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The opinions expressed here do not necessarily reflect the views of every panelist each month. The Health Sciences Institute acknowledges occasional differences of opinion among panelists and welcomes the exchange of differing points of view.

Blood sugar plummets by 107 points in just 90 days with this groundbreaking diabetes cure

by Michele Cagan

What I'm about to tell you is pretty audacious. But if this natural diabetes cure did even half of what it claims, it would still be better than all the diabetes drugs on the market.

You see, this groundbreaking formula is twice as effective as top-selling diabetes drugs at lowering blood glucose in every measure. Plus, it works much, much faster—we're talking days, not months upon months.

Now, you may be thinking you've heard this all before. But let me show you the scientific proof that convinced me that this blood sugar miracle is the real deal.

One small company goes all in to gamble on a clinical trial

Ken Hampshire of Syntratech knew he had developed a true diabetes remedy, and success stories were pouring in from grateful customers as soon as his formula hit the market. But that wasn't enough.

Ken wanted to know exactly what this formula, Syntra5, could do so he commissioned a small study to see how it fared. And though there were only 17 participants, the results were very positive—so positive, in fact, that Ken decided to take a major gamble and pour money into a clinical trial...putting his company on the line.

If Syntra5 wasn't proven effective, they would be ruined.

The results weren't just positive.

They were groundbreaking.¹ Syntra5 simply demolished diabetes, and more...

- Fasting blood sugar plummeted an unheard of average 107 points in just 90 days
- Two-hour glucose levels decreased 54.55%
- HbA1c dropped from an average of 7.7% to 4.7%, a remarkable 3 point drop
- LDL cholesterol decreased by more than 34%
- Total cholesterol dropped over 29%
- Triglycerides fell by 20%
- Systolic blood pressure decreased by 28.4%, along with a 4.9% drop in diastolic
- Average weight loss was 9.3 pounds—with NO changes in eating or exercise

And those were the results after only 90 days, in patients with chronic uncontrolled blood glucose and fasting blood glucose counts between 160 mg/dL and 225 mg/dL (a definite danger zone). Big Pharma executives must be praying that more people don't learn about Syntra5.

HSI Exclusive: The inside story on some secret data

When Syntratech reported those stellar

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Our Mission

The Health Sciences Institute is dedicated to uncovering and researching the most urgent advances in modern underground medicine.

Whether they come from a laboratory in Malaysia, a clinic in South America, or a university in Germany, our goal is to bring the treatments that work directly to the people who need them. We alert our members to exciting breakthroughs in medicine, show them exactly where to go to learn more, and help them understand how they and their families can benefit from these powerful discoveries.

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Groundbreaking Diabetes Cure

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results, they kept one of Syntra5's effects under wraps, out of the report. The outcome was so good, they thought no one would believe it! But I knew this information was too important to keep quiet...and they agreed to let me share it with you.

During the clinical trial, they ran what's called a glucose challenge test. Basically, they loaded the subjects with 75 grams of glucose (that's about 6 tablespoons) to see the response. Of course, when you take in that much sugar, your blood glucose spikes up, and it may take a long time to level out.

But not with Syntra5. Almost everyone in the Syntra-5 group had normalized blood sugar within *30 minutes* of the glucose load. That's unheard of!

Consider this: the standard measure of how well the body handles sugar after eating is a two-hour test. And Syntra5 brought levels down to normal in just 30 minutes.

Top-selling diabetes drugs don't even come close

If you've got diabetes, you know it's all about the numbers. You aim for normal zone numbers...

- Fasting blood glucose under 100 mg/dL
- 2-hour glucose level under 140 mg/dL
- HbA1c level under 7%

...but rarely (if ever) achieve them with pharmaceuticals.

But Syntra-5 is a different story all together, getting results that Big Pharma can only dream about.

Let's start with the HbA1c, one of the most important numbers in diabetes management because it measures long-term glucose control. Leading diabetes drugs can't really lower HbA1c by very much (the biggest decrease I found was 1.4 with metformin), or

get that number under the 7% benchmark. In other words, none of them comes close to the Syntra5 effect: **In their clinical trial, 100% of patients taking Syntra5 saw their HbA1c drop to 5%.** In just 90 days... and that was down from an average 7.7% at the start of the trial.

