

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****100 Meter Dash 8 & Under Division Girls**

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Nat'1: N 13.97		7/24/2015	Payton Payne, Glenarden TC			
Region 3: R 14.11		7/11/2015	Payton Payne, Glenarden Tr			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Mathis, Raniya	Glenarden Track	15.22	15.43q	1.4	1
2	McGhee, Naomi	Southwestern	15.73	15.56q	1.4	2
3	Myers, Madison	Cobra Track	16.20	15.78q	NWI	3
4	Sparrow, Nia	Comets of Ch	16.50	16.00q	NWI	3
5	Davis, Rachel	i5 Elite	16.58	16.08q	NWI	3
6	Jefferson, Madison	Glenarden Track	16.26	16.15q	1.4	2
7	Rush, Alexia	Loudoun Legacy	16.47	16.26q	1.4	2
8	Johnson, Alyssa	Pwc Panthers	16.46	16.33q	1.4	1
9	Church, Blakley	Virginia Elite	16.37	16.42	1.4	1
10	Nixon, Laila	Virginia Elite		16.52	1.4	2
11	Murray, Grace	Prominent Athletes	16.99	16.52	NWI	3
12	Phillips, Tori	Turbo Track Club	17.42	16.83	1.4	1
13	Pete, Lauryn	Dale City Li	16.91	17.00	1.4	1
14	Souels, Madison	Richmond Spe	17.06	17.12	1.4	1
15	Harris, Mckenzie	Turbo Track Club	17.01	17.14	NWI	3
15	Hill, Demi	Glenarden Track	16.24	17.14	NWI	3
17	Gomez, Jasmine	Full Speed A	17.02	17.15	1.4	2
18	Parker, Gabrielle	Wwas Athletic Club	17.43	17.23	1.4	2
19	Brooks, Skye	Virginia Elite	16.89	17.33	1.4	1
20	Thornton, Aaliyah	Virginia Elite	17.57	17.68	NWI	3
21	Smith, Khloe	Prominent Athletes	16.70	17.93	1.4	2
22	Pridgeon, Elise	Loudoun Legacy	18.23	18.63	NWI	3

100 Meter Dash 8 & Under Division Girls

=====						
Nat'1: N 13.97		7/24/2015	Payton Payne, Glenarden TC			
Region 3: R 14.11		7/11/2015	Payton Payne, Glenarden Tr			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Mathis, Raniya	Glenarden Track	15.43	15.47	-0.7	
2	McGhee, Naomi	Southwestern	15.56	15.81	-0.7	
3	Jefferson, Madison	Glenarden Track	16.15	15.96	-0.7	
4	Johnson, Alyssa	Pwc Panthers	16.33	16.61	-0.7	
5	Sparrow, Nia	Comets of Ch	16.00	16.62	-0.7	
6	Rush, Alexia	Loudoun Legacy	16.26	16.75	-0.7	
7	Myers, Madison	Cobra Track	15.78	16.77	-0.7	
8	Davis, Rachel	i5 Elite	16.08	16.77	-0.7	

200 Meter Dash 8 & Under Division Girls

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Nat'1: N 29.42		7/29/2017	Madison Poythress, 04-Star Trac			
Region 3: R 29.12		7/12/2015	Payton Payne, Glenarden Tr			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	McGhee, Naomi	Southwestern	33.47	32.76q	0.8	1
2	Mathis, Raniya	Glenarden Track	33.70	34.25q	NWI	2
3	Church, Blakley	Virginia Elite	34.61	34.46q	1.8	3
4	Nixon, Laila	Virginia Elite		34.55q	1.8	3

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5	Scott, Kiersten	DC Select Tr	34.90	34.59q	0.8	1
6	Rush, Alexia	Loudoun Legacy	34.62	34.61q	NWI	2
7	Belton, Kerra	Virginia Elite		34.66q	1.8	3
8	Clark, Joelle	Catonsville	35.15	34.75q	0.8	1
9	Jackson, Grace	Baltimore Ci	34.46	35.00	1.8	3
10	Moore, Aaris	Richmond Hea	37.85	35.50	0.8	1
11	Harris, Mckenzie	Turbo Track Club	35.69	35.66	NWI	2
12	Murray, Grace	Prominent Athletes	36.60	35.94	NWI	2
13	Brooks, Skye	Virginia Elite	37.15	36.02	NWI	2
14	Bunn, Skyla	Ebenezer A.M	35.24	36.04	NWI	2
15	Johnson, Alyssa	Pwc Panthers	36.43	36.15	0.8	1
16	Nwude, Dawn	Cobra Track	35.66	36.28	1.8	3
17	Pete, Lauryn	Dale City Li	36.89	36.29	1.8	3
18	Thornton, Aaliyah	Virginia Elite	37.04	37.29	1.8	3 37.281
19	Souels, Madison	Richmond Spe	38.18	37.29	0.8	1 37.283
20	Gomez, Jasmine	Full Speed A	36.31	37.75	0.8	1
21	Veney, Charlese	East End Lig	39.60	39.49	NWI	2

200 Meter Dash 8 & Under Division Girls

=====						
Nat'1: N 29.42 7/29/2017 Madison Poythress, 04-Star Trac						
Region 3: R 29.12 7/12/2015 Payton Payne, Glenarden Tr						
Name	Year	Team	Prelims	Finals	Wind	Points
=====						

Finals

1	McGhee, Naomi	Southwestern	32.76	31.47	1.6
2	Mathis, Raniya	Glenarden Track	34.25	32.55	1.6
3	Nixon, Laila	Virginia Elite	34.55	33.25	1.6
4	Church, Blakley	Virginia Elite	34.46	33.34	1.6
5	Rush, Alexia	Loudoun Legacy	34.61	33.79	1.6
6	Scott, Kiersten	DC Select Tr	34.59	33.98	1.6
7	Clark, Joelle	Catonsville	34.75	34.26	1.6
8	Belton, Kerra	Virginia Elite	34.66	34.40	1.6

400 Meter Dash 8 & Under Division Girls

=====						
Nat'1: N 1:06.10 7/30/2016 Olivia Harris, 04 Jackrabbi						
Region 3: R 1:09.12 7/13/2008 Onajamh Pippins, 45 Boys & Girls						
Name	Year	Team	Seed	Prelims	H#	
=====						

Preliminaries

1	McGhee, Naomi	Southwestern	1:17.89	1:15.96q	2
2	Charles, Kaia	Glenarden Track	1:16.98	1:21.79q	1
3	Myers, Madison	Cobra Track	1:21.69	1:22.49q	2
4	Smith, Khloe	Prominent Athletes	1:27.28	1:23.31q	1
5	Cooper, Rya	Baltimore Ci	1:19.70	1:23.33q	3
6	Scott, Kiersten	DC Select Tr	1:21.50	1:23.41q	3
7	Owens, Madelyn	Ft. Belvoir	1:23.44	1:24.28q	2
8	Hall, London	Glenarden Track	1:27.80	1:24.52q	2
9	Pete, Lauryn	Dale City Li	1:27.66	1:25.41	1
10	Clark, Joelle	Catonsville	1:24.05	1:25.73	3
11	Moore, Aaris	Richmond Hea	1:23.43	1:28.71	1
12	Murray, Grace	Prominent Athletes	1:30.47	1:29.29	3
13	Harris, Mckenzie	Turbo Track Club	1:25.39	1:29.34	3
14	Evans, Mikayla	Glenarden Track	1:22.54	1:29.43	1

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15	Pridgeon, Elise	Loudoun Legacy	1:34.60	1:32.61	2
16	Rush, Alexia	Loudoun Legacy	1:35.87	1:33.58	1
17	Brooks, Skye	Virginia Elite	1:34.61	1:35.56	1
18	Gardner, Noelle	Glenarden Track	1:28.76	1:44.54	3

400 Meter Dash 8 & Under Division Girls

=====					
Nat'1: N 1:06.10 7/30/2016 Olivia Harris, 04 Jackrabbi					
Region 3: R 1:09.12 7/13/2008 Onajamh Pippins, 45 Boys & Girls					
Name	Year	Team	Prelims	Finals	Points
=====					

Finals

1	McGhee, Naomi	Southwestern	1:15.96	1:15.07	
2	Scott, Kiersten	DC Select Tr	1:23.41	1:19.77	
3	Charles, Kaia	Glenarden Track	1:21.79	1:19.81	
4	Cooper, Rya	Baltimore Ci	1:23.33	1:21.38	
5	Myers, Madison	Cobra Track	1:22.49	1:21.95	
6	Smith, Khloe	Prominent Athletes	1:23.31	1:22.58	
7	Owens, Madelyn	Ft. Belvoir	1:24.28	1:22.98	
8	Hall, London	Glenarden Track	1:24.52	1:28.61	

800 Meter Run 8 & Under Division Girls

=====					
Nat'1: N 2:38.11 7/30/2016 Yamilet Lopez, 15 Pacific C					
Region 3: R 2:38.74 7/8/2016 Michailyn Rose, F.I.A. Amba					
Name	Year	Team	Seed	Finals	H# Points
=====					

1	Anthony, Hope	Ft. Belvoir	3:03.06	3:04.62	2
2	Bunn, Skyla	Ebenezer A.M	3:13.98	3:14.78	2
3	Driscoll, Allie	12-Unattached	3:36.64	3:15.57	1
4	Jones, Bria	New Wave Track	3:20.41	3:21.12	2
5	Oliver, Zoe	Track Express Track	3:17.17	3:21.20	2
6	Guardiola, Isis	Virginia Elite	3:25.22	3:21.72	2
7	Blackwell, Taylore	Vision Elite	3:30.84	3:24.79	1
8	Felton, Simone	Bullseye Running	3:16.39	3:33.23	2
9	Neufeld, Elle	McLean Youth Track	3:57.09	3:45.02	1

1500 Meter Run 8 & Under Division Girls

=====					
Nat'1: N 5:16.29 7/31/2016 Yamilet Lopez, 15 Pacific C					
Region 3: R 5:35.89 7/8/2012 Dashana Morris, 45-Cougar TC					
Name	Year	Team	Seed	Finals	Points
=====					

1	Barba, Eleanor	Fairfax Poli	6:11.28	6:09.48	
2	Anthony, Hope	Ft. Belvoir	6:09.75	6:20.25	
3	Driscoll, Allie	12-Unattached	6:13.35	6:31.65	
4	Oliver, Zoe	Track Express Track	6:58.65	6:40.79	
5	Jones, Bria	New Wave Track	6:52.88	6:47.50	
6	Blackwell, Taylore	Vision Elite	7:07.46	6:51.13	
7	Felton, Simone	Bullseye Running	6:48.62	6:53.35	

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4x100 Meter Relay 8 & Under Division Girls

Team	Seed	Finals
Nat'l: N 59.14 7/30/2016 15 Valley United Track Club, 15 Vall M Scoggins, D Woods, C Gonzalez, N Young		
Region 3: R 1:01.03 7/12/2008 10 Glenarden TC, 10 Glenarden TC S Antoine-Pompey, L Harris, A Richards, M Russell		
1 Glenarden Track 'A'	1:05.25	1:03.72
2 Virginia Elite 'A'		1:07.38
1) Belton, Kerra 2) Brooks, Skye		
3) Church, Blakley 4) Guardiola, Isis		
3 Glenarden Track 'B'	1:08.86	1:09.07
4 Glenarden Track 'C'	1:11.53	1:12.01
5 Baltimore City White Knight 'A'	1:10.46	1:13.09

4x400 Meter Relay 8 & Under Division Girls

Team	Seed	Finals
Nat'l: N 4:48.95 7/28/2013 15-Los Angeles Jets TC, 15-Los Angel E Brown, K Dixon, N Godfrey, S Young		
Region 3: R 5:01.72 7/13/2008 10 Glenarden TC, 10 Glenarden TC S Antoine-Pompey, L Harris, A Richards, M Russell		
1 Glenarden Track 'A'	5:48.66	5:39.97
2:51.753 (2:51.753) 4:19.649 (1:27.896)		
2 Glenarden Track 'B'	6:26.52	6:14.59
2:56.601 (2:56.601) 4:30.021 (1:33.420)		

Long Jump 8 & Under Division Girls

Name	Year	Team	Seed	Finals	Wind
Nat'l: N 3.99m 7/25/2014 Kori Martin, 15-Pasadena					
Region 3: R 3.99m 7/9/2004 Amber Lewis, East Cobb					
1 Johnson, Alyssa		Pwc Panthers	2.78m	2.99m	0.3
2.96m(+0.0) 2.90m(-1.1) 2.99m(0.3) 2.75m(+0.0) 2.88m(-2.0) 2.81m(-0.8)					
2 Gomez, Jasmine		Full Speed A	2.19m	2.91m	+0.0
2.73m(+0.0) 2.91m(+0.0) 2.78m(0.7) FOUL(-0.3) FOUL(0.2) FOUL(-0.1)					
3 Anthony, Hope		Ft. Belvoir	2.16m	2.75m	0.7
2.75m(0.7) 2.45m(1.1) 2.25m(0.7) 2.04m(-0.8) FOUL(-1.5) 2.36m(-1.2)					
4 Hildreth, Averi Jae		i5 Elite	2.36m	2.69m	-1.3
2.60m(1.7) FOUL(1.0) 1.45m(1.0) 2.69m(-1.3) FOUL(-1.2) FOUL(-0.8)					
5 Moore, Aris		Richmond Hea	2.55m	2.63m	-1.3
2.51m(0.2) FOUL(0.2) FOUL(1.9) 2.63m(-1.3) FOUL(0.3) 2.24m(-1.6)					
6 Smith, Khloe		Prominent Athletes	2.82m	2.58m	1.9
2.38m(0.5) 1.98m(-3.5) 2.58m(1.9) FOUL(-1.9) 1.58m(-2.1) 2.02m(-0.8)					
7 Souels, Madison		Richmond Spe	2.13m	2.55m	1.7
FOUL(0.7) 2.55m(1.7) FOUL(0.2) FOUL(-1.0) 2.00m(-0.9) 2.39m(0.5)					
8 Wynn, Jamiyah		East End Lig	2.25m	2.51m	-1.1
2.45m(1.1) 2.09m(0.1) 2.28m(1.1) 2.24m(-0.5) 2.45m(+0.0) 2.51m(-1.1)					
9 Buckmon, Demi		Cavalier Cav	2.37m	2.46m	1.5
2.46m(1.5) 1.63m(0.7) 2.37m(-0.3) 1.82m(0.3) FOUL(+0.0) FOUL(-0.6)					
10 Russell, Tattiana		Richmond Hea	2.64m	2.38m	0.9
x 2.38m(0.9) FOUL(+0.0) 2.32m(0.5)					
11 Walker, Kaylee		Ashburn Elite Track	2.58m	2.34m	2.7
2.28m(+0.0) 1.88m(0.7) 2.34m(2.7)					

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....Long Jump 8 & Under Division Girls

12 Neufeld, Elle McLean Youth Track 1.38m 1.69m 2.2 5-06.50
 1.59m(1.3) 1.69m(2.2) 1.40m(-0.2)

Shot Put 8 & Under Division Girls

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Nat'1: N 8.11m		7/27/2014		Octavia Gee, 16-Unattache					
Region 3: R 6.50m		7/13/2014		Brittany Ellis, Unattached					
Name	Year	Team	Seed	Finals					
=====									
1 Veney, Charlese		East End Lig	4.33m	4.79m	15-08.75				
4.23m	4.16m	3.77m	4.60m	4.19m	4.79m				
2 Roofe, Gia		Usa-Ja	4.03m	4.48m	14-08.50				
4.27m	4.10m	3.22m	3.43m	3.82m	4.48m				
3 Curtis, Amirah		Baltimore Ci	4.22m	3.95m	12-11.50				
3.53m	3.20m	3.76m	3.53m	3.12m	3.95m				
4 Robinson, Mylee		FireStorm El	3.67m	3.84m	12-07.25				
3.53m	3.37m	3.15m	3.63m	3.84m	3.63m				
5 Small, Kennedy		House of Speed	3.93m	3.67m	12-00.50				
3.39m	PASS	3.33m	3.63m	3.67m	3.53m				
6 Parker, Gabrielle		Wwas Athletic Club	3.43m	J3.67m	12-00.50				
2.79m	3.09m	2.98m	2.96m	3.67m	3.21m				
7 Adams, Temple		Glenarden Track	4.10m	3.53m	11-07.00				
3.53m	2.88m	2.93m	3.32m	3.21m	3.17m				
8 Ray, Alisyn		Ft. Belvoir	2.56m	3.10m	10-02.00				
2.42m	2.63m	2.38m	2.31m	3.10m	PASS				
9 Miner, Samantha		Prominent Athletes	2.97m	3.07m	10-01.00				
2.42m	2.57m	2.47m	2.92m	3.07m	2.68m				
10 Leach, Caelyn		Marlboro Boy	2.29m	2.11m	6-11.25				
2.11m	1.94m	1.93m							

Javelin Throw 8 & Under Division Girls

=====									
Nat'1: N 23.15m		7/30/2015		Cameron Chapman, 04 Unattached					
Region 3: R 19.57m		7/10/2011		Michela Poma, Walton Youth					
Name	Year	Team	Seed	Finals					
=====									
1 Small, Kennedy		House of Speed	7.31m	11.63m	38-02				
6.27m	11.63m	10.24m	8.36m	7.85m	7.64m				
2 Curtis, Amirah		Baltimore Ci	6.95m	8.94m	29-04				
8.94m	7.27m	7.87m	7.72m	7.64m	7.72m				
3 Owens, Madelyn		Ft. Belvoir	8.11m	8.70m	28-06				
6.67m	6.45m	7.31m	7.61m	6.56m	8.70m				
4 Miner, Samantha		Prominent Athletes	7.27m	8.68m	28-06				
8.68m	7.06m	6.24m	5.02m	6.08m	FOUL				
5 Veney, Charlese		East End Lig	8.12m	8.57m	28-01				
8.57m	6.45m	8.56m	7.22m	7.26m	8.16m				
6 Franklin, Kree		Glenarden Track	7.27m	6.99m	22-11				
5.27m	6.18m	5.78m	6.99m	5.64m	5.22m				
7 Valentine, Nahla		Baltimore Ci	4.94m	6.30m	20-08				
6.30m	5.31m	4.54m	5.72m	5.33m	5.96m				
8 Bobo, Zoe		Glenarden Track	7.08m	6.16m	20-02				
5.21m	4.94m	6.16m	5.41m	4.24m	4.80m				
9 Leach, Caelyn		Marlboro Boy	3.04m	4.86m	15-11				
1.99m	3.42m	4.37m	4.48m	3.59m	4.86m				

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....Javelin Throw 8 & Under Division Girls

10	Ray, Alisyn	Ft. Belvoir	6.50m	4.17m	13-08
	3.10m 2.08m 4.17m				
11	Thornton, Aaliyah	Virginia Elite	4.08m	4.08m	13-05
	3.03m 3.08m 4.08m				
12	Buckmon, Demi	Cavalier Cav	7.55m	4.04m	13-03
	FOUL FOUL 4.04m				
13	Ware, Chase	i5 Elite	3.29m	4.02m	13-02
	2.18m 3.21m 4.02m				

100 Meter Dash 9-10 Division Girls

Nat'l: N 12.67 7/9/2017 Payton Payne, 03-Glenarden

Region 3: R 12.67 7/9/2017 Payton Payne, Glenarden

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1		Morton, Lailah	Owings Mills Track	14.33	14.40q	-0.8 3
2		Rheubottom, I'Yahni	Virginia Elite	14.13	14.43q	-0.8 3
3		Asante, Deborah	Usa-Ja	14.40	14.57q	-0.4 2
4		Thomas, Jordan	Pwc Panthers	14.70	14.62q	-0.8 3
5		M, Nah'la	Glenarden Track	14.58	14.70q	-0.4 2
6		Wood, Imani	Loudoun Legacy	14.66	14.86q	-0.8 3
7		Gomez, Raylynn	Firebirds Athletic	14.47	14.92q	0.4 1
8		Hassell, Alana	Virginia Pri	14.53	14.96q	0.4 1
9		Drake, Deja	Dale City Li	14.97	15.06	0.4 1
10		Rawlings, Niyah	Glenarden Track	15.23	15.13	-0.8 3
11		Igwebuike, Portia	Usa-Ja	14.92	15.19	-0.4 2
12		Alao, Shiloh-Grace	Glenarden Track	15.45	15.21	-0.8 3
13		Braxton, Tierra	Dale City Li	14.92	15.40	0.4 1 15.391
14		Chase, Maya	Owings Mills Track	15.44	15.40	-0.8 3 15.399
15		Virgil, Antonique	Southern Spr	15.14	15.42	-0.8 3
16		Johnson, Aaleeah	F.I.A. Ambassadors	15.26	15.43	-0.4 2
17		Lancaster, Donea	Loudoun Legacy	15.29	15.74	0.4 1
18		Kreuzburg, Ella	Lightning Running	15.46	15.79	-0.4 2
19		Smith, Kyah	Prominent Athletes	15.36	15.83	0.4 1
20		Taylor, Sydney	Virginia Pri	15.61	15.84	0.4 1

100 Meter Dash 9-10 Division Girls

Nat'l: N 12.67 7/9/2017 Payton Payne, 03-Glenarden

Region 3: R 12.67 7/9/2017 Payton Payne, Glenarden

Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1		Gomez, Raylynn	Firebirds Athletic	14.92	14.27	-0.3
2		Morton, Lailah	Owings Mills Track	14.40	14.34	-0.3
3		Rheubottom, I'Yahni	Virginia Elite	14.43	14.42	-0.3
4		M, Nah'la	Glenarden Track	14.70	14.51	-0.3
5		Wood, Imani	Loudoun Legacy	14.86	14.66	-0.3
6		Hassell, Alana	Virginia Pri	14.96	14.70	-0.3
7		Thomas, Jordan	Pwc Panthers	14.62	14.88	-0.3
8		Asante, Deborah	Usa-Ja	14.57	18.05	-0.3

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****200 Meter Dash 9-10 Division Girls**

Nat'l: N 26.10 7/29/2017 Tarrianna Jackson/Elise Cooper, Need 4 Sp/Owin						
Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Chew, Audrina		Virginia Elite	29.04	28.27q	1.7	1
2 Thomas, Arianna		Pwc Panthers	29.29	29.16q	-1.3	2
3 Wood, Imani		Loudoun Legacy	30.72	29.61q	1.7	1
4 Harris, Sydney		i5 Elite	29.51	29.80q	-1.3	2
5 Morton, Lailah		Owings Mills Track	29.43	29.81q	-2.6	3
6 Harrell, Dallyce		10-Unattached	29.84	29.95q	1.7	1 29.945
7 Asante, Deborah		Usa-Ja	29.37	29.95q	-2.6	3 29.950
8 Thompson, Kendall		Marlboro Boy	31.19	30.12q	1.7	1
9 Harper, Daniene		Eyt Spartans	32.28	30.75	-1.3	2
10 Drake, Deja		Dale City Li	31.12	31.00	1.7	1
11 Myers, Alexis		Virginia Elite	30.95	31.09	-2.6	3
12 Hassell, Alana		Virginia Pri	31.02	31.23	-1.3	2
13 Cherry, Kendall		12-Unattached	31.00	31.49	-2.6	3
14 Thomas, Jordan		Pwc Panthers	30.90	31.55	-1.3	2
15 Virgil, Antonique		Southern Spr	31.80	31.59	-2.6	3
16 Braxton, Tierra		Dale City Li	31.78	31.61	-1.3	2
17 Badoo, Gabrielle		i5 Elite	31.86	31.67	-2.6	3
18 Hope, Skyler		Richmond Hea	32.78	32.23	1.7	1
19 Belle, Ava		Dale City Li	33.48	32.39	1.7	1
20 Chadwick, Laila		Virginia Pri		32.50	-1.3	2

200 Meter Dash 9-10 Division Girls

Nat'l: N 26.10 7/29/2017 Tarrianna Jackson/Elise Cooper, Need 4 Sp/Owings M						
Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1 Thomas, Arianna		Pwc Panthers	29.16	28.52	-0.9	
2 Chew, Audrina		Virginia Elite	28.27	28.62	-0.9	
3 Harrell, Dallyce		10-Unattached	29.95	29.41	-0.9	
4 Wood, Imani		Loudoun Legacy	29.61	29.57	-0.9	
5 Harris, Sydney		i5 Elite	29.80	29.60	-0.9	
6 Asante, Deborah		Usa-Ja	29.95	29.92	-0.9	
7 Morton, Lailah		Owings Mills Track	29.81	29.98	-0.9	
8 Thompson, Kendall		Marlboro Boy	30.12	30.75	-0.9	

400 Meter Dash 9-10 Division Girls

Nat'l: N 59.81 7/30/1993 Monique Henderson, San Diego, CA						
Region 3: R 1:01.80 7/12/2015 JaMeesia Ford, Fayetteville						
Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Welbon, Tiana		Firebirds Athletic	1:06.96	1:04.82q		4
2 Rose, Michailyn		Virginia Elite	1:04.99	1:06.64q		1
3 Talley, Mariah		Elite Track	1:07.47	1:07.32q		3
4 Johnson, Morgan		FireStorm El	1:06.62	1:08.19q		4
5 Onyekwere-Bucey, Samiah		Glenarden Track	1:05.00	1:08.33q		2
6 Harrell, Dallyce		10-Unattached	1:06.09	1:08.51q		3
7 Thomas, Arianna		Pwc Panthers	1:09.85	1:09.76q		2
8 Davis, Gabrielle		12-Unattached	1:11.09	1:10.90q		4

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9	Cherry, Kendall	12-Unattached	1:12.75	1:10.92	1
10	Clark, Victoria	Infinite Spe	1:13.51	1:11.81	2
11	Phillips, Taleah	Turbo Track Club	1:10.13	1:11.89	1
12	Smith, Laila	Usa-Ja	1:10.76	1:12.12	3
13	Wood, Imani	Loudoun Legacy	1:10.60	1:12.27	2
14	Rosier, Jameese	Comets of Ch	1:10.35	1:12.29	1
15	Garrett, Tiffany	Glenarden Track	1:12.88	1:13.13	1
16	Van Irvin, Ariyana	F.I.A. Ambassadors	1:15.13	1:14.01	3
17	Jackson, Jade	Glenarden Track	1:11.72	1:14.72	4
18	Braxton, Tierra	Dale City Li	1:14.48	1:15.10	4
19	Hope, Skyler	Richmond Hea	1:15.31	1:16.35	2
20	Johnson, Kennasia	Richmond Hea	1:15.58	1:16.71	1
21	McGowan, Harmoni	Oxon Hill Bo	1:13.64	1:16.95	3
22	Savage, Isabella	Prominent Athletes	1:15.33	1:17.81	1
23	Belle, Ava	Dale City Li	1:14.17	1:18.29	4

400 Meter Dash 9-10 Division Girls

Nat'l: N 59.81 7/30/1993 Monique Henderson, San Diego, CA

Region 3: R 1:01.80 7/12/2015 JaMeesia Ford, Fayetteville

Name	Year	Team	Prelims	Finals	Points
------	------	------	---------	--------	--------

Finals

1	Rose, Michailyn	Virginia Elite	1:06.64	1:03.91	
2	Welbon, Tiana	Firebirds Athletic	1:04.82	1:04.10	
3	Thomas, Arianna	Pwc Panthers	1:09.76	1:04.82	
4	Harrell, Dallyce	10-Unattached	1:08.51	1:06.21	
5	Johnson, Morgan	FireStorm El	1:08.19	1:06.71	
6	Talley, Mariah	Elite Track	1:07.32	1:07.35	
7	Onyekwere-Bucey, Samiah	Glenarden Track	1:08.33	1:07.37	
8	Davis, Gabrielle	12-Unattached	1:10.90	1:11.67	

800 Meter Run 9-10 Division Girls

Nat'l: N 2:21.00 7/3/2010 Kennedy Simon, Gazelle Trac

Region 3: R 2:29.03 7/7/2017 Michailyn Rose, F.I.A. Amba

Name	Year	Team	Seed	Finals	H#	Points
------	------	------	------	--------	----	--------

1	Rose, Michailyn	Virginia Elite	2:31.72	2:29.95	3
2	Johnson, Morgan	FireStorm El	2:44.83	2:41.45	3
3	Talley, Mariah	Elite Track	2:46.78	2:45.54	3
4	Clark, Victoria	Infinite Spe	2:53.45	2:48.12	3
5	Davis, Gabrielle	12-Unattached	2:43.98	2:49.65	3
6	Harrod, Autumn	i5 Elite	2:58.84	2:53.29	2
7	Van Irvin, Ariyana	F.I.A. Ambassadors	2:54.16	2:55.22	3
8	Savage, Isabella	Prominent Athletes	2:57.71	2:55.73	2
9	Pope, Ta'Nylah	Virginia Elite	3:04.44	2:58.07	1
10	Mbetcha, Manuela	Firebirds Athletic	2:58.73	2:58.49	2
11	Brown, Merselle	Virginia Elite	3:04.26	2:58.83	1
12	Thrash, Zyah	Loudoun Legacy	2:57.53	3:02.28	2
13	Marshall, Janiyah	Pwc Panthers	2:59.76	3:02.54	2
14	Davis, Saniyah	Track Express Track	3:00.40	3:03.03	2
15	Taylor, Sydney	Virginia Pri	3:02.34	3:06.01	1
16	Davila, Yasmin	Ft. Belvoir	3:04.11	3:06.69	1
17	Robinson, Camery	Eastern Shor	3:01.00	3:11.92	2

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....800 Meter Run 9-10 Division Girls

18 Burwell, Kayman Southern Spr 3:07.54 3:13.00 1

1500 Meter Run 9-10 Division Girls

=====					
Nat'1:	N	4:50.97	7/5/2009	Daesha Rogers, Miami-Dade	
Region 3:	R	5:09.03	7/1997	Saidah Fishenden	NS Road Runners GA
Name	Year	Team	Seed	Finals	Points
=====					
1		Talley, Mariah	Elite Track	5:43.47	5:48.67
2		Savage, Isabella	Prominent Athletes	5:55.88	5:50.86
3		Mbetcha, Manuela	Firebirds Athletic	5:53.31	6:00.57
4		Hawkins, Hannah	Fairfax Poli	5:57.58	6:03.43
5		Marshall, Janiyah	Pwc Panthers	6:00.47	6:10.11
6		Safford, Coraline	Marlboro Boy	6:02.64	6:21.04
7		Davila, Yasmin	Ft. Belvoir	6:36.39	6:21.22
8		Baker, Emily	Gloucester Y	6:36.25	6:41.23

4x100 Meter Relay 9-10 Division Girls

=====					
Nat'1:	N	52.91	7/28/2012	04-Miramar Optimist TC, 04-Miramar O	
				J Bell, M Cadet, A Strange, B Williams	
Region 3:	R	53.99	7/12/2014	Track Xplosion, Track Xplosi	
				C Fort, T Outlaw, J Hart, K Jones	
Team			Seed	Prelims	H#
=====					

Preliminaries

1	Firebirds Athletic 'A'		55.78	54.87q	1
	1) Coes, Parker	2) Gomez, Raylynn			
	3) Jones, Taylor	4) Welbon, Tiana			
2	Virginia Elite 'A'		56.00	56.89q	2
	1) Chew, Audrina	2) Myers, Alexis			
	3) Rheubottom, I'Yahni	4) Pope, Ta'Nylah			
3	Glenarden Track 'A'		58.51	57.62q	1
	1) Jackson, Jade	2) M, Nah'la			
	3) Rawlings, Niyah	4) Onyekwere-Bucey, Samiah			
4	Usa-Ja 'A'		1:01.21	58.84q	2
	1) Asante, Deborah	2) Igwebuike, Portia			
	3) Shannon, Cheyenne	4) Smith, Laila			
5	Owings Mills Track 'A'		56.98	58.91q	2
	1) Chase, Maya	2) Morton, Lailah			
	3) Marshall, Mariah	4) Mitchell, Chayse			
6	Firebirds Athletic 'B'		1:02.11	1:00.40q	1
	1) Peyton, Khloe	2) Lorfils, Christa			
	3) Hill, Zyira	4) Madison, Ania			
7	Turbo Track Club 'B'		1:01.93	1:02.41q	2
	1) Holloman, Talia	2) Hunt, Makayla			
	3) McDougall, Niya	4) Phillips, Taleah			
8	Glenarden Track 'B'		1:02.69	1:02.83q	1
	1) Alao, Shiloh-Grace	2) Gardner, Jamia			
	3) Simpson, Autumn	4) Reaves, Hailey			
9	Glenarden Track 'C'		1:02.87	1:03.42	2
	1) Franklin, Kyndan	2) Marshmon, Sydney			
	3) Nwaka, Buchi	4) Sims, Alaysia			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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4x100 Meter Relay 9-10 Division Girls

Team	Prelims	Finals	Points
Nat'l: N 52.91 7/28/2012 04-Miramar Optimist TC, 04-Miramar O J Bell, M Cadet, A Strange, B Williams			
Region 3: R 53.99 7/12/2014 Track Xplosion, Track Xplosi C Fort, T Outlaw, J Hart, K Jones			
Finals			
1 Firebirds Athletic 'A'	54.87	55.41	
2 Virginia Elite 'A'	56.89	57.31	
3 Glenarden Track 'A'	57.62	58.66	
4 Usa-Ja 'A'	58.84	59.20	
5 Owings Mills Track 'A'	58.91	59.81	
6 Firebirds Athletic 'B'	1:00.40	1:00.75	
7 Glenarden Track 'B'	1:02.83	1:02.68	
8 Turbo Track Club 'B'	1:02.41	1:03.65	

4x400 Meter Relay 9-10 Division Girls

Team	Seed	Finals	Points
Nat'l: N 4:17.32 7/28/2013 12-Track Houston Youth TC, 12-Track Hou J Elrod, I Jefferson, D Maxey, D McClennon			
Region 3: R 4:28.55 7/9/2010 Boys And Girls TC, Boys And Girls L Powell, H Chukwura, F Laidlaw, S Pippins			
Finals			
1 Firebirds Athletic 'A'	4:44.05	4:40.12	
2:15.972 (2:15.972) 3:26.330 (1:10.358)	4:40.116 (1:13.786)		
2 Glenarden Track 'A'	4:59.32	4:51.98	
2:28.330 (2:28.330) 3:42.892 (1:14.562)	4:51.972 (1:09.080)		
3 FireStorm Elite Track 'A'	4:58.98	5:03.36	
2:32.562 (2:32.562) 3:44.644 (1:12.082)	5:03.358 (1:18.714)		
4 Usa-Ja 'A'	5:22.45	5:10.26	
2:29.884 (2:29.884) 3:50.600 (1:20.716)	5:10.258 (1:19.658)		
5 Glenarden Track 'B'	5:27.27	5:22.55	
2:39.678 (2:39.678) 4:07.212 (1:27.534)	5:22.546 (1:15.334)		
6 Turbo Track Club 'A'	5:42.34	5:30.22	
2:35.546 (2:35.546) 4:05.958 (1:30.412)	5:30.212 (1:24.254)		
7 Glenarden Track 'C'	5:42.80	5:37.74	
2:44.118 (2:44.118) 4:12.480 (1:28.362)	5:37.736 (1:25.256)		

High Jump 9-10 Division Girls

Name	Year Team	Seed	Finals	Points
Nat'l: N 1.50m 7/25/2012 Victoria Plummer, Unattached				
Region 3: R 1.23m 7/7/2017 Ashlyn Hudson, Bull City Expres				
Finals				
1 Rose, Michailyn	Virginia Elite	1.25m	1.25mR	4-01.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30				
P P P O O O O O XXX				
2 Harris, Sydney	i5 Elite	1.37m	J1.25mR	4-01.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30				
P P P P XO O O XO XXX				
3 Thompson, Kendall	Marlboro Boy	1.22m	J1.25mR	4-01.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30				
P P P O O O XXO XO XXX				

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...High Jump 9-10 Division Girls

4	Curry, Lauren	12-Unattached	1.25m	1.20m	3-11.25
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25				
	P P O O XXO O XO XXX				
5	Pugh, Traci	FireStorm El	1.12m	1.15m	3-09.25
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	O O O O O XXX				
6	Madison, Ania	Firebirds Athletic	1.17m	J1.15m	3-09.25
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	P P P O XXO O XXX				
7	Badoo, Gabrielle	i5 Elite	1.02m	J1.15m	3-09.25
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	O O O O XXO XO XXX				
8	Carr, Ava	Bullseye Running	1.17m	1.10m	3-07.25
	0.90 0.95 1.00 1.05 1.10 1.15				
	P O O O XXO XXX				
9	Marshmon, Sydney	Glenarden Track	0.97m	1.05m	3-05.25
	0.90 0.95 1.00 1.05 1.10				
	XO O O O XXX				
10	Galloway, Nadiya	Virginia Elite	0.95m	0.95m	3-01.25
	0.90 0.95 1.00				
	O O XXX				

Long Jump 9-10 Division Girls

=====							
Nat'1: N 4.78m 6/30/2005 Ramona Carryl, Knoxville, TN							
Region 3: R 4.66m 7/8/2017 Gabrielle White, USA-JA							
Name	Year	Team	Seed	Finals	Wind	Points	
=====							
1	Rawlings, Niyah	Glenarden Track	3.52m	3.97m	0.4	13-00.25	
	FOUL(-0.0) 3.47m(-0.9) 3.59m(-1.0) 3.65m(-0.4) 3.94m(0.7) 3.97m(0.4)						
2	Chadwick, Laila	Virginia Pri		3.91m	-0.9	12-10.00	
	3.91m(-0.9) FOUL(1.3) 3.54m(+0.0) 2.59m(-2.7) 3.41m(-0.3) 3.20m(-3.5)						
3	Thomas, Arianna	Pwc Panthers	3.60m	3.85m	-2.1	12-07.75	
	3.57m(-0.5) 3.65m(-0.0) 3.85m(-2.1) 3.64m(-1.0) 3.72m(-1.1) 3.66m(-1.3)						
4	Roomes, Janelle	Mach 5 Athletics	3.88m	3.81m	-1.6	12-06.00	
	3.69m(-0.0) 3.44m(-1.0) 3.81m(-1.6) 3.59m(-2.3) 3.74m(-0.1) FOUL(-1.3)						
5	Thomas, Jordan	Pwc Panthers	3.45m	3.77m	-2.0	12-04.50	
	3.77m(-2.0) 3.73m(-0.3) 3.17m(-4.4) 3.76m(-4.8) FOUL(-0.2) 3.53m(-1.4)						
6	Madison, Ania	Firebirds Athletic	3.93m	3.66m	-2.2	12-00.25	
	3.66m(-2.2) 3.36m(-2.7) 3.64m(-1.1) 3.06m(-1.0) 3.07m(0.5) FOUL(2.1)						
7	Van Irvin, Ariyana	F.I.A. Ambassadors	3.57m	3.61m	NWI	11-10.25	
	3.57m(-1.4) 2.56m(-0.4) 2.97m(-1.7) 3.61m(-0.0) 3.47m(-1.6) 2.27m(-0.2)						
8	Drake, Deja	Dale City Li	3.50m	3.59m	-1.9	11-09.50	
	3.40m(-2.2) 3.44m(-0.5) 3.59m(-1.9) 3.41m(-0.0) 3.50m(-1.7) 3.38m(-0.0)						
9	Kreuzburg, Ella	Lightning Running	3.56m	3.53m	-1.2	11-07.00	
	FOUL(-0.0) 3.39m(-1.5) 3.53m(-1.2) 3.52m(-0.0) 3.46m(-1.7) 3.38m(-2.0)						
10	Small, McKenzie	House of Speed	3.29m	3.34m	-1.5	10-11.50	
	3.19m(-0.5) 3.12m(-3.1) 3.34m(-1.5)						
11	Rosier, Jameese	Comets of Ch	3.22m	3.33m	-1.9	10-11.25	
	3.12m(-1.1) 2.98m(-2.6) 3.33m(-1.9)						
12	Chase, Maya	Owings Mills Track	3.50m	3.18m	-2.1	10-05.25	
	FOUL(-3.3) FOUL(-0.1) 3.18m(-2.1)						
12	Hassell, Alana	Virginia Pri	3.69m	3.18m	NWI	10-05.25	
	3.14m(-1.6) 3.17m(-0.6) 3.18m(-0.0)						

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14	Franklin, Kyndan	Glenarden Track	3.44m	3.11m	-3.2	10-02.50
	3.11m(-3.2) FOUL(-1.7) FOUL(-0.7)					
15	Taylor, Sydney	Virginia Pri	3.25m	3.09m	-2.3	10-01.75
	2.56m(-0.3) 3.08m(-2.4) 3.09m(-2.3)					
16	Hope, Skyler	Richmond Hea	3.08m	3.06m	-1.0	10-00.50
	2.87m(-2.5) 3.06m(-1.0) 2.96m(-1.3)					
17	Edwards, Brooklynn	House of Speed	3.26m	2.95m	-2.0	9-08.25
	2.95m(-2.0) 2.94m(-2.3) 2.86m(-3.8)					
18	Brown, Merselle	Virginia Elite	3.10m	2.86m	-1.7	9-04.75
	FOUL(-4.4) 2.86m(-1.7) 2.80m(-2.2)					
19	Belle, Ava	Dale City Li	3.25m	2.85m	-2.1	9-04.25
	1.86m(-2.4) 2.85m(-2.1) 2.76m(-2.4)					
20	Mitchell, Chayse	Owings Mills Track	4.00m	2.78m	-2.8	9-01.50
	2.33m(-2.3) 2.31m(-2.4) 2.78m(-2.8)					

Shot Put 9-10 Division Girls

Nat'l: N 10.53m 7/30/2015 Kori Martin, Pasadena Running Roses						
Name	Year	Team	Seed	Finals	Points	
1	Burnette, Maurasia	Virginia Rap	6.32m	7.07m	23-02.50	
	5.51m 5.65m 6.02m 6.22m 7.07m FOUL					
2	Dabiri, Manuela	Track Express Track	5.90m	6.58m	21-07.25	
	5.64m 5.93m 6.39m 6.28m 6.58m 6.18m					
3	Igwebuike, Portia	Usa-Ja	5.88m	5.95m	19-06.25	
	5.43m 5.21m FOUL 5.29m 5.95m 5.16m					
4	Hill, Zyira	Firebirds Athletic	5.42m	5.94m	19-06.00	
	4.46m 5.18m 5.55m 5.09m 4.64m 5.94m					
5	Mason, Naomi	Eyt Spartans	5.94m	5.85m	19-02.50	
	5.43m 5.85m 5.09m 5.56m 5.37m 5.39m					
6	Pougoum, Kassandra	Usa-Ja	5.16m	5.60m	18-04.50	
	4.72m 5.58m 5.50m 4.77m 4.88m 5.60m					
7	Gomez, Maliya	Full Speed A	4.44m	4.63m	15-02.25	
	4.63m 4.63m 4.45m 4.41m 4.11m 4.62m					
8	Nichols, Allison	Bullseye Running	4.89m	3.70m	12-01.75	
	3.26m 3.70m 3.39m 3.43m 3.43m 3.56m					
9	Johnson, Laila	Pwc Panthers	3.85m	3.56m	11-08.25	
	2.62m 3.28m 2.93m 3.50m 3.56m 3.38m					

Javelin Throw 9-10 Division Girls

Nat'l: N 37.15m 7/29/2007 Mystasia Alexander, 16 33 LA Jets Gi						
Region 3: R 24.46m 7/8/2006 Ashley Wingo, 13CharlotteFl						
Name	Year	Team	Seed	Finals	Points	
1	Clark, Victoria	Infinite Spe	21.87m	25.53mR	83-09	
	25.53m 21.03m 18.87m 17.71m 17.29m 17.88m					
2	Burnette, Maurasia	Virginia Rap	10.91m	16.67m	54-08	
	14.91m 14.49m 16.67m 14.31m FOUL 14.43m					
3	Knudson, Sophie	McLean Youth Track	12.48m	14.10m	46-03	
	10.43m 13.23m 14.10m 12.92m 11.97m 11.94m					
4	Gomez, Maliya	Full Speed A	13.09m	13.23m	43-05	
	11.99m 13.23m 11.64m 12.13m 9.82m 10.86m					
5	Marshmon, Sydney	Glenarden Track	10.41m	12.12m	39-09	
	9.06m 10.11m 6.78m 10.47m 7.27m 12.12m					

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....Javelin Throw 9-10 Division Girls

6 James, Jaelynn	Marlboro Boy	12.49m	11.95m	39-02
11.02m 11.56m 11.95m 11.54m 9.35m 11.34m				
7 Young, Rebekah	Catonsville	10.55m	10.88m	35-08
10.88m 8.03m 7.51m 9.97m 8.62m 7.06m				
8 Dabiri, Manuela	Track Express Track	9.17m	10.08m	33-01
9.86m 5.75m 8.70m FOUL 8.82m 10.08m				
9 Johnson, Laila	Pwc Panthers	9.77m	9.44m	31-00
9.44m 8.02m 7.22m 8.31m 8.60m 9.05m				
10 Burwell, Kayman	Southern Spr	9.12m	9.24m	30-04
9.24m 8.68m 8.00m				
11 Evans, Morgan	Pwc Panthers	9.89m	8.03m	26-04
8.03m FOUL 7.45m				
12 Marshall, Janiyah	Pwc Panthers	9.76m	5.77m	18-11
5.48m 5.77m 5.10m				

Triathlon: #1 200 Meter Dash 9-10 Division Girls Triathlon

Region 3: R 30.09 7/7/2017 Hailee Bovell, Marlboro						
Name	Year	Team	Finals	Wind	H#	Points
1 Thomas, Arianna		Pwc Panthers	29.04R	-1.2	1	551
2 Johnson, Morgan		FireStorm El	29.86R	-1.1	3	492
3 M, Nah'la		Glenarden Track	30.83	-2.1	2	426
4 Thomas, Jordan		Pwc Panthers	30.88	-1.1	3	422
5 Davis, Gabrielle		12-Unattached	31.17	-1.2	1	403
6 Harris, Sydney		i5 Elite	31.18	-1.2	1	403
7 Harper, Daniene		Eyt Spartans	31.24	-1.1	3	399
8 Madison, Ania		Firebirds Athletic	31.50	-2.1	2	382
9 Thompson, Kendall		Marlboro Boy	32.05	-1.2	1	348
10 Binkowski, Mia		Prominent Athletes	32.17	-2.1	2	341
11 Pougoum, Kassandra		Usa-Ja	32.25	-1.1	3	336
12 Hope, Skyler		Richmond Hea	32.75	-1.2	1	307
13 Igwebuike, Portia		Usa-Ja	33.19	-2.1	2	283
14 Chatman, Kamora		FireStorm El	33.34	-2.1	2	274
15 Mason, Naomi		Eyt Spartans	33.41	-2.1	2	271
16 Diallo, Ramatoulaye		Usa-Ja	33.44	-1.2	1	269
17 Davis, Saniyah		Track Express Track	34.14	-1.1	3	233
18 Marshmon, Sydney		Glenarden Track	34.98	-1.1	3	192
19 Shannon, Cheyenne		Usa-Ja	36.43	-2.1	2	130
20 Holloman, Demi		Vision Elite	40.19	-1.1	3	22
21 Lewey, Rachel		Usa-Ja	40.43	-1.2	1	18
-- Badoo, Gabrielle		i5 Elite	DNF	-1.1	3	

Triathlon: #3 High Jump 9-10 Division Girls Triathlon

Name	Year	Team	Finals	Points
1 Harris, Sydney		i5 Elite	1.25m	4-01.25 359
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30				
P P P P XO O O XO XX				
1 Madison, Ania		Firebirds Athletic	1.25m	4-01.25 359
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30				
P P P O O O O XXO XXX				

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Triathlon: #3 High Jump 9-10 Division Girls Triathlon**

3	Thompson, Kendall	Marlboro Boy	1.20m	3-11.25	312
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25				
	P P P O O O O XXX				
4	Davis, Gabrielle	12-Unattached	1.15m	3-09.25	266
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	P O O XXO O O XXX				
4	Mason, Naomi	Eyt Spartans	1.15m	3-09.25	266
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	P P P O O XXO XXX				
4	Thomas, Arianna	Pwc Panthers	1.15m	3-09.25	266
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	O O O O XO O XXX				
4	Igwebuike, Portia	Usa-Ja	1.15m	3-09.25	266
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	XO O O O O XXO XX				
8	Binkowski, Mia	Prominent Athletes	1.10m	3-07.25	222
	0.90 0.95 1.00 1.05 1.10 1.15				
	O O O O O XXX				
8	Pougoum, Kassandra	Usa-Ja	1.10m	3-07.25	222
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	O O O O XO XPP XX				
10	Johnson, Morgan	FireStorm El	1.05m	3-05.25	180
	0.90 0.95 1.00 1.05 1.10				
	O O O O XXX				
10	Thomas, Jordan	Pwc Panthers	1.05m	3-05.25	180
	0.90 0.95 1.00 1.05 1.10				
	O O O O XXX				
10	Diallo, Ramatoulaye	Usa-Ja	1.05m	3-05.25	180
	0.90 0.95 1.00 1.05 1.10				
	O XO O O XXX				
10	Davis, Saniyah	Track Express Track	1.05m	3-05.25	180
	0.90 0.95 1.00 1.05 1.10				
	O XO O O XXX				
14	Chatman, Kamora	FireStorm El	1.00m	3-03.25	141
	0.90 0.95 1.00 1.05				
	O XO O XXX				
14	Hope, Skyler	Richmond Hea	1.00m	3-03.25	141
	0.90 0.95 1.00 1.05				
	O O XO XXX				
14	Marshmon, Sydney	Glenarden Track	1.00m	3-03.25	141
	0.90 0.95 1.00 1.05				
	P O O XXX				
17	M, Nah'la	Glenarden Track	0.95m	3-01.25	104
	0.90 0.95 1.00				
	XXO O XXX				
18	Harper, Daniene	Eyt Spartans	0.90m	2-11.50	71
	0.90 0.95				
	O XXX				
18	Lewey, Rachel	Usa-Ja	0.90m	2-11.50	71
	0.90 0.95				
	XO XXX				
18	Shannon, Cheyenne	Usa-Ja	0.90m	2-11.50	71
	0.90 0.95				
	O XXX				

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Triathlon: #3 High Jump 9-10 Division Girls Triathlon**

18 Holloman, Demi	Vision Elite	0.90m	2-11.50	71
0.90 0.95				
O XXX				

Triathlon: #2 Shot Put 9-10 Division Girls Triathlon

Region 3: R 6.80m 7/7/2017 Ashlyn Hudson, Bull City Expres					
Name	Year	Team	Finals		Points
1 Mason, Naomi		Eyt Spartans	5.41m	17-09.00	234
5.41m 5.32m 5.39m					
2 Binkowski, Mia		Prominent Athletes	5.38m	17-08.00	232
3.96m 5.38m 5.36m					
3 Igwebuike, Portia		Usa-Ja	5.37m	17-07.50	231
5.37m 5.29m 4.87m					
4 Thomas, Arianna		Pwc Panthers	5.33m	17-06.00	229
4.71m 4.74m 5.33m					
5 Harris, Sydney		i5 Elite	4.95m	16-03.00	205
4.70m 4.16m 4.95m					
6 Thomas, Jordan		Pwc Panthers	4.72m	15-06.00	191
4.03m 4.43m 4.72m					
7 Harper, Daniene		Eyt Spartans	4.63m	15-02.25	185
4.63m 4.60m 4.22m					
8 Madison, Ania		Firebirds Athletic	4.62m	15-02.00	185
4.07m 4.01m 4.62m					
9 Johnson, Morgan		FireStorm El	4.55m	14-11.25	180
3.59m 4.28m 4.55m					
10 Thompson, Kendall		Marlboro Boy	4.51m	14-09.75	178
FOUL 4.24m 4.51m					
11 Lewey, Rachel		Usa-Ja	4.39m	14-05.00	170
4.39m 4.24m 4.22m					
11 Hope, Skyler		Richmond Hea	4.39m	14-05.00	170
4.03m FOUL 4.39m					
13 Diallo, Ramatoulaye		Usa-Ja	4.20m	13-09.50	158
3.74m 3.88m 4.20m					
14 Marshmon, Sydney		Glenarden Track	4.18m	13-08.75	157
4.18m 4.09m 3.38m					
15 Pougoum, Kassandra		Usa-Ja	4.09m	13-05.00	152
2.35m 4.09m 3.03m					
16 Shannon, Cheyenne		Usa-Ja	4.00m	13-01.50	146
4.00m FOUL 3.07m					
17 Chatman, Kamora		FireStorm El	3.84m	12-07.25	136
3.69m 3.84m 3.44m					
18 Davis, Gabrielle		12-Unattached	3.72m	12-02.50	129
FOUL 3.72m FOUL					
19 Davis, Saniyah		Track Express Track	3.58m	11-09.00	120
FOUL 3.20m 3.58m					
20 Holloman, Demi		Vision Elite	2.94m	9-07.75	82
2.94m 2.59m 2.46m					
21 M, Nah'la		Glenarden Track	2.35m	7-08.50	47
FOUL 2.35m 2.07m					

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Triathlon 9-10 Division Girls**

=====						
Nat'l: N 1151		7/28/2015	Cheryl Scott, Charlotte Flight			
Region 3: R 1273		7/2000	Christie Leverette NS Red Runners GA			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Thomas, Arianna	Pwc Panthers		1046	10	
2	Harris, Sydney	i5 Elite		967	8	
3	Madison, Ania	Firebirds Athletic		926	6	
4	Johnson, Morgan	FireStorm El		852	5	
5	Thompson, Kendall	Marlboro Boy		838	4	
6	Davis, Gabrielle	12-Unattached		798	3	
7	Binkowski, Mia	Prominent Athletes		795	2	
8	Thomas, Jordan	Pwc Panthers		793	1	
9	Igwebuike, Portia	Usa-Ja		780		
10	Mason, Naomi	Eyt Spartans		771		
11	Pougoum, Kassandra	Usa-Ja		710		
12	Harper, Daniene	Eyt Spartans		655		
13	Hope, Skyler	Richmond Hea		618		
14	Diallo, Ramatoulaye	Usa-Ja		607		
15	M, Nah'la	Glenarden Track		577		
16	Chatman, Kamora	FireStorm El		551		
17	Davis, Saniyah	Track Express Track		533		
18	Marshmon, Sydney	Glenarden Track		490		
19	Shannon, Cheyenne	Usa-Ja		347		
20	Lewey, Rachel	Usa-Ja		259		
21	Holloman, Demi	Vision Elite		175		

1500 Meter Race Walk 9-10 Division Girls

=====						
Nat'l: N 7:30.80		7/18/1993	Elizabeth Paxton, Cypress, CA			
Region 3: R 9:01.60		7/1996	Tyrica Russell New Wave TC			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Pearson, Layla	Pwc Panthers	12:00.54	11:58.20		
2	Johnson, Laila	Pwc Panthers	12:38.07	12:56.53		

100 Meter Dash 11-12 Division Girls

=====						
Nat'l: N 12.10		7/31/1992	Angela Williams, Ontario, Ca			
Region 3: R 12.32		7/9/2017	Shawnti Jackson, Run U Xpress			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Payne, Payton	Glenarden Track	12.32	12.42q	NWI	4
2	Cooper, Elise	Owings Mills Track	12.76	12.88q	1.1	3
3	Garner, Gabrielle	Comets of Ch	12.99	13.05q	0.9	1
4	Creary, Jalaia	Owings Mills Track	13.24	13.12q	0.4	2
5	Ladson, Arayana	Woodlawn Track Pack	13.41	13.15q	1.1	3
6	Moore, KeWanda	East End Lig	12.82	13.21q	0.4	2
7	Mendoza, Janayis	i5 Elite	13.48	13.24q	NWI	4
8	Davis, Kayla	Owings Mills Track	13.43	13.35q	NWI	4
9	Sanchious, Catalina	Comets of Ch	13.52	13.41	1.1	3
10	Robertson, Lois	Loudoun Legacy	13.01	13.45	0.9	1
11	Toppin, Aniyah	Columbia Exp	13.57	13.54	0.9	1
12	Bradley, Shanelle	Comets of Ch	13.60	13.55	0.9	1
13	Price, Tyra	Virginia Elite	13.55	13.57	0.4	2

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

Hampton University

Results

....100 Meter Dash 11-12 Division Girls

14 Bryant, Nevaeh	Virginia Elite		13.82	NWI	4
15 Pearson, Lauryn	Pwc Panthers	13.90	13.98	1.1	3
16 Muse, J'Miaya	Richmond Spe	13.98	14.03	NWI	4
17 Heiber, Shiane	Comets of Ch	13.97	14.04	NWI	4
18 Sanders, Lauryn	Prominent Athletes	14.16	14.14	0.4	2
19 Sweat, Kimora	Virginia Elite	14.37	14.81	0.9	1
20 Simon, Arianna	Tigers Elite	14.25	14.86	0.9	1 14.854
21 Mitchell, Jordan	Global Trans	15.03	14.86	0.4	2 14.855
22 McNair, Inaaya	Richmond Spe	15.05	15.05	1.1	3
23 Adams, Breanna	Tigers Elite	15.54	15.06	NWI	4

100 Meter Dash 11-12 Division Girls

=====
 Nat'1: N 12.10 7/31/1992 Angela Williams, Ontario, Ca
 Region 3: R 12.32 7/9/2017 Shawnti Jackson, Run U Xpress
 Name Year Team Prelims Finals Wind Points
 =====

Finals

1 Payne, Payton	Glenarden Track	12.42	12.31R	1.0
2 Cooper, Elise	Owings Mills Track	12.88	12.62	1.0
3 Garner, Gabrielle	Comets of Ch	13.05	12.86	1.0
4 Ladson, Arayana	Woodlawn Track Pack	13.15	13.01	1.0
5 Moore, KeWanda	East End Lig	13.21	13.08	1.0
6 Creary, Jalaia	Owings Mills Track	13.12	13.12	1.0
7 Davis, Kayla	Owings Mills Track	13.35	13.27	1.0
8 Mendoza, Janayis	i5 Elite	13.24	13.30	1.0

200 Meter Dash 11-12 Division Girls

=====
 Nat'1: N 24.47 8/1/1992 Angela Williams, Ontario, CA
 Region 3: R 24.87 7/9/2017 Shawnti Jackson, Run U Xpress
 Name Year Team Seed Prelims Wind H#
 =====

Preliminaries

1 Payne, Payton	Glenarden Track	25.59	25.47q	0.9	3
2 Cooper, Elise	Owings Mills Track	25.88	26.09q	-0.8	2
3 Garner, Gabrielle	Comets of Ch	26.84	26.31q	0.2	1
4 Lavender, Shakayla	Virginia Elite	26.74	26.56q	0.2	1
5 Flynn, Kennedy	Mvp League	27.05	26.65q	0.9	3
6 Creary, Jalaia	Owings Mills Track	27.23	26.91q	0.9	3
7 Toppin, Aniyah	Columbia Exp	27.92	27.03q	-0.8	2
8 Ladson, Arayana	Woodlawn Track Pack	27.51	27.08q	-0.8	2
9 Mendoza, Janayis	i5 Elite	29.34	27.12	0.2	1
10 Davis, Kayla	Owings Mills Track	27.85	27.17	0.2	1
11 Robertson, Lois	Loudoun Legacy	27.05	27.37	-0.8	2
12 Sharps, Jasmine	i5 Elite	28.29	27.71	0.9	3
13 Wills, Mikayla	Track Express Track	28.48	27.82	0.9	3
14 Bradley, Shanelle	Comets of Ch	27.79	27.91	0.2	1
15 Bryson, Chayce	Track Express Track	28.49	28.03	-0.8	2
16 Byrd, Ruqayyah	Dale City Li	29.47	29.00	0.2	1
17 Sanders, Lauryn	Prominent Athletes	30.64	29.47	0.9	3
18 Rawlins, Shanel	Tigers Elite	30.73	29.69	0.9	3
19 Muse, J'Miaya	Richmond Spe	29.95	29.76	-0.8	2
20 Stewart, Malia	East End Lig	30.97	30.75	-0.8	2
-- Hardy, Klean	Global Trans	30.98	DQ	0.2	1 Rule 163.56

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****200 Meter Dash 11-12 Division Girls**

=====						
Nat'l: N 24.47		8/1/1992	Angela Williams, Ontario, CA			
Region 3: R 24.87		7/9/2017	Shawnti Jackson, Run U Xpress			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Payne, Payton	Glenarden Track	25.47	25.40	-0.2	
2	Cooper, Elise	Owings Mills Track	26.09	25.47	-0.2	
3	Lavender, Shakayla	Virginia Elite	26.56	26.24	-0.2	
4	Flynn, Kennedy	Mvp League	26.65	26.88	-0.2	
5	Creary, Jalaia	Owings Mills Track	26.91	27.00	-0.2	
6	Garner, Gabrielle	Comets of Ch	26.31	27.04	-0.2	
7	Toppin, Aniyah	Columbia Exp	27.03	27.13	-0.2	

