

## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

Race Date

November 06, 2016

Overall Finish List**10k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Marie Blais	62837	F	42:15	4:14/K
2	Victoria Euper	62893	F	42:22	4:14/K
3	Alice Kruchten	76382	F	42:44	4:16/K
4	Katie Harris	76309	F	44:10	4:25/K
5	Stephanie Dion	61731	F	44:26	4:27/K
6	Nikola FiskovÄj	76211	F	45:10	4:31/K
7	Olga Bochkaryova	62839	F	45:27	4:33/K
8	Eslin Spilker	76779	F	45:52	4:35/K
9	Fiona Jackson	61678	F	46:24	4:38/K
10	Sophie Gingras	76274	F	46:41	4:40/K
11	Erica Riley	76742	F	47:08	4:43/K
12	Deryn Macey	76489	F	47:36	4:46/K
13	Krista Neale	76714	F	47:43	4:46/K
14	Lily Ding	76228	F	48:18	4:50/K
15	Kaili Vesik	76799	F	48:38	4:52/K
16	Tonya Albers	62816	F	48:43	4:52/K
17	Sandra Franke	61695	F	48:43	4:52/K
18	Elizabeth Smith	76774	F	48:48	4:53/K
19	Corina Santema	76761	F	48:48	4:53/K
20	Mengjuan Wang	76234	F	50:06	5:01/K
21	Andrea Felzmann	62895	F	50:17	5:02/K
22	Vanessa Kalah	61701	F	50:17	5:02/K
23	Olivia Brown	61674	F	50:29	5:03/K
24	Jeanette Kvarnstrom	76386	F	50:30	5:03/K
25	Jaya Linfoot	76443	F	50:51	5:05/K
26	Olivia Butani	62849	F	50:52	5:05/K
27	Jenny Hansen	76298	F	51:23	5:08/K
28	Melanie Basso	62825	F	52:10	5:13/K
29	Mona Oraby	76722	F	52:28	5:15/K
30	Alida Orgema	61781	F	52:29	5:15/K
31	Lian Finch	62898	F	52:33	5:15/K
32	Clara Charron	62855	F	52:45	5:17/K
33	Sophie Gabarrus	76246	F	53:02	5:18/K
34	Elianne Dugal	62885	F	53:21	5:20/K
35	Jacqueline Chiu	62861	F	53:25	5:21/K
36	DEVINDER DHATT	62878	F	54:02	5:24/K
37	Tiffany Duzita	62889	F	54:06	5:25/K
38	Niki Athwal	62823	F	54:09	5:25/K
39	Mirjana Vukmirovic	76800	F	54:52	5:29/K
40	Linda McDonald	76498	F	54:52	5:29/K
41	Lisa Kowalyk	76374	F	54:57	5:30/K
42	Sherisse Hartley	76311	F	55:16	5:32/K
43	Loida Sabate Arroyo	76758	F	55:32	5:33/K
44	Susan Beran	62831	F	55:56	5:36/K
45	Tiffany Tanabe	76232	F	56:02	5:36/K
46	Jessica Sanchez	76760	F	56:06	5:37/K
47	Tara Nesbitt	76715	F	56:09	5:37/K