Then there's the fasting glucose level. Top-selling diabetes drugs only drop blood glucose levels by around 50 points. That makes Syntra5 twice as effective, lowering fasting glucose by an average 107 points in just 90 days—without the kinds of dangerous side effects diabetes drugs can cause. (Of course, with major shifts like these, keeping track of your blood sugar levels is extra important.)

And as for the 2-hour glucose, well, you saw a moment ago just how incredibly Syntra5 can handle that... and in a fraction of the time. (None of the pharmaceutical studies I looked at reported 2-hour glucose levels.)

In a head-to-head comparison, Syntra5 takes on 3 diabetes blockbusters

Spurred by the incredibly positive results of their gold-standard clinical trial, the SyntraTech team commissioned a follow-up study. They wanted to know just how Syntra5 worked, and how it compared to pharmaceuticals.

The subjects in this study were special Type 2 diabetic mice.² The animals were split into 5 groups for treatment: Syntra5, Byetta, Actos, metformin, and untreated. (Byetta, Actos, and metformin are among the most commonly prescribed diabetes drugs.) And the researchers looked at dozens of biomarkers to see just what each treatment impacted.

The results were mindblowing.

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Study length	Syntra5	Actos*	Byetta*	Metformin*
	90 days		26 weeks	24 weeks
HbA1c (avg decrease)	3.04%	0.9%	0.9%	1.4%
Fasting glucose (avg decrease)	107	56	19	53
Weight (avg decrease)	9.3 lbs	None reported	2.9 kg (about 6 lbs)	1.4 lbs
Potential side effects	Lower cholesterol and triglycerides	Bladder cancer, heart failure	Hemorrhagic pancreatitis (sometimes fatal)	Lactic acidosis, vomiting, diarrhea

*Numbers taken from the full prescribing information for each drug.

Not only did they prove that Syntra5 had similar actions as the diabetes drugs, it outperformed them in many crucial biomarker measurements. Most notable was Syntra5's impact on inflammation activity—and that's important because scientists have closely connected Type 2 diabetes with increased inflammation. Syntra5 decreased inflammation signaling by as much or more than the drugs did (about the same as Byetta, but much more than Actos and metformin).

This successful study combined with the amazing results of the human clinical trial prove that Syntra5 is a safe and effective diabetes treatment, outperforming all of the best-selling diabetes drugs on the market.

And here's another secret: The word is out. Rumor has it that a major east coast university has independently decided to study Syntra5 in a human clinical trial. And if the results look anything like we've already seen, it could change everything.

And for many people, it already has. Literally hundreds of customers have called and written to share their Syntra5 success stories. And when I talked to some of them, the gratitude in their voices was inspiring.

From "timebomb" to "miracle man" with Syntra5

Glen Davis went to his doctor for a routine physical, only to have the doctor tell him he was "a timebomb ready to explode." Glen's blood pres-

sure had spiked up to 168/110, his cholesterol was almost 400, his triglycerides were extremely high (well over 1000!), and his blood sugar was around 400. The doctor gave him prescriptions for Crestor and blood pressure drugs to start, and told him to get his sugar down.

"The Crestor made me sick. I was dizzy and sweating, I had palpitations. So I stopped taking it." He didn't want to take diabetes drugs, either, so he started to change his diet, walk every day, and do some research. That's when he came across Syntra5. And within the first week, his blood sugar dropped 80 points. Within 2 weeks, it was under 200—half the level it was before he took Syntra5.

At his next appointment, a few months later, his doctor was shocked. Glen's blood sugar was 96. His triglycerides had dropped down to 220. And his blood pressure was a much safer 118/80. "I've never seen anything like it," the doctor told him. "You're a miracle man."

When diabetes drugs made him sick, Syntra5 kept him steady

HSI member Chris Chambliss first started using Syntra5 after he read about it in his *Members Alert* back in 2009 (it was called Diatroxal then)... but that's not the start of his story.

