

*“Becoming Disciples More Faithful Than Teachers”*

*Part 4. Seek First His Kingdom and His Righteousness*

*Matthew 6:25-34*

1. Do not \_\_\_\_\_ about your life.

2. Your heavenly \_\_\_\_\_ knows what you need.

3. Seek \_\_\_\_\_ his kingdom and his righteousness.

Key: 1. worry; 2. Father; 3. first

**Make Companions in Christ!**

*Jesus ... called 12 disciples ... [two-by-two] (Matthew 10:1-5)*

- Pray for your CIC
- Encounter your CIC
- Define God’s Call with your CIC
- Celebrate and commission CIC for the Kingdom of God!

**Announcements/ Reminders**

**1. Welcome all. “March is Women’s History Month”**

*“There is no limit to what we, as women, can accomplish.”*

*Michelle Obama*

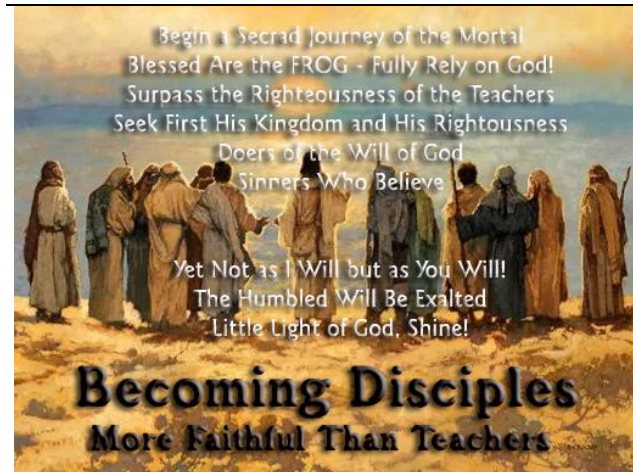
**2. Liturgists—thanks!**

- + March 8: Cathy Pevey
- + March 15: Mary Church

**3. Join “Lenten Journey at Covenant” (see Calendar)**

**4. “Joyful” Music Ministry (Kathryn Herman, Music Director)**

- + Choir Rehearsal on Wednesday at 7 p.m.



**Becoming Disciples More Faithful Than Teachers**

*Jesus called, equipped and sent the disciples rather than the teachers of the Law for His Kingdom and Righteousness. Come as the*

*learners of the gospel, rather than teachers of the Law. Be the faithful disciples in the unfaithful society. Follow Jesus of Nazareth. Alleluia!*

**❖ Liturgical Highlights during Advent**

**+ Sun., March 8, Third Sunday in Lent**

- 9 a.m. Children/Youth (Family) Service
- 9:30 a.m. Meet and Greet
- 10 a.m. Celebration of Worship

**+ Sun., March 15, Fourth Sunday in Lent**

- 9 a.m. Children/Youth (Family) Service
- 9:30 a.m. Meet and Greet
- 10 a.m. Celebration of Worship
- 11:30 a.m. Church Council

**+ Sun., March 22, Fifth Sunday in Lent; UMCOR Sunday**

- 9 a.m. Children/Youth (Family) Service
- 9:30 a.m. Meet and Greet
- 10 a.m. Celebration of Worship

**+ GGYM Activities on Fridays at Covenant: Mar. 13 & 27<sup>th</sup> at 6:30p**

# Celebration of Worship

Third Sunday in Lent

March 8, 2026 at 10 a.m.

Lent is the season of 40 days, not counting Sundays, before Easter. It comes from the Anglo-Saxon word "lencten," which means "spring." The season is in preparation for the celebration of Easter. Historically, it was the time of preparation for the baptism of Christian converts. It is a season for all Christians to engage in self-examination, repentance, prayer, fasting, self-denial; and reading and meditating on God's Holy Word.

