Nowcat MEOW-RELEASE: March 27, 2020 Shelia Bell - Vocals, Percussion, Songwriting Richard D'Anjolell - Vocals, Guitars, Songwriting

Liner Notes: We would like to thank all our friends and family that have had to listen to us practice, write, and make noise at all hours of the night.

MEOW was recorded in two days at Joe's Garage in Audubon, PA. Joe "The Butcher" Nicolo captured the feel and sound that we were hoping to share with our audience and fans.

Shelia and I drove from North Carolina with her percussion, a bass, and some guitars. Along the way, we wound up staying at The Watergate Hotel on a whim. Most of the video footage for Jackson, the first song on the EP was shot while Nowcat was in the house at The Watergate. The swanky digs and the accommodating staff gave us the rock star treatment. Zacharia Powers made a cameo and gave us insightful information on the history of The Watergate. His stories were worth the visit.

The Carolina coast has some wonderful talent. In the last year numerous live music venues and event spaces have sprung up. The Fish House at Blue Water Point, Oak Island Rec., VFW, ELKS, Moose, The Sound House, Cafe Ahora, The Lazy Turtle, Southport Tap & Cellar, The Tiki Tavern, Moore Street Market, Grape & Ale, Mad Mole Brewing, Doc Meridian, American Fish Co., and Johnny Lukes are some of places that have given nowcat a chance to share our music.

We have enjoyed performing with so many bands and songwriters including LunaSea, The Back Porch Rockers, Christine Martinez Band, The Lockwood River Band, Dennis Walton Band, Joe's Motel, Tatum/Hayden, Jamie Hoover, Tina Smith, Jeremy Truett, Dave's Not Home, L-Shaped Lot, Mackenzi Morris, Kelly and Chuck Overman, Theresa and Harry Crusenberry, Laura McLean, Catesby Jones, Jamie Hoover, Sol-R Fusion, Crosswinds, Gene Faller, Jason Pullin, Dan Thomas, Wyatt Thomas, Matt Quinton, John Toppings, Machine Gun, OMG, The Relics, Jeremy Mathews, and so many more.

Extra special thanks for pre production - Chris "4SJ" Ochtyun "Juan" Humpertico Fernando for percussion discussion on Suppers On Sunday. Up Your Arts Joe "The Butcher" Nicolo producer and engineer. Joe's Garage A&R team: Wanda Adkins Scott & Breasha Mogar