Since 1991, Chris was on metformin and glyburide to control his diabetes, but he didn't like the way they made him feel. Especially when they

caused his blood sugar to plummet so low that it made him sick (hypoglycemia is a very common problem with diabetes drugs). So when he read about Syntra5, he decided to take a chance.

His doctor was not in favor of supplements, so Chris stopped seeing him, and found someone who was open to alternatives. He was soon able to stop taking the glyburide, and his blood sugar finally stabilized. Now his HbA1c levels are consistently under 7.0, and his sugar stays even throughout the day—no more highs, and no more crushing lows.

What gives Syntra5 its sugar-busting edge?

I asked Ken if there were any stand-out ingredients in the formula, and he didn't even pause: "HCA, that's the superstar. But the other ingredients are all stars, too."

He's right. There are plenty of scientific studies (including dozens of human trials) backing up the sugar-busting powers of all the ingredients in Syntra-5. In fact, the label reads like a "Who's Who" of proven natural diabetes remedies. And HCA is at the top of that list.

HCA (hydroxycitric acid), from *garcinia cambogia* extract, has been long-studied as a weight-loss supplement, largely because it works as a natural appetite suppressant, and it's also known to keep blood insulin levels in check.

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Breaking news: Pioneer scientists uncover the Holy Grail lifesaver for “incurable” sciatica pain

by Michele Cagan

Searing pain shoots down your hip and leg. It’s hard to move, and just as hard to stay still.

Between the tingling, numbness, and electric shock-like agony, you can barely make it through the day.

The pain is almost impossible to treat...at least with pharmaceuticals.

But, thankfully, a pair of pioneering scientists discovered a unique and highly effective molecule that can both protect and repair damaged nerves—including your sciatic nerves. And that means there’s finally a real way to treat even chronic sciatica pain so you don’t have to suffer anymore.

Pioneering research leads to a hidden solution for “incurable” nerve pain

It’s only very recently that nerve pain (also called neuropathy) has caught the attention of researchers. And now, suddenly, neuroplasticity (the ability of your nervous system to adapt to injury and stress) is a very hot research area.

But when two pioneering scientists first started studying nervous system repair, very few people even considered it. For decades, this husband and wife research team (Dr. and Mrs. Gilad) searched for the holy grail, something that helped the nervous system repair itself after injury—and that means an end to incurable nerve pain.

Through extensive research, they discovered that amine molecules (a type of protein) could accelerate nerve healing. But there was a problem—just the tiniest bit too much of these compounds was toxic.

Now they had a solid research

direction, but one major hurdle to overcome. They had to find a non-toxic nerve-protecting molecule.

And finally, in 1994, they came across the one molecule that changed everything: agmatine.

This well-hidden natural compound does something no other seems to be able to do. It speeds up nerve regeneration, something your nervous system can’t really do on its own, and something no pharmaceutical on the market can do.

The “magic shotgun” works in ways a magic bullet never can

Pharmaceutical drugs have very narrow focus, honing in on things like a single enzyme, the magic bullet approach. And that’s why they’ll never be able to handle a thoroughly complex problem like sciatica pain.¹ In fact, there is no drug specifically approved for treating sciatica, though doctors will hand out prescriptions for dangerous drugs like Lyrica and Cymbalta.

You see, nerve pain like sciatica is quite complicated, with many underlying systems out of sync, and that means more than one biochemical process is at work.

And that’s just how agmatine

works. It impacts multiple targets all at the same time, like a “magic shotgun,” as Dr. Gilad calls it. And this unique multiple method of action makes agmatine a true breakthrough for nerve pain, no matter the cause.

Through painstaking research, scientists (including Dr. Gilad) have uncovered several ways that agmatine protects nerve cells:^{2,3,4}

- It improves the way your cells send messages to each other by boosting neurotransmitter function
- It decreases pain-inducing activities, by preventing some mineral salts from getting into your neurons
- It cuts down on production of destructive enzymes (called metalloproteases) that can kill nerves and create nerve pain
- It keeps AGEs (advanced glycation end products) from damaging nerve cells

The evidence is piling up

With all that capability, it’s no wonder that agmatine is able to do what single-target drugs just can’t: make a real difference in sciatica pain.

