

AGENDA
Southeast Washington Regional FYSPRT
01/02/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision- To bring all necessary parties together to contribute to continuous improvement to children's behavioral health.	Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings
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Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes)	Convener - Zach Roddy Meeting minutes - Roberta Ellis Brief introductions - Please put name, organization (if any) and if you are a youth, family or system partner in the chat. Message me with your name and email for the stipend form if you are a youth or family Tri-Lead for the \$40 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.
Meeting minutes	Review of meeting minutes from December Motion made by: Hope Seconded by: Miranda Did the vote carry? yes
Presentations	None
Standing Items	Crisis – Crystal in Yakima- going well after holidays Behavioral Health Providers – no update MCOs -no update WISe -Daniel with Lutheran- everyone is back after break and getting back into swing of things YARP – Launched in Yakima, explore the website in your county Schools/ESD - Hope with ESD105- looking for grant opportunities and active in schools DSHS/DCYF/DDA – no update

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	<p>SARC- Brianna- Human Trafficking presentations @ CBC starting Jan 28. With a human chain and 29th @ CBC making signs to raise awareness and listen to presenters. Stay tuned for upcoming flyer.</p> <p>Other items:</p> <ul style="list-style-type: none">- Zach discussed quarterly report and opportunity for review in next couple months.-Zach reviewed family/youth participation for stipend vs Tri Lead participation stipend. FYSPRT continues to be looking for Tri-leads outside of Benton/Franklin County and accepting applications. Applications can be found on the FYSPRT website: https://www.southeastfysprt.org/ An application must be completed and reviewed before a Tri Lead can access stipend.-Next Tri Lead Meeting: Jan. 10 @ 10:00-10:30 am
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RT3JHWG
Closing Announcements	Thursday, February 6, 2025, 3:30-5pm
Regional FYSPRT meeting dates	Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	All are welcome to attend the State FYSPRT meeting!

AGENDA
Southeast Washington Regional FYSPRT
02/06/2025 3:30-5:00 p.m.
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes)	<p>Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis</p> <p>Brief introductions - Please put your name, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.</p>
Meeting minutes	<p>Review of meeting minutes from: <u>January</u></p> <p>Motion made by: <u>Alyssa C.</u></p> <p>Seconded by: <u>Sue M.</u></p> <p>Did the vote carry? <u>Yes</u></p>
Presentation(s)	<p>SARC- Support Advocacy & Resource Center: presentation by Brianna Albrecht, sexual assault advocate -</p> <p><i>-Programs offered:</i> Prevention program, Kids Haven, Crisis Program to include Sexual Assault and General crimes, Human Trafficking Program to include Sex & Labor Trafficking, General Advocacy, Legal Advocacy, Medical Advocacy, Survivor closet available to clients.</p> <p>-Providing support to youth and family in every way</p> <p>-Raising awareness in community by attending events and interacting with community</p> <p>-Crisis line available 24 hours, Office open with staff to assist 8-5 pm with back up staff after hours</p> <p>-They work with individuals all over the state and at times even help with out of state cases.</p> <p>-Contact Brianna by email @ balbrecht@supportadvocacyresourcecenter.com if you have any questions</p>

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State FYSPRT Meeting Updates

[Statewide FYSPRT meeting notes - December 10, 2024](#)

