** Proficiency Skills Checklist**

**CRITICAL CARE - RN**

**NAME: DATE:** Directions:Check the column **S** = Strong skill: at least one (1) year of work can perform without assistance

that best describes your skill level **A** = Adequate skill: at least six (6) months work may require some assistance

in each area. **L**= Limited skill: less than six (6) months work will require assistance

  **N**= No skill

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| **General Skills** |  |  |  **S A L N** |
| **Advanced directives** |  |  |  |  |  |  |
| **Patient/family teaching** |  |  |  |  |  |  |
| **Restrictive devices (restraints)** |  |  |  |  |  |  |
| **Lift/transfer devices** |  |  |  |  |  |  |
| **Specialty beds** |  |  |  |  |  |  |
| **End of life care/palliative care** |  |  |  |  |  |  |
| **Wound assessment & care** |  |  |  |  |  |  |
| **Automated Medication Dispensing System, Pyxis, Omnicell, or other** |  |  |  |  |  |  |
| **Bar coding for medication administration** |  |  |  |  |  |  |
| **Diabetic care and education** |  |  |  |  |  |  |
| **Blood Glucose Monitor (BGM)** |  |  |  |  |  |  |
| **Cardioversion/defibrillation** |  |  |  |  |  |  |
| **Electronic ICU** |  |  |  |  |  |  |
| **National Patient Safety Goals** |  |  |  |  |  |  |
| **Accurate patient identification** |  |  |  |  |  |  |
| **Effective communication** |  |  |  |  |  |  |
| **Interpretation & communication of lab values** |  |  |  |  |  |  |
| **Medication administration** |  |  |  |  |  |  |
| **Medication reconciliation** |  |  |  |  |  |  |
| **Labeling (medications & specimens)** |  |  |  |  |  |  |
| **Anticoagulation therapy** |  |  |  |  |  |  |
| **Monitoring conscious sedation** |  |  |  |  |  |  |
| **Pain assessment & management** |  |  |  |  |  |  |
| **Infection control** |  |  |  |  |  |  |
| **Universal precautions** |  |  |  |  |  |  |
| **Isolation** |  |  |  |  |  |  |
| **Minimize risk for falls** |  |  |  |  |  |  |
| **Prevention of pressure ulcers** |  |  |  |  |  |  |
| **Use of rapid response teams** |  |  |  |  |  |  |
| **Awareness of HCAHPS** |  |  |  |  |  |  |

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| **Cardiovascular** |  |  |  **S A L N** |
| **Assessment of heart sounds** |  |  |  |  |  |  |
| **Interpretation of arrhythmias** |  |  |  |  |  |  |
| **Performing 12 lead EKG’s** |  |  |  |  |  |  |
| **Interpretation of 12 lead EKG** |  |  |  |  |  |  |
| **Interpretation of hemodynamic monitoring** |  |  |  |  |  |  |
| **Assist with Insertion & Management of:** |
| **CVC (Central Venous Catheter)** |  |  |  |  |  |  |
| **Arterial line** |  |  |  |  |  |  |
| **Swanz Ganz catheter** |  |  |  |  |  |  |
| **Flow trac or Vigileo monitoring caths** |  |  |  |  |  |  |
| **Intra-Aortic Balloon Pump (IABP)** |  |  |  |  |  |  |
| **Ventricular Assist Device (LVAD, RVAD)** |  |  |  |  |  |  |
| **Maintenance & Management of:** |
| **Permanent pacemakers** |  |  |  |  |  |  |
| **Implantable Cardioverter Defibrillator (ICD)** |  |  |  |  |  |  |
| **External pacemakers** |  |  |  |  |  |  |
| **Epicardial pacemaker wires** |  |  |  |  |  |  |
| **Discontinuing venous/arterial sheaths** |  |  |  |  |  |  |
| **Femostop/vasoseal** |  |  |  |  |  |  |
| **Care of Patients with:** |
| **Acute myocardial infarction** |  |  |  |  |  |  |
| **Pre/post: cardiac catheterization** |  |  |  |  |  |  |
| **Congestive heart failure** |  |  |  |  |  |  |
| **Cardiomyopathy** |  |  |  |  |  |  |
| **Dysrhythmias/conduction disturbances** |  |  |  |  |  |  |
| **Aortic aneurysm** |  |  |  |  |  |  |
| **Thoracic/abdominal surgery** |  |  |  |  |  |  |
| **Endoluminal graft** |  |  |  |  |  |  |
| **Cardiogenic shock** |  |  |  |  |  |  |
| **Hypertensive crisis** |  |  |  |  |  |  |
| **Pericarditis/endocarditis** |  |  |  |  |  |  |
| **MAZE procedure** |  |  |  |  |  |  |
| **Post open heart (CABG/valve)** |  |  |  |  |  |  |
| **Cardiac contusion/trauma** |  |  |  |  |  |  |
| **Heart transplant** |  |  |  |  |  |  |
| **Cardiac tamponade** |  |  |  |  |  |  |
| **Medication Administration** |
| **ACLS medications and protocols** |  |  |  |  |  |  |
| **Antidysrythmics** |  |  |  |  |  |  |