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Ineffective, dozens of harmful side effects—Big Pharma strikes out again

While there are no drugs approved to treat sciatica, many doctors still prescribe Lyrica and Cymbalta to desperate patients... at great risk.

The adverse events sections for both drugs read like horror stories. Both can increase the risk of suicide. And with Lyrica, you’d also be risking angioedema (potentially life-threatening swelling of the throat, head and neck), along with decreased platelet counts and impotence. With Cymbalta, the potential problem list includes things like abnormal bleeding, severe skin reactions, seizures, severe kidney impairment, and possibly fatal liver failure.

Even better, Dr. Gilad's patented form of agmatine (called G-agmatine), the key ingredient in AgmaSet, doesn't cause deadly or dangerous side effects.

And there's plenty of science to back this up... from decades of *in vitro* research to animal studies to a very promising human clinical trial studying G-agmatine® (their trademarked brand of agmatine, the key ingredient in AgmaSet) on sciatica patients.

After studying the compound for years in the lab and in animals with very successful outcomes, the Gilads switched gears to human clinical research in 2004. And their first placebo-controlled clinical trial, completed in 2008, showed promising results.

AgmaSet substantially decreases pain and improves quality of life for sciatica patients

Straight on the coattails of a highly successful open-label trial testing AgmaSet's safety, the Gilads conducted a gold-standard study: a randomized double-blind placebo-controlled trial.⁵

Sixty-one sciatica patients, all of whom had been suffering for months, took either 2.67 grams of AgmaSet or placebo daily for two weeks.

And at the end of just two weeks, the subjects in the AgmaSet group saw an average 27% improvement in pain *and* a 71% improvement in their quality of life. Compare that to the people in the placebo group, who reported only a 6% pain reduction and 20% quality of life improvement.

Now, even though these results are very positive, this is just one small, short trial. But Dr. Gilad told me there are more studies going on right now. "We're looking at some more objective measures, like nerve growth and conduction. And we want to test the effectiveness on other types of neuropathies."

Those results will take some time, and we'll report them in your *Members*

Alert as soon as they're available. But right now, we have a lot more evidence of AgmaSet's effectiveness: the experiences of patients and practitioners alike who have been using the product for much longer than two weeks back up the study's success.

"It's a lifesaver! I can function again!"

For years, HSI member Sandy Wright struggled with overwhelming sciatica pain—so bad that she underwent hip replacement to see if that could help. It didn't make the pain stop. In fact, some days she couldn't get out of bed at all, because she couldn't stand or sit without pain. She couldn't walk, or get to work, making it very hard to live her life.

The disability got so bad that Sandy finally bought a medical transfer chair (one with swivel wheels) so she could get through doorways (regular wheel chairs were too big and heavy).

Now, that chair is in the garage. And when I talked to Sandy, she was laughing and playing with her great-grandchildren. "That's a huge difference," she told me. "I can live my life again, thanks to AgmaSet."

She's been taking AgmaSet for several months now, but still remembers when she first started. "I'm allergic to painkillers, and I can't take NSAIDs. I take lots of anti-inflammatory supplements like fish oil and turmeric and bromelain, but they didn't really hit the sciatica at all. And then I found out about AgmaSet, so I tried it."

Within about a week, she was feeling better—about 80% better. But she didn't believe it could work so fast, so she figured it was something else and stopped taking the AgmaSet. The pain came back.

She's been taking AgmaSet, and living her life without agony, for nearly a year now. "It's a lifesaver!"

Skeptical chiropractor "field tests" AgmaSet with astonishing results

When Dr. Gary Young, D.C. first heard about AgmaSet back in July 2010, he was very skeptical. And for good reason—Dr. Young gets approached with 'miracle' pain-relieving products all the time, and many of them simply don't live up to their hype.

