



**St. Andrew's
Children's Clinic**

La Clínica

Nogales, Arizona Spring 2017

FACT SHEET FY 2016

For 44 years, St. Andrew's Children's Clinic has provided free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country. The Clinic is held at St. Andrew's Episcopal Church in Nogales, Arizona.



Ramon is 14 and lives in Caborca, Sonora. He was born with both a cleft lip and a cleft palate. He has had 3 surgeries at our Annual Cleft Palate/Cleft Lip Mission in Hermosillo, Sonora. In October 2016 he had bone graft surgery and now wears braces to correct dental misplacement caused by the cleft palate. He has come to our Nogales clinic for speech therapy for several years. Now the speech therapist told him he doesn't have to return to The Clinic for speech therapy for a year. Another Clinic success story!

St. Andrew's Children's Clinic is a non-denominational, non-profit organization, with a volunteer professional health care staff. The staff sees approximately 225-250 children the first Thursday of each month except July. Every October, in cooperation with Children's Surgery International and CIMA Hospital, 50-60 children (on average) have cleft palate/cleft lip surgery in Hermosillo, Sonora, Mexico. This special mission involves volunteers on both sides of the US-Mexico border who work with the medical team to give patients smiles and a much better life.

In 2016, with the help of generous donors and volunteers, St. Andrew's Children's Clinic provided the following:

- 4,298 Clinic hours by volunteer health care professionals
- 6,127 Clinic hours by other volunteers
- 2,382 patient visits
- 139 first-time patients to The Clinic
- 198 office visits (US and Mexico)
- 191 lab tests (US and Mexico)
- 64 cleft palate/cleft lip surgeries (57 children)
- 8,010 prof. health volunteer hours for cleft palate/lip surgeries
- 394 dental visits
- 31 eye doctor/surgeries
- 33 orthopedic surgeries
- 95 pairs of eye glasses dispensed
- 33 round-trip flights and transportation to hospitals for patients
- 61 prostheses
- 188 pairs of corrective shoes and orthotics
- 59 repaired hearing aids
- 55 customized wheel chairs, walkers, and strollers
- 110 donated wheel chairs distributed
- 18 prescriptions, for cornea transplants or dermatology patients
- 4 iPads and software for augmentative/alternative communication patients
- also, medicated eye drops; Braille writers; strollers; speech and language equipment; nutritional supplements; physical, occupational, and speech therapy; dermatology and cardiology consultations; and many generous donations of blankets, diapers, and toys.

98% of all donations goes to patient care.

Cleft Palate/Cleft Lip Mission—2016

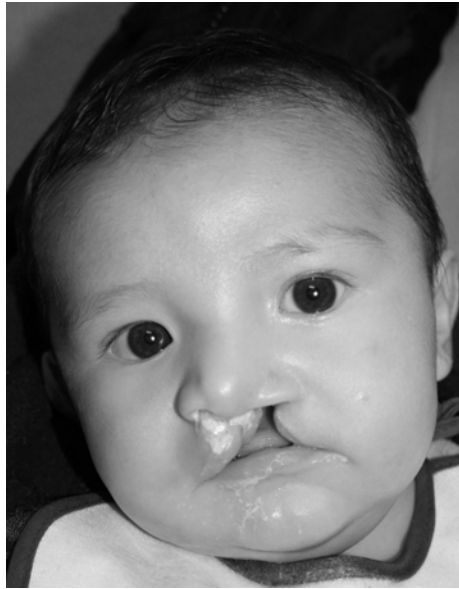
October 15-19 we traveled to Hermosillo, Sonora for our 12th Annual Cleft Palate/Cleft Lip Mission. This mission is a three-way partnership. Medical staff from Children's Surgery International, based in Minneapolis, provides the specialists and medical staff. Hospital CIMA provides surgical and exam rooms at a discounted rate. Their volunteers, the Voluntariado, pre-screen patients and organize files, and provide entertainment for the children. St. Andrew's Children's Clinic raises funding for the mission, provides nutritional supplements, special bottles/nipples, and speech therapy. Clinic staff also serve as interpreters throughout the Mission.