400 Meter Dash 11-12 Division Girls

=====						
Nat'l: N 54.73		7/2/2006	Robin Reynolds, Miami Northwest			
Region 3: R 56.65		7/9/2017	JaMeesia Ford, Fay'ville Flyers			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Muhammad, Laila	Dale City Li	1:01.17	1:00.45q	2	
2	Moody, Princess	Marlboro Boy	1:01.09	1:01.55q	3	
3	Hatcher, Jada	Pwc Panthers	1:01.90	1:02.21q	1	
4	Monroe, Sydney	Track Express Track	1:01.98	1:03.09q	1	
5	Thornton-Fillyaw, Terric	Glenarden Track	1:03.24	1:04.70q	2	
6	Byrd, Ruqayyah	Dale City Li	1:04.60	1:04.86q	1	
7	Sharps, Jasmine	i5 Elite	1:03.93	1:05.47q	2	
8	Glass, Janiya	Glenarden Track	1:03.56	1:05.95q	3	
9	Ebron, Kyden	Glenarden Track	1:05.24	1:06.06	1	
10	McGhee, Ruth	Southwestern	1:03.86	1:06.47	3	
11	Bailey, Kamilah	Glenarden Track	1:06.58	1:06.94	1	
12	Rothwell, Morgan	Glenarden Track	1:06.26	1:06.99	3	
13	Helmick, Jazmyne	Owings Mills Track	1:07.34	1:07.21	2	
14	Lynn, Tatum	Marlboro Boy	1:06.55	1:07.90	2	
15	Ruth, Aaliyah	Comets of Ch	1:05.80	1:07.96	2	
16	Bingham, Janiya	New Wave Track	1:07.81	1:08.47	3	
17	Thomas, Laila	Pwc Panthers	1:07.18	1:08.52	1	
18	Rawlins, Shanel	Tigers Elite	1:09.51	1:09.04	3	
19	Hardy, Klean	Global Trans	1:11.84	1:10.50	1	
20	Sanders, Lauryn	Prominent Athletes	1:10.86	1:11.28	2	
21	Cousins, Ama	East End Lig	1:11.19	1:11.39	1	

400 Meter Dash 11-12 Division Girls

=====						
Nat'l: N 54.73		7/2/2006	Robin Reynolds, Miami Northwest			
Region 3: R 56.65		7/9/2017	JaMeesia Ford, Fay'ville Flyers			
Name	Year	Team	Prelims	Finals	Points	
=====						
Finals						
1	Muhammad, Laila	Dale City Li	1:00.45	1:01.45		
2	Monroe, Sydney	Track Express Track	1:03.09	1:01.49		
3	Hatcher, Jada	Pwc Panthers	1:02.21	1:02.34		
4	Thornton-Fillyaw, Terric	Glenarden Track	1:04.70	1:03.12		
5	Glass, Janiya	Glenarden Track	1:05.95	1:03.36		
6	Byrd, Ruqayyah	Dale City Li	1:04.86	1:03.89		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****...400 Meter Dash 11-12 Division Girls**

7 Sharps, Jasmine i5 Elite 1:05.47 1:04.68

800 Meter Run 11-12 Division Girls

Nat'l: N 2:13.12 7/26/2008 Raevyn Rogers, 25 Wings

Region 3: R 2:38.65 7/6/2017 Meagan Lundin, Cape Fear Flyers

Name	Year Team	Seed	Finals	H#	Points
1 Moody, Princess	Marlboro Boy	2:23.48	2:26.10R	3	
2 Muhammad, Laila	Dale City Li	2:31.44	2:28.96R	3	
3 Monroe, Sydney	Track Express Track	2:36.13	2:31.89R	3	
4 Gorsky, Mary	Bullseye Running	2:29.68	2:31.97R	3	
5 Byrd, Ruqayyah	Dale City Li	2:41.22	2:35.60R	2	
6 Worsham, Sydney	East End Lig	2:40.74	2:35.67R	2	
7 Lynn, Tatum	Marlboro Boy	2:35.80	2:38.53R	3	
8 Joiner, Jaelynn	East End Lig	2:44.99	2:40.00	2	
9 Helmick, Jazmyne	Owings Mills Track	2:36.15	2:41.00	3	
10 Rolly, Calypso	Fairfax Poli	2:40.68	2:41.21	2	
11 Stuard, Johanna	Loudoun Legacy	2:45.32	2:43.30	2	
12 Hamlin, Ananda	East End Lig	2:51.54	2:43.37	1	
13 Smith, Rakira	Baltimore Ci	2:35.62	2:44.02	3	
14 Briggs, Leila	Glenarden Track	2:42.22	2:47.76	2	
15 Zimmer, Rachael	Tidewater Striders	2:55.71	2:48.49	1	
16 Collier, Payton	Pwc Panthers	2:52.57	2:50.94	1	
17 Johnston, Emma	Dale City Li	2:54.60	2:51.26	1	
18 Collier, Trenaye	East End Lig	2:55.66	2:51.68	1	
19 Stephens, Gillian	Glenarden Track	2:39.86	2:51.95	3	
20 Kowe, Esther	Glenarden Track	2:41.99	2:52.70	2	
21 Beniyam, Lidya	Dale City Li	2:50.73	2:54.55	2	

1500 Meter Run 11-12 Division Girls

Nat'l: N 4:41.62 7/31/2005 Claudia Francis, Team Evolution

Region 3: R 4:50.13 7/13/2003 Ashley Seymour, 10 Red Wings Eli

Name	Year Team	Seed	Finals	H#	Points
1 Gorsky, Mary	Bullseye Running	5:19.87	5:20.34	2	
2 Muhammad, Laila	Dale City Li	5:25.20	5:26.93	2	
3 Stephens, Gillian	Glenarden Track	5:35.25	5:27.61	2	
4 Mann, Kiley	Bullseye Running	5:28.11	5:27.86	2	
5 Smith, Rakira	Baltimore Ci	5:30.29	5:31.83	2	
6 Kilosky, Miya	Firebirds Athletic	5:24.71	5:31.99	2	
7 Friedman, Liliana	10-Unattached	5:28.42	5:36.80	2	
8 Moore, Francesca	Bullseye Running	5:45.91	5:38.73	2	
9 Blackwell, Jaylen	Vision Elite	5:33.19	5:40.20	2	
10 Oliver, Tiffany	Track Express Track	5:50.37	5:41.19	1	
11 Beniyam, Lidya	Dale City Li	5:47.37	5:46.44	1	
12 Driscoll, Layla	12-Unattached	5:45.12	5:48.78	2	
13 Johnston, Emma	Dale City Li	6:05.69	5:57.45	1	
14 Zimmer, Rachael	Tidewater Striders	6:01.23	6:02.42	1	
15 Burns, Tatiana	Virginia Elite	5:34.07	6:04.47	2	
16 Collier, Trenaye	East End Lig	5:52.91	6:05.56	1	
17 Collier, Payton	Pwc Panthers	6:14.05	6:10.72	1	
18 Metcalfe, Syerra	Pwc Panthers	6:04.94	6:22.56	1	
19 Lewis, Elsie	Tidewater Striders	6:59.23	6:26.21	1	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....1500 Meter Run 11-12 Division Girls**

20 Beniyam, Melat	Dale City Li	7:06.94	7:12.07	1
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3000 Meter Run 11-12 Division Girls

=====					
Nat'l: N	10:00.11	7/30/2016	Daniela Quintero, 15	Pacific C	
Region 3: R	10:27.07	7/12/2003	Ashley Seymour, 10	Red Wings Eli	
Name	Year	Team	Seed	Finals	Points
=====					
1 Kilosky, Miya		Firebirds Athletic	11:42.80	11:33.90	
2 Mann, Kiley		Bullseye Running	11:44.15	11:33.93	
3 Kucler, Wren		Bullseye Running	11:51.21	11:36.25	
4 Driscoll, Layla		12-Unattached	12:06.82	12:05.50	
5 Friedman, Liliana		10-Unattached	12:06.66	12:24.77	
6 Agudzi-Addo, Elizabeth		Ft. Belvoir	13:50.89	12:36.13	
7 Beniyam, Lidya		Dale City Li	12:38.41	12:38.77	
8 Kyle, Asija		DC Select Tr	13:23.38	12:44.43	
9 Johnston, Emma		Dale City Li	13:13.50	12:52.57	
10 Barnes, Aoi		Fairfax Poli	13:28.13	13:36.80	
11 Morgan, Jada		Ft. Belvoir	13:16.47	13:43.45	

80 Meter Hurdles 11-12 Division Girls

=====						
Nat'l: N	11.85	7/21/2002	Jasmine Isley, Charlotte, NC			
Region 3: R	13.95	7/6/2017	Annika Stark, Sandhills			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1 Lavender, Shakayla		Virginia Elite	12.68	R 12.87q	1.7	3
2 Hatcher, Jada		Pwc Panthers	13.07	R 12.93q	1.1	1
3 Jackson, Prynness		East End Lig	13.15	R 13.03q	1.1	1
4 Flynn, Kennedy		Mvp League	13.82	R 13.20q	1.7	3
5 Ladson, Arayana		Woodlawn Track Pack	13.03	R 13.21q	-0.2	2
6 White, Gabrielle		Glenarden Track	13.65	R 13.35q	1.7	3
7 Rahman, Aliyah		Firebirds Athletic	13.92	R 13.53q	1.1	1
8 Wills, Mikayla		Track Express Track	13.47	R 13.61q	-0.2	2
9 Walker, Bailey		Ashburn Elite Track	14.51	13.97	-0.2	2
10 Price, Tyra		Virginia Elite	13.89	13.99	-0.2	2
11 Hardy, Gabrielle		Firebirds Athletic	14.78	14.55	1.1	1
12 Brown, Dakota		House of Speed	14.21	14.55	1.1	1
13 Ruth, Aaliyah		Comets of Ch	14.73	14.98	-0.2	2
14 Haskins, Shinyce		Global Trans	14.54	14.98	1.7	3
15 Cousins, Ama		East End Lig	14.55	15.05	1.7	3
16 Hall, Kennedy		Comets of Ch	15.25	15.07	1.1	1
17 Madden, Cadaija		East End Lig	15.69	15.72	-0.2	2
18 Stewart, Malia		East End Lig	16.69	15.82	1.1	1
19 Sweat, Kimora		Virginia Elite	15.76	15.99	1.7	3
20 Massenburg, Ajanee		Ft. Belvoir	17.09	16.31	1.1	1
21 Atkins, Cassidy		i5 Elite	16.05	16.37	1.7	3
22 Simon, Arianna		Tigers Elite	16.66	16.73	-0.2	2

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=====						
Nat'l: N 11.85 7/21/2002 Jasmine Isley, Charlotte, NC						
Region 3: R 13.95 7/6/2017 Annika Stark, Sandhills						
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Lavender, Shakayla	Virginia Elite	12.87	12.71R	1.6	
2	Jackson, Prynness	East End Lig	13.03	12.84R	1.6	
3	Flynn, Kennedy	Mvp League	13.20	12.88R	1.6	
4	Hatcher, Jada	Pwc Panthers	12.93	12.92R	1.6	
5	White, Gabrielle	Glenarden Track	13.35	13.12R	1.6	
5	Ladson, Arayana	Woodlawn Track Pack	13.21	13.12R	1.6	
7	Wills, Mikayla	Track Express Track	13.61	13.33R	1.6	13.321
8	Rahman, Aliyah	Firebirds Athletic	13.53	13.33R	1.6	13.329

4x100 Meter Relay 11-12 Division Girls

=====						
Nat'l: N 49.08 7/30/2016 16 Oakland PAL, 16 Oakland P						
A Allen, J Gibbs, C Victorian, R Scott						
Region 3: R 50.29 7/10/2015 Virginia Elite, Virginia Eli						
E Griffith, J Spady, K Tyson, Z Stelly						
Team			Seed	Prelims	H#	
=====						
Preliminaries						
1	Owings Mills Track 'A'		52.45	51.11q	1	
	1) Davis, Kayla	2) Creary, Jalaia				
	3) Staats, Shania	4) Cooper, Elise				
2	Comets of Charles County 'A'		52.10	51.93q	1	
	1) Bradley, Shanelle	2) Garner, Gabrielle				
	3) Heiber, Shiane	4) Sanchious, Catalina				
3	Glenarden Track 'A'		51.68	52.09q	2	
	1) Payne, Payton	2) Ebron, Kyden				
	3) White, Gabrielle	4) Glass, Janiya				
4	Virginia Elite 'A'		55.00	52.09q	1	
	1) Bryant, Nevaeh	2) Sweat, Kimora				
	3) Lavender, Shakayla	4) Price, Tyra				
5	i5 Elite 'A'		53.58	52.75q	2	
	1) Johnson, Micah	2) Mendoza, Janayis				
	3) Sharps, Jasmine	4) Marshall, Erica				
6	Firebirds Athletic 'A'		54.58	54.11q	1	
	1) Gordon, Kayla	2) Hardy, Gabrielle				
	3) Porter, Mara	4) Rahman, Aliyah				
7	Glenarden Track 'B'		53.42	55.22q	2	
	1) Thornton-Fillyaw, Terrica	2) Rothwell, Morgan				
	3) Presley, Kiylah	4) Badu, Alexis				
8	Ebenezer A.M.E. Royal Runner 'A'		57.30	56.71q	1	
	1) Jones, Makayla	2) Newell, Alicia				
	3) Griffin-Simmons, Darvi	4) Green, Trinity				
9	Glenarden Track 'C'		55.80	58.59	2	
	1) Rainer, Sanaa	2) Barrett, Madison				
	3) Miller, Taylor	4) Farquharson, Laila				
10	Turbo Track Club 'A'		1:01.93	1:02.17	1	
	1) Holloman, Laniya	2) Drew, Tajuan				
	3) Leach, Takaya	4) Edwards, Ariyah				

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Results

4x100 Meter Relay 11-12 Division Girls

Nat'l: N 49.08	7/30/2016	16 Oakland PAL, 16 Oakland P			
		A Allen, J Gibbs, C Victorian, R Scott			
Region 3: R 50.29	7/10/2015	Virginia Elite, Virginia Eli			
		E Griffith, J Spady, K Tyson, Z Stelly			
Team			Prelims	Finals	Points

Finals

1 Glenarden Track 'A'	52.09	51.40
2 Owings Mills Track 'A'	51.11	51.95
3 Comets of Charles County 'A'	51.93	52.35
4 Virginia Elite 'A'	52.09	52.48
5 i5 Elite 'A'	52.75	53.98
6 Glenarden Track 'B'	55.22	54.60
7 Firebirds Athletic 'A'	54.11	55.00
8 Ebenezer A.M.E. Royal Runner 'A'	56.71	56.94

4x400 Meter Relay 11-12 Division Girls

Nat'l: N 3:55.54	7/27/2014	12-North Texas Cheetahs, 12-North Tex			
		A Harris, C Wash, D Jeter, J Griffin			
Region 3: R 4:03.08	7/9/2006	45 Gazelle Track Club, 45 Gazelle Trac			
		L Smith, M Willis, A Hunter, A Bryant-Brock			
Team			Seed	Finals	H# Points

1 East End Lightning T&F Youth 'A'	4:20.00	4:12.46	2
2:05.387 (2:05.387) 3:09.311 (1:03.924)	4:12.453 (1:03.142)		
2 Glenarden Track 'A'	4:21.82	4:19.44	2
2:10.321 (2:10.321) 3:13.919 (1:03.598)	4:19.439 (1:05.520)		
3 Glenarden Track 'B'	4:30.34	4:24.46	2
2:11.833 (2:11.833) 3:18.215 (1:06.382)	4:24.455 (1:06.240)		
4 Firebirds Athletic 'A'	4:33.91	4:30.37	2
2:16.361 (2:16.361) 3:24.195 (1:07.834)	4:30.367 (1:06.172)		
5 Comets of Charles County 'A'	4:41.00	4:37.38	2
2:21.551 (2:21.551) 3:28.781 (1:07.230)	4:37.375 (1:08.594)		
6 Glenarden Track 'C'	5:00.00	4:38.65	1
2:17.786 (2:17.786) 3:30.882 (1:13.096)	4:38.648 (1:07.766)		
7 Bullseye Running 'A'	4:34.79	4:40.50	2
2:14.943 (2:14.943) 3:28.031 (1:13.088)	4:40.497 (1:12.466)		
8 Turbo Track Club 'A'	5:16.00	5:07.75	1
2:27.200 (2:27.200) 3:48.516 (1:21.316)	5:07.744 (1:19.228)		
9 Glenarden Track 'D'	4:47.27	5:15.25	1
2:32.386 (2:32.386) 3:52.460 (1:20.074)	5:15.246 (1:22.786)		

4x800 Meter Relay 11-12 Division Girls

Nat'l: N 9:30.72	6/14/1997	Los Angeles Jet, Long Beach,CA			
Region 3: R 9:57.93	7/12/2001	Baltimore Track Fac "A"			
Team			Seed	Finals	Points

1 East End Lightning T&F Youth 'A'	10:40.00	10:57.67
1) Collier, Trenaye	2) Hamlin, Ananda	
3) Joiner, Jaelynn	4) Worsham, Sydney	
2:42.174 (2:42.174) 5:20.896 (2:38.722)	8:10.492 (2:49.596)	10:57.666 (2:47.174)
2 Glenarden Track 'A'	10:50.00	11:19.66

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Results

...High Jump 11-12 Division Girls

15	Edwards, Ariyah	Turbo Track Club	1.12m	J1.20m	3-11.25
	1.00 1.05 1.10 1.15 1.20 1.25				
	P O O XO XXO XXX				
16	Leach, Takaya	Turbo Track Club	1.12m	1.15m	3-09.25
	1.00 1.05 1.10 1.15 1.20				
	P O O XXO XXX				
17	Rainer, Sanaa	Glenarden Track	1.12m	1.10m	3-07.25
	1.00 1.05 1.10 1.15				
	O O O XXX				

Long Jump 11-12 Division Girls

Nat'l: N 5.58m 1995		Gayle Hunter, Team World					
Region 3: R 4.41m 7/6/2017		Meagan Lundin, Cape Fear Flyers					
Name	Year	Team	Seed	Finals	Wind	Points	
1	Badu, Alexis	Glenarden Track	4.19m	4.84mR	1.3	15-10.50	
	4.84m(1.3) 4.44m(1.5) 4.55m(2.2) 4.57m(1.6) 4.37m(1.2) 4.70m(1.8)						
1	Hatcher, Jada	Pwc Panthers	4.70m	4.84mR	1.1	15-10.50	
	4.25m(1.6) 4.61m(1.0) PASS 4.42m(1.0) 4.84m(1.1) 4.36m(1.9)						
3	Koech, Emma	Bullseye Running	4.41m	4.60mR	0.1	15-01.25	
	4.34m(1.8) 4.32m(+0.0) PASS 4.60m(0.1) 4.47m(2.0) 4.26m(0.9)						
4	Miller, Avery	Bullseye Running	4.20m	4.57mR	1.2	15-00.00	
	4.38m(1.3) 4.42m(1.2) 4.52m(0.3) 4.57m(1.2) 4.43m(0.7) 4.38m(1.6)						
5	Flynn, Kennedy	Mvp League	4.42m	4.55mR	+0.0	14-11.25	
	4.40m(1.0) 4.55m(+0.0) 4.49m(0.3) 4.31m(1.4) 4.33m(1.7) FOUL(0.6)						
6	Walker, Bailey	Ashburn Elite Track	4.28m	4.54mR	0.9	14-10.75	
	3.86m(+0.0) 4.42m(2.5) 4.54m(0.9) 4.21m(1.4) 4.05m(2.2) 3.61m(1.3)						
7	Bryson, Chayce	Track Express Track	3.86m	4.52mR	0.9	14-10.00	
	4.28m(1.8) 4.18m(0.2) 4.10m(2.7) 4.26m(1.5) 4.06m(0.3) 4.52m(0.9)						
8	Newell, Alicia	Ebenezer A.M	4.13m	4.46mR	1.2	14-07.75	
	4.32m(0.5) 3.94m(1.9) 4.24m(1.4) 4.46m(1.2) 4.38m(0.7) FOUL(1.3)						
9	Staats, Shania	Owings Mills Track	3.94m	4.35m	0.8	14-03.25	
	4.35m(0.8) 4.20m(1.4) 3.96m(2.5) 3.92m(1.7) 4.15m(2.4) 4.33m(1.6)						
10	Moore, KeWanda	East End Lig	4.44m	4.25m	1.9	13-11.50	
	3.48m(0.9) 4.25m(1.9) 3.47m(2.0)						
11	Cooper, Elena	Owings Mills Track	4.00m	4.20m	1.2	13-09.50	
	FOUL(1.2) 3.82m(1.2) 4.20m(1.2)						
12	Stuard, Johanna	Loudoun Legacy	4.18m	4.18m	1.4	13-08.75	
	3.89m(2.0) 4.13m(+0.0) 4.18m(1.4)						
13	Toppin, Aniyah	Columbia Exp	4.47m	4.12m	1.6	13-06.25	
	3.73m(0.7) 4.12m(1.6) FOUL(+0.0)						
14	Worsham, Sydney	East End Lig	3.76m	4.06m	0.9	13-04.00	
	4.06m(0.9) 4.03m(2.6) 3.89m(2.6)						
15	Rawlins, Shanel	Tigers Elite	3.71m	4.05m	0.8	13-03.50	
	4.05m(0.8) 3.52m(1.4) 3.54m(1.1)						
16	Hardy, Klean	Global Trans	3.80m	4.00m	1.6	13-01.50	
	4.00m(1.6) 3.89m(1.5) FOUL(+0.0)						
17	Holland, Jizelle	Global Trans	3.76m	3.98m	0.9	13-00.75	
	3.98m(0.9) 3.91m(+0.0) FOUL(+0.0)						
18	Pearson, Lauryn	Pwc Panthers	4.00m	3.81m	1.4	12-06.00	
	FOUL(+0.0) FOUL(+0.0) 3.81m(1.4)						
19	Hardy, Gabrielle	Firebirds Athletic	3.73m	3.70m	2.0	12-01.75	
	FOUL(+0.0) 3.70m(2.0) 3.63m(2.1)						

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....Long Jump 11-12 Division Girls

20	Simon, Arianna	Tigers Elite	3.84m	3.69m	1.3	12-01.25
	3.69m(1.3) FOUL(1.1) FOUL(+0.0)					
21	Moody, Princess	Marlboro Boy	4.05m	3.58m	1.9	11-09.00
	3.48m(0.1) 3.58m(1.9) 3.24m(0.5)					
--	Cousins, Ama	East End Lig	4.05m	FOUL		
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
--	Thomas, Ariel	Owings Mills Track	3.85m	FOUL		
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					

Shot Put 11-12 Division Girls

Nat'l: N 13.90m 7/11/1987 Johanna Gambill, Vancouver, WA						
Name	Year	Team	Seed	Finals	Points	
1	Schwartz, Aleah	Firebirds Athletic	9.63m	9.05m	29-08.25	
	FOUL 8.21m FOUL 9.05m 8.91m FOUL					
2	Fuller, Ashley	Virginia Elite	7.74m	8.67m	28-05.50	
	8.26m 8.44m 7.90m 8.67m FOUL 7.12m					
3	Barrett, Madison	Glenarden Track	8.55m	8.17m	26-09.75	
	8.14m 8.17m 7.44m 7.66m FOUL 8.07m					
4	Johnson, Jordyn	FireStorm El	7.57m	7.79m	25-06.75	
	7.60m 7.79m 7.56m 7.57m 7.55m 7.28m					
5	Harris, Alise	Cobra Track	8.38m	7.71m	25-03.50	
	7.71m 7.50m 7.47m 7.14m 7.28m 6.93m					
6	Ayungo, Amira	Firebirds Athletic	7.22m	7.62m	25-00.00	
	7.37m 6.91m 6.35m FOUL 7.62m 6.11m					
7	Nolan, Denise	Glenarden Track	7.40m	7.48m	24-06.50	
	6.02m 7.15m 6.73m 7.04m 6.47m 7.48m					
8	Griffith, Blair	10-Unattached	6.66m	7.40m	24-03.50	
	7.22m 7.40m 6.68m 6.42m FOUL 7.26m					
9	Martin, Allissa	Ft. Belvoir	6.52m	7.27m	23-10.25	
	6.17m 7.27m 6.51m 6.20m FOUL 6.99m					
10	Freeman, Bailey	Glenarden Track	7.03m	7.00m	22-11.75	
	6.06m 7.00m 6.77m					
11	Todd, Kiera	Mach 5 Athletics	7.02m	6.89m	22-07.25	
	6.76m 6.82m 6.89m					
12	Adams, Taylor	Glenarden Track	6.55m	6.54m	21-05.50	
	5.57m 6.42m 6.54m					
13	Kennedy, Arial	Loudoun Legacy	6.22m	6.42m	21-00.75	
	5.29m 6.32m 6.42m					
14	McNair, Inara	Richmond Spe	6.40m	6.39m	20-11.75	
	6.39m 6.03m 5.83m					
15	Singleton, Macari	Dale City Li	4.22m	5.33m	17-06.00	
	4.29m 5.33m 5.14m					

Discus Throw 11-12 Division Girls

Nat'l: N 37.46m 7/24/1997 Amber Curtis, Monroe, WI						
Region 3: R 29.10m 7/10/2010 Kamryn Brinson, Throw 1 Deep						
Name	Year	Team	Seed	Finals	Points	
1	Fuller, Ashley	Virginia Elite	20.38m	22.47m	73-09	
	18.15m 18.34m FOUL 19.92m 22.47m 16.81m					
2	Freeman, Bailey	Glenarden Track	14.49m	16.41m	53-10	
	16.41m FOUL 15.38m 15.48m 15.52m 14.35m					

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...Discus Throw 11-12 Division Girls

3 Griffith, Blair	10-Unattached	12.26m	13.69m	44-11
	12.89m 13.26m 12.86m 13.69m FOUL FOUL			
4 Wilkinson, Kennedy	Marlboro Boy	11.09m	10.40m	34-01
	9.55m 9.88m 9.02m 9.83m 10.40m 9.43m			

Javelin Throw 11-12 Division Girls

=====					
Nat'l: N 45.84m 6/28/2005 Hannah Carson, AZ Cheetahs					
Region 3: R 32.68m 7/11/2015 Daia Hansford, Bowie Boys &					
Name	Year Team	Seed	Finals	Points	
=====					
1 Newell, Alicia	Ebenezer A.M	20.28m	26.59m	87-03	
	22.20m 24.03m 22.63m 26.59m FOUL 24.07m				
2 Schwartz, Aleah	Firebirds Athletic	25.52m	22.76m	74-08	
	18.73m 19.78m 22.20m 21.12m 22.76m 22.50m				
3 Todd, Kiera	Mach 5 Athletics	18.39m	20.97m	68-09	
	FOUL 20.97m 19.06m FOUL 19.00m 15.06m				
4 Igwe, Chiamaka	House of Speed	20.14m	19.08m	62-07	
	14.17m 10.77m 17.12m 19.00m 19.08m 14.58m				
5 Blair, Lauryn	Catonsville	13.93m	17.80m	58-05	
	12.20m 14.05m 17.80m 13.11m 13.50m 12.27m				
6 Metcalfe, Syerra	Pwc Panthers	11.62m	16.79m	55-01	
	15.01m 10.54m 11.76m 13.54m 5.48m 16.79m				
7 Barrett, Madison	Glenarden Track	16.47m	16.52m	54-02	
	15.31m 14.24m 15.81m 16.05m 15.48m 16.52m				
8 Fuller, Ashley	Virginia Elite	16.52m	15.15m	49-08	
	15.15m FOUL 12.40m 13.84m 11.20m 10.03m				
9 Ward, Autumn	Ebenezer A.M	15.65m	14.01m	45-11	
	14.01m 13.52m 12.74m 12.68m 12.24m 13.86m				
10 Adams, Taylor	Glenarden Track	14.18m	12.34m	40-06	
	FOUL 9.96m 12.34m				
11 Nolan, Denise	Glenarden Track	11.96m	11.88m	39-00	
	8.81m 11.88m 10.21m				
12 Thomas, Laila	Pwc Panthers	15.86m	11.27m	37-00	
	9.86m 11.27m 10.40m				
13 Johnson, Jordyn	FireStorm El	11.75m	10.80m	35-05	
	FOUL 9.09m 10.80m				
14 Flanagan, Taniya	Bullseye Running	13.30m	10.22m	33-06	
	9.63m 9.93m 10.22m				
15 Adams, Breanna	Tigers Elite	8.09m	8.51m	27-11	
	8.51m 6.54m 7.17m				
16 Singleton, Macari	Dale City Li	9.09m	8.34m	27-04	
	4.81m 8.34m 6.60m				
17 Martin, Allissa	Ft. Belvoir	13.58m	8.08m	26-06	
	7.48m 8.08m FOUL				

Outdoor Pentathlon: #5 800 Meter Run 11-12 Division Girls Outdoor Pentathlon

=====					
Name	Year Team	Finals	H#	Points	
=====					
1 Moody, Princess	Marlboro Boy	2:27.42	2	726	
2 Stuard, Johanna	Loudoun Legacy	2:46.28	2	503	
3 Flynn, Kennedy	Mvp League	2:47.61	2	489	
4 Bryson, Chayce	Track Express Track	2:47.87	1	486	
5 Blackwell, Jaylen	Vision Elite	2:49.72	1	466	

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...Outdoor Pentathlon: #5 800 Meter Run 11-12 Division Girls Outdoor Pentathlon

6	Wills, Mikayla	Track Express Track	2:49.73	2	466
7	Hatcher, Jada	Pwc Panthers	2:53.14	2	432
8	Thomas, Laila	Pwc Panthers	2:57.00	1	394
9	Johnson, Micah	i5 Elite	2:57.37	1	390
10	Madden, Cadaija	East End Lig	2:58.63	1	378
11	Stewart, Malia	East End Lig	2:58.64	1	378
12	Morgan, Jada	Ft. Belvoir	3:00.34	1	362
13	White, Gabrielle	Glenarden Track	3:02.41	2	343
14	Toppin, Aniyah	Columbia Exp	3:04.12	2	328
15	Moore, KeWanda	East End Lig	3:04.29	2	326
16	Beaumont, Keira	Ft. Belvoir	3:04.50	2	324
17	Jackson, Prynness	East End Lig	3:05.37	2	317
18	Massenburg, Ajanæ	Ft. Belvoir	3:21.94	1	188
19	Johnson, Jazmyn	House of Speed	3:30.35	1	135

Outdoor Pentathlon: #1 80 Meter Hurdles 11-12 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Wind	H#	Points
1 Hatcher, Jada	Pwc Panthers	13.38	-0.8	5	935
2 Jackson, Prynness	East End Lig	13.42	-0.8	5	929
3 Flynn, Kennedy	Mvp League	13.71	-2.1	2	887
4 Wills, Mikayla	Track Express Track	13.72	-0.8	5	884
5 White, Gabrielle	Glenarden Track	13.89	-1.7	6	860
6 Moody, Princess	Marlboro Boy	14.66	-1.2	4	754
7 Beaumont, Keira	Ft. Belvoir	15.08	-1.2	4	698
8 Toppin, Aniyah	Columbia Exp	15.36	-2.1	2	662
9 Moore, KeWanda	East End Lig	15.53	-1.2	4	641
10 Stuard, Johanna	Loudoun Legacy	15.88	-1.9	3	598
11 Johnson, Micah	i5 Elite	15.96	-1.6	1	589
12 Stewart, Malia	East End Lig	16.24	-1.7	6	555
13 Madden, Cadaija	East End Lig	16.25	-1.9	3	554
14 Thomas, Laila	Pwc Panthers	16.64	-1.9	3	509
15 Blackwell, Jaylen	Vision Elite	16.66	-1.6	1	507
16 Massenburg, Ajanæ	Ft. Belvoir	16.68	-1.7	6	505
17 Bryson, Chayce	Track Express Track	16.88	-1.2	4	482
18 Shannon, Crystal	Usa-Ja	17.99	-1.9	3	368
19 Johnson, Jazmyn	House of Speed	18.21	-1.7	6	347
20 Morgan, Jada	Ft. Belvoir	18.49	-2.1	2	321

Outdoor Pentathlon: #2 High Jump 11-12 Division Girls Outdoor Pentathlon

Region 3: R 1.32m 7/6/2017 Deja Wells, Sandhills

Name	Year Team	Finals	Points
1 Moody, Princess	Marlboro Boy	1.45mR 4-09.00	566
		0.93 0.96 0.99 1.04 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50	
		P P O O O O O O O XO O O XXX	
1 Wills, Mikayla	Track Express Track	1.45mR 4-09.00	566
		0.93 0.96 0.99 1.04 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50	
		P P P P O O O O O O XXO XXO XXX	
3 Jackson, Prynness	East End Lig	1.40mR 4-07.00	512
		0.93 0.96 0.99 1.04 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45	
		P P P O O O O O O O O XXO XXX	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Outdoor Pentathlon: #4 Long Jump 11-12 Division Girls Outdoor Pentathlon**

Name	Year Team	Finals	Wind	Points	
1 Moore, KeWanda	East End Lig	4.72m	0.5	15-06.00	485
	4.54m(2.0) 4.72m(0.5) 4.69m(3.6)				
2 Hatcher, Jada	Pwc Panthers	4.55m	0.4	14-11.25	441
	4.35m(1.8) 4.55m(0.4) 4.41m(2.2)				
3 Flynn, Kennedy	Mvp League	4.53m	2.1	14-10.50	436
	FOUL(1.5) 4.53m(2.1) 4.33m(3.4)				
4 Wills, Mikayla	Track Express Track	4.52m	1.3	14-10.00	433
	4.06m(2.1) 3.99m(0.3) 4.52m(1.3)				
5 Jackson, Prynness	East End Lig	4.40m	1.0	14-05.25	403
	4.27m(0.7) 4.40m(1.0) FOUL(2.4)				
6 White, Gabrielle	Glenarden Track	4.36m	0.5	14-03.75	393
	4.23m(2.1) FOUL(+0.0) 4.36m(0.5)				
7 Stuard, Johanna	Loudoun Legacy	4.29m	1.2	14-01.00	376
	4.00m(1.4) 3.98m(1.5) 4.29m(1.2)				
8 Thomas, Laila	Pwc Panthers	4.18m	1.8	13-08.75	350
	4.18m(1.8) 3.79m(1.7) 3.59m(1.3)				
9 Beaumont, Keira	Ft. Belvoir	4.11m	2.0	13-06.00	333
	4.11m(2.0) 4.09m(0.4) 3.82m(2.7)				
10 Bryson, Chayce	Track Express Track	4.00m	2.1	13-01.50	308
	3.80m(2.1) 3.90m(3.1) 4.00m(2.1)				
11 Toppin, Aniyah	Columbia Exp	3.97m	3.4	13-00.25	301
	3.97m(3.4) FOUL(3.6) PASS				
12 Massenbourg, Ajanae	Ft. Belvoir	3.79m	0.2	12-05.25	261
	3.79m(0.2) FOUL(2.0) FOUL(2.1)				
13 Stewart, Malia	East End Lig	3.78m	1.1	12-05.00	259
	3.74m(0.3) 3.78m(1.1) FOUL(+0.0)				
14 Johnson, Jazmyn	House of Speed	3.73m	2.0	12-03.00	248
	3.73m(2.0) 3.47m(1.7) 3.46m(0.2)				
15 Moody, Princess	Marlboro Boy	3.63m	2.9	11-11.00	227
	3.63m(2.9) 3.52m(0.4) FOUL(2.0)				
16 Blackwell, Jaylen	Vision Elite	3.61m	1.7	11-10.25	223
	3.61m(1.7) FOUL(1.1) FOUL(0.8)				
17 Madden, Cadaija	East End Lig	3.59m	2.0	11-09.50	218
	3.25m(1.9) 3.59m(2.0) 3.25m(2.5)				
18 Johnson, Micah	i5 Elite	3.35m	0.9	11-00.00	170
	FOUL(0.7) FOUL(2.3) 3.35m(0.9)				
-- Morgan, Jada	Ft. Belvoir	FOUL			
	FOUL(2.0) FOUL(0.7) FOUL(3.6)				

Outdoor Pentathlon: #3 Shot Put 11-12 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Points	
1 Moore, KeWanda	East End Lig	7.78m	25-06.25	385
	6.84m 7.78m 7.16m			
2 Toppin, Aniyah	Columbia Exp	7.20m	23-07.50	348
	6.47m 7.20m 6.56m			
2 Flynn, Kennedy	Mvp League	7.20m	23-07.50	348
	7.20m 7.11m FOUL			
4 Stuard, Johanna	Loudoun Legacy	7.07m	23-02.50	340
	7.07m 6.81m 6.76m			

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...Outdoor Pentathlon: #3 Shot Put 11-12 Division Girls Outdoor Pentathlon

5	Wills, Mikayla	Track Express Track	6.99m	22-11.25	334
	6.03m 6.99m FOUL				
6	Jackson, Prynness	East End Lig	6.38m	20-11.25	295
	6.38m 6.06m 5.92m				
7	Madden, Cadaija	East End Lig	6.24m	20-05.75	287
	FOUL 6.01m 6.24m				
8	Bryson, Chayce	Track Express Track	6.17m	20-03.00	282
	6.04m 6.17m 5.81m				
9	Hatcher, Jada	Pwc Panthers	6.14m	20-01.75	280
	5.88m 5.72m 6.14m				
10	Johnson, Micah	i5 Elite	5.95m	19-06.25	268
	5.82m 5.95m 5.37m				
11	Blackwell, Jaylen	Vision Elite	5.78m	18-11.75	257
	5.57m 5.78m 5.75m				
12	Moody, Princess	Marlboro Boy	5.67m	18-07.25	250
	5.35m 5.29m 5.67m				
13	Beaumont, Keira	Ft. Belvoir	5.45m	17-10.75	237
	5.37m 4.37m 5.45m				
14	White, Gabrielle	Glenarden Track	5.25m	17-02.75	224
	5.25m 4.37m 4.52m				
15	Stewart, Malia	East End Lig	5.21m	17-01.25	221
	5.21m 4.98m FOUL				
16	Massenburg, Ajanee	Ft. Belvoir	4.85m	15-11.00	199
	4.85m 4.83m FOUL				
17	Morgan, Jada	Ft. Belvoir	4.53m	14-10.50	179
	4.24m 4.53m 4.11m				
18	Johnson, Jazmyn	House of Speed	4.48m	14-08.50	176
	FOUL 3.74m 4.48m				
19	Thomas, Laila	Pwc Panthers	4.37m	14-04.00	169
	FOUL 4.37m FOUL				

Outdoor Pentathlon 11-12 Division Girls

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	Nat'l: N	3412	7/23/2008	Stacey Destin, Boynton Beach, FL		
	Region 3: R	3147	7/1993	Tameisha King Northside Red Runners GA		
Name	Year	Team	Seed	Finals	Points	
=====						
1	Wills, Mikayla	Track Express Track		2683	10	
2	Flynn, Kennedy	Mvp League		2569	8	
3	Hatcher, Jada	Pwc Panthers		2548	6	
4	Moody, Princess	Marlboro Boy		2523	5	
5	Jackson, Prynness	East End Lig	2163	2456	4	
6	Stuard, Johanna	Loudoun Legacy		2277	3	
7	Moore, KeWanda	East End Lig	2137	2246	2	
8	White, Gabrielle	Glenarden Track		2179	1	
9	Toppin, Aniyah	Columbia Exp		1998		
10	Bryson, Chayce	Track Express Track		1917		
11	Beaumont, Keira	Ft. Belvoir		1904		
12	Blackwell, Jaylen	Vision Elite		1862		
13	Madden, Cadaija	East End Lig	1436	1796		
14	Thomas, Laila	Pwc Panthers		1781		
15	Stewart, Malia	East End Lig	1368	1725		
16	Johnson, Micah	i5 Elite		1683		
17	Massenburg, Ajanee	Ft. Belvoir		1375		
18	Morgan, Jada	Ft. Belvoir		1128		

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...Outdoor Pentathlon 11-12 Division Girls

19 Johnson, Jazmyn House of Speed 1017

1500 Meter Race Walk 11-12 Division Girls

Nat'l: N 6:53.70 7/26/1990 Danielle Safran, Brentwood, NY

Region 3: R 7:39.50 7/6/2012 Anna Alden, 12-Team Flas

Name	Year	Team	Seed	Finals	Points
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1 Barnes, Aoi		Fairfax Poli	10:29.97	10:47.43	
-- Todd, Kiera		Mach 5 Athletics	10:26.50	DNF	

100 Meter Dash 13-14 Division Girls

Nat'l: N 11.59 7/29/2012 Kaylin Whitney, 04-Star Athl

Region 3: R 11.99 7/9/2005 Takeia Pinckney, 45 Light Speed

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1 Thomas, Ashley		Owings Mills Track	12.58	12.27q	1.1	1
2 Wynder-Hill, Jaelynn		Global Trans	12.38	12.44q	2.1	3
3 Campbell, Laila		Maryland Wings	12.92	12.61q	1.1	1 12.607
4 Samms, Shantae		Team Marylan	12.69	12.61q	2.1	3 12.608
5 Johnson, Khaiya		Glenarden Track	12.61	12.67q	-1.4	2
6 Ofotan, Jade		Glenarden Track	12.54	12.71q	-1.4	2
7 Evans, Raven		Dale City Li	12.60	12.75q	1.1	1
8 Simpson, Laila		Dale City Li	13.04	12.98q	2.1	3 12.972
9 Blake, Nirel		East End Lig	12.77	12.98	-1.4	2 12.980
10 Irlan, Erin		Virginia Spe	13.22	13.03	2.1	3
11 Bishop, Gabrielle		Dale City Li	13.44	13.38	1.1	1
12 Starks, Jada		Virginia Elite	13.30	13.81	-1.4	2

100 Meter Dash 13-14 Division Girls

Nat'l: N 11.59 7/29/2012 Kaylin Whitney, 04-Star Athl

Region 3: R 11.99 7/9/2005 Takeia Pinckney, 45 Light Speed

Name	Year	Team	Prelims	Finals	Wind	Points
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Finals

1 Thomas, Ashley		Owings Mills Track	12.27	12.13	-0.4	
2 Ofotan, Jade		Glenarden Track	12.71	12.24	-0.4	
3 Wynder-Hill, Jaelynn		Global Trans	12.44	12.27	-0.4	
4 Johnson, Khaiya		Glenarden Track	12.67	12.33	-0.4	
5 Campbell, Laila		Maryland Wings	12.61	12.44	-0.4	
6 Samms, Shantae		Team Marylan	12.61	12.49	-0.4	
7 Evans, Raven		Dale City Li	12.75	12.70	-0.4	
8 Simpson, Laila		Dale City Li	12.98	12.94	-0.4	

200 Meter Dash 13-14 Division Girls

Nat'l: N 23.41 7/28/2012 Kaylin Whitney, 04-Star Athl

Region 3: R 23.73 7/9/2017 Kayla Davis, Run U Xpress

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1 Thomas, Ashley		Owings Mills Track	25.01	25.08q	-0.9	2
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....200 Meter Dash 13-14 Division Girls

2	Ofotan, Jade	Glenarden Track	25.66	25.36q	0.2	1
3	Cooper, Ella	Owings Mills Track	24.90	25.57q	0.4	3
4	Campbell, Laila	Maryland Wings	25.81	25.77q	0.2	1
5	Wynder-Hill, Jaelynn	Global Trans	26.90	25.97q	0.2	1
6	Staats, Shanise	Owings Mills Track	26.26	26.10q	0.2	1
7	Evans, Raven	Dale City Li	26.21	26.11q	0.2	1
8	Henson, Takiya	Owings Mills Track	25.88	26.17q	0.4	3
9	Bennett, Kaylee	Team Acceler	26.15	26.29	-0.9	2
10	Hinton, Sage	Owings Mills Track	26.01	26.36	0.4	3
11	Wise, Akata	Baltimore Ci	26.63	26.57	-0.9	2
12	Oshogbo, Evangel	Owings Mills Track	26.27	26.64	-0.9	2
13	Schwartz, Reagan	Firebirds Athletic	26.36	26.71	0.4	3
14	Gray, Desairey	12-Unattached	26.34	26.84	0.4	3
15	Irlan, Erin	Virginia Spe	27.14	26.96	-0.9	2
16	Orneval, Iyana	Dale City Li	27.66	27.04	-0.9	2
17	Samms, Shantae	Team Marylan	25.82	27.09	-0.9	2
18	Gooden, Lena	Dale City Li	27.28	27.12	0.4	3
19	Simpson, Laila	Dale City Li	27.45	27.15	0.4	3
20	Bishop, Gabrielle	Dale City Li	28.46	27.66	0.2	1
21	Coleman, Janai	East End Lig	27.86	27.69	0.2	1

200 Meter Dash 13-14 Division Girls

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Nat'l:	N	23.41	7/28/2012	Kaylin Whitney, 04-Star Athl		
Region 3:	R	23.73	7/9/2017	Kayla Davis, Run U Xpress		
Name	Year	Team	Prelims	Finals	Wind	Points
=====						

Finals

1	Thomas, Ashley	Owings Mills Track	25.08	24.58	-0.2	10
2	Cooper, Ella	Owings Mills Track	25.57	24.77	-0.2	8
3	Campbell, Laila	Maryland Wings	25.77	25.58	-0.2	6
4	Ofotan, Jade	Glenarden Track	25.36	25.62	-0.2	5
5	Wynder-Hill, Jaelynn	Global Trans	25.97	25.77	-0.2	4
6	Evans, Raven	Dale City Li	26.11	25.80	-0.2	3
7	Henson, Takiya	Owings Mills Track	26.17	26.05	-0.2	2
8	Staats, Shanise	Owings Mills Track	26.10	26.43	-0.2	1

400 Meter Dash 13-14 Division Girls

=====						
Nat'l:	N	52.54	7/30/2017	Kayla Davis, 03-Run U Xpr		
Region 3:	R	53.15	7/9/2017	Kayla Davis, Run U Xpress		
Name	Year	Team	Seed	Prelims	H#	
=====						

Preliminaries

1	Thrash, Abriel	Loudoun Legacy	59.13	58.61q	2	
2	Wilsin, Kadence	Virginia Elite	1:00.02	58.80q	2	
3	Hinton, Sage	Owings Mills Track	57.80	59.19q	3	
4	Gray, Desairey	12-Unattached	59.79	59.47q	3	
5	Bennett, Kaylee	Team Acceler	58.79	59.48q	1	
6	Henson, Takiya	Owings Mills Track	58.84	59.60q	1	
7	Collins, Kayla	Glenarden Track	58.57	59.96q	2	
8	Benton, Brianna	Team Marylan	1:00.84	1:00.69q	3	
9	Robinson, Jaslyne	Central Virg	1:00.53	1:01.06	2	
10	Wise, Akata	Baltimore Ci	1:00.73	1:01.29	3	
11	Irlan, Erin	Virginia Spe	1:02.97	1:02.04	3	1:02.034

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...400 Meter Dash 13-14 Division Girls

12 Bell, Raqayah	i5 Elite	1:00.17	1:02.04	1 1:02.040
13 Lyons, Mikaela	Glenarden Track	59.93	1:02.79	3
14 Parham, Madison	Baltimore Ci	1:01.42	1:02.86	1
15 Frederick, Gabrielle	301 Panthers	1:01.87	1:03.70	1
16 Stinson, Kameran	Owings Mills Track	1:02.45	1:03.90	2
17 Gooden, Lena	Dale City Li	1:00.11	1:04.68	1
18 Coles, Viana	Virginia Pri	1:03.78	1:05.61	2
19 Coleman, Janai	East End Lig	1:03.20	1:06.09	3
20 Johnson, Kaylyn	Owings Mills Track		1:16.29	1

400 Meter Dash 13-14 Division Girls

Nat'l: N 52.54 7/30/2017 Kayla Davis, 03-Run U Xpr
 Region 3: R 53.15 7/9/2017 Kayla Davis, Run U Xpress

Name	Year	Team	Prelims	Finals	Points
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Finals

1 Thrash, Abriel	Loudoun Legacy	58.61	57.85
2 Wilsin, Kadence	Virginia Elite	58.80	58.17
3 Bennett, Kaylee	Team Acceler	59.48	58.59
4 Henson, Takiya	Owings Mills Track	59.60	58.84
5 Collins, Kayla	Glenarden Track	59.96	59.32
6 Gray, Desairey	12-Unattached	59.47	59.41
7 Hinton, Sage	Owings Mills Track	59.19	59.58
8 Benton, Brianna	Team Marylan	1:00.69	59.67

800 Meter Run 13-14 Division Girls

Nat'l: N 2:06.90 7/4/2009 Raevyn Rodgers, Wings TC
 Region 3: R 2:36.08 7/6/2017 Sanaa Perry, Glenarden

Name	Year	Team	Seed	Finals	H#	Points
------	------	------	------	--------	----	--------

1 Thrash, Abriel	Loudoun Legacy	2:28.77	2:25.37R	3
2 Bennett, Kaylee	Team Acceler	2:27.28	2:27.36R	3
3 Gaynor, Laila	Owings Mills Track	2:30.70	2:30.56R	3
4 Parham, Madison	Baltimore Ci	2:30.85	2:31.23R	3
5 Stephens, Genelle	Glenarden Track	2:29.55	2:31.38R	3
6 Kissoon, Alecia	Greater Will	2:37.19	2:34.44R	2
7 Hagans, Mahina	Dale City Li	2:45.38	2:34.77R	1
8 Bumbry, Trinity	Glenarden Track	2:31.90	2:35.73R	3
9 Stephens, Leah	Bullseye Running	2:35.11	2:38.13	3
10 Evans, Jordyn	Dale City Li	2:34.28	2:39.78	3
11 Orneval, Iyana	Dale City Li	2:57.09	2:40.30	1
12 Frederick, Gabrielle	301 Panthers	2:35.15	2:40.47	2
13 Mosley, Tiyjah	Virginia Elite	2:40.71	2:41.41	2
14 Thornton-Fillyaw, Tannis	Glenarden Track	2:39.84	2:43.04	2
15 Sharps, Raquel	i5 Elite	2:41.20	2:43.48	2
16 Carroll, Jayanna	Prominent Athletes	2:40.49	2:44.20	2
17 Gardner, Maya	Glenarden Track	2:42.83	2:45.18	1
18 Dabney, Maya	Dale City Li	2:58.66	2:49.78	1
19 Pope, Shaniah	East End Lig	2:48.06	2:51.67	1
20 Crawley, Madison	Richmond Hea	2:41.79	2:54.10	2
21 Sanchez-Davila, Abigail	12-Unattached	2:53.92	2:54.19	1
22 Martin, Tienna	Loudoun Legacy	2:44.42	2:56.49	1

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****1500 Meter Run 13-14 Division Girls**

=====					
Nat'l: N 4:28.61		7/29/2005	Jordan Hassay, San Luis Distance		
Region 3: R 4:41.77		7/10/2011	Eliza Dekker, Durham Strid		
Name	Year	Team	Seed	Finals	Points
=====					
1	Stephens, Leah	Bullseye Running	5:19.83	5:15.21	
2	Hagans, Mahina	Dale City Li	5:33.96	5:16.77	
3	Brotherton, Cooper	10-Unattached	5:33.43	5:30.16	
4	Baker, Mya	Gloucester Y	5:41.40	5:32.87	
5	Strong, Katherine	Fairfax Poli	5:40.10	5:33.00	
6	Brotherton, Carter	10-Unattached	5:26.81	5:37.15	
7	Kimpson, Carmen	Firebirds Athletic	5:31.33	5:41.27	
8	Werdell, Ella	Bullseye Running	5:55.50	5:50.98	
9	Kieschnick, Ashlyn	Virginia Pri	6:05.76	5:59.66	
10	Gardner, Maya	Glenarden Track	5:51.61	5:59.69	
11	Sanchez-Davila, Abigail	12-Unattached	6:25.53	6:08.47	
12	Thornton-Fillyaw, Tannis	Glenarden Track	6:12.19	6:13.61	
13	Rolly, Thais	Fairfax Poli	6:02.28	6:17.35	
14	Porch, Molly	Dale City Li	7:14.76	6:36.84	
15	Waterford, Camille	Bowie Boys &	6:31.46	6:50.23	
16	Driscoll, Brianna	12-Unattached	6:45.40	7:06.77	

3000 Meter Run 13-14 Division Girls

=====					
Nat'l: N 9:35.12		7/30/2005	Jordan Hasay, San Luis Dstnce		
Region 3: R 10:07.99		7/9/2011	Eliza Dekker, Durham Strid		
Name	Year	Team	Seed	Finals	Points
=====					
1	Stephens, Leah	Bullseye Running	11:41.54	11:20.27	
2	Brotherton, Cooper	10-Unattached	11:58.17	11:42.82	
3	Strong, Katherine	Fairfax Poli	12:33.72	11:56.96	
4	Ducker, Maya	Usa-Ja	12:13.93	12:11.63	
5	Kieschnick, Ashlyn	Virginia Pri	13:04.56	12:14.51	
6	Brotherton, Carter	10-Unattached	11:44.32	12:16.30	
7	Walker, Joel	DC Select Tr	14:46.87	14:15.37	
8	Porch, Molly	Dale City Li	15:45.48	15:00.24	

100 Meter Hurdles 13-14 Division Girls

=====						
Nat'l: N 13.40		7/5/2014	Tia Jones, 04-Full Thro			
Region 3: R 15.02		7/6/2017	Jahnelle Saunders, F.I.A. Amba			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Taiwo, Joy	Ashburn Elite Track	15.23	15.22q	1.5	3
2	Howard, Triniyah	Virginia Elite	15.96	15.56q	1.6	1
3	Robinson, Jaslyne	Central Virg	15.92	15.66q	1.6	1
4	Starks, Jada	Virginia Elite	15.67	15.69q	0.6	2
5	Perry, Sanaa	Glenarden Track	16.18	15.76q	1.5	3
6	Nichols, Sheyenne	Global Trans	15.99	15.97q	0.6	2
7	Vaughan, J'Naya	East End Lig	16.21	16.04q	0.6	2
8	Walker, Regine	Comets of Ch	16.20	16.38q	1.5	3
9	Coles, Viana	Virginia Pri	18.28	16.51	1.6	1
10	Rein, Chanel	Virginia Pri	17.97	16.62	0.6	2
11	Smith, Alyson	Mach 5 Athletics	17.94	17.03	1.5	3
12	Bigelow, Ryan	Glenarden Track	18.13	17.43	1.6	1

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....100 Meter Hurdles 13-14 Division Girls**

13 Sales, Jasmin	M180 Team Power	17.94	17.57	1.5	3
14 Worsley, Imani	Virginia Elite	19.32	17.72	1.5	3
15 Webb, Taylor	Glenarden Track	18.81	18.87	0.6	2
16 Atkins, Kennedy	i5 Elite	19.46	19.00	1.5	3
17 Ball, Corinne	Comets of Ch	16.56	19.42	1.6	1
18 Fortune, Kyndahl	Baltimore Ci	20.45	20.56	0.6	2
19 Pounds, Cleo	House of Speed	21.91	21.77	1.6	1

100 Meter Hurdles 13-14 Division Girls

=====						
Nat'1: N 13.40	7/5/2014	Tia Jones, 04-Full	Thro			
Region 3: R 15.02	7/6/2017	Jahnelle Saunders, F.I.A.	Ambas			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						

Finals

1 Taiwo, Joy	Ashburn Elite Track	15.22	14.89R	1.5
2 Vaughan, J'Naya	East End Lig	16.04	15.38	1.5
3 Starks, Jada	Virginia Elite	15.69	15.47	1.5
4 Howard, Triniyah	Virginia Elite	15.56	15.52	1.5
5 Nichols, Sheyenne	Global Trans	15.97	15.74	1.5
6 Robinson, Jaslyne	Central Virg	15.66	15.78	1.5
7 Perry, Sanaa	Glenarden Track	15.76	16.26	1.5
8 Walker, Regine	Comets of Ch	16.38	17.98	1.5

200 Meter Hurdles 13-14 Division Girls

=====						
Nat'1: N 25.34	7/24/2013	Tia Jones, 04-Full	Thro			
Region 3: R 28.09	7/13/2008	Kendell Williams, 45	East Cobb-Th			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						

Preliminaries

1 Starks, Jada	Virginia Elite	28.82	29.50q	0.1	2
2 Staats, Shanise	Owings Mills Track	28.80	29.56q	0.5	3
3 Howard, Triniyah	Virginia Elite	29.91	29.69q	0.5	3
4 Ball, Corinne	Comets of Ch	29.67	29.96q	0.9	1
5 Nichols, Sheyenne	Global Trans	31.10	30.10q	0.5	3
6 Taiwo, Joy	Ashburn Elite Track	29.90	30.57q	0.5	3
7 Bigelow, Ryan	Glenarden Track	29.88	30.65q	0.1	2
8 Perry, Sanaa	Glenarden Track	28.93	30.80q	0.9	1
9 Walker, Regine	Comets of Ch	30.68	31.09	0.1	2
10 Vaughan, J'Naya	East End Lig	31.79	31.46	0.1	2
11 Coles, Viana	Virginia Pri	31.99	32.04	0.9	1
12 Holley, Zamari	Mach 5 Athletics	33.01	32.26	0.5	3
13 Rein, Chanel	Virginia Pri	32.70	32.32	0.5	3
14 Webb, Keniya	Turbo Track Club	32.10	33.40	0.9	1
15 Smith, Alyson	Mach 5 Athletics	34.91	33.60	0.1	2
16 Sales, Jasmin	M180 Team Power	30.95	34.07	0.1	2
-- Worsley, Imani	Virginia Elite	34.98	DNF	0.9	1

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=====						
Nat'1: N 25.34 7/24/2013 Tia Jones, 04-Full Thro						
Region 3: R 28.09 7/13/2008 Kendell Williams, 45 East Cobb-Th						
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Perry, Sanaa	Glenarden Track	30.80	28.17	2.3	
2	Staats, Shanise	Owings Mills Track	29.56	28.30	2.3	
3	Starks, Jada	Virginia Elite	29.50	29.03	2.3	
4	Nichols, Sheyenne	Global Trans	30.10	29.59	2.3	
5	Howard, Triniyah	Virginia Elite	29.69	29.69	2.3	
6	Bigelow, Ryan	Glenarden Track	30.65	29.81	2.3	
7	Taiwo, Joy	Ashburn Elite Track	30.57	30.14	2.3	
8	Ball, Corinne	Comets of Ch	29.96	30.20	2.3	

4x100 Meter Relay 13-14 Division Girls

=====						
Nat'1: N 46.58 6/29/2003 Quiet Fire, Mission Viejo, CA						
Region 3: R 47.56 7/9/2005 10 Hummingbird Track Club, 10 Hummingbird						
D Anyanwu, K Laroche, J DeCoster, A Iwugo						
Team	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Owings Mills Track	'A'	49.17	48.09q	2	
	1) Cooper, Ella	2) Thomas, Adrianna				
	3) Smith, Asha	4) Thomas, Ashley				
2	Glenarden Track	'A'	49.17	48.85q	1	
	1) Lyons, Mikaela	2) Johnson, Khaiya				
	3) Collins, Kayla	4) Ofotan, Jade				
3	Dale City Lightning Track Cl	'A'		49.97q	2	
	1) Simpson, Laila	2) Gooden, Lena				
	3) Evans, Jordyn	4) Evans, Raven				
4	i5 Elite	'A'	51.91	51.06q	1	
	1) Bell, Raqayah	2) Sims, Erynn				
	3) Pearsall, Elle	4) Atkins, Kennedy				
5	Baltimore City White Knight	'A'	55.70	51.75q	1	
	1) Brown, Sytieia	2) Thomas, Mia				
	3) Parham, Madison	4) Fortune, Kyndahl				
6	East End Lightning T&F Youth	'A'	50.00	52.44q	2	
	1) Coleman, Janai	2) Blake, Nirel				
	3) Pope, Shaniah	4) Conway, Shakira				
7	Glenarden Track	'B'	53.02	53.41q	2	
	1) Addo, Rachel	2) Bigelow, Ryan				
	3) Franklin, Trinity	4) Powell, Leah				
8	Usa-Ja	'A'	54.83	53.84q	1	
	1) Dallo, Faith	2) Fearon, Ashley				
	3) Ferguson, Kayla	4) Lloyd, Angel				
9	Firebirds Athletic	'A'	50.63	55.16	2	
	1) Rahman, Ayah	2) Daniels, Rachel				
	3) Hallowell, Nai-hajii	4) Schwartz, Reagan				
--	FireStorm Elite Track	'A'	53.95	DQ	2	(rule:125.9)
	1) Bryant, Christian	2) Foulks, Shelby				
	3) Miles, Sevyn	4) Virgil, Sanaa				

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4x100 Meter Relay 13-14 Division Girls

Nat'l: N 46.58 6/29/2003 Quiet Fire, Mission Viejo, CA
 Region 3: R 47.56 7/9/2005 10 Hummingbird Track Club, 10 Hummingbird T
 D Anyanwu, K Laroche, J DeCoster, A Iwugo

Team	Prelims	Finals	Points
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Finals

1 Owings Mills Track 'A'	48.09	48.65	
2 Glenarden Track 'A'	48.85	48.73	
3 i5 Elite 'A'	51.06	51.35	
4 East End Lightning T&F Youth 'A'	52.44	52.15	
5 Glenarden Track 'B'	53.41	52.55	
6 Baltimore City White Knight 'A'	51.75	53.42	
7 Usa-Ja 'A'	53.84	53.53	
8 Dale City Lightning Track Cl 'A'	49.97	54.05	

