

MAY 2018

2nd Wednesday

General meeting, 6 p.m., Rusty's, Ming & Ashe

It's time to celebrate the completion and award-winners after our annual club challenge! Free pizza and beer at this meeting for members! See you there!

5th-6th Saturday-Sunday

Wildflower Experience

The internationally known event, only a 2-plus hour drive from Bakersfield, has returned after a year off. It offers four triathlons, three runs and a paddle-board race.

12th Saturday

Official club workout, Lake Woollomes, Delano

Club members can join in for an open-water swim at a swim-legal and clean lake in Kern County! Super swimmers Charles Brown and Steve Dalke will be offering tips on swimming in open water, and we'll take a swim oin the lake with real race buoys. Organize carpools for the half-hour drive. See you there!

19th Saturday

Vi Tri Sprint Triathlon, Visalia

Drive up just a little over an hour for this basic sprint triathlon at El Dimamante High School in Visalia. Race has a 400 pool swim, a 9-mile bike and 3.5-mile run. Let's support our Central Valley triathlons!

Register at: www.vi-tri.com

20th Sunday

Breath of Life Triathlon, Ventura

Often a favorite of Trispokes, the longtime event offers a sprint and Olympic at Ventura Harbor on the Pacific coast. About a two-hour drive from Bakersfield.

Register at: www.renegaderaceseries.com