1. **WISe Quality Plan update:** will be provided at future state meeting as presenter was not available.
2. **Youth and Young Adult Continuum of Care Update:** YYACC is a subgroup of the Children and Youth Behavioral Health Work Group (CYBHWG) and voted in October on overarching priorities agreed on by the group. YYACC has identified 6 priorities – expanding access to peer support services, support expansion of recovery high schools, fund administration for CAPS (Centralized Assessment of Psychosis Services), expand the Bridge Housing Program, increase and sustain funding for Youth Wellness Zone, and supporting the autism spectrum and intellectual disability (ASD/IDD) workforce serving youth and young adults. For more information, see [the recommendations for 2025 from the Children and Youth Behavioral Health Work Group](#) (provided in a report to the Governor's Office and the Legislature).
3. **Youth Only Space Update:** The Youth Network Development Team is currently building, growing, and developing the Youth Network structure and activities. Young people are leading this project and determining what the Youth Network and youth only spaces will look like. In 2025, the Youth Network is wanting to reach out to offer support and assistance to Youth Tri-leads.
4. **Respite Update:** Respite care for youth and families was first identified as a need by the Regional/Statewide FYSPRTs in 2017 and further discussed in 2020 with legislative groups. In 2021, the Health Care Authority (HCA) was tasked with exploring Medicaid waiver options for respite services for youth with behavioral health needs, culminating in the 2022 report on potential implementation options.

In 2024, caregiver respite was approved under Washington's Medicaid Transformation Project (MTP) waiver, which focuses on improving healthcare for Medicaid recipients. A cross-agency workgroup is being developed, and service eligibility and details are being negotiated with the Centers for Medicare and Medicaid Services (CMS). Proposed services aim to provide non-medical, short-term supervision to prevent caregiver burnout and avoid institutional placements. Eligible providers could include behavioral health agencies, crisis support services, and respite facilities. Public comments on the proposed rates for in-home and facility respite care were invited through December 2024. Continued engagement with individuals with lived experience is shaping the design of the respite program, which is still under development.

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Standing Items	<p>Crisis: FYSPRT team had questions around Joel's Law. Team shared some information and gave each other feedback around Joel's Law. There was a recommendation to have someone from Crisis Team come and provide more information on Joel's Law at a future regional meeting.</p> <p>Behavioral Health Providers: Kassey Garcia shares about New Journeys program. She reports that the program is now accepting other diagnosis that in the past did not take. She would like to present at a future FYSPRT meeting and FYSPRT members are interested in this as well.</p> <p>MCOs: No updates</p> <p>WISe: Team had a brief discussion around need for WISE like services. A FYSPRT member shared that Three Rivers Therapy in Tri Cities is taking non-Medicaid referral for WISe services.</p> <p>YARP: Accepting referrals, in all 9 counties, continue to build community relationships and open to table in your area.</p> <p>Schools/ESD: No updates</p> <p>DSHS/DCYF/DDA: No updates</p> <p>Other: Cyndy Adams shares some of the confusion with the Certified Peer Specialist title and work being done to get this possibly changed.</p> <ul style="list-style-type: none">• We also reviewed FYSPRT goals for 2025/2026 CYs.
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/7STRL8J
Closing Announcements	
Regional FYSPRT meeting dates 	Thursday, March 6, 2025, 3:30-5pm Meeting ID: 893 0839 4964 Phone: 1-253-215-8782 https://us06web.zoom.us/j/89308394964?pwd=nqarV0zIRS63EBHcpXwzS2wh6fAuTI.1
State FYSPRT meeting dates	Tuesday April 1, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p>

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	<p>Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities</p>
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Meeting minutes	Review of meeting minutes from <u>February</u> Motion made by: <u>Alyssa</u> Seconded by: <u>Brianna</u> Did the vote carry? <u>Yes</u>
Presentation(s)	-Faviola Camacho, Comprehensive Healthcare -Joel's Law: Reviewed purpose and process of initiating Joels Law, slides will be available. -Kassandra Garcia-New Journeys: Provided background on New Journeys program through Comprehensive Healthcare. Program is an early Intervention for psychotic symptoms, ages 15-40, no diagnosis needed to be assessed. Flyer will be sent out with information, contact Kassy at: Kassandra.garcia@comphc.org
FYSPRT Updates	WISE data/reports Review: Salomon provided updates on WISE and went over WISE data/reports. Met with Paul Davis from HCA on 2.7.25 to discuss WISE data/reports. ➤ https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/wraparound-intensive-services-wise