But a product for healing nerves caught his eye, especially because "no one ever talks about repairing nerves." When he saw the studies backing up the nerve claims, he decided to field test it with some patients—and not just sciatica patients, either, but people with all kinds of nerve pain, like shingles and diabetic neuropathy.

And he's been prescribing it ever since that first test patient went from being hobbled over in pain to feeling good.

Local hero finally escapes years of hobbling pain with AgmaSet

When former firefighter/police-man Jack Bingham came to see Dr. Young, he was literally hobbled over in pain. Years before, Jack had been blown out of a second-story window during a fire in upstate New York. He had steel plates with bolts in his neck and back from surgery, and had been suffering with awful nerve pain for decades.

Dr. Young started working with him in the usual ways, with physical therapy and acupuncture (among other things), and that helped. But after a session, Jack had to drive an hour and a half to get home—and sitting like that for so long made the pain shoot again.

So Dr. Young decided to try the AgmaSet. He told Jack it might not work, but it was worth a try. Jack started taking three capsules twice a day...and came back 8 days later. The

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Exotic bees hold the key to treating excruciating gastric ulcers (and other digestive woes) fast

by Michele Cagan

Deep in the heart of Brazil lies the secret to a pain-free GI tract.

And now you can use its extraordinary healing to protect and repair your gastrointestinal system.

No more burning acid reflux, or painful (and embarrassing) gas. Best of all, finally fast relief from excruciating gastric ulcers.

And it all starts with a very rare compound produced by a small group of Brazilian bees.

Brazilian propolis heals gastric ulcers fast

Imagine the unbearable pain of an open wound covered in acid. That's what gastric ulcer patients live with every single day.

Gastric ulcers are tears in your stomach lining. Your stomach is full of digestive acids. Exactly as painful as it sounds. And standard medical treatment (which can include painkillers and acid-reducing drugs, the two worst things you can take for this) typically takes about least 6 weeks to get things under control.

But studies show that bee propolis can make you feel better almost right away AND heal those internal wounds within 2 weeks. Not only that, but it's been proven to kill the bug often responsible for those agonizing gastric ulcers, the infamous *H. pylori* (*helicobacter pylori*), as well as many other detrimental bacteria.¹

Science headline

In one study, Brazilian green propolis was pitted against gastric ulcers in lab animals. Some of the rats were pretreated with propolis before the ulcers were induced (by chemicals and stress). Those pretreated rats had fewer gastric lesions than the untreated animals. What's more, the pretreated

rats produced less stomach acid. The researchers concluded that Brazilian green propolis "displays good anti-ulcer activity."²

There have been other animal studies, as well as *in vitro* research, demonstrating the healing impact of propolis on gastric ulcers. Along with that, one herbalist turned author Richard Lucas wrote extensively about the use of propolis for this condition.³ In his book, he included reports of case studies and (unpublished) trials:

"Helicobacter pylori get its name from its helix shape, and it's that shape that makes it so dangerous.

With its spiral shape, it virtually drills through your stomach lining, causing devastating gastric ulcers...and possibly even stomach cancer."

- In one case study of a 50-year old male gastric ulcer patient, taking 3 propolis capsules daily 30 minutes before meals decreased the patient's pain after just one day.
- Doctors at Klosterneuburg Hospital in Austria treated 250 gastric ulcer and colitis patients with propolis, and 97% of those patients experienced healing within two weeks.
- Dr. Franz K. Feiks (of Austria) reported that 7 of 10 gastric ulcers patients treated with 3 drops of propolis 3 times daily before meals experienced pain reduction within 3 days. Plus, the wounds associated with their gastric ulcers had totally cleared within ten days for

60% of the patients.

On its own, bee propolis can work miracles for gastric ulcer patients. And when its combined with nearly 40 years of Scandinavian medicine, healing is practically guaranteed.

When Brazilian bees team up with Scandinavian tradition, gastric ulcers don't stand a chance

Back in 1974, Sven Salomon, a forward-thinking Danish biochemist, developed what was to become a staple of Scandinavian medicine—a formula sold in Europe as Gastroform[®]. His remedy included three natural cures for gastrointestinal ailments (from ulcers to traveler's diarrhea to acid reflux), one of which was regular bee propolis.