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| **Cardiovascular - cont.** |  |  |  **S A L N** |
| **Antihypertensives** |  |  |  |  |  |  |
| **Vasoactive/vasopressor agents** |  |  |  |  |  |  |
| **Anesthetics (propofol/presedex)** |  |  |  |  |  |  |
| **Thrombolytics (retavase/activase)** |  |  |  |  |  |  |
| **Platelet inhibitors (ReoPro/Integrilin/Aggrastat)** |  |  |  |  |  |  |
| **Flolan for pulmonary hypertension** |  |  |  |  |  |  |

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| **Pulmonary** |  |  |  **S A L N** |
| **Assessment of breath sounds** |  |  |  |  |  |  |
| **Airway Management, Care & Maintenance of:** |
| **Oral/NT/ET airway** |  |  |  |  |  |  |
| **Tracheostomy** |  |  |  |  |  |  |
| **Arterial blood gas analysis/interpretation** |  |  |  |  |  |  |
| **Obtaining ABG blood sample/arterial line** |  |  |  |  |  |  |
| **Pulse oximetry** |  |  |  |  |  |  |
| **Ventilator Management** |
| **BiPAP (Bi-level Positive Airway Pressure)** |  |  |  |  |  |  |
| **Oscillation/high-frequency ventilation** |  |  |  |  |  |  |
| **Nitric** |  |  |  |  |  |  |
| **Interpretation of weaning parameters** |  |  |  |  |  |  |
| **Maintenance & management of pleural chest tubes** |  |  |  |  |  |  |
| **Care of Patient with:** |
| **Acute respiratory failure** |  |  |  |  |  |  |
| **Adult Respiratory Distress Syndrome (ARDS)** |  |  |  |  |  |  |
| **Sudden Inflammation Respiratory Syndrome (SIRS)** |  |  |  |  |  |  |
| **Inhalation injuries** |  |  |  |  |  |  |
| **Pneumonia** |  |  |  |  |  |  |
| **Pulmonary edema** |  |  |  |  |  |  |
| **Near drowning** |  |  |  |  |  |  |
| **Chronic Obstructive Pulmonary Disease (COPD)** |  |  |  |  |  |  |
| **Pre/post thoracic surgery** |  |  |  |  |  |  |
| **Pulmonary embolism** |  |  |  |  |  |  |
| **Pulmonary/chest trauma** |  |  |  |  |  |  |
| **Pulmonary hypertension** |  |  |  |  |  |  |
| **Status asthmaticus** |  |  |  |  |  |  |
| **Medication Administration** |
| **Rapid sequence intubation drugs/protocols** |  |  |  |  |  |  |
| **Nebulizer treatments: Ventolin, Atrovent** |  |  |  |  |  |  |