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	<p>➤ https://www.hca.wa.gov/assets/billers-and-providers/child-adolescent-needs-strengths-cans-screening-tool.pdf</p> <p>WISE Collaborative Meeting:</p> <ul style="list-style-type: none">• FYSPRT Convener attended. Most WISE providers have openings in GC Region.• 1/7 WISE providers in Greater Columbia region was at capacity <p>2025 WISE Provider Contact List for Greater Columbia Region:</p> <ul style="list-style-type: none">• 7 Different Providers, some cover more than one County.• WISE Provider List <p>Medication Boxes:</p> <ul style="list-style-type: none">• Provided 10 medication boxes & locks and 4 Medication bags and locks to Tri Cities Community Health.• FYSPRT has purchased more lock boxes and medication bags and fidgets for upcoming events
Standing Items	<p>Crisis:</p> <p>Behavioral Health Providers: TCCH lost a mental health counselor and wait times are longer, taking internal referral at this time only. Looking to hire more mental health providers. Next day appointments for SUD services.</p> <p>211: Joyce from 211 can help with the free bus tickets application for Benton/Franklin Counties.</p> <p>MCOs jnewsom@pfp.org</p> <p>WISE</p> <p>YARP: Accepting referrals, upcoming tabling events</p> <p>Schools/ESD: ESD 105 provides MH and SUD services in 25 different school districts in the counties they cover and providers have large caseloads.</p> <p>DSHS/DCYF/DDA:</p> <p>BFHD: Miranda, provided information on upcoming event: Fathers Matter: A Conversation with Dads in Benton & Franklin Counties Tickets, Sat, Apr 12, 2025 at 8:30 AM Eventbrite</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/5WY7MLJ
Closing Announcements	<p>El Puente Tri Cities:</p> <p>Gang Survey (Only for gang affiliated/ex-gang members): https://www.surveymonkey.com/r/8SDFQR5</p>

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	<p>If you know or have known gang members or affiliates to gang, please have them do this survey... Thank you!</p> <p>Community Survey: https://www.surveymonkey.com/r/DNF5V83 This is open to all community members, co-workers, staff, and everyone else. Ages from Teens – 10000000 years old.</p>
Regional FYSPRT meeting dates 	<p>Thursday, March 6, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhz.1&from=addon</p>
State FYSPRT meeting dates	<p>Tuesday April 1, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBQIA+ communities</p>

AGENDA
Southeast Washington Regional FYSPRT
04/03/2025 3:30-5:00 p.m.
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Meeting minutes	Review of meeting minutes from: <u>March</u> Motion made by: <u>Kaila Epperly</u> Seconded by: <u>Nicole Murphy</u> Did the vote carry? <u>Yes</u>
Presentation(s)	Office of Behavioral Health Advocacy: "Know your Rights." Alex Baccus, Washinton State Thurston/Mason advocacy coordinator -CPSS, email: alex@obhadvocacy.org Presented on Rights of Youth, Self Advocacy: Speaking Up, Setting Boundaries in a Therapeutic Setting.
FYSPRT Updates	Seeking Tri-Leads for youth and family, Tabling this month in Selah at a Community Resource event and KiBe event.
Standing Items	Crisis: MOT in Yakima is going well, no new updates. Behavioral Health Providers: MCOs: n/a