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48	Jessica Dunkley	62888	F	56:09	5:37/K
49	Christine Tschetter	76793	F	56:16	5:38/K
50	CAROLYN Anderson	62817	F	56:43	5:40/K
51	Norma Meza	76706	F	57:02	5:42/K
52	Laura Silvester	76767	F	57:02	5:42/K
53	Nikol Marconova	76494	F	57:10	5:43/K
54	Emily Edlin	62890	F	57:22	5:44/K
55	Michelle Rutty	76757	F	57:44	5:46/K
56	Candice Samson	76759	F	57:58	5:48/K
57	Sabrina Shum	76766	F	58:10	5:49/K
58	Selena Mitrovic	61685	F	58:12	5:49/K
59	Emer K	76353	F	58:14	5:49/K
60	Amiee Illescas	61656	F	58:22	5:50/K
61	Elsie Ng	76716	F	58:34	5:51/K
62	JASVINDER DHATT	62880	F	58:47	5:53/K
63	Nicole Wirch	61707	F	58:52	5:53/K
64	Kathryn Hearn	76321	F	59:15	5:56/K
65	Suzanne Green	76281	F	59:34	5:57/K
66	Nika Robinson	76747	F	59:40	5:58/K
67	Natalija Ilic	76344	F	59:47	5:59/K
68	Diane Min	76707	F	59:55	6:00/K
69	Maria Angoso	62819	F	59:56	6:00/K
70	Sayaka Kurosaki	76384	F	1:00:11	6:01/K
71	Beth Davies	62142	F	1:00:20	6:02/K
72	Natasha Brown	62844	F	1:00:20	6:02/K
73	Severine Otte	76723	F	1:00:22	6:02/K
74	Stephanie Assmann	62822	F	1:00:35	6:04/K
75	Louise Spears	76777	F	1:01:15	6:08/K
76	Jocelyn Fisher	62899	F	1:01:22	6:08/K
77	Yu Sally	61777	F	1:01:23	6:08/K
78	Stephanie Shepherd	76765	F	1:01:32	6:09/K
79	Bridgette Wiley	62107	F	1:01:39	6:10/K
80	Megan Nash	76713	F	1:01:43	6:10/K
81	Karen Blom	62838	F	1:01:44	6:10/K
82	Paola Zornilla	62137	F	1:01:48	6:11/K
83	Sara Weber	62077	F	1:02:01	6:12/K
84	Annette Lee	76412	F	1:02:24	6:14/K
85	Anna Robb	61617	F	1:02:34	6:15/K
86	HAnna Foy	76223	F	1:02:50	6:17/K
87	Cheryl Macapinlac	61793	F	1:02:56	6:18/K
88	Ana Chavet Steenbock	62858	F	1:02:58	6:18/K
89	Paloma Gros	76286	F	1:03:15	6:20/K
90	Sarah Stoikos	76783	F	1:03:19	6:20/K
91	Ashley Reid	76740	F	1:03:21	6:20/K
92	Cynthia Medrano	76704	F	1:03:28	6:21/K
93	Ally Pintucci	61703	F	1:03:29	6:21/K
94	Emma Pydee	76734	F	1:04:17	6:26/K

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95	Kristin Knapp	76370	F	1:04:18	6:26/K
96	Catrina Oey	61654	F	1:04:25	6:27/K
97	Fatima Fisher	76206	F	1:04:44	6:28/K
98	Cindy Holmes	76327	F	1:04:55	6:30/K
99	Margaret Curran	62871	F	1:05:21	6:32/K
100	Gabrielle Trepanier	76791	F	1:05:50	6:35/K
101	Pamela Leminski	76422	F	1:05:52	6:35/K
102	Jessica Saunders	61660	F	1:05:56	6:36/K
103	Mai Bui	62846	F	1:06:00	6:36/K
104	Carolina Heimann	76323	F	1:06:02	6:36/K
105	Alex Franco	61638	F	1:06:08	6:37/K
106	Yuni Hwang	76334	F	1:06:09	6:37/K
107	Jess Muhlbier	76710	F	1:06:24	6:38/K
108	Susan Miller	61657	F	1:06:25	6:39/K
109	Britt Lonsdale	61637	F	1:06:33	6:39/K
110	Rochelle Parker	76726	F	1:06:45	6:41/K
111	Carmen Merola	76705	F	1:06:49	6:41/K
112	Lucy Linklater	76486	F	1:06:55	6:42/K
113	Karin England	62892	F	1:06:58	6:42/K
114	Jamie Vala	76796	F	1:06:59	6:42/K
115	Shalyn Linklater	76484	F	1:07:00	6:42/K
116	Susan Westrop	61680	F	1:07:21	6:44/K
117	Claire Sivley	76771	F	1:07:21	6:44/K
118	Tonie Beharrell	62829	F	1:08:24	6:50/K
119	Lori Ptachyk	62856	F	1:08:30	6:51/K
120	Kelly Lamb	76394	F	1:08:57	6:54/K
121	Emilie O'Genski	76720	F	1:08:58	6:54/K
122	Claire Stephenson	76780	F	1:09:00	6:54/K
123	Rachel Brown	62843	F	1:09:40	6:58/K
124	Hao Mei Chen	61699	F	1:11:45	7:11/K
125	Pei Wen Polly Tsao	76792	F	1:12:02	7:12/K
126	Sara Howarth	61615	F	1:12:56	7:18/K
127	Madeleine Irving Chan	76346	F	1:13:05	7:19/K
128	Karina Abe	62812	F	1:13:27	7:21/K
129	Katie Chakhova	62851	F	1:16:05	7:37/K
130	Yudi Soennichsen	76776	F	1:16:05	7:37/K
131	Edel Burke	62847	F	1:16:33	7:39/K
132	Rani Susilanewi	61606	F	1:17:28	7:45/K
133	Carol Sliziak	76773	F	1:17:45	7:47/K
134	McKenna McManus	76701	F	1:18:22	7:50/K
135	Danielle Francois	76239	F	1:19:24	7:56/K
136	Chelsea Wilson	62112	F	1:26:48	8:41/K
137	Maria Ko	76372	F	1:26:51	8:41/K
138	Elissa Pham	76731	F	1:27:53	8:47/K

