

Above & Beyond July 2024 Menu

July 1st - 7th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Buttered toast & mixed fruit	Cinnamon raisin oatmeal	Fruity pebbles & bananas	Closed for Independence Day	Frosted flakes & peaches
AM Snack	Graham crackers	Graham crackers	Graham crackers		Graham crackers
Lunch	Lemon pepper chicken & sweet potato fries	Tuna wraps & cucumber slices	Ham & cheese sandwiches, snap peas		Pb&Js, Bunny crackers
PM Snack	Animal crackers	Carrot chips	Teddy grahams		Wafers & chocolate hummus
July 8th - 14th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	English muffins & jam, grapes	Brown sugar banana oatmeal	Strawberry pancakes	Peanut butter toast & apples	Rice Chex & oranges
AM Snack	Sugar snap peas	Sugar snap peas	Sugar snap peas	Sugar snap peas	Sugar snap peas
Lunch	Mediterranean pasta salad, peppers	Garlic roasted chicken & string beans	Bean & cheese burritos, string beans	Egg salad sandwiches & black olives	Turkey & cheese wraps, cherry tomatoes
PM Snack	Oranges	Bunny grahams	Cheese stix	Goldfish	Graham crackers
July 15th - 21st	Monday - National gummy worm day!	Tuesday	Wednesday	Thursday	Friday
Breakfast	Buttered brown sugar toast & oranges	Cinnamon apple oatmeal	Chocolate chip banana pancakes	Yogurt parfait	Wheaties & blueberries
AM Snack	Teddy grahams	Teddy grahams	Teddy grahams	Teddy grahams	Teddy grahams
Lunch	Jude's pepperoni pizza & cooked carrots	Chicken & cheese sandwich, garbanzo beans	Seafood salad, cucumber slices	Bean & cheese quesadilla, green beans	Caesar Chicken wraps, snap peas
PM Snack	Sour gummy worm popsicles	Apples & peanut butter	Pita bread & hummus	Animal crackers	Jello
July 22 - 28th	Monday	Tuesday - National vanilla ice cream day!	Wednesday	Thursday	Friday
Breakfast	Apple butter toast & grapes	Brown sugar banana oatmeal	Cinnamon raisin pancakes	Cream cheese & bagels, oranges	Cheerios & bananas
AM Snack	Cucumber slices	Cucumber slices	Cucumber slices	Cucumber slices	Cucumber slices
Lunch	BLT pasta salad, cherry tomatoes	Melina's magical waffles, grapes	Spaghetti salad, snap peas	Bean & cheese burritos, carrot chips	Veggie hummus wraps, cherry tomatoes
PM Snack	Animal crackers	Vanilla ice cream cake	Cheese stix	Cheerios & dried cranberries	Clementine
July 29th - Au 4th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Buttered bagels & peaches	Brown sugar raisin oatmeal	Cinnamon apple pancakes	Peanut butter bagels & grapes	Raisin Bran & pineapple
AM Snack	Pizza penguins	Pizza penguins	Pizza penguins	Pizza penguins	Pizza penguins
Lunch	Turkey & cheese sandwiches, snap peas	Caprese pasta salad, garbanzo beans	Black bean & rice burritos, green beans	Tuna pasta salad, peppers	Chicken & cheese wrap, cucumber slices
PM Snack	Applesauce	Nilla wafers & chocolate hummus	Baby carrots	Cheese stix	Sliced apples

*Lunch and Breakfast are served with milk. Snacks are served with water.