## Welcome and Ministry Opportunities

**Prelude** "I Need Thee Every Hour" Kathryn Herman  
arranged by Jason Tonioli

## \*Call to Worship

*Liturgist: Let us test and examine our ways, and return to the Lord!*

**People: God has blessed us; let all the ends of the earth fear him!**

*L: Seek the Lord while he may be found, call on him while he is near;*

**P: let the wicked forsake their way, and the unrighteous their thoughts; let them return to the Lord.**

*L: The sacrifice acceptable to God is a broken spirit;*

**P: a broken and contrite heart, O God, you will not despise.**

**Alleluia.**

**\*UMH No. 430** "O Master, Let Me Walk with Thee" MARYTON

## Opening Prayer

Offered in Unison

**O Lord our God, teach us temperance and self-control, that we may live in the Spirit and be mindful of all that Jesus endured and sacrificed for our sakes, and how he was made perfect through sufferings. Help us so to keep the fast that you have chosen, that we may loose the bonds of wickedness, undo the heavy burdens, and let the oppressed go free; through the grace of Christ Jesus our crucified and risen Savior. Amen.**

## Personal Prayer

Offered in Silence

We pray for the people of the State of Virginia, the Old Dominion State, joined our union on June 29, 1788 (settled in 1607). The first European settlement was at Jamestown in 1607. The first European settlement was at Jamestown in 1607. Before the European arrival, the region was governed for centuries by complex indigenous societies, most notably the Powhatan Confederacy [POW-uh-tan], the Monacan [MON-uk-kan], and the Cherokee [CHAIR-uh-kee]. The transfer of land from these nations

to European control was driven by a combination of devastating epidemics, three intense Anglo-Powhatan Wars, and the expansion of the Headright System, that rewarded settlers to claim vast tracts of indigenous territory for tobacco cultivation. Also pray for those who live in Ireland and United Kingdom: England, Northern Ireland, Scotland, and Wales.

## Pastoral Prayer

Congregants may share joys and/or concerns prior to the prayer.

## Offering of Our Time, Talents, and Treasures

**Offertory** "Lay Up Your Treasures in Heaven" Chancel Choir  
by Pepper Choplin

**\*Doxology - UMH No. 94** "Praise God, from Whom All Blessings Flow"

**\*Prayer of Thanksgiving and the Lord's Prayer**

**Gospel Lesson** "Matthew 6:25-34" New International Version

**UMH No. 405** "Seek Ye First" SEEK YE

**Witness to the Word** Rev. Dr. DaeHwa Park

"Becoming Disciples More Faithful Than Teachers"

Part 4. Seek First His Kingdom and His Righteousness

## Response to the Word – UMH No. 886

"The World Methodist Social Affirmation"

## Acknowledgements and Faith Sharing

Welcome visitors. Join our small groups!

**\*WS No. 3104** "Amazing Grace (My Chains Are Gone)" M.C.A.G.

**\*Benediction** Rev. Dr. DaeHwa Park

**Postlude** "In the Cross" Kathryn Herman  
arranged by Thomas Keesecker

**UMH - United Methodist Hymnal; WS – Worship & Song**

\*Congregation may stand as able.

## THIS WEEK AT COVENANT

### Sun., March 8, Third Sunday in Lent

9a	Children/Youth (Family) Worship	Sanctuary
9:30a	Meet and Greet	Fellowship Hall
10a	Worship	Sanctuary
6p	Sunday Evening Study	thru Zoom

### Mon., March 9

11a	Coffee with the Pastor	thru Zoom
1-2p	Bible Study	thru Zoom
5:30p	Staff Meeting	thru Zoom
9p	The Holy Club	thru Zoom

### Tue., March 10, Church Office Opens (9 a.m.-2 p.m.)

11-2p	Meet the Pastor	thru Zoom
7p	Tuesday Night Live	thru Zoom
9p	Journey thru the Bible	thru Zoom

### Wed., March 11, Church Office Opens (9 a.m.-2 p.m.)

8:30a	Walking Club	Parking lot
12p	High Noon Prayer	Sanctuary/thru Zoom
7p	Chancel Choir Rehearsal	Choir Room
	The Story	thru Zoom

### Thur., March 12

11-2p	Meet the Pastor	Pastor's Study/thru Zoom
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### Fri., March 13 – Rev. Park's Day of Sabbath

6:30-8p	GGYM Activities	Fellowship Hall+
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### Sat., March 14, Day of Preparation

### Sun., March 15, Fourth Sunday in Lent

9a	Children/Youth (Family) Worship	Sanctuary
9:30a	Meet and Greet	Fellowship Hall
10a	Celebration of Worship	Sanctuary
11:30a	Church Council	Classroom #6
6p	Sunday Evening Study	thru Zoom

Pastor's Office Hours - Monday thru Thursdays 8 a.m. thru 2 p.m.  
Make an appointment for a guaranteed in-person meeting with the pastor  
thru Katya Flores, church secretary  
at (301) 926-8920 or office@covenant-umc.org  
See Zoom meeting IDs and Passwords (Other side)

Send announcements to make through the Weekly Connection to  
Mariana Uhrlaub at [marianau@aol.com](mailto:marianau@aol.com) by Tuesday 5 p.m.