4x400 Meter Relay 13-14 Division Girls

Nat'l: N 3:43.05 7/31/2011 Rate of Motion, Inglewood, CA
 A. Abram, S. Douglas, V. Fagan, A. Fuller
 Region 3: R 3:52.43 7/12/2015 Glenarden Track Club, Glenarden Tr
 L. Harris S. Leonard, D. Grant, L. Robinson

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 Owings Mills Track 'A'	4:04.93	3:57.51	2	
2:00.077 (2:00.077) 2:59.647 (59.570)	3:57.501 (57.854)			
2 Glenarden Track 'A'	4:10.22	4:02.96	2	
2:00.883 (2:00.883) 3:00.267 (59.384)	4:02.955 (1:02.688)			
3 Dale City Lightning Track Cl 'A'		4:06.15	1	
2:04.113 (2:04.113) 3:04.991 (1:00.878)	4:06.147 (1:01.156)			
4 Owings Mills Track 'B'	4:16.75	4:11.20	2	
2:04.847 (2:04.847) 3:08.555 (1:03.708)	4:11.191 (1:02.636)			
5 East End Lightning T&F Youth 'A'	4:15.00	4:15.12	2	
2:05.257 (2:05.257) 3:11.371 (1:06.114)	4:15.119 (1:03.748)			
6 Firebirds Athletic 'A'	4:13.36	4:16.85	2	
2:07.737 (2:07.737) 3:15.965 (1:08.228)	4:16.845 (1:00.880)			
7 i5 Elite 'A'	4:23.46	4:18.28	2	
2:07.285 (2:07.285) 3:14.809 (1:07.524)	4:18.277 (1:03.468)			
8 Glenarden Track 'B'	4:24.11	4:19.31	2	
2:08.919 (2:08.919) 3:15.941 (1:07.022)	4:19.305 (1:03.364)			
9 DC Select Track Club 'A'	4:36.03	4:29.48	2	
2:09.259 (2:09.259) 3:15.981 (1:06.722)	4:29.473 (1:13.492)			
10 Usa-Ja 'A'	4:50.35	4:38.71	1	
2:14.011 (2:14.011) 3:24.745 (1:10.734)	4:38.707 (1:13.962)			
11 Bowie Boys & Girls Trackster 'A'	4:52.13	4:43.08	1	
2:13.157 (2:13.157) 3:30.081 (1:16.924)	4:43.077 (1:12.996)			

4x800 Meter Relay 13-14 Division Girls

Nat'l: N 9:15.68 7/29/2003 United Stars TC, Philadelphia, PA
 LaVaugh Jones, Kameesha Worthington, Benita Taylor
 Region 3: R 9:43.89 7/7/2005 10 DC Redwings, 10 DC Redwings
 T Rivers, C Hickson, A Seymour, T Arrington

Team	Seed	Finals	Points
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....4x800 Meter Relay 13-14 Division Girls

1	Glenarden Track 'A'	10:16.00	10:33.27
	1) Stephens, Genelle	2) Gardner, Maya	
	3) Bumbry, Trinity	4) Thornton-Fillyaw, Tannis	
	2:37.206 (2:37.206)	5:09.898 (2:32.692)	7:49.536 (2:39.638) 10:33.270 (2:43.734)
2	Dale City Lightning Track Cl 'A'		10:53.14
	1) Hagans, Mahina	2) Dabney, Maya	
	3) Orneval, Iyana	4) Evans, Jordyn	
	2:42.266 (2:42.266)	5:36.340 (2:54.074)	8:12.478 (2:36.138)
3	Usa-Ja 'A'	12:00.00	13:07.01
	1) Dallo, Faith	2) Ducker, Maya	
	3) Lloyd, Angel	4) Fearon, Ashley	
	2:43.304 (2:43.304)	6:34.234 (3:50.930)	9:49.400 (3:15.166)

High Jump 13-14 Division Girls

Nat'l: N 1.77m 7/29/2017 Tierra Hooker, 02-Willis/Ca										
Name	Year	Team	Seed	Finals	Points					
1 Collins, Kayla		Glenarden Track	1.57m	1.55m	5-01.00	1.25	1.30	1.35	1.40	1.45
						1.50	1.55	1.60		
						P	P	P	O	O
									O	XXX
2 Bryant, Christian		FireStorm El	1.47m	J1.55m	5-01.00	1.25	1.30	1.35	1.40	1.45
						1.50	1.55	1.60		
						P	P	O	O	O
									XXO	XXO
										XXX
3 Perry, Sanaa		Glenarden Track	1.47m	1.50m	4-11.00	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						P	P	P	O	XO
									O	XXX
3 Vaughan, J'Naya		East End Lig	1.45m	1.50m	4-11.00	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						O	O	O	O	XO
									O	XXX
3 Marshall, Cameron		Bullseye Running	1.47m	1.50m	4-11.00	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						P	XO	O	O	O
									O	XXX
6 Foulks, Shelby		FireStorm El	1.47m	1.45m	4-09.00	1.25	1.30	1.35	1.40	1.45
						1.50				
						P	P	O	O	XO
										XXX
6 Wilson, Nylah		Owings Mills Track	1.42m	1.45m	4-09.00	1.25	1.30	1.35	1.40	1.45
						1.50				
						O	O	O	O	XO
										XXX
6 Oshegbo, Evangel		Owings Mills Track	1.47m	1.45m	4-09.00	1.25	1.30	1.35	1.40	1.45
						1.50				
						O	O	O	XO	O
										XXX
9 Smith, Alyson		Mach 5 Athletics	1.30m	1.40m	4-07.00	1.25	1.30	1.35	1.40	1.45
						XO	XO	O	XO	XXX
9 Franklin, Trinity		Glenarden Track	1.37m	1.40m	4-07.00	1.25	1.30	1.35	1.40	1.45
						P	O	O	XXO	XXX
11 Wilsin, Kadence		Virginia Elite	1.30m	1.35m	4-05.00	1.25	1.30	1.35	1.40	
						XO	XO	O	XXX	
12 Cox, Paula		McLean Youth Track	1.32m	1.30m	4-03.25	1.25	1.30	1.35		
						XO	XO	XXX		

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...High Jump 13-14 Division Girls

13 Worsley, Imani	Virginia Elite	1.30m	1.25m	4-01.25
1.25 1.30				
O XXX				
13 Atkins, Kennedy	i5 Elite	1.32m	1.25m	4-01.25
1.25 1.30				
O XXX				

Pole Vault 13-14 Division Girls

=====						
Nat'1: N 3.75m	7/24/2013	Makayla Linebarger, 14-Raise The				
Region 3: R 3.05m	7/9/2011	Elizabeth Blalock, Mt Pleasant				
Name	Year	Team	Seed	Finals		Points
=====						
1 Mead, Anjali		Xtreme Heights Llc	3.35m	3.35mR	10-11.75	
2 Baham, Meredith		Xtreme Heights Llc	3.05m	3.05mR	10-00.00	
1.98						
O						
3 Mollenauer, Kelly		Xtreme Heights Llc	1.85m	1.85m	6-00.75	

Long Jump 13-14 Division Girls

=====							
Nat'1: N 6.07m		Daloria Boone / Tracee Thomas, Humble, TX					
Region 3: R 4.75m	7/6/2017	Sanaa Perry, Glenarden					
Name	Year	Team	Seed	Finals	Wind		Points
=====							
1 Schwartz, Reagan		Firebirds Athletic	5.15m	5.59mR	-0.3	18-04.25	
5.31m(-1.0)	5.47m(-0.5)	5.20m(-1.0)	5.29m(0.1)	5.34m(-2.4)	5.59m(-0.3)		
2 Evans, Naiyae		Owings Mills Track	5.11m	5.39mR	-0.6	17-08.25	
5.14m(-1.3)	4.95m(-3.6)	5.39m(-0.6)	5.18m(1.4)	5.25m(-0.8)	5.27m(2.6)		
3 Wynder-Hill, Jaelynn		Global Trans	5.04m	5.10mR	1.2	16-08.75	
5.02m(-0.3)	5.10m(1.2)	4.97m(-1.6)	4.52m(+0.0)	4.98m(-0.8)	4.95m(1.6)		
4 Wilsin, Kadence		Virginia Elite	4.67m	5.05mR	-0.8	16-07.00	
4.65m(-1.7)	5.05m(-0.8)	FOUL(+0.0)	4.78m(1.3)	4.76m(+0.0)	4.46m(+0.0)		
5 Gray, Desairey		12-Unattached	4.91m	4.96mR	-1.9	16-03.25	
4.10m(-0.1)	4.54m(-1.3)	FOUL(-1.6)	4.96m(-1.9)	4.44m(-1.3)	4.93m(-1.8)		
6 Wilson, Nylah		Owings Mills Track	4.52m	4.94mR	0.1	16-02.50	
4.39m(-0.4)	4.62m(-1.7)	4.52m(-1.1)	4.77m(-1.3)	4.94m(0.1)	FOUL(-0.6)		
7 Nichols, Sheyenne		Global Trans	4.89m	4.80mR	-0.7	15-09.00	
4.80m(-0.7)	4.63m(-1.2)	4.78m(-0.4)	4.49m(-0.1)	4.60m(-0.9)	4.57m(-1.6)		
8 Robinson, Zion		Baltimore Ci	4.63m	4.73m	-0.3	15-06.25	
4.68m(0.7)	FOUL(-3.7)	4.45m(+0.0)	4.73m(-0.3)	4.48m(-0.4)	4.50m(-1.9)		
9 Simpson, Laila		Dale City Li	4.26m	4.48m	-2.3	14-08.50	
4.22m(-0.9)	4.48m(-2.3)	4.45m(-1.3)	4.34m(-1.2)	FOUL(-1.0)	4.34m(-1.3)		
10 Castillo, Isabella		10-Unattached	4.65m	4.46m	1.9	14-07.75	
4.33m(1.3)	4.46m(1.9)	4.25m(-1.8)					
11 Stith, Athena		10-Unattached	4.53m	4.37m	-1.3	14-04.00	
FOUL(-0.9)	3.45m(1.3)	4.37m(-1.3)					
12 Taylor, Azariah		F.I.A. Ambassadors	4.13m	4.13m	-0.8	13-06.75	
FOUL(0.9)	4.13m(-0.8)	4.13m(+0.0)					
13 Marshall, Kacey		House of Speed	4.71m	4.08m	-0.8	13-04.75	
4.08m(-0.8)	FOUL(-2.4)	FOUL(-4.4)					
14 Cox, Paula		McLean Youth Track	4.28m	4.06m	-0.7	13-04.00	
4.06m(-0.7)	3.80m(-1.2)	3.93m(-0.7)					
15 Mosley, Tiyjah		Virginia Elite	3.98m	3.77m	-2.0	12-04.50	
3.73m(-0.5)	3.77m(-2.0)	3.77m(-0.5)					

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....Long Jump 13-14 Division Girls

16 Thornton, Aja	Virginia Elite	3.85m	3.57m	+0.0	11-08.50
FOUL(-0.6) 3.57m(+0.0) 3.38m(-1.5)					
-- Marshall, Cameron	Bullseye Running	4.60m	FOUL		
FOUL(0.3) FOUL(-2.1) FOUL(1.8)					
-- Jackson, Amore	East End Lig	3.09m	FOUL		
FOUL(-1.9) FOUL(-1.4) FOUL(2.1)					

Triple Jump 13-14 Division Girls

=====							
Nat'l: N 12.23m 7/30/2015 Jasmine Moore, North TX							
Region 3: R 11.47m 7/1994 Nicole Kelly Freedom Striders VA							
Name	Year	Team	Seed	Finals	Wind	Points	
=====							
1 Evans, Naiyae		Owings Mills Track	10.59m	10.70m	-0.6	35-01.25	
10.29m(-2.4) 10.16m(-0.8) 10.19m(0.9) 10.29m(-2.3) 10.70m(-0.6) 10.28m(-2.6)							
2 Ball, Corinne		Comets of Ch	9.78m	10.64m	-0.5	34-11.00	
10.27m(-1.3) 10.64m(-0.5) 10.44m(-0.4) 9.94m(-1.6) 10.42m(0.2) 10.39m(-2.2)							
3 Gueye, Salmata		Firebirds Athletic	9.19m	9.91m	-0.9	32-06.25	
9.63m(-1.7) FOUL(-0.3) 9.34m(-0.3) 9.12m(-0.5) 9.29m(-2.4) 9.91m(-0.9)							
4 Wilson, Zaki'yah		Full Speed A	8.20m	9.73m	-0.6	31-11.25	
9.36m(-1.6) 8.76m(-1.5) 8.44m(0.1) 8.86m(-2.4) 8.89m(-2.5) 9.73m(-0.6)							
5 Ayivor, Margaret		Full Speed A	8.97m	9.39m	-1.0	30-09.75	
9.02m(-0.3) 9.39m(-1.0) FOUL(-3.4) 9.01m(2.4) 8.94m(-2.2) 9.01m(-0.4)							
6 Walker, Regine		Comets of Ch	8.54m	9.24m	-1.3	30-03.75	
8.67m(-1.0) 9.07m(-1.0) 8.30m(-2.1) 9.24m(-1.3) PASS PASS							
7 Kieschnick, Ashlyn		Virginia Pri	7.59m	7.64m	-0.2	25-00.75	
7.63m(0.5) FOUL(-2.5) 7.64m(-0.2) 7.59m(-1.5) FOUL(-1.6) FOUL(-1.3)							

Shot Put 13-14 Division Girls

=====							
Nat'l: N 15.88m Kennedy Blahnik / Susie Ray, Unattached							
Region 3: R 11.68m 7/6/2017 DeMya Campbell, Vision Elite							
Name	Year	Team	Seed	Finals		Points	
=====							
1 Brown, Sytieia		Baltimore Ci	11.13m	12.28mR	40-03.50		
FOUL 12.28m 11.58m 11.23m 9.99m 9.34m							
2 Beaton, Dasha		Owings Mills Track	10.96m	11.73mR	38-06.00		
11.62m 11.73m 11.17m 10.95m FOUL FOUL							
3 Franklin, Trinity		Glenarden Track	11.15m	11.50m	37-08.75		
10.63m 11.50m 11.18m 11.21m FOUL 8.64m							
4 Wiltshire, Imani		Mach 5 Athletics	11.15m	11.18m	36-08.25		
FOUL 10.50m 10.62m 11.09m 10.68m 11.18m							
5 Woolfolk, Naomi		Dale City Li	10.66m	10.44m	34-03.00		
10.28m 9.85m 9.72m 9.99m 10.44m 10.06m							
6 Young, Jamie		Lazers Track Club	10.64m	10.40m	34-01.50		
9.80m 9.80m 9.63m 10.26m 10.15m 10.40m							
7 Atkins, Kennedy		i5 Elite	9.38m	10.39m	34-01.25		
9.52m 9.66m 9.35m 8.75m 10.39m 9.61m							
8 Parham, Daria		Lazers Track Club	9.76m	10.08m	33-01.00		
8.86m 9.33m 9.95m 9.61m 9.75m 10.08m							
9 Michael, Gracie		12-Unattached	9.72m	9.56m	31-04.50		
9.56m 9.42m 8.93m 9.08m 8.73m 9.45m							
10 Drachenberg, Lily Ve		Ft. Belvoir	9.72m	9.13m	29-11.50		
8.48m 9.13m FOUL							

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....Shot Put 13-14 Division Girls

11 Nick, Lania	i5 Elite	8.66m	8.70m	28-06.50
8.70m 7.85m 8.23m				
11 Smith, Alyson	Mach 5 Athletics	9.72m	8.70m	28-06.50
8.70m 8.18m 8.66m				
13 Riley, Kaena	Pwc Panthers	9.05m	8.54m	28-00.25
8.45m FOUL 8.54m				
14 Kyle, Layla	Firebirds Athletic	8.42m	7.49m	24-07.00
FOUL 7.49m 6.99m				
15 Walker, Auri	House of Speed	7.17m	6.35m	20-10.00
6.00m 6.35m FOUL				
16 Holley, Zamari	Mach 5 Athletics	7.74m	6.25m	20-06.25
FOUL 6.25m 5.89m				
17 Young, Nahazha	Pwc Panthers	6.01m	5.08m	16-08.00
5.03m 4.97m 5.08m				

Discus Throw 13-14 Division Girls

=====						
Nat'l: N 46.32m 6/23/1990 Suzy Powell, Modesto, CA						
Region 3: R 39.61m 7/12/2001 Amy Bilmanis, Thunderbolts TC						
Name	Year	Team	Seed	Finals	Points	
=====						
1 Brown, Sytieia		Baltimore Ci	28.79m	25.95m	85-02	
21.82m 25.95m FOUL	25.82m	23.39m FOUL				
2 Young, Jamie		Lazers Track Club	26.10m	25.56m	83-10	
22.99m 18.49m FOUL	25.56m	25.03m 25.04m				
3 Parham, Daria		Lazers Track Club	26.85m	24.86m	81-07	
FOUL FOUL 24.11m	24.86m	FOUL 22.05m				
4 Woolfolk, Naomi		Dale City Li	23.31m	24.41m	80-01	
24.41m 18.44m 22.22m	20.41m	FOUL FOUL				
5 Franklin, Trinity		Glenarden Track	25.83m	24.22m	79-05	
FOUL FOUL 21.75m	24.22m	20.52m 23.43m				
6 Riley, Kaena		Pwc Panthers	23.64m	23.59m	77-05	
23.59m 21.69m 21.84m	FOUL	22.36m 14.70m				
7 Beaton, Dasha		Owings Mills Track	23.13m	22.99m	75-05	
21.98m 21.20m 22.33m	20.66m	22.99m 22.76m				
8 Drachenberg, Lily Ve		Ft. Belvoir	17.10m	21.22m	69-07	
FOUL 21.22m FOUL FOUL	FOUL	FOUL				
9 Wiltshire, Imani		Mach 5 Athletics	17.19m	20.53m	67-04	
15.96m 18.18m 19.76m	19.51m	20.53m 19.24m				
10 Varfley, Amarie		Firebirds Athletic	15.40m	17.29m	56-09	
17.29m FOUL 17.02m						
11 Hawkins, Alyssa		Marlboro Boy	16.94m	15.75m	51-08	
15.75m 15.30m 15.48m						
12 Drachenberg, Cedriona		Ft. Belvoir	15.59m	14.45m	47-05	
11.85m 14.25m 14.45m						
13 Nick, Lania		i5 Elite	17.58m	14.40m	47-03	
14.06m 14.40m 13.27m						

Javelin Throw 13-14 Division Girls

=====						
Nat'l: N 52.90m 7/26/2007 Hannah Carson, 10 48 Arizona Ch						
Region 3: R 36.94m 7/1994 Ashley Herendon Atlanta GA						
Name	Year	Team	Seed	Finals	Points	
=====						

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Javelin Throw 13-14 Division Girls**

1	Young, Jamie	Lazers Track Club	27.17m	28.95m	95-00
	28.95m 25.92m 23.66m 23.25m FOUL 23.68m				
2	Beaton, Dasha	Owings Mills Track	12.19m	22.24m	72-11
	22.15m 20.74m 22.03m 19.23m 19.98m 22.24m				
3	Riley, Kaena	Pwc Panthers	21.77m	20.68m	67-10
	19.41m 15.16m 18.37m 19.58m 20.48m 20.68m				
4	Parham, Daria	Lazers Track Club	21.76m	20.52m	67-04
	19.31m 18.17m 16.47m 20.52m 19.62m 17.97m				
5	Sharps, Raquel	i5 Elite		20.38m	66-10
	FOUL FOUL 20.13m 15.98m 18.96m 20.38m				
6	Nick, Lania	i5 Elite		19.00m	62-04
	17.09m FOUL 18.32m 18.54m 19.00m 15.36m				
7	Drachenberg, Lily Ve	Ft. Belvoir		18.70m	61-04
	14.66m 16.42m 16.06m 16.32m 18.70m 18.36m				
8	Woolfolk, Naomi	Dale City Li	17.13m	17.52m	57-06
	17.52m 15.99m FOUL FOUL 15.54m 12.36m				
9	Varfley, Amarie	Firebirds Athletic		17.39m	57-01
	16.55m 15.54m 16.35m 14.62m 17.39m 12.21m				
10	Walker, Auri	House of Speed	23.25m	15.86m	52-00
	12.85m 12.14m 15.86m				
11	Drachenberg, Cedriona	Ft. Belvoir		14.13m	46-04
	14.13m 9.93m 13.64m				
12	Holloman, Danaijah	Vision Elite		10.90m	35-09
	10.90m 10.88m 9.02m				

Outdoor Pentathlon: #5 800 Meter Run 13-14 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Perry, Sanaa	Glenarden Track	2:39.00	584
	1:10.568 (1:10.568)		
2 Bell, Raqayah	i5 Elite	2:44.71	520
3 Cox, Paula	McLean Youth Track	2:48.09	484
4 Crawley, Madison	Richmond Hea	2:51.24	451
5 Grant, Ariana	Prominent Athletes	2:51.36	450
6 Atkins, Kennedy	i5 Elite	2:55.52	408
7 Tucker, Zimria	Ft. Belvoir	2:56.97	394
8 Augustine, Kailah	Ft. Belvoir	2:57.00	394
9 Lawrence, Andrea	Vision Elite	3:13.83	247
10 Drachenberg, Cedriona	Ft. Belvoir	3:27.79	150
11 Prince, Brooklyn	Marlboro Boy	3:29.30	141

Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Wind H#	Points
1 Perry, Sanaa	Glenarden Track	16.65	-3.1 3	637
2 Atkins, Kennedy	i5 Elite	18.73	-3.1 3	416
3 Bell, Raqayah	i5 Elite	19.08	-2.3 2	383
4 Lawrence, Andrea	Vision Elite	19.66	-2.7 1	331
5 Cox, Paula	McLean Youth Track	19.86	-2.3 2	314
6 Grant, Ariana	Prominent Athletes	20.04	-3.1 3	299
7 Tucker, Zimria	Ft. Belvoir	20.32	-2.7 1	276
8 Prince, Brooklyn	Marlboro Boy	22.05	-2.3 2	154
9 Augustine, Kailah	Ft. Belvoir	22.11	-2.3 2	151
10 Crawley, Madison	Richmond Hea	23.12	-3.1 3	95

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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...Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Girls Outdoor Pentathlon

11 Drachenberg, Cedriona Ft. Belvoir 23.28 -2.7 1 88

Outdoor Pentathlon: #3 High Jump 13-14 Division Girls Outdoor Pentathlon

Region 3: R 1.70m 7/6/2017 Jahnelle Saunders, F.I.A. Amba										
Name	Year	Team	Finals					Points		
1 Perry, Sanaa		Glenarden Track	1.50m	4-11.00	621					
	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55
	P	P	P	P	P	O	O	O	XO	XXX
2 Atkins, Kennedy		i5 Elite	1.35m	4-05.00	460					
	1.10	1.15	1.20	1.25	1.30	1.35	1.40			
	O	O	O	O	XO	XXO	XXX			
3 Cox, Paula		McLean Youth Track	1.25m	4-01.25	359					
	1.10	1.15	1.20	1.25	1.30					
	XO	O	O	O	XXX					
3 Tucker, Zimria		Ft. Belvoir	1.25m	4-01.25	359					
	1.10	1.15	1.20	1.25	1.30					
	O	O	XO	XXO	XXX					
3 Bell, Raqayah		i5 Elite	1.25m	4-01.25	359					
	1.10	1.15	1.20	1.25	1.30					
	O	O	XO	XO	XXX					
6 Grant, Ariana		Prominent Athletes	1.20m	3-11.25	312					
	1.10	1.15	1.20	1.25						
	O	P	O	XXX						
6 Prince, Brooklyn		Marlboro Boy	1.20m	3-11.25	312					
	1.10	1.15	1.20	1.25						
	O	O	O	XXX						
6 Crawley, Madison		Richmond Hea	1.20m	3-11.25	312					
	1.10	1.15	1.20	1.25						
	O	O	O	XXX						
9 Augustine, Kailah		Ft. Belvoir	1.15m	3-09.25	266					
	1.10	1.15	1.20							
	XXO	O	XXX							
9 Lawrence, Andrea		Vision Elite	1.15m	3-09.25	266					
	1.10	1.15	1.20							
	O	XO	XXX							
11 Drachenberg, Cedriona		Ft. Belvoir	1.10m	3-07.25	222					
	1.10	1.15								
	O	XXX								

Outdoor Pentathlon: #4 Long Jump 13-14 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points	
1 Atkins, Kennedy		i5 Elite	4.53m	1.7	14-10.50	436
	4.40m(1.5)	4.27m(1.1)	4.53m(1.7)			
2 Tucker, Zimria		Ft. Belvoir	4.49m	1.0	14-08.75	426
	FOUL(1.2)	4.49m(1.0)	FOUL(0.8)			
3 Perry, Sanaa		Glenarden Track	4.45m	1.5	14-07.25	416
	4.45m(1.5)	4.33m(1.8)	4.38m(1.7)			
3 Cox, Paula		McLean Youth Track	4.45m	1.3	14-07.25	416
	4.45m(1.3)	4.17m(2.0)	4.12m(2.3)			
5 Bell, Raqayah		i5 Elite	4.27m	0.5	14-00.25	371
	4.27m(0.5)	FOUL(2.6)	FOUL(1.0)			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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...Outdoor Pentathlon: #4 Long Jump 13-14 Division Girls Outdoor Pentathlon

6	Prince, Brooklyn	Marlboro Boy	3.84m	0.2	12-07.25	272
	FOUL(1.3) FOUL(1.3) 3.84m(0.2)					
7	Lawrence, Andrea	Vision Elite	3.76m	1.9	12-04.00	254
	FOUL(0.3) 3.76m(1.9) 3.73m(+0.0)					
8	Crawley, Madison	Richmond Hea	3.73m	2.0	12-03.00	248
	FOUL(1.4) FOUL(2.0) 3.73m(2.0)					
9	Augustine, Kailah	Ft. Belvoir	3.21m	2.6	10-06.50	144
	FOUL(+0.0) 3.21m(2.6) FOUL(0.3)					
--	Grant, Ariana	Prominent Athletes	FOUL			
	FOUL(0.7) FOUL(2.5) FOUL(0.5)					
--	Drachenberg, Cedriona	Ft. Belvoir	FOUL			
	FOUL(1.4) FOUL(1.3) FOUL(0.3)					

Outdoor Pentathlon: #2 Shot Put 13-14 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Points
1 Atkins, Kennedy	i5	Elite	9.13m 29-11.50	473
	8.59m 8.85m 9.13m			
2 Prince, Brooklyn		Marlboro Boy	8.99m 29-06.00	464
	7.42m 8.31m 8.99m			
3 Perry, Sanaa		Glenarden Track	8.82m 28-11.25	452
	8.48m 8.51m 8.82m			
4 Grant, Ariana		Prominent Athletes	7.61m 24-11.75	374
	7.22m 7.42m 7.61m			
5 Tucker, Zimria		Ft. Belvoir	7.02m 23-00.50	336
	6.63m 7.02m 6.90m			
6 Drachenberg, Cedriona		Ft. Belvoir	6.90m 22-07.75	329
	5.61m 6.17m 6.90m			
7 Bell, Raqayah	i5	Elite	6.61m 21-08.25	310
	6.41m 6.61m 6.38m			
8 Lawrence, Andrea		Vision Elite	6.37m 20-10.75	295
	5.49m 6.37m 6.29m			
9 Crawley, Madison		Richmond Hea	5.92m 19-05.25	266
	FOUL 5.49m 5.92m			
10 Cox, Paula		McLean Youth Track	5.43m 17-09.75	235
	5.37m FOUL 5.43m			
11 Augustine, Kailah		Ft. Belvoir	5.07m 16-07.75	213
	4.55m 4.55m 5.07m			

Outdoor Pentathlon 13-14 Division Girls

Name	Year	Team	Seed	Finals	Points
Nat'l: N 3534 7/24/2017 Tierra Hooker, 02-Willis/Ca					
Region 3: R 3384 7/6/2017 Jahnelle Saunders, F.I.A. Amba					
1 Perry, Sanaa		Glenarden Track		2710	10
2 Atkins, Kennedy		i5 Elite		2193	8
3 Bell, Raqayah		i5 Elite		1943	6
4 Cox, Paula		McLean Youth Track		1808	5
5 Tucker, Zimria		Ft. Belvoir		1791	4
6 Grant, Ariana		Prominent Athletes		1435	3
7 Lawrence, Andrea		Vision Elite		1393	2
8 Crawley, Madison		Richmond Hea		1372	1
9 Prince, Brooklyn		Marlboro Boy		1343	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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...Outdoor Pentathlon 13-14 Division Girls

10 Augustine, Kailah	Ft. Belvoir	1168
11 Drachenberg, Cedriona	Ft. Belvoir	789

3000 Meter Race Walk 13-14 Division Girls

=====					
Nat'l: N	14:42.04	7/1/2015	Taylor Ewert, Southwest Ohio TC		
Region 3: R	16:52.60	7/1995	Anna Creath, Gwinnett RR	GA	
Name	Year	Team	Seed	Finals	Points
=====					
1 Siljanoski, Caitlyn	12	Unattached	18:09.31	20:57.22	
2 Robinson, Kendall		Bowie Boys &		22:33.18	
3 Barnes, Aiko		Fairfax Poli	21:52.00	22:36.30	
4 Wright, Diamond		Cavalier Cav		23:22.88	
-- Eskridge, Bless		Cavalier Cav		DQ	4+ Red Cards

100 Meter Dash 15-16 Division Girls

=====						
Nat'l: N	11.34	7/28/1995	Angela Williams, Ontario, CA			
Region 3: R	11.69	7/10/2005	Gabrielle Mayo, 13 Unattached			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1 Pierre, Jada		Pwc Panthers	12.37	12.15q	0.4	4
2 Armstrong, Eleyah		Hr-Hurricanes	12.31	12.45q	0.6	5
3 Boyke-Johnson, Carolyn		Hr-Hurricanes	12.74	12.50q	1.4	3
4 Badoo, Giselle		i5 Elite	12.41	12.51q	1.4	3
5 Morrow, Alanna		Full Speed A		12.53q	1.5	1
6 Hardy, Jordan		Hr-Hurricanes	12.90	12.56q	1.5	1
7 Hall, Zaria		Virginia Elite	12.51	12.58q	1.4	2
8 Snow, Morgan		Mvp League	12.69	12.59q	1.4	2
9 Seetoo, Emma		Virginia Pri	12.78	12.66	0.4	4
10 Koger, Dianna		Full Speed A	12.80	12.69	1.4	3
11 Grenyion, Soyinne		Glenarden Track	13.00	12.71	0.6	5
12 Kamara, Jaryeha		Dale City Li	12.82	12.74	1.4	2 12.732
13 Chambers, Kenya		Virginia Elite	12.65	12.74	1.5	1 12.736
14 Latimer, Malaysia		Marlboro Boy	12.80	12.80	0.4	4
15 Small, Taylor		Dale City Li	12.79	12.90	0.6	5
16 Wilson, Victoria		Full Speed A	13.35	12.96	1.4	3
17 Tucker, Maya		08-Unattached	12.94	12.98	0.4	4
18 Sharps, Sanaa		i5 Elite	12.60	13.02	1.5	1 13.015
18 Boyd, Aneisa		Prominent Athletes	12.80	13.02	0.6	5 13.015
20 Johnson, Cayla		Glenarden Track	13.01	13.04	1.4	3 13.032
20 Chisolm, Chelsea		Pwc Panthers	12.87	13.04	1.5	1 13.032
22 Demby, Justice		Pwc Panthers	12.92	13.09	1.4	3 13.084
23 Young, Breyonna		Bullseye Running		13.09	1.4	2 13.086
24 Addo, Rakyia		Glenarden Track	13.00	13.11	0.6	5
25 Pommells, Christal		10-Unattached	13.00	13.14	0.4	4
26 Malcolm, Nyrel		Owings Mills Track	13.44	13.18	0.4	4
27 Harris, Jada		i5 Elite	13.30	13.21	1.4	2 13.202
28 Johnson, Farryn		Glenarden Track	13.56	13.21	0.6	5 13.205
29 Kyle, Danejah		Firebirds Athletic	13.20	13.25	1.5	1
30 Taylor, Aja		Glenarden Track		13.35	0.4	4
31 Sirleaf, Ayana		New Wave Track	12.91	13.38	1.4	2
32 Moye, Tia		Vision Elite	13.17	13.42	1.4	2

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****100 Meter Dash 15-16 Division Girls**

=====							
Nat'l: N 11.34		7/28/1995	Angela Williams, Ontario, CA				
Region 3: R 11.69		7/10/2005	Gabrielle Mayo, 13 Unattached				
Name	Year	Team	Prelims	Finals	Wind	Points	
=====							
Finals							
1	Pierre, Jada	Pwc Panthers	12.15	12.17	2.7		
2	Armstrong, Eleyah	Hr-Hurricanes	12.45	12.18	2.7		
3	Boyke-Johnson, Carolyn	Hr-Hurricanes	12.50	12.30	2.7		
4	Badoo, Giselle	i5 Elite	12.51	12.44	2.7		
5	Hardy, Jordan	Hr-Hurricanes	12.56	12.49	2.7		
6	Snow, Morgan	Mvp League	12.59	12.51	2.7		
7	Hall, Zaria	Virginia Elite	12.58	12.59	2.7		

200 Meter Dash 15-16 Division Girls

=====							
Nat'l: N 23.06		7/31/2004	Bianca knight				
Region 3: R 26.80		7/6/2017	Kayla Spencer, Richmond Heat				
Name	Year	Team	Seed	Prelims	Wind	H#	
=====							
Preliminaries							
1	O' Neil, Mia	Virginia Bea	25.22	R 25.26q	-0.3	3	
2	Pierre, Jada	Pwc Panthers	25.53	R 25.62q	-0.2	2	
3	Snow, Morgan	Mvp League	25.75	R 25.84q	-0.3	3	
4	Moore, Karah	Elite Track	25.47	R 25.89q	-1.1	1	
5	Badoo, Giselle	i5 Elite	25.20	R 25.93q	-0.4	4	
6	Oridedi, Rashidat	Owings Mills Track	25.95	R 26.02q	-1.4	5	
7	Foreman, Jada	Richmond Hea	26.64	R 26.07q	-1.4	5	
8	Foss, Noelle	Marlboro Boy	25.87	R 26.13q	-0.4	4	
9	Seetoo, Emma	Virginia Pri	26.33	R 26.20	-1.1	1	
10	Koger, Dianna	Full Speed A	26.02	R 26.28	-0.3	3	
11	Opadina, Adeola	Bullseye Running		R 26.29	-1.1	1	
12	Kamara, Jaryeha	Dale City Li	26.30	R 26.34	-1.1	1	
13	Tucker, Maya	08-Unattached	26.60	R 26.40	-0.4	4	
14	Sharps, Sanaa	i5 Elite	26.00	R 26.62	-1.4	5	
15	Pommells, Christal	10-Unattached	26.58	26.81	-0.3	3	
16	Lott, Ciara	Bullseye Running	27.57	27.24	-1.4	5	
17	Demby, Justice	Pwc Panthers	26.57	27.26	-0.2	2	27.251
18	Gibbs, Vera	DC United Youth	25.43	27.26	-1.1	1	27.252
19	Starks, Jasmine	Virginia Elite	26.90	27.40	-0.3	3	
20	Wilson, Victoria	Full Speed A	27.53	27.41	-1.4	5	
21	Moye, Tia	Vision Elite	26.76	27.45	-0.4	4	
22	Bennett, Junae	Glenarden Track	27.27	27.48	-1.1	1	
23	Malcolm, Nyrel	Owings Mills Track	27.17	27.73	-1.1	1	27.724
24	Brown, Chandler	Ebenezer A.M	26.70	27.73	-1.4	5	27.726
25	Harris, Jada	i5 Elite	27.50	27.94	-0.4	4	
26	Smith, Noa	10-Unattached	27.45	28.09	-0.2	2	
27	Taylor, Aja	Glenarden Track		28.28	-0.3	3	
28	Jones, Rachel	Glenarden Track	28.23	28.29	-0.4	4	
29	Sirleaf, Ayana	New Wave Track	27.48	28.30	-0.3	3	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****200 Meter Dash 15-16 Division Girls**

Nat'l: N 23.06 7/31/2004 Bianca knight						
Region 3: R 26.80 7/6/2017 Kayla Spencer, Richmond Heat						
Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1 Pierre, Jada		Pwc Panthers	25.62	24.72R	-1.1	
2 O' Neil, Mia		Virginia Bea	25.26	24.76R	-1.1	
3 Snow, Morgan		Mvp League	25.84	25.70R	-1.1	
4 Moore, Karah		Elite Track	25.89	25.71R	-1.1	
5 Foreman, Jada		Richmond Hea	26.07	25.82R	-1.1	
6 Badoo, Giselle		i5 Elite	25.93	26.04R	-1.1	
7 Foss, Noelle		Marlboro Boy	26.13	26.05R	-1.1	
8 Oridedi, Rashidat		Owings Mills Track	26.02	26.20R	-1.1	

400 Meter Dash 15-16 Division Girls

Nat'l: N 52.11 7/29/2001 Stephanie Smith, Macon, GA						
Region 3: R 53.73 7/8/2012 Aliyah Abrams, 45-Tachyon T						
Name	Year	Team	Seed	Prelims	H#	
Preliminaries						
1 Rose, Michaela		Virginia Elite	55.35	55.61q	4	
2 Pyatt, Aaliyah		Mvp League	56.10	57.25q	3	
3 O' Neil, Mia		Virginia Bea	59.10	57.47q	1	
4 Moore, Karah		Elite Track	58.80	59.40q	1	
5 Seetoo, Emma		Virginia Pri	1:00.94	59.47q	4	
6 Brown, Shayla		12-Unattached	1:01.51	59.49q	2	
7 Oridedi, Rashidat		Owings Mills Track	59.11	1:00.02q	2	
8 Riley, Jana		Mvp League	1:01.13	1:00.83q	2	
9 Catlett, Emily		Mvp League	1:01.12	1:01.05	3	
10 Pommells, Christal		10-Unattached	1:00.62	1:01.25	4	
11 Onyenyonwu, Nicole		Glenarden Track	1:02.14	1:01.41	4	
12 Foss, Noelle		Marlboro Boy	1:01.19	1:01.67	1	
13 Jones, Treasure		Pwc Panthers	1:03.14	1:01.87	1	
14 Brown, Chandler		Ebenezer A.M	1:02.00	1:01.89	4	
15 Badoo, Giselle		i5 Elite	1:02.46	1:03.51	3	
16 Sneed, Kendall		Pwc Panthers	1:03.17	1:04.24	1	
17 Smith, Noa		10-Unattached	1:01.84	1:04.29	3	
18 Hanks, MaKenzie		Dale City Li	1:02.57	1:04.38	2	
19 Jones, Rachel		Glenarden Track	1:03.35	1:05.22	3	
20 Moye, Tia		Vision Elite	1:01.25	1:05.33	1	
21 Cox, Ashley		Dale City Li	1:03.22	1:05.50	2	
22 Morton, Mikiah		Ebenezer A.M	1:06.94	1:07.55	2	
23 Cox, Alexa		Bullseye Running	1:07.33	1:08.12	1	
24 Jones, Brandalyn		Track Express Track	1:06.27	1:10.97	3	
25 Brown, Phyllicity		Bullseye Running	1:03.57	1:13.72	4	

400 Meter Dash 15-16 Division Girls

Nat'l: N 52.11 7/29/2001 Stephanie Smith, Macon, GA						
Region 3: R 53.73 7/8/2012 Aliyah Abrams, 45-Tachyon T						
Name	Year	Team	Prelims	Finals	Points	
Finals						
1 Rose, Michaela		Virginia Elite	55.61	54.50		

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....400 Meter Dash 15-16 Division Girls

2	O' Neil, Mia	Virginia Bea	57.47	56.40
3	Pyatt, Aaliyah	Mvp League	57.25	57.07
4	Moore, Karah	Elite Track	59.40	57.84
5	Seetoo, Emma	Virginia Pri	59.47	58.77
6	Oridedi, Rashidat	Owings Mills Track	1:00.02	59.42
7	Brown, Shayla	12-Unattached	59.49	1:00.09
8	Riley, Jana	Mvp League	1:00.83	1:00.39

800 Meter Run 15-16 Division Girls

Nat'l: N 2:04.83 7/26/2008 Phillis Francis, 06-Team Evolutio					
Name	Year	Team	Seed	Finals	H# Points
1	Rose, Michaela	Virginia Elite	2:15.51	2:13.48	3
2	Brown, Shayla	12-Unattached	2:28.20	2:25.43	3
3	Onyenyeonwu, Nicole	Glenarden Track	2:28.83	2:26.87	3
4	Gerson, Jennifer	10-Unattached	2:35.05	2:27.11	3
5	Cummings, Nyia	Comets of Ch	2:27.81	2:27.36	3
6	Kelly, Erin	Virginia Spe	2:34.10	2:28.75	3
7	Tinsley, Ayonnah	Virginia Pri		2:28.98	1
8	Davis, Makayla	Mvp League	2:43.49	2:38.97	2
9	Lambert, Alexis	Prominent Athletes	2:38.21	2:39.18	3
10	Poulos, Maria	Usa-Ja	2:40.49	2:41.76	2
11	Barnes, Amia	F.I.A. Ambassadors	2:52.52	2:45.74	2
12	Ventura, Vanessa	Firebirds Athletic	2:40.53	2:45.81	2
13	Abernathy, Myla	Owings Mills Track	2:55.97	2:51.37	1
14	Bryson, Brianna	Dale City Li	2:56.52	3:00.25	1
15	Jones, Brandalyn	Track Express Track	2:44.93	3:05.09	2

1500 Meter Run 15-16 Division Girls

Nat'l: N 4:25.57 7/24/1984 Suzy Favor, Stevens Point, WI					
Region 3: R 4:33.12 7/10/2005 Emily Reese, NS Red Runners					
Name	Year	Team	Seed	Finals	Points
1	Kelly, Erin	Virginia Spe	5:32.04	5:14.04	
2	Gerson, Jennifer	10-Unattached	5:27.64	5:15.14	
3	Strickland, Emma	Lightning Running	5:18.70	5:19.42	
4	Reppert, Margaux	Apex Track	5:51.59	5:27.79	
5	DiBari, Maria	Firebirds Athletic	5:40.92	5:45.65	

3000 Meter Run 15-16 Division Girls

Nat'l: N 9:37.09 7/30/2005 Caitlin Lane, unattached-1					
Region 3: R 9:45.32 7/9/2005 Aurora Scott, 12 unattached					
Name	Year	Team	Seed	Finals	Points
1	DiBari, Maria	Firebirds Athletic	12:43.98	12:03.37	
2	Myles, Isabella	12-Unattached	12:43.21	12:16.27	
3	Young, Tatayiana	12-Unattached	12:40.97	13:02.62	
4	Yancy, Tamia	12-Unattached	13:06.18	13:02.73	
5	Koulish, Olivia	Baltimore Ci	14:24.64	13:42.71	

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100 Meter Hurdles 15-16 Division Girls

=====						
Nat'1: N 13.45		7/31/2015	Tia Jones, 04 Full Throttle			
Region 3: R 15.90		7/6/2017	Deborah Gnoumou, Firebirds			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Phillips, Leah	Comets of Ch	13.93	14.10q	3.4	4
2	Dunbar, Kaya-Rae	Usa-Ja	14.26	R 14.36q	1.1	3
3	Saunders, Jahnelle	Virginia Elite	14.54	R 14.56q	1.8	2
4	Pierre, Jada	Pwc Panthers	14.98	R 14.72q	0.4	1
5	Stelly, Zamia	Virginia Bea	14.77	R 14.75q	0.4	1
6	Wallace, Ashley	Pwc Panthers		15.09q	3.4	4
7	Sesay, Isha	Pwc Panthers	15.76	15.51q	3.4	4
8	Jones, Treasure	Pwc Panthers	16.20	R 15.54q	0.4	1
9	Johnson, Cayla	Glenarden Track	16.07	R 15.88	1.8	2
10	Johnston, Kriste-Eleyson	Vector Elite	16.23	16.02	1.8	2
11	Jensen, Danielle	M180 Team Power	16.94	16.94	3.4	4
12	Starks, Jasmine	Virginia Elite	15.85	17.04	1.1	3
13	Deloatch, Alexis	Virginia Elite	17.22	17.10	1.1	3
14	Hall, Jannah	Bullseye Running	17.22	17.36	1.8	2
15	Bagby, Kayvon	12-Unattached	16.17	17.76	0.4	1
16	Hodson, Baylee	Tigers Elite	16.30	19.53	1.1	3
17	Latimer, Malaysia	Marlboro Boy	19.32	20.05	1.8	2
18	Montgomery, Solenne	Ft. Belvoir	19.66	20.08	1.1	3
19	Parker, Shayla	Firebirds Athletic	20.76	22.23	3.4	4
20	Hinton-Ayodele, Niomi	Glenarden Track	18.56	24.08	0.4	1
21	Chambers, Kenya	Virginia Elite	17.34	24.49	0.4	1
22	Gnoumou, Deborah	Firebirds Athletic	15.70	29.72	3.4	4
--	Hall, Zaria	Virginia Elite	15.51	DNF	1.1	3

100 Meter Hurdles 15-16 Division Girls

=====						
Nat'1: N 13.45		7/31/2015	Tia Jones, 04 Full Throttle			
Region 3: R 15.90		7/6/2017	Deborah Gnoumou, Firebirds			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Phillips, Leah	Comets of Ch	14.10	13.94	3.6	
2	Dunbar, Kaya-Rae	Usa-Ja	14.36	14.19	3.6	
3	Saunders, Jahnelle	Virginia Elite	14.56	14.31	3.6	
4	Wallace, Ashley	Pwc Panthers	15.09	14.59	3.6	
5	Stelly, Zamia	Virginia Bea	14.75	14.68	3.6	
6	Sesay, Isha	Pwc Panthers	15.51	15.45	3.6	
7	Pierre, Jada	Pwc Panthers	14.72	15.46	3.6	
8	Jones, Treasure	Pwc Panthers	15.54	19.24	3.6	

400 Meter Hurdles 15-16 Division Girls

=====						
Nat'1: N 57.87		7/1/2005	Ebony Collins, Quiet Fire			
Region 3: R 59.51		7/11/2010	Nnenya Hailey, Gazelle TC			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Phillips, Leah	Comets of Ch	59.58	1:01.38q	4	
2	Dunbar, Kaya-Rae	Usa-Ja		1:06.43q	2	
3	Wallace, Ashley	Pwc Panthers		1:06.85q	4	

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4	Stelly, Zamia	Virginia Bea	1:09.20	1:07.77q	1
5	Jones, Treasure	Pwc Panthers	1:09.09	1:07.98q	1
6	Sneed, Kendall	Pwc Panthers	1:10.88	1:08.74q	2
7	Wright, Storm	DC Select Tr	1:07.68	1:09.06q	2
8	Boggan, Alexa	Mvp League	1:13.37	1:09.22q	2
9	Cummings, Nyia	Comets of Ch	1:06.93	1:09.37	3
10	Strickland, Emma	Lightning Running	1:14.18	1:10.32	1
11	Jensen, Danielle	M180 Team Power	1:11.19	1:12.39	3
12	Sesay, Isha	Pwc Panthers	1:14.51	1:12.78	1
13	Clark, Allison	Global Trans	1:17.16	1:13.63	2
14	Lambert, Alexis	Prominent Athletes	1:12.33	1:14.76	3
15	Moody, Carmen	Marlboro Boy	1:11.64	1:14.96	4
16	Stokes, Daija	Mvp League	1:20.45	1:16.08	4
17	McGinnis, Morgan	10-Unattached	1:17.56	1:17.00	3
18	Montgomery, Solenne	Ft. Belvoir	1:21.08	1:17.01	3
19	Moye, Tia	Vision Elite	1:11.35	1:19.52	4
20	Foss, Noelle	Marlboro Boy		1:20.70	4
21	Thorpe-Randolph, Jah'Kei	Vision Elite		1:21.03	3
22	Lee, Rayya	Marlboro Boy	1:19.01	1:21.16	4
23	Parham, Chelsea	Richmond Hea	1:32.00	1:29.62	1
24	Parker, Shayla	Firebirds Athletic	1:22.55	1:32.76	1
--	Coleman, Allesha	Richmond Hea	1:22.04	DQ	2 Rule 168.3

400 Meter Hurdles 15-16 Division Girls

=====
 Nat'1: N 57.87 7/1/2005 Ebony Collins, Quiet Fire
 Region 3: R 59.51 7/11/2010 Nnanya Hailey, Gazelle TC
 Name Year Team Prelims Finals Points
 =====

Finals

1	Phillips, Leah	Comets of Ch	1:01.38	1:00.83
2	Stelly, Zamia	Virginia Bea	1:07.77	1:04.76
3	Wallace, Ashley	Pwc Panthers	1:06.85	1:06.18
4	Sneed, Kendall	Pwc Panthers	1:08.74	1:06.87
5	Dunbar, Kaya-Rae	Usa-Ja	1:06.43	1:06.90
6	Jones, Treasure	Pwc Panthers	1:07.98	1:07.37
7	Boggan, Alexa	Mvp League	1:09.22	1:08.31
8	Wright, Storm	DC Select Tr	1:09.06	1:09.97

2000 Meter Steeplechase 15-16 Division Girls

=====
 Nat'1: N 6:56.97 7/22/2008 Eleanor Fulton, 32 Zoom
 Region 3: R 7:03.10 7/10/2009 Destiny Jenkins, Newroc Rocke
 Name Year Team Seed Finals Points
 =====

1	Neal, Jessica	Prominent Athletes		8:03.23
2	Strickland, Emma	Lightning Running	7:50.00	8:34.21

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4x100 Meter Relay 15-16 Division Girls

Team	Seed	Finals	Points
Nat'l: N 45.45 7/30/2006 Quiet Fire, Greensboro, NC			
Region 3: R 46.12 7/7/2012 13-Carolina Elite Track And Fi, 13-Carolina A Council, A Woodall, S Murphy, I McLean			
1 Glenarden Track 'A'	49.17	49.91	
2 Dale City Lightning Track Cl 'A'		50.08	
3 Firebirds Athletic 'A'	50.01	52.43	
4 Usa-Ja 'A'	52.00	52.54	
5 Bullseye Running 'B'	54.60	54.40	
-- Glenarden Track 'B'		FS	
-- Bullseye Running 'A'	52.40	DQ	Rule 170.12
-- Full Speed Athletics 'A'	56.48	DQ	Rule 300.1e

4x400 Meter Relay 15-16 Division Girls

Team	Seed	Finals	Points
Nat'l: N 3:38.37 7/30/2000 United Stars, Philadelphia, PA Christina Smith, Tiffany Abney, Tiffany Bradley,			
Region 3: R 3:47.85 7/8/2012 45-Titans TC, 45-Titans TC N Alexander, K Jackson, C Dunston, A Holt			
1 Mvp League 'A'	3:55.00	3:53.97	
1:59.544 (1:59.544) 2:55.408 (55.864) 3:53.964 (58.556)			
2 Virginia Elite 'A'		4:01.83	
1) Rose, Michaela 2) Saunders, Jahnelle 3) Hall, Zaria 4) Starks, Jasmine			
2:00.536 (2:00.536) 2:54.042 (53.506) 4:01.830 (1:07.788)			
3 Dale City Lightning Track Cl 'A'		4:09.96	
2:06.688 (2:06.688) 3:07.574 (1:00.886) 4:09.952 (1:02.378)			
4 Glenarden Track 'A'	4:10.22	4:10.41	
2:02.988 (2:02.988) 3:06.714 (1:03.726) 4:10.404 (1:03.690)			
5 Bullseye Running 'A'	4:29.90	4:17.85	
2:04.908 (2:04.908) 3:10.990 (1:06.082) 4:17.846 (1:06.856)			
6 Usa-Ja 'A'	4:38.00	4:25.69	
2:12.024 (2:12.024) 3:14.952 (1:02.928) 4:25.684 (1:10.732)			

High Jump 15-16 Division Girls

Name	Year Team	Seed	Finals	Points
Nat'l: N 1.83m 6/22/2013 Vashti Cunningham				
Region 3: R 1.59m 7/6/2017 Angel Bowden, Triangle Champio				
1 Saunders, Jahnelle	Virginia Elite	1.55m	1.60mR	5-03.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65				
P P O O O O O XXX				
2 Scott, Ezri	10-Unattached	1.63m	1.55m	5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60				
P P P O O O O XXX				
3 Scott, Oni	10-Unattached	1.57m	J1.55m	5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60				
P P O O O XXO XXX				
4 Foreman, Jada	Richmond Hea	1.60m	J1.55m	5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60				
P P O XO O XXO XXX				

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...High Jump 15-16 Division Girls

5	Emery, Alexis	Full Speed A	1.52m	1.45m	4-09.00
	1.30 1.35 1.40 1.45 1.50				
	P O O O XXX				
6	Reid, Azariah	Glenarden Track	1.52m	J1.45m	4-09.00
	1.30 1.35 1.40 1.45 1.50				
	P P O XXO XXX				
7	Saunders, Laiya	Bullseye Running	1.42m	1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	P O XO XXX				
7	Sneed, Kendall	Pwc Panthers	1.45m	1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	P O XO XXX				
9	Tinsley, Ayannah	Virginia Pri		J1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	O O XXO XXX				
10	Hodson, Baylee	Tigers Elite	1.30m	J1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	O XO XXO XXX				
11	Pham, Mallory	Central Virg	1.45m	1.35m	4-05.00
	1.30 1.35 1.40				
	XXO O XXX				
--	Hinton-Ayodele, Niomi	Glenarden Track	1.37m	NH	
	1.30				
	XXX				

Pole Vault 15-16 Division Girls

Nat'l: N 4.07m 7/27/2017 Mia Manson, 10-Superior						
Region 3: R 3.76m 7/7/2012 Sarah Lee, 55-Mt Pleasant						
Name	Year	Team	Seed	Finals	Points	
1	Richardson, Hannah	10-Unattached	3.35m	3.35m	10-11.75	
	1.68 1.85 1.98 2.15 2.29 2.44					
	P P P P P P					
2	Pullen, Margaret	12-Unattached	2.90m	2.90m	9-06.25	
	1.68 1.85 1.98 2.15 2.29 2.44					
	P P P P P P					
3	Gallant, Sydney	Err Arrows	2.58m	2.58m	8-05.50	
4	Gagne, Alyssa	Xtreme Heights Llc	2.15m	2.15m	7-00.50	
	1.68 1.85					
	P O					
5	Mora, Sarahy	Xtreme Heights Llc	1.85m	1.85m	6-00.75	
	1.68 1.85					
	O O					

Long Jump 15-16 Division Girls

Nat'l: N 6.68m 7/26/2017 Lanae-Tava Thomas, 02-Maximum V							
Name	Year	Team	Seed	Finals	Wind	Points	
1	Saunders, Jahnelle	Virginia Elite	5.50m	5.50m	-2.3	18-00.50	
	5.07m(0.2) 5.45m(0.1) 5.30m(+0.0) 5.32m(1.2) 5.38m(-1.6) 5.50m(-2.3)						
2	Foreman, Jada	Richmond Hea	5.17m	5.46m	1.5	17-11.00	
	FOUL(-1.5) 4.84m(-1.9) 5.30m(-0.3) 5.30m(1.6) 5.46m(1.5) 4.78m(-1.0)						

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....Long Jump 15-16 Division Girls

2	Hardy, Jordan	Hr-Hurricanes	5.65m	5.46m	1.5	17-11.00
	5.09m(-2.0)	5.38m(-1.8)	5.46m(1.5)	5.27m(-1.3)	5.35m(+0.0)	FOUL
4	Seetoo, Emma	Virginia Pri	5.53m	5.40m	1.0	17-08.75
	4.98m(-0.1)	5.02m(-0.5)	5.27m(1.6)	4.99m(-0.6)	5.40m(1.0)	4.89m(-1.5)
5	Johnson, Cayla	Glenarden Track	5.33m	5.35m	1.3	17-06.75
	FOUL(-0.7)	4.83m(-2.4)	5.07m(1.1)	5.08m(-0.4)	5.33m(1.9)	5.35m(1.3)
5	Okonkwo, Mary Jane	Glenarden Track		5.35m	-1.9	17-06.75
	5.13m(+0.0)	5.09m(-2.7)	5.16m(-1.0)	5.35m(-1.9)	5.25m(1.3)	5.01m(1.3)
7	Morrow, Alanna	Full Speed A	5.43m	5.16m	1.9	16-11.25
	4.80m(+0.0)	5.16m(1.9)	FOUL(0.3)	4.80m(-1.2)	FOUL(3.0)	PASS
8	Reid, Azariah	Glenarden Track	4.82m	5.09m	-0.6	16-08.50
	4.83m(-2.3)	5.05m(0.5)	5.08m(-1.4)	4.88m(-0.7)	5.09m(-0.6)	4.85m(0.1)
9	Demby, Justice	Pwc Panthers	5.26m	5.08m	-0.2	16-08.00
	5.08m(-0.2)	4.82m(-1.2)	4.80m(1.3)	4.72m(-0.4)	4.76m(1.8)	5.03m(2.8)
10	Pender, Cameron	Virginia Elite	5.25m	5.04m	-0.5	16-06.50
	5.04m(-0.5)	4.72m(-2.1)	4.97m(-0.8)			
11	Gibbs, Vera	DC United Youth	5.23m	4.93m	2.9	16-02.25
	4.93m(2.9)	FOUL(-1.9)	FOUL(2.0)			
12	Johnson, Farryn	Glenarden Track	4.77m	4.79m	-2.0	15-08.75
	FOUL(0.5)	4.13m(-2.5)	4.79m(-2.0)			
13	Brown, Shayla	12-Unattached	4.75m	4.62m	-2.3	15-02.00
	4.62m(-2.3)	FOUL(-1.7)	4.46m(-1.0)			
14	Small, Taylor	Dale City Li	4.73m	4.60m	-2.5	15-01.25
	4.60m(-2.5)	4.58m(-2.4)	4.56m(-1.8)			
15	Clark, Allison	Global Trans	4.54m	4.36m	-0.4	14-03.75
	4.11m(-2.2)	4.15m(-1.4)	4.36m(-0.4)			
16	Diallo, Halimatou	Usa-Ja	4.79m	4.30m	-1.4	14-01.25
	4.24m(-1.3)	4.25m(-2.5)	4.30m(-1.4)			
17	Hall, Jannah	Bullseye Running	4.63m	4.28m	-1.8	14-00.50
	4.22m(-2.0)	4.28m(-1.8)	4.25m(-1.4)			
18	Pitchford, Haley	Central Virg	4.68m	4.14m	-3.4	13-07.00
	FOUL(-2.8)	4.14m(-3.4)	4.04m(-0.7)			

Triple Jump 15-16 Division Girls

=====							
	Nat'l:	N	12.94m	7/30/2009	Ciarra Brewer, Mission Valley TC		
	Region 3:	R	12.20m	7/1997	Yolanda Thompson Rising Star TC PV		
Name	Year	Team	Seed	Finals	Wind	Points	
=====							
1	Hardy, Jordan	Hr-Hurricanes	11.64m	12.06m	0.8	39-07.00	
	12.06m(0.8)	FOUL(-0.6)	PASS	11.97m(+0.0)	11.96m(1.3)	11.76m(-1.1)	
2	Small, Taylor	Dale City Li	10.76m	10.92m	-1.4	35-10.00	
	10.35m(-0.8)	10.21m(-1.6)	10.92m(-1.4)	10.32m(0.5)	10.78m(0.6)	10.54m(1.1)	
3	Young, Leslie	Lazers Track Club	9.98m	10.60m	1.4	34-09.50	
	FOUL(-2.5)	10.60m(1.4)	9.71m(-0.5)	10.04m(-1.2)	10.03m(+0.0)	9.88m(-1.4)	
4	Scott, Ezri	10-Unattached	10.96m	10.53m	-2.8	34-06.75	
	10.09m(-1.2)	10.53m(-2.8)	PASS	10.24m(-1.2)	10.11m(-2.2)	FOUL(+0.0)	
5	Scott, Oni	10-Unattached	10.68m	10.49m	-2.8	34-05.00	
	10.23m(-2.4)	10.49m(-2.8)	PASS	10.03m(-1.5)	10.05m(-2.1)	10.32m(-2.3)	
6	Fuller, Miracle	Comets of Ch	9.42m	10.37m	2.0	34-00.25	
	10.05m(+0.0)	10.37m(2.0)	10.34m(+0.0)	9.94m(3.4)	10.15m(1.1)	9.72m(0.1)	
7	Pitchford, Haley	Central Virg	10.50m	10.11m	0.5	33-02.00	
	FOUL(-1.5)	9.92m(0.6)	FOUL(-0.8)	10.11m(0.5)	FOUL(-1.9)	FOUL(1.0)	
8	Coleman, Briana	Central Virg	10.87m	10.05m	-0.2	32-11.75	
	FOUL(-0.8)	FOUL(-0.1)	10.05m(-0.2)	9.77m(-0.1)	FOUL(+0.0)	9.90m(-1.0)	

