



# TRAUMA RESPONSE AND INTERVENTION MOVEMENT

Responding to, Recovering from , Reducing and Removing Trauma and Violence 8-Blocks at a Time



## I AM ABLE CENTER TWENTY-NINE YEARS OF SERVICE TO THE COMMUNITY

May 5th is a very special day at I AM ABLE Center for Family Development. It marks the Birthday of our Organization and the Birthday of our CEO/President, Apostle Dr. Carolyn L. Vessel.

Twenty Nine years ago, God placed I AM ABLE into the heart of Reverend Joe Miller to become the first of its kind faith-based community mental health center, right in the heart of the North Lawndale Community, with a broad set of arms, and professionally trained servant leaders. The mission of I AM ABLE is that the love of Jesus will be the experience of all those who engage in healthy service provision that emanates from our various program offerings.

This year we brought the celebration to our front steps, welcoming the community to celebrate with us. Hundreds of community members and partners stopped by to join in the celebration and take home a cupcake and some ice cream.



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# JUNETEENTH CELEBRATION

Saturday, June 19th, TR<sup>4</sup>IM hosted the annual Spring Festival for residents of the 8-block sector as well as other community members. We are grateful to Pastor Brooks of Harmony Community Church who always allow us to use their parking lot for our celebration.

As this was also Father's Day weekend, Courtney Biles spoke words of encouragement and motivation to the fathers that were in attendance.

In addition, I AM ABLE clinical staff provided a fifteen-minute presentation on trauma and were available to answer questions and assisted residents who required additional information.

Dr. Garth Walker shared important information about COVID-19. Testing and vaccinations were provided as well.

We were also fortunate to have Sir Taylor and the Example Setters come out and share their gift of life filling and encouraging word.

The children and adults that attended were blessed to go from table to table to learn about each of our community partners and walk away with lunch, a gift card, and many other goodies.





This year TR<sup>4</sup>IM had more vendors than ever. There were 32 vendors. A new vendor included Open Book, an organization that gives away books to children, along with Wintrust Bank and Superior Ambulance. We were also fortunate to have representation from both the 10th and 11th District police department.

Special Thanks to a few of our vendors:

- Nails by Adriene Atkins
- Massages by Kam Mac & Takia
- Chef Greg O' provided a cooking demonstration of a delicious vegetable based dish
- Chicago Botanical Garden's distributed 45 boxes of produce
- Sinai Health Systems provided glucose and hypertension screenings
- Illinois Action for Children's Childhood Early Learning program for engaging with families and getting several families signed up for services
- Men Making a Difference (MMAD) for manning the grill so that everyone was well fed.

It was also very gratifying to have our Lieutenant Governor, Juliana Stratton, come by the Festival. She did not only stop by, but she went from table to table along with her husband and daughter. They appeared to enjoy themselves as we thoroughly enjoy them being there.



# FAMILY ACTIVITY CENTER

## Kindness Matters

Kindness is a critical social emotional skill that all humans need to feel happy and connected with others. By teaching and modeling kindness on a regular basis, we can encourage a more positive climate for everyone. One act of kindness can create a chain of kindness. When someone is kind to you, it makes it easy to want to pass that kindness on to others.

**Challenge each family member to see how many acts of kindness they can do each week.**



TR<sup>4</sup>IM is the social cohesion model of Trauma Informed Care, sponsored by **I AM ABLE Center for Family Development, Inc.**, and its collaborative partner network and community residents. North Lawndale residents from 16th-Ogden and Central Park to Ridgeway (TR<sup>4</sup> IM's first 8-block sector) can enroll in TR<sup>4</sup> IM's partner agency services by calling **773-840-8082** and through the website: **www.tr4im.org**.