This year we had surgeries on three days. There were 64 surgeries on 57 children. Surgeries included cleft palate, cleft lip, pharyngeal flap, alveolar (bone) graft, and rhinoplasty.

We will be updating the cleft palate section of our web site over the next couple of months. Please check there for more information about this part of our clinic: www.standrewsclinic.org.

This mission changes lives dramatically. When we take on a patient we commit to seeing that the child gets all the surgeries needed which can be as many as 6 for cleft palate patients.

Javier Isaac Medina Bojorquez had cleft lip surgery in 2011 at 4 months old. He was born with a cleft palate also. You can see milk left under his nose in the top right photo. We furnish special bottles and nipples for these babies who cannot suck like normal babies. The open clefts allow the milk to run up their nasal passages.



Javier returned in 2016 for a check-up on his growth progress. He has had cleft palate surgeries, and will need a bone graft surgery to close the last opening before his speech sounds normal without a whistling sound.

Javier is now 5 years old. He lives in Nogales, Sonora and comes to The Clinic for speech therapy.



Ivon Sesteaga Buitimea was born with a double cleft lip and a cleft palate. In 2013 she had her first cleft lip surgery; she has now had cleft palate surgery.



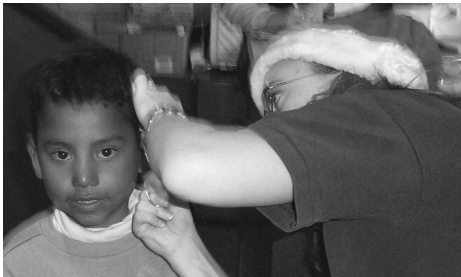
Ivon has a twin sister. They live in Nogales, Sonora. Here she is at age 2 years in 2015.



Then and Now

Sergio Velasquez, age 6, has his hearing aid checked by an audiologist in the **Audiology Department** in 2005. He lives in Ciudad Obregon, Sonora. With his hearing loss corrected, he can go to school.

After examination, an ear mold is made; cost is about \$40.



Used hearing aids are adapted which costs about \$100.

Audiology staff teach parents and children how to clean and wear the hearing aids. Children return to The Clinic as needed for repairs or new fittings.

Sergio is now 17. He will be able to come to The Clinic until he



is 19. He is studying welding in high school. His best friend, Samoy Sandival, also wears a

hearing aid; they go to school together and travel from Ciudad Obregon together to The Clinic. Samoy is pictured below.



Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail office@standrewsclinic.org

- AA Batteries for speech/language devices
- Bacitracin ointment
- Benefiber, Fibersure or Unifiber (non-gelling)
- Blenders
- Breakfast drinks
- Coloring books and crayons
- Clorox wipes
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Hand sanitizers
- Hearing aids (used) and batteries, pref. #13 & #675
- Hydrocortisone (1% ointment)
- Peanut butter
- PediaSure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Simple picture books in Spanish
- Small mirrors & small toys/prizes for homework rewards
- Toys
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, children's chewable with iron
- Wipes
- Ziploc bags—quart size only

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers for special projects.

To volunteer, call The Clinic office at (520) 648-3242.

Christmas Joy at St. Andrew's Children's Clinic

José Luís Losoya poses with Santa at the December Clinic. José is 7 and lives in Caborca,



Sonora. He is a patient in the **Orthopedics** and **Augmentative/Alternative Communication Departments**. He is a high-functioning Down syndrome patient.



Lizeth Baypoli, age 11, lives in Nogales, Sonora. She shows

off her Happy Meal received from McDonald's, Nogales, Arizona. This company provides meals for our children every December as part of our Christmas Clinic. Lizeth also holds a ball received from our many generous donors.