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8	Demby, Justice	Pwc Panthers	10.50m	10.05m	-2.6	32-11.75
	FOUL(1.0) 10.05m(-2.6) FOUL(-1.5) 8.90m(-1.3) FOUL(0.5) FOUL(-0.1)					
10	Starks, Jasmine	Virginia Elite	9.63m	9.82m	-1.4	32-02.75
	9.82m(-1.4) FOUL(2.0) FOUL(-1.5)					
11	Lee, Rayya	Marlboro Boy	9.24m	9.64m	+0.0	31-07.50
	FOUL(-2.4) FOUL(0.3) 9.64m(+0.0)					
12	Deloatch, Alexus	Virginia Elite	9.50m	9.57m	-1.5	31-04.75
	FOUL(-2.3) FOUL(0.9) 9.57m(-1.5)					

Shot Put 15-16 Division Girls

=====							
Nat'l: N 15.20m 7/21/2001 Michelle Carter, Ovilla, TX							
Region 3: R 10.32m 7/6/2017 Jada Green, Durham Striders							
Name	Year	Team	Seed	Finals	Points		
=====							
1	Hill, Nevaeh	Ft. Belvoir	10.07m	10.69mR	35-01.00		
	9.54m 9.95m 10.46m 10.08m 10.69m 10.56m						
2	Yomi, Hannah	10-Unattached	9.91m	J10.69mR	35-01.00		
	8.65m 8.96m 9.59m 9.49m 10.69m 10.29m						
3	Campbell, DeMya	Vision Elite	9.86m	10.58mR	34-08.50		
	9.56m 10.35m 9.94m FOUL 10.10m 10.58m						
4	Creek-Barrett, Shantia	Comets of Ch	9.80m	10.41mR	34-02.00		
	FOUL 9.52m FOUL 8.74m 10.41m 9.76m						
5	Freeman, Monae	757 Colts	9.28m	10.33mR	33-10.75		
	8.79m 9.87m 8.34m 10.33m 10.01m 9.50m						
6	Fort, Brittany	Prominent Athletes	10.30m	10.21m	33-06.00		
	9.92m 10.21m 9.96m 9.70m 9.83m 10.08m						
7	Kirkland, Jenna	12-Unattached	10.18m	10.01m	32-10.25		
	8.82m 9.66m 9.55m 10.01m 9.58m 9.74m						
8	Wynter, Halie	Central Virg	8.42m	8.99m	29-06.00		
	8.59m 8.89m 8.57m 8.91m 8.99m 8.98m						
9	Turner, Jakiaya	757 Colts	9.09m	8.94m	29-04.00		
	7.34m 7.90m 8.70m 8.22m 8.38m 8.94m						
10	Adekola, Oluwatosin	Bullseye Running	8.72m	8.65m	28-04.50		
	8.38m 8.65m 8.57m						
11	Williams, Morgyn	Mach 5 Athletics	8.54m	8.47m	27-09.50		
	8.47m 7.89m 7.87m						
12	Pegram, Jazzlyn	Firebirds Athletic	7.77m	7.91m	25-11.50		
	6.59m 7.91m 7.45m						
13	Hinton-Ayodele, Niomi	Glenarden Track	6.81m	7.21m	23-08.00		
	6.58m 5.87m 7.21m						
14	Wilkerson, Myasia	12-Unattached	6.70m	6.62m	21-08.75		
	6.12m 6.62m 6.34m						
15	Carlton, LaShani	Richmond Spe	6.05m	6.26m	20-06.50		
	5.98m 6.26m 5.06m						

Discus Throw 15-16 Division Girls

=====							
Nat'l: N 50.12m 5/12/1997 Elizabeth Debartolo, Aurora, IL							
Region 3: R 44.83m 7/8/2006 Natalie Baird, 12Loudoun Track							
Name	Year	Team	Seed	Finals	Points		
=====							
1	Young, Leslie	Lazers Track Club	29.59m	35.02m	114-11		
	32.21m FOUL 34.89m 35.02m 29.56m 33.55m						

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...Discus Throw 15-16 Division Girls

2	Creek-Barrett, Shantia	Comets of Ch	29.82m	32.49m	106-07
	32.49m FOUL FOUL 32.05m FOUL 31.02m				
3	Kirkland, Jenna	12-Unattached	26.50m	29.57m	97-00
	26.29m 27.05m 28.28m 29.57m 28.47m FOUL				
4	Yomi, Hannah	10-Unattached	31.58m	28.55m	93-08
	FOUL 28.55m 23.07m 26.24m 24.49m FOUL				
5	Hill, Nevaeh	Ft. Belvoir	27.60m	26.81m	87-11
	25.61m 23.44m 26.07m 24.05m 26.81m 24.75m				
6	Freeman, Monae	757 Colts	14.59m	22.71m	74-06
	FOUL FOUL 22.71m				
7	Pegram, Jazzlyn	Firebirds Athletic	22.43m	22.37m	73-05
	22.37m 22.32m 22.18m 0.22m FOUL 21.37m				
8	Campbell, DeMya	Vision Elite	23.40m	22.03m	72-03
	18.39m FOUL 20.14m 22.03m 18.83m 17.67m				
9	Turner, Jakiaya	757 Colts	24.11m	21.70m	71-02
	20.00m FOUL 21.70m				
10	Atkins, Kayla	i5 Elite	15.15m	19.02m	62-05
	19.02m 15.47m 16.06m 16.37m FOUL FOUL				
11	Williams, Morgyn	Mach 5 Athletics	17.64m	18.09m	59-04
	14.09m 13.69m 18.09m FOUL 17.91m 17.63m				

Hammer Throw 15-16 Division Girls

=====					
Nat'l: N 51.13m 7/24/2017 Danielle Gregory, 09-22-Unatta					
Region 3: R 48.32m 7/9/2010 Ashlen Veatch, Unattached					
Name	Year	Team	Seed	Finals	Points
=====					
1	Kirkland, Jenna	12-Unattached	22.87m	22.87m	75-00

Javelin Throw 15-16 Division Girls

=====					
Nat'l: N 51.23m 7/26/2014 Tairyn Montgomery, 15-Los Angel					
Name	Year	Team	Seed	Finals	Points
=====					
1	Kirkland, Jenna	12-Unattached	28.16m	32.99m	108-03
	26.99m 32.99m 30.37m FOUL 26.94m 27.45m				
2	Young, Leslie	Lazers Track Club	34.59m	30.15m	98-11
	30.15m FOUL 27.06m 29.84m 26.24m 29.38m				
3	Hill, Nevaeh	Ft. Belvoir		24.65m	80-10
	18.44m 19.30m 19.84m 24.27m 23.44m 24.65m				
4	Campbell, DeMya	Vision Elite		24.53m	80-06
	17.47m 19.68m 19.21m FOUL 24.53m 17.48m				
5	Atkins, Kayla	i5 Elite		21.50m	70-06
	20.47m 18.81m 21.08m 21.50m 20.32m 19.61m				
6	Pegram, Jazzlyn	Firebirds Athletic	21.93m	20.50m	67-03
	20.10m 20.39m 19.92m 20.50m 16.51m 13.51m				
7	Williams, Morgyn	Mach 5 Athletics	18.08m	20.39m	66-11
	17.07m 15.58m 16.43m 18.15m 18.43m 20.39m				

Heptathlon: #4 200 Meter Dash 15-16 Division Girls Heptathlon

=====						
Name	Year	Team	Finals	Wind	H#	Points
=====						
1	Moye, Tia	Vision Elite	27.10	-2.7	2	704
2	Gnouvou, Deborah	Firebirds Athletic	27.53	-2.7	2	668

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...Heptathlon: #4 200 Meter Dash 15-16 Division Girls Heptathlon

3	Cherry, Juliane	Eyt Spartans	28.75	-2.7	2	573
4	Saunders, Laiya	Bullseye Running	28.93	-2.7	2	559
5	Lambert, Alexis	Prominent Athletes	29.03	-1.1	1	552
6	Hall, Jannah	Bullseye Running	29.05	-1.1	1	551
7	Perrello, Yvonna	Richmond Hea	29.30	-2.7	2	532
8	Montgomery, Solenne	Ft. Belvoir	30.46	-1.1	1	450
9	Thorpe-Randolph, Jah'Kei	Vision Elite	30.72	-2.7	2	433
10	Hinton-Ayodele, Niomi	Glenarden Track	31.56	-1.1	1	379
11	Barthlow, Sophia	Virginia Pri	33.27	-2.7	2	278
12	Campbell, DeMya	Vision Elite	34.95	-2.7	2	193

Heptathlon: #7 800 Meter Run 15-16 Division Girls Heptathlon

Region 3: R 2:30.96 7/6/2017 Sabrina Sokol, MVP

Name	Year Team	Finals	Points
1 Moye, Tia	Vision Elite	2:36.59	613
2 Gnomou, Deborah	Firebirds Athletic	2:40.79	564
3 Cherry, Juliane	Eyt Spartans	2:44.24	525
4 Montgomery, Solenne	Ft. Belvoir	2:47.57	489
5 Lambert, Alexis	Prominent Athletes	2:58.85	376
6 Hall, Jannah	Bullseye Running	3:01.39	352
7 Barthlow, Sophia	Virginia Pri	3:02.74	340
8 Thorpe-Randolph, Jah'Kei	Vision Elite	3:07.04	303
9 Perrello, Yvonna	Richmond Hea	3:11.28	267
10 Saunders, Laiya	Bullseye Running	3:19.39	206
11 Hinton-Ayodele, Niomi	Glenarden Track	3:34.27	113
12 Campbell, DeMya	Vision Elite	3:45.61	60

Heptathlon: #1 100 Meter Hurdles 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Wind H#	Points
1 Cherry, Juliane	Eyt Spartans	15.96	-1.5 3	719
2 Gnomou, Deborah	Firebirds Athletic	16.05	-1.7 2	708
3 Hall, Jannah	Bullseye Running	17.59	-1.9 1	532
4 Saunders, Laiya	Bullseye Running	18.38	-1.9 1	450
5 Hinton-Ayodele, Niomi	Glenarden Track	18.66	-1.5 3	423
6 Lambert, Alexis	Prominent Athletes	18.87	-1.7 2	402
7 Thorpe-Randolph, Jah'Kei	Vision Elite	19.36	-1.7 2	357
8 Barthlow, Sophia	Virginia Pri	20.28	-1.7 2	279
9 Montgomery, Solenne	Ft. Belvoir	20.41	-1.5 3	269
10 Moye, Tia	Vision Elite	20.57	-1.5 3	257
11 Perrello, Yvonna	Richmond Hea	21.63	-1.9 1	181
12 Campbell, DeMya	Vision Elite	23.91	-1.9 1	60

Heptathlon: #2 High Jump 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Points
1 Cherry, Juliane	Eyt Spartans	1.52m	4-11.75 644
		1.07 1.12 1.17 1.22 1.27 1.32 1.37 1.42 1.47 1.52 1.57	
		P P P P P P XO XO XO XO XXX	

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...Heptathlon: #2 High Jump 15-16 Division Girls Heptathlon

1	Gnomou, Deborah	Firebirds Athletic	1.52m	4-11.75	644
	1.07 1.12 1.17 1.22 1.27 1.32 1.37 1.42 1.47 1.52 1.57				
	P P P P P O XO O XO XXO XXP				
3	Saunders, Laiya	Bullseye Running	1.37m	4-06.00	481
	1.07 1.12 1.17 1.22 1.27 1.32 1.37 1.42				
	P P P P O XO XXX				
4	Lambert, Alexis	Prominent Athletes	1.32m	4-04.00	429
	1.07 1.12 1.17 1.22 1.27 1.32 1.37				
	P P P O XXO O XXX				
5	Hinton-Ayodele, Niomi	Glenarden Track	1.27m	4-02.00	379
	1.07 1.12 1.17 1.22 1.27 1.32				
	O O O XO O XXX				
5	Barthlow, Sophia	Virginia Pri	1.27m	4-02.00	379
	1.07 1.12 1.17 1.22 1.27 1.32				
	O O XO XXO XXO XXX				
7	Moye, Tia	Vision Elite	1.22m	4-00.00	331
	1.07 1.12 1.17 1.22 1.27				
	O O O XO XXX				
7	Perrello, Yvonna	Richmond Hea	1.22m	4-00.00	331
	1.07 1.12 1.17 1.22 1.27				
	O O XXO O XXX				
7	Hall, Jannah	Bullseye Running	1.22m	4-00.00	331
	1.07 1.12 1.17 1.22 1.27				
	P P O XXO XXX				
10	Campbell, DeMya	Vision Elite	1.17m	3-10.00	284
	1.07 1.12 1.17 1.22				
	O O XO XXX				
10	Thorpe-Randolph, Jah'Kei	Vision Elite	1.17m	3-10.00	284
	1.07 1.12 1.17 1.22				
	O O O XXX				
12	Montgomery, Solenne	Ft. Belvoir	1.12m	3-08.00	239
	1.07 1.12 1.17				
	O O XXX				

Heptathlon: #5 Long Jump 15-16 Division Girls Heptathlon

=====							
Region 3: R 5.05m 7/6/2017 Na'Zyia Evans, Charlotte Flight							
Name	Year	Team	Finals	Wind	Points		
=====							
1	Cherry, Juliane	Eyt Spartans	5.11m	2.3	16-09.25	589	
	4.91m(0.9) 5.11m(2.3) 5.07m(1.9)						
2	Gnomou, Deborah	Firebirds Athletic	4.72m	1.6	15-06.00	485	
	4.60m(2.0) 4.67m(1.1) 4.72m(1.6)						
3	Hall, Jannah	Bullseye Running	4.66m	1.8	15-03.50	469	
	4.44m(2.0) 4.45m(1.7) 4.66m(1.8)						
4	Perrello, Yvonna	Richmond Hea	4.38m	0.5	14-04.50	398	
	FOUL(+0.0) 4.38m(0.5) FOUL(+0.0)						
5	Lambert, Alexis	Prominent Athletes	4.31m	0.1	14-01.75	381	
	4.25m(0.9) FOUL(+0.0) 4.31m(0.1)						
6	Moye, Tia	Vision Elite	4.27m	0.6	14-00.25	371	
	FOUL(+0.0) 4.12m(2.0) 4.27m(0.6)						
7	Saunders, Laiya	Bullseye Running	4.24m	0.7	13-11.00	364	
	4.24m(0.7) 3.84m(1.5) FOUL(+0.0)						
8	Montgomery, Solenne	Ft. Belvoir	4.14m	1.9	13-07.00	340	
	3.93m(2.9) 4.00m(1.4) 4.14m(1.9)						

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9	Thorpe-Randolph, Jah'Kei	Vision Elite	4.09m	1.7	13-05.00	329
	3.68m(1.1) 3.96m(2.6) 4.09m(1.7)					
10	Hinton-Ayodele, Niomi	Glenarden Track	3.91m	1.5	12-10.00	287
	FOUL(+0.0) FOUL(+0.0) 3.91m(1.5)					
11	Campbell, DeMya	Vision Elite	3.85m	2.2	12-07.75	274
	3.85m(2.2) 3.56m(1.8) FOUL(+0.0)					
12	Barthlow, Sophia	Virginia Pri	3.66m	1.2	12-00.25	233
	3.55m(1.8) 3.65m(1.2) 3.66m(1.2)					

Heptathlon: #3 Shot Put 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Points
1 Campbell, DeMya	Vision Elite	9.63m 31-07.25	505
		9.45m 9.63m 9.46m	
2 Cherry, Juliane	Eyt Spartans	7.50m 24-07.25	367
		FOUL 6.78m 7.50m	
3 Saunders, Laiya	Bullseye Running	7.40m 24-03.50	361
		7.40m 7.17m 7.39m	
4 Gnomou, Deborah	Firebirds Athletic	7.17m 23-06.25	346
		6.13m 7.15m 7.17m	
5 Hinton-Ayodele, Niomi	Glenarden Track	6.69m 21-11.50	315
		5.90m 6.69m 6.29m	
6 Montgomery, Solenne	Ft. Belvoir	6.67m 21-10.75	314
		6.67m 6.63m 5.77m	
7 Hall, Jannah	Bullseye Running	6.45m 21-02.00	300
		6.45m FOUL 6.07m	
8 Moye, Tia	Vision Elite	6.15m 20-02.25	281
		6.15m 5.75m 6.01m	
9 Lambert, Alexis	Prominent Athletes	6.07m 19-11.00	276
		6.07m 5.72m 5.21m	
10 Thorpe-Randolph, Jah'Kei	Vision Elite	6.03m 19-09.50	273
		6.03m 5.89m 5.89m	
11 Perrello, Yvonnia	Richmond Hea	5.43m 17-09.75	235
		5.26m FOUL 5.43m	
12 Barthlow, Sophia	Virginia Pri	5.42m 17-09.50	235
		5.17m 5.28m 5.42m	

Heptathlon: #6 Javelin Throw 15-16 Division Girls Heptathlon

Region 3: R 31.30m 7/6/2017 Jada Green, Durham Striders					
Name	Year Team	Finals	Points		
1 Campbell, DeMya	Vision Elite	22.60m 74-02	337		
		19.75m 22.60m 19.36m			
2 Hinton-Ayodele, Niomi	Glenarden Track	17.63m 57-10	245		
		16.10m 17.63m 16.04m			
3 Moye, Tia	Vision Elite	17.52m 57-06	243		
		17.06m 17.51m 17.52m			
4 Cherry, Juliane	Eyt Spartans	17.19m 56-05	237		
		17.19m 15.80m 14.42m			
5 Hall, Jannah	Bullseye Running	16.57m 54-04	225		
		16.57m 15.51m 15.83m			
6 Gnomou, Deborah	Firebirds Athletic	16.17m 53-01	218		
		14.91m 16.17m 14.96m			

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...Heptathlon: #6 Javelin Throw 15-16 Division Girls Heptathlon

7	Thorpe-Randolph, Jah'Kei	Vision Elite	16.01m	52-06	215
	11.79m 13.88m 16.01m				
8	Saunders, Laiya	Bullseye Running	14.47m	47-06	187
	FOUL 12.42m 14.47m				
9	Lambert, Alexis	Prominent Athletes	13.72m	45-00	173
	13.72m 12.68m 12.63m				
10	Montgomery, Solenne	Ft. Belvoir	13.49m	44-03	169
	13.49m 6.01m 9.90m				
11	Barthlow, Sophia	Virginia Pri	11.16m	36-07	127
	11.16m 10.39m 10.94m				
12	Perrello, Yvonnia	Richmond Hea	9.77m	32-01	102
	FOUL 9.12m 9.77m				

Heptathlon 15-16 Division Girls

=====						
	Nat'l: N	5101	7/5/2017	Annika Woods, Northwest Flyers		
	Region 3: R	4812	7/1986	Pam Doggett Greensboro Pacesetters NC		
	Name		Year Team	Seed	Finals	Points
=====						
1	Cherry, Juliane		Eyt Spartans	3500	3654	10
2	Gnomou, Deborah		Firebirds Athletic		3633	8
3	Moye, Tia		Vision Elite		2800	6
4	Hall, Jannah		Bullseye Running		2760	5
5	Saunders, Laiya		Bullseye Running		2608	4
6	Lambert, Alexis		Prominent Athletes		2589	3
7	Montgomery, Solenne		Ft. Belvoir		2270	2
8	Thorpe-Randolph, Jah'Kei		Vision Elite		2194	1
9	Hinton-Ayodele, Niomi		Glenarden Track		2141	
10	Perrello, Yvonnia		Richmond Hea		2046	
11	Barthlow, Sophia		Virginia Pri		1871	
12	Campbell, DeMya		Vision Elite		1713	

3000 Meter Race Walk 15-16 Division Girls

=====						
	Nat'l: N	13:41.25	7/2/1994	Ana Marie Ruoss, Fayetteville, AR		
	Region 3: R	17:12.69	7/7/2017	Zoi Betties, 12-Unattache		
	Name		Year Team	Seed	Finals	Points
=====						
1	Campbell, Regine		Vision Elite		22:02.87	

100 Meter Dash 17-18 Division Women

=====						
	Nat'l: N	11.1h	1980	Michelle Glover, Pennsauken, NJ		
	Region 3: R	11.48	7/12/2008	Chalonda Goodman, 45 New Horizon		
	Name		Year Team	Seed	Prelims	Wind H#
=====						

Preliminaries

1	Tilmon, Jazmine	12-Unattached	11.82	11.94q	0.6	2
2	Wright, Taylor	PrimoVolo	12.10	12.00q	1.4	1
3	Watkins, Malia	Marlboro Boy	12.43	12.28q	2.9	4
4	Johnson, Amaya	Mvp League	12.16	12.29q	1.7	3
5	Copeland, Kayla	Mvp League	12.14	12.32q	0.6	2
6	Ofotan, Jewel	Glenarden Track	12.10	12.39q	1.4	1
7	Aklin, Nijae	Hr-Hurricanes	12.63	12.40q	1.4	1
8	Jenkins, Glenda	Pwc Panthers	12.54	12.46q	1.7	3

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....100 Meter Dash 17-18 Division Women

9	Garner, Olivia	Comets of Ch	12.65	12.49	0.6	2
10	Glass, Jon	Glenarden Track	12.85	12.52	1.4	1
11	Thomas, Jazmine	Glenarden Track	11.30	12.58	2.9	4
12	Edwards, Akeila	Pwc Panthers	12.78	12.61	2.9	4
13	Tabugbo, Adaobi	Bullseye Running	12.81	12.64	1.7	3
14	Sharps, Malea	i5 Elite	12.84	12.67	0.6	2
15	Sule, Oluwaseun	Bullseye Running	12.69	12.71	1.7	3
16	Pryor, Shania	12-Unattached	12.85	12.75	1.4	1
17	Kamara, Ajanae	Dale City Li	12.71	12.82	2.9	4
18	Marshall, Kierra	10-Unattached	12.99	12.83	0.6	2
19	Dundy, Journe	Mach 5 Athletics	12.99	12.90	2.9	4
20	Smith, Chyann	Vision Elite	12.99	12.91	1.7	3
21	Crocker, Morgan	Central Virg	12.59	12.97	0.6	2 12.969
22	Molokwu, Bernardette	Bullseye Running	13.40	12.97	1.4	1 12.970
23	Martin, Alexis	Firebirds Athletic	13.16	12.99	1.7	3
24	Falana, Olabisi	M180 Team Power	13.22	13.42	0.6	2
25	Govan, Taeviana	Damascus Storm	13.50	13.60	0.6	2
26	Omomah, Naomi	Glenarden Track	14.10	13.78	1.7	3

100 Meter Dash 17-18 Division Women

=====						
Nat'l:	N 11.1h	1980	Michelle Glover,	Pennsauken, NJ		
Region 3:	R 11.48	7/12/2008	Chalonda Goodman,	45 New Horizon		
Name		Year Team		Prelims	Finals	Wind Points
=====						

Finals

1	Tilmon, Jazmine	12-Unattached	11.94	12.05	1.9
2	Wright, Taylor	PrimoVolo	12.00	12.24	1.9
3	Aklin, Nijae	Hr-Hurricanes	12.40	12.41	1.9
4	Ofotan, Jewel	Glenarden Track	12.39	12.53	1.9
5	Jenkins, Glenda	Pwc Panthers	12.46	12.55	1.9

200 Meter Dash 17-18 Division Women

=====						
Nat'l:	N 23.24	7/26/2007	Victoria Jordan,	26 Dallas Gold T		
Region 3:	R 26.06	7/6/2017	Timara Chapman,	Carolina Eagles		
Name		Year Team		Seed	Prelims	Wind H#
=====						

Preliminaries

1	Hugg, Kayla	Mvp League	24.60	R 24.79q	1.1	5
2	Wright, Taylor	PrimoVolo	24.74	R 24.83q	-1.0	3
3	Johnson, Amaya	Mvp League	25.03	R 24.90q	-0.7	1
4	Nagbe, Pearl	Mvp League	25.31	R 25.06q	-1.8	4
5	Watkins, Malia	Marlboro Boy	25.35	R 25.44q	1.1	5
6	Jenkins, Glenda	Pwc Panthers	25.84	R 25.51q	0.5	6
7	Logan, Illyana	Glenarden Track	25.82	R 25.60q	0.5	6
8	Copeland, Kayla	Mvp League	24.60	R 25.81q	-1.8	4
9	Garner, Olivia	Comets of Ch	26.20	R 26.03	-1.8	4
10	Metcalfe, Syvanna	Pwc Panthers	26.60	26.18	0.5	6
11	Chambers, Macemia	Marlboro Boy	26.47	26.41	0.5	6
12	Coulter, Chestina	Pwc Panthers		26.45	-0.5	2 26.442
13	Rookard, Samoan	Virginia Elite	26.33	26.45	-0.7	1 26.443
14	Jefferson, Jazlyn	Lazers Track Club	26.33	26.46	-0.7	1
15	Brown, Melady	DC United Youth	24.88	26.51	-0.5	2
16	Pryor, Shania	12-Unattached	26.47	26.52	1.1	5

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....200 Meter Dash 17-18 Division Women

17 Marshall, Kierra	10-Unattached	26.97	26.54	-0.7	1	26.534
18 Tabugbo, Adaobi	Bullseye Running	26.24	26.54	-1.0	3	26.537
19 Sharps, Malea	i5 Elite	26.79	26.57	-0.5	2	
20 Martin, Alexis	Firebirds Athletic	26.62	26.69	1.1	5	
21 Watkins, Sheliece	Marlboro Boy	26.47	26.81	-1.8	4	
22 Kamara, Ajanae	Dale City Li	26.38	26.83	-1.0	3	
23 Dundy, Journe	Mach 5 Athletics	27.40	27.12	0.5	6	
24 Harris, Syparia	Glenarden Track	26.69	27.15	-1.8	4	
25 Howard, Tamia	M180 Team Power	27.10	27.36	-0.5	2	
26 Adewami, Adekansola	M180 Team Power	27.66	27.43	1.1	5	
27 Branch, Tarin	Mach 1 Track	27.52	27.77	0.5	6	
28 Govan, Taeviana	Damascus Storm	27.35	27.84	1.1	5	
29 Omomah, Naomi	Glenarden Track	27.99	28.40	-1.8	4	

200 Meter Dash 17-18 Division Women

=====
 Nat'1: N 23.24 7/26/2007 Victoria Jordan, 26 Dallas Gold T
 Region 3: R 26.06 7/6/2017 Timara Chapman, Carolina Eagles
 Name Year Team Prelims Finals Wind Points
 =====

Finals

1 Johnson, Amaya	Mvp League	24.90	24.43R	-1.2
2 Hugg, Kayla	Mvp League	24.79	24.65R	-1.2
3 Logan, Illyana	Glenarden Track	25.60	25.40R	-1.2
4 Wright, Taylor	PrimoVolo	24.83	25.69R	-1.2
5 Jenkins, Glenda	Pwc Panthers	25.51	26.35	-1.2

400 Meter Dash 17-18 Division Women

=====
 Nat'1: N 51.31 7/27/2000 Monique Henderson, Buffalo, NY
 Region 3: R 52.92 7/1997 Demetria Washington Fayette Flyer NC
 Name Year Team Seed Prelims H#
 =====

Preliminaries

1 Nagbe, Pearl	Mvp League	56.23	56.05q	5
2 Crawley, Gartasia	Richmond Hea	56.61	56.51q	2
3 Ebb, Kasey	Glenarden Track	56.31	57.73q	4
4 Joiner, Makenzie	12-Unattached	58.35	58.37q	3
5 Silmon, Yasmine	Virginia Elite	58.37	58.49q	4
6 Harris, Syparia	Glenarden Track	59.22	58.71q	5
7 Metcalfe, Syvanna	Pwc Panthers	59.79	59.10q	3
8 Elegan, Ever	Firebirds Athletic	1:00.89	59.18q	3
9 Logan, Illyana	Glenarden Track	59.01	59.56	5
10 Tinsley, Dejah	301 Panthers	57.64	59.64	1
11 Winston, Autumn	Marlboro Boy	57.94	59.67	2
12 Brown, Melady	DC United Youth	57.12	59.69	1
13 Rookard, Samoan	Virginia Elite	59.53	59.92	4
14 Coulter, Chestina	Pwc Panthers		1:00.03	3
15 Sharps, Malea	i5 Elite	1:01.98	1:00.93	4
16 Jefferson, Jazlyn	Lazers Track Club	1:00.80	1:00.99	2
17 Chambers, Macemia	Marlboro Boy	1:01.33	1:01.45	5
18 Hill, Jalyn	Ebenezer A.M	1:01.92	1:02.05	5
19 Marshall, Kierra	10-Unattached	1:03.57	1:02.31	1
20 Frierson, Tiana	Glenarden Track		1:02.72	5
21 Branch, Tarin	Mach 1 Track	1:00.66	1:03.42	1

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....400 Meter Dash 17-18 Division Women

22 Broadnax, Ayanna	Virginia Bea	1:04.16	1:04.53	1
23 LaFrance, Maia	10-Unattached	1:03.52	1:04.62	2
24 Small, Davina	757 Colts	1:14.03	1:10.05	4

400 Meter Dash 17-18 Division Women

=====					
Nat'l:	N	51.31	7/27/2000	Monique Henderson, Buffalo, NY	
Region 3:	R	52.92	7/1997	Demetria Washington Fayette Flyer NC	
Name	Year	Team	Prelims	Finals	Points
=====					

Finals

1	Crawley, Gartasia	Richmond Hea	56.51	55.09
2	Ebb, Kasey	Glenarden Track	57.73	57.17
3	Silmon, Yasmine	Virginia Elite	58.49	57.48
4	Joiner, Makenzie	12-Unattached	58.37	58.39
5	Harris, Syparia	Glenarden Track	58.71	58.40
6	Metcalfe, Syvanna	Pwc Panthers	59.10	59.60
7	Elegan, Ever	Firebirds Athletic	59.18	1:00.63
8	Nagbe, Pearl	Mvp League	56.05	1:01.00

800 Meter Run 17-18 Division Women

=====					
Nat'l:	N	2:05.27	7/24/2005	Sarah Bowman, Indianapolis, IN	
Region 3:	R	2:23.87	7/6/2017	Timara Chapman, Carolina Eagles	
Name	Year	Team	Seed	Finals	H# Points
=====					

1	Nichols, Shardonny	12-Unattached	2:19.00	2:19.99R	2
2	Kamara, Michelle	Firebirds Athletic	2:22.19	2:20.02R	2
3	Thornton-Fillyaw, Tamryn	Glenarden Track	2:26.67	2:21.55R	2
4	Elegan, Ever	Firebirds Athletic	2:29.44	2:22.25R	2
5	Joiner, Makenzie	12-Unattached	2:24.26	2:22.43R	2
6	Frierson, Tiana	Glenarden Track	2:31.34	2:28.90	2
7	Ward, Ariyana	Virginia Bea	2:37.91	2:30.22	1
8	Delaplaine, Heather	Damascus Storm	2:25.00	2:32.16	2
9	Pollard, Betsy	Tidewater Striders	2:21.00	2:38.28	2
10	Hill, Jalyn	Ebenezer A.M	2:44.33	2:42.15	1
11	Broadnax, Ayanna	Virginia Bea	2:43.27	2:43.89	1
12	Dalton, Kaleigh	Tigers Elite	2:59.78	2:48.72	1
13	Peterson, Anna	Firebirds Athletic	3:14.93	3:03.63	1
14	Metcalfe, Sydney	Pwc Panthers	3:22.00	3:05.30	1

1500 Meter Run 17-18 Division Women

=====					
Nat'l:	N	4:26.39	8/2/1981	Cecilia Hopp, Cos Cob, CT	
Region 3:	R	4:35.92	7/15/2007	Emily Reese, 45 Red Runners	
Name	Year	Team	Seed	Finals	Points
=====					

1	DiBari, Genevieve	Firebirds Athletic	5:05.55	5:02.13
2	Delaplaine, Heather	Damascus Storm	5:10.00	5:05.95
3	Thornton-Fillyaw, Tamryn	Glenarden Track	5:06.57	5:16.90
4	Pollard, Betsy	Tidewater Striders	5:20.00	5:29.95
5	Ward, Ariyana	Virginia Bea	5:49.43	5:30.06
6	Dalton, Kaleigh	Tigers Elite	6:13.46	6:09.09
7	Peterson, Anna	Firebirds Athletic	6:51.49	6:36.49

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3000 Meter Run 17-18 Division Women

=====					
Nat'l: N 9:37.24 7/30/1998 Dana Boyle, Seattle, WA					
Region 3: R 9:51.20 7/14/2007 Emily Reese, 45 Red Runners					
Name	Year	Team	Seed	Finals	Points
=====					
1 DiBari, Genevieve		Firebirds Athletic	11:20.24	11:20.24	

100 Meter Hurdles 17-18 Division Women

=====					
Nat'l: N 13.35 7/29/2006 April Williams, Unattached					
Region 3: R 15.20 7/6/2017 Timara Chapman, Carolina Eagles					
Name	Year	Team	Seed	Prelims	Wind H#
=====					

Preliminaries

1 Tilmon, Jazmine		12-Unattached	13.86	R 14.67q	0.9	3
2 Tabugbo, Adaobi		Bullseye Running	14.29	R 14.68q	0.7	2
3 Silmon, Yasmine		Virginia Elite	15.10	R 14.87q	0.7	2
4 Williams, Taylor		Comets of Ch	14.60	15.05q	2.4	1
5 Dunbar, Tania		Virginia Elite	15.03	15.36q	2.4	1
6 Green, Lauren		Pwc Panthers	17.13	15.46q	0.7	2
7 Jenkins, Glenda		Pwc Panthers	15.40	15.76q	0.9	3
8 Brookman-amissah, Denise		Pwc Panthers	16.16	15.79q	0.7	2
9 Robinson, Taylor		Mvp League	16.13	15.88	2.4	1
10 Edwards, Akeila		Pwc Panthers	16.14	15.89	2.4	1
11 Omomah, Naomi		Glenarden Track	16.06	16.16	0.7	2 16.151
12 Smith, Chyann		Vision Elite	15.86	16.16	0.9	3 16.160
13 Bunyard, Kailee		10-Unattached	16.44	16.49	0.9	3
14 Yarbrough, Alisha		Pwc Panthers	16.87	16.77	2.4	1
15 Jones, Kayla		Prominent Athletes	16.60	16.78	0.7	2
16 Mayo, Dasia		Tigers Elite	16.99	17.47	2.4	1
17 Gardner, Kamoni		12-Unattached	17.72	17.64	0.7	2
18 Jolley-Dillard, Dasia		Usa-Ja	17.37	17.66	0.9	3
19 Sales, Jaida		M180 Team Power	17.65	17.74	0.9	3
20 Jacob, Mia		Damascus Storm	16.51	18.11	0.9	3
21 Thomas, Te'Arah		Tigers Elite	19.69	20.37	2.4	1
22 Gomez, Jada		Full Speed A	19.98	21.27	0.7	2
23 Burnett, KaLiyah		Turbo Track Club	18.69	24.57	2.4	1

100 Meter Hurdles 17-18 Division Women

=====					
Nat'l: N 13.35 7/29/2006 April Williams, Unattached					
Region 3: R 15.20 7/6/2017 Timara Chapman, Carolina Eagles					
Name	Year	Team	Prelims	Finals	Wind Points
=====					

Finals

1 Tilmon, Jazmine		12-Unattached	14.67	14.20R	0.5
2 Dunbar, Tania		Virginia Elite	15.36	14.74R	0.5
3 Silmon, Yasmine		Virginia Elite	14.87	14.78R	0.5
4 Tabugbo, Adaobi		Bullseye Running	14.68	14.98R	0.5
5 Williams, Taylor		Comets of Ch	15.05	15.33	0.5
6 Jenkins, Glenda		Pwc Panthers	15.76	15.80	0.5
7 Green, Lauren		Pwc Panthers	15.46	15.97	0.5
8 Brookman-amissah, Denise		Pwc Panthers	15.79	16.06	0.5

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400 Meter Hurdles 17-18 Division Women

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=====
Nat'l: N 57.67 7/27/2008 Turquoise Thompson, 33 Together Elit
Region 3: R 59.08 7/11/2010 Kendra Harrison, Carolina Eagles
Name Year Team Seed Prelims H#
=====
Preliminaries
1 Nichols, Shardonnay 12-Unattached 1:05.00 1:03.28q 2
2 Barnes, Natalie Mvp League 1:03.69 1:04.42q 3
3 Crawley, Gartasia Richmond Hea 1:11.46 1:04.60q 1
4 Tinsley, Dejah 301 Panthers 1:10.07 1:05.22q 2
5 Winston, Autumn Marlboro Boy 1:05.95 1:05.30q 2
6 Dunbar, Tania Virginia Elite 1:07.94 1:05.60q 3
7 Spencer, Kayla Richmond Hea 1:05.51 1:06.01q 1
8 Yarbrough, Alisha Pwc Panthers 1:12.63 1:08.38q 1
9 Edwards, Akeila Pwc Panthers 1:18.05 1:08.51 3
10 Williams, Taylor Comets of Ch 1:05.00 1:09.02 1
11 Jennings, Victoria Central Virg 1:27.65 1:09.09 1
12 Brookman-amissah, Denise Pwc Panthers 1:14.87 1:09.98 2
13 Bullock, Kiara Ft. Belvoir 1:12.71 1:13.77 2
14 Watkins, Sheliece Marlboro Boy 1:13.11 1:14.79 3
15 Miller, Jarina Ft. Belvoir 1:16.78 1:15.40 1
16 Jacob, Mia Damascus Storm 1:14.00 1:15.41 3
17 Bunyard, Kailee 10-Unattached 1:15.85 1:15.82 1
18 Jones, Kayla Prominent Athletes 1:30.83 1:18.44 2
19 Newell, Dasia Ebenezer A.M 1:09.58 1:19.76 3
20 Greene, Malice Ft. Belvoir 1:20.52 1:20.24 2
21 Chambers, Macemia Marlboro Boy 1:26.82 1:20.90 1
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400 Meter Hurdles 17-18 Division Women

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=====
Nat'l: N 57.67 7/27/2008 Turquoise Thompson, 33 Together Elit
Region 3: R 59.08 7/11/2010 Kendra Harrison, Carolina Eagles
Name Year Team Prelims Finals Points
=====
Finals
1 Nichols, Shardonnay 12-Unattached 1:03.28 1:02.56
2 Barnes, Natalie Mvp League 1:04.42 1:02.58
3 Crawley, Gartasia Richmond Hea 1:04.60 1:02.87
4 Spencer, Kayla Richmond Hea 1:06.01 1:04.69
5 Dunbar, Tania Virginia Elite 1:05.60 1:04.70
6 Winston, Autumn Marlboro Boy 1:05.30 1:04.71
7 Tinsley, Dejah 301 Panthers 1:05.22 1:06.28
8 Yarbrough, Alisha Pwc Panthers 1:08.38 1:10.15
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2000 Meter Steeplechase 17-18 Division Women

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=====
Nat'l: N 6:54.37 7/22/2008 Alyssa Allison, 22 Team Missouri
Region 3: R 7:34.23 7/10/2015 Delaney Savedge, Unattached
Name Year Team Seed Finals Points
=====
1 Aulenbach, Kasandra 12-Unattached 7:35.76
2 Sheppard, Cierra Tidewater Striders 8:45.00 9:44.03
3 Melanson, Caitlynn Tidewater Striders 8:45.00 10:08.72
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4x100 Meter Relay 17-18 Division Women

Team	Seed	Finals	Points
Nat'l: N 44.43 7/28/2007 12 26 Dallas Gold TC, 26 Dallas Gold T L Stewart, A Pegram, B Carr, V Jordan			
Region 3: R 45.11 7/12/2003 45 City of Atlanta, City of Atla S Draper, M Williams, L Ealey, A Cousin			
1 Mvp League 'A'	47.00	47.01	
2 Glenarden Track 'A'	49.17	48.02	
3 Pwc Panthers Track & Field C 'A'	49.00	49.30	
4 Firebirds Athletic 'A'	48.03	51.00	
5 Bullseye Running 'A'	49.02	51.00	
6 M180 Team Power 'A'	1:12.90	51.99	
7 Tigers Elite 'A'	53.25	53.07	

4x400 Meter Relay 17-18 Division Women

Team	Seed	Finals	Points
Nat'l: N 3:35.51 7/29/2001 "United Stars "A", Philadelphia, PA Evelyn Dwyer, Dominique Darden, Danielle Rogers, Tiff			
Region 3: R 3:42.24 7/1998 Potomac Valley Express PV			
1 Mvp League 'A'	3:45.00	3:43.57	
1:53.117 (1:53.117) 2:48.349 (55.232) 3:43.561 (55.212)			
2 Glenarden Track 'A'	4:03.00	3:53.07	
1:56.159 (1:56.159) 2:54.685 (58.526) 3:53.067 (58.382)			
3 Virginia Elite 'A'		3:59.56	
1) Dunbar, Tania 2) Rookard, Samoan 3) Scott-McKoy, Tre'Breh 4) Silmon, Yasmine			
1:58.095 (1:58.095) 2:58.581 (1:00.486) 3:59.551 (1:00.970)			
4 Firebirds Athletic 'A'	4:04.07	4:04.32	
2:03.437 (2:03.437) 3:03.113 (59.676) 4:04.313 (1:01.200)			
5 Glenarden Track 'B'	4:20.00	4:16.80	
2:07.793 (2:07.793) 3:10.557 (1:02.764) 4:16.791 (1:06.234)			
6 Ft. Belvoir (Sonic Boom) TC 'A'	4:04.00	4:25.18	
2:09.119 (2:09.119) 3:17.637 (1:08.518) 4:25.175 (1:07.538)			

4x800 Meter Relay 17-18 Division Women

Team	Seed	Finals	Points
Nat'l: N 8:50.72 7/25/2007 02 08 United Stars, 02 08 United Sta S Gee, I Iheoma, C Price, B Taylor			
Region 3: R 9:17.17 7/13/2003 10 Baltimore Edwaters TC, BETC A Mullen, A Williams, L Wallace, M Carter			
1 Glenarden Track 'A'		10:04.25	
1) Logan, Illyana 2) Harris, Syparia 3) Stewartson, Alexis 4) Thornton-Fillyaw, Tamryn			
2:23.962 (2:23.962) 5:00.636 (2:36.674) 7:32.536 (2:31.900)			

High Jump 17-18 Division Women

Name	Year	Team	Seed	Finals	Points
Nat'l: N 1.91m 6/24/2015 Vashti Cunningham, Nevada Gazelles					

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....High Jump 17-18 Division Women

1	Wright, Taylor	PrimoVolo	1.73m	1.75m	5-08.75
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80				
	P P P P P P O O P XO XXX				
2	Newell, Dasia	Ebenezer A.M	1.68m	1.60m	5-03.00
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65				
	P P P P O XO O XXX				
3	Sokol, Sabrina	Mvp League	1.55m	1.55m	5-01.00
	1.30 1.35 1.40 1.45 1.50 1.55 1.60				
	P P P P XO O XXX				
4	Mayo, Dasia	Tigers Elite	1.55m	J1.55m	5-01.00
	1.30 1.35 1.40 1.45 1.50 1.55 1.60				
	P P O XO XXO O XXX				
5	Chambers, Macemia	Marlboro Boy	1.42m	1.50m	4-11.00
	1.30 1.35 1.40 1.45 1.50 1.55				
	P P O O O XXX				
6	Bunyard, Cassidy	10-Unattached	1.52m	1.45m	4-09.00
	1.30 1.35 1.40 1.45 1.50				
	P P P XO XXX				
7	Miller, Jarina	Ft. Belvoir	1.27m	1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	XXO O XO XXX				
8	Turner, Halle	Bullseye Running	1.32m	J1.40m	4-07.00
	1.30 1.35 1.40 1.45				
	XO XXO XXO XXX				
9	Burnett, KaLiyah	Turbo Track Club	1.32m	1.30m	4-03.25
	1.30 1.35				
	O XXX				
--	Godonou, Sharon	Firebirds Athletic	1.32m	NH	
	1.30				
	XXX				

Pole Vault 17-18 Division Women

=====						
	Nat'l: N	4.23m	7/29/2016	Alina McDonald, KMR Athletics		
	Region 3: R	3.81m	7/9/2011	Kristen Lee, Jr Striders-		
	Name		Year Team	Seed	Finals	Points
=====						
1	Hirata, Gennifer		Xtreme Heights Llc	3.65m	3.65m	11-11.75
2	Macecevic, Jamie		Xtreme Heights Llc	3.50m	3.50m	11-05.75
3	Hubbard, Anna		Xtreme Heights Llc	2.75m	2.75m	9-00.25

Long Jump 17-18 Division Women

=====							
	Nat'l: N	6.36m	1994	Angela Henry			
	Region 3: R	5.24m	7/6/2017	Veronique Woodson, Sandhills			
	Name		Year Team	Seed	Finals	Wind	Points
=====							
1	Barnes, Natalie		Mvp League	5.66m	5.70mR	-0.4	18-08.50
	FOUL(-0.2) FOUL(0.4)	5.21m(1.6)	5.70m(-0.4)	FOUL(+0.0)	PASS		
2	Wynter, Hanna		Central Virg	5.48m	5.40mR	+0.0	17-08.75
	3.58m(1.1) FOUL(0.8)	5.37m(+0.0)	5.40m(+0.0)	FOUL(1.7)	PASS		
3	Brookman-amissah, Denise		Pwc Panthers	5.35m	5.33mR	1.4	17-06.00
	FOUL(1.1) FOUL(1.4)	5.08m(-0.2)	4.94m(+0.0)	5.33m(1.4)	4.70m(-0.2)		
4	Crocker, Morgan		Central Virg	5.01m	5.26mR	+0.0	17-03.25
	5.26m(+0.0) 4.08m(1.6)	4.93m(1.1)	4.10m(+0.0)	5.09m(-1.1)	FOUL(-0.6)		

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....Long Jump 17-18 Division Women

5	Smith, Tatiana	12-Unattached	5.27m	5.23m	-1.7	17-02.00
	5.03m(+0.0) 5.13m(0.4) 5.12m(-2.2) 5.15m(-0.4) 5.14m(0.1) 5.23m(-1.7)					
6	Spencer, Kayla	Richmond Hea	5.34m	5.20m	-1.1	17-00.75
	5.01m(-1.1) 5.11m(1.9) 5.20m(-1.1) 5.01m(-0.7) FOUL(0.4) 4.72m(1.6)					
7	Winston, Autumn	Marlboro Boy	4.50m	5.18m	2.0	17-00.00
	3.62m(1.1) FOUL(0.1) 5.18m(2.0) 4.74m(0.4) FOUL(+0.0) 4.86m(0.2)					
8	Smith, Chyann	Vision Elite	4.80m	5.08m	1.7	16-08.00
	4.80m(-2.1) 4.68m(0.8) 5.01m(+0.0) 4.96m(+0.0) 5.08m(1.7) 3.83m(-2.2)					
9	Watkins, Malia	Marlboro Boy	5.01m	4.97m	2.1	16-03.75
	4.97m(2.1) FOUL(0.3) 4.61m(-1.1) 4.76m(2.6) 4.52m(+0.0) 4.63m(-0.2)					
10	Jefferson, Jazlyn	Lazers Track Club	5.40m	4.96m	-1.0	16-03.25
	4.80m(-1.3) 4.96m(-1.0) 4.79m(-1.3)					
11	Branch, Tarin	Mach 1 Track	4.87m	4.81m	-0.7	15-09.50
	4.81m(-0.7) 3.95m(-2.1) 4.63m(-0.7)					
12	Williams, Jordyn	Mach 5 Athletics	4.94m	4.68m	-0.2	15-04.25
	4.68m(-0.2) 4.42m(0.2) 4.32m(-1.0)					
13	Powell, London	Glenarden Track	4.55m	4.55m	-0.5	14-11.25
	4.30m(-0.3) 4.41m(3.1) 4.55m(-0.5)					
14	Govan, Taeviana	Damascus Storm	4.57m	4.52m	0.6	14-10.00
	4.52m(0.6) 4.45m(1.0) 4.40m(+0.0)					
15	Green, Lauren	Pwc Panthers	4.59m	4.46m	4.1	14-07.75
	FOUL(-1.0) 4.19m(-1.0) 4.46m(4.1)					
16	Marshall, Kierra	10-Unattached	4.48m	4.42m	0.2	14-06.00
	4.42m(0.2) 4.23m(-1.3) 4.15m(1.8)					
17	Jackson, Ahmari	Virginia Pri	4.50m	4.37m	1.7	14-04.00
	4.24m(0.9) 4.37m(1.7) FOUL(+0.0)					
18	Gomez, Jada	Full Speed A	4.18m	4.08m	-0.4	13-04.75
	3.99m(1.4) 4.01m(1.5) 4.08m(-0.4)					
19	Bell, Dajinae	Turbo Track Club	3.76m	3.69m	-1.1	12-01.25
	FOUL(-1.8) 3.69m(-1.1) FOUL(-0.5)					
--	Bullock, Kiara	Ft. Belvoir	4.59m	FOUL		
	FOUL(2.2) FOUL(2.4) FOUL(-1.3)					

Triple Jump 17-18 Division Women

=====							
	Nat'l:	N	13.01m	7/28/1996	Alicia Broussard, Houston, TX		
	Region 3:	R	12.73m	7/13/2003	Yvette Lewis, Norfolk Real Dea		
	Name		Year	Team	Seed	Finals	Wind
	=====						
1	Wright, Taylor			PrimoVolo	12.69m	11.85m	-1.0
	11.85m(-1.0) PASS PASS PASS PASS PASS						
2	Jefferson, Jazlyn			Lazers Track Club	10.25m	11.62m	-1.0
	FOUL(-0.6) 11.62m(-1.0) FOUL(-0.2) FOUL(+0.0) 10.84m(+0.0) 11.09m(-2.8)						
3	Spencer, Kayla			Richmond Hea	10.99m	11.00m	2.2
	FOUL(-0.7) 11.00m(2.2) 10.72m(0.1) 10.22m(-1.6) FOUL(0.1) FOUL(0.7)						
4	Smith, Tatiana			12-Unattached	11.50m	10.86m	-2.1
	10.47m(-1.9) 10.78m(+0.0) 10.42m(-1.7) 10.86m(-2.1) 10.10m(0.4) 10.74m(-0.4)						
5	Crocker, Morgan			Central Virg	10.69m	10.81m	0.4
	10.32m(-1.2) 10.70m(-0.2) 10.43m(+0.0) 10.79m(-0.1) 10.81m(0.4) FOUL(1.8)						
6	Sule, Oluwaseun			Bullseye Running	10.76m	10.79m	-0.1
	10.28m(-3.1) 10.66m(+0.0) 10.49m(0.3) 10.79m(-0.1) 10.35m(1.1) FOUL(1.1)						
7	Dundy, Journe			Mach 5 Athletics	10.82m	J10.79m	0.5
	FOUL(-2.1) 10.79m(0.5) 10.53m(0.3) 10.17m(1.6) 10.62m(-3.6) FOUL(-0.2)						
8	Bestman, Janise			Usa-Ja	10.59m	10.70m	+0.0
	10.35m(-1.9) 10.20m(-1.7) 10.49m(-0.6) 10.52m(+0.0) 10.70m(+0.0) 10.59m(-1.9)						
=====							

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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....Triple Jump 17-18 Division Women

9	Powell, London	Glenarden Track	9.93m	10.26m	2.2	33-08.00
	FOUL(-1.0) FOUL(-0.6)	10.18m(-0.9) FOUL(0.5)	FOUL(-0.4)	10.26m(2.2)		
10	Hatcher, Erin	Usa-Ja	9.18m	10.09m	2.1	33-01.25
	FOUL(1.6) 9.39m(0.8)	10.09m(2.1)				
11	Briscoe, Kendall	Virginia Pri	9.38m	10.00m	0.1	32-09.75
	FOUL(+0.0) FOUL(2.5)	10.00m(0.1)				
12	Thomas, Te'Asia	Tigers Elite	8.64m	9.97m	-0.9	32-08.50
	FOUL(-1.1) FOUL(+0.0)	9.97m(-0.9)				
13	Godonou, Sharon	Firebirds Athletic	9.53m	9.89m	1.1	32-05.50
	9.61m(-1.7) 9.89m(1.1)	9.73m(-1.1)				
14	Green, Lauren	Pwc Panthers	9.91m	9.68m	-0.6	31-09.25
	9.68m(-0.6) 9.66m(0.7)	FOUL(1.4)				
15	Nzenwa, Destiny	301 Panthers	9.54m	9.27m	0.9	30-05.00
	9.02m(-1.3) FOUL(0.3)	9.27m(0.9)				
16	Burnett, KaLiyah	Turbo Track Club	9.62m	9.05m	-0.7	29-08.25
	FOUL(-1.3) 9.05m(-0.7)	8.84m(+0.0)				
--	Jacob, Mia	Damascus Storm	10.05m	FOUL		
	FOUL(-1.7) FOUL(1.0)	FOUL(-0.6)				

Shot Put 17-18 Division Women

=====									
Nat'l: N 16.41m 6/29/2016 Christina Hillman / Nickolette Dunbar, Throwers Nation									
Name	Year	Team	Seed	Finals	Nation	Points			
=====									
1	Bestman, Janise	Usa-Ja	11.02m	11.17m	36-07.75				
	9.71m 10.17m	10.40m 9.86m	11.17m 10.73m						
2	Williams, Ameya	12-Unattached	10.01m	11.11m	36-05.50				
	10.12m FOUL	9.79m 11.11m	FOUL 10.19m						
3	D'Antignac, Eve	Bowie Boys &	10.01m	10.77m	35-04.00				
	9.56m 10.77m	9.66m 9.78m	10.41m FOUL						
4	Kindred, Dakota	Ft. Belvoir	11.24m	10.49m	34-05.00				
	FOUL 10.36m	10.49m 9.80m	9.97m FOUL						
5	Greene, Malice	Ft. Belvoir	9.92m	9.63m	31-07.25				
	9.28m 9.61m	9.63m 9.53m	9.20m 9.38m						
6	Hatcher, Erin	Usa-Ja	10.50m	9.62m	31-06.75				
	9.62m 7.91m	8.19m 9.53m	9.07m 9.17m						
7	Freeman, Larissa	Pwc Panthers	8.61m	9.29m	30-05.75				
	9.02m 8.91m	9.03m 9.29m	8.99m 8.11m						
8	Riley, Kiah	Pwc Panthers	8.95m	9.17m	30-01.00				
	8.60m 8.88m	9.17m 8.67m	9.16m 8.76m						
9	Olayinka, Doyinsola	Bullseye Running	9.04m	9.07m	29-09.25				
	8.24m 8.32m	9.07m 8.80m	8.73m 8.82m						
10	Williams, Jordyn	Mach 5 Athletics	7.62m	7.33m	24-00.75				
	6.27m 5.93m	7.33m							
11	Bell, Dajinae	Turbo Track Club	7.39m	7.05m	23-01.75				
	6.88m 6.84m	7.05m							
12	Brown, Kacey	301 Panthers	6.71m	6.89m	22-07.25				
	6.10m 6.47m	6.89m							
13	Harris, Dia	DC Select Tr	7.05m	6.07m	19-11.00				
	6.07m 5.67m	FOUL							

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Discus Throw 17-18 Division Women**

Nat'l: N 53.42m 7/9/1995 Suzy Powell, Joplin, MO						
Region 3: R 46.12m 7/8/2017 Veronica Fraley, Junior Striders						
Name	Year	Team	Seed	Finals	Points	
1 D'Antignac, Eve		Bowie Boys &	36.54m	37.41m	122-09	
	34.23m	32.06m	36.16m	FOUL	32.84m	37.41m
2 Riley, Kiah		Pwc Panthers	32.05m	32.15m	105-06	
	FOUL	30.51m	28.38m	29.66m	32.15m	FOUL
3 Bestman, Janise		Usa-Ja	30.74m	31.70m	104-00	
	31.70m	29.61m	28.93m	FOUL	30.36m	FOUL
4 Greene, Malice		Ft. Belvoir	29.69m	29.44m	96-07	
	24.63m	25.16m	28.20m	29.44m	28.67m	28.02m
5 Olayinka, Doyinsola		Bullseye Running	25.63m	29.26m	96-00	
	FOUL	FOUL	25.69m	27.11m	29.26m	FOUL
6 Williams, Ameya		12-Unattached	31.45m	28.86m	94-08	
	28.86m	25.15m	FOUL	FOUL	24.69m	22.11m
7 Ocloo, Phoebe		Glenarden Track	12.19m	16.79m	55-01	
	16.10m	16.79m	14.41m	13.62m	FOUL	14.90m

Hammer Throw 17-18 Division Women

Nat'l: N 55.80m 7/25/2014 Lena Gieger, Unattached						
Region 3: R 52.04m 7/9/2010 Daina Levy, Throw 1 Deep						
Name	Year	Team	Seed	Finals	Points	
1 Riley, Kiah		Pwc Panthers		17.32m	56-10	
1 Ocloo, Phoebe		Glenarden Track		17.32m	56-10	

Javelin Throw 17-18 Division Women

Nat'l: N 52.30m 7/28/2011 Avione Allgood, Wichita, KS						
Name	Year	Team	Seed	Finals	Points	
1 Riley, Kiah		Pwc Panthers	26.45m	27.38m	89-10	
	24.56m	27.38m	24.63m	25.30m	24.92m	25.20m
2 Ocloo, Phoebe		Glenarden Track		13.09m	42-11	
	9.19m	11.94m	10.94m	13.09m	10.06m	12.11m

Heptathlon: #4 200 Meter Dash 17-18 Division Women Heptathlon

Name	Year	Team	Finals	Wind	H#	Points
1 Watkins, Malia		Marlboro Boy	26.09	-2.5	2	789
2 Sule, Oluwaseun		Bullseye Running	26.67	-1.2	1	740
3 Watkins, Sheliece		Marlboro Boy	27.01	-2.5	2	711
4 Spencer, Kayla		Richmond Hea	27.20	-1.2	1	695
5 Bullock, Kiara		Ft. Belvoir	27.47	-2.5	2	673
6 Williams, Jordyn		Mach 5 Athletics	27.90	-1.2	1	639
7 Sokol, Sabrina		Mvp League	28.43	-2.5	2	597
8 Hatcher, Erin		Usa-Ja	29.01	-2.5	2	553
9 Jacob, Mia		Damascus Storm	29.07	-2.5	2	549
10 Miller, Jarina		Ft. Belvoir	29.16	-2.5	2	542
11 Greene, Malice		Ft. Belvoir	30.02	-2.5	2	481
12 Bestman, Janise		Usa-Ja	30.49	-1.2	1	448

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Heptathlon: #7 800 Meter Run 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points
1 Spencer, Kayla	Richmond Hea	2:31.77	671
2 Sokol, Sabrina	Mvp League	2:36.55	613
3 Watkins, Malia	Marlboro Boy	2:39.58	578
4 Bullock, Kiara	Ft. Belvoir	2:40.35	569
5 Williams, Jordyn	Mach 5 Athletics	2:49.97	464
6 Miller, Jarina	Ft. Belvoir	2:52.17	441
7 Jacob, Mia	Damascus Storm	2:56.48	399
8 Bestman, Janise	Usa-Ja	2:58.99	375
9 Hatcher, Erin	Usa-Ja	3:04.73	322
10 Watkins, Sheliece	Marlboro Boy	3:14.15	245
11 Greene, Malice	Ft. Belvoir	3:14.42	243

Heptathlon: #1 100 Meter Hurdles 17-18 Division Women Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1 Sokol, Sabrina	Mvp League	15.98	-1.8	4	717
2 Spencer, Kayla	Richmond Hea	16.30	-1.8	4	678
3 Watkins, Sheliece	Marlboro Boy	16.69	0.2	1	632
4 Jacob, Mia	Damascus Storm	17.74	-1.8	4	516
5 Watkins, Malia	Marlboro Boy	17.76	-1.6	2	513
6 Greene, Malice	Ft. Belvoir	18.00	-1.6	2	488
7 Miller, Jarina	Ft. Belvoir	18.04	-0.5	3	484
8 Bestman, Janise	Usa-Ja	18.36	-1.8	4	452
9 Sule, Oluwaseun	Bullseye Running	20.00	-0.5	3	302
10 Williams, Jordyn	Mach 5 Athletics	20.06	-0.5	3	297
11 Bullock, Kiara	Ft. Belvoir	20.25	-1.6	2	282
12 Hatcher, Erin	Usa-Ja	23.29	0.2	1	87

Heptathlon: #2 High Jump 17-18 Division Women Heptathlon

Region 3: R 1.67m 7/6/2017 Timara Chapman, Carolina Eagles											Points
Name	Year	Team	Finals								Points
1 Sokol, Sabrina		Mvp League	1.52m	4-11.75							644
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42	1.47	1.52	1.57
	P	P	P	P	P	P	P	P	P	O	XXX
2 Watkins, Malia		Marlboro Boy	1.47m	4-09.75							588
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42	1.47	1.52	
	P	P	P	P	P	P	O	XO	XXO	XXX	
3 Bestman, Janise		Usa-Ja	1.42m	4-07.75							534
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42	1.47		
	P	P	P	O	O	O	O	XXO	XXX		
4 Jacob, Mia		Damascus Storm	1.37m	4-06.00							481
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42			
	P	P	P	O	O	O	O	XO	XXX		
4 Spencer, Kayla		Richmond Hea	1.37m	4-06.00							481
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42			
	P	P	P	P	P	XO	XO	XXX			
4 Miller, Jarina		Ft. Belvoir	1.37m	4-06.00							481
	1.07	1.12	1.17	1.22	1.27	1.32	1.37	1.42			
	P	P	P	O	O	XO	O	XXX			