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	<p>WISe: Kaila/ Lutheran has expanded scope to outpatient services, accepting Medicaid only but hope to open to additional insurance in future, appointments for youth only and mostly telehealth option, also they have contracted for 2 more clinicians to be placed at schools</p> <p>YARP: making connections in all 9 counties, tabling 3 events this month</p> <p>Schools/ESD: n/a</p> <p>DSHS/DCYF/DDA: n/a</p> <p>Other: Cindy/GCBH: participating in meetings representing people with lived experience, Advanced Directive update and contact Alyssa for contact who is expert at assisting others</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/YX6PNVG
Closing Announcements	Went over FYSPRT goals and provided information on state FYSPRT meetings.
Regional FYSPRT meeting dates 	Thursday, April 3, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhz.1&from=addon
State FYSPRT meeting dates	Tuesday April 1, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495
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Meeting minutes	Review of meeting minutes from <u>April</u> Motion made by: <u>Alyssa C.</u> Seconded by: <u>Kelly R.</u> Did the vote carry? <u>Yes, unanimous</u>
Presentation(s)	Joon Presentation from Danielle "DJ" Juris, Head of Program and Product- email: danielle@joon.com Joon is working with BFHD and their organization will be offering free services in Benton County for youth 13-26. DJ provided information on program and breakdown of benefits and strengths using Joon, some benefits are flexible scheduling and informed matching clinician-client and attendance rates being high. Community goal is to help youth. Contact DJ for a Benton County referral: go.joon.com/Benton county -Outside of Benton County: https://www.joon.com/ Joon accepts some private insurance and Medicaid. They also have therapy scholarships for up to 20 sessions (adult needs to be participating with youth for scholarship access). Joon does not have med management but works with a provider. Joon is open to partnering with other Counties in addition to Benton County as well as sport teams, brands, etc.

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05/01/2025 3:30-5:00 p.m.
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FYSPRT Updates	Karen Kelly with WSCC will be giving a training on “Filling Your Toolbox - Tools for Strong Boundaries, Empowerment, and Families.” She will be doing a second training on “Age of Consent - What it Means for Families” in October 2025. FYSPRT has been active in tabling. Tabled in Selah recently and tonight will be tabling in Richland- come see us!
Standing Items	Crisis: Lindsey/WW- YMO is active and helping families MCOs: WISe: YARP: Participated in tabling event in Selah last week. The month of May is busy tabling and supporting youth & families. Contact us at yarp@gcbh.org if you have questions or would like to share an event. Schools/ESD: Adriana/Yakima ESD: Suicide Prevention Family Night 5/15 5:30-7:30 and Family Fun Night 5/15 4:30-6:30pm NAMI Walks Yakima Coming up May 31 st 10am-12pm. Contact Adriana if you have questions- president@NAMIyakima.org Michelle/RSD : MH resource fair last week and it was successful, busy time! DSHS/DCYF/DDA: Other: Brianna/SARC- Kids Haven Auction 5/2/25 & Community Education Night 5/8/25- location upcoming Joyce/211 -free transit bus tickets for those who need access, contact 211 for a location in your county. Alyssa- Plans to have an open house to show off her new office at the end of June, Goal is to meet everyone!
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/F9NDNX3
Closing Announcements	
Regional FYSPRT meeting dates 	Thursday, May 1, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhz.1&from=addon
State FYSPRT meeting dates/Updates	Tuesday June 3, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495 State meeting 2/4/25 and 4/1/25 meeting minutes are posted on HCA site for review. Salomon provided updates on last two state meetings and provided information on how to join future state FYSPRT meetings.

AGENDA

Southeast Washington Regional FYSPRT

05/01/2025 3:30-5:00 p.m.

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	<u>https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt.</u>
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness. Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities

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Meeting minutes	Review of meeting minutes from <u>May</u> Motion made by: <u>Alyssa Cruz</u> Seconded by: <u>Jon C.</u> Did the vote carry? <u>Unanimous</u>
Presentation(s)	Filling your Toolbox by Karen Kelly: WSCC Project director- slide presentation. Self-evaluation, self-care, self-awareness. Looking at Helpful vs Useful, and Zone of Usefulness. - Presentation slides will be sent out.
FYSPRT Updates	FYSPRT participated in 9 community events in the month of May and was able to hand out medication bags, ammo boxes, gun safes, and gave out lots of FYSPRT swag. FYSPRT continues to look for family and youth Tri Lead.
Standing Items	SPARK: Cecelia Byrd- works at WA Behavioral Health Youth Network provides information on the first annual Youth Network Wellness. Is an opportunity to connect with young people across the state who have lived experience within mental health and/or substance use recovery community. Event will be hybrid, 2

AGENDA

Southeast Washington Regional FYSPRT
06/05/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