Lizeth was born with both cleft lip and cleft palate and has had several surgeries. She is a patient in the **Speech and Language Department**.



Staff from Arizona Hearing Specialists, Tucson and Green Valley, are volunteers in the Clinic's **Audiology Department**. They hold an annual Donation Drive each November and collect clothes, toys, and non-perishable food to give the children at our December Clinic.

The Woodworkers of Green Valley make beautiful wooden toys for our patients. They make tops,



carousels, cars, trucks, planes, jewelry boxes, and doll cradles. The club members' wives and friends make and dress dolls for the cradles.

Every year 8th grade students at Sts. Peter & Paul Catholic



School in Tucson raise money to buy stuffed toys for the children. This year they purchased 225 owls.

Vanessa Cara Valencia holds the stuffed owl she received from the students. Vanessa is 5 and a patient in the **Orthopedics Department**.

You can see more photos from December Clinic on the Supporters page on our web site.

Like us on Facebook! See more photos and get more news at: St. Andrew's Children's Clinic.

Patients Need Different Services

Nora Guadalupe Ruiz, age 4, learns to read braille. She lives in Santa Ana, Sonora, and is blind. Volunteer Karen Mullholland is a Teacher of the Visually Impaired and one of the volunteers in the **Vision Department** who help blind children learn to walk with a white cane and learn to use a braille writer.



The first step is learning to read braille. Next, Nora will learn to use a braille writer to type her own messages. Braille writers are provided to patients by The Clinic free of charge.

If you would like to make a donation to buy a braille writer for a child, the cost is about \$250; we purchase used braille writers on e-bay.

Francesca Veronica Mada Pacheco is 18 and lives in San

Pedro el Saucito, near Hermosillo, Sonora. She was born with a foot so deformed that she would never be able to walk on it.

Francesca and her mother were flown by The Clinic (cost



about \$1,000 round-trip for two) to Shriners Hospital where the orthopedic surgeons amputated her

foot and fit her with a prosthesis.

Over the years Francesca has had adjustments made to her prosthesis by certified prosthetists at The Clinic in the **Orthotics and Prosthetics Department**. They also fit her with a new prosthesis when she has a growth spurt.



Alejandra Amarai, age 4, lives in Nogales, Sonora. She must use a walker because she can't walk on her own. Here a physical therapist in the **Physical Therapy Department** helps her learn how to use her walker.

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Drive, Nogales, Arizona. Take exit 8 off I-19 to Country Club Drive (the first traffic light) and turn right. You'll see the Church on the left.

Reservations are needed

for tours. To reserve your place on a morning tour, please call The Clinic office in Green Valley at: **(520) 648-3242** or e-mail: office@standrewsclinic.org

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

Please note: From the Welcome Table, you will need to walk several hundred yards over our unpaved, uneven and slightly uphill driveway to the Ramada for the video and beginning of the tour. You will find that there are several congested areas in The Clinic. Please give right-of-way to Clinic patients and volunteers. Thank you!

White Elephant and the Clinic

Every year we are invited to participate in the White Elephant Parade in Green Valley as one of the many recipients of funding from this organization. This year the parade theme was, "The Magic of Giving." We added, "children, walk, talk, see, hear."

Our float featured boxes covered with paper flowers and a large photo of one of our patients, a large elephant covered with



white paper flowers, and a giving tree with red apples with a child's face in the middle. In all we guess that our volunteers made 1,000 paper flowers. We won first place in our division.

In December we attended the White Elephant Distribution Day where we received \$65,000 as one of many area organizations who received funding through grant submission.

We continue to follow the tradition that Executive Director Father Ed began. This year's patient accompanying us was Angela Ruiz Valdez.

Angela was born with no legs past her hips. Her mother brought her to The Clinic for help. We sent her to Shriners Hospital where they fitted her with "stubbies." These are rods fitted with paddles to help her learn to balance and walk.

