



Safe Opioid Prescribing Guidelines

The CDC Guideline (March, 2016) is the most current evidence-based guideline and should be the cornerstone of safe opioid prescribing practices. – Safe Med LA

1. CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016 *Recommendations and Reports / March 18, 2016 / 65(1); 1-49*

<https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>

This Guideline provides recommendations for primary care clinicians who are prescribing opioids for chronic pain outside of active cancer treatment, palliative care, and end-of-life care. The Guideline addresses 1) when to initiate or continue opioids for chronic pain; 2) opioid selection, dosage, duration, follow-up, and discontinuation; and 3) assessing risk and addressing harms of opioid use. CDC developed the Guideline using the grading of recommendations assessment development, and evaluation (GRADE) framework, and recommendations are made on the basis of a systematic review of the scientific evidence while considering benefits and harms, values and preferences, and resource allocation. CDC obtained input from experts, stakeholders, the public, peer reviewers, and a federally chartered advisory committee. It is important that patients receive appropriate pain treatment with careful consideration of the benefits and risks of treatment options. This Guideline is intended to improve communication between clinicians and patients about the risks and benefits of opioid therapy for chronic pain, improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy, including opioid use disorder, overdose, and death. CDC has provided a checklist for prescribing opioids for chronic pain (<http://stacks.cdc.gov/view/cdc/38025>), as well as a website (<http://www.cdc.gov/drugoverdose/prescribingresources.html>) with additional tools to guide clinicians in implementing the recommendations.

- **CDC Guideline Fact Sheet (2 pages): GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN**

https://www.cdc.gov/drugoverdose/pdf/guidelines_factsheet-a.pdf

2. CDC NON-OPIOID TREATMENTS FOR CHRONIC PAIN (2 pages)

https://www.cdc.gov/drugoverdose/pdf/alternative_treatments-a.pdf

3. CDC POCKET GUIDE: TAPERING OPIOIDS FOR CHRONIC PAIN (4 pages)

https://www.cdc.gov/drugoverdose/pdf/clinical_pocket_guide_tapering-a.pdf

<http://www.cdc.gov/drugoverdose/prescribing/resources.html>

4. CDC Assessing Benefits & Harms of Opioid Therapy

https://www.cdc.gov/drugoverdose/pdf/assessing_benefits_harms_of_opioid_therapy-a.pdf

5. Surgeon General

PRESCRIBING OPIOIDS FOR CHRONIC PAIN

http://turnthetidex.org/wp-content/uploads/2016/08/PocketGuide_FINAL6.pdf

SAFEMEDLA PRESCRIBING OPIOIDS FOR CHRONIC PAIN POCKET GUIDE

See attached pocket guide included in this section.

6. MEDICATION-ASSISTED TREATMENT OF OPIOID USE DISORDER Pocket Guide, Substance Abuse and Mental Health Services Administration (SAMHSA) (16 pages)

<http://store.samhsa.gov/shin/content//SMA16-4892PG/SMA16-4892PG.pdf>

OTHERS:

OREGON PAIN GUIDANCE PAIN TREATMENT GUIDELINES (May, 2016 Update)

http://professional.oregonpainguidance.org/wp-content/uploads/sites/2/2014/04/OPG_Guidelines_2016.pdf

The Oregon Pain Guidance group (OPG) created the OPG guidelines (May 2016 update) for everyone who manages patients with pain: prescribers, behavioral professionals, those who dispense pain medications, and those who pay for them. In preparing these guidelines, we reviewed and incorporated recommendations from the Washington state AMDG guidelines (June 2015) and the CDC guidelines (March 2016).

WASHINGTON STATE INTERAGENCY GUIDELINE ON PRESCRIBING OPIOIDS FOR PAIN (June, 2015)

<http://www.agencymeddirectors.wa.gov/Files/2015AMDGOpioidGuideline.pdf>

Developed by the Washington State Agency Medical Directors' Group (AMDG) in collaboration with an Expert Advisory Panel, Actively Practicing Providers, Public Stakeholders, and Senior State Officials.

DENTAL PRACTICE GUIDELINES:

PENNSYLVANIA GUIDELINES ON THE USE OF OPIOIDS IN DENTAL PRACTICE

<http://www.ddap.pa.gov/Document%20Library/Presecriber%20Guidelines%20on%20the%20Use%20of%20Opioids%20in%20Dental%20Practice.pdf>

OREGON PAIN GUIDANCE PAIN TREATMENT GUIDELINES (May, 2016 Update) -- RECOMMENDED OPIOID POLICY FOR DENTISTS Page 40

http://professional.oregonpainguidance.org/wp-content/uploads/sites/2/2014/04/OPG_Guidelines_2016.pdf

LOS ANGELES DENTAL SOCIETY

Advisory Statement on Opioids in Dental Practices:

<http://www.ladental.com/latest-news>