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...Heptathlon: #2 High Jump 17-18 Division Women Heptathlon

7	Williams, Jordyn	Mach 5 Athletics	1.32m	4-04.00	429
	1.07 1.12 1.17 1.22 1.27 1.32 1.37				
	P P P P O O XXX				
7	Greene, Malice	Ft. Belvoir	1.32m	4-04.00	429
	1.07 1.12 1.17 1.22 1.27 1.32 1.37				
	P P P O O O XXX				
9	Hatcher, Erin	Usa-Ja	1.27m	4-02.00	379
	1.07 1.12 1.17 1.22 1.27 1.32				
	O O O O O XXX				
9	Bullock, Kiara	Ft. Belvoir	1.27m	4-02.00	379
	1.07 1.12 1.17 1.22 1.27 1.32				
	P P P O O XXX				
11	Sule, Oluwaseun	Bullseye Running	1.22m	4-00.00	331
	1.07 1.12 1.17 1.22 1.27				
	P P P O XXX				
--	Watkins, Sheliece	Marlboro Boy		NH	
	1.07 1.12 1.17 1.22 1.27 1.32 1.37				
	P P P P P P XXX				

Heptathlon: #5 Long Jump 17-18 Division Women Heptathlon

Name	Year Team	Finals	Wind	Points	
1 Watkins, Malia	Marlboro Boy	4.93m	-2.3	16-02.25	540
	4.36m(-2.3) 4.93m(-2.3) 4.56m(-1.9)				
2 Sokol, Sabrina	Mvp League	4.91m	-1.7	16-01.50	535
	4.65m(-1.3) FOUL(-2.1) 4.91m(-1.7)				
3 Miller, Jarina	Ft. Belvoir	4.89m	-0.9	16-00.50	530
	4.89m(-0.9) 4.64m(-1.2) 4.05m(-1.9)				
4 Spencer, Kayla	Richmond Hea	4.85m	-0.3	15-11.00	519
	4.76m(-2.0) 4.67m(+0.0) 4.85m(-0.3)				
5 Bestman, Janise	Usa-Ja	4.62m	-2.5	15-02.00	459
	4.62m(-2.5) 4.49m(-0.1) 4.17m(-1.6)				
6 Williams, Jordyn	Mach 5 Athletics	4.59m	-1.5	15-00.75	451
	4.16m(-1.9) 4.59m(-1.5) 4.51m(-2.0)				
7 Bullock, Kiara	Ft. Belvoir	4.57m	-2.5	15-00.00	446
	4.57m(-2.5) FOUL(-1.7) FOUL(-2.6)				
8 Greene, Malice	Ft. Belvoir	4.42m	-3.5	14-06.00	408
	FOUL(-1.3) FOUL(-2.1) 4.42m(-3.5)				
9 Hatcher, Erin	Usa-Ja	4.03m	-1.4	13-02.75	315
	3.91m(-1.8) 3.88m(0.5) 4.03m(-1.4)				
10 Jacob, Mia	Damascus Storm	3.71m	-0.7	12-02.25	244
	FOUL(-1.3) FOUL(-1.6) 3.71m(-0.7)				
--	Watkins, Sheliece	Marlboro Boy	FOUL		
	FOUL(+0.0) FOUL(-1.4) FOUL(+0.0)				

Heptathlon: #3 Shot Put 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points	
1 Bestman, Janise	Usa-Ja	10.78m	35-04.50	581
	10.72m 10.32m 10.78m			
2 Hatcher, Erin	Usa-Ja	9.92m	32-06.50	524
	9.68m 9.92m 9.76m			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****...Heptathlon: #3 Shot Put 17-18 Division Women Heptathlon**

3	Greene, Malice	Ft. Belvoir	9.40m	30-10.25	490
	8.89m 9.40m 8.32m				
4	Sokol, Sabrina	Mvp League	8.63m	28-03.75	440
	7.91m 7.07m 8.63m				
5	Watkins, Malia	Marlboro Boy	8.36m	27-05.25	423
	8.36m 7.32m 7.25m				
6	Watkins, Sheliece	Marlboro Boy	7.81m	25-07.50	387
	6.68m 7.81m FOUL				
7	Spencer, Kayla	Richmond Hea	7.46m	24-05.75	365
	7.46m FOUL 6.16m				
8	Williams, Jordyn	Mach 5 Athletics	7.20m	23-07.50	348
	6.55m 6.83m 7.20m				
9	Jacob, Mia	Damascus Storm	6.95m	22-09.75	332
	6.84m 6.91m 6.95m				
10	Bullock, Kiara	Ft. Belvoir	6.82m	22-04.50	324
	6.11m 6.13m 6.82m				
11	Sule, Oluwaseun	Bullseye Running	6.08m	19-11.50	276
	6.08m 5.81m 5.95m				
12	Miller, Jarina	Ft. Belvoir	6.03m	19-09.50	273
	5.79m 5.77m 6.03m				

Heptathlon: #6 Javelin Throw 17-18 Division Women Heptathlon

Region 3: R 32.00m 7/6/2017 Erin Higgins, Tachyon					
Name	Year	Team	Finals		Points
1	Sokol, Sabrina	Mvp League	27.45m	90-01	428
	27.45m 24.45m 24.72m				
2	Bestman, Janise	Usa-Ja	24.77m	81-03	378
	24.77m 23.24m 21.77m				
3	Watkins, Malia	Marlboro Boy	24.69m	81-00	376
	21.79m 24.62m 24.69m				
4	Greene, Malice	Ft. Belvoir	23.64m	77-07	357
	23.31m 22.57m 23.64m				
5	Spencer, Kayla	Richmond Hea	22.56m	74-00	337
	20.24m 20.17m 22.56m				
6	Williams, Jordyn	Mach 5 Athletics	21.45m	70-04	316
	18.09m 18.04m 21.45m				
7	Bullock, Kiara	Ft. Belvoir	15.18m	49-10	200
	13.84m 15.18m 11.16m				
8	Hatcher, Erin	Usa-Ja	14.91m	48-11	195
	10.08m 11.71m 14.91m				
9	Watkins, Sheliece	Marlboro Boy	14.39m	47-02	185
	12.92m 12.32m 14.39m				
10	Jacob, Mia	Damascus Storm	12.97m	42-07	160
	11.95m FOUL 12.97m				
11	Miller, Jarina	Ft. Belvoir	10.11m	33-02	108
	6.86m 8.35m 10.11m				

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Heptathlon 17-18 Division Women**

=====						
Nat'l: N 5365 7/25/2001 Diana Pickler, Sache, TX						
Region 3: R 4802 7/1986 Pam Doggett Greensboro Pacesetters NC						
Name	Year	Team	Seed	Finals	Points	
=====						
1 Sokol, Sabrina		Mvp League	4004	3974	10	
2 Watkins, Malia		Marlboro Boy		3807	8	
3 Spencer, Kayla		Richmond Hea		3746	6	
4 Bestman, Janise		Usa-Ja		3227	5	
5 Williams, Jordyn		Mach 5 Athletics		2944	4	
6 Greene, Malice		Ft. Belvoir		2896	3	
7 Bullock, Kiara		Ft. Belvoir		2873	2	
8 Miller, Jarina		Ft. Belvoir		2859	1	
9 Jacob, Mia		Damascus Storm	2595	2681		
10 Hatcher, Erin		Usa-Ja		2375		
11 Watkins, Sheliece		Marlboro Boy		2160		

100 Meter Dash 8 & Under Division Boys

=====						
Nat'l: N 13.65 7/24/2014 Cameron Walker / Rhoan Kaulder, 03-High Poin						
Region 3: R 13.55 7/10/2016 Braylon Thomas, Fayetteville						
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1 Pridgeon, Langston		Loudoun Legacy	14.19	14.42q	NWI	3
2 Boyd III, Kenneth		Prominent Athletes	14.38	14.55q	1.1	2
3 Perry, Damari		Prominent Athletes	14.86	14.66q	1.1	2
4 Matthews, Kendrick		Glenarden Track	15.12	14.77q	NWI	3
5 Clark, Cameron		Catonsville	15.12	14.78q	NWI	3
6 Badu, Jerimiah		Glenarden Track	14.73	14.93q	NWI	1
7 Jones Jr, Justin		Cavalier Cav	15.19	14.95q	1.1	2
8 Roscoe, Andrew		Comets of Ch	15.39	15.04q	NWI	3
9 Pratt, Zachary		Southern Spr	15.14	15.09	NWI	1
10 Floyd, Eddison		Firebirds Athletic	15.17	15.15	NWI	1
11 Oshogbo, Basileus		Owings Mills Track	14.77	15.24	NWI	1
12 McKinley, Yeshua		Southern Spr	15.13	15.27	1.1	2
13 Richardson, Montell		Richmond Hea	15.39	15.62	1.1	2
14 Allen, Connor		House of Speed	15.69	15.71	NWI	1
15 Lawless, Colton		Dale City Li	15.76	15.74	1.1	2 15.731
16 Jones, Malachi		Ebenezer A.M	15.52	15.74	NWI	1 15.740
17 Carpenter, Jayden		F.I.A. Ambassadors	15.39	15.75	NWI	3
18 Kearney, Christian		Global Trans	16.69	16.06	NWI	3
19 Crawford, Brycen		Virginia Pri	16.36	16.28	NWI	3

100 Meter Dash 8 & Under Division Boys

=====						
Nat'l: N 13.65 7/24/2014 Cameron Walker / Rhoan Kaulder, 03-High Poin						
Region 3: R 13.55 7/10/2016 Braylon Thomas, Fayetteville						
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1 Pridgeon, Langston		Loudoun Legacy	14.42	14.36	-0.9	
2 Boyd III, Kenneth		Prominent Athletes	14.55	14.68	-0.9	
3 Matthews, Kendrick		Glenarden Track	14.77	14.73	-0.9	
4 Badu, Jerimiah		Glenarden Track	14.93	14.74	-0.9	
5 Jones Jr, Justin		Cavalier Cav	14.95	14.93	-0.9	

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6 Clark, Cameron	Catonsville	14.78	15.00	-0.9
7 Roscoe, Andrew	Comets of Ch	15.04	15.01	-0.9
8 Perry, Damari	Prominent Athletes	14.66	16.23	-0.9

200 Meter Dash 8 & Under Division Boys

Nat'l: N 27.92 7/30/2016 Braylon Thomas, 03 Fayettevi
 Region 3: R 28.68 7/10/2016 Braylon Thomas, Fayetteville

Name	Year	Team	Seed	Prelims	Wind	H#
------	------	------	------	---------	------	----

Preliminaries

1 Pridgeon, Langston	Loudoun Legacy	29.99	30.28q	1.3	3
2 Pratt, Zachary	Southern Spr	31.37	30.31q	-0.2	1
3 Perry, Damari	Prominent Athletes	31.63	30.60q	1.1	2
4 Floyd, Eddison	Firebirds Athletic	32.26	30.75q	1.3	3
5 Clark, Cameron	Catonsville	31.18	31.28q	-0.2	1
6 Jones Jr, Justin	Cavalier Cav	31.39	31.38q	1.1	2
7 Roscoe, Andrew	Comets of Ch	31.68	31.57q	-0.2	1
8 Badu, Jerimiah	Glenarden Track	30.50	31.62q	1.1	2
9 Oshogbo, Basileus	Owings Mills Track	31.90	31.79	-0.2	1
10 McKinley, Yeshua	Southern Spr	31.43	32.30	1.3	3
11 Boyd III, Kenneth	Prominent Athletes	31.57	32.32	1.3	3
12 Meadows, Travis	House of Speed	31.93	32.62	1.1	2
13 Richardson, Montell	Richmond Hea	33.53	32.72	-0.2	1
14 Lawless, Colton	Dale City Li	33.66	32.74	-0.2	1
15 Jones, Malachi	Ebenezer A.M	32.17	33.94	1.3	3
16 Cherry III, Larry	12-Unattached	34.89	33.96	1.1	2
17 Pugh, Chris	Baltimore Ci	33.22	34.19	1.1	2
18 Kearney, Christian	Global Trans	35.14	34.86	1.3	3
19 Meyer, Kendall	Loudoun Legacy	35.06	34.96	1.3	3
20 Crawford, Brycen	Virginia Pri	35.31	35.38	1.1	2

200 Meter Dash 8 & Under Division Boys

Nat'l: N 27.92 7/30/2016 Braylon Thomas, 03 Fayettevi
 Region 3: R 28.68 7/10/2016 Braylon Thomas, Fayetteville

Name	Year	Team	Prelims	Finals	Wind	Points
------	------	------	---------	--------	------	--------

Finals

1 Pridgeon, Langston	Loudoun Legacy	30.28	29.76	-0.7
2 Pratt, Zachary	Southern Spr	30.31	30.14	-0.7
3 Perry, Damari	Prominent Athletes	30.60	30.24	-0.7
4 Floyd, Eddison	Firebirds Athletic	30.75	30.44	-0.7
5 Jones Jr, Justin	Cavalier Cav	31.38	31.12	-0.7
6 Roscoe, Andrew	Comets of Ch	31.57	31.34	-0.7
7 Clark, Cameron	Catonsville	31.28	31.93	-0.7
8 Badu, Jerimiah	Glenarden Track	31.62	32.73	-0.7

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****400 Meter Dash 8 & Under Division Boys**

=====					
Nat'l: N 1:03.30		8/1/2015	Sidi Nijie, Track Geo		
Region 3: R 1:04.61		7/12/2015	Brandon Leacock, Rolesville A		
Name	Year	Team	Seed	Prelims	H#
=====					
Preliminaries					
1	Harrison, Kristopher	Virginia Elite	1:11.41	1:08.81q	2
2	Dorsey, Terrence	Glenarden Track	1:09.18	1:12.42q	3
3	Pridgeon, Langston	Loudoun Legacy	1:10.97	1:13.14q	1
4	Tookhan, Kaden	Baltimore Ci	1:15.34	1:13.38q	2
5	Pratt, Zachary	Southern Spr	1:09.58	1:13.44q	2
6	McKinley, Yeshua	Southern Spr	1:15.46	1:13.52q	3
7	Freeman, Tyler	Glenarden Track	1:14.41	1:15.29q	2
8	Pugh, Chris	Baltimore Ci	1:14.18	1:16.93q	3
9	Roscoe, Andrew	Comets of Ch	1:09.82	1:17.02	1
10	Clark, Cameron	Catonsville	1:14.98	1:17.44	1
11	Carpenter, Jayden	F.I.A. Ambassadors	1:18.40	1:18.21	2
12	Meadows, Travis	House of Speed	1:15.03	1:18.49	1
13	Gardner, Nicholas	Glenarden Track	1:16.81	1:18.61	1
14	Trussell Jr, Kevin	Track Express Track	1:14.27	1:19.73	3
15	Lawless, Colton	Dale City Li	1:20.64	1:19.97	3
16	Corbin, Dylan	Glenarden Track	1:16.91	1:20.26	1
17	Boyd III, Kenneth	Prominent Athletes	1:16.76	1:22.11	3
18	Crawford, Brycen	Virginia Pri	1:28.27	1:22.96	2
19	Meyer, Kendall	Loudoun Legacy	1:22.15	1:25.97	3
20	Singleton II, Marcus	Dale City Li	1:24.99	1:30.19	2
21	Walker, Jeremiah	Tigers Elite	1:26.61	1:34.39	1
22	Savage, Xavier	Prominent Athletes	1:29.16	1:35.65	3

400 Meter Dash 8 & Under Division Boys

=====					
Nat'l: N 1:03.30		8/1/2015	Sidi Nijie, Track Geo		
Region 3: R 1:04.61		7/12/2015	Brandon Leacock, Rolesville A		
Name	Year	Team	Prelims	Finals	Points
=====					
Finals					
1	Harrison, Kristopher	Virginia Elite	1:08.81	1:07.27	
2	Pridgeon, Langston	Loudoun Legacy	1:13.14	1:10.24	
3	McKinley, Yeshua	Southern Spr	1:13.52	1:11.49	
4	Pratt, Zachary	Southern Spr	1:13.44	1:12.28	
5	Dorsey, Terrence	Glenarden Track	1:12.42	1:13.11	
6	Tookhan, Kaden	Baltimore Ci	1:13.38	1:13.21	
7	Pugh, Chris	Baltimore Ci	1:16.93	1:13.75	
8	Freeman, Tyler	Glenarden Track	1:15.29	1:15.15	

800 Meter Run 8 & Under Division Boys

=====					
Nat'l: N 2:28.59		7/29/2017	Grant Reynolds, 04-Mark Trai		
Region 3: R 2:36.67		7/7/2017	Arosen Randle Jr, Track Xplosion		
Name	Year	Team	Seed	Finals	H# Points
=====					
1	Harrison, Kristopher	Virginia Elite	2:53.88	2:44.53	2
2	Worsham, Alexander	Richmond Hea	3:01.40	2:51.09	2
3	Tookhan, Kaden	Baltimore Ci	2:50.50	2:51.55	2
4	Pugh, Chris	Baltimore Ci	2:50.15	2:52.14	2
5	Butler, Zion	Clinton Boys	2:51.18	2:56.80	2

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....800 Meter Run 8 & Under Division Boys

6	Trussell Jr, Kevin	Track Express Track	2:51.05	2:59.93	2
7	Adekeye, Noah	Bowie Boys &	3:07.82	3:05.95	2
8	Worthem, Marcel	Cobra Track	3:15.98	3:11.66	1
9	King, Lucas	Virginia Rap	3:34.74	3:11.78	1
10	Savoy III, Robert	Oxon Hill Bo	3:18.98	3:15.51	1
11	Khoury, Christopher	Loudoun Legacy	3:18.72	3:20.11	1
12	Singleton II, Marcus	Dale City Li	3:15.70	3:22.06	2
13	Young, Hunter	12-Unattached		3:50.45	1

1500 Meter Run 8 & Under Division Boys

Nat'l: N 5:08.52 8/2/2015 Daniel Skanders, 14 Unattached
 Region 3: R 5:23.97 7/13/2003 Josiah Jenkins, Boys & Girls

Name	Year Team	Seed	Finals	Points
1	Harrison, Kristopher Virginia Elite	5:52.51	5:50.45	
2	Osten, Elijah Fairfax Poli	6:02.20	6:04.44	
3	Worthem, Marcel Cobra Track	6:17.73	6:15.62	
4	Adekeye, Noah Bowie Boys &	6:16.74	6:26.43	
5	Savoy III, Robert Oxon Hill Bo	6:23.60	6:26.67	
6	King, Lucas Virginia Rap	6:32.47	6:32.96	
7	Sadler, Carson Tidewater Striders	6:50.92	6:46.07	

4x100 Meter Relay 8 & Under Division Boys

Nat'l: N 56.53 7/30/2016 06 Massey Miracle Run, 06 Massey Mi
 Griffin, Henderson Jr, Henderson, Jackson Jr
 Region 3: R 59.66 7/9/2011 Glenarden TC-0310, Glenarden TC
 L Colbert, T Hawkins, T Rankine, P Rawlings

Team	Seed	Finals	Points
1 Glenarden Track 'A'	1:01.92	1:02.69	
2 Cavalier Cavalette Track 'A'	1:04.57	1:04.67	
3 Glenarden Track 'B'	1:08.44	1:08.32	
4 Glenarden Track 'C'	1:08.61	1:10.07	
-- Glenarden Track 'D'	1:12.17	DNF	

4x400 Meter Relay 8 & Under Division Boys

Nat'l: N 4:40.82 7/27/2014 04-JackRabbit Track, 04-JackRabbi
 C Gaffney, D Williams, W Davis, J Patterson
 Region 3: R 4:51.57 7/10/2011 Jackrabbit Track Field Clinic-, Jackrabbit

Team	Seed	Finals	Points
1 Glenarden Track 'A'	5:30.56	5:12.40	
2:37.326 (2:37.326) 3:56.144 (1:18.818)	5:12.394 (1:16.250)		
2 Glenarden Track 'B'	5:44.00	5:28.14	
2:40.196 (2:40.196) 4:05.486 (1:25.290)	5:28.136 (1:22.650)		
3 Glenarden Track 'C'	5:44.79	5:56.28	
2:51.542 (2:51.542) 4:25.426 (1:33.884)	5:56.280 (1:30.854)		
4 Cavalier Cavalette Track 'A'	5:49.54	6:06.01	
2:45.124 (2:45.124) 4:21.958 (1:36.834)	6:06.010 (1:44.052)		
5 Firebirds Athletic 'A'	5:55.30	6:35.58	
3:00.164 (3:00.164) 4:39.256 (1:39.092)	6:35.572 (1:56.316)		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Long Jump 8 & Under Division Boys**

=====							
Nat'l: N 4.46m		7/28/2012	Kendrick Law, 06-Spar TC				
Region 3: R 4.26m		7/11/2014	Cameron Walker, High Point H				
Name	Year	Team	Seed	Finals	Wind		
=====							
1 Winfield, Jordan		East End Lig	3.41m	3.66m	-0.6	12-00.25	
	2.96m(-1.3)	3.24m(-0.8)	2.84m(0.9)	2.51m(-0.5)	3.66m(-0.6)	3.00m(1.2)	
2 Oshogbo, Basileus		Owings Mills Track	3.41m	3.62m	0.7	11-10.50	
	3.62m(0.7)	3.08m(1.3)	2.95m(+0.0)	2.92m(0.6)	3.27m(0.2)	2.91m(3.4)	
3 Meadows, Travis		House of Speed	3.41m	3.60m	1.2	11-09.75	
	3.04m(0.3)	3.22m(1.9)	3.24m(0.9)	3.34m(0.6)	3.37m(1.5)	3.60m(1.2)	
4 Jefferson, Kamari		Cavalier Cav	2.66m	3.39m	2.4	11-01.50	
	FOUL(0.8)	2.99m(0.5)	3.09m(2.2)	FOUL(1.3)	FOUL(2.4)	3.39m(2.4)	
5 Allen, Connor		House of Speed	3.06m	3.32m	1.6	10-10.75	
	3.02m(0.7)	2.78m(1.9)	FOUL(1.4)	3.02m(1.6)	3.31m(1.6)	3.32m(1.6)	
6 Foster z Jr, Artez		Richmond Hea	2.80m	3.14m	1.8	10-03.75	
	2.48m(-1.2)	2.69m(+0.0)	2.86m(0.2)	2.84m(1.6)	3.14m(1.8)	2.92m(+0.0)	
7 Jones, Malachi		Ebenezer A.M	3.02m	3.13m	1.1	10-03.25	
	3.13m(1.1)	FOUL(1.1)	3.01m(1.1)	FOUL(+0.0)	FOUL(+0.0)	3.13m(3.1)	
8 Worsham, Alexander		Richmond Hea	3.09m	3.10m	1.0	10-02.00	
	2.94m(+0.0)	2.98m(1.3)	2.73m(1.7)	3.10m(1.0)	3.09m(1.7)	2.97m(0.5)	
9 Carpenter, Jayden		F.I.A. Ambassadors	3.01m	3.03m	0.9	9-11.25	
	2.48m(1.6)	3.00m(1.5)	2.60m(+0.0)	2.83m(1.4)	3.03m(0.9)	2.99m(1.5)	
10 Cherry III, Larry		12-Unattached	2.68m	2.83m	+0.0	9-03.50	
	2.83m(+0.0)	2.32m(1.7)	2.72m(2.2)				
11 Kearney, Christian		Global Trans	2.66m	2.73m	+0.0	8-11.50	
	2.73m(+0.0)	2.08m(0.3)	2.17m(1.5)				
11 Albritton III, Timothy		Cavalier Cav	2.59m	2.73m	0.1	8-11.50	
	2.38m(+0.0)	2.73m(0.1)	2.15m(3.1)				
13 Walker, Jeremiah		Tigers Elite	3.11m	2.47m	2.0	8-01.25	
	2.44m(0.3)	1.91m(0.2)	2.47m(2.0)				
14 Simmons, Aaron		Richmond Spe	1.88m	2.33m	0.1	7-07.75	
	FOUL(0.4)	2.33m(0.1)	FOUL(1.7)				
15 Chatman, Kamari		FireStorm El	2.10m	2.06m	0.9	6-09.25	
	2.06m(0.9)	FOUL(+0.0)	FOUL(0.3)				
16 Ball, Dylan		Comets of Ch	1.43m	1.65m	1.0	5-05.00	
	1.55m(2.4)	FOUL(1.0)	1.65m(1.0)				

Shot Put 8 & Under Division Boys

=====							
Nat'l: N 10.41m		7/28/2016	Xavier Muhammad, 12 BeastMode				
Region 3: R 8.84m		7/11/2015	Jared Lockhart, Unattached				
Name	Year	Team	Seed	Finals			
=====							
1 Pugh, Christopher		12-Unattached	6.44m	6.37m	20-10.75		
	6.37m	5.66m	5.71m	5.89m	5.45m	5.19m	
2 James Jr, Michael		Dale City Li	6.44m	6.18m	20-03.50		
	5.81m	6.17m	5.72m	FOUL	6.18m	6.08m	
3 Simms, Bryant		Cavalier Cav	5.75m	5.44m	17-10.25		
	FOUL	4.99m	5.38m	4.88m	5.44m	4.47m	
4 Willie, Josiah		Virginia Elite		4.99m	16-04.50		
	3.92m	4.27m	4.65m	4.75m	4.63m	4.99m	
5 Lopez Jr, Brian		Firebirds Athletic	4.89m	4.49m	14-08.75		
	3.88m	3.69m	4.36m	4.10m	4.49m	4.39m	
6 Walker, Jeremiah		Tigers Elite	4.27m	3.89m	12-09.25		
	3.20m	3.58m	3.89m	FOUL	2.92m	3.06m	

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....Shot Put 8 & Under Division Boys

7	Sapunar, Daniel	Catonsville	4.31m	3.77m	12-04.50
	3.24m 2.99m 3.43m 3.48m 3.77m 3.24m				
8	Newell, Seth	Ebenezer A.M	3.34m	3.21m	10-06.50
	FOUL 3.02m 3.10m FOUL 3.21m FOUL				
9	Gathers, Nathan	Vision Elite	3.27m	3.05m	10-00.25
	FOUL 2.96m FOUL 3.05m FOUL FOUL				
10	Blackwell, Justin	Vision Elite	4.31m	2.18m	7-02.00
	2.10m FOUL 2.18m				

Javelin Throw 8 & Under Division Boys

Nat'l: N 33.29m 7/25/2012 Maalik Murphy, 15-Speed Cit						
Region 3: R 30.73m 7/12/2015 Jared Lockhart, Unattached						
Name	Year	Team	Seed	Finals		
1	Barnes, Xavier	Cavalier Cav	15.33m	20.46m	67-01	
	17.57m 17.66m 17.53m 19.39m 20.46m 17.56m					
2	Allen, Connor	House of Speed	14.98m	18.58m	60-11	
	17.08m 14.02m 18.58m FOUL 15.59m 16.19m					
3	James Jr, Michael	Dale City Li	18.47m	17.27m	56-08	
	15.39m 13.46m 15.20m 15.85m 17.25m 17.27m					
4	Lopez Jr, Brian	Firebirds Athletic	16.70m	16.07m	52-09	
	15.06m 14.32m 16.07m 14.14m FOUL 15.77m					
5	Branch, Amir	Glenarden Track	15.61m	14.85m	48-09	
	13.45m 12.32m 14.57m 14.85m 14.20m 14.82m					
6	Adams, Tensley	Glenarden Track	7.34m	13.49m	44-03	
	10.86m FOUL 9.63m 13.49m 13.43m 11.76m					
7	Willie, Josiah	Virginia Elite	12.67m	12.61m	41-04	
	8.46m 12.61m 11.09m FOUL 11.27m 10.59m					
8	Pugh, Christopher	12-Unattached	13.55m	11.96m	39-03	
	FOUL 8.80m 10.73m 11.96m 9.73m FOUL					
9	Saab, Jad	McLean Youth Track	13.34m	10.03m	32-11	
	9.93m 9.31m 10.03m 8.74m 8.57m 9.24m					
10	Simms, Bryant	Cavalier Cav	12.37m	9.19m	30-02	
	9.19m PASS PASS					
11	King, Lucas	Virginia Rap	10.24m	8.88m	29-02	
	7.61m 6.16m 8.88m					
12	Marsh-Brandes, Daniel	Vector Elite	10.75m	J8.88m	29-02	
	5.12m 6.95m 8.88m					
13	Gathers, Nathan	Vision Elite	8.08m	5.86m	19-03	
	4.89m 5.86m FOUL					
14	Martin, Harry	Loudoun Legacy	5.82m	4.55m	14-11	
	4.36m 4.00m 4.55m					

100 Meter Dash 9-10 Division Boys

Nat'l: N 11.69 6/5/2008 Darian Trout, Omaha, NE						
Region 3: R 12.76 7/13/2014 Nathan Leacock, Junior Strid						
Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Geter, Chase	12-Unattached	12.85	13.14q	NWI	1
2	Grant Jr, Tyrell	12-Unattached	13.10	13.17q	2.4	2
3	Badu, Aaron	Glenarden Track	13.31	13.41q	1.2	4
4	Murray, Brandon	Prominent Athletes	13.39	13.48q	1.2	4

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....100 Meter Dash 9-10 Division Boys

5	Myers, Xavier	Owings Mills Track	13.74	13.53q	2.4	2	
6	Onuzulike, Michael	10-Unattached	13.31	13.57q	0.3	3	
7	Church Jr, Shawn	Global Trans	13.51	13.66q	0.3	3	
8	Miller, Benjamin	Glenarden Track	13.91	13.96q	NWI	1	
9	Loggins, Julian	House of Speed	14.41	14.04	1.2	4	
10	Palmer, Isaiah	Baltimore Ci	14.23	14.11	2.4	2	14.103
11	Smith, Joshua-Kai	Dale City Li	13.89	14.11	NWI	1	14.104
12	Homer, Cameron	Southern Spr	14.46	14.23	2.4	2	
13	Taylor, Cameron	Virginia Rap	14.28	14.25	0.3	3	
14	Rouse Jr, Christopher	East End Lig	14.36	14.33	1.2	4	
15	Nero, Anthony	Glenarden Track	14.64	14.45	0.3	3	
16	Davis, Joel	House of Speed	14.62	14.47	2.4	2	
17	Mitchell-Alfaro, Jaron A	12-Unattached	14.56	14.52	NWI	1	
18	Milton, William	M180 Team Power	14.83	14.53	1.2	4	
19	Davis, Keenan	Pwc Panthers	14.45	14.55	0.3	3	
20	Gray, Brycen	Glenarden Track	14.66	14.60	1.2	4	
21	Robertson, Jeremiah	Loudoun Legacy	14.85	14.61	0.3	3	
22	Ashby, Christopher	Cavalier Cav	14.48	15.23	NWI	1	
23	Webb Jr, Stephfon	Tigers Elite	15.14	15.33	NWI	1	
24	Dell Jr, Laurence	Dale City Li	15.24	15.45	NWI	1	

100 Meter Dash 9-10 Division Boys

=====
 Nat'l: N 11.69 6/5/2008 Darian Trout, Omaha, NE
 Region 3: R 12.76 7/13/2014 Nathan Leacock, Junior Strid
 Name Year Team Prelims Finals Wind Points
 =====

Finals

1	Geter, Chase	12-Unattached	13.14	12.84	0.1	
2	Grant Jr, Tyrell	12-Unattached	13.17	13.08	0.1	
3	Church Jr, Shawn	Global Trans	13.66	13.37	0.1	
4	Badu, Aaron	Glenarden Track	13.41	13.40	0.1	
5	Myers, Xavier	Owings Mills Track	13.53	13.44	0.1	
6	Murray, Brandon	Prominent Athletes	13.48	13.71	0.1	
7	Miller, Benjamin	Glenarden Track	13.96	13.76	0.1	
8	Onuzulike, Michael	10-Unattached	13.57	13.80	0.1	

200 Meter Dash 9-10 Division Boys

=====
 Nat'l: N 25.77 7/23/2014 Dorian Friend, 16-Northside
 Region 3: R 26.23 7/12/2001 Stephen Hill, SW Gwinnett Express
 Name Year Team Seed Prelims Wind H#
 =====

Preliminaries

1	Geter, Chase	12-Unattached	26.44	26.68q	-0.7	1
2	Wilson, Quincy	Virginia Elite	26.68	26.89q	0.8	2
3	Grant Jr, Tyrell	12-Unattached	26.80	27.32q	0.9	3
4	Onuzulike, Michael	10-Unattached	27.69	28.22q	0.1	4
5	Freeman III, Warren	Dale City Li	28.50	28.33q	0.8	2
6	Parker Jr, Joshua	Southern Spr	28.63	28.35q	-0.7	1
7	Murray, Brandon	Prominent Athletes	27.87	28.45q	0.1	4
8	Smith, Joshua-Kai	Dale City Li	28.60	28.73q	-0.7	1
9	Dixon, Myles	FireStorm El	28.65	28.81	0.8	2
10	Crawford, Kylar	Dale City Li	29.84	28.92	0.9	3
11	Jones, Arthur	Ebenezer A.M	28.98	29.24	0.9	3

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....200 Meter Dash 9-10 Division Boys

12	Myers, Xavier	Owings Mills Track	28.19	29.25	0.9	3	
13	Howard II, Shaun	FireStorm El	30.30	29.45	0.9	3	
14	Loggins, Julian	House of Speed	29.17	29.51	0.1	4	
15	Palmer, Isaiah	Baltimore Ci	29.26	29.69	0.1	4	
16	Best, Elijah	Usa-Ja	30.69	30.12	0.9	3	
17	Milton, William	M180 Team Power	30.68	30.15	0.1	4	
18	Homer, Cameron	Southern Spr	30.71	30.16	0.8	2	
19	Mitchell-Alfaro, Jaron A	12-Unattached		30.25	0.9	3	
20	Small Jr, Patrick	Glenarden Track	30.84	30.28	-0.7	1	30.279
21	Davis, Donte	i5 Elite	30.46	30.28	0.1	4	30.280
22	Rouse Jr, Christopher	East End Lig	30.16	30.57	0.8	2	
23	Gray, Brycen	Glenarden Track	30.11	30.59	-0.7	1	
24	Taylor, Cameron	Virginia Rap	30.01	30.61	0.8	2	
25	Davis, Keenan	Pwc Panthers	30.02	31.03	-0.7	1	
26	Corbin, Jacob	Richmond Hea	31.94	31.51	-0.7	1	
27	Robertson, Jeremiah	Loudoun Legacy	32.17	32.44	0.8	2	

200 Meter Dash 9-10 Division Boys

=====						
Nat'l:	N	25.77	7/23/2014	Dorian Friend, 16-Northside		
Region 3:	R	26.23	7/12/2001	Stephen Hill, SW Gwinnett Express		
Name	Year	Team	Prelims	Finals	Wind	Points
=====						

Finals

1	Wilson, Quincy	Virginia Elite	26.89	26.18R	0.5	
2	Geter, Chase	12-Unattached	26.68	26.23R	0.5	
3	Grant Jr, Tyrell	12-Unattached	27.32	26.59	0.5	
4	Parker Jr, Joshua	Southern Spr	28.35	27.88	0.5	
5	Murray, Brandon	Prominent Athletes	28.45	28.07	0.5	
6	Smith, Joshua-Kai	Dale City Li	28.73	28.11	0.5	
7	Freeman III, Warren	Dale City Li	28.33	28.36	0.5	
8	Onuzulike, Michael	10-Unattached	28.22	28.38	0.5	

400 Meter Dash 9-10 Division Boys

=====						
Nat'l:	N	58.31	7/9/2017	Brandon Leacock, 03-Rolesvill		
Name	Year	Team	Seed	Prelims	H#	
=====						

Preliminaries

1	Wilson, Quincy	Virginia Elite	59.27	59.63q	1	
2	Hudson-McGlown, Naye Ron	Virginia Elite	1:01.75	1:02.16q	3	
3	Grant Jr, Tyrell	12-Unattached	1:01.00	1:04.92q	2	
4	Murray, Brandon	Prominent Athletes	1:05.07	1:05.41q	1	
5	Onuzulike, Michael	10-Unattached	1:02.92	1:07.15q	3	
6	Myers, Xavier	Owings Mills Track	1:06.49	1:08.22q	3	
7	Parker Jr, Joshua	Southern Spr	1:06.00	1:08.52q	2	
8	Omopariola, Kaden	Baltimore Ci	1:09.76	1:08.70q	3	
9	Dixon, Myles	FireStorm El	1:05.57	1:08.98	1	
10	Best, Elijah	Usa-Ja	1:07.28	1:09.18	1	
11	Milton, William	M180 Team Power	1:07.00	1:09.66	2	
12	Howard II, Shaun	FireStorm El	1:06.46	1:10.17	3	
13	Stephens, Grant	Glenarden Track	1:08.77	1:10.51	2	
14	Parker, Justin	Southern Spr	1:14.00	1:12.76	3	
15	Homer, Cameron	Southern Spr	1:08.62	1:13.14	1	
16	Mitchell-Alfaro, Jaron A	12-Unattached	1:15.00	1:14.34	2	

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....400 Meter Dash 9-10 Division Boys

17 Simmons, Gabriel	Pwc Panthers	1:17.77	1:14.64	3
18 Thombs, Dylan	East End Lig	1:17.47	1:17.14	2
19 Bryson, Jaylen	Dale City Li	1:16.78	1:21.58	1

400 Meter Dash 9-10 Division Boys

Nat'l: N 58.31 7/9/2017 Brandon Leacock, 03-Rolesvill

Name	Year	Team	Prelims	Finals	Points
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Finals

1 Wilson, Quincy	Virginia Elite	59.63	58.83	
2 Hudson-McGlown, Naye Ron	Virginia Elite	1:02.16	1:02.05	
3 Grant Jr, Tyrell	12-Unattached	1:04.92	1:02.41	
4 Murray, Brandon	Prominent Athletes	1:05.41	1:04.68	
5 Onuzulike, Michael	10-Unattached	1:07.15	1:05.42	
6 Myers, Xavier	Owings Mills Track	1:08.22	1:05.44	
7 Parker Jr, Joshua	Southern Spr	1:08.52	1:08.31	
8 Omopariola, Kaden	Baltimore Ci	1:08.70	1:08.61	

800 Meter Run 9-10 Division Boys

Nat'l: N 2:18.51 7/29/2017 Brandon Leacock, 03-Rolesvill

Region 3: R 2:20.03 7/7/2017 Brandon Leacock, Rolesville

Name	Year	Team	Seed	Finals	H#	Points
------	------	------	------	--------	----	--------

1 Hudson-McGlown, Naye Ron	Virginia Elite	2:29.69	2:27.71	1
2 Freeman III, Warren	Dale City Li	2:42.07	2:36.40	1
3 Brown, Shane	Owings Mills Track	2:41.36	2:37.73	1
4 Omopariola, Kaden	Baltimore Ci	2:30.00	2:40.52	1
5 Parker Jr, Joshua	Southern Spr	2:34.44	2:41.57	1
6 Butler, Zachary	Clinton Boys	2:44.40	2:41.61	2
7 Parker, Justin	Southern Spr	2:39.92	2:41.63	1
8 Diaz, Jaiden	Virginia Pri	2:45.79	2:45.75	2
9 Robinson, Sean Michael	Dale City Li	2:53.77	2:45.81	2
10 Branch, Camden	Track Express Track	2:41.19	2:48.97	1
11 Fries, Connor	Bullseye Running	2:47.52	2:49.35	2
12 Metcalfe, Silas	Pwc Panthers	2:58.94	2:57.18	2
13 Vincent, Carter	Marlboro Boy	2:48.71	2:57.36	2
14 Simms, Jameir	Mach 1 Track	2:49.45	2:59.69	2
15 Gibbs, Jeremiah	Dale City Li	3:09.69	3:02.54	3
16 Thombs, Dylan	East End Lig	3:03.99	3:12.17	2
17 Angles, Joshua	Gloucester Y	3:25.41	3:23.40	3
18 Ferrie, Tyson	Gloucester Y	3:56.40	3:48.27	3

1500 Meter Run 9-10 Division Boys

Nat'l: N 4:38.63 7/30/2017 Daniel Skandera, 14-38-Unatta

Region 3: R 4:49.40 7/10/2005 Josiah Jenkins, NS Red Runners

Name	Year	Team	Seed	Finals	Points
------	------	------	------	--------	--------

1 Hudson-McGlown, Naye Ron	Virginia Elite		5:19.07	
2 Tafe, Michael	Virginia Pri	5:36.28	5:29.28	
3 Robinson, Sean Michael	Dale City Li	5:51.52	5:31.81	
4 Diaz, Jaiden	Virginia Pri	5:36.25	5:36.21	
5 Griggs, Mark	Ft. Belvoir	5:40.96	5:43.43	

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....1500 Meter Run 9-10 Division Boys

6 Mellon, Brayden	McLean Youth Track	5:56.42	5:51.80
7 Lavelle, Dario	Err Arrows	5:46.54	5:53.41
8 Young, Ryan	Clinton Boys	5:40.93	5:53.78
9 Dehn, Teddy	McLean Youth Track	5:43.67	5:55.43
10 Fitzsimmons, James	Catonsville	5:54.50	5:58.02
11 Chamber, Timothy	Bowie Boys &	5:59.76	5:58.12
12 Monoki, Viktor	Fairfax Poli	6:03.61	6:05.63
13 Metcalfe, Silas	Pwc Panthers	5:51.85	6:09.73
14 Gibbs, Jeremiah	Dale City Li	6:21.29	6:09.91
15 Solomon, Chase	Track Express Track	6:11.96	6:20.17

4x100 Meter Relay 9-10 Division Boys

Nat'l: N 51.63 8/3/2003 Miami Metro-Dade, Miami, FL
 Leo Simmons, Darryl Brown, Shaquille Kearse, Ranne
 Region 3: R 52.76 7/9/2011 Living Waters Athletics-0310, Living Water
 A Allen, C Dean, J Parson, R Willie

Team	Seed	Finals	Points
1 Glenarden Track 'A'	54.81	55.91	
2 Dale City Lightning Track Cl 'A'	1:10.20	57.40	
3 Glenarden Track 'B'	59.03	58.88	
4 Glenarden Track 'C'	1:00.25	59.96	
5 Firebirds Athletic 'A'	1:00.44	1:00.59	
6 Glenarden Track 'D'	1:05.54	1:06.84	

4x400 Meter Relay 9-10 Division Boys

Nat'l: N 4:09.33 7/31/2016 04 Jackrabbit Track & Field Cl, 04 Jackrabb
 E Pearson III, J Patterson, C Gaffney, E Ervin
 Region 3: R 4:23.89 7/9/2004 45 Titans, Titans
 C Gamble, D Hawkins, C Washington, Q Hill

Team	Seed	Finals	Points
1 Glenarden Track 'A'	4:52.66	4:45.20	
2:24.085 (2:24.085) 3:33.523 (1:09.438) 4:45.193 (1:11.670)			
2 Glenarden Track 'B'	5:30.28	4:56.12	
2:26.793 (2:26.793) 3:43.121 (1:16.328) 4:56.119 (1:12.998)			
3 Firebirds Athletic 'A'	5:06.40	5:00.41	
2:22.345 (2:22.345) 3:44.051 (1:21.706) 5:00.409 (1:16.358)			

High Jump 9-10 Division Boys

Nat'l: N 1.60m 6/30/2010 Sean Lee, Cerritos, CA
 Region 3: R 1.25m 7/7/2017 Jared Lockhart, 13-Unattache

Name	Year	Team	Seed	Finals	Points
1 Church Jr, Shawn		Global Trans	1.15m	1.25mR	4-01.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.33					
P P P P O O O O P					
2 Dent Jr, Donte		Global Trans	1.30m	J1.25mR	4-01.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.33					
P P P P O O O XXO XXX					

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....High Jump 9-10 Division Boys

3	Stovall, Gavin	Tigers Elite	1.15m	1.10m	3-07.25
	0.90 0.95 1.00 1.05 1.10 1.15				
	P P O O O XXX				
4	Dupins III, Cedrick	Vision Elite	1.07m	J1.10m	3-07.25
	0.90 0.95 1.00 1.05 1.10 1.15				
	P O O O XO XXX				
5	Fries, Connor	Bullseye Running	1.17m	J1.10m	3-07.25
	0.90 0.95 1.00 1.05 1.10 1.15				
	P O O XO XO XXX				
5	Griggs, Mark	Ft. Belvoir	0.97m	J1.10m	3-07.25
	0.90 0.95 1.00 1.05 1.10 1.15				
	P P O XO XO XXX				
7	Webb Jr, Stephfon	Tigers Elite	1.10m	1.05m	3-05.25
	0.90 0.95 1.00 1.05 1.10				
	O O O O XXX				
8	Veney, David	East End Lig	1.05m	1.00m	3-03.25
	0.90 0.95 1.00 1.05				
	O O O XXX				

Long Jump 9-10 Division Boys

=====							
	Nat'l: N	5.08m	7/27/2014	Kendrick Law,	06-Spar	TC	
	Region 3: R	4.73m	7/1995	Billy Lawal	Ed Waters	TC	PV
Name	Year	Team	Seed	Finals	Wind	Points	
=====							
1	Church Jr, Shawn	Global Trans	4.35m	4.81mR	0.9	15-09.50	
	4.61m(0.7)	4.78m(1.1)	4.65m(-0.4)	4.37m(1.1)	4.81m(0.9)	4.47m(0.1)	
2	Badu, Aaron	Glenarden Track	4.66m	4.74mR	0.6	15-06.75	
	4.35m(-0.2)	4.21m(1.3)	4.74m(0.6)	4.48m(1.0)	FOUL(-0.2)	FOUL(2.8)	
3	Dent Jr, Donte	Global Trans	4.19m	4.53m	-0.2	14-10.50	
	4.53m(-0.2)	4.14m(0.4)	4.00m(2.2)	3.58m(-0.3)	FOUL(-2.6)	FOUL(0.2)	
4	Crawford, Kylar	Dale City Li	4.07m	4.51m	1.1	14-09.75	
	4.39m(-1.0)	4.28m(-0.5)	4.51m(1.1)	3.51m(0.2)	4.14m(-1.5)	4.07m(-1.2)	
5	Taylor, Cameron	Virginia Rap	4.12m	4.33m	1.8	14-02.50	
	4.13m(-0.3)	4.31m(1.0)	4.23m(2.7)	3.63m(1.0)	4.33m(1.8)	3.89m(-1.6)	
6	Davis, Joel	House of Speed	3.98m	4.23m	+0.0	13-10.50	
	4.21m(0.9)	3.34m(-1.0)	4.23m(+0.0)	4.03m(0.7)	FOUL(0.9)	3.22m(1.1)	
7	Howard II, Shaun	FireStorm El	4.23m	4.16m	-0.1	13-07.75	
	3.77m(-0.9)	4.01m(1.4)	4.15m(-0.1)	FOUL(-0.7)	4.16m(-0.1)	3.94m(1.2)	
8	Fries, Connor	Bullseye Running	3.98m	4.08m	1.2	13-04.75	
	4.08m(0.3)	4.08m(1.2)	4.00m(-1.1)	3.77m(1.1)	FOUL(+0.0)	4.02m(0.4)	
9	Loggins, Julian	House of Speed	3.29m	4.04m	0.1	13-03.25	
	4.04m(0.1)	3.33m(0.2)	3.73m(0.4)	FOUL(0.5)	3.74m(+0.0)	FOUL(4.2)	
10	Dixon, Myles	FireStorm El	4.04m	3.92m	2.0	12-10.50	
	3.88m(0.9)	3.90m(0.5)	3.92m(2.0)				
11	Jones, Arthur	Ebenezer A.M	4.01m	3.91m	+0.0	12-10.00	
	3.62m(0.9)	3.89m(-1.4)	3.91m(+0.0)				
12	Stovall, Gavin	Tigers Elite	3.17m	3.89m	0.9	12-09.25	
	FOUL(1.4)	3.89m(0.9)	3.77m(1.7)				
13	Best, Elijah	Usa-Ja	3.24m	3.86m	1.3	12-08.00	
	FOUL(-0.7)	3.86m(1.3)	3.69m(1.2)				
14	Rouse Jr, Christopher	East End Lig	3.54m	3.54m	0.8	11-07.50	
	3.27m(0.8)	FOUL(0.8)	3.54m(0.8)				
15	Thombs, Dylan	East End Lig	3.15m	3.45m	2.7	11-04.00	
	FOUL(1.4)	3.40m(-1.5)	3.45m(2.7)				

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....Long Jump 9-10 Division Boys

16 Gray, Jaden	Central Virg	3.24m	3.29m	-0.2	10-09.50
3.29m(-0.2) FOUL(0.6) 3.18m(1.2)					
17 Johnson, Desmond	Richmond Hea	2.84m	3.20m	0.5	10-06.00
3.00m(0.3) 3.20m(0.5) FOUL(-0.3)					
-- Johnson, Brayl'n	Gloucester Y	2.61m	FOUL		
FOUL(0.3) FOUL(0.5) FOUL(1.7)					
-- Palmer, Isaiah	Baltimore Ci	3.59m	FOUL		
FOUL(0.6) FOUL(0.2) FOUL(0.1)					

Shot Put 9-10 Division Boys

Nat'l: N 13.40m 7/28/2012 Dylan Carter, Unattached							
Name	Year	Team	Seed	Finals	Points		
1 Amadi, Gabriel		301 Panthers	8.83m	9.00m	29-06.50		
8.28m 8.22m 7.90m 8.07m 8.45m 9.00m							
2 Pratt, Prince		Southern Spr	6.78m	7.43m	24-04.50		
7.43m 6.94m 6.53m 6.68m 6.93m 6.78m							
3 Lemon, Bryan		House of Speed	6.56m	6.93m	22-09.00		
6.41m 6.30m 6.56m 6.93m 6.43m 6.24m							
4 Moore, Bryan		Clinton Boys	6.49m	6.87m	22-06.50		
6.47m 6.87m 6.80m 6.17m FOUL 5.92m							
5 Lovelace, Lorenzo		Southern Spr	6.87m	6.66m	21-10.25		
6.66m 6.52m 6.43m 6.61m 6.42m 5.94m							
6 Dupins III, Cedrick		Vision Elite	7.03m	6.64m	21-09.50		
6.31m 6.53m 5.74m 6.39m 6.64m 5.86m							
7 Knight, Jacob		Ft. Belvoir	6.24m	6.31m	20-08.50		
6.10m 6.01m FOUL 5.49m 6.02m 6.31m							
8 Griggs, Mark		Ft. Belvoir	5.71m	6.18m	20-03.50		
5.34m 5.44m 5.54m 5.72m 6.18m 5.92m							
9 Webb Jr, Stephfon		Tigers Elite	5.58m	6.07m	19-11.00		
6.07m 5.48m 5.97m 5.69m 5.50m 5.26m							
10 Griffith, Blake		10-Unattached	5.82m	5.53m	18-01.75		
5.53m 5.14m 5.17m							
11 Veney, David		East End Lig	5.55m	5.31m	17-05.25		
5.31m 4.60m 5.21m							
12 Simmons, Gabriel		Pwc Panthers	5.55m	5.23m	17-02.00		
5.23m 4.82m 4.65m							
13 Johnson, Michael		Mach 5 Athletics	5.26m	5.22m	17-01.50		
4.88m 4.84m 5.22m							
14 Pegram III, George		Firebirds Athletic	5.78m	4.92m	16-01.75		
4.43m 4.78m 4.92m							

Javelin Throw 9-10 Division Boys

Nat'l: N 44.18m 7/27/2016 Eugene Brooks IV, 15 Las Vegas							
Region 3: R 38.56m 7/12/2008 Livingston Morris, 45 Etowah							
Name	Year	Team	Seed	Finals	Points		
1 Pegram III, George		Firebirds Athletic	25.23m	23.86m	78-03		
23.08m 21.21m 21.99m 22.47m 23.49m 23.86m							
2 Davis, Keenan		Pwc Panthers	23.37m	21.90m	71-10		
20.52m 20.08m 18.90m 21.90m 20.20m 21.14m							
3 Smith, Antonio		Baltimore Ci	23.69m	21.50m	70-06		
FOUL 21.50m FOUL 18.68m 19.35m 20.78m							

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4	Lovelace, Lorenzo	Southern Spr	20.80m	20.70m	67-11
	20.67m 18.86m 18.95m	FOUL 20.70m 19.53m			
5	Dupins III, Cedrick	Vision Elite	18.15m	20.63m	67-08
	19.48m 18.69m 15.16m	17.17m FOUL 20.63m			
6	Butler III, Kenneth	Firebirds Athletic	22.64m	20.04m	65-09
	16.74m 16.57m 20.04m	FOUL 19.22m 17.44m			
7	Boras, Filip	Ft. Belvoir	17.48m	19.67m	64-06
	19.53m 16.49m 19.67m	16.97m 18.03m 17.59m			
8	Bryson, Jaylen	Dale City Li	20.87m	18.69m	61-04
	FOUL 17.65m 18.67m	15.75m 18.69m 18.25m			
9	Lemon, Bryan	House of Speed	18.09m	17.15m	56-03
	17.15m 15.16m 14.53m	16.19m 12.53m FOUL			
10	Marsh-Brandes, Alexander	Vector Elite	19.53m	17.08m	56-00
	11.93m 17.08m	FOUL			
11	Dehn, Teddy	McLean Youth Track	20.34m	16.77m	55-00
	14.83m 13.36m	16.77m			
12	Johnson, Michael	Mach 5 Athletics	17.51m	16.65m	54-07
	14.44m 16.65m	15.82m			
13	Metcalfe, Silas	Pwc Panthers	16.31m	13.46m	44-02
	9.74m 10.36m	13.46m			

Triathlon: #1 400 Meter Dash 9-10 Division Boys Triathlon

Region 3: R 1:06.42 7/7/2017 Jared Lockhart, 13-Unattache

Name	Year Team	Finals	H#	Points
1 Murray, Brandon	Prominent Athletes	1:02.96R	2	318
2 Onuzulike, Michael	10-Unattached	1:03.51R	1	302
3 Freeman III, Warren	Dale City Li	1:04.29R	1	279
4 Dixon, Myles	FireStorm El	1:05.26R	1	252
5 Howard II, Shaun	FireStorm El	1:08.59	1	168
6 Jones, Arthur	Ebenezer A.M	1:09.98	1	138
7 Smith, Joshua-Kai	Dale City Li	1:11.28	2	112
8 Tulloch, Omar	Ebenezer A.M	1:11.88	2	101
9 Simmons, Gabriel	Pwc Panthers	1:13.11	2	80
10 Tulloch, Ozias	Ebenezer A.M	1:15.83	2	41
11 Dupins III, Cedrick	Vision Elite	1:16.08	2	38
12 Bryson, Jaylen	Dale City Li	1:16.54	2	33
13 Griggs, Mark	Ft. Belvoir	1:20.02	1	5
14 Johnson, Desmond	Richmond Hea	1:29.42	1	

Triathlon: #3 High Jump 9-10 Division Boys Triathlon

Name	Year Team	Finals	Points
1 Jones, Arthur	Ebenezer A.M	1.30m	4-03.25 250
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35		
	O O O O XO O O XO O XXX		
2 Smith, Joshua-Kai	Dale City Li	1.25m	4-01.25 218
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30		
	P O O O O O O XO XXX		
2 Tulloch, Omar	Ebenezer A.M	1.25m	4-01.25 218
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30		
	P O O O O O O XXO XXX		

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....Triathlon: #3 High Jump 9-10 Division Boys Triathlon

4	Murray, Brandon	Prominent Athletes	1.20m	3-11.25	188
	0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25				
	P P P XO O XO XO XXX				
5	Dixon, Myles	FireStorm El	1.15m	3-09.25	159
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	P P O O XXO XO XXX				
5	Howard II, Shaun	FireStorm El	1.15m	3-09.25	159
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	O O XO XO O XXO XXX				
5	Griggs, Mark	Ft. Belvoir	1.15m	3-09.25	159
	0.90 0.95 1.00 1.05 1.10 1.15 1.20				
	P P O O O XO XXX				
8	Dupins III, Cedrick	Vision Elite	1.10m	3-07.25	131
	0.90 0.95 1.00 1.05 1.10 1.15				
	P O O O XO XXX				
8	Freeman III, Warren	Dale City Li	1.10m	3-07.25	131
	0.90 0.95 1.00 1.05 1.10 1.15				
	O O O XO XO XXX				
8	Simmons, Gabriel	Pwc Panthers	1.10m	3-07.25	131
	0.90 0.95 1.00 1.05 1.10 1.15				
	XO O O XXO XXO XXX				
11	Tulloch, Ozias	Ebenezer A.M	1.05m	3-05.25	105
	0.90 0.95 1.00 1.05 1.10				
	O O O XXO XXX				
11	Onuzulike, Michael	10-Unattached	1.05m	3-05.25	105
	0.90 0.95 1.00 1.05 1.10				
	XO O XO XO XXX				
13	Bryson, Jaylen	Dale City Li	0.95m	3-01.25	59
	0.90 0.95 1.00				
	XXO XO XXX				
13	Johnson, Desmond	Richmond Hea	0.95m	3-01.25	59
	0.90 0.95 1.00				
	XO XXO XXX				

Triathlon: #2 Shot Put 9-10 Division Boys Triathlon

Region 3: R 8.91m 7/7/2017 Jared Lockhart, 13-Unattache					
Name	Year	Team	Finals		Points
1 Freeman III, Warren		Dale City Li	7.13m	23-04.75	315
	6.58m 6.66m 7.13m				
2 Onuzulike, Michael		10-Unattached	6.55m	21-06.00	281
	6.55m FOUL 6.27m				
3 Dixon, Myles		FireStorm El	6.39m	20-11.75	272
	5.90m 6.25m 6.39m				
4 Dupins III, Cedrick		Vision Elite	6.35m	20-10.00	269
	5.63m 6.35m 6.17m				
5 Jones, Arthur		Ebenezer A.M	6.08m	19-11.50	253
	4.89m 4.92m 6.08m				
6 Murray, Brandon		Prominent Athletes	6.00m	19-08.25	249
	5.04m 6.00m 5.02m				
7 Howard II, Shaun		FireStorm El	5.91m	19-04.75	244
	5.53m 5.91m 5.85m				
8 Simmons, Gabriel		Pwc Panthers	5.79m	19-00.00	237
	5.52m FOUL 5.79m				

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....Triathlon: #2 Shot Put 9-10 Division Boys Triathlon

9	Bryson, Jaylen	Dale City Li	5.69m	18-08.00	231
	5.27m 5.69m 5.46m				
10	Smith, Joshua-Kai	Dale City Li	5.62m	18-05.25	227
	5.07m 4.80m 5.62m				
11	Tulloch, Omar	Ebenezer A.M	5.42m	17-09.50	215
	5.15m 4.42m 5.42m				
12	Griggs, Mark	Ft. Belvoir	5.15m	16-10.75	200
	4.80m 4.63m 5.15m				
13	Johnson, Desmond	Richmond Hea	4.68m	15-04.25	173
	4.18m 3.61m 4.68m				
14	Tulloch, Ozias	Ebenezer A.M	4.57m	15-00.00	166
	4.57m 4.09m 3.98m				

Triathlon 9-10 Division Boys

=====						
	Nat'l: N	1236	7/24/2012	Ashton Allen, Living Waters TC		
	Region 3: R	871	7/1990	Tyler Cain Northside Red Runners GA		
	Name		Year Team	Seed	Finals	Points
=====						
1	Murray, Brandon		Prominent Athletes		755	10
2	Freeman III, Warren		Dale City Li		725	8
3	Onuzulike, Michael		10-Unattached		688	6
4	Dixon, Myles		FireStorm El		683	5
5	Jones, Arthur		Ebenezer A.M		641	4
6	Howard II, Shaun		FireStorm El		571	3
7	Smith, Joshua-Kai		Dale City Li		557	2
8	Tulloch, Omar		Ebenezer A.M		534	1
9	Simmons, Gabriel		Pwc Panthers		448	
10	Dupins III, Cedrick		Vision Elite		438	
11	Griggs, Mark		Ft. Belvoir		364	
12	Bryson, Jaylen		Dale City Li		323	
13	Tulloch, Ozias		Ebenezer A.M		312	
14	Johnson, Desmond		Richmond Hea		232	

1500 Meter Race Walk 9-10 Division Boys

=====						
	Nat'l: N	7:13.01	7/2/1992	Tristan Ruoss, Fayetteville, AR		
	Region 3: R	8:41.39	7/12/2001	Andrew Adams, Spartanburg Striders		
	Name		Year Team	Seed	Finals	Points
=====						
1	Joy, Diovanni		Clinton Boys		13:27.12	
2	Brown, Avery		Cavalier Cav		13:53.44	

