

May 2025

WonderWell

LUNCH MENU

GF – Gluten Free		DF – Dairy Free		V – Vegetarian		EF– Egg free	
				1 Veggie Stir Fry DF GF V EF Rice DF GF V EF Pork Egg rolls DF Fruit	2 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit		
5 Beef Stroganoff Buttered Noodles V Peas GF DF V EF Fruit *Tofu	6 Bean & Cheese Taco V EF Rice GF DF EF V Corn Salad GF DF V EF Fruit	7 Pancakes V DF Bacon GF DF EF Hashbrowns Veggies GF DF V EF Fruit	8 Green Pork Chili Stew GF DF EF Rice GF DF V EF Fruit *Veggie	9 Chicken Tenders Mac N cheese V EF Green Beans GF DF V EF Fruit *Chickn'			
12 Fish Sticks DF Peas & Carrots GF DF V EF Mashed Potatoes GF DF V EF Fruit *Veggie Sticks	13 Soft Chicken Tacos EF Rice & Beans GF DF V EF Fruit *Tofu	14 Meatball Sub DF Potato Salad GF DF V EF Fruit *Veggie	15 Pasta Alfredo V Broccoli GF DF V EF Breadstick V Fruit	16 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit			
19 Chicken Pot Pie Fruit *Veggie Pot Pie	20 Beef Burrito DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean	21 Cheese Lasagna V Roasted Zucchini GF DF V EF Fruit	22 Turkey Meatloaf Scalloped Potatoes GF V EF Green Beans GF DF V EF Fruit *Tofurkey Loaf	23 Happy Summer!!!			
26 Happy Memorial Day!!!	27 Happy Summer!!!	28 Happy Summer!!!	29 Happy Summer!!!	30 Happy Summer!!!			