

Learn to PARENT the nurturing way



Nurturing Parenting®
Established 1983

And it's free!

Presenters

Event Details

What is the Nurturing Parenting Program?—The Nurturing Parenting Programs (NPP) are strength-based and designed to help families replace negative patterns with new, positive, nurturing patterns. When the following six protective factors are established in a family the likelihood of child abuse and neglect diminishes.

1. **Nurturing and Attachment**—parents learn about empathy and ways to develop an empathic relationship with their children.
2. **Parental Resilience**—parents will begin developing a positive self-worth and developing the skills to have a positive attitude and effectively solve problems and address challenges.
3. **Social Connections**—through group-based sessions, NPP promotes the development and strengthening of social connections.
4. **Knowledge of Parenting and Child Development**—helps parents understand age-appropriate developmental tasks and milestones of children,
5. **Concrete Support in Times of Need**—NPP provides a support system to ensure that families are the receiving the help they need within the community.
6. **Social and Emotional Competence of Children**—NPP looks at how to use “personal power” in a

Marti Genge—*Parent Educator/Family Advocate, La Plata Family Center (LPFC)*—Marti Genge has been a parent educator for over 25 years. She holds a Family Service Credential, and is a certified Parenting Coach, along with many certificates in various parenting curricula. Marti is currently a Family Advocate with the La Plata Family Centers Coalition in which she continues her passion for helping families succeed

Valerie Mangrum—*Executive Director, Durango Pregnancy Center (DPC)*—Valerie has championed the cause of single and dual parents for 9 years at DPC. She holds a Graduate Certificate in Life Coaching and believes that parenting is one of the hardest jobs around but also one of the most rewarding! The mission of DPC is loving, educating, helping, and giving hope.

5 Thursdays, April 25 - May 23, 2019 6:00—8:00 p.m.

Location—1159 E. Third Avenue, Durango (First Presbyterian Church—12th Street door)
Weekly dinner provided • Children activities for 0-8 years old, only (children of participants only)

Register at www.durangopregnancy.com