100 Meter Dash 11-12 Division Boys

=====						
	Nat'l: N	11.64	7/26/2009	Bryce Love, Carolina Elite/Dunham, NC		
	Region 3: R	11.88	7/1998	Michael Grant Unattached GA		
	Name		Year Team	Seed	Prelims	Wind H#
=====						
Preliminaries						
1	Howard, Donte		Full Speed A	12.15	12.35q 0.8	3
2	Woods, Jason		Cobra Track	12.51	12.38q 1.5	2
3	Earls, Shamari		12-Unattached	12.55	12.68q -0.2	1
4	Sanchez, Santino		Owings Mills Track	12.79	12.80q 1.5	2
5	Southall, Xavier		Cobra Track	13.15	13.06q 1.5	2

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....100 Meter Dash 11-12 Division Boys

6	Wilbon, Christian	10-Unattached	12.94	13.07q	0.8	3
7	Okanlawon, Zion	Glenarden Track	13.51	13.08q	-0.2	1
8	Edwards, Carson	Full Speed A	13.09	13.14q	0.8	3
9	Sloan, Cason	Glenarden Track	13.20	13.19	-0.2	1
10	Morrow Jr, James	Full Speed A	13.40	13.24	1.5	2
11	Warmington, Kyle	Usa-Ja	13.52	13.26	-0.2	1
12	Green Jr, Mickey	Southern Spr	13.22	13.29	1.5	2
13	Harrell, Derrick	Virginia Elite	13.19	13.52	-0.2	1
14	Al-Amin, Farraj	Dale City Li	13.31	13.76	0.8	3
15	Jackson, Nyrikius	Loudoun Legacy	13.71	13.84	1.5	2

100 Meter Dash 11-12 Division Boys

=====
 Nat'1: N 11.64 7/26/2009 Bryce Love, Carolina Elite/Dunham,NC
 Region 3: R 11.88 7/1998 Michael Grant Unattached GA
 Name Year Team Prelims Finals Wind Points
 =====

Finals

1	Howard, Donte	Full Speed A	12.35	12.25	1.5
2	Woods, Jason	Cobra Track	12.38	12.29	1.5
3	Earls, Shamari	12-Unattached	12.68	12.45	1.5
4	Sanchez, Santino	Owings Mills Track	12.80	12.70	1.5
5	Wilbon, Christian	10-Unattached	13.07	12.96	1.5
6	Okanlawon, Zion	Glenarden Track	13.08	13.08	1.5
7	Edwards, Carson	Full Speed A	13.14	13.11	1.5
8	Southall, Xavier	Cobra Track	13.06	13.17	1.5

200 Meter Dash 11-12 Division Boys

=====
 Nat'1: N 23.34 7/27/2016 Thomas Williams II, 09 Oklahoma
 Region 3: R 24.05 7/15/2007 Xavier Jones, 13 Blazers
 Name Year Team Seed Prelims Wind H#
 =====

Preliminaries

1	Woods, Jason	Cobra Track	25.78	25.21q	-1.8	1
2	Howard, Donte	Full Speed A	25.49	25.52q	1.3	3
3	Earls, Shamari	12-Unattached	25.61	25.80q	-1.4	2
4	Bennett, Jaylen	Team Acceler	26.95	26.38q	1.3	3
5	Anthony, Jonathan	Ft. Belvoir	26.74	26.47q	1.3	3
6	Sanchez, Santino	Owings Mills Track	26.64	26.65q	-1.4	2
7	Southall, Xavier	Cobra Track	27.79	26.84q	1.3	3
8	Morrow Jr, James	Full Speed A	27.43	27.29q	-1.8	1
9	Wilbon, Christian	10-Unattached	27.32	27.57	-1.4	2
10	Hallums, Christian	i5 Elite	27.48	27.59	-1.8	1
11	Sabbakhan, Amari	Firebirds Athletic	27.89	27.67	-1.4	2
12	Green Jr, Mickey	Southern Spr	27.50	28.02	-1.4	2
13	Ridley, Jaelon	12-Unattached	28.96	28.71	-1.8	1
14	Bullock, Kemari	New Wave Track	27.77	29.29	1.3	3
15	Jackson, Nyrikius	Loudoun Legacy	29.25	29.57	-1.4	2
16	Jackson, John	Richmond Hea	30.41	29.80	1.3	3
17	Simmons, Nathaniel	Pwc Panthers	30.98	30.58	1.3	3

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200 Meter Dash 11-12 Division Boys

=====						
Nat'l: N 23.34		7/27/2016	Thomas Williams II, 09 Oklahoma			
Region 3: R 24.05		7/15/2007	Xavier Jones, 13 Blazers			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Woods, Jason	Cobra Track	25.21	24.79	0.9	
2	Howard, Donte	Full Speed A	25.52	25.16	0.9	
3	Earls, Shamari	12-Unattached	25.80	25.32	0.9	
4	Bennett, Jaylen	Team Acceler	26.38	26.42	0.9	
5	Sanchez, Santino	Owings Mills Track	26.65	26.54	0.9	
6	Anthony, Jonathan	Ft. Belvoir	26.47	26.70	0.9	
7	Southall, Xavier	Cobra Track	26.84	27.47	0.9	
8	Morrow Jr, James	Full Speed A	27.29	31.09	0.9	

400 Meter Dash 11-12 Division Boys

=====						
Nat'l: N 50.75		8/2/2009	Bryce Love, Carolina Elite/Raleigh,N			
Region 3: R 53.22		7/15/2007	Xavier Jones, 13 Blazers			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Mitchell, Xavier	Tigers Elite	58.97	57.03q	1	
2	Woods, Jason	Cobra Track	57.97	57.77q	3	
3	Earls, Shamari	12-Unattached	1:00.95	59.16q	3	
4	Johnson, Brendan	Baltimore Ci	1:01.65	1:00.30q	1	
5	Bennett, Jaylen	Team Acceler	59.24	1:00.72q	1	
6	Anthony, Jonathan	Ft. Belvoir	58.51	1:01.60q	2	
7	Gresham, Joshua	Track Express Track	1:01.10	1:01.81q	2	
8	Nida, Jaden	Virginia Elite	1:05.92	1:02.35q	1	
9	Al-Amin, Farraj	Dale City Li	1:02.89	1:02.72	3	
10	Cherry II, Keith	Virginia Elite	1:04.34	1:03.29	1	1:03.283
11	Bullock, Kemari	New Wave Track	1:00.65	1:03.29	3	1:03.285
12	Southall, Xavier	Cobra Track	59.26	1:03.40	2	
13	Smith II, Alan	Marlboro Boy	1:02.96	1:03.73	3	
14	Green Jr, Mickey	Southern Spr	1:01.70	1:03.83	1	
15	Gary, Clayton	Full Speed A	1:01.81	1:03.87	2	
16	Lippman Jr, Aaron	Eyt Spartans	1:03.01	1:04.95	2	
17	Harrell, Derrick	Virginia Elite	1:07.94	1:06.87	2	
18	Evans, Elijah	Richmond Hea	1:08.88	1:07.99	3	

400 Meter Dash 11-12 Division Boys

=====						
Nat'l: N 50.75		8/2/2009	Bryce Love, Carolina Elite/Raleigh,N			
Region 3: R 53.22		7/15/2007	Xavier Jones, 13 Blazers			
Name	Year	Team	Prelims	Finals	Points	
=====						
Finals						
1	Mitchell, Xavier	Tigers Elite	57.03	55.63		
2	Earls, Shamari	12-Unattached	59.16	57.19		
3	Woods, Jason	Cobra Track	57.77	57.42		
4	Johnson, Brendan	Baltimore Ci	1:00.30	59.26		
5	Bennett, Jaylen	Team Acceler	1:00.72	59.43		
6	Anthony, Jonathan	Ft. Belvoir	1:01.60	59.47		
7	Gresham, Joshua	Track Express Track	1:01.81	1:01.66		
8	Nida, Jaden	Virginia Elite	1:02.35	1:02.39		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****800 Meter Run 11-12 Division Boys**

=====						
Nat'l: N 2:05.42		7/26/2014	Brandon Miller, 09-Ultimate			
Region 3: R 2:12.44		7/11/2014	Garrett Suhr, Firebirds Tr			
Name	Year	Team	Seed	Finals	H#	Points
=====						
1	Mitchell, Xavier	Tigers Elite	2:19.16	2:18.11	3	
2	Johnson, Brendan	Baltimore Ci	2:20.87	2:18.80	3	
3	Johnson Jr, Matthew	Mach 5 Athletics	2:24.29	2:21.69	2	
4	Johnson, C Michael	Mvp League	2:22.87	2:22.69	3	
5	Davis, Cameron	Baltimore Ci	2:27.09	2:23.77	2	
5	Jackson Jr, Darrell	Southern Spr	2:19.87	2:23.77	3	
7	Anthony, Jonathan	Ft. Belvoir	2:23.46	2:24.24	3	
8	Lailson, Jaiden	Virginia Elite	2:19.16	2:24.45	3	
9	Gamble, Jeremiah	Track Express Track	2:19.41	2:25.70	3	
10	Virgil, Joshua	FireStorm El	2:26.82	2:27.29	2	
11	Bennett, Jaylen	Team Acceler	2:23.40	2:28.62	3	
12	Smith II, Alan	Marlboro Boy	2:27.25	2:28.95	2	
13	Hicks, Elijah	House of Speed	2:29.32	2:29.72	2	
14	Davis, Jadon	Southern Spr	2:30.23	2:31.65	2	
15	Nida, Jaden	Virginia Elite	2:33.86	2:35.55	1	
16	Crist, Easton	Virginia Elite	2:37.20	2:37.42	1	
17	Gresham, Joshua	Track Express Track	2:30.15	2:38.08	2	
18	Weekes, Jahlil	East End Lig	2:52.76	2:53.54	1	
19	Ferguson, K'Ron	Virginia Rap	2:50.76	2:53.73	1	
20	Evans, Elijah	Richmond Hea	2:52.71	2:54.48	1	
21	Bullock, Kemari	New Wave Track	2:26.41	2:55.44	2	

1500 Meter Run 11-12 Division Boys

=====						
Nat'l: N 4:22.05		7/29/2012	Coleman Mitchell, Triangle TC			
Region 3: R 5:45.68		7/6/2017	Xavier Johnson, Durham Striders			
Name	Year	Team	Seed	Finals	H#	Points
=====						
1	Johnson Jr, Matthew	Mach 5 Athletics	4:42.58	4:44.40R	2	
2	Johnson, C Michael	Mvp League	4:48.29	4:51.11R	2	
3	Johnson, Brendan	Baltimore Ci	4:58.77	4:52.24R	2	
4	Gamble, Jeremiah	Track Express Track	4:54.97	4:53.62R	2	
5	Quinn, Evan	Bullseye Running	4:55.11	4:58.02R	2	
6	Davis, Cameron	Baltimore Ci	5:06.14	4:58.43R	2	
7	Hicks, Elijah	House of Speed	5:05.04	5:04.75R	2	
8	Nettey, Rei Rahsaan	Firebirds Athletic	5:09.44	5:05.81R	2	
9	Bayes, Jacob	House of Speed	5:11.90	5:09.58R	1	
10	Storper, Graham	Firebirds Athletic	5:08.80	5:13.02R	2	
11	Maroney, Liam	Central Virg	5:00.51	5:14.26R	2	
12	Abrams, Colin	Firebirds Athletic	5:15.74	5:15.66R	1	
13	Crist, Easton	Virginia Elite	5:19.31	5:20.20R	1	
14	Harrod, Averi	i5 Elite	5:21.59	5:24.45R	1	
15	Tafe, Joseph	Virginia Pri	5:21.65	5:30.17R	1	
16	Moser, Luke	Ft. Belvoir	5:28.82	5:32.14R	1	
17	Ferguson, K'Ron	Virginia Rap	5:40.50	5:51.90	1	
18	Penaloza, Anthony	Dale City Li	5:44.11	5:57.96	1	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****3000 Meter Run 11-12 Division Boys**

=====					
Nat'l: N 9:38.52		8/1/1998	Chris Dominic, San Lorenzo, CA		
Region 3: R 9:58.62		7/9/2005	Joshua Jenkins, NS Red Runners		
Name	Year	Team	Seed	Finals	Points
=====					
1	Johnson, C Michael	Mvp League	10:33.06	10:22.21	
2	Strong, William	Fairfax Poli	10:58.46	10:35.52	
3	Maroney, Liam	Central Virg	10:51.64	10:37.15	
4	Quinn, Evan	Bullseye Running	10:36.53	10:43.33	
5	Davis, Cameron	Baltimore Ci	10:46.93	10:45.16	
6	Bayes, Jacob	House of Speed	10:50.36	10:45.73	
7	Nettey, Rei Rahsaan	Firebirds Athletic	11:18.59	10:52.21	
8	Storper, Graham	Firebirds Athletic	11:25.14	11:17.71	
9	Tafe, Joseph	Virginia Pri	11:22.25	11:33.01	
10	Rau, Justin	12-Unattached	11:26.46	11:58.00	
11	Kirby, Michael	Baltimore Ci	12:14.23	12:06.53	
12	Harris, Ahmir	Dale City Li	12:59.66	12:38.00	
13	Penaloza, Anthony	Dale City Li	13:34.80	12:52.99	

80 Meter Hurdles 11-12 Division Boys

=====						
Nat'l: N 11.74		7/26/1997	Kenny Lambe, Hilton Head, SC			
Region 3: R 13.60		7/6/2017	Larry Hawkins, Firebirds			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	McNair Jr, Antoine	Woodlawn Track Pack	12.78	12.51q	2.5	3
2	Mullen, Je'mere	Ft. Belvoir	13.26	R 12.76q	-0.9	1
3	Dillard, Drew	Usa-Ja	13.00	R 12.91q	0.4	2
4	Finney, Brandon	Full Speed A	13.17	R 13.00q	-0.9	1
5	Saunders, Jaymes	Virginia Elite	13.73	R 13.21q	0.4	2
6	Teasley, Josiah	Full Speed A	14.05	13.42q	2.5	3
7	Ekiti, Jaden	Full Speed A	14.19	13.77q	0.4	2
8	Gary, Clayton	Full Speed A	13.87	13.83q	2.5	3
9	Harrell, Derrick	Virginia Elite	14.23	13.88	-0.9	1
10	Hallums, Christian	i5 Elite	15.84	14.08	2.5	3
11	Austin, DeShawn	Tigers Elite	14.44	14.73	-0.9	1
12	Morales, Paul	12-Unattached	17.16	15.44	0.4	2
13	Weekes, Jahlil	East End Lig	15.88	15.54	2.5	3
14	Ridley, Jaelon	12-Unattached	16.00	16.41	0.4	2
15	Knudson, Jonas	McLean Youth Track	17.07	16.51	-0.9	1
16	Gamble, Donovan	Comets of Ch	15.05	16.72	0.4	2
17	Van Irvin, Jamal	F.I.A. Ambassadors	17.00	16.81	-0.9	1
18	Michaud, Richard	McLean Youth Track	18.00	17.66	2.5	3

80 Meter Hurdles 11-12 Division Boys

=====						
Nat'l: N 11.74		7/26/1997	Kenny Lambe, Hilton Head, SC			
Region 3: R 13.60		7/6/2017	Larry Hawkins, Firebirds			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	McNair Jr, Antoine	Woodlawn Track Pack	12.51	12.58R	1.0	
2	Dillard, Drew	Usa-Ja	12.91	12.59R	1.0	
3	Saunders, Jaymes	Virginia Elite	13.21	12.79R	1.0	
4	Mullen, Je'mere	Ft. Belvoir	12.76	12.81R	1.0	

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....80 Meter Hurdles 11-12 Division Boys

5	Finney, Brandon	Full Speed A	13.00	13.05R	1.0
6	Ekiti, Jaden	Full Speed A	13.77	13.49R	1.0
7	Teasley, Josiah	Full Speed A	13.42	13.59R	1.0
8	Gary, Clayton	Full Speed A	13.83	13.65	1.0

4x100 Meter Relay 11-12 Division Boys

Nat'l: N 47.54 7/15/2004 Dallas Blade, Arlington, TX
 Region 3: R 48.42 7/10/2010 Track Express TC, Track Express
 J Beslow, A Hansford, A McFarland, B Watson

Team	Seed	Finals	Points
1 Full Speed Athletics 'A'	50.95	51.68	
2 Firebirds Athletic 'A'	53.16	53.49	
3 Glenarden Track 'B'	58.49	57.68	
-- Glenarden Track 'A'	52.33	DQ	Rule 170.12

4x400 Meter Relay 11-12 Division Boys

Nat'l: N 3:47.50 7/31/1994 Glenarden TC, Upper Marlboro, MD
 B Haigler, K Lewis, H Jefferson, A Washington
 Region 3: R 3:53.51 7/1994 Glenarden TC PV
 B Hagler, K Lewis, A Washington, H Jefferson

Team	Seed	Finals	Points
1 Virginia Elite 'A'	4:00.00	4:04.84	
1:59.986 (1:59.986) 3:01.694 (1:01.708) 4:04.832 (1:03.138)			
2 Glenarden Track 'A'	4:23.81	4:36.08	
2:14.604 (2:14.604) 3:24.766 (1:10.162) 4:36.074 (1:11.308)			
3 Glenarden Track 'B'	4:51.13	4:54.57	
2:21.736 (2:21.736) 3:37.290 (1:15.554) 4:54.568 (1:17.278)			

4x800 Meter Relay 11-12 Division Boys

Nat'l: N 9:06.50 7/23/2014 15-Pacific Coast ShockWaves, 15-Pacific C
 Mainvielle, Kirkwood-Lanier, Steward, Jefferson
 Region 3: R 9:40.80 7/7/2005 45 Titans, Titans
 A Carpenter, B Carter, A Gonzalez, D Hawkins

Team	Seed	Finals	Points
1 Virginia Elite 'A'		9:57.21	
1) Davis, Paul Stephen 2) Mason, Gabriel			
3) Saunders, Jaymes 4) Lailson, Jaiden			
2:25.909 (2:25.909) 4:49.609 (2:23.700) 7:29.565 (2:39.956)			
2 Firebirds Athletic 'A'		10:24.74	
1) Nettey, Rei Rahsaan 2) Sabbakhan, Amari			
3) Shiferaw Uzman, Alemdar 4) Storper, Graham			
2:27.929 (2:27.929) 5:11.033 (2:43.104) 7:42.217 (2:31.184)			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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High Jump 11-12 Division Boys

Nat'1: N 1.76m 7/27/2012 Sean Lee, 15-Usa High																
Region 3: R 1.47m 7/6/2017 Zachary Myers, A'ville Lightnin																
Name	Year	Team	Seed	Finals	Points											
1 Dillard, Drew		Usa-Ja	1.52m	1.50mR	4-11.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55
						P	P	P	P	P	P	O	O	O	XO	XXX
2 Ekiti, Jaden		Full Speed A	1.52m	1.40m	4-07.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45		
						P	P	P	P	P	O	O	O	XXX		
3 Curry, Jayden		12-Unattached	1.25m	1.35m	4-05.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40			
						P	P	P	O	XO	O	XO	XXX			
4 Ketterman, Andrew		Bullseye Running	1.37m	J1.35m	4-05.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40			
						O	O	O	O	XO	XXO	XXO	XXX			
5 Austin, DeShawn		Tigers Elite	1.20m	1.30m	4-03.25	1.05	1.10	1.15	1.20	1.25	1.30	1.35				
						P	P	P	O	XXO	O	XXX				
6 Adams, Khary		Owings Mills Track	1.27m	J1.30m	4-03.25	1.05	1.10	1.15	1.20	1.25	1.30	1.35				
						O	O	O	XO	XO	XO	XXX				
7 Meade, Domingo		Prominent Athletes	1.30m	J1.30m	4-03.25	1.05	1.10	1.15	1.20	1.25	1.30	1.35				
						O	O	O	O	XO	XXO	XXX				
8 Teasley, Josiah		Full Speed A	1.52m	J1.30m	4-03.25	1.05	1.10	1.15	1.20	1.25	1.30	1.35				
						P	P	P	O	O	XXO	XXX				
9 Miner, Kevin		Prominent Athletes	1.30m	1.25m	4-01.25	1.05	1.10	1.15	1.20	1.25	1.30					
						O	O	O	O	O	XXX					
10 Van Irvin, Jamal		F.I.A. Ambassadors	1.20m	1.20m	3-11.25	1.05	1.10	1.15	1.20	1.25						
						P	P	P	O	XXX						
10 Reeves, Gregory		F.I.A. Ambassadors	1.15m	1.20m	3-11.25	1.05	1.10	1.15	1.20	1.25						
						O	O	XO	XO	XXX						
10 Kaiser, Philip		Bullseye Running	1.22m	1.20m	3-11.25	1.05	1.10	1.15	1.20	1.25						
						O	O	O	XO	XXX						
13 Owens, Sean		Ft. Belvoir	1.12m	1.15m	3-09.25	1.05	1.10	1.15	1.20							
						O	O	XO	XXX							
13 Nida, Jaden		Virginia Elite	1.20m	1.15m	3-09.25	1.05	1.10	1.15	1.20							
						O	XXO	XO	XXX							
-- Weekes, Jahlil		East End Lig	1.20m	NH		1.05	1.10	1.15	1.20							
						P	P	P	XXX							

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Long Jump 11-12 Division Boys

Nat'l: N 5.92m 1974 Anthony Gibson, San Fernando, CA							
Region 3: R 4.58m 7/6/2017 Larry Hawkins, Firebirds							
Name	Year	Team	Seed	Finals	Wind	Points	
1 Edwards, Carson		Full Speed A	4.46m	5.06mR	-0.9	16-07.25	
	4.80m(-1.9)	4.84m(-2.3)	5.06m(-0.9)	4.79m(-2.2)	4.78m(-1.3)	4.69m(-1.8)	
2 McNair Jr, Antoine		Woodlawn Track Pack	4.90m	5.05mR	-2.3	16-07.00	
	5.05m(-2.3)	4.97m(-0.6)	4.93m(-1.1)	4.86m(-2.7)	FOUL(-0.2)	4.85m(-0.8)	
3 Berry, Antonio		Firebirds Athletic	4.63m	4.84mR	-1.8	15-10.50	
	4.36m(-1.3)	4.84m(-1.8)	4.42m(-2.1)	4.33m(-3.9)	FOUL(-2.8)	4.66m(-1.9)	
4 Mitchell, Xavier		Tigers Elite	4.86m	4.79mR	-1.9	15-08.75	
	3.37m(-1.4)	4.36m(-0.5)	4.45m(-1.1)	4.26m(-2.5)	4.73m(-0.2)	4.79m(-1.9)	
5 Davis, Paul Stephen		Virginia Elite	4.67m	4.59mR	-0.9	15-00.75	
	4.39m(+0.0)	4.55m(0.3)	4.59m(-0.9)	4.43m(-1.4)	4.32m(-2.0)	4.00m(-1.2)	
6 Mullen, Je'mere		Ft. Belvoir	4.78m	4.58mR	-1.0	15-00.50	
	4.35m(-2.2)	4.58m(-1.0)	4.47m(-1.9)	4.35m(-1.9)	4.27m(-0.3)	4.03m(-2.2)	
7 Mason, Gabriel		Virginia Elite	4.57m	4.57m	-1.9	15-00.00	
	4.33m(-1.3)	4.32m(-0.3)	4.39m(-1.0)	FOUL(-2.0)	4.27m(-2.3)	4.57m(-1.9)	
8 Morales, Paul		12-Unattached	4.33m	4.53m	-1.7	14-10.50	
	4.44m(-1.9)	4.39m(-0.6)	4.53m(-1.7)	FOUL(-0.8)	4.24m(-0.7)	3.91m(-1.5)	
9 Cherry II, Keith		Virginia Elite	4.01m	4.38m	-2.1	14-04.50	
	4.38m(-2.1)	4.17m(-4.0)	4.30m(-1.9)	4.28m(-1.2)	4.05m(-1.7)	4.37m(-2.4)	
10 Young, Cah'lique		Virginia Elite	4.17m	4.35m	-0.5	14-03.25	
	3.83m(-0.1)	4.35m(-0.5)	4.28m(-0.9)				
11 Kaiser, Philip		Bullseye Running	3.79m	4.30m	-1.1	14-01.25	
	3.83m(0.4)	FOUL(+0.0)	4.30m(-1.1)				
12 Galbert, Jordan		Virginia Pri	4.35m	4.17m	-2.3	13-08.25	
	4.10m(1.0)	4.15m(-0.2)	4.17m(-2.3)				
13 Murray Jr, Alphonso		Comets of Ch	3.97m	4.15m	-2.8	13-07.50	
	4.10m(-0.9)	4.11m(-1.1)	4.15m(-2.8)				
14 Harrod-Daniels, Jayden		Full Speed A	3.81m	4.14m	-0.9	13-07.00	
	4.00m(-2.0)	4.14m(-0.9)	4.01m(-1.6)				
15 Ridley, Jaelon		12-Unattached	4.04m	4.05m	-1.7	13-03.50	
	FOUL(-1.6)	3.66m(-1.9)	4.05m(-1.7)				
15 Meade, Domingo		Prominent Athletes	3.93m	4.05m	-1.5	13-03.50	
	4.05m(-1.5)	FOUL(-2.0)	4.00m(-1.4)				
17 Knudson, Jonas		McLean Youth Track	4.09m	3.90m	+0.0	12-09.50	
	3.90m(+0.0)	3.81m(-1.6)	3.89m(-1.9)				
18 Virgil, Joshua		FireStorm El	4.09m	3.86m	-1.7	12-08.00	
	FOUL(-1.6)	FOUL(-1.9)	3.86m(-1.7)				
19 Jackson, John		Richmond Hea	3.61m	3.69m	-2.3	12-01.25	
	FOUL(-1.3)	3.69m(-2.3)	3.46m(-2.0)				
20 Crenshaw, Jackson		Glenarden Track	3.80m	3.68m	-2.6	12-01.00	
	3.68m(-2.6)	3.61m(-2.1)	FOUL(+0.0)				

Shot Put 11-12 Division Boys

Nat'l: N 16.42m 7/23/2014 Dylan Carter, 06-Unattache							
Name	Year	Team	Seed	Finals	Points		
1 Ivey, Jaylin		Vision Elite	13.64m	12.38m	40-07.50		
	11.85m	12.36m	11.95m	12.31m	12.21m	12.38m	
2 Brown, Raymond		Cavalier Cav	9.67m	9.70m	31-10.00		
	8.67m	9.09m	9.39m	9.14m	9.70m	8.98m	

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3	Mullen, Je'mere	Ft. Belvoir	9.73m	9.67m	31-08.75
	9.42m 8.82m 9.27m 8.18m 8.89m 9.67m				
3	Agudzi-Addo, Nathan Isai	Ft. Belvoir	10.65m	9.67m	31-08.75
	FOUL 9.67m 9.17m 9.26m 8.21m 8.78m				
5	Miner, Kevin	Prominent Athletes	9.64m	9.57m	31-04.75
	9.25m 9.55m 9.01m 9.57m 7.98m 8.87m				
6	Murray Jr, Alphonso	Comets of Ch	8.93m	9.48m	31-01.25
	8.30m 8.72m 7.08m 9.48m 8.73m FOUL				
7	Hill, Emmanuel	Ft. Belvoir	9.84m	9.21m	30-02.75
	8.95m 9.21m 9.09m 8.62m 8.80m 8.81m				
8	Mcglotten, Ryan	Baltimore Ci	9.34m	8.95m	29-04.50
	8.72m 8.43m 8.25m 8.95m 8.47m 8.22m				
9	Warmington, Kyle	Usa-Ja	8.80m	8.74m	28-08.25
	8.26m 8.52m 8.74m 8.39m 8.18m 8.31m				
10	Murray, Alonso	Comets of Ch	8.52m	8.11m	26-07.25
	7.78m 7.85m 8.11m				
11	Adams, Khary	Owings Mills Track	7.51m	7.32m	24-00.25
	7.16m 6.71m 7.32m				
12	Simmons, Nathaniel	Pwc Panthers	6.50m	6.87m	22-06.50
	6.82m 6.87m 6.48m				
13	Miner, Richard	Prominent Athletes	5.85m	6.61m	21-08.25
	6.61m 5.88m 5.76m				
14	Grayson, Jordan	Mach 5 Athletics	5.96m	5.81m	19-00.75
	4.95m 5.80m 5.81m				
15	Wood, Elijah	Loudoun Legacy	5.03m	4.59m	15-00.75
	4.59m FOUL 4.22m				

Discus Throw 11-12 Division Boys

Nat'l: N 48.65m 6/19/1982 Michael Stubblefield, Bakersfield, CA						
Region 3: R 33.86m 7/12/2009 Kenneth Brinson, The Heat Tra						
Name	Year	Team	Seed	Finals	Points	
1	Murray Jr, Alphonso	Comets of Ch	24.09m	24.12m	79-02	
	22.68m 24.12m 20.41m 22.69m 22.84m 20.46m					
2	Ivey, Jaylin	Vision Elite	20.52m	22.55m	74-00	
	18.09m FOUL 17.35m FOUL 18.22m 22.55m					
3	Murray, Alonso	Comets of Ch	21.48m	22.09m	72-06	
	21.41m 17.38m FOUL FOUL 21.79m 22.09m					
4	Brown, Raymond	Cavalier Cav	21.57m	20.81m	68-03	
	FOUL 20.81m 20.66m FOUL FOUL FOUL					
5	Hill, Emmanuel	Ft. Belvoir	17.95m	17.52m	57-06	
	14.56m 15.49m 17.39m 16.18m 17.52m 17.14m					
6	Sampson, Colin	Vision Elite	15.45m	16.65m	54-07	
	15.26m 13.59m 14.72m FOUL 16.65m 15.80m					
7	Moore, Landon	McLean Youth Track	14.33m	16.24m	53-03	
	15.24m 15.24m FOUL 16.24m 15.32m 15.56m					

Javelin Throw 11-12 Division Boys

Nat'l: N 54.53m 7/21/2006 Aaron Potter, Eugene, OR						
Region 3: R 42.89m 7/10/2010 Livingston Morris, Etowah Youth TC						
Name	Year	Team	Seed	Finals	Points	

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....Javelin Throw 11-12 Division Boys

1	Ivey, Jaylin	Vision Elite	28.72m	32.25m	105-10
	FOUL 22.88m 29.09m 32.25m 30.79m FOUL				
2	Walcott, Peyton	Ashburn Elite Track	26.58m	27.12m	89-00
	27.12m 24.34m 21.74m 24.30m 22.17m 24.18m				
3	Denny, Jacob	Bowie Boys &	27.54m	25.48m	83-07
	24.08m 24.00m 25.06m 23.97m 22.97m 25.48m				
4	Miner, Kevin	Prominent Athletes	25.14m	25.47m	83-07
	23.76m 19.64m 15.93m 25.47m 24.32m 19.73m				
5	Galbert, Jordan	Virginia Pri	24.24m	23.96m	78-07
	23.14m 23.96m 20.87m 18.79m 23.53m 23.91m				
6	Knudson, Jonas	McLean Youth Track	23.25m	23.86m	78-03
	20.88m 21.83m 19.18m 18.66m 21.07m 23.86m				
7	Moore, Landon	McLean Youth Track	23.62m	22.53m	73-11
	18.88m 18.98m FOUL 19.47m 22.53m 17.15m				
8	Schaeffer, Bryan	House of Speed	15.44m	21.59m	70-10
	14.72m 21.59m 15.66m 20.36m 15.64m 20.14m				
9	Bolick, Kiree	Vision Elite	23.53m	18.59m	61-00
	18.44m 18.59m 10.62m 13.23m 15.61m FOUL				
10	Brown, Raymond	Cavalier Cav	25.91m	18.22m	59-09
	18.22m FOUL FOUL				
11	Hill, Emmanuel	Ft. Belvoir	22.71m	18.20m	59-08
	16.02m 15.78m 18.20m				
12	Grayson, Jordan	Mach 5 Athletics	19.46m	16.18m	53-01
	16.18m 15.16m 15.87m				
13	Parker, Daymond	Cavalier Cav	15.45m	15.28m	50-01
	FOUL 15.18m 15.28m				
14	Owens, Sean	Ft. Belvoir	16.60m	14.49m	47-06
	13.69m 13.78m 14.49m				
15	Miner, Richard	Prominent Athletes	10.21m	12.67m	41-07
	12.29m 12.67m 1.12m				

Outdoor Pentathlon: #5 1500 Meter Run 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Saunders, Jaymes	Virginia Elite	5:23.46	432
2 Crist, Easton	Virginia Elite	5:23.57	432
3 Adams, Khary	Owings Mills Track	5:44.47	331
4 Agudzi-Addo, Nathan Isai	Ft. Belvoir	5:57.85	273
5 Wilson, Khari	FireStorm El	6:00.12	264
6 Meade, Domingo	Prominent Athletes	6:01.13	260
7 Harris, Vance	Owings Mills Track	6:01.37	259
8 Teasley, Josiah	Full Speed A	6:07.42	235
9 Drachenberg, Cedric	Ft. Belvoir	6:16.93	199
10 Owens, Sean	Ft. Belvoir	6:23.94	175
11 Ekiti, Jaden	Full Speed A	6:24.76	172
12 Miner, Kevin	Prominent Athletes	6:25.31	170
13 Simmons, Nathaniel	Pwc Panthers	6:32.64	147
14 Mullen, Je'mere	Ft. Belvoir	6:48.33	101
15 Warmington, Kyle	Usa-Ja	7:45.14	5

Outdoor Pentathlon: #1 80 Meter Hurdles 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Wind H#	Points
1 Saunders, Jaymes	Virginia Elite	13.63	-1.6 1	802

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...Outdoor Pentathlon: #1 80 Meter Hurdles 11-12 Division Boys Outdoor Pentathlon

2	Mullen, Je'mere	Ft. Belvoir	13.69	-1.6	2	795
3	Ekiti, Jaden	Full Speed A	13.75	-1.5	3	787
4	Teasley, Josiah	Full Speed A	13.75	-1.6	2	787
5	Agudzi-Addo, Nathan Isai	Ft. Belvoir	14.31	-1.5	3	714
6	Adams, Khary	Owings Mills Track	16.05	-1.6	1	512
7	Simmons, Nathaniel	Pwc Panthers	16.10	-1.6	1	506
8	Meade, Domingo	Prominent Athletes	16.63	-1.1	4	451
9	Drachenberg, Cedric	Ft. Belvoir	17.04	-1.6	2	411
10	Miner, Kevin	Prominent Athletes	17.16	-1.1	4	399
11	Crist, Easton	Virginia Elite	17.34	-1.1	4	382
12	Wilson, Khari	FireStorm El	17.92	-1.1	4	330
13	Harris, Vance	Owings Mills Track	18.76	-1.5	3	261
14	Warmington, Kyle	Usa-Ja	20.21	-1.5	3	160
15	Owens, Sean	Ft. Belvoir	23.31	-1.6	1	25

Outdoor Pentathlon: #3 High Jump 11-12 Division Boys Outdoor Pentathlon

=====															
Name	Year Team										Finals	Points			
=====															
1	Ekiti, Jaden	Full Speed A										1.50m	4-11.00	389	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55
		P	P	P	P	P	P	P	P	P	O	O	O	XO	XXX
2	Teasley, Josiah	Full Speed A										1.35m	4-05.00	283	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35	1.40			
		P	P	P	O	O	O	O	O	XO	O	XXX			
2	Mullen, Je'mere	Ft. Belvoir										1.35m	4-05.00	283	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35	1.40			
		O	O	O	O	XO	O	O	O	O	XXO	XXX			
4	Adams, Khary	Owings Mills Track										1.30m	4-03.25	250	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35				
		O	O	O	O	O	O	XO	O	XO	XXX				
4	Meade, Domingo	Prominent Athletes										1.30m	4-03.25	250	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35				
		O	O	O	O	XXO	O	O	O	O	XXX				
4	Saunders, Jaymes	Virginia Elite										1.30m	4-03.25	250	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30	1.35				
		P	O	O	O	O	O	O	O	O	XXX				
7	Miner, Kevin	Prominent Athletes										1.25m	4-01.25	218	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30					
		P	XO	O	O	O	O	O	O	XXX					
7	Crist, Easton	Virginia Elite										1.25m	4-01.25	218	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30					
		P	O	O	O	O	O	O	XXO	XXX					
7	Simmons, Nathaniel	Pwc Panthers										1.25m	4-01.25	218	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30					
		O	O	O	XO	O	XXO	O	O	XXX					
7	Harris, Vance	Owings Mills Track										1.25m	4-01.25	218	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30					
		P	O	O	O	O	O	O	XXO	XXX					
7	Agudzi-Addo, Nathan Isai	Ft. Belvoir										1.25m	4-01.25	218	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25	1.30					
		O	O	O	O	O	O	XXO	XO	XXX					
12	Wilson, Khari	FireStorm El										1.20m	3-11.25	188	
		1.00	1.05	1.07	1.10	1.12	1.15	1.20	1.25						
		O	O	O	O	O	XO	O	XXX						

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...Outdoor Pentathlon: #3 High Jump 11-12 Division Boys Outdoor Pentathlon

13 Owens, Sean	Ft. Belvoir	1.12m	3-08.00	142
1.00 1.05 1.07 1.10 1.12 1.15				
P O XXO O O XXX				
14 Drachenberg, Cedric	Ft. Belvoir	1.00m	3-03.25	81
1.00 1.05				
O XXX				
-- Warmington, Kyle	Usa-Ja		NH	
1.00 1.05 1.07 1.10				
P P P XXX				

Outdoor Pentathlon: #4 Long Jump 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Teasley, Josiah	Full Speed A	4.60m	2.0 15-01.25	308
4.46m(2.1) 4.60m(2.0) 4.46m(1.7)				
2 Ekiti, Jaden	Full Speed A	4.51m	2.2 14-09.75	292
4.18m(+0.0) 4.51m(2.2) 4.49m(1.5)				
3 Saunders, Jaymes	Virginia Elite	4.47m	1.3 14-08.00	285
4.47m(1.3) 4.46m(1.6) 3.92m(3.9)				
4 Agudzi-Addo, Nathan Isai	Ft. Belvoir	4.32m	1.5 14-02.25	259
4.32m(1.5) FOUL(2.6) FOUL(1.9)				
5 Mullen, Je'mere	Ft. Belvoir	4.28m	1.6 14-00.50	252
FOUL(2.1) 4.18m(0.3) 4.28m(1.6)				
6 Meade, Domingo	Prominent Athletes	4.13m	2.0 13-06.75	227
3.90m(2.0) 4.13m(2.0) FOUL(1.1)				
7 Crist, Easton	Virginia Elite	3.83m	2.0 12-06.75	179
3.83m(2.0) FOUL(1.3) FOUL(2.2)				
8 Simmons, Nathaniel	Pwc Panthers	3.79m	2.0 12-05.25	173
FOUL(1.5) 3.79m(2.0) 3.72m(2.1)				
9 Adams, Khary	Owings Mills Track	3.62m	2.0 11-10.50	147
3.62m(2.0) 3.50m(2.6) 3.49m(2.4)				
10 Owens, Sean	Ft. Belvoir	3.34m	1.9 10-11.50	108
FOUL(+0.0) FOUL(0.9) 3.34m(1.9)				
11 Warmington, Kyle	Usa-Ja	3.31m	0.5 10-10.50	104
3.01m(1.9) FOUL(1.9) 3.31m(0.5)				
12 Harris, Vance	Owings Mills Track	3.22m	1.0 10-06.75	93
3.22m(1.0) FOUL(1.2) 3.12m(2.8)				
13 Drachenberg, Cedric	Ft. Belvoir	3.11m	2.3 10-02.50	79
3.11m(2.3) FOUL(3.1) FOUL(1.4)				
-- Wilson, Khari	FireStorm El	FOUL		
FOUL(1.9) FOUL(+0.0) FOUL(0.1)				
-- Miner, Kevin	Prominent Athletes	FOUL		
FOUL(0.1) FOUL(2.2) FOUL(1.5)				

Outdoor Pentathlon: #2 Shot Put 11-12 Division Boys Outdoor Pentathlon

Region 3: R 10.67m 7/6/2017 Zachary Myers, A'ville Lightnin				
Name	Year Team	Finals	Points	
1 Mullen, Je'mere	Ft. Belvoir	10.32m	33-10.25	505
10.32m 9.76m 9.61m				
2 Agudzi-Addo, Nathan Isai	Ft. Belvoir	9.99m	32-09.50	485
9.99m 9.84m 8.92m				

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...Outdoor Pentathlon: #2 Shot Put 11-12 Division Boys Outdoor Pentathlon

3	Miner, Kevin	Prominent Athletes	9.13m	29-11.50	434
	9.13m 8.47m FOUL				
4	Ekiti, Jaden	Full Speed A	8.52m	27-11.50	397
	FOUL FOUL 8.52m				
5	Saunders, Jaymes	Virginia Elite	8.03m	26-04.25	368
	FOUL 7.78m 8.03m				
6	Warmington, Kyle	Usa-Ja	7.56m	24-09.75	340
	7.45m 7.56m 6.56m				
7	Harris, Vance	Owings Mills Track	7.34m	24-01.00	327
	FOUL 7.34m FOUL				
8	Teasley, Josiah	Full Speed A	7.29m	23-11.00	324
	7.29m 7.23m 7.10m				
9	Adams, Khary	Owings Mills Track	6.86m	22-06.25	299
	6.86m FOUL FOUL				
10	Simmons, Nathaniel	Pwc Panthers	6.70m	21-11.75	290
	6.54m 6.70m 6.46m				
11	Meade, Domingo	Prominent Athletes	5.77m	18-11.25	235
	FOUL 5.55m 5.77m				
12	Crist, Easton	Virginia Elite	5.52m	18-01.50	221
	5.31m 5.34m 5.52m				
13	Drachenberg, Cedric	Ft. Belvoir	5.51m	18-01.00	220
	4.72m 5.51m 5.32m				
14	Wilson, Khari	FireStorm El	5.08m	16-08.00	196
	4.95m 5.08m 5.05m				
15	Owens, Sean	Ft. Belvoir	4.25m	13-11.50	148
	4.25m FOUL FOUL				

Outdoor Pentathlon 11-12 Division Boys

=====						
	Nat'l:	N	2915	6/26/2013	Caleb Robertson, Cal	Rising Stars
	Region 3:	R	2724	7/1996	Avery Jeter	Spartanburg Striders SC
Name	Year	Team	Seed	Finals	Points	
=====						
1	Saunders, Jaymes	Virginia Elite		2137	10	
2	Ekiti, Jaden	Full Speed A		2037	8	
3	Agudzi-Addo, Nathan Isai	Ft. Belvoir		1949	6	
4	Teasley, Josiah	Full Speed A		1937	5	
5	Mullen, Je'mere	Ft. Belvoir		1936	4	
6	Adams, Khary	Owings Mills Track	1594	1539	3	
7	Crist, Easton	Virginia Elite		1432	2	
8	Meade, Domingo	Prominent Athletes		1423	1	
9	Simmons, Nathaniel	Pwc Panthers		1334		
10	Miner, Kevin	Prominent Athletes		1221		
11	Harris, Vance	Owings Mills Track	1058	1158		
12	Drachenberg, Cedric	Ft. Belvoir		990		
13	Wilson, Khari	FireStorm El		978		
14	Warmington, Kyle	Usa-Ja		609		
15	Owens, Sean	Ft. Belvoir		598		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****1500 Meter Race Walk 11-12 Division Boys**

=====						
Nat'1: N 6:44.01		7/2/1992	Tristan Ruoss, Fayetteville, AR			
Region 3: R 8:07.80		7/1995	Eric Tonkyn	Clemson P&R	SC	
Name	Year	Team	Seed	Finals	Points	
=====						
1	Warmington, Kyle	Usa-Ja		11:19.66		
2	Crocheron, Holden	Marlboro Boy	11:30.52	11:59.23		
3	Miner, Richard	Prominent Athletes	13:24.31	12:50.59		

100 Meter Dash 13-14 Division Boys

=====						
Nat'1: N 10.73		7/9/2011	Bryce Love, Carolina Elite			
Region 3: R 10.73		7/9/2011	Bryce Love, Carolina Eli			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						

Preliminaries

1	Harper Jr, Daniel	Eyt Spartans	11.52	11.41q	2.1	3
2	Sannieniola, Steven	Glenarden Track	11.74	11.64q	0.6	1
3	Harbor, Nyckoles	Full Speed A	11.65	11.67q	1.7	2
4	Wall-Davis, Charles	Virginia Elite	11.84	11.71q	2.1	3
5	Tyler-George, Zavion	Elite Speed TC	11.77	11.73q	0.6	1
6	Brown Jr, Marcus	Full Speed A	11.81	11.77q	1.7	2
7	Ebron, Jamarr	Glenarden Track	12.12	11.96q	0.6	1
8	Bridges, Oliver	Marlboro Boy	12.41	12.14q	2.1	3
9	Jones, Micah	Virginia Rap	11.91	12.20	1.7	2
10	Al-Amin, Jibreel	Dale City Li	12.37	12.24	0.6	1
11	Jackson III, Eddie	12-Unattached	12.39	12.32	1.7	2
12	Campbell Jr, Chris	Maryland Wings	11.91	12.36	0.6	1
13	Edwards, Savion	Elite Speed TC	12.75	12.46	0.6	1
14	Coney, Tien	Glenarden Track	12.38	12.48	0.6	1
15	Alston, Sean	Virginia Elite	12.70	12.53	2.1	3
16	Homer, Christian	Southern Spr	12.13	12.57	1.7	2
17	Kennedy, Zavier	Loudoun Legacy	12.77	12.79	0.6	1
18	Perilla, Caiden	Prominent Athletes	12.70	13.08	1.7	2
--	Schlotterbeck, Cole	Mach 1 Track	12.15	DQ	2.1	3 Ran in wrong lane

100 Meter Dash 13-14 Division Boys

=====						
Nat'1: N 10.73		7/9/2011	Bryce Love, Carolina Elite			
Region 3: R 10.73		7/9/2011	Bryce Love, Carolina Eli			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						

Finals

1	Harper Jr, Daniel	Eyt Spartans	11.41	11.45	0.1	
2	Harbor, Nyckoles	Full Speed A	11.67	11.61	0.1	
3	Sannieniola, Steven	Glenarden Track	11.64	11.62	0.1	
4	Brown Jr, Marcus	Full Speed A	11.77	11.62	0.1	
5	Wall-Davis, Charles	Virginia Elite	11.71	11.78	0.1	
6	Tyler-George, Zavion	Elite Speed TC	11.73	11.82	0.1	
7	Ebron, Jamarr	Glenarden Track	11.96	12.08	0.1	
8	Bridges, Oliver	Marlboro Boy	12.14	12.21	0.1	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****200 Meter Dash 13-14 Division Boys**

=====						
Nat'l: N 21.77		7/30/2016	Ashton Allen, 03 i5	Elite		
Region 3: R 21.74		7/1993	Lycurtis Cuffe	CE		
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Harper Jr, Daniel	Eyt Spartans	23.31	23.06q	-0.6	3
2	Ward, Jayson	Central Virg	23.32	23.14q	-0.6	2
3	Atkins, Talil	Baltimore Ci	23.59	23.24q	1.6	1
4	Harbor, Nyckoles	Full Speed A	23.72	23.27q	-0.6	3
5	Brown Jr, Marcus	Full Speed A	23.69	23.42q	-0.6	2
6	Sannieniola, Steven	Glenarden Track	23.61	23.75q	1.6	1
7	Tyler-George, Zavion	Elite Speed TC	24.35	23.81q	-0.6	2
8	Wall-Davis, Charles	Virginia Elite	24.12	23.87q	1.6	1
9	Walker, Morris	DC Select Tr	24.65	24.22	1.6	1
10	Ebron, Jamarr	Glenarden Track	24.37	24.32	-0.6	3
11	Schlotterbeck, Cole	Mach 1 Track	24.39	24.39	-0.6	3
12	Jackson III, Eddie	12-Unattached	25.47	24.41	-0.6	3
13	Temoney, Reece	Owings Mills Track	24.60	24.45	1.6	1
14	Campbell Jr, Chris	Maryland Wings	23.92	24.56	-0.6	3
15	Mendoza, Joel	i5 Elite	24.22	24.84	1.6	1
16	Tarry, Micah	Elite Speed TC	25.87	24.90	-0.6	2
17	Al-Amin, Jibreel	Dale City Li	25.10	25.17	-0.6	2
18	Kennedy, Zavier	Loudoun Legacy	26.17	25.41	-0.6	2
19	Barnes, Khari	F.I.A. Ambassadors	25.92	25.58	1.6	1
20	Belle, Austin	Dale City Li	25.91	25.69	1.6	1
21	Alston, Sean	Virginia Elite	25.74	25.79	-0.6	3

200 Meter Dash 13-14 Division Boys

=====						
Nat'l: N 21.77		7/30/2016	Ashton Allen, 03 i5	Elite		
Region 3: R 21.74		7/1993	Lycurtis Cuffe	CE		
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Harper Jr, Daniel	Eyt Spartans	23.06	23.18	0.3	
2	Ward, Jayson	Central Virg	23.14	23.21	0.3	
3	Harbor, Nyckoles	Full Speed A	23.27	23.28	0.3	
4	Atkins, Talil	Baltimore Ci	23.24	23.55	0.3	
5	Wall-Davis, Charles	Virginia Elite	23.87	23.70	0.3	
6	Brown Jr, Marcus	Full Speed A	23.42	23.72	0.3	
7	Tyler-George, Zavion	Elite Speed TC	23.81	24.35	0.3	

400 Meter Dash 13-14 Division Boys

=====						
Nat'l: N 47.16		8/1/1993	W.Obea Moore, Los Angeles, CA			
Region 3: R 48.27		7/10/2011	Bryce Love, Carolina Eli			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Ward, Jayson	Central Virg	52.89	51.13q	1	
2	Otusajo, Korede	Elite Track	51.41	51.53q	1	
3	Atkins, Talil	Baltimore Ci	51.17	51.95q	2	
4	Wall-Davis, Charles	Virginia Elite	53.71	53.44q	3	
5	Williams, Sean	Team Marylan	51.12	53.95q	3	
6	Temoney, Reece	Owings Mills Track	53.69	54.06q	3	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

Hampton University

Results

...400 Meter Dash 13-14 Division Boys

7	Daisey, Bryce	Firebirds Athletic	54.22	54.36q	2	54.355
8	Lincoln IV, Judson	Bullseye Running	54.73	54.36q	1	54.356
9	Jackson III, Eddie	12-Unattached	56.47	55.74	1	
10	Rawson, Gabriel	10-Unattached	55.10	55.95	3	
11	Bridges, Oliver	Marlboro Boy	54.91	56.30	2	
12	Mendoza, Joel	i5 Elite	55.30	56.34	2	
13	Hall, Eddie	Comets of Ch	55.18	56.54	3	
14	Coates, Tristan	Virginia Pri	59.60	57.41	1	
15	Cousin, Aaron	Team Marylan	54.43	57.82	1	
16	Barnes, Khari	F.I.A. Ambassadors	58.95	58.81	2	
17	Middleton, Zachery	Mach 5 Athletics	59.10	59.11	1	
18	Little, Christian	Loudoun Legacy	58.66	59.62	3	
19	Tarry, Micah	Elite Speed TC	58.92	1:00.51	3	
20	Alston, Sean	Virginia Elite	1:00.81	1:00.55	2	

400 Meter Dash 13-14 Division Boys

=====						
	Nat'l:	N	47.16	8/1/1993	W.Obea Moore, Los Angeles, CA	
	Region 3:	R	48.27	7/10/2011	Bryce Love, Carolina Eli	
	Name		Year	Team	Prelims	Finals Points
=====						

Finals

1	Ward, Jayson	Central Virg	51.13	50.99		
2	Otusajo, Korede	Elite Track	51.53	51.38		
3	Atkins, Talil	Baltimore Ci	51.95	51.79		
4	Williams, Sean	Team Marylan	53.95	52.32		
5	Wall-Davis, Charles	Virginia Elite	53.44	52.42		
6	Temoney, Reece	Owings Mills Track	54.06	53.10		
7	Daisey, Bryce	Firebirds Athletic	54.36	53.97		
8	Lincoln IV, Judson	Bullseye Running	54.36	54.00		

800 Meter Run 13-14 Division Boys

=====						
	Nat'l:	N	1:55.00	7/30/2016	Erick Steward, 15 Pacific C	
	Region 3:	R	1:59.37	7/1997	Clark Payne	Quicksilver GA
	Name		Year	Team	Seed	Finals H# Points
=====						

1	Rawson, Gabriel	10-Unattached	2:10.22	2:10.53	3	
2	Daisey, Bryce	Firebirds Athletic	2:12.66	2:10.75	3	
3	Wilson, Lamar	Usa-Ja	2:09.69	2:15.24	3	
4	Blagogee, Daniel	Ebenezer A.M	2:18.79	2:16.21	3	
5	Cummings, Noah	Comets of Ch	2:17.29	2:16.34	3	
6	Rego, Ian	Owings Mills Track	2:21.22	2:18.38	2	
7	Gamble, Darien	Comets of Ch	2:17.88	2:20.36	3	
8	Ocloo, Jeremy	Glenarden Track	2:24.78	2:21.74	2	
9	Satterwhite, Tyson	Central Virg	2:22.94	2:23.81	2	
10	Rimmel, Robert	12-Unattached	2:33.99	2:25.10	1	
11	Mintzer, Nathaniel	Firebirds Athletic	2:21.07	2:26.50	2	
12	Morris, Dajon	East End Lig	2:28.70	2:26.84	2	
13	Byrd, Darryl	Dale City Li	2:30.94	2:29.67	2	
14	Whyte, Jah	Dale City Li	2:19.83	2:32.24	3	
15	Clark, Joshua	Infinite Spe	2:32.72	2:36.15	2	
16	Muse, J'Mell	Richmond Spe	2:48.95	2:47.77	1	
17	Burgis, Landyn	Dale City Li	2:54.03	2:50.82	1	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****1500 Meter Run 13-14 Division Boys**

Nat'l: N 4:04.72 7/10/1983 Jake Lienau						
Region 3: R 4:47.72 7/6/2017 Jaden Lockhart, 13-Unattache						
Name	Year	Team	Seed	Finals	H#	Points
1	Wilson, Lamar	Usa-Ja	4:30.00	4:32.42R	2	
2	Rego, Ian	Owings Mills Track	4:45.74	4:39.65R	2	
3	Laurenzano, Lorenzo	Mvp League	4:57.54	4:40.85R	2	
4	Cummings, Noah	Comets of Ch	4:46.53	4:42.51R	2	
5	Whyte, Jah	Dale City Li	4:47.03	4:45.93R	2	
6	Rimmel, Robert	12-Unattached	5:00.62	4:52.81	2	
7	Gamble, Darien	Comets of Ch	4:50.76	4:58.87	2	
8	White, Jayden	Tidewater Striders	5:14.52	5:00.45	1	
9	Ocloo, Jeremy	Glenarden Track	5:04.41	5:03.46	2	
10	Montague, Sean	Comets of Ch	5:06.18	5:05.19	1	
11	Byrd, Darryl	Dale City Li	5:04.80	5:05.71	2	
12	Gardner, Dawvi' Ay	Comets of Ch	5:06.95	5:09.11	1	
13	Grayson, Donovan	Mach 5 Athletics	5:10.80	5:10.09	1	
14	Sadler, Seth	Tidewater Striders	5:14.58	5:24.07	1	
15	Burgis, Landyn	Dale City Li	5:41.47	5:37.67	1	
16	Muse, J'Mell	Richmond Spe	5:34.03	5:40.43	1	

3000 Meter Run 13-14 Division Boys

Nat'l: N 8:56.93 6/8/2012 Phillip Rocha, So Cal Rd Runner						
Region 3: R 9:27.62 7/12/2001 Jamison Parker, Pva Unattached						
Name	Year	Team	Seed	Finals	Points	
1	Wilson, Lamar	Usa-Ja	10:12.79	10:01.27		
2	Ferguson, Garrett	Bullseye Running	10:21.85	10:09.00		
3	Whyte, Jah	Dale City Li	10:24.29	10:10.71		
4	Byrd, Darryl	Dale City Li	11:05.93	10:58.47		
5	White, Jayden	Tidewater Striders	10:50.11	11:00.35		
6	Jenkins, Robert	Vienna Youth Inc.	11:37.31	11:18.43		
7	Alden, Mercer	Ft. Belvoir	11:24.89	11:41.25		
8	Cox, Gabriel	McLean Youth Track	12:26.04	11:42.40		
9	Robinson, Paul	Bowie Boys &	11:55.17	11:50.45		
10	Burgis, Landyn	Dale City Li	13:10.30	12:47.63		
11	Hayden, Jake	Bullseye Running	12:31.36	13:00.34		

100 Meter Hurdles 13-14 Division Boys

Nat'l: N 12.94 7/9/2017 Alexander Nunley, Run U Express						
Region 3: R 14.94 7/6/2017 Eric Brown, Carolina Elite						
Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Jones, Peyton	Virginia Elite	14.43	R 14.25q	-0.6	3
2	Warmington, David	Usa-Ja	14.81	R 14.42q	0.4	1
3	Jones, Micah	Virginia Rap	14.72	R 14.93q	-0.6	2
4	Hogan, Markeith	Bullseye Running	15.12	15.01q	-0.6	2
5	Rose, Michail	Virginia Elite	14.75	15.09q	0.4	1
6	Sharpe, Jamar	Comets of Ch	15.18	15.20q	-0.6	3
7	Robinson, Isaac	Bullseye Running	16.58	15.85q	-0.6	2
8	Langhammer, Evan	Tigers Elite	16.06	16.02q	-0.6	2
9	Jones, Justin	Mach 5 Athletics	16.07	16.12	0.4	1

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....100 Meter Hurdles 13-14 Division Boys

10	Taiwo, Faith TJ	Ashburn Elite Track	16.20	16.24	0.4	1
11	Bryson, Davis	Dale City Li	15.85	16.78	-0.6	3
12	Blake, Josiah	Bowie Boys &	16.70	16.89	-0.6	3
13	Bowser, Angelo	Full Speed A	17.10	16.96	-0.6	2
14	Hawkins, Larry	Glenarden Track	17.45	17.02	-0.6	3
15	Morales IV, Luis	12-Unattached	17.00	17.06	0.4	1
16	Burris Jr, Warren	301 Panthers	16.80	17.16	-0.6	3
17	Perilla, Caiden	Prominent Athletes	16.91	17.17	0.4	1
18	Townes, Kareem	DC Select Tr	18.53	17.27	0.4	1
19	Wilkerson Jr, Anthony	12-Unattached	18.46	17.98	-0.6	3
20	Shaw, Deaigo	301 Panthers	18.51	18.55	0.4	1
21	Branch, Kindrik	Glenarden Track	18.47	18.86	-0.6	2

100 Meter Hurdles 13-14 Division Boys

=====						
Nat'l: N 12.94		7/9/2017	Alexander Nunley, Run U Express			
Region 3: R 14.94		7/6/2017	Eric Brown, Carolina Elite			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Warmington, David	Usa-Ja	14.42	13.92	3.2	
2	Jones, Peyton	Virginia Elite	14.25	14.04	3.2	
3	Jones, Micah	Virginia Rap	14.93	14.52	3.2	
4	Rose, Michail	Virginia Elite	15.09	14.62	3.2	
5	Hogan, Markeith	Bullseye Running	15.01	14.63	3.2	
6	Sharpe, Jamar	Comets of Ch	15.20	14.83	3.2	
7	Langhammer, Evan	Tigers Elite	16.02	14.99	3.2	
8	Robinson, Isaac	Bullseye Running	15.85	15.84	3.2	

200 Meter Hurdles 13-14 Division Boys

=====						
Nat'l: N 23.90		7/27/2016	Sean Burrell, 06 Greater K			
Region 3: R 24.72		7/13/2003	Johnny Dutch, Junior Striders			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Warmington, David	Usa-Ja	27.28	26.46q	-0.4	3
2	Jones, Peyton	Virginia Elite	27.42	27.43q	-0.5	1
3	Hogan, Markeith	Bullseye Running	27.94	27.79q	-0.5	1
4	Robinson, Isaac	Bullseye Running	28.37	28.04q	-0.4	3
5	Steward Jr, Robert	FireStorm El	28.08	28.43q	-0.6	2
6	Taylor, Ryan	Marlboro Boy	28.42	28.48q	-0.4	3
7	Sharpe, Jamar	Comets of Ch	27.41	28.66q	-0.6	2
8	Veney, Caleb	East End Lig	31.31	28.75q	-0.4	3
9	Bryson, Davis	Dale City Li	29.71	28.77	-0.4	3
10	Perilla, Caiden	Prominent Athletes	30.13	28.96	-0.6	2
11	Burris Jr, Warren	301 Panthers	29.48	29.19	-0.5	1
12	Langhammer, Evan	Tigers Elite	29.53	29.30	-0.6	2
13	Baker, Dawson	Full Speed A	29.03	29.38	-0.6	2
14	Agudzi-Addo, Ethan Jerem	Ft. Belvoir	30.06	30.07	-0.4	3
15	Taiwo, Faith TJ	Ashburn Elite Track	30.36	30.31	-0.5	1
16	James, Israel	Comets of Ch	30.45	31.08	-0.6	2
17	Hawkins, Larry	Glenarden Track	30.40	31.18	-0.5	1
18	Morris, Dajon	East End Lig	32.08	31.46	-0.6	2
19	Burgis, Landyn	Dale City Li	34.18	34.19	-0.5	1