	<p>day event, June 26 and 27, in Wenatchee. An email with this registration information for this event was previously sent out to all FYSPRT members. Email for Cecelia is cbyrd@wayouth.us for any questions.</p> <p>Crisis:</p> <p>Behavioral Health Providers:</p> <p>MCOs:</p> <p>WISe:</p> <p>YARP: In the last month staff tabled at several events, received several referrals last month</p> <p>Schools/ESD:</p> <p>DSHS/DCYF/DDA:</p> <p>Other: Alyssa has new office in Kennewick, come see her and say hello.</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RPMWT2X
Closing Announcements	No FYSPRT meeting in July.. Next FYSPRT meeting will be on August 7, 2025.
Regional FYSPRT meeting dates 	Thursday, June 5, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhz.1&from=addon
State FYSPRT meeting dates/Updates	Tuesday August 5, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness. Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities

AGENDA
Southeast Washington Regional FYSPRT
08/07/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children's behavioral health.</p>	<p>Ground Rules</p> <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) (Alyssa)</p>	<p>Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.</p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from <u>June</u> Motion made by: <u>Alyssa</u> Seconded by: <u>Cindy A.</u> Did the vote carry? <u>Yes</u></p>
<p>Presentation(s)</p>	<p>PFLAG: Patty Jones-Chairperson with PFLAG: provided presentation on defining, community resources, statistics for well-being and discrimination, school participation and creating inclusive environment for LGBTQIA2+ .</p>
<p>FYSPRT Updates</p>	<p>State FYSPRT received a Recurring Gaps and Needs Form related to inadequate inpatient behavioral health services. Questions were sent to FYSPRT members and feedback provided to HCA.</p> <p>FYSPRT attended Walla Walla National Night Out Event and met with youth, families, and system partners. Information on FYSPRT, behavioral health resources, and swag was provided at this event.</p>

AGENDA

*Southeast Washington Regional FYSPRT
08/07/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY*

	<p>FYSPRT will also be attending a Back to School event hosted by ESD 123 Migrant program tonight in Franklin County at the ESD 123 building.</p>
Standing Items	<p>Behavioral Health Providers</p> <p>TCCH- Kelly M. reports that for mental health services TCCH is only taking internal referrals at the moment. The SUD department is taking external and internal referrals. TCCH is also going to be hosting a back-to-school event on August 15th from 9am to 1pm at their building in Pasco. A flyer will be shared later, and Salomon will email it out.</p> <p>MCOs- My Thai with Coordinated Care reports that they continue to receive CLIP referrals.</p> <p>WISe-</p> <p>PFLAG: On Saturday, September 27th from 12pm to 4pm, The Human Library event will be hosted at the Richland Public Library. The event is open to the public and creates a safe space where real people are available on “loan” for a conversation. A place where difficult questions are expected, appreciated, encouraged, and answered. Salomon will be sending out flyer.</p> <p>YARP-</p> <p>Charlie Health- Derek Dragseth, Clinical Outreach Manager (Eastern Washington) will be presenting on Charlie Health at next FYSPRT meeting. Charlie health provides virtual care for mental health, substance use, and eating disorders.</p> <p>Schools/ESD-</p> <p>DSHS/DCYF/DDA- Dennis T. with DDCS informs that the Developmental Disabilities Administration (DDA) has been rebranded as Developmental Disabilities Community Services (DDCS) starting May 1, 2025. There are also some positions that have been cut and/or staff being moved around the agency due to budget cuts.</p> <p>Crisis-</p> <p>Other: Cindy Adams will be retiring soon and continues to provide support as needed.</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/YC898NQ
Closing Announcements	FYSPRT continues to look for Family and Youth Tri Leads. FYSPRT working on tabling at events outside of Benton and Franklin Counties, please let FYSPRT Tri Lead and Convener know if there are any events that FYSPRT can attend in Asotin, Garfield, Columbia, Kittitas, Whitman, and Yakima.