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| **Neurology** |  |  |  **S A L N** |
| **Cranial nerve assessment** |  |  |  |  |  |  |
| **Glasgow coma scale** |  |  |  |  |  |  |
| **NIH stroke scale** |  |  |  |  |  |  |
| **NIH stroke certification** |  |  |  |  |  |  |
| **Seizure precautions** |  |  |  |  |  |  |
| **Skeletal traction** |  |  |  |  |  |  |
| **Cervical spine precautions/logroll positioning** |  |  |  |  |  |  |
| **Halo vest/halo traction** |  |  |  |  |  |  |
| **Monitoring of neuromuscular blocking agents/paralytics** |  |  |  |  |  |  |
| **Assist with lumbar puncture** |  |  |  |  |  |  |
| **Intracranial/Cerebral Perfusion Pressure Monitoring (ICP/CPP) via:** |
| **Ventriculostomy** |  |  |  |  |  |  |
| **Subarachnoid screw/bolt** |  |  |  |  |  |  |
| **Care of Patients with:** |
| **Lumbar drains** |  |  |  |  |  |  |
| **Cerebral aneurysm** |  |  |  |  |  |  |
| **Subarachnoid hemorrhage** |  |  |  |  |  |  |
| **Status epilepticus** |  |  |  |  |  |  |
| **TBI (Traumatic Brain Injury)** |  |  |  |  |  |  |
| **Spinal cord injury** |  |  |  |  |  |  |
| **CerebroVascular Accident (CVA)** |  |  |  |  |  |  |
| **Pre/post cranial surgery** |  |  |  |  |  |  |
| **Meningitis** |  |  |  |  |  |  |
| **Myasthenia gravis** |  |  |  |  |  |  |
| **Clipping and/or coilings of aneurysms** |  |  |  |  |  |  |
| **Pituitary Tumor** |  |  |  |  |  |  |
| **Medication Administration** |
| **Steroids: Decadron, Solu-Medrol** |  |  |  |  |  |  |
| **Anticonvulsants: Dilantin, phenobarbital** |  |  |  |  |  |  |
| **Paralytic Agents: Norcuron, Pavalon, Nimbex, Tracrium, vecuronium** |  |  |  |  |  |  |
| **Mannitol** |  |  |  |  |  |  |
| **Antipsychotics: Haldol** |  |  |  |  |  |  |
| **Trauma & Burns** |  |  |  **S A L N** |
| **Mass casualty** |  |  |  |  |  |  |
| **Electrocution** |  |  |  |  |  |  |
| **Amputation** |  |  |  |  |  |  |
| **Gangrene** |  |  |  |  |  |  |
| **Multiple fractures** |  |  |  |  |  |  |

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| **Trauma & Burns - cont.** |  |  |  **S A L N** |
| **Thermoregulation: hypothermia/hyperthermia** |  |  |  |  |  |  |
| **Burns: Calculation of Total Body Surface Area (BSA)** |
| **Berdow Formula/“Rule of Nines”** |  |  |  |  |  |  |
| **Lund and Browder chart** |  |  |  |  |  |  |
| **Fluid resuscitation** |  |  |  |  |  |  |
| **Care & management of burns** |  |  |  |  |  |  |

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| **Gastrointestinal** |  |  |  **S A L N** |
| **Small bore feeding tube insertion (Dobhoff or Keofeed)** |  |  |  |  |  |  |
| **Nasogastric tube insertion** |  |  |  |  |  |  |
| **Post pyloric feeding tube insertion** |  |  |  |  |  |  |
| **Gastric lavage** |  |  |  |  |  |  |
| **Use of activated charcoal** |  |  |  |  |  |  |
| **Maintenance of gastric/jejunostomy tube** |  |  |  |  |  |  |
| **Stoma care** |  |  |  |  |  |  |
| **Maintenance & management of enteral tube feedings** |  |  |  |  |  |  |
| **Assisting/monitoring bedside procedures: endo/chest tubes/bronchs/trach insertion/PEG tubes** |  |  |  |  |  |  |
| **Care of Patients with:** |
| **Abdominal trauma** |  |  |  |  |  |  |
| **Acute gastrointestinal hemorrhage** |  |  |  |  |  |  |
| **Esophageal varices** |  |  |  |  |  |  |
| **Balloon tamponade devices (i.e. Blakemore tube)** |  |  |  |  |  |  |
| **Peritonitis** |  |  |  |  |  |  |
| **Acute pancreatitis** |  |  |  |  |  |  |
| **Bowel obstruction** |  |  |  |  |  |  |
| **Liver/pancreas transplant** |  |  |  |  |  |  |
| **Medication Administration** |
| **Antiemetics: Reglan, Zofran** |  |  |  |  |  |  |
| **H2 receptor antagonists** |  |  |  |  |  |  |
| **Renal** |  |  |  **S A L N** |
| **Foley catheter insertion** |  |  |  |  |  |  |
| **Suprapubic tube** |  |  |  |  |  |  |
| **Nephrostomy tube** |  |  |  |  |  |  |
| **Peritoneal dialysis** |  |  |  |  |  |  |
| **Continuous Arteriovenous Hemofiltration (CAVHD, CVVHD, SCUF, CRRT)** |  |  |  |  |  |  |
| **Hemodialysis of the critically ill patient** |  |  |  |  |  |  |
| **Care of Patient with:** |
| **Acute renal failure** |  |  |  |  |  |  |



