

# Short-toothed Mountain Mint



## *Pycnanthemum muticum*

This Native perennial has many great qualities. It is drought tolerant, good for erosion control and attracts hordes of pollinators. The leaves give off a pleasant spearmint like odor. This plant can be aggressive so should be given space to do it's thing. A tea can be brewed from the leaves of the Mountain mint. There has also been a long history of medicinal use.

- Hardiness: Zone 4-8
- Size: 2-3'
- Flower: Grayish white and pink flowers in late summer
- Culture: Prefers full sun to part shade and average to dry well-drained soils
- Uses: Naturalizing, massing, herb garden, border, showy, butterflies, bees, pollinators, shelter for wildlife, drought tolerant, erosion control, fragrant, tea, medicinal, cut flower, insect repellent, deer resistant

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