His formula was proven effective in a clinical test⁴ (published in Danish, but I got the highlights). Now this was a small pilot study, with 71 subjects treated for 14 days with Gastroform powder (the equivalent of 2 tablets per day), but the results were very positive:

- 78% reported relief from stomach ulcers
- Subjects reported "very good relief" from traveling stomach (diarrhea and heartburn)
- Good results with stomatitis (inflammation that causes mouth ulcers)

These results are borne out by decades of use throughout Europe and Scandinavia. And the formula is now even better.

Flashforward nearly 40 years, to when NaturaNectar's patented FLAV[™] propolis extract was combined with the two other ingredients from Salomon's original formula, and you have the healing power of

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Gastroform plus unique Brazilian propolis that includes the one-of-a-kind exotic red bee propolis you can't get anywhere else. That's critical, because not all propolis has the same healing properties—it all depends on where the bees live.

Only in NaturaNectar's Gastro Guardian™ can you find FLAV™ extract made of pure standardized flavonoids of premium Brazilian propolis including Brazilian Red Propolis and Green Propolis combined with Salomon's proprietary blend of Licorice DGL (deglycyrrhizinated licorice, a form which makes it easier on your stomach) and Fenugreek seed extract. And the combined power of these three anti-ulcer compounds will bring sufferers much needed relief...fast.

Licorice and fenugreek take on gastric ulcers and so much more

Both licorice and fenugreek are famous in the alternative medicine community as digestive aids—but their powers go so much deeper, especially when it comes to gastric ulcers.

One study⁵ found that fenugreek seeds were more effective than omeprazole at preventing the formation of lesions that cause gastric ulcer. Omeprazole, as you may know, is the generic name for Prilosec, a drug commonly used to treat gastric ulcer by reducing stomach acid.

And licorice has been shown to fight *H. pylori*, even drug-resistant strains that are extremely tough to beat.^{6,7} And several studies, including some human studies, found that licorice could help heal gastric ulcers.^{8,9,10} One human study even found that licorice DGL (in high doses of 2300 mg per day) reduced ulcer size in 78% of patients, and brought on complete healing in 44% of the gastric ulcer patients.¹¹

That's pretty impressive...and that's not even all that these three powerhouses can do. In addition to taking on gastric ulcers, they also team up to take care of an impressive list of digestive woes:

- Traveler's diarrhea

- Colitis
- Gas
- Indigestion
- Constipation
- Acid reflux

Take Gastro Guardian™ to eliminate painful gastric ulcers and other digestive woes

If you're living with the excruciating pain of gastric ulcers, Gastro Guardian may bring the relief you've been so desperately searching for, very quickly. And it works just as well with other digestive problems, from indigestion to diarrhea.

The manufacturer recommends taking 1 capsule of Gastro Guardian 3 times a day to support digestion.

If you're traveling, they recommend taking 1 capsule daily to protect your digestive system, but you can increase that to 2-4 capsules daily if you'll be eating unusual or very spicy foods.

You can find ordering information for Gastro Guardian™ in your Member Source Directory on page 8. **HSI**

Groundbreaking Diabetes Cure

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Gymnema sylvestre extract helps control blood sugar and carbohydrate cravings by actually filling the sweet receptors on your taste buds and in your digestive tract so they don't get activated when you eat sugar.

Chromium is well-known for keeping blood sugar in check by regulating glucose levels (so they never soar too high or drop too low), and even reversing insulin resistance.

Cinnamon extract lowers high blood sugar levels and enhances the impact of insulin on glucose.

Bitter melon extract improves glucose tolerance and lowers blood sugar, as well as reducing insulin resistance.

Banaba leaf extract contains corosolic acid, which helps your body use glucose more efficiently, and helps

make sure excess glucose doesn't get stored in fat cells, making it easier to lose weight.

Fenugreek seed normalizes blood sugar levels and increases insulin sensitivity.

Vanadium stabilizes blood sugar levels by increasing the sensitivity of insulin and glucose receptors, so your body doesn't need to make as much insulin.