## GET CONNECTED through Worship, Study, and Fellowship Celebration of Worship at 10 a.m.

Online Worship at  
<https://www.youtube.com/@covenantumc6910/streams>

### Sunday Evening Study

Zoom Meeting ID: 625 380 900 passcode: CUMC1234

### Coffee with the Pastor - Monday mornings at 11 a.m.

Zoom Meeting ID: 821 7822 3118 passcode: 208777

### Holy Club with Young Professionals on Monday evenings at 9 p.m.

Zoom Meeting ID: 878 1926 7070 passcode: 417468 (New)

### Bible Study: Parables on Monday at 1-2 p.m.

Zoom Meeting ID: 863 5389 2748 passcode: CUMC1234

### Tuesday Night Live

Zoom Meeting ID: 231 882 6289 passcode: cumc1234 (lower case)

### Journey thru the Bible—Tuesday evenings at 9 p.m.

Zoom Meeting ID: 878 2138 8065 passcode: 468241 (New)

### High Noon Prayer, Wednesday at Noon

Zoom Meeting ID: 838 6452 6575; passcode: 879710

### The Story

Zoom Meeting ID: 885 5178 9293 passcode: 737892

### Meet the Pastor (Faith Talk) on Thursdays at 11 a.m.

Zoom Meeting ID: 869 5259 6555 passcode: 888062

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## Lenten Journey at Covenant

(Event details available at narthex)

“Becoming Disciples More Faithful than Teachers,” sermon series

Carbon Fast, a congregational Lenten daily discipline.

Fasting on Fridays, with special offering from the cost of meals

12 Hours of Famine (Youth Event), March 20<sup>th</sup> 11a.m. thru 11 p.m.

Personal Meditation at the 14 Stations of the Cross in the Sanctuary

Palm Sunday, March 29, at 10 a.m.

Tenebrae Service, Maundy Thursday, April 2, at 7 p.m.

“Stations of the Cross” on Good Friday, April 3, at 7 p.m.

Easter Vigil on Holy Saturday, April 4, at 7 p.m.

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\***UMH No. 405** "Seek Ye First" SEEK YE

\***UMH No. 430** "O Master, Let Me Walk with Thee" MARYTON

**Opening Prayer** Offered in Unison

**O Lord our God, teach us temperance and self-control, that we may live in the Spirit and be mindful of all that Jesus endured and sacrificed for our sakes, and how he was made perfect through sufferings. Help us so to keep the fast that you have chosen, that we may loose the bonds of wickedness, undo the heavy burdens, and let the oppressed go free; through the grace of Christ Jesus our crucified and risen Savior. Amen.**

**Welcome, the Gospel**

**Offering of Our Time, Talents, and Treasures**

**Witness to the Word** Rev. Dr. DaeHwa Park

*"Becoming Disciples More Faithful Than Teachers"*

*Part 4. Seek First His Kingdom and His Righteousness*

**Response to the Word – Invitation to The Lord's Supper**

**Dismissal with Blessing**

**Fellowship**

*UMH - United Methodist Hymnal*

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## ♥ Upcoming Events ♥

+ **GGYM Activities at Covenant – Fridays, March 13 & 27<sup>th</sup>**

+ **12 Hours of Famine – Friday, March 20<sup>th</sup> 11 a.m.-11 p.m.**

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**Youth ROCK Retreat at Ocean City: March 20-22 (Fri.-Sun.)**

Register now for the **IGNITE Youth Conference**, happening March 20–22, 2026, in Ocean City, MD. Students and leaders will hear from inspiring speakers, including Kris Sledge, Rev. Nicole T. Caldwell-Gross, and Bishop LaTrelle Easterling, with high-energy worship led by The Young Escape. Don't miss this powerful weekend of faith, community, and transformation. **Late registration pricing begins January 16.** Learn more and register today at [igniteforyouth.com](http://igniteforyouth.com).

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