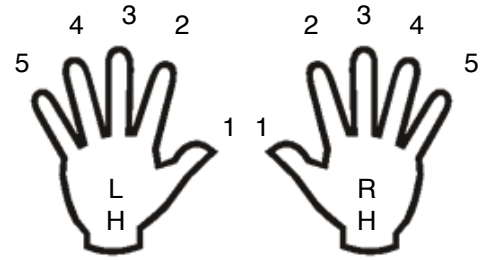
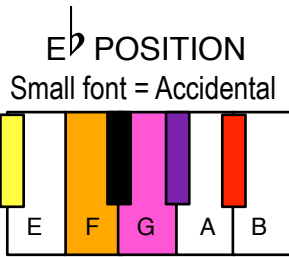


Start Date

Daily Exercises

Thumbs are *ONE*



R.H. Fingers	1 2 3 4 5	5 4 3 2 1
Note	E♭ F G A♭ B♭	B♭ A♭ G F E♭
L.H. Fingers	5 4 3 2 1	1 2 3 4 5
R.H. Fingers	1 2 2 1 2 3 3 2 3 4 4 3 4 5 5 4	
Note	E♭ F F E♭ F G G F G A♭ A♭ G A♭ B♭ B♭ A♭	
L.H. Fingers	5 4 4 5 4 3 3 4 3 2 2 3 2 1 1 2	
R.H. Fingers	1 3 5 5 3 1	
Note	E♭ G B♭ B♭ G E♭	
L.H. Fingers	5 3 1 1 3 5	
R.H. Fingers	1 3 2 4 3 5 5 3 4 2 3 1	
Note	E♭ G F A♭ G B♭ B♭ G A♭ F G E♭	
L.H. Fingers	5 3 4 2 3 1 1 3 2 4 3 5	
R.H. Fingers	1 5 4 2 3 2 1 1 2 3 2 4 5 1	
Note	E♭ B♭ A♭ F G F E♭ E♭ F G F A♭ B♭ E♭	
L.H. Fingers	5 1 2 4 3 4 5 5 4 3 4 2 1 5	