AGENDA

Southeast Washington Regional FYSPRT

08/07/2025 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

Regional FYSPRT meeting dates 	Thursday, August 7, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhz.1&from=addon
State FYSPRT meeting dates/Updates	Tuesday October 7, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495 State meeting minutes for 6/4/25 are posted on HCA site for review. https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt . Please attend state FYSPRT meetings as well!!!
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness. Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities

AGENDA
Southeast Washington Regional FYSPRT
09/04/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

Purpose - Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission - Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision - To bring all necessary parties together to contribute to continuous improvement to children's behavioral health.	Ground Rules <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) (Alyssa)	Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.
Meeting minutes	Review of meeting minutes from <u>August</u> Motion made by: <u>Alyssa C.</u> Seconded by: <u>Maria P.</u> Did the vote carry? <u>Yes, passed unanimous</u>
Presentation(s)	Charlie Health: Charlie Health provides virtual care for mental health, substance use, and eating disorders. Services are based on needs of clients and provides individual, family, and group therapy, while focusing on finding the right fit for treatment providers. Insurance accepted includes Medicaid and most private insurances. For more information contact Derek Dragseth at Derek.Dragseth@CharlieHealth.com (509)217-9956.
FYSPRT Updates	Josie Garcia-Family Tri Lead Applicant – introduced self and shared some history she has experienced with WA behavioral health system. FYSPRT Events <ul style="list-style-type: none"> • Edison Elementary in Benton County 8/25 • Take Strides Event in Richland on 9/24

AGENDA

*Southeast Washington Regional FYSPRT
09/04/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY*

	<p>FYSPRT will continue to attend tabling events in our region in efforts to continue to raise awareness on behavioral health programs, decrease stigma surrounding behavioral health, and invite youth and families to FYSPRT.</p>
Standing Items	<p>ESD105: Upcoming events- Catholic Charities has event coming up on Sept. 15, Contact- Elly Pimentel (epimentel@catholiccharitiescw.org) for more information. Health Youth Healthy Families, Granger WA, Oct 7 5:00-8pm, see attached flyers</p> <p>YARP- Participating in back to school events and looking forward to Take Strides Sept. 24. Meet at Fran Rish stadium @ 5pm to join the walk.</p> <p>SPARK- Youth network is planning a trip to Washington DC. Youth have opportunities to sit in on legislature and bring in new development teams. SPARK taking applications until Sept 21 from youth from all over state. Nationally recognized! Contact Carolyn for more information and check out the website.</p> <p>DSHS/DCYF/DDA- no updates</p> <p>SARC- Volunteer training scheduled for Tuesday</p> <p>Other:</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/FB7S67R
Closing Announcements	Send information to FYSPRT Convener or Tri Lead on tabling events in Counties outside of Benton and Franklin Counties to be able to get the word out on FYSPRT in all 9 counties.
Regional FYSPRT meeting dates 	Thursday, September 4, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhzm.1&from=addon
State FYSPRT meeting dates/Updates	Tuesday October 7, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities</p>

AGENDA
Southeast Washington Regional FYSPRT
10/02/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

Purpose - Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission - Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision - To bring all necessary parties together to contribute to continuous improvement to children's behavioral health.	Ground Rules <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) (Alyssa)	System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.
Meeting minutes	Review of meeting minutes from <u>September</u> Motion made by: <u>Josie G.</u> Seconded by: <u>Cindy A.</u> Did the vote carry? <u>Yes, Unanimous</u>
Presentation(s)	*Jamie Ellis, Behavioral Health Advocate, ESD123: jellis@esd123.org Provided information on what region the ESD serves and what departments can provide support within schools. Many schools have Prevention and Intervention ESD staff in schools for mental health and substance use. In addition there are several programs in the community including coalitions, gang related education, school support for youth with safety concerns, programs for community and family to attend focusing on prevention and structured after school activities. ESD provides free Youth and Adult Mental Health First Aid training as well as many other trainings for the community. We will send out Jamie's ESD presentation information and training schedule. 10/7 Human Sex Trafficking and Child Exploitation Prevention, Education & Response Strategies (Zoom): https://www.pdenroller.org/esd123/catalog/190786