Angela came to Distribution Day in 2011 at age 7. She is pictured to the right. She amazed the



audience as she confidently walked to the podium on her "stubbies."

Later, she received her prostheses and delights in wearing dresses with strappy shoes and sandals. She is pictured at the right at age 12 in 2016.

We are grateful to the White Elephant and all our donors who make it possible to help Angela and all of our other children.



Patients Need Different Services



Dulce Guadalupe Aguilar Solano (left) is 6 years old and lives in Nogales, Sonora. She has a perky personality.

Dulce is a patient in the **Orthopedics** and **Orthotics and Prosthetics Departments**. She wears ankle-foot-orthoses on both legs. These cost about \$750 and are provided free of charge to patients by The Clinic.

Sofia Buelna Martinez, age 5, (right) shows off her new glasses. She lives in Nogales, Sonora and has Down syndrome. Sofia is a patient in the **Vision** and **Augmentative/Alternative Communication Departments**.



Ways to Give to St. Andrew's Children's Clinic

There are several ways you can give to St. Andrew's Children's Clinic, either directly or indirectly.

- Enclosed envelope; send check or we will charge to your credit card.
- PayPal from our web site: www.standrewsclinic.org. Click on the **Make a donation** button on the Home page and again on the Donation page.

- e-Scrip program; register St. Andrew's Children's Clinic with your e-Scrip account, and a percentage of your purchases will be donated to The Clinic. Online, go to: www.escrip.com and click on: **Make a Difference**.
- AmazonSmile; a portion of your purchases will be donated to the charitable organization of your choice. Web address:

smile.amazon.com. Choose St. Andrew's Children's Clinic.

- Win a new 2017 Ford Explorer Platinum. Raffle tickets are \$25 or 5 for \$100. Money goes directly to The Clinic. Order from The Clinic office: (520) 648-3242 or e-mail: office@standrewsclinic.org. Compliments of Jim Click Ford of Tucson.

Remember the Clinic with Planned Giving and for Memorials

We now have a Planned Giving brochure that you can request which will give you ideas for how to include St. Andrew's Children's Clinic in your future plans. Contact our business office for a copy: (520) 648-3248; office@standrewsclinic.org.

Looking for a way to honor

someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the

memorial or honoring. The Clinic office will send the person notice of the memorial or honoring. For memorials listed in obituaries, please include our correct name and address: St. Andrew's Children's Clinic, P.O. Box 67, Green Valley, AZ 85622.



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Children's Clinic**

La Clínica

NONPROFIT
ORGANIZATION
US POSTAGE
PAID
Green Valley AZ
PERMIT NO 367

P.O. Box 67, Green Valley, AZ 85622

Address Service Requested

Phone: (520) 648-3242
(Green Valley)

Fax: (520) 740-9780
(Green Valley)

Email:
office@standrewsclinic.org

Website:
www.standrewsclinic.org

Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- March 2 (Clinic)
- April 6 (Clinic)
- May 4 (Clinic)
- June 1 (Clinic)
- August 3 (Clinic)
- September 7 (Clinic)

Publisher: St. Andrew's Children's Clinic
Editor, Writer, Photographer & Layout:
Vicki R. Fitzsimmons

Additional Photographers:
Dorothy Sturges, Jim Fitzsimmons

Design/print production: Christina Murrietta,
Busy Bee Printers, Green Valley

The mission of St. Andrew's Children's Clinic in Nogales, Arizona is to provide free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country.

Luis Alberto Villegas Garcia is a new patient at The Clinic. He has cerebral palsy and is non-verbal. He is very bright. Our speech therapist evaluated him in the **Augmentative/Alternative Department**. He is capable of using an iPad which will help him communicate with family, friends, and teachers. An iPad 4 with case and basic software costs about \$500.



St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 98% goes to direct patient care.

Cruzando fronteras para ayudar a niños mexicanos con discapacidades