right heel forward
- 2 Step right foot next to left
- 3 Step left heel forward
- 4 Step left foot next to right
- 5 Turn 1/4 right, touch right heel forward
- 6 Step right foot next to left
- 7 Touch left heel forward
- 8 Step left heel next to right

("Shake the Shaka" A hand signal originally made popular by surfers where you stick out the thumb and pinky and fold the other three fingers in.) Meaning: Hang loose! Excellent! Cool! Good Job!

Begin Again.....