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| **Renal - cont.** |  |  |  **S A L N** |
| **Chronic renal failure** |  |  |  |  |  |  |
| **AV fistulas, shunts & dialysis catheters** |  |  |  |  |  |  |
| **Nephrectomy** |  |  |  |  |  |  |
| **Renal transplant** |  |  |  |  |  |  |
| **Renal/urinary tract trauma** |  |  |  |  |  |  |

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| **Endocrine** |  |  |  **S A L N** |
| **Diabetic Ketoacidosis (DKA)** |  |  |  |  |  |  |
| **Hyperosmolar Hyperglycemic Nonketotic Coma (HHNK)** |  |  |  |  |  |  |
| **Diabetes Insipidus (DI)** |  |  |  |  |  |  |
| **Syndrome of Inappropriate Antidiuretic Hormone (SIADH)** |  |  |  |  |  |  |
| **Administration & monitoring of insulin infusion** |  |  |  |  |  |  |
| **Use of Endo tool** |  |  |  |  |  |  |
| **Intravenous Management** |  |  |  **S A L N** |
| **Starting peripheral IV’s** |  |  |  |  |  |  |
| **Care of patient with Peripherally-Inserted Central Catheter (PICC)** |  |  |  |  |  |  |
| **Administration/monitoring of Total Parenteral Nutrition (TPN)** |  |  |  |  |  |  |
| **Administration of blood/blood products** |  |  |  |  |  |  |
| **Administration of narcotics/sedatives: (fentanyl,Valium, Ativan,Versed, morphine)** |  |  |  |  |  |  |
| **Bispectral monitoring** |  |  |  |  |  |  |

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| **Tele-ICU (ICU-E)** |  |  |  **S A L N** |
| **Mentoring** |  |  |  |  |  |  |
| **Communication** |  |  |  |  |  |  |
| **Video assessment** |  |  |  |  |  |  |
| **Utilize tele-ICU system** |  |  |  |  |  |  |
| **Multi-tasking** |  |  |  |  |  |  |
| **Troubleshoot equipment** |  |  |  |  |  |  |
| **Giving directions over AV system** |  |  |  |  |  |  |
| **Interpretation of data** |  |  |  |  |  |  |
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| **Diplomacy** |  |  |  |  |  |  |
| **Critical thinking** |  |  |  |  |  |  |

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| **Other** |  |  |  **S A L N** |
| **Drug or chemical overdose (TCA, ethanol, ASA)** |  |  |  |  |  |  |
| **Poisoning (CO, cyanide)** |  |  |  |  |  |  |
| **Substance abuse (ETOH, stimulants, narcotics)** |  |  |  |  |  |  |
| **Human Immunodeficiency Virus (HIV)** |  |  |  |  |  |  |
| **Multisystem Organ Dysfunction Syndrome (MODS)** |  |  |  |  |  |  |
| **Anaphylaxis** |  |  |  |  |  |  |
| **Disseminated Intravascular Coagulation (DIC)** |  |  |  |  |  |  |
| **Septic shock** |  |  |  |  |  |  |
| **Cancer** |  |  |  |  |  |  |
| **Administration of chemotherapy** |  |  |  |  |  |  |
| **Monitoring of chemotherapy (does not initiate)** |  |  |  |  |  |  |
| **Hyperbaric oxygenation** |  |  |  |  |  |  |
| **Organ/tissue donation procedures** |  |  |  |  |  |  |
| **Suicide precautions** |  |  |  |  |  |  |

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| **Age Specific Competencies** |  |  |  **S A L N** |
| **Adolescent (ages 13-21 years)** |  |  |  |  |  |  |
| **Young adult (ages 22-39 years)** |  |  |  |  |  |  |
| **Adult (ages 40-64 years)** |  |  |  |  |  |  |
| **Older adult (ages 65-79 years)** |  |  |  |  |  |  |
| **Elderly (ages 80+ years)** |  |  |  |  |  |  |

# Fax to: 1-305-266-3242

**The information on this and all preceding pages is true and correct.**

**Signature**

**Date**