AGENDA

*Southeast Washington Regional FYSPRT
10/02/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY*

	<p>10/21 Issues of Abuse (Zoom): https://www.pdenroller.org/esd123/catalog/191286 10/23 Youth Mental Health First Aid (in-person): https://www.pdenroller.org/esd123/catalog/193005 11/4 CARE: Compassionate Assessment and Response in Education: https://www.pdenroller.org/esd123/catalog/187413 All ESD123 trainings can be found at www.esd123.org/learn</p> <p>*Josie Garcia, CASP (Community Autism Support Partners): 509-792-2392 Josie created this parent support group after recognizing there was a need in the community and parent support. Every Friday evening at Pasco Library (by memorial pool) and all families are invited. 1st Friday of month is for "English speaking" and 2nd Friday is for "Spanish speaking" families, with the goal for parents to talk about what they want without pressure of agenda. 3rd Friday is "Teens and Young Adult Social Hour"- teens can connect and play games/crafts. Last Friday of month focuses on "Kids and Parents Social Hour" -games, crafts, play with other kids.</p> <p>WSU WISE survey team presenting in November's FYSPRT meeting.</p>						
FYSPRT Updates	<p>FYSPRT Events: Attended Take Strides on 9/24/25. We handed out lock boxes, medication bags, and lots of FYSPRT swag. Below are the number of Lock boxes and med bags handed out in the month of September.</p> <table border="1"><thead><tr><th></th><th>Lock Boxes</th><th>Med Bags</th></tr></thead><tbody><tr><td>Sept. 2025</td><td>11</td><td>8</td></tr></tbody></table>		Lock Boxes	Med Bags	Sept. 2025	11	8
	Lock Boxes	Med Bags					
Sept. 2025	11	8					
Standing Items	<p>211- Joyce: The WA211 board of directors voted earlier this year to move to a single consolidated call center model. Through an RFP and interview process, Crisis Connections, the operator of King County 2-1-1, was selected to become the single 2-1-1 call center for WA state. The system is under transition as Crisis Connections prepares to take the majority of 2-1-1 calls for the state effective 10/1, while allowing legacy call centers to continue to utilize the 2-1-1 number for existing contract work through 12/31/25. Individuals throughout WA state should still be able to call into 2-1-1 to receive Basic Food application assistance, eligibility screening, and assistance.</p> <p>MCOs- n/a</p> <p>Alyssa- open house coming up, you are all invited</p> <p>SPARK- hybrid youth class for peer support specialist this winter, stay tuned for dates. SPARK will connect with Josie for future support and networking with CASP.</p>						

AGENDA

*Southeast Washington Regional FYSPRT
10/02/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY*

	<p>Jose is interested in the youth Tri Lead position with FYSPRT. Alyssa will send him information and Salomon to follow up.</p> <p>YARP: Tabling events coming up, taking referrals</p> <p>Charlie Health: Now support eating disorders and Emily is the dietitian</p> <p>Schools/ESD: Ongoing classes</p> <p>DSHS/DCYF/DDA: N/A</p> <p>Other: Cindy A.- Day 4 of retirement and providing positive feedback to all</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/DJLWGX6
Closing Announcements	Southeast FSYPRT Continues to look for a Youth Tri-Lead and opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman.
Regional FYSPRT meeting dates 	Thursday, October 2, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhzm.1&from=addon
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AGENDA
Southeast Washington Regional FYSPRT
11/06/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

Purpose - Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission - Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision - To bring all necessary parties together to contribute to continuous improvement to children's behavioral health.	Ground Rules <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
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<https://www.southeastfysprt.org/home.html>

Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) (Alyssa) Alyssa	System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.
Meeting minutes	Review of meeting minutes from <u>October</u> Motion made by: <u>Josie G.</u> Seconded by: <u>Cindy A.</u> Did the vote carry? <u>Yes</u>
Presentation(s)	Lutheran Community Services: WISe data and updates by Amanda DeShazo Reviewed WISe Data/Referral Trends for 2024 vs 2025 for Lutheran facility only- Numbers continue to increase. There is a steady increase in 5-9 yr old and 3-5 yr olds accessing WISe services. The CANS data show progress in youth after 6 months of participation. See presenter slides for additional information. -New location coming soon Sept 2026.
FYSPRT Updates	Youth Tri Lead Application Received: Jose Eudave- Introduced himself to the team.