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

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200 Meter Hurdles 13-14 Division Boys

=====						
Nat'l: N 23.90		7/27/2016	Sean Burrell, 06 Greater K			
Region 3: R 24.72		7/13/2003	Johnny Dutch, Junior Striders			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Warmington, David	Usa-Ja	26.46	26.40	-0.4	
2	Jones, Peyton	Virginia Elite	27.43	26.78	-0.4	
3	Hogan, Markeith	Bullseye Running	27.79	27.24	-0.4	
4	Robinson, Isaac	Bullseye Running	28.04	27.65	-0.4	
5	Taylor, Ryan	Marlboro Boy	28.48	27.66	-0.4	
6	Steward Jr, Robert	FireStorm El	28.43	27.74	-0.4	
7	Sharpe, Jamar	Comets of Ch	28.66	28.92	-0.4	
8	Veney, Caleb	East End Lig	28.75	29.17	-0.4	

4x100 Meter Relay 13-14 Division Boys

=====						
Nat'l: N 43.25		8/3/2003	Florida Elite TC, Orlando, FL			
Region 3: R 43.87		7/10/2015	Charlotte Flights Track Club, Charlotte F			
			A Chapman, D Rooks, D Gilliam, I Gadson			
Team			Seed	Prelims	H#	
=====						
Preliminaries						
1	Glenarden Track 'A'		48.23	46.28q	1	
	1) Coney, Tien	2) Vaughn, Kameron				
	3) Ebron, Jamarr	4) Sannieniola, Steven				
2	Full Speed Athletics 'A'		47.20	46.51q	2	
	1) Baker, Dawson	2) Brown Jr, Marcus				
	3) Brown, Tyquan	4) Harbor, Nyckoles				
3	Elite Speed TC 'A'			47.09q	1	
	1) Tarry, Micah	2) Tyler-George, Zavion				
	3) Edwards, Savion	4) Moon, Sincere				
4	Dale City Lightning Track Cl 'A'			47.65q	1	
	1) Al-Amin, Jibreel	2) Belle, Austin				
	3) Bryson, Davis	4) Byrd, Darryl				
5	Bullseye Running 'A'		48.54	47.67q	1	
	1) Hogan, Markeith	2) Liggins, Devin				
	3) Lincoln IV, Judson	4) Robinson, Isaac				
6	Loudoun Legacy 'A'		49.00	49.06q	2	
	1) Fleming, Auston	2) Little, Christian				
	3) Williams, Cyrus	4) Kennedy, Xavier				
7	Bowie Boys & Girls Trackster 'A'		51.37	49.76q	1	
	1) Blake, Josiah	2) Burton, Ashton				
	3) Towler, Joseph	4) Narh, Joshua				
8	Comets of Charles County 'A'		49.04	50.37q	2	
	1) Lawton, Jorrell	2) Sharpe, Jamar				
	3) Hall, Eddie	4) James, Israel				
9	Glenarden Track 'B'		52.32	52.23	2	
	1) Hawkins, Larry	2) Daley, Noah				
	3) Jackson, Jarius	4) Bowden, Nakai				
--	Virginia Elite 'A'			DNF	2	
	1) Morgan, Gabriel	2) Alston, Tyshon				
	3) Alston, Sean	4) Wall-Davis, Charles				

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4x100 Meter Relay 13-14 Division Boys

Nat'l: N 43.25	8/3/2003	Florida Elite TC, Orlando, FL			
		Walter Dix, Michael Dowdell, Joshua Wimbley, David			
Region 3: R 43.87	7/10/2015	Charlotte Flights Track Club, Charlotte FL			
		A Chapman, D Rooks, D Gilliam, I Gadson			
Team			Prelims	Finals	Points

Finals

1 Full Speed Athletics 'A'	46.51	45.98
2 Glenarden Track 'A'	46.28	46.18
3 Dale City Lightning Track Cl 'A'	47.65	48.56
4 Bullseye Running 'A'	47.67	48.98
5 Elite Speed TC 'A'	47.09	49.38
6 Loudoun Legacy 'A'	49.06	49.61
7 Bowie Boys & Girls Trackster 'A'	49.76	51.23
8 Comets of Charles County 'A'	50.37	51.98

4x400 Meter Relay 13-14 Division Boys

Nat'l: N 3:23.96	8/1/1993	Los Angeles Jets, Los Angeles			
		Lonie Cruel, Aaron Dean, Patrick McCall, Obea Moore			
Region 3: R 3:30.80	7/1996	Glenarden TC			PV
Team			Seed	Finals	Points

1 Team Maryland Athletics, Inc 'A'	3:43.82	3:40.97
1:52.601 (1:52.601) 2:48.475 (55.874)	3:40.967 (52.492)	
2 Dale City Lightning Track Cl 'A'		3:48.80
1:55.919 (1:55.919) 2:52.045 (56.126)	3:48.799 (56.754)	
3 Full Speed Athletics 'A'	3:56.07	3:52.09
1:53.611 (1:53.611) 2:53.417 (59.806)	3:52.085 (58.668)	
4 Glenarden Track 'A'	4:42.62	3:52.55
1:54.773 (1:54.773) 2:57.697 (1:02.924)	3:52.543 (54.846)	
5 DC Select Track Club 'A'	4:07.82	3:52.73
1:52.893 (1:52.893) 2:51.957 (59.064)	3:52.729 (1:00.772)	
6 Comets of Charles County 'A'	3:54.91	3:57.83
2:01.383 (2:01.383) 3:01.647 (1:00.264)	3:57.825 (56.178)	
7 301 Panthers 'A'	4:24.00	4:06.49
2:01.443 (2:01.443) 3:04.703 (1:03.260)	4:06.489 (1:01.786)	

4x800 Meter Relay 13-14 Division Boys

Nat'l: N 8:23.70	7/27/2016	15 Pacific Coast Shock Waves, 15 Pacific C			
		A Andraus, R Chavez, T Granillo, E Steward			
Region 3: R 8:41.37	7/1997	Quicksilver			GA
Team			Seed	Finals	Points

1 Comets of Charles County 'A'	9:32.00	9:25.59
1) Cummings, Noah 2) Gardner, Dawvi' Ay		
3) Gamble, Darien 4) Montague, Sean		
2:25.126 (2:25.126) 4:45.320 (2:20.194) 7:07.230 (2:21.910)	9:25.590 (2:18.360)	
2 Dale City Lightning Track Cl 'A'		9:43.89
1) Murphy, Avery 2) Porch, Anthony		
3) Byrd, Darryl 4) Whyte, Jah		
2:22.630 (2:22.630) 4:49.934 (2:27.304) 7:18.004 (2:28.070)	9:43.890 (2:25.886)	
3 Firebirds Athletic 'A'		10:00.54

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Pole Vault 13-14 Division Boys

Nat'l: N 4.42m 7/9/2009 Adam Coulon, Flying Dragons						
Region 3: R 3.75m 7/9/2006 Maverick Miles, 13Unattached						
Name	Year	Team	Seed	Finals	Points	
1 Langhammer, Evan		Tigers Elite	2.75m	2.90m	9-06.25	
	2.29	2.44	2.59	2.75	2.90	3.05
	O	O	O	O	O	XXX
-- Black, Tyler		12-Unattached	2.90m	NH		
	2.29	2.44	2.59			
	P	P	XXX			

Long Jump 13-14 Division Boys

Nat'l: N 7.02m 1975 Anthony Gibson						
Region 3: R 5.33m 7/6/2017 Darius Lorfils, Firebirds						
Name	Year	Team	Seed	Finals	Wind	Points
1 Harper Jr, Daniel		Eyt Spartans	5.52m	6.01mR	0.9	19-08.75
	5.79m(0.2)	6.01m(0.9)	PASS	PASS	PASS	PASS
2 Young, Donovan		Owings Mills Track	5.35m	5.89m	3.0	19-04.00
	4.90m(1.3)	FOUL(0.5)	5.18m(1.4)	5.26m(0.5)	5.40m(4.1)	5.89m(3.0)
3 Atkins, Talil		Baltimore Ci	5.60m	5.81mR	+0.0	19-00.75
	5.81m(+0.0)	5.30m(-2.1)	PASS	5.34m(+0.0)	5.65m(1.2)	PASS
4 Jones, Micah		Virginia Rap	5.47m	5.57mR	1.6	18-03.25
	FOUL(2.5)	5.30m(+0.0)	5.57m(1.6)	5.07m(-0.3)	5.54m(-0.1)	FOUL(3.0)
5 Homer, Christian		Southern Spr	4.92m	5.56m	2.3	18-03.00
	4.70m(2.6)	5.31m(0.8)	5.01m(0.6)	5.20m(0.6)	5.56m(2.3)	5.30m(-2.0)
6 Kennedy, Zavier		Loudoun Legacy	5.00m	5.35m	2.8	17-06.75
	4.46m(1.8)	4.86m(-2.0)	5.35m(2.8)	4.69m(3.6)	4.80m(4.3)	4.90m(3.7)
6 Wyatt Jr, Alvin		East End Lig	5.37m	5.35mR	+0.0	17-06.75
	5.11m(1.8)	5.35m(+0.0)	FOUL(0.9)	5.11m(2.0)	5.23m(1.1)	4.80m(-1.6)
8 Jones, Justin		Mach 5 Athletics	5.24m	5.33m	2.3	17-06.00
	4.86m(0.4)	4.58m(-0.4)	5.33m(2.3)	4.41m(1.3)	4.86m(4.5)	4.89m(1.4)
9 Belle, Austin		Dale City Li	4.38m	5.26m	+0.0	17-03.25
	5.26m(+0.0)	5.20m(2.0)	4.97m(1.6)	5.05m(+0.0)	4.57m(2.3)	4.66m(-3.5)
10 Coates, Tristan		Virginia Pri	4.82m	5.00m	+0.0	16-05.00
	4.86m(2.2)	4.54m(+0.0)	5.00m(+0.0)			
11 Hall, Eddie		Comets of Ch	4.79m	4.98m	0.1	16-04.25
	4.52m(0.8)	4.98m(0.1)	FOUL(0.1)			
12 Johnson, Jevon		Ebenezer A.M	5.00m	4.90m	+0.0	16-01.00
	4.90m(+0.0)	FOUL(2.6)	4.74m(1.4)			
13 Satterwhite, Tyson		Central Virg	4.95m	4.88m	0.2	16-00.25
	4.88m(0.2)	4.65m(+0.0)	4.61m(0.6)			
14 Blake, Josiah		Bowie Boys &	5.06m	4.78m	1.0	15-08.25
	4.51m(1.2)	4.55m(+0.0)	4.78m(1.0)			
15 Liggins, Devin		Bullseye Running	4.70m	4.72m	1.2	15-06.00
	4.43m(+0.0)	4.42m(1.0)	4.72m(1.2)			
16 Middleton, Zachery		Mach 5 Athletics	4.77m	4.71m	1.4	15-05.50
	4.71m(1.4)	3.40m(0.8)	4.70m(0.4)			
17 Cheatham, Marshall		Pwc Panthers	4.57m	4.69m	3.8	15-04.75
	4.01m(+0.0)	4.69m(3.8)	4.45m(0.5)			
18 Travers, Julian		Firebirds Athletic	4.70m	4.23m	+0.0	13-10.50
	4.10m(0.4)	4.13m(0.2)	4.23m(+0.0)			
-- Porch, Anthony		Dale City Li	4.47m	FOUL		
	FOUL(1.1)	FOUL(1.5)	FOUL(3.8)			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Triple Jump 13-14 Division Boys**

Nat'l: N 13.43m 7/28/2011 Marcus Krah, Durham Strid							
Region 3: R 13.48m 7/9/2011 Marcus Krah, Durham Strid							
Name	Year	Team	Seed	Finals	Wind	Points	
1 Young, Donovan		Owings Mills Track	12.21m	12.49m	0.7	40-11.75	
				12.25m(+0.0)		12.10m(2.5)	11.88m(4.1)
				11.67m(1.1)		12.30m(1.6)	12.49m(0.7)
2 Taylor, Ryan		Marlboro Boy	11.28m	11.30m	2.3	37-01.00	
				11.30m(2.3)		10.80m(0.1)	10.11m(3.9)
				10.97m(1.5)		10.78m(2.7)	FOUL(0.5)
3 Rose, Michail		Virginia Elite	10.84m	10.83m	1.7	35-06.50	
				10.33m(-0.4)		10.39m(0.6)	10.83m(1.7)
				10.19m(-1.0)		10.39m(2.3)	10.53m(2.0)
4 Burris Jr, Warren		301 Panthers	9.87m	10.75m	1.6	35-03.25	
				FOUL(1.0)		FOUL(1.3)	10.24m(-1.1)
				FOUL(2.4)		10.75m(1.6)	FOUL(2.0)
5 Middleton, Zachery		Mach 5 Athletics	10.20m	10.61m	1.1	34-09.75	
				10.19m(0.4)		10.59m(1.8)	10.61m(1.1)
				10.61m(1.1)		9.85m(0.4)	10.18m(0.2)
6 Jones, Justin		Mach 5 Athletics	10.66m	10.59m	0.2	34-09.00	
				10.40m(-0.8)		10.59m(0.2)	FOUL(-0.4)
				FOUL(1.2)		10.38m(1.4)	10.39m(-2.1)
7 Satterwhite, Tyson		Central Virg	10.06m	10.41m	-0.4	34-02.00	
				9.93m(-0.3)		9.87m(1.5)	FOUL(-0.3)
				10.41m(-0.4)		FOUL(2.4)	10.30m(-0.8)
-- Wilkerson Jr, Anthony		12-Unattached	10.00m	FOUL			
				FOUL(1.5)		FOUL(0.3)	FOUL(1.0)

Shot Put 13-14 Division Boys

Nat'l: N 18.80m 8/1/2016 Trey Knight, Evergreen Storm							
Region 3: R 10.23m 7/6/2017 Rayvon Wilkinson, Marlboro							
Name	Year	Team	Seed	Finals	Points		
1 Moutome, Julien		Columbia Exp	11.74m	12.47mR	40-11.00		
				11.97m	12.17m	11.51m	12.19m
				12.47m	12.24m		
2 Coney, Racheil		Glenarden Track	10.65m	12.21mR	40-00.75		
				10.43m	9.32m	10.35m	9.90m
				12.21m	11.44m		
3 Bridges, Oliver		Marlboro Boy	11.36m	11.92mR	39-01.25		
				11.19m	10.57m	11.05m	11.69m
				11.33m	11.92m		
4 Agudzi-Addo, Ethan Jerem		Ft. Belvoir	12.24m	11.67mR	38-03.50		
				10.68m	10.60m	11.03m	10.50m
				11.25m	11.67m		
5 Lewis, Jayson		Pwc Panthers	10.13m	11.61mR	38-01.25		
				10.09m	9.59m	9.88m	9.90m
				11.61m	11.20m		
6 Stephens, Isaiah		Lazers Track Club	11.64m	11.60mR	38-00.75		
				9.16m	9.09m	11.60m	10.93m
				11.10m	10.95m		
7 Brown, Jamaun		Eyt Spartans	10.34m	11.32mR	37-01.75		
				FOUL	10.92m	11.00m	10.03m
				11.30m	11.32m		
8 Coney, Tien		Glenarden Track	11.29m	11.12mR	36-05.75		
				10.10m	10.34m	10.18m	10.96m
				10.97m	11.12m		
9 Meeks, Dion		301 Panthers	9.12m	9.59m	31-05.75		
				8.71m	9.14m	9.59m	8.65m
				8.77m	9.12m		
10 Plummer, Damone		DC Select Tr	9.74m	9.55m	31-04.00		
				9.55m	9.45m	9.31m	
11 Bowden, Nakai		Glenarden Track	9.03m	8.38m	27-06.00		
				8.38m	6.82m	8.13m	
12 Kimpson, Maxwell		Firebirds Athletic	9.01m	7.93m	26-00.25		
				7.59m	7.63m	7.93m	
13 Chadwick Jr, Kevin		Virginia Pri		7.44m	24-05.00		
				7.10m	7.04m	7.44m	
14 Grayson, Donovan		Mach 5 Athletics	6.43m	7.43m	24-04.50		
				7.43m	7.37m	7.38m	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Shot Put 13-14 Division Boys**

15 Venev, Caleb	East End Lig	6.77m	7.29m	23-11.00
FOUL 6.39m 7.29m				
16 Todd, Justin	Mach 5 Athletics	7.35m	6.19m	20-03.75
6.04m 6.19m FOUL				

Discus Throw 13-14 Division Boys

Nat'l: N 62.48m 7/28/2013 Nolan Van Amen, Raw Speed					
Region 3: R 53.82m 7/10/2011 Kenneth Brinson, Throwldeep C					
Name	Year	Team	Seed	Finals	Points
1 Stephens, Isaiah		Lazers Track Club	37.06m	37.05m	121-07
FOUL 32.62m 35.77m 34.85m 37.05m 34.08m					
2 Lewis, Jayson		Pwc Panthers	31.38m	32.79m	107-07
FOUL 27.51m 32.79m 28.60m 31.18m 30.69m					
3 Coney, Tien		Glenarden Track	30.13m	27.81m	91-03
27.71m 27.81m 27.22m 26.23m 22.43m FOUL					
4 Coney, Racheil		Glenarden Track	29.81m	27.10m	88-11
FOUL 24.22m 27.10m 23.18m 23.78m 24.92m					
5 Kirkland, Reece		12-Unattached	24.56m	25.93m	85-01
23.01m 21.81m 19.65m 20.85m 24.24m 25.93m					
6 Brown, Jamaun		Eyt Spartans	25.15m	24.76m	81-03
FOUL 22.41m 24.76m 23.45m FOUL 23.09m					
7 Bowden, Nakai		Glenarden Track	24.33m	24.54m	80-06
22.55m 22.29m 21.85m 23.58m 24.54m 23.85m					
8 Parker, Joshua		New Wave Track	16.90m	24.14m	79-02
FOUL 20.16m 21.66m 21.37m 24.14m 21.65m					
9 Bowden, Kamari		Glenarden Track	19.46m	23.39m	76-09
19.93m 21.38m FOUL 23.39m 21.29m 18.48m					
10 Valentine IV, Ramon		Baltimore Ci	17.45m	21.11m	69-03
FOUL 21.11m FOUL					
11 Rand, Roman		Loudoun Legacy	24.27m	20.90m	68-07
FOUL 20.90m FOUL					
12 Kimpson, Maxwell		Firebirds Athletic	22.15m	20.58m	67-06
19.02m 15.62m 20.58m					
13 Harvison, Adriel		Glenarden Track	15.98m	20.42m	67-00
20.42m 19.29m 18.26m					
14 Conner, Emmanuel		Firebirds Athletic	16.59m	17.20m	56-05
15.68m 17.20m 15.20m					

Javelin Throw 13-14 Division Boys

Nat'l: N 59.63m 6/7/2008 Adam Sparks, Unatt Tuscalossa, AL					
Region 3: R 47.42m 7/8/2005 Andrew Hill, 13 Jr Striders					
Name	Year	Team	Seed	Finals	Points
1 Stephens, Isaiah		Lazers Track Club	35.55m	33.97m	111-05
30.74m 29.63m 30.68m 33.97m 29.09m 33.13m					
2 Blake, Josiah		Bowie Boys &		32.68m	107-03
32.68m 29.91m 32.67m 30.38m 21.20m 28.44m					
3 Moutome, Julien		Columbia Exp		28.00m	91-10
28.00m 21.47m 21.31m 21.43m 25.85m 26.20m					
4 Lewis, Jayson		Pwc Panthers	27.14m	26.86m	88-01
26.86m 14.09m 16.63m 17.54m 13.65m 23.40m					

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Javelin Throw 13-14 Division Boys**

5	Valentine IV, Ramon	Baltimore Ci	16.90m	25.71m	84-04
	25.71m 25.59m 21.28m 23.59m 24.93m FOUL				
6	Bowden, Kamari	Glenarden Track		24.80m	81-04
	FOUL 18.32m 24.80m 24.65m 21.09m 21.39m				
7	Alden, Mercer	Ft. Belvoir		24.47m	80-03
	22.36m 22.61m 24.47m 22.88m FOUL 19.86m				
8	Ocloo, Jeremy	Glenarden Track		23.00m	75-05
	17.71m 21.97m 16.67m 22.61m 23.00m 18.39m				
9	Kimpson, Maxwell	Firebirds Athletic	18.34m	20.92m	68-08
	16.84m 18.64m 18.87m 12.20m 20.92m 20.68m				
10	Kirkland, Reece	12-Unattached	18.23m	18.31m	60-01
	17.50m 18.31m 17.36m				
11	Jones, Justin	Mach 5 Athletics	26.68m	18.23m	59-10
	18.23m FOUL FOUL				
12	Clark, Joshua	Infinite Spe	15.23m	16.55m	54-03
	FOUL 16.55m 14.91m				
13	Bowden, Nakai	Glenarden Track		16.02m	52-07
	FOUL 12.02m 16.02m				
14	Knight, Keith	Ft. Belvoir		15.60m	51-02
	14.58m 15.60m 12.59m				
15	Todd, Justin	Mach 5 Athletics	23.51m	14.75m	48-05
	14.54m 14.75m 13.94m				
16	Harvison, Adriel	Glenarden Track		13.70m	44-11
	13.70m FOUL FOUL				

Outdoor Pentathlon: #5 1500 Meter Run 13-14 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Steward Jr, Robert	FireStorm El	5:10.13	503
2 Badoo, Julien	i5 Elite	5:16.44	469
3 Rose, Michail	Virginia Elite	5:19.52	453
4 Agudzi-Addo, Ethan Jerem	Ft. Belvoir	5:26.17	418
5 Alden, Mercer	Ft. Belvoir	5:28.66	406
6 Grayson, Donovan	Mach 5 Athletics	5:29.58	401
7 Hawkins, Larry	Glenarden Track	5:46.76	321
8 Veney, Caleb	East End Lig	6:03.92	248
9 Peace III, Johnnie	Usa-Ja	6:04.35	247
10 Branch, Kindrik	Glenarden Track	6:12.06	217
11 Dixon, Michael	FireStorm El	6:24.26	174
12 Jackson, Marc	Glenarden Track	7:39.65	9

Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Wind H#	Points
1 Rose, Michail	Virginia Elite	15.09	-1.6 2	839
2 Steward Jr, Robert	FireStorm El	16.71	-1.6 2	655
3 Agudzi-Addo, Ethan Jerem	Ft. Belvoir	16.96	-2.1 1	628
4 Hawkins, Larry	Glenarden Track	18.22	-2.1 1	503
5 Dixon, Michael	FireStorm El	19.37	-1.8 3	401
6 Branch, Kindrik	Glenarden Track	19.42	-1.6 2	396
7 Veney, Caleb	East End Lig	19.47	-1.8 3	392
8 Grayson, Donovan	Mach 5 Athletics	19.99	-2.1 1	350
9 Alden, Mercer	Ft. Belvoir	20.77	-1.8 3	291

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...Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Boys Outdoor Pentathlon

10 Badoo, Julien	i5 Elite	21.39	-1.8	3	248
11 Jackson, Marc	Glenarden Track	22.15	-2.1	1	199
12 Peace III, Johnnie	Usa-Ja	23.91	-1.6	2	107

Outdoor Pentathlon: #3 High Jump 13-14 Division Boys Outdoor Pentathlon

Region 3: R 1.77m 7/6/2017 Eric Brown, Carolina Elite													
Name	Year	Team	Finals										Points
1 Steward Jr, Robert		FireStorm El	1.70m	5-07.00									544
	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75
	P	P	P	P	O	P	P	P	O	O	O	O	XXX
2 Rose, Michail		Virginia Elite	1.65m	5-05.00									504
	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	
	P	P	P	P	P	P	O	O	O	O	XXO	XXX	
3 Agudzi-Addo, Ethan Jerem		Ft. Belvoir	1.55m	5-01.00									426
	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60			
	P	P	O	O	O	XO	XO	O	XXO	XXX			
4 Hawkins, Larry		Glenarden Track	1.45m	4-09.00									352
	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50					
	P	P	XO	XXO	O	XO	XO	XXX					
5 Badoo, Julien		i5 Elite	1.40m	4-07.00									317
	1.15	1.20	1.25	1.30	1.35	1.40	1.45						
	P	O	O	O	XO	XXO	XXX						
5 Dixon, Michael		FireStorm El	1.40m	4-07.00									317
	1.15	1.20	1.25	1.30	1.35	1.40	1.45						
	P	P	XO	XO	O	O	XXX						
7 Grayson, Donovan		Mach 5 Athletics	1.30m	4-03.25									250
	1.15	1.20	1.25	1.30	1.35								
	P	P	O	O	XXX								
7 Veney, Caleb		East End Lig	1.30m	4-03.25									250
	1.15	1.20	1.25	1.30	1.35								
	P	P	P	XXO	XXX								
7 Jackson, Marc		Glenarden Track	1.30m	4-03.25									250
	1.15	1.20	1.25	1.30	1.35								
	P	P	XXO	XXO	XXX								
10 Alden, Mercer		Ft. Belvoir	1.25m	4-01.25									218
	1.15	1.20	1.25	1.30									
	P	P	XO	XXX									
10 Branch, Kindrik		Glenarden Track	1.25m	4-01.25									218
	1.15	1.20	1.25	1.30									
	P	O	XO	XXX									
12 Peace III, Johnnie		Usa-Ja	1.15m	3-09.25									159
	1.15	1.20											
	O	XXX											

Outdoor Pentathlon: #4 Long Jump 13-14 Division Boys Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points	
1 Rose, Michail		Virginia Elite	5.31m	1.4	17-05.25	443
	4.63m(+0.0)	4.74m(2.6)	5.31m(1.4)			
2 Steward Jr, Robert		FireStorm El	4.90m	2.7	16-01.00	363
	FOUL(1.0)	4.90m(2.7)	4.62m(1.2)			

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Outdoor Pentathlon: #4 Long Jump 13-14 Division Boys Outdoor Pentathlon**

3	Agudzi-Addo, Ethan Jerem	Ft. Belvoir	4.85m	0.4	15-11.00	354
	4.59m(0.7)	4.85m(0.4)	4.60m(1.5)			
4	Hawkins, Larry	Glenarden Track	4.67m	0.5	15-04.00	321
	4.47m(1.7)	3.98m(2.2)	4.67m(0.5)			
5	Badoo, Julien	i5 Elite	4.66m	3.0	15-03.50	319
	4.66m(3.0)	4.49m(2.7)	4.33m(0.5)			
6	Branch, Kindrik	Glenarden Track	4.25m	1.6	13-11.50	247
	4.08m(0.5)	4.04m(1.5)	4.25m(1.6)			
7	Dixon, Michael	FireStorm El	4.20m	2.4	13-09.50	239
	4.18m(0.9)	3.79m(2.2)	4.20m(2.4)			
7	Grayson, Donovan	Mach 5 Athletics	4.20m	1.6	13-09.50	239
	FOUL(2.2)	4.20m(1.6)	3.54m(1.8)			
9	Jackson, Marc	Glenarden Track	3.87m	2.1	12-08.50	185
	3.55m(1.0)	3.87m(2.1)	FOUL(1.4)			
10	Veney, Caleb	East End Lig	3.64m	1.1	11-11.50	150
	3.63m(1.5)	3.31m(2.6)	3.64m(1.1)			
11	Peace III, Johnnie	Usa-Ja	3.61m	+0.0	11-10.25	146
	3.55m(1.1)	FOUL(1.5)	3.61m(+0.0)			
12	Alden, Mercer	Ft. Belvoir	3.56m	1.6	11-08.25	139
	FOUL(+0.0)	3.32m(0.9)	3.56m(1.6)			

Outdoor Pentathlon: #2 Shot Put 13-14 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points	
1 Agudzi-Addo, Ethan Jerem	Ft. Belvoir	11.34m	37-02.50	566
10.81m	10.30m	11.34m		
2 Steward Jr, Robert	FireStorm El	8.90m	29-02.50	420
8.52m	8.71m	8.90m		
3 Grayson, Donovan	Mach 5 Athletics	7.58m	24-10.50	341
7.05m	7.58m	7.31m		
4 Rose, Michail	Virginia Elite	6.93m	22-09.00	303
6.63m	6.59m	6.93m		
5 Veney, Caleb	East End Lig	6.86m	22-06.25	299
FOUL	5.92m	6.86m		
6 Dixon, Michael	FireStorm El	6.62m	21-08.75	285
6.09m	5.80m	6.62m		
7 Alden, Mercer	Ft. Belvoir	6.14m	20-01.75	257
FOUL	6.14m	5.58m		
8 Hawkins, Larry	Glenarden Track	6.09m	19-11.75	254
5.33m	6.09m	6.08m		
9 Branch, Kindrik	Glenarden Track	5.91m	19-04.75	244
FOUL	5.63m	5.91m		
10 Badoo, Julien	i5 Elite	5.76m	18-10.75	235
5.51m	5.58m	5.76m		
11 Jackson, Marc	Glenarden Track	5.52m	18-01.50	221
5.28m	5.37m	5.52m		
12 Peace III, Johnnie	Usa-Ja	5.26m	17-03.25	206
5.26m	4.46m	FOUL		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****Outdoor Pentathlon 13-14 Division Boys**

=====						
Nat'l:	N	3548	7/29/2009	Joseph Delgado,	Team Idaho/Ontario,OR	
Region 3:	R	3424	7/1998	James McKie	Golden Strip TC	SC
Name	Year	Team	Seed	Finals	Points	
=====						
1	Rose, Michail	Virginia Elite		2542	10	
2	Steward Jr, Robert	FireStorm El		2485	8	
3	Agudzi-Addo, Ethan Jerem	Ft. Belvoir		2392	6	
4	Hawkins, Larry	Glenarden Track		1751	5	
5	Badoo, Julien	i5 Elite		1588	4	
6	Grayson, Donovan	Mach 5 Athletics		1581	3	
7	Dixon, Michael	FireStorm El		1416	2	
8	Veney, Caleb	East End Lig		1339	1	
9	Branch, Kindrik	Glenarden Track		1322		
10	Alden, Mercer	Ft. Belvoir		1311		
11	Peace III, Johnnie	Usa-Ja		865		
12	Jackson, Marc	Glenarden Track		864		

100 Meter Dash 15-16 Division Boys

=====						
Nat'l:	N	10.49	7/27/2017	Kennedy Lightner,	09-Fellowshi	
Region 3:	R	11.86	7/6/2017	Stephen Elliott,	Rolesville	
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	James, Omega	Usa-Ja	11.22	10.92q	2.5	3
2	Mauney, Caleb	Glenarden Track	10.85	R 10.93q	1.5	4
3	Thorogood, Trei	Pwc Panthers	10.95	11.01q	2.5	3
4	Wesley, Jaiden	Virginia Bea	11.32	11.07q	2.5	3 11.061
5	Willie, Ryan	i5 Elite	11.10	R 11.07q	1.5	2 11.066
6	Karen, Maximilian	Virginia Pri	11.20	R 11.20q	1.5	2
7	Hornsby, Khalid	Glenarden Track	11.46	R 11.30q	1.5	2
8	Peters, Alyjah	12-Unattached	11.13	R 11.32q	+0.0	1
9	Johnson, Desmond	Glenarden Track	11.29	R 11.42	1.5	4
10	Colbert, Laurenz	Glenarden Track	11.19	R 11.45	+0.0	1 11.443
11	Carter, Malachi	Glenarden Track	11.75	R 11.45	1.5	2 11.449
12	Borden, Christian	i5 Elite	11.30	R 11.53	1.5	4
13	Green, Kweyvon	757 Colts	11.60	11.56	2.5	3
14	Evans, Christopher	Bullseye Running	11.51	R 11.57	1.5	4
15	Gumbs, Jaeden	Richmond Hea	11.64	R 11.59	+0.0	1
16	Coates, Mitchell	Virginia Pri	11.36	R 11.67	1.5	2 11.662
17	McDuffie, Aidan	i5 Elite	11.44	R 11.67	+0.0	1 11.663
18	Sayeh, Baebaa	Firebirds Athletic	11.59	R 11.67	1.5	4 11.668
19	Dabney, Derrick	Dale City Li	11.84	11.68	2.5	3
20	Carmichael, Xavier	Cobra Track	11.62	R 11.70	1.5	2
21	Wilson, Jeremiah	Tigers Elite	11.82	R 11.82	1.5	4
22	Johnson, Jayden	10-Unattached	11.44	11.93	+0.0	1
23	Conley, Amare	Bullseye Running	12.01	12.05	1.5	2
24	Erekosima, Emi	Mach 1 Track	11.72	12.06	+0.0	1
25	Kirby, Jahzay	Elite Speed TC	11.82	12.07	1.5	4
--	Wilson, Jakiece	Tigers Elite	11.50	FS	2.5	3

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****100 Meter Dash 15-16 Division Boys**

=====							
Nat'l: N 10.49		7/27/2017	Kennedy Lightner, 09-Fellowshi				
Region 3: R 11.86		7/6/2017	Stephen Elliott, Rolesville				
Name	Year	Team	Prelims	Finals	Wind	Points	
=====							
Finals							
1	James, Omega	Usa-Ja	10.92	10.97R	1.4		
2	Willie, Ryan	i5 Elite	11.07	11.09R	1.4		
3	Wesley, Jaiden	Virginia Bea	11.07	11.12R	1.4		
4	Mauney, Caleb	Glenarden Track	10.93	11.13R	1.4		
5	Thorogood, Trei	Pwc Panthers	11.01	11.21R	1.4		
6	Peters, Alyjah	12-Unattached	11.32	11.27R	1.4		
7	Karen, Maximilian	Virginia Pri	11.20	11.29R	1.4		
8	Hornsby, Khalid	Glenarden Track	11.30	11.86R	1.4		

200 Meter Dash 15-16 Division Boys

=====							
Nat'l: N 20.98		7/29/2015	Tyrese Cooper, Miami Gardens				
Region 3: R 21.25		7/10/2016	Khafre Brown, Charlotte Fl				
Name	Year	Team	Seed	Prelims	Wind	H#	
=====							
Preliminaries							
1	Allen, Ashton	i5 Elite	21.50	21.76q	0.2	4	
2	Willie, Ryan	i5 Elite	22.28	22.22q	2.5	3	
3	Carruthers III, Kim	Pwc Panthers		22.30q	0.6	1	
4	Mauney, Caleb	Glenarden Track	22.62	22.60q	0.6	1	
5	Karen, Maximilian	Virginia Pri	22.75	22.61q	-0.6	2	
6	James, Omega	Usa-Ja	22.60	22.77q	-0.6	2	
7	Wesley, Jaiden	Virginia Bea	23.18	22.80q	-0.6	2	
8	Peters, Alyjah	12-Unattached	23.18	22.82q	0.6	1	
9	Adegboyo, Anjayooluwa	Bullseye Running	29.02	22.88	-0.6	2	
10	McDuffie, Aidan	i5 Elite	22.67	23.19	0.6	1	
11	Colbert, Laurenz	Glenarden Track	22.87	23.21	0.2	4	23.202
12	Thorogood, Trei	Pwc Panthers	22.91	23.21	2.5	3	23.208
13	Hornsby, Khalid	Glenarden Track	23.37	23.35	0.6	1	
14	Johnson, Desmond	Glenarden Track	22.84	23.40	2.5	3	
15	Gumbs, Jaeden	Richmond Hea	23.74	23.46	0.6	1	
16	Brinson, Jaden	Mach 5 Athletics	23.43	23.59	0.2	4	
17	Carmichael, Xavier	Cobra Track	23.43	23.78	2.5	3	
18	Green, Kweyvon	757 Colts	23.69	23.87	2.5	3	
19	Dan, Tyler	Bullseye Running	24.14	23.96	0.2	4	
20	Galbert III, Rudie	Virginia Pri	23.92	24.03	-0.6	2	
21	Erekosima, Emi	Mach 1 Track	23.54	24.12	0.2	4	24.112
21	Smith, Markus	M180 Team Power	23.72	24.12	-0.6	2	24.112
23	Ross, Jayden	Pwc Panthers	23.93	24.14	2.5	3	
24	Borden, Christian	i5 Elite	22.90	24.16	0.2	4	
25	Moore, George	12-Unattached	24.09	24.18	0.2	4	
26	Cobb, Stephen	Tbf Spartans	23.40	24.31	-0.6	2	
27	Mason, Devin	Eyt Spartans	24.28	25.05	2.5	3	
28	McCullough, Daniel	Glenarden Track		26.22	-0.6	2	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****200 Meter Dash 15-16 Division Boys**

=====						
Nat'l: N 20.98		7/29/2015	Tyrese Cooper, Miami Gardens			
Region 3: R 21.25		7/10/2016	Khafre Brown, Charlotte Fl			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Willie, Ryan	i5 Elite	22.22	22.31	-2.8	
2	Carruthers III, Kim	Pwc Panthers	22.30	22.56	-2.8	
3	Mauney, Caleb	Glenarden Track	22.60	22.62	-2.8	
4	James, Omega	Usa-Ja	22.77	22.79	-2.8	
5	Peters, Alyjah	12-Unattached	22.82	22.97	-2.8	
6	Karen, Maximilian	Virginia Pri	22.61	22.99	-2.8	
7	Wesley, Jaiden	Virginia Bea	22.80	23.52	-2.8	
--	Allen, Ashton	i5 Elite	21.76	DNF	-2.8	

400 Meter Dash 15-16 Division Boys

=====						
Nat'l: N 45.99		1998	Obea Moore, LA Jets			
Region 3: R 52.73		7/6/2017	Stephen Elliott, Rolesville			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Allen, Ashton	i5 Elite	47.50	R 49.45q	3	
2	Willie, Ryan	i5 Elite	49.76	R 49.61q	2	
3	Carruthers III, Kim	Pwc Panthers		R 50.15q	2	
4	Adegboyo, Anjayooluwa	Bullseye Running	51.24	R 51.08q	1	
5	Gray, Miles	Marlboro Boy	50.49	R 51.12q	1	
6	Cobb, Stephen	Tbf Spartans	51.65	R 51.79q	3	
7	Bellamy, Elijah	Pwc Panthers	51.44	R 52.57q	2	
8	Oshegbo, Makarios	Owings Mills Track	52.71	53.04q	3	
9	Johnson Jr, Daryl	Mach 5 Athletics	53.39	53.36	2	
10	Patterson, Neil	Eastern Shor	53.34	53.54	1	
11	Ross, Jayden	Pwc Panthers	53.28	53.63	1	
12	Dan, Tyler	Bullseye Running	53.10	53.77	2	
13	Hudson, Antonio	DC United Youth	53.45	54.46	3	
14	Smith, Markus	M180 Team Power	53.61	54.53	3	
15	Fonville Jr, Kelvin	Global Trans	55.63	55.09	1	
16	Bailey, Kymani	Glenarden Track		55.14	1	
17	Julapalli, Subodh	Virginia Pri	55.90	55.40	3	
18	Fennell, Matthew	Full Speed A	53.75	55.60	2	
19	Julapalli, Sumedh	Virginia Pri	55.32	56.04	1	
20	Land, Cevion	757 Colts	56.32	56.19	3	
21	Galbert III, Rudie	Virginia Pri	55.88	56.69	2	
22	Grant, Job	Virginia Pri	56.60	58.38	2	

400 Meter Dash 15-16 Division Boys

=====						
Nat'l: N 45.99		1998	Obea Moore, LA Jets			
Region 3: R 52.73		7/6/2017	Stephen Elliott, Rolesville			
Name	Year	Team	Prelims	Finals	Points	
=====						
Finals						
1	Allen, Ashton	i5 Elite	49.45	48.83R		
2	Willie, Ryan	i5 Elite	49.61	49.20R		
3	Carruthers III, Kim	Pwc Panthers	50.15	50.10R		
4	Gray, Miles	Marlboro Boy	51.12	50.65R		

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****...400 Meter Dash 15-16 Division Boys**

5 Cobb, Stephen	Tbf Spartans	51.79	51.16R
6 Bellamy, Elijah	Pwc Panthers	52.57	51.64R
7 Adegboyo, Anjayooluwa	Bullseye Running	51.08	52.20R
8 Oshogbo, Makarios	Owings Mills Track	53.04	53.92

800 Meter Run 15-16 Division Boys

=====						
Nat'l: N 1:50.51 7/28/2007 Howard Shepard, 26 Texas Stars T						
Region 3: R 1:54.47 7/6/2012 Jamaree Murray, 13-Carolina						
Name	Year	Team	Seed	Finals	H#	Points
=====						
1 Smith, Matthew		Virginia Spe	2:02.61	2:01.76	3	
2 Gray, Miles		Marlboro Boy	2:04.03	2:03.16	3	
3 Babyak, John		Tidewater Striders	2:07.39	2:03.46	3	
4 Cobb, Stephen		Tbf Spartans	2:05.94	2:03.56	3	
5 Naoussi, Johan		Usa-Ja	2:05.98	2:03.97	3	
6 Oshogbo, Makarios		Owings Mills Track	2:06.81	2:04.44	3	
7 Fennell, Matthew		Full Speed A	2:08.22	2:05.20	2	
8 Johnson Jr, Daryl		Mach 5 Athletics	2:08.36	2:06.56	2	
9 Hudson, Antonio		DC United Youth	2:07.26	2:07.18	3	
10 Phillips, Kendall		Marlboro Boy	2:08.39	2:07.51	2	
11 Burns Jr, Willie		Dale City Li	2:11.05	2:08.20	2	
12 Harrod, Anthony		i5 Elite	2:07.44	2:08.88	2	
13 Julapalli, Subodh		Virginia Pri	2:07.81	2:10.09	2	
14 Sharps, Damarcus		Vision Elite	2:09.49	2:11.14	2	
15 Cardwell, Hunter		Mach 5 Athletics	2:14.68	2:11.34	1	
16 Julapalli, Sumedh		Virginia Pri	2:08.33	2:11.38	2	
17 Jackson, Christian		Infinite Spe	2:15.19	2:12.58	1	
18 Bailey, Kymani		Glenarden Track		2:12.66	1	
19 Marsh, Emile		Mach 5 Athletics	2:18.22	2:14.13	1	
20 Aly, Omar		Pwc Panthers	2:18.69	2:22.47	1	

1500 Meter Run 15-16 Division Boys

=====						
Nat'l: N 3:54.02 7/29/2007 Nathan Mathabane, 13 unattached						
Name	Year	Team	Seed	Finals	H#	Points
=====						
1 Smith, Matthew		Virginia Spe	4:13.99	4:10.98	2	
2 Babyak, John		Tidewater Striders	4:26.40	4:23.23	2	
3 Burns Jr, Willie		Dale City Li	4:25.68	4:26.16	2	
4 Phillips, Kendall		Marlboro Boy	4:28.02	4:29.51	2	
5 Sharps, Damarcus		Vision Elite	4:35.44	4:36.61	2	
6 Harrod, Anthony		i5 Elite	4:47.29	4:43.76	2	
7 Brown, Trenton		Glenarden Track	4:59.12	4:50.41	2	
8 Ponciano, Daniel		Firebirds Athletic	5:00.95	4:57.89	1	
9 Aly, Omar		Pwc Panthers	4:59.73	4:59.16	1	
10 Jimason, Jason		Clinton Boys	5:07.59	5:06.58	1	
11 Larry, Jamari		Glenarden Track	5:14.13	5:12.69	1	
12 Melanson, Evan		Tidewater Striders	5:34.99	5:15.26	1	
13 Mann, Christopher		Bullseye Running	5:16.63	5:15.68	1	
14 de la Vega-Rodriguez, Da		Firebirds Athletic	5:18.59	5:16.88	1	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****3000 Meter Run 15-16 Division Boys**

Nat'l: N 8:27.00 7/23/1993 Billy Harper, Philomath, OR					
Region 3: R 8:55.53 7/8/2006 Ryan Hill, 13Unattached					
Name	Year	Team	Seed	Finals	Points
1 Burns Jr, Willie		Dale City Li	10:09.46	9:38.70	
2 Phillips, Kendall		Marlboro Boy	9:54.73	9:48.27	
3 Ponciano, Daniel		Firebirds Athletic	10:54.24	10:34.28	
4 Sharps, Damarcus		Vision Elite	10:34.35	11:05.30	
5 Mann, Christopher		Bullseye Running	12:16.92	12:03.58	
6 de la Vega-Rodriguez, Da		Firebirds Athletic	12:04.79	12:48.14	

110 Meter Hurdles 15-16 Division Boys

Nat'l: N 13.74 7/29/2007 Wayne Davis II, 13 Hurdles First						
Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Amouzou, Loick		Bullseye Running	15.05	15.42q	-0.3	2
2 Wilson, Jeremiah		Tigers Elite	15.10	16.13q	1.7	1
3 Watson, Kevaghn		Virginia Elite	17.59	16.68q	1.7	1
4 Midgett, Keyandre		Richmond Hea	16.52	17.08q	-0.3	2
5 Coles, Vannie		Virginia Pri	16.49	17.14q	1.7	1
6 Brown, Donovan		Firebirds Athletic	17.49	17.26q	1.7	1
7 Ray, Andrew		Owings Mills Track	16.90	17.34q	-0.3	2
8 Richmond II, Andre'		Bullseye Running	17.98	18.23q	-0.3	2
9 Brinson, Jaden		Mach 5 Athletics	19.04	18.25	-0.3	2
10 Roberts, Javar		301 Panthers	18.55	18.53	1.7	1
11 Rollinson, Christopher		Ashburn Elite Track	17.81	18.58	-0.3	2
12 Rollinson, Christian		Ashburn Elite Track	19.01	18.86	-0.3	2
13 Lorfils, Darius		Firebirds Athletic	18.32	20.30	1.7	1

110 Meter Hurdles 15-16 Division Boys

Nat'l: N 13.74 7/29/2007 Wayne Davis II, 13 Hurdles First						
Name	Year	Team	Prelims	Finals	Wind	Points
Finals						
1 Midgett, Keyandre		Richmond Hea	17.08	15.01	0.9	15.009
2 Wilson, Jeremiah		Tigers Elite	16.13	15.01	0.9	15.010
3 Amouzou, Loick		Bullseye Running	15.42	15.61	0.9	
4 Coles, Vannie		Virginia Pri	17.14	15.87	0.9	
5 Ray, Andrew		Owings Mills Track	17.34	16.68	0.9	
6 Brown, Donovan		Firebirds Athletic	17.26	16.74	0.9	
7 Richmond II, Andre'		Bullseye Running	18.23	18.61	0.9	
-- Watson, Kevaghn		Virginia Elite	16.68	DNF	0.9	

400 Meter Hurdles 15-16 Division Boys

Nat'l: N 51.56 7/30/2006 William Wynne, 03 Titans					
Region 3: R 52.09 7/10/2005 Johnny Dutch, 13 Jr Striders					
Name	Year	Team	Seed	Prelims	H#
Preliminaries					
1 Daye-Schafer, Devin		Central Virg	58.47	58.37q	2
2 Perry, Jamil		Glenarden Track	1:00.64	59.00q	1

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

Hampton University

Results

....400 Meter Hurdles 15-16 Division Boys

3	Watson, Kevaughn	Virginia Elite	1:03.66	59.64q	1
4	Amouzou, Loick	Bullseye Running	59.57	59.96q	1
5	Gray, Miles	Marlboro Boy	1:01.40	1:01.58q	2
6	Oshegbo, Makarios	Owings Mills Track	1:05.72	1:01.67q	2
7	Coles, Vannie	Virginia Pri	1:03.65	1:03.46q	1
8	Ray, Andrew	Owings Mills Track	1:02.07	1:03.61q	2
9	Randle, Devin	M180 Team Power	1:05.48	1:05.44	2
10	Wilson, Adrian	Tigers Elite	1:10.05	1:05.45	2

400 Meter Hurdles 15-16 Division Boys

=====					
Nat'l: N 51.56		7/30/2006	William Wynne, 03 Titans		
Region 3: R 52.09		7/10/2005	Johnny Dutch, 13 Jr Striders		
Name	Year	Team	Prelims	Finals	Points
=====					

Finals

1	Daye-Schafer, Devin	Central Virg	58.37	56.09
2	Perry, Jamil	Glenarden Track	59.00	58.54
3	Watson, Kevaughn	Virginia Elite	59.64	1:00.61
4	Gray, Miles	Marlboro Boy	1:01.58	1:00.62
5	Oshegbo, Makarios	Owings Mills Track	1:01.67	1:02.76
6	Ray, Andrew	Owings Mills Track	1:03.61	1:04.88

2000 Meter Steeplechase 15-16 Division Boys

=====					
Nat'l: N 6:02.84		7/31/1988	Jason Brown, Provo, UT		
Region 3: R 6:30.63		7/11/2014	Nolan Cook, Greensboro P		
Name	Year	Team	Seed	Finals	Points
=====					

1	Phillips, Kendall	Marlboro Boy		7:01.38
2	Babyak, John	Tidewater Striders	6:40.00	7:07.78
3	Johnson, Devin	Richmond Hea		7:18.60
4	Tripp, William	Bullseye Running		7:22.11
5	Bellamy, Elijah	Pwc Panthers		8:03.66
6	Aly, Omar	Pwc Panthers		8:04.33
7	Salley, Zion	Pwc Panthers		8:33.70

4x100 Meter Relay 15-16 Division Boys

=====					
Nat'l: N 40.56		7/29/2017	12-Eagles Elite, 12-Eagles El		
			D Washington, J Drayden, J Khepera, M Beason		
Region 3: R 41.90		7/10/2004	45 Baldwin County Jets, Baldwin Coun		
			K Wright, T Edwards, D Marshall, B Nolly		
Team			Seed	Finals	Points
=====					

1	Glenarden Track 'A'		42.90	43.15
2	Bullseye Running 'A'		44.19	44.51
3	757 Colts 'A'		44.00	44.69
4	Virginia Pride Track Club 'A'		45.00	45.52
5	Firebirds Athletic 'A'		46.05	46.16
6	Glenarden Track 'B'		44.90	46.37

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4x400 Meter Relay 15-16 Division Boys

Nat'l: N 3:13.40 7/29/2001 New Horizon "A", Georgia						
Lawrence Jackson, Cedric Goodman, Reginald Withers						
Region 3: R 3:15.96 7/9/2006 45 Titans, 45 Titans						
Team	Seed	Finals	Points			
1 Bullseye Running 'A'	3:36.80	3:34.24				
1:44.385 (1:44.385)	2:40.951 (56.566)	3:34.233 (53.282)				
2 Mach 5 Athletics 'A'		3:36.86				
1:51.057 (1:51.057)	2:44.485 (53.428)	3:36.857 (52.372)				
3 Glenarden Track 'A'	3:30.00	3:37.70				
1:49.465 (1:49.465)	2:44.535 (55.070)	3:37.691 (53.156)				
4 Virginia Pride Track Club 'A'	3:31.00	3:38.97				
1:50.505 (1:50.505)	2:45.365 (54.860)	3:38.963 (53.598)				
5 Dale City Lightning Track Cl 'A'		3:41.77				
1:51.011 (1:51.011)	2:45.589 (54.578)	3:41.765 (56.176)				
6 Glenarden Track 'B'	3:36.00	3:54.09				
1:51.775 (1:51.775)	2:51.519 (59.744)	3:54.087 (1:02.568)				

4x800 Meter Relay 15-16 Division Boys

Nat'l: N 7:41.30 7/25/2007 12 26 Texas Stars Track Club,, 26 Texas Sta						
E Gosset, J Burkley, H Shepard, K Payne						
Region 3: R 8:05.55 7/7/2005 10 Hummingbird Track Club, 10 Hummingbird T						
B Carthan, P Iwugo, l lawal, A Taylor						
Team	Seed	Finals	Points			
1 Glenarden Track 'A'	8:40.00	9:08.53				
1) Bailey, Kymani	2) Perry, Jamil					
3) Larry, Jamari	4) Brown, Trenton					
2:11.242 (2:11.242)	4:21.626 (2:10.384)	6:40.516 (2:18.890)	9:08.530 (2:28.014)			
2 Mach 5 Athletics 'A'		9:10.56				
1) Brown, Malachi	2) Johnson Jr, Daryl					
3) Cardwell, Hunter	4) Marsh, Emile					
2:18.178 (2:18.178)	4:32.876 (2:14.698)	6:59.916 (2:27.040)	9:10.554 (2:10.638)			

High Jump 15-16 Division Boys

Nat'l: N 2.16m 6/24/2012 Randall Cunningham Jr, Nevada Gazelles						
Name	Year	Team	Seed	Finals	Points	
1 Brown, Donovan		Firebirds Athletic	1.62m	1.70m	5-07.00	
1.45 1.50 1.55 1.60 1.65 1.70 1.75						
P P O O O XO XXX						
2 Perry, Jamil		Glenarden Track	1.72m	J1.70m	5-07.00	
1.45 1.50 1.55 1.60 1.65 1.70 1.75						
P P P XO O XXO XXX						
3 Burks, Marquise		Vision Elite	1.67m	1.65m	5-05.00	
1.45 1.50 1.55 1.60 1.65 1.70						
P P XO P XXO XXX						
4 Richmond II, Andre'		Bullseye Running	1.67m	1.60m	5-03.00	
1.45 1.50 1.55 1.60 1.65						
P P XO O XXX						
5 Morris, Tyler		Virginia Elite	1.60m	J1.60m	5-03.00	
1.45 1.50 1.55 1.60 1.65						
P XO XXO XO XXX						

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...High Jump 15-16 Division Boys

6	Lorfilms, Darius	Firebirds Athletic	1.62m	J1.60m	5-03.00
	1.45 1.50 1.55 1.60 1.65				
	P P O XXO XXX				
7	Harrison, Kenneth	Bullseye Running	1.52m	1.50m	4-11.00
	1.45 1.50 1.55				
	XO O XXX				
--	Hunter, Emanuel	Wwas Athletic Club	1.35m	NH	
	1.45				
	XXX				

Pole Vault 15-16 Division Boys

Nat'l: N 5.12m 7/9/1994 Jacob Davis, San Antonio, TX										
Name	Year	Team	Seed	Finals	Points					
1	Underwood, Braden	Aim High Pole Vault	3.80m	3.66m	12-00.00					
	2.29 2.44 2.59 2.75 2.90 3.05 3.20 3.36 3.51 3.66 3.97									
	P P P P P O P O O O XXX									
2	Moore, Kai	12-Unattached	2.60m	2.75m	9-00.25					
	2.29 2.44 2.59 2.75 2.90									
	O O O O XXX									

Long Jump 15-16 Division Boys

Nat'l: N 7.35m 1979 Steve Hansley										
Region 3: R 5.16m 7/6/2017 Stephen Elliott, Rolesville										
Name	Year	Team	Seed	Finals	Wind	Points				
1	Marsh Jr, Marvin	12-Unattached	6.29m	6.47mR	1.7	21-02.75				
	5.18m(0.6) FOUL(1.0) 6.33m(1.5) 6.47m(1.7) FOUL(1.7) 5.79m(-2.4)									
2	Midgett, Keyandre	Richmond Hea	6.46m	6.40m	2.1	21-00.00				
	6.40m(2.1) FOUL(0.5) FOUL(1.6) FOUL(0.6) FOUL(1.2) 6.29m(1.4)									
3	Coates, Mitchell	Virginia Pri	6.44m	6.33mR	1.6	20-09.25				
	6.29m(+0.0) FOUL(0.4) FOUL(1.6) 6.00m(0.7) FOUL(1.1) 6.33m(1.6)									
4	Daye-Schafer, Devin	Central Virg	6.19m	6.28mR	0.2	20-07.25				
	6.13m(2.2) 6.21m(2.0) 5.96m(1.3) 6.01m(1.0) 6.28m(0.2) 6.27m(3.1)									
5	Borden, Christian	i5 Elite	6.53m	6.26mR	+0.0	20-06.50				
	6.26m(+0.0) 6.00m(0.5) 5.89m(1.3) FOUL(2.0) 6.03m(2.2) 6.12m(0.1)									
6	Williams, Brandon	i5 Elite	5.79m	6.15mR	1.5	20-02.25				
	6.04m(0.5) 6.02m(2.2) 6.15m(1.5) 5.77m(0.6) FOUL(1.2) 6.14m(1.0)									
7	Rawlings, Phillip	Glenarden Track	5.43m	6.08m	3.3	19-11.50				
	FOUL(1.8) 6.00m(1.2) 5.80m(1.2) 6.08m(3.3) 6.00m(1.1) FOUL(2.0)									
8	Brinson, Jaden	Mach 5 Athletics	5.89m	6.07mR	1.6	19-11.00				
	FOUL(0.6) FOUL(1.5) 6.07m(1.6) FOUL(0.5) FOUL(1.9) 5.74m(1.4)									
9	Lockett, Rodrick	Central Virg	5.76m	5.78m	2.3	18-11.75				
	5.78m(2.3) 5.47m(1.1) 5.60m(+0.0) FOUL(1.2) 5.62m(1.6) 5.73m(1.5)									
10	Johnson, Jayden	10-Unattached	6.12m	5.77mR	0.2	18-11.25				
	5.77m(0.2) FOUL(0.8) FOUL(2.8)									
11	Metcalfe, Spencer	Pwc Panthers	5.72m	5.71mR	1.4	18-09.00				
	5.70m(1.9) 5.71m(1.4) 5.54m(2.8)									
12	Sickels, Jordan	Prominent Athletes	5.83m	5.70mR	0.4	18-08.50				
	FOUL(2.0) 5.69m(0.2) 5.70m(0.4)									
13	Lorfilms, Darius	Firebirds Athletic	5.40m	5.61m	3.2	18-05.00				
	5.25m(-1.1) 5.31m(+0.0) 5.61m(3.2)									

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14	Wright, Jeremiah	Prominent Athletes	5.42m	5.58mR +0.0	18-03.75
	5.11m(1.2) 5.30m(+0.0) 5.58m(+0.0)				
15	Wilson, Jakiece	Tigers Elite	5.86m	5.40mR 1.1	17-08.75
	FOUL(0.9) FOUL(2.6) 5.40m(1.1)				
16	Jacobs, Mathias	Glenarden Track	4.77m	5.39m 2.8	17-08.25
	5.39m(2.8) 5.22m(0.2) 5.11m(+0.0)				
17	Richmond II, Andre'	Bullseye Running	5.18m	5.32mR 1.1	17-05.50
	5.00m(1.1) 5.02m(0.7) 5.32m(1.1)				
18	Landon, Mekhi	Bullseye Running	5.61m	5.30mR 0.6	17-04.75
	5.30m(0.6) FOUL(2.5) FOUL(0.1)				
19	Jones, Xavier	Mach 5 Athletics	5.24m	5.20mR 1.4	17-00.75
	FOUL(-0.8) 4.62m(0.5) 5.20m(1.4)				
20	Harrison, Kenneth	Bullseye Running	5.24m	5.06m 1.1	16-07.25
	5.06m(1.1) 4.39m(0.6) 4.95m(2.0)				
21	Roberts, Javar	301 Panthers	5.25m	5.02m 0.2	16-05.75
	5.02m(0.2) 4.87m(1.3) FOUL(1.6)				
22	Branch Jr, Terrance	Mach 1 Track	5.05m	4.95m 1.0	16-03.00
	FOUL(-1.1) FOUL(0.8) 4.95m(1.0)				
23	Fonville Jr, Kelvin	Global Trans	5.60m	4.80m 0.9	15-09.00
	4.59m(+0.0) 4.55m(4.2) 4.80m(0.9)				

Triple Jump 15-16 Division Boys

=====							
	Nat'l:	N 15.08m	7/29/1996	Chris Hercules, Palatine, IL			
	Region 3:	R 15.18m	7/1987	Tyrell Taitt East Coast Classic NC			
Name	Year	Team	Seed	Finals	Wind	Points	
=====							
1	Daye-Schafer, Devin	Central Virg	12.69m	13.27m	-0.3	43-06.50	
	13.27m(-0.3) FOUL(-0.6) FOUL(-0.5) 13.09m(-2.0) 13.13m(-2.5) 13.03m(0.7)						
2	Midgett, Keyandre	Richmond Hea	13.28m	13.05m	+0.0	42-09.75	
	13.05m(+0.0) FOUL(1.3) 12.92m(1.5) FOUL(-0.2) FOUL(+0.0) PASS						
3	Watson, Kevaughn	Virginia Elite	12.37m	12.69m	0.7	41-07.75	
	12.69m(0.7) 12.10m(-0.5) FOUL(2.8) 11.65m(-0.1) FOUL(-0.3) 12.35m(0.3)						
4	Williams, Brandon	i5 Elite	12.28m	12.37m	0.1	40-07.00	
	11.79m(+0.0) 11.57m(-1.3) 12.37m(0.1) 11.70m(-3.5) 11.90m(0.1) 12.08m(1.2)						
5	Salley, Zion	Pwc Panthers	11.91m	12.35m	3.1	40-06.25	
	12.35m(3.1) 11.95m(1.3) 11.66m(1.3) 11.93m(+0.0) 11.82m(3.5) 12.00m(1.8)						
6	Erekosima, Emi	Mach 1 Track	12.13m	12.32m	1.6	40-05.00	
	FOUL(1.9) 11.79m(0.9) 12.10m(0.5) 12.32m(1.6) 12.19m(0.2) 11.49m(-0.7)						
7	Sickels, Jordan	Prominent Athletes	11.22m	12.26m	0.8	40-02.75	
	12.15m(0.4) 12.06m(-0.7) 12.26m(0.8) 11.81m(+0.0) 12.10m(2.9) 11.46m(1.0)						
8	Lavender, DeMonte	Virginia Elite	11.92m	12.21m	0.9	40-00.75	
	12.09m(-0.2) 12.15m(+0.0) 11.92m(0.7) 12.21m(0.9) 12.17m(3.6) FOUL(2.3)						
9	Landon, Mekhi	Bullseye Running	11.71m	11.94m	0.7	39-02.25	
	11.94m(0.7) 11.22m(-0.3) 11.55m(2.6) 11.44m(2.5) 11.39m(0.1) PASS						
10	Jones, Xavier	Mach 5 Athletics	11.63m	11.86m	+0.0	38-11.00	
	11.86m(+0.0) 11.23m(+0.0) FOUL(1.1)						
--	Johnson, Camren	Dale City Li	10.79m	FOUL			
	FOUL(2.5) FOUL(-1.3) FOUL(3.4)						
--	Marsh Jr, Marvin	12-Unattached	13.09m	FOUL			
	FOUL(-1.6) FOUL(2.7) FOUL(+0.0)						
--	Gumbs, Jaeden	Richmond Hea	11.03m	FOUL			
	FOUL(0.2) FOUL(-1.5) FOUL(0.5)						
--	Land, Cevion	757 Colts	11.62m	FOUL			
	FOUL(-1.1) FOUL(0.5) FOUL(2.6)						

