Lesson 1 -Who Am I As a Human Being?

Before you were born, long before you heard about Jesus Christ, He loved you and had a purpose for your life. You are not here by accident.

Colossians 1:16 “For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.”

Psalms 145:15-16. The eyes of all look to You, and you give them their food in due season. You open your hand; you satisfy the desire of every living thing.

Genesis 1:26-28. 26Then God said, “Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground.”

27So God created human beings in his own image.
    In the image of God he created them;
    male and female he created them.

28Then God blessed them and said, “Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground.”

Genesis 2:16-17 And the Lord God commanded the man, saying “You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”

John 14:15. [Jesus said] If you love me, you will keep my commandments.

Romans 14:12. So then each of us will give an account of himself to God.

Ephesians 1:3-14 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. 4For he chose us in him before the creation of the world to be holy and blameless in his sight. In love 5he[[a](https://www.biblegateway.com/passage/?search=Ephesians+1%3A3-12&version=NIV#fen-NIV-29212a)]predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will— 6to the praise of his glorious grace, which he has freely given us in the One he loves. 7In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace 8that he lavished on us. With all wisdom and understanding, 9he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ,10to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.

11In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, 12in order that we, who were the first to put our hope in Christ, might be for the praise of his glory. 13And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, 14who is a deposit guaranteeing our inheritance until the redemption of those who are God’s possession—to the praise of his glory. (NIV)

1. Read Colossians 1:16. According to this verse, whose idea is it that you are here on this earth? Who were you created for?

2. Read Psalm 145:15-16. List some of the things for which you are dependent upon God.

3. Read Genesis 1:26-28. In what way are human beings different than other creatures? What assignment did God give man when He created him?

4. What does it mean that you were made in God’s image?

5. Read Genesis 2:16-17, John 14:15 and Romans 14:12. What do these verses say about our relationship to our Creator? Do you think Adam and Eve knew and understood what these verses say?

6. Read Ephesians 1:3-14. List 7 things God does or has done for us.

7. What motivated God to do all these things for us? How does this make you feel? How could these verses help you the next time you are feeling bad about yourself?

8. When did you first come to understand and appreciate God’s love for you. (Jot down your testimony in short form.)

9. Jot down a few key “I Am” statements, about who you are as a human being, based on the verses in this lesson. For example: I am chosen by God

10. Journal one of these verses SOAP style.