AGENDA

*Southeast Washington Regional FYSPRT
11/06/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY*

	<p>NO MEETING IN DECEMBER - HAPPY HOLIDAY</p> <p>FYSPRT Charter review, updated the Recurring Gaps and Needs Form title and updated DDA to DDCS, no other changes made for now. If anyone has any questions or thinks of anything needing review, they will email Salomon.</p> <p>FYSPRT Events in October:</p> <ul style="list-style-type: none">-Ellensburg High School Visit-Yakama Nation Protocols for Crisis Coordination Meeting-Rivers Edge High School Tabling Resource Event-Clarkston Community Resource Fair-Columbia County Prevention and Wellness Fair/Drug Take Back
Standing Items	<p>Common Voice: COPE CONNECTION: Seeds of Hope – Support ROOT, Spokane &amp; Greater Columbia WHEN: Bi-weekly on Wednesday at 6pm FOR FAMILIES https://us02web.zoom.us/meeting/register/uF0-AenrTem6pycC_zQDxQ</p> <p>MCOs-</p> <p>CASP- Taking a break through the holidays</p> <p>SPARK- The team is working on self care and starting a hybrid career exploration class for youth/young adults (age 17-35) orientation information Jan. 7. Class will run 4 weeks, Mondays and Wednesday 3:30-5pm - More information coming. Contact Carolyn with questions, ccox@wayouth.us</p> <p>WISe- Lutheran presentation on WISe data</p> <p>BFHD: Community of HOPE meets the first Tuesday of every month on Teams from 3:30-4:30 Contact Miranda with any questions - Miranda.sahagunbarraza@bfhd.wa.gov</p> <p>SARC- (Support Advocate Resource Center) SARC is gathering food donations to supply family's food for holidays and setting up adopt a family program for holidays. SARC is hiring counseling partners- contact Brianna with any questions. balbrecht@supportadvocacyresourcecenter.com</p> <p>PFLAG:</p> <p>YARP: Provided update on referrals, tabling events, community supports, and website information. https://yarp.kidsmentalhealthwa.org/</p> <p>Charlie Health: Over 6000 clients admitted nationally to Charlie Health services in October (across 38 states). In Washington, over 200 clients from all corners of the state admitted, marking the biggest month</p>

AGENDA
Southeast Washington Regional FYSPRT
11/06/2025 3:30-5:00 p.m.
Location - ZOOM & PHONE-IN ONLY

	<p>of impact ever for Charlie Health in the state! Also, launched a few more evening groups to provide more client access.</p> <p>Schools/ESD: Yakima ESD will send updates to be sent out to the group</p> <p>DSHS/DCYF/DDA: WIC intakes are still being accepted and will update until end of Nov. Resources for food can be found on this link https://bfhd.wa.gov/health_topics/health_development/healthy_eating_active_living</p> <p>Crisis: In past used curriculum Strong Families and looking for other opportunities for parent education</p> <p>Other:</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/887P96J
Closing Announcements	Southeast FSYPRT Continues to look for opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman.
Regional FYSPRT meeting dates 	Thursday, November 2, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon
State FYSPRT meeting dates/Updates	<p>Josie-Provided FYSPRT State Updates: State FYSPRT meeting notes can be found here: Family Youth System Partner Round Table (FYSPRT) Washington State Health Care Authority</p> <p>Tuesday December 2, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt#fysprt-meetings</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities</p>