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-- Hampton, Jackson Cavalier Cav 10.90m FOUL
 FOUL(1.4) FOUL(-0.6) FOUL(2.7)

Shot Put 15-16 Division Boys

Nat'l: N 19.29m 7/28/1996 Larry Rosen, unattached						
Name	Year	Team	Seed	Finals	Points	
1 Hawkins, Dominic		Comets of Ch	14.16m	13.50m	44-03.50	
	12.61m	12.09m	12.81m	13.13m	13.23m	13.50m
2 Bowman, Jared		Loudoun Legacy	13.43m	13.35m	43-09.75	
	12.75m	12.68m	13.23m	12.91m	FOUL	13.35m
3 Greene, Collin		Bullseye Running	12.98m	12.95m	42-06.00	
	12.95m	FOUL	FOUL	FOUL	12.58m	FOUL
4 Sayeh, Baebaa		Firebirds Athletic	12.89m	12.86m	42-02.25	
	11.89m	12.01m	11.36m	11.65m	12.86m	FOUL
5 Villarruel, Jose		Commonwealth	11.40m	11.68m	38-04.00	
	FOUL	9.86m	10.38m	11.68m	FOUL	FOUL
6 Burks, Marquise		Vision Elite	12.27m	11.21m	36-09.50	
	10.95m	11.21m	10.47m	9.56m	10.70m	9.84m
7 Richlin, Alexander		10-Unattached	10.04m	11.01m	36-01.50	
	10.65m	10.32m	11.01m	10.71m	FOUL	FOUL
8 Hudson, David		Marlboro Boy	11.17m	10.77m	35-04.00	
	10.73m	10.77m	FOUL	FOUL	FOUL	FOUL
9 Harris, Dominick		DC Select Tr	11.05m	10.13m	33-03.00	
	9.66m	FOUL	8.79m	FOUL	10.13m	9.55m
10 Middleton, Zahn		Mach 5 Athletics	10.89m	9.45m	31-00.00	
	9.28m	FOUL	9.45m			
11 Todd, Xavier		Vision Elite	9.19m	8.35m	27-04.75	
	8.08m	8.21m	8.35m			

Discus Throw 15-16 Division Boys

Nat'l: N 58.80m 6/1/1985 Kamy Keshamiri						
Name	Year	Team	Seed	Finals	Points	
1 Bowman, Jared		Loudoun Legacy	39.01m	43.73m	143-06	
	33.33m	38.03m	FOUL	38.60m	43.73m	FOUL
2 Hawkins, Dominic		Comets of Ch	39.16m	40.33m	132-04	
	38.38m	37.29m	38.03m	39.44m	40.33m	FOUL
3 Richlin, Alexander		10-Unattached	36.27m	39.09m	128-03	
	36.92m	FOUL	37.05m	39.09m	38.93m	38.78m
4 Burks, Marquise		Vision Elite	25.91m	37.72m	123-09	
	35.16m	33.59m	37.72m	34.85m	33.55m	27.42m
5 Peebles, Robert		Central Virg	36.21m	37.10m	121-09	
	34.89m	34.37m	37.10m	34.80m	35.08m	FOUL
6 Greene, Collin		Bullseye Running	36.58m	36.96m	121-03	
	35.71m	FOUL	35.98m	FOUL	33.58m	36.96m
7 Sayeh, Baebaa		Firebirds Athletic	39.34m	36.84m	120-10	
	33.85m	34.15m	34.35m	FOUL	FOUL	36.84m
8 Hudson, David		Marlboro Boy	32.51m	31.30m	102-08	
	31.30m	29.53m	28.52m	20.36m	FOUL	29.26m
9 Villarruel, Jose		Commonwealth	25.93m	28.70m	94-02	
	28.70m	FOUL	23.88m	24.68m	FOUL	27.24m

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...Discus Throw 15-16 Division Boys

10	Todd, Xavier	Vision Elite	21.62m	20.13m	66-00
	20.13m 19.78m 19.32m				
11	Harris, Dominick	DC Select Tr	20.47m	18.48m	60-07
	FOUL 18.17m 18.48m				

Javelin Throw 15-16 Division Boys

Nat'l: N 63.60m 7/9/2010 William H. Stanley III, Pomina, NJ					
Name	Year	Team	Seed	Finals	Points
1 Richlin, Alexander		10-Unattached	46.74m	47.79m	156-09
	43.48m 46.13m	FOUL PASS 46.06m 47.79m			
2 Cardwell, Hunter		Mach 5 Athletics	27.98m	28.84m	94-07
	27.32m 28.33m 27.24m	27.26m 28.70m 28.84m			
3 Beckett II, Aundre		Mach 5 Athletics	15.78m	15.33m	50-03
	13.94m 15.29m 14.02m	15.33m 14.56m 10.65m			
4 Todd, Xavier		Vision Elite		12.86m	42-02
	12.86m 10.04m	FOUL 12.60m 12.60m 12.74m			

Decathlon: #1 100 Meter Dash 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Wind	Points
1 Sayeh, Baebaa		Firebirds Athletic	11.65	-0.3	721
2 Burks, Marquise		Vision Elite	12.30	-0.3	593
3 Brown, Donovan		Firebirds Athletic	12.35	-0.3	584
4 Lorfils, Darius		Firebirds Athletic	12.90	-0.3	485

Decathlon: #5 400 Meter Dash 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Points
1 Brown, Donovan		Firebirds Athletic	53.74	650
2 Burks, Marquise		Vision Elite	56.52	539
3 Sayeh, Baebaa		Firebirds Athletic	57.26	511
4 Lorfils, Darius		Firebirds Athletic	57.84	490

Decathlon: #10 1500 Meter Run 15-16 Division Boys Decathlon

Region 3: R 4:47.81 7/6/2017 Stephen Elliott, Rolesville				
Name	Year	Team	Finals	Points
1 Brown, Donovan		Firebirds Athletic	5:02.60	545
2 Burks, Marquise		Vision Elite	5:03.04	542
3 Lorfils, Darius		Firebirds Athletic	5:33.17	384
4 Sayeh, Baebaa		Firebirds Athletic	5:46.05	324

Decathlon: #6 110 Meter Hurdles 15-16 Division Boys Decathlon

Region 3: R 18.84 7/6/2017 Stephen Elliott, Rolesville					
Name	Year	Team	Finals	Wind	Points
1 Burks, Marquise		Vision Elite	16.58R	-0.3	669
2 Brown, Donovan		Firebirds Athletic	17.68R	-0.3	555
3 Lorfils, Darius		Firebirds Athletic	18.36R	-0.3	490

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...Decathlon: #6 110 Meter Hurdles 15-16 Division Boys Decathlon

4 Sayeh, Baebaa Firebirds Athletic 20.54 -0.3 308

Decathlon: #4 High Jump 15-16 Division Boys Decathlon

Region 3: R 1.67m 7/6/2017 Stephen Elliott, Rolesville									
Name	Year	Team	Finals				Points		
1 Burks, Marquise		Vision Elite	1.80mR	5-10.75	627				
	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85
	P	P	O	O	O	O	O	XXO	XXX
2 Lorfils, Darius		Firebirds Athletic	1.60m	5-03.00	464				
	1.45	1.50	1.55	1.60	1.65				
	O	O	XO	XO	XXX				
3 Brown, Donovan		Firebirds Athletic	1.55m	5-01.00	426				
	1.45	1.50	1.55	1.60					
	O	O	XO	XXX					
4 Sayeh, Baebaa		Firebirds Athletic	1.45m	4-09.00	352				
	1.45	1.50							
	XO	XXX							

Decathlon: #8 Pole Vault 15-16 Division Boys Decathlon

Region 3: R 2.30m 7/6/2017 Stephen Elliott, Rolesville									
Name	Year	Team	Finals				Points		
1 Burks, Marquise		Vision Elite	2.15m	7-00.50	169				
	1.22	1.38	1.53	1.68	1.85	1.98	2.15	2.29	
	O	P	O	O	O	XO	O	XXX	
2 Sayeh, Baebaa		Firebirds Athletic	1.85m	6-00.75	112				
	1.22	1.38	1.53	1.68	1.85	1.98			
	XO	O	O	O	O	XXX			
2 Brown, Donovan		Firebirds Athletic	1.85m	6-00.75	112				
	1.22	1.38	1.53	1.68	1.85	1.98			
	O	O	O	O	O	XXX			
-- Lorfils, Darius		Firebirds Athletic	NH						
	1.22								
	XXX								

Decathlon: #2 Long Jump 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Wind	Points
1 Burks, Marquise		Vision Elite	5.52m	2.6	18-01.50 485
	5.43m(1.3)	5.08m(0.1)	5.52m(2.6)		
2 Brown, Donovan		Firebirds Athletic	5.44m	1.2	17-10.25 469
	5.08m(1.3)	5.35m(2.0)	5.44m(1.2)		
3 Sayeh, Baebaa		Firebirds Athletic	5.32m	1.3	17-05.50 445
	5.10m(1.9)	5.32m(1.3)	5.25m(0.9)		
4 Lorfils, Darius		Firebirds Athletic	5.22m	1.4	17-01.50 425
	4.92m(1.5)	5.02m(2.4)	5.22m(1.4)		

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Hampton University

Results

Decathlon: #3 Shot Put 15-16 Division Boys Decathlon

Region 3: R 10.24m 7/6/2017 Luis Rivera II, Rolesville						
Name	Year	Team	Finals		Points	
1 Sayeh, Baebaa		Firebirds Athletic	12.70mR	41-08.00	649	
	12.38m	11.49m	12.70m			
2 Burks, Marquise		Vision Elite	11.35mR	37-03.00	567	
	10.65m	10.63m	11.35m			
3 Brown, Donovan		Firebirds Athletic	9.48m	31-01.25	454	
	8.68m	8.63m	9.48m			
4 Lorfilms, Darius		Firebirds Athletic	7.97m	26-01.75	365	
	7.25m	7.97m	7.60m			

Decathlon: #7 Discus Throw 15-16 Division Boys Decathlon

Region 3: R 26.52m 7/6/2017 Stephen Elliott, Rolesville						
Name	Year	Team	Finals		Points	
1 Sayeh, Baebaa		Firebirds Athletic	39.34mR	129-01	651	
	39.34m	31.99m	36.40m			
2 Burks, Marquise		Vision Elite	35.84mR	117-07	581	
	35.84m	31.40m	35.32m			
3 Brown, Donovan		Firebirds Athletic	23.27m	76-04	334	
	17.43m	20.71m	23.27m			
4 Lorfilms, Darius		Firebirds Athletic	17.71m	58-01	229	
	16.34m	16.15m	17.71m			

Decathlon: #9 Javelin Throw 15-16 Division Boys Decathlon

Region 3: R 33.35m 7/6/2017 Stephen Elliott, Rolesville						
Name	Year	Team	Finals		Points	
1 Sayeh, Baebaa		Firebirds Athletic	34.91mR	114-06	369	
	FOUL	34.91m	34.89m			
2 Lorfilms, Darius		Firebirds Athletic	28.74m	94-03	282	
	27.54m	22.54m	28.74m			
3 Brown, Donovan		Firebirds Athletic	28.64m	93-11	280	
	27.01m	28.64m	27.85m			
4 Burks, Marquise		Vision Elite	27.94m	91-08	270	
	24.74m	27.94m	27.38m			

Decathlon 15-16 Division Boys

Nat'l: N 7000 7/29/2009 Gunnar Nixon, Greensboro, NC						
Region 3: R 5820 7/12/2001 Kalen Schiedt, Northside Red Runners						
Name	Year	Team	Seed	Finals	Points	
1 Burks, Marquise		Vision Elite		5042	10	
2 Sayeh, Baebaa		Firebirds Athletic		4442	8	
3 Brown, Donovan		Firebirds Athletic		4409	6	
4 Lorfilms, Darius		Firebirds Athletic		3614	5	

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018

Hampton University

Results

100 Meter Dash 17-18 Division Men

=====						
Nat'l: N 10.08		6/27/2005	J-Mee Samuels, Carolina Mustangs			
Region 3: R 11.90		7/6/2017	Brendon Hodge, Havelock HEAT			
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Carroll, Davon	10-Unattached	10.51	R 10.66q	1.9	3
2	Ofotan, Justin	Glenarden Track	10.40	R 10.77q	-0.4	5
3	Borden III, Leroy	i5 Elite	10.90	R 10.85q	1.9	3
4	Lewis, Chrischand	Eyt Spartans	10.85	R 10.86q	1.1	1
5	Vereen, Cameron	Bullseye Running	10.67	R 10.92q	-0.9	2
6	Wright, Rodger	10-Unattached	10.94	R 10.97q	-0.4	5
7	Pendarvis Jr, Jay	Cobra Track	10.91	R 11.06q	1.1	4
8	Ross, Devontay	12-Unattached	11.32	R 11.12q	1.1	4 11.115
9	Nweke, Odera	Usa-Ja		R 11.12	-0.4	5 11.116
10	Henley, Dorryen	Pwc Panthers	11.07	R 11.20	1.1	4 11.191
11	Alford, Jordan	Pwc Panthers	11.01	R 11.20	-0.4	5 11.197
12	Mason II, Mark	Marlboro Boy	11.17	R 11.20	-0.9	2 11.200
13	Jeffries Jr, Darryl	Bullseye Running	11.45	R 11.22	1.1	1
14	Holley, Adrian	Firebirds Athletic	11.16	R 11.30	1.9	3
15	Joseph Jr, Christopher	Ebenezer A.M	10.90	R 11.31	-0.9	2
16	Hanifi, Youssof	Pwc Panthers	11.25	R 11.37	1.9	3 11.365
16	Coates, Jackson	Virginia Pri	11.23	R 11.37	-0.9	2 11.365
18	Jurobi, John	Bullseye Running	11.31	R 11.37	-0.4	5 11.368
19	Trotter III, Larry	Central Virg	11.23	R 11.38	1.1	1
20	Waheed, Meelod	Pwc Panthers	11.54	R 11.53	1.1	4 11.527
21	Britt, Joshua	Ft. Belvoir	11.32	R 11.53	-0.4	5 11.529
22	Kamau Jr, Sundiata	Bullseye Running		R 11.57	-0.9	2
23	Oliver Jr, Ricardo	Maryland Wings	11.44	R 11.59	1.1	1
24	Plunkett, Dudley	Firebirds Athletic	11.29	R 11.64	1.1	4
25	Vauters, Deondre	Pwc Panthers	11.48	R 11.65	1.9	3
26	Neville, Jordan	12-Unattached	11.47	R 11.68	-0.9	2
27	Okoye, Eric	Bullseye Running	11.40	R 11.75	-0.9	2
28	Amissah, Isaac	Pwc Panthers	11.64	R 11.79	-0.4	5
29	Petty, Garin	Glenarden Track		R 11.84	1.9	3

100 Meter Dash 17-18 Division Men

=====						
Nat'l: N 10.08		6/27/2005	J-Mee Samuels, Carolina Mustangs			
Region 3: R 11.90		7/6/2017	Brendon Hodge, Havelock HEAT			
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Vereen, Cameron	Bullseye Running	10.92	10.77R	-0.2	
2	Ofotan, Justin	Glenarden Track	10.77	10.78R	-0.2	
3	Carroll, Davon	10-Unattached	10.66	10.91R	-0.2	
4	Lewis, Chrischand	Eyt Spartans	10.86	10.99R	-0.2	
5	Wright, Rodger	10-Unattached	10.97	11.17R	-0.2	
6	Pendarvis Jr, Jay	Cobra Track	11.06	11.26R	-0.2	
7	Borden III, Leroy	i5 Elite	10.85	11.33R	-0.2	
8	Ross, Devontay	12-Unattached	11.12	11.34R	-0.2	

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Results

200 Meter Dash 17-18 Division Men

=====						
Nat'l: N 20.50		7/25/1987	Quincy Watts, Woodland Hills			
Region 3: R 20.70		7/1996	Bryan Harrison	East Atlanta	GA	
Name	Year	Team	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Carroll, Davon	10-Unattached	21.20	21.76q	1.6	4
2	Lewis, Chrischand	Eyt Spartans	22.24	21.93q	0.4	3
3	Pendarvis Jr, Jay	Cobra Track	21.78	21.94q	0.4	3
4	Harding, Javonte'	Virginia Elite	21.56	21.98q	0.9	1
5	Grimes, Igo	Pwc Panthers	21.42	22.07q	-0.6	2
6	Borden III, Leroy	i5 Elite	22.05	22.22q	1.5	5
7	Osuji, Chukwumdi	Usa-Ja	22.10	22.35q	1.6	4
8	Bowers, Joel	CB Fundament	22.59	22.42q	0.4	3
9	Joseph Jr, Christopher	Ebenezer A.M	21.80	22.50	1.6	4
10	Alford, Jordan	Pwc Panthers	23.05	22.58	-0.6	2
11	Henley, Dorryen	Pwc Panthers	22.87	22.59	1.5	5
12	Deskins, Edward	Pwc Panthers	23.10	22.60	0.9	1
13	Oloyede, Adewunmi	M180 Team Power	22.55	22.67	-0.6	2
14	Britt, Joshua	Ft. Belvoir	22.30	22.99	0.9	1
15	Holley, Adrian	Firebirds Athletic	23.61	23.07	1.5	5
16	Jeffries Jr, Darryl	Bullseye Running	22.97	23.09	0.4	3
17	Freeman, Lewis	Pwc Panthers	23.33	23.12	1.6	4
18	Vauters, Deondre	Pwc Panthers	23.19	23.18	-0.6	2
19	Kamau Jr, Sundiata	Bullseye Running		23.32	0.9	1
20	Howard, Sean	Bullseye Running	23.64	23.43	1.6	4
21	Coulibaly, Hassan	Usa-Ja		23.64	0.4	3
22	Hackerson, Noah	Pwc Panthers		24.20	0.9	1
23	Petty, Garin	Glenarden Track		24.46	-0.6	2
--	Vereen, Cameron	Bullseye Running	21.66	FS	0.9	1

200 Meter Dash 17-18 Division Men

=====						
Nat'l: N 20.50		7/25/1987	Quincy Watts, Woodland Hills			
Region 3: R 20.70		7/1996	Bryan Harrison	East Atlanta	GA	
Name	Year	Team	Prelims	Finals	Wind	Points
=====						
Finals						
1	Carroll, Davon	10-Unattached	21.76	21.23	0.1	
2	Grimes, Igo	Pwc Panthers	22.07	21.55	0.1	
3	Lewis, Chrischand	Eyt Spartans	21.93	21.72	0.1	
4	Harding, Javonte'	Virginia Elite	21.98	21.78	0.1	
5	Borden III, Leroy	i5 Elite	22.22	22.10	0.1	
6	Bowers, Joel	CB Fundament	22.42	22.25	0.1	
7	Pendarvis Jr, Jay	Cobra Track	21.94	22.29	0.1	
8	Osuji, Chukwumdi	Usa-Ja	22.35	22.43	0.1	

400 Meter Dash 17-18 Division Men

=====						
Nat'l: N 45.56		7/6/1996	William Obea Moore, Salt Lake City, UT			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Grimes, Igo	Pwc Panthers	49.31	49.21q	4	
2	Sall, Seydi	Firebirds Athletic	48.97	49.53q	2	
3	Pendarvis Jr, Jay	Cobra Track	47.30	49.76q	5	

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...400 Meter Dash 17-18 Division Men

4	Joseph Jr, Christopher	Ebenezer A.M	49.05	50.29q	1
5	Owens, Colby	10-Unattached	48.95	50.31q	3
6	DuVal, Josh	Central Virg	50.38	51.00q	5
7	Freeman, Lewis	Pwc Panthers	50.89	51.04q	4
8	Deskins, Edward	Pwc Panthers	53.04	51.25q	4
9	Johnson, Chance	Pwc Panthers	52.10	51.65	5
10	Howard, Sean	Bullseye Running	52.74	51.84	2
11	Wallace, Xavier	Eastern Shor	50.98	52.03	2
12	Thompson, Glendell	Dale City Li	52.27	52.50	3
13	Bryant, DeVion	Tbf Spartans	51.76	52.64	1
14	Mason, Calvin	Tbf Spartans	52.05	52.81	5
15	Marrow, Justin	Eyt Spartans	52.58	53.14	1
16	Parker, Camron	12-Unattached	53.08	53.29	5
17	Vauters, Deondre	Pwc Panthers	51.80	53.38	3
18	Mutebi, Hakeem	Mvp League	52.66	53.46	1
19	Hackerson, Noah	Pwc Panthers		54.47	3
20	Colbert Jr, Larry	Glenarden Track	51.00	54.93	1
21	Padilla, Ryan	Firebirds Athletic	53.20	55.05	5
22	Seri, Alain	Usa-Ja	52.26	55.36	4

400 Meter Dash 17-18 Division Men

=====					
Nat'l: N 45.56 7/6/1996 William Obea Moore, Salt Lake City, UT					
Name	Year	Team	Prelims	Finals	Points
=====					

Finals

1	Grimes, Igo	Pwc Panthers	49.21	48.20	
2	Sall, Seydi	Firebirds Athletic	49.53	48.48	
3	Pendarvis Jr, Jay	Cobra Track	49.76	48.88	
4	Joseph Jr, Christopher	Ebenezer A.M	50.29	49.39	
5	DuVal, Josh	Central Virg	51.00	50.04	
6	Owens, Colby	10-Unattached	50.31	50.76	
7	Freeman, Lewis	Pwc Panthers	51.04	52.26	

800 Meter Run 17-18 Division Men

=====						
Nat'l: N 1:49.49 7/27/1999 Nick Davenport, Texas						
Region 3: R 1:50.98 7/1989 Brad Carter Greensboro Pacesetters NC						
Name	Year	Team	Seed	Finals	H#	Points
=====						

1	Kindel, Zachary	Pwc Panthers	1:54.00	1:57.87	4
2	Smith, Shamond	Tidewater Striders	2:01.77	1:58.76	4
3	Harris, Micah	Pwc Panthers	2:08.12	1:59.38	2
4	Bannister, Corey	Pwc Panthers	2:02.01	1:59.80	4
5	Bryant, DeVion	Tbf Spartans	2:01.55	2:00.54	4
6	Thompson, Glendell	Dale City Li	2:06.74	2:01.30	3
7	Mason, Calvin	Tbf Spartans	2:05.63	2:01.34	3
8	Okonofua, Joseph	Usa-Ja		2:02.56	1
9	Carrington, Jordan	Baltimore Ci	2:02.75	2:02.71	4
10	Griffin, Dae'Shawn	F.I.A. Ambassadors	2:03.49	2:03.08	3
11	Grochowski, Tucker	Tidewater Striders	2:06.27	2:03.92	3
12	Hill, Max	Bullseye Running	2:03.14	2:04.07	4
13	Okonofua, Joshua	Usa-Ja		2:04.26	1
14	Sepulveda, Paul	Mach 5 Athletics	2:04.95	2:04.58	3
15	Shipe, Aaron	Gloucester Y	2:03.88	2:05.87	3

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Results

....800 Meter Run 17-18 Division Men

16 Hall, Gray	Glenarden Track	2:08.96	2:07.82	2
17 Solomon, Noah	Pwc Panthers	2:14.74	2:08.49	2
18 Hudson, Daniel	Marlboro Boy	2:08.12	2:08.93	2
19 Minor, Jay	Glenarden Track	2:07.90	2:09.69	2
20 Rodriguez, Michael	Lazers Track Club	2:26.11	2:19.19	1
21 Wynn-Floyd, Pharoah	757 Colts	2:24.11	2:19.36	1

1500 Meter Run 17-18 Division Men

Nat'l: N 3:51.21 7/7/1985 John Quade					
Region 3: R 4:35.81 7/6/2017 Lars Eklund, Lightning Runnin					
Name	Year Team	Seed	Finals	H#	Points
1 Stevens, Colin Henry	12-Unattached	4:09.02	4:08.53R	2	
2 Harris, Micah	Pwc Panthers	4:18.05	4:12.53R	2	
3 Grochowski, Tucker	Tidewater Striders	4:26.11	4:13.70R	2	
4 Carrington, Jordan	Baltimore Ci	4:17.47	4:15.65R	2	
5 Worthman, Zachary	10-Unattached	4:18.00	4:15.70R	2	
6 Hill, Max	Bullseye Running	4:21.09	4:17.10R	2	
7 Bryant, DeVion	Tbf Spartans	4:16.97	4:17.81R	2	
8 Solomon, Noah	Pwc Panthers	4:44.80	4:32.62R	1	
9 Minor, Jay	Glenarden Track	4:38.75	4:33.98R	1	
10 Mokonnen, Kaleb	Glenarden Track	4:36.59	4:37.38	1	
11 Minor, James	Glenarden Track	4:41.83	4:40.71	1	
12 Rodriguez, Michael	Lazers Track Club	5:12.97	4:59.73	1	
13 Cofield, Isaiah	i5 Elite	5:08.43	5:17.93	1	

3000 Meter Run 17-18 Division Men

Nat'l: N 8:26.16 7/2/2016 Isai Rodriguez, Jenks America					
Region 3: R 8:50.84 7/11/2015 David Eisenhauer, Unattached					
Name	Year Team	Seed	Finals	Points	
1 Stevens, Colin Henry	12-Unattached	9:11.50	9:03.69		
2 Smith, Shamond	Tidewater Striders	9:36.13	9:25.37		
3 Worthman, Zachary	10-Unattached	9:27.00	9:27.86		
4 Hill, Max	Bullseye Running	9:38.49	9:34.11		
5 Grochowski, Tucker	Tidewater Striders	10:24.15	9:37.84		
6 Taylor, William	Ft. Belvoir	10:11.86	10:00.25		
7 Mokonnen, Kaleb	Glenarden Track	10:31.50	10:23.98		
8 Young, Trayvone	12-Unattached	10:54.22	10:30.79		
9 Minor, James	Glenarden Track	10:23.82	10:35.87		
10 Gray, Tyler	Tidewater Striders	11:26.29	11:23.22		

110 Meter Hurdles 17-18 Division Men

Nat'l: N 13.38 7/25/2009 Wayne Davis, 13 Track Eastern						
Name	Year Team	Seed	Prelims	Wind	H#	
Preliminaries						
1 Powdar, Kurt	Virginia Elite	14.10	13.82q	2.2	2	
2 Turay, Andre	10-Unattached	13.73	13.88q	1.2	3	
3 Spencer Jr, William	Richmond Hea	14.45	14.30q	-0.6	1	
4 Murphy, Drake	i5 Elite	14.33	14.68q	-0.6	1	
5 Hammock, Kendel	Comets of Ch	14.73	14.79q	2.2	2	

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....110 Meter Hurdles 17-18 Division Men

6	Dixion, Shameek	Virginia Elite	35.71	15.05q	-0.6	1
7	Wilson Jr, Marcus	Pwc Panthers	15.62	15.51q	-0.6	1
8	Karen, Pierre-Joseph	Virginia Pri	16.01	15.71q	-0.6	1
9	Tiggle, Kiyaun	Virginia Bea	15.74	15.78	2.2	2
10	Mahmoud, Bader	Central Virg	19.95	15.80	-0.6	1
11	Branch, Joseph	Ft. Belvoir	15.92	15.87	-0.6	1
12	Johnson Jr, James	Mvp League	15.78	16.13	1.2	3
13	Bryant, Gerard	26-Unattached	15.34	16.16	1.2	3
14	Dunklin, Justin	Bullseye Running	16.83	16.41	1.2	3
15	Johnson, James	Richmond Hea	16.02	16.88	2.2	2
16	Claye, Kyle	Pwc Panthers	17.50	16.97	1.2	3
--	Smith, Rodtavius	Pwc Panthers	17.55	DNF	2.2	2

110 Meter Hurdles 17-18 Division Men

=====
 Nat'l: N 13.38 7/25/2009 Wayne Davis, 13 Track Eastern
 Name Year Team Prelims Finals Wind Points
 =====

Finals

1	Powdar, Kurt	Virginia Elite	13.82	13.85	-0.8
2	Turay, Andre	10-Unattached	13.88	14.15	-0.8
3	Spencer Jr, William	Richmond Hea	14.30	14.79	-0.8
4	Murphy, Drake	i5 Elite	14.68	14.93	-0.8
5	Hammock, Kendel	Comets of Ch	14.79	15.52	-0.8
6	Dixion, Shameek	Virginia Elite	15.05	15.82	-0.8
7	Karen, Pierre-Joseph	Virginia Pri	15.71	16.79	-0.8
8	Wilson Jr, Marcus	Pwc Panthers	15.51	17.02	-0.8

400 Meter Hurdles 17-18 Division Men

=====
 Nat'l: N 49.77 7/29/2002 Kerron Clement, Missouri City, TX
 Region 3: R 51.90 7/1997 Angelo Taylor East Atlanta GA
 Name Year Team Seed Prelims H#
 =====

Preliminaries

1	Spencer Jr, William	Richmond Hea	54.70	54.55q	3
2	Tiggle, Kiyaun	Virginia Bea	57.78	55.90q	2
3	Hammock, Kendel	Comets of Ch	56.00	56.89q	1
4	Murphy, Drake	i5 Elite	58.56	58.52q	3
5	Wilson II, James	M180 Team Power	58.15	59.06q	3
6	Bryant, Gerard	26-Unattached		59.95q	2
7	Wilson Jr, Marcus	Pwc Panthers	1:02.94	1:00.31q	3
8	Bryant III, Lester	Ashburn Elite Track	1:00.54	1:00.68q	1
9	Johnson Jr, James	Mvp League	1:03.01	1:01.77	3
10	Branch, Joseph	Ft. Belvoir	59.29	1:02.03	1
11	Claye, Kyle	Pwc Panthers	1:06.47	1:02.20	1
12	Carlisle Jr, Geoffrey	Prominent Athletes	1:02.63	1:02.49	2
13	Mahmoud, Bader	Central Virg	1:04.12	1:03.43	1
14	Smith, Rodtavius	Pwc Panthers	1:10.11	1:16.26	3
15	Dixion, Shameek	Virginia Elite	1:03.68	1:30.04	2
--	Elmore, Kenneth	757 Colts	1:09.57	DNF	2

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400 Meter Hurdles 17-18 Division Men

=====						
Nat'l:	N	49.77	7/29/2002	Kerron Clement,	Missouri City, TX	
Region 3:	R	51.90	7/1997	Angelo Taylor	East Atlanta	GA
Name	Year	Team		Prelims	Finals	Points
=====						
Finals						
1	Spencer Jr, William	Richmond Hea		54.55	52.45	
2	Hammock, Kendel	Comets of Ch		56.89	55.12	
3	Tiggle, Kiyaun	Virginia Bea		55.90	56.06	
4	Murphy, Drake	i5 Elite		58.52	56.20	
5	Wilson II, James	M180 Team Power		59.06	58.73	
6	Bryant III, Lester	Ashburn Elite Track	1:00.68		59.96	
7	Wilson Jr, Marcus	Pwc Panthers	1:00.31		1:06.00	
8	Bryant, Gerard	26-Unattached		59.95	1:07.81	

2000 Meter Steeplechase 17-18 Division Men

=====						
Nat'l:	N	5:53.71	7/29/1983	Orla Kastberg,	Grantville, NY	
Region 3:	R	6:09.10	7/1984	Kevin Murphy	Rock Hill	SC
Name	Year	Team		Seed	Finals	Points
=====						
1	Stevens, Colin Henry	12-Unattached		6:20.42	6:19.83	
2	Gray, Tyler	Tidewater Striders		6:55.00	8:53.61	
3	Coachman, Elijah	Pwc Panthers			11:03.19	

4x100 Meter Relay 17-18 Division Men

=====						
Nat'l:	N	39.56	7/7/2012	Track Houston,	Houston, TX	
				Williams,	Authorlee, Ali, Fulks	
Region 3:	R	40.06	7/1997	East Atlanta		GA
Team				Seed	Finals	Points
=====						
1	Virginia Elite 'A'				41.56	
2	Pwc Panthers Track & Field C 'A'				42.44	
3	Usa-Ja 'A'			44.00	42.53	
4	Bullseye Running 'A'			43.63	42.91	
5	M180 Team Power 'A'			1:04.25	43.54	
6	757 Colts 'A'				44.53	
7	Bullseye Running 'B'			43.99	44.67	
8	Firebirds Athletic 'A'			43.70	47.26	

4x400 Meter Relay 17-18 Division Men

=====							
Nat'l:	N	3:06.22	7/29/2007	16 33 So Cal Running Cougars,	16 33	SCRC	
				R Wyatt, J Hughes, N Gutteriez, J Anderson			
Region 3:	R	3:08.00	7/1996	East Atlanta TC		GA	
Team				Seed	Finals	H#	Points
=====							
1	Virginia Elite 'A'				3:21.38	1	
	1) Dixon, Shameek			2) Gilliam, Jayden			
	3) Harding, Javonte'			4) Langston, Joseph			
	1:40.866 (1:40.866)	2:31.928 (51.062)		3:21.374 (49.446)			
2	M180 Team Power 'A'				3:22.52	1	
	1:42.386 (1:42.386)	2:33.134 (50.748)		3:22.520 (49.386)			
3	Bullseye Running 'A'				3:21.00	2	
	1:42.222 (1:42.222)	2:33.982 (51.760)		3:25.204 (51.222)			

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....4x400 Meter Relay 17-18 Division Men

4	Usa-Ja 'A'			3:24.00	3:27.90	2
	1:42.252 (1:42.252)	2:33.862 (51.610)		3:27.896 (54.034)		
5	Ft. Belvoir (Sonic Boom) TC 'A'			3:30.00	3:32.81	2
	1:46.804 (1:46.804)	2:42.516 (55.712)		3:32.806 (50.290)		
6	Usa-Ja 'B'			3:32.00	3:33.37	2
	1:45.864 (1:45.864)	2:40.724 (54.860)		3:33.370 (52.646)		
7	Firebirds Athletic 'A'			3:25.00	3:34.24	2
	1:45.758 (1:45.758)	2:44.162 (58.404)		3:34.234 (50.072)		
--	Pwc Panthers Track & Field C 'A'					DQ 1 Rule 300.1e
	1:40.866 (1:40.866)	2:37.030 (56.164)		3:27.310 (50.280)		

4x800 Meter Relay 17-18 Division Men

Nat'l: N 7:35.27 8/2/1981 East Coast Classics, Lincoln, NE
 Region 3: R 7:42.59 7/8/2004 45 Quicksilver Track Club, Quicksilver
 C Irby, T Johnson, K Lowe, Z O'Bryant

Team	Seed	Finals	Points
1 Bullseye Running 'A'	7:56.00	8:22.87	
1) Nguyen, Jared	2) Parra, Juan		
3) Hill, Max	4) Tewell, Parker		
2:04.510 (2:04.510)	4:13.260 (2:08.750)	6:21.500 (2:08.240)	
2 Usa-Ja 'A'	8:20.00	8:38.33	
1) Okonofua, Joshua	2) Okonofua, Joseph		
3) Coulibaly, Hassan	4) Coulibaly, Hussayn		
2:06.846 (2:06.846)	4:13.394 (2:06.548)	6:28.504 (2:15.110)	
3 Tidewater Striders 'A'	8:12.00	8:47.47	
1) Smith, Shamond	2) Gray, Tyler		
3) Grochowski, Tucker	4) Osborne, Chase		
2:00.116 (2:00.116)	4:34.774 (2:34.658)	6:43.010 (2:08.236)	
4 Usa-Ja 'B'	8:35.00	9:33.30	
1) Osuji, Chukwumdi	2) Hunter, Myles		
3) Ubom Jr, Uduakabasi	4) Covaliu-Fuentes, Alberto		
2:16.634 (2:16.634)	4:40.802 (2:24.168)	7:00.244 (2:19.442)	
5 Pwc Panthers Track & Field C 'A'	8:02.00	9:38.36	
1) Solomon, Noah	2) Harris, Micah		
3) Bannister, Corey	4) Claye, Kyle		
2:00.564 (2:00.564)	4:25.442 (2:24.878)		

High Jump 17-18 Division Men

Name	Year	Team	Seed	Finals	Points
Nat'l: N 2.28m 7/9/1983 Dothel Edwards, Seattle, WA					
1 Hinkle, Walker		12-Unattached	2.11m	1.90m	6-02.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00					
P P P P P O P XO P XXX					
2 Dunklin, Justin		Bullseye Running	1.87m	1.85m	6-00.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90					
P P P P XO XO XO XXX					
3 Okoye, Eric		Bullseye Running	1.82m	J1.85m	6-00.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90					
P P O O XO O XXO XXX					

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....High Jump 17-18 Division Men

4	Perrello, Biagio	Richmond Hea	1.85m	J1.85m	6-00.75
	1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90				
	P P P P O XO XXO XXX				
5	Ubom Jr, Uduakabasi	Usa-Ja	1.77m	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.75				
	P P P O XXX				
6	Gates, Marcus	Owings Mills Track	1.67m	1.55m	5-01.00
	1.55 1.60				
	XO XXX				

Pole Vault 17-18 Division Men

Nat'l: N 5.31m 7/30/2006 Casey Roche, UNA 38							
Name	Year	Team	Seed	Finals	Points		
1 Lynch, Tyler		12-Unattached	4.10m	3.97m	13-00.25		
	3.20 3.36 3.51 3.66 3.81 3.97 4.12						
	P O XO O O O XXP						
2 Schreiner, Will		12-Unattached	4.25m	3.81m	12-06.00		
	3.20 3.36 3.51 3.66 3.81 3.97						
	P O O O O XXX						
2 Badalamenti, Joseph		12-Unattached	3.95m	3.81m	12-06.00		
	3.20 3.36 3.51 3.66 3.81 3.97						
	P P P P XXO XXX						
2 Giacchetta, Anthony		Aim High Pole Vault	4.10m	3.81m	12-06.00		
	3.20 3.36 3.51 3.66 3.81 3.97						
	P O O O O XXX						
2 Thumma, John		Aim High Pole Vault	4.10m	3.81m	12-06.00		
	3.20 3.36 3.51 3.66 3.81 3.97						
	P P P XXO XXO XXP						
6 Mulkey, David		Aim High Pole Vault	3.80m	3.66m	12-00.00		
	3.20 3.36 3.51 3.66 3.81						
	XXO XO O XO XXX						
7 Russell, Azziah		12-Unattached	3.50m	3.51m	11-06.25		
	3.20 3.36 3.51 3.66						
	O O XXO XXX						

Long Jump 17-18 Division Men

Nat'l: N 7.87m 1977 Lamont King							
Region 3: R 6.03m 7/6/2017 Brendon Hodge, Havelock HEAT							
Name	Year	Team	Seed	Finals	Wind	Points	
1 Shirley, Xavier		M180 Team Power	7.21m	7.30mR	1.8	23-11.50	
	7.30m(1.8) PASS	6.78m(-3.4) 6.79m(0.6) PASS	PASS				
2 Nweke, Odera		Usa-Ja		6.96m	3.2	22-10.00	
	FOUL(3.1) 6.77m(+0.0) 6.96m(3.2) 6.82m(1.2) 6.23m(-3.2) PASS						
3 Midgett, Keyonte		Richmond Hea	7.04m	6.90m	2.3	22-07.75	
	6.09m(1.3) 6.43m(-1.5) 6.66m(1.0) 6.09m(-0.7) 6.90m(2.3) 6.61m(+0.0)						
4 Allen, Austin		i5 Elite	6.42m	6.76mR	-1.0	22-02.25	
	6.46m(0.7) 6.43m(-0.9) 6.76m(-1.0) 6.50m(0.6) FOUL(-3.1) 6.46m(0.3)						
5 Mazyck, Caleb		10-Unattached	6.04m	6.68mR	1.2	21-11.00	
	6.68m(1.2) 6.65m(0.9) 6.39m(-1.4) 6.51m(4.1) FOUL(-1.9) FOUL(0.8)						
6 Oliver Jr, Ricardo		Maryland Wings	6.36m	6.56mR	-2.2	21-06.25	
	6.23m(-1.5) 6.37m(2.0) 6.56m(-2.2) 6.40m(2.1) 6.25m(-1.7) 6.49m(0.4)						

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7	Mohammed, Yasin	Usa-Ja	6.52m	6.41mR	0.4	21-00.50
	6.20m(+0.0) 6.41m(0.4) FOUL(0.6) 5.79m(-4.5) 5.83m(-0.2) 6.22m(0.1)					
7	Amissah, Isaac	Pwc Panthers	5.96m	6.41mR	+0.0	21-00.50
	6.27m(-0.5) 5.58m(0.1) 5.30m(-1.7) 5.89m(-1.3) 6.41m(+0.0) 6.35m(-0.1)					
9	Dunklin, Justin	Bullseye Running	6.05m	6.23mR	0.7	20-05.25
	5.84m(-1.0) 6.23m(0.7) 5.97m(1.3) FOUL(-0.4) 5.84m(1.1) 5.67m(+0.0)					
10	Johnson, James	Richmond Hea	5.62m	6.14mR	0.1	20-01.75
	6.14m(0.1) FOUL(1.5) FOUL(0.4)					
11	Conway, Landon	Central Virg	5.95m	6.03mR	0.5	19-09.50
	6.03m(0.5) 5.76m(-1.6) 5.69m(-0.2)					
12	Freeman, Lewis	Pwc Panthers	5.89m	6.02m	1.5	19-09.00
	5.86m(-1.3) 6.02m(1.5) 6.00m(-1.1)					
13	Ubom Jr, Uduakabasi	Usa-Ja	5.90m	5.96m	-0.6	19-06.75
	FOUL(-0.2) 5.85m(0.7) 5.96m(-0.6)					
14	Baskerville, Bryce	Mvp League	5.64m	5.87m	1.7	19-03.25
	5.87m(1.7) 5.63m(-0.2) 5.50m(-0.2)					
15	Gore, Tony	Pwc Panthers	5.59m	5.81m	1.3	19-00.75
	5.60m(0.4) 5.81m(1.3) 5.61m(1.8)					
16	Perreello, Biagio	Richmond Hea	5.54m	5.64m	-0.5	18-06.00
	5.07m(-3.0) 0.55m(+0.0) 5.64m(-0.5)					
17	Okoye, Eric	Bullseye Running	5.75m	5.54m	1.2	18-02.25
	5.48m(0.4) 5.54m(1.2) FOUL(-0.7)					
18	Trotter III, Larry	Central Virg	5.74m	5.33m	0.5	17-06.00
	FOUL(-1.0) FOUL(0.2) 5.33m(0.5)					
19	Little, Matthew	Firebirds Athletic	5.64m	5.30m	1.2	17-04.75
	5.30m(1.2) 3.14m(-0.1) 5.19m(0.4)					
20	Blowe, Roderick	Central Virg	5.64m	4.77m	-0.2	15-07.75
	4.77m(-0.2) 4.60m(-0.6) 4.13m(-0.1)					

Triple Jump 17-18 Division Men

=====						
	Nat'l: N	16.72m	7/29/2004	Kenneth Hall, Baker , LA		
	Region 3: R	15.69m	7/12/2001	Alonzo Moore, Norfolk Real Deal		
	Name	Year	Team	Seed	Finals	Wind
						Points
=====						
1	Midgett, Keyonte		Richmond Hea	14.73m	14.30m	1.7 46-11.00
	13.47m(1.1) 13.92m(2.2) 14.30m(1.7) FOUL(0.9) 13.65m(-0.2) FOUL(2.3)					
2	Trinh, Ty		Owings Mills Track	13.41m	14.15m	1.2 46-05.25
	FOUL(3.7) 14.15m(1.2) PASS PASS PASS PASS					
3	Howe, Davonte		10-Unattached	12.74m	13.32m	+0.0 43-08.50
	12.65m(2.8) 12.98m(1.7) 13.32m(+0.0) FOUL(0.1) FOUL(-1.2) 12.54m(3.0)					
4	Hudson, Daniel		Marlboro Boy	12.77m	13.25m	2.3 43-05.75
	11.63m(-0.4) 13.25m(2.3) 13.14m(-1.1) 12.03m(1.2) 12.36m(1.4) 13.19m(1.3)					
5	Frye, Sherrod		Marlboro Boy	12.31m	13.14m	2.7 43-01.50
	13.10m(1.6) 13.14m(2.7) 11.31m(+0.0) FOUL(3.5) 12.63m(1.9) FOUL(1.8)					
6	Bennett, Jordan		10-Unattached	12.30m	13.10m	0.3 42-11.75
	13.10m(0.3) FOUL(+0.0) FOUL(-0.5) 12.53m(0.4) 12.30m(3.0) 12.51m(2.7)					
7	Jeter, Delmar		Glenarden Track	12.52m	12.90m	2.5 42-04.00
	FOUL(+0.0) 12.90m(2.5) 11.60m(-0.5) 11.53m(-1.0) 12.49m(1.3) FOUL(1.7)					
8	Claye, Kyle		Pwc Panthers	12.91m	12.71m	1.5 41-08.50
	12.68m(+0.0) 12.71m(1.5) 12.20m(-0.2) 12.59m(1.2) 11.92m(-1.7) 12.58m(-0.3)					
9	Baskerville, Bryce		Mvp League	11.87m	12.49m	-1.2 40-11.75
	12.20m(1.2) 1.26m(0.2) 12.49m(-1.2) FOUL(-2.3) FOUL(0.3) 12.48m(+0.0)					
10	Mohammed, Yasin		Usa-Ja	12.96m	12.12m	1.2 39-09.25
	PASS 12.12m(1.2) FOUL(1.5)					

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11	Johnson, James	Richmond Hea	12.27m	11.93m	1.8	39-01.75
	11.93m(1.8) FOUL(0.6) FOUL(-0.4)					
12	Gore, Tony	Pwc Panthers	11.73m	11.90m	1.2	39-00.50
	11.57m(-0.2) 11.78m(0.1) 11.90m(1.2)					
13	Wynn-Floyd, Pharoah	757 Colts	11.74m	11.76m	1.2	38-07.00
	FOUL(-0.4) 11.57m(+0.0) 11.76m(1.2)					
14	Burden II, Cedric	Bullseye Running	12.00m	11.67m	0.1	38-03.50
	11.23m(1.5) FOUL(-0.1) 11.67m(0.1)					
15	Hinton-Bruce, Jaron	Glenarden Track	11.55m	11.61m	0.9	38-01.25
	11.61m(0.9) 11.43m(-1.6) 11.58m(-0.7)					
16	Stubbs, Jalen	Firebirds Athletic	11.12m	11.36m	0.7	37-03.25
	11.36m(0.7) 11.34m(0.2) FOUL(-1.0)					
--	Elmore, Kenneth	757 Colts	11.75m	FOUL		
	FOUL(1.3) FOUL(2.9) FOUL(1.7)					

Shot Put 17-18 Division Men

Nat'1: N 20.43m 7/24/1987 Dwight Johnson, Phoenix, AZ						
Region 3: R 11.28m 7/6/2017 Brendon Hodge, Havelock HEAT						
Name	Year	Team	Seed	Finals	Points	
1	Grantz, Shamus	12-Unattached	13.83m	13.45mR	44-01.50	
	12.67m 13.09m 13.00m 13.45m 13.07m 13.42m					
2	Gray III, Paul	Comets of Ch	13.14m	12.79mR	41-11.50	
	FOUL 11.49m FOUL 12.16m FOUL 12.79m					
3	Perrello, Biagio	Richmond Hea	12.69m	12.55mR	41-02.25	
	12.04m 12.34m 12.55m FOUL FOUL FOUL					
4	Quainoo, Brian	Bullseye Running	12.42m	11.82mR	38-09.50	
	10.13m FOUL 10.86m FOUL 11.82m 10.62m					
5	Woods, Mason	Commonwealth	12.76m	11.75mR	38-06.75	
	11.71m 11.58m 11.75m FOUL FOUL FOUL					
6	Edwards, Scott	10-Unattached	12.81m	11.23m	36-10.25	
	11.20m 10.52m 11.23m FOUL FOUL FOUL					
7	Kukoyi, Abdul-Baasit	Randallstown Track	12.43m	11.00m	36-01.25	
	FOUL 9.79m FOUL FOUL 9.79m 11.00m					
8	Daniel, Nicholas	Usa-Ja	10.73m	10.56m	34-07.75	
	10.37m FOUL 10.56m 9.78m 10.56m 10.21m					
9	Atkins, Kevin	i5 Elite	10.47m	9.88m	32-05.00	
	9.85m 9.31m 9.19m FOUL 9.88m FOUL					
10	Plunkett, Dudley	Firebirds Athletic	7.70m	8.93m	29-03.75	
	6.11m 8.93m FOUL					

Discus Throw 17-18 Division Men

Nat'1: N 63.02m 1979 Clint Johnson, Overland Park, KS						
Region 3: R 32.31m 7/6/2017 Lars Eklund, Lightning Runnin						
Name	Year	Team	Seed	Finals	Points	
1	Bolden, Gavano	Tigers Elite	42.81m	44.17mR	144-11	
	FOUL 36.41m 39.46m 44.17m FOUL FOUL					
2	Grantz, Shamus	12-Unattached	39.07m	39.97mR	131-02	
	36.07m FOUL 37.41m 36.86m 32.31m 39.97m					
3	Edwards, Scott	10-Unattached	34.84m	36.67mR	120-04	
	33.98m 35.02m 36.67m 33.90m FOUL FOUL					

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...Discus Throw 17-18 Division Men

4	Kelley, Patrick	Commonwealth	34.87m	36.48mR	119-08
	32.37m FOUL FOUL	36.48m 34.28m FOUL			
5	Daniel, Nicholas	Usa-Ja	29.91m	34.09mR	111-10
	29.87m 30.92m 30.90m	29.96m FOUL 34.09m			
6	Gray III, Paul	Comets of Ch	37.32m	33.47mR	109-10
	FOUL FOUL 14.14m 28.12m	FOUL 33.47m			
7	Quainoo, Brian	Bullseye Running	30.16m	33.14mR	108-09
	33.14m 32.78m 31.32m	31.94m FOUL FOUL			
8	Parker, Bakari	757 Colts	21.24m	22.62m	74-02
	21.46m FOUL FOUL FOUL	22.62m FOUL			

Hammer Throw 17-18 Division Men

Nat'l: N 79.24m 6/28/2008 Connor McCullough, Unattached, CA
 Region 3: R 59.47m 7/6/2012 Landon Carroll, 45-Throwldee

Name	Year Team	Seed	Finals	Points
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1	Kelley, Patrick	Commonwealth	30.35m	99-07
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Javelin Throw 17-18 Division Men

Nat'l: N 72.82m 6/27/2010 Samuel Crouser, Gresham,OR
 Region 3: R 42.92m 7/6/2017 Brendon Hodge, Havelock HEAT

Name	Year Team	Seed	Finals	Points
------	-----------	------	--------	--------

1	Bryant, Gerard	26-Unattached	46.60mR	152-11
	42.19m 44.19m 43.00m	46.12m 41.40m 46.60m		
2	Grantz, Shamus	12-Unattached	43.01m	42.87m 140-08
	39.19m 39.80m 38.38m	42.87m 39.49m 38.59m		
3	Kelley, Patrick	Commonwealth	24.46m	30.01m 98-05
	24.87m 29.62m 27.09m	29.90m 30.01m 26.56m		

Decathlon: #1 100 Meter Dash 17-18 Division Men Decathlon

Name	Year Team	Finals	Wind	Points
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1	Midgett, Keyonte	Richmond Hea	11.56	-2.1	740
2	Bryant, Gerard	26-Unattached	11.82	-2.1	687
3	Perrello, Biagio	Richmond Hea	12.25	-2.1	603
4	Branch, Joseph	Ft. Belvoir	12.40	-2.1	574
5	Burden II, Cedric	Bullseye Running	12.68	-2.1	523

Decathlon: #5 400 Meter Dash 17-18 Division Men Decathlon

Region 3: R 52.37 7/6/2017 Lars Eklund, Lightning Runnin

Name	Year Team	Finals	Points
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1	Midgett, Keyonte	Richmond Hea	51.45R	749
2	Bryant, Gerard	26-Unattached	53.91	643
3	Branch, Joseph	Ft. Belvoir	54.93	602
4	Burden II, Cedric	Bullseye Running	58.10	480
5	Perrello, Biagio	Richmond Hea	1:02.11	344

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Decathlon: #10 1500 Meter Run 17-18 Division Men Decathlon

Name	Year Team	Finals	Points
1 Midgett, Keyonte	Richmond Hea	4:59.26	564
2 Bryant, Gerard	26-Unattached	4:59.62	562
3 Branch, Joseph	Ft. Belvoir	5:02.48	546
4 Perrello, Biagio	Richmond Hea	5:42.44	340
5 Burden II, Cedric	Bullseye Running	5:45.42	327

Decathlon: #6 110 Meter Hurdles 17-18 Division Men Decathlon

Region 3: R 15.58 7/6/2017 Brendon Hodge, Havelock HEAT						
Name	Year Team	Finals	Wind	H#	Points	
1 Bryant, Gerard	26-Unattached	15.49R	0.7	2	791	
2 Branch, Joseph	Ft. Belvoir	16.24	-0.3	1	706	
3 Midgett, Keyonte	Richmond Hea	17.50	0.7	2	573	
4 Perrello, Biagio	Richmond Hea	18.78	0.7	2	452	
5 Burden II, Cedric	Bullseye Running	19.21	-0.3	1	414	

Decathlon: #4 High Jump 17-18 Division Men Decathlon

Region 3: R 1.87m 7/6/2017 Lars Eklund, Lightning Runnin						
Name	Year Team	Finals	Points			
1 Perrello, Biagio	Richmond Hea	1.90mR	6-02.75	714		
		1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95				
		P P P P P P O O O XXO XXX				
1 Midgett, Keyonte	Richmond Hea	1.90mR	6-02.75	714		
		1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95				
		P P P P P P O O XO O XXX				
3 Branch, Joseph	Ft. Belvoir	1.65m	5-05.00	504		
		1.45 1.50 1.55 1.60 1.65 1.70				
		P P P XO O XXX				
4 Bryant, Gerard	26-Unattached	1.60m	5-03.00	464		
		1.45 1.50 1.55 1.60 1.65				
		P P P XO XXX				
5 Burden II, Cedric	Bullseye Running	1.50m	4-11.00	389		
		1.45 1.50 1.55				
		O XO XXX				

Decathlon: #8 Pole Vault 17-18 Division Men Decathlon

Region 3: R 3.05m 7/6/2017 Lars Eklund, Lightning Runnin						
Name	Year Team	Finals	Points			
1 Midgett, Keyonte	Richmond Hea	3.05mR	10-00.00	369		
		1.53 1.68 1.85 1.98 2.15 2.29 2.44 2.59 2.75 2.90 3.05 3.20				
		P P O O O O O O O O XO XXX				
2 Bryant, Gerard	26-Unattached	2.90m	9-06.25	333		
		1.53 1.68 1.85 1.98 2.15 2.29 2.44 2.59 2.75 2.90 3.05				
		P P P P O O O O O XO XXX				
3 Perrello, Biagio	Richmond Hea	2.44m	8-00.00	229		
		1.53 1.68 1.85 1.98 2.15 2.29 2.44 2.59				
		P P O O O O O O XXX				

Region 3 Junior Olympic Track & Field Championships - 7/5/2018 to 7/8/2018**Hampton University****Results****....Decathlon: #8 Pole Vault 17-18 Division Men Decathlon**

4	Branch, Joseph	Ft. Belvoir	2.29m	7-06.00	197
	1.53 1.68 1.85 1.98 2.15 2.29 2.44				
	P O P XO O XXO XXX				
5	Burden II, Cedric	Bullseye Running	1.98m	6-06.00	136
	1.53 1.68 1.85 1.98 2.15				
	O O O XO XXX				

Decathlon: #2 Long Jump 17-18 Division Men Decathlon

Name	Year Team	Finals	Wind	Points	
1 Midgett, Keyonte	Richmond Hea	6.51m	+0.0	21-04.25	700
	6.51m(+0.0) 6.36m(1.3) FOUL(0.9)				
2 Bryant, Gerard	26-Unattached	6.08m	0.7	19-11.50	604
	6.08m(0.7) 5.93m(1.3) FOUL(1.2)				
3 Perrello, Biagio	Richmond Hea	5.92m	1.3	19-05.25	569
	5.15m(+0.0) 5.30m(1.9) 5.92m(1.3)				
4 Burden II, Cedric	Bullseye Running	5.50m	1.6	18-00.50	481
	5.36m(+0.0) 5.22m(1.2) 5.50m(1.6)				
5 Branch, Joseph	Ft. Belvoir	5.46m	1.2	17-11.00	473
	5.18m(+0.0) FOUL(2.0) 5.46m(1.2)				

Decathlon: #3 Shot Put 17-18 Division Men Decathlon

Name	Year Team	Finals	Points	
1 Perrello, Biagio	Richmond Hea	12.81m	42-00.50	656
	12.20m 12.44m 12.81m			
2 Bryant, Gerard	26-Unattached	11.88m	38-11.75	599
	FOUL FOUL 11.88m			
3 Midgett, Keyonte	Richmond Hea	11.36m	37-03.25	568
	10.12m 10.61m 11.36m			
4 Burden II, Cedric	Bullseye Running	8.70m	28-06.50	408
	8.03m 8.65m 8.70m			
5 Branch, Joseph	Ft. Belvoir	8.38m	27-06.00	389
	8.38m 7.68m 7.95m			

Decathlon: #7 Discus Throw 17-18 Division Men Decathlon

Name	Year Team	Finals	Points	
1 Bryant, Gerard	26-Unattached	32.35m	106-02	511
	32.35m FOUL 31.60m			
2 Perrello, Biagio	Richmond Hea	24.73m	81-02	362
	22.53m 24.73m 24.64m			
3 Branch, Joseph	Ft. Belvoir	22.50m	73-10	319
	22.35m FOUL 22.50m			
4 Midgett, Keyonte	Richmond Hea	20.31m	66-08	278
	20.31m FOUL 19.14m			
5 Burden II, Cedric	Bullseye Running	19.14m	62-09	256
	19.14m FOUL 14.73m			

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Decathlon: #9 Javelin Throw 17-18 Division Men Decathlon

Name	Year Team	Finals	Points
1 Bryant, Gerard 44.74m 47.03m 46.48m	26-Unattached	47.03m	154-03 545
2 Perrello, Biagio 33.63m 28.32m 30.51m	Richmond Hea	33.63m	110-04 351
3 Midgett, Keyonte FOUL FOUL 28.79m	Richmond Hea	28.79m	94-05 282
4 Branch, Joseph 22.23m 23.83m 28.35m	Ft. Belvoir	28.35m	93-00 276
5 Burden II, Cedric 14.67m 14.10m 19.34m	Bullseye Running	19.34m	63-05 152

Decathlon 17-18 Division Men

Name	Year Team	Seed	Finals	Points
Nat'l: N 7405 7/25/2001 Donovan Kilmartin, Meridian, ID				
Region 3: R 6553 7/1993 Evan Wix NS Red Runners GA				
1 Bryant, Gerard	26-Unattached		5739	10
2 Midgett, Keyonte	Richmond Hea		5537	8
3 Perrello, Biagio	Richmond Hea		4620	6
4 Branch, Joseph	Ft. Belvoir		4586	5
5 Burden II, Cedric	Bullseye Running		3566	4

3000 Meter Race Walk 17-18 Division Men

Name	Year Team	Seed	Finals	Points
Nat'l: N 12:54.88 7/31/1994 Kevin Eastler, Farmington, ME				
Region 3: R 14:54.15 7/9/2010 Jonathan Hallman, Unattached				
1 Davis, Jadon	10-Unattached	14:46.83	15:36.64	
2 Parker, Bakari	757 Colts	24:42.19	24:23.76	
3 Price, Justus	757 Colts	24:18.95	25:43.41	