Biotin lowers fasting blood glucose levels in diabetes patients and helps reduce insulin resistance.

Win the battle against diabetes with Syntra5

No matter how long you've been battling diabetes, Syntra5 can help. And not just with your blood sugar, but with cholesterol, triglycerides, blood pressure, even weight loss.

The manufacturer recommends taking 2 Syntra5 tablets 3 times a day right before meals. For the best results, take Syntra5 about 15-20 minutes before eating (but it's okay to still take it right before, or even during your meal).

Just so you know, these tablets are very large—but they need to be to include all the sugar-busting powers of the formula.

Caution: If you are already taking blood sugar medication, work with your doctor while taking Syntra5. While Syntra5 does not appear to cause hypoglycemia (based on the studies and customer feedback), medication can, and your doctor may need to change your dosage.

You can find ordering information for Syntra5 in your Member Source Directory on page 8. **HSI**

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Overcome 'hopeless' fatigue

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supplement hadn't made in difference in that first week.

But on the eighth day, it finally kicked in.

The pain shooting down his legs felt 80% better.

But not everyone feels so much better so quickly.

Even the toughest cases benefit with AgmaSet—it just takes a little longer

One of his toughest cases was a woman in her late 70s, Mary Fargate. Not only had this woman survived breast cancer only to suffer extreme physical pain from arthritis and osteoporosis, but she was also enduring the unbearable emotional pain of having recently lost her daughter to cancer—and that made her physical pain all the more agonizing.

Every day Mary suffered from debilitating lower back pain, along with shooting pains in her hips and

legs. Her films and scans looked terrible. And the usual treatments were having very little effect, even after weeks of trying.

So Dr. Young decided to give her AgmaSet. She finished her first bottle in about four weeks, but didn't see any results. He gave her a second bottle to try...and that made all the difference.

A couple of weeks later, she came in and said she felt a little better.

"For Mary, feeling a little better is a big improvement," Dr. Young told me. "And when I watched her come into the office—what I call observational testing—I could see a real difference. She got out of her chair much more easily (about 70% better, if I had to put a number on it). And she was able to do more of the exercises at home. Now, that's a major improvement."

AgmaSet conquers even chronic sciatica pain

If you've been suffering the agony of sciatica pain, AgmaSet may be the

first thing to bring real relief.

Many people feel a real difference in just a few days. But for some, especially those suffering for a long time, the supplement may take a little longer, sometimes three to five weeks before the impact is noticeable.

The manufacturer recommends taking two capsules of AgmaSet twice a day for two days. If you don't notice any effect, increase the dose to three capsules of AgmaSet twice a day until you do feel a difference. Once the effects kick in, you can try going back down to the maintenance dose of two capsules, twice a day.

For the best results, take AgmaSet with or right after meals.

And be aware, some patients experience soft stool or occasional mild diarrhea when they first start taking AgmaSet.

You can find ordering information in your Member Source Directory on page 8. **HSI**

MEMBER SOURCE DIRECTORY

Syntra5[®], Syntratech. Ph (888) 447-4898; www.BloodSugarHealth.com. A one month supply (180 count bottle) normally costs US\$69.87, but HSI members pay only US\$59.87, an exclusive 15% discount on a single bottle, or HSI members can buy two 180-count bottles at the discount price AND get one free. Product only available in the U.S., Canada, Australia, and the United Kingdom.

AgmaSet, Gilad&Gilad, PH: (888) 484-4523. www.ForNerveHealth.com. AgmaSet costs US\$69.99 for one 120-count bottle.

Gastro Guardian[™], NaturaNectar, Ph: (800)609-7794; www.NaturaNectar.com. Gastro Guardian costs US\$25.99 for one bottle (60 capsules). HSI members are entitled to free shipping (in the U.S. only) on any order, plus exclusive 10% savings when buying at least two bottles. HSI members who buy 3 or more bottles will also receive a free bottle of NaturaNectar's Throat Guardian Spray. Simply use code HSIGASTRO when ordering.

HSI website log-on info (AUGUST):

Username: aug2012

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