

SEIZE THE BAGEL

Cascade Park
13215 SE Mill Plain C3
360-254-1012

+

Hazel Dell
9904 NE Hwy 99
360-836-8915

+

Orchards
9609 NE 117th Ave.
360-828-7712

+

The Heights
8086 E. Mill Plain
360-718-7725

ORDER ONLINE THRU OUR WEBSITE:
seizethebagel-toast.site/order

Hours:

6am-4pm

Thanks for supporting our small biz!



fresh baked bagels

Ancient Grains (v)	Pesto Parmesan
Asiago	Plain (v)
Bacon Chive Cheddar	Sesame (v)
Cheddar Cheddar	Wild Cheddar
Everything (v)	Blueberry (v)
Garlic (v)	Chocolate Chip
Hot'n Spicy	Cinnamon Delight (v)
Jalapeño (v)	Cinnamon Raisin (v)
Jalapeño Cheddar	Snickerdoodle (v)
Onion (v)	

+ seasonal flavor!

Single Bagel (v/o)	1.50
Baker's Dozen (v/o)	17.00
Work Place Special	25.00
Avocado Bagel Toast (v/o)	6.50
Bagel with Cream Cheese (v/o)	4.50
Bagel with Lox Cream Cheese	6.50
Bagel with Peanut Butter (v/o)	4.50
Bagel with PB + J (v/o)	5.00
Bagel with Butter or Jam (v/o)	3.00

savory cream cheese flavors

Bacon Chive	Plain (v/o)
Garlic Chive (v/o)	Tomato Herb (v/o)
Roasted Hatch Chile	

sweet cream cheese flavors

Honey Walnut	Vanilla
Strawberry (v/o)	

+ seasonal flavor (v/o)!

egg sandos served all day

The Degen	8.50
Egg Omelet, Ham, Bacon, Pepper Jack, Tomato Herb Cream Cheese on Hot'n Spicy Bagel	
The Supreme	8.50
Egg Omelet, Ham, Bacon, Cheddar, Tomato	
The Basic+ (v/o)	5.50
Egg Omelet (v/o), Cheddar (v/o) + Add-ons	

Add Breakfast Meat

Bacon +2.50
Sausage (v/o) +3.00
Ham (v/o) +3.00
*Nova Lox +5.00

Add Veggies

Avocado +2.00
Caramelized Onion +1.50
Pickled Onion +1.50
Bell Pepper +1.00
Jalapeño +1.00
Red Onion +1.00
Tomato +1.00
Romaine +1.00
Spinach +1.00
Pepperoncini +1.00

Add Spread

Cream Cheese (v/o) +1.75
*Lox Cream Cheese +3.00

WORKPLACE SPECIAL

(NOT JUST FOR THE WORKPLACE !!)

One dozen sliced bagels + two 8 oz.
tubs of cream cheese, 25.00

spread to go

Plain or Flavored Cream Cheese (v/o)		
1.75 (Single)	3.25 (4 oz.)	6.00 (8 oz.)

*Lox Cream Cheese

3.00 (Single)	6.00 (4 oz.)	10.00 (8 oz.)
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(v/o) = Vegan option, just ask!

lunch sandos served all day

Super Nova 13.50

*Nova Lox, Plain Cream Cheese, Cucumber, Tomato, Pickled Red Onion, Capers

Beef Dip 11.50

Roast Beef, Swiss, Caramelized Onion, Garlic Chive Cream Cheese with Beef Au Jus

Cubano 11.50

Garlic-Citrus Pulled Pork, Ham, Bacon, Swiss, Pickle, Honey Mustard on a Snickerdoodle Bagel

BLATT 11.50

Bacon, Lettuce, Avocado, Turkey, Tomato (+Mayo)

S.TB 11.50

Chicken, Pepper Jack, Roasted Hatch Chile Cream Cheese, Romaine, Cilantro, Tomato, Pickled Red Onion

Very Veggie (v/o) 11.50

Garlic Chive Cream Cheese, Avocado, Tomato, Cucumber, Bell Pepper, Pickled Red Onion, Romaine/Cilantro Mix

*Nova Lox (cold-smoked salmon) is not cooked. Consuming raw or undercooked seafood may increase the risk of foodborne illness.

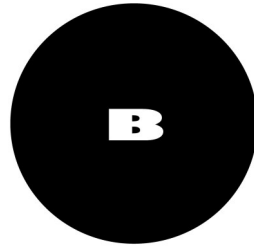
build your own deli sando

Start w/Bagel Sliced + Toasted 2.00 and add on

Meat	Cheese	Toppings
Roast Beef +4.00	Cheddar (v/o)+1.50	Romaine +1.00
Ham (v/o) +3.00	Pepper Jack +1.50	Tomato +1.00
Turkey +3.00	Swiss +1.50	Onion +1.00
Chicken Brst+3.00		Pickle +1.00
		Peppcini +1.00
		Avo +2.00
		Carm Oni +1.50
		Pickled Oni +1.50

+more add-ons available!!

we cater!



For more information, email:
STBcatering@outlook.com

bagel dog

100% Beef Brisket Dog 7.50

Mac Attack –or– Chili Dog Deal 15.00

salad + fruit

Taco Salad or Seasonal Salad (v/o) 10.50

Fresh Fruit 4.00/7.50

Fresh Fruit + Yogurt Parfait 5.25

hot sides + chips

White Cheddar Mac + Cheese 7.00

Chili or Seasonal Soup 6.00

Kettle Chips (v/o) 2.75

Bagel Chips + Dip (v/o) 6.50

(v/o) = Vegan option, just ask!

café drinks

Hot or Iced

Mocha 5.75 6.75

Cafe Latte 4.75 5.75

Cappuccino 4.75 5.75

Chai Latte 5.25 6.25

London Fog 5.00 6.00

Steamer/Hot Choc 3.75 4.75

Cafe Americano 3.75

Drip House Coffee 3.50 4.50

Tea 3.75

Cold Brew 5.25 6.25

frozen

Fruit Smoothie (v) 6.25 7.25

NW Berry ▪ Peach Pear ▪ Strawberry

Blended Coffee 6.25 7.25

Vanilla Latte ▪ Mocha ▪ Butterbeer/Seasonal (extra)

energy quencher 6.25

fresh juice 4.00/5.00

flav'd lemonade 5.00/6.00

soda prices vary

sweets

Cinnamon Bun 4.75

Papparoti Bun 4.75

Lamington Tea Cake 4.75

Hand Pie 4.75

Bing Bong 4.75

Bop Tart 4.75

Brookie (v) 4.25

Dubai Chocolate Cookie 5.25

Scone 4.25

Danish 4.25

Muffin 4.25

Mini Loaf 4.25

PNW Oatmeal Dream Pie 4.25

Epic Cookie (v/o) 3.75