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Overall Finish List**10k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Adrien Thevenet	76787	M	35:08	3:31/K
2	Jason Curran	62870	M	35:44	3:34/K
3	Christopher West	62088	M	35:48	3:35/K
4	Derek Juno	61697	M	35:59	3:36/K
5	Yue-Ching Cheng	62860	M	36:05	3:37/K
6	Stephen Havas	76768	M	36:20	3:38/K
7	Evan Cheng	62859	M	37:19	3:44/K
8	Michael Hughes	76330	M	37:37	3:46/K
9	Daljit Tiwana	76790	M	37:48	3:47/K
10	Rory Johnston	76349	M	37:56	3:48/K
11	Chris Elliott	62891	M	37:59	3:48/K
12	Blair Zimmerman	61726	M	38:19	3:50/K
13	Chun Yin Joshua Li	61628	M	38:45	3:53/K
14	Jody Chambers	62852	M	39:08	3:55/K
15	Lawrence Buchan	62845	M	39:09	3:55/K
16	Humphrey Chau	62857	M	39:24	3:56/K
17	Lei Guo	76294	M	40:21	4:02/K
18	Byron Taylor-Conboy	76786	M	40:40	4:04/K
19	Paul Flynn	61776	M	40:41	4:04/K
20	Theo Lesage	76424	M	41:06	4:07/K
21	IQBAL DHATT	62877	M	41:49	4:11/K
22	Sebastian Wearmouth	62075	M	41:56	4:12/K
23	Sam Jenkins	76347	M	41:59	4:12/K
24	Arvinder Randhawa	76736	M	42:02	4:12/K
25	Daniel Rudmin	76755	M	42:43	4:16/K
26	Yoshi Stiegler	76782	M	43:34	4:21/K
27	Wai Teng Chow	62864	M	43:43	4:22/K
28	Chris Lam	76393	M	43:57	4:24/K
29	Charlie Hunter	76332	M	44:25	4:27/K
30	Alfredo Gonzalo Ramirez	76278	M	44:29	4:27/K
31	Matthew Siu	76770	M	44:59	4:30/K
32	Tim Quarles	76735	M	44:59	4:30/K
33	Justin Mak	76491	M	45:13	4:31/K
34	Danny Rafaj	61708	M	45:15	4:32/K
35	Todd Al	62815	M	45:24	4:32/K
36	John Ferber	62896	M	45:54	4:35/K
37	Liam Smyth	76775	M	46:18	4:38/K
38	Martin Glegg	76275	M	46:42	4:40/K
39	Chris Cole	62867	M	47:08	4:43/K
40	Rory Quinn	61659	M	47:10	4:43/K
41	Raymond Lam	61640	M	47:13	4:43/K
42	Derek Stevenson	76781	M	47:16	4:44/K
43	Everett Romain	76752	M	47:20	4:44/K
44	Clark Funnell	76245	M	48:03	4:48/K
45	Adrian Liem	76438	M	48:18	4:50/K
46	Koen van Greevenbroek	76798	M	48:21	4:50/K
47	IQBAL GILL	76265	M	48:43	4:52/K

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Overall Finish List**10k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
48	Richard Johnson	76348	M	48:50	4:53/K
49	Aaron Bichard	62835	M	48:53	4:53/K
50	LÃ©o Rocher	76749	M	49:13	4:55/K
51	William Jans	61768	M	49:20	4:56/K
52	Benjamin Ausari	61712	M	49:29	4:57/K
53	Dong Xue	62118	M	49:32	4:57/K
54	Brad Diduck	61709	M	49:32	4:57/K
55	Justin Robertson	76746	M	49:32	4:57/K
56	Michael Hathaway	76316	M	50:03	5:00/K
57	Stephen Kane	76354	M	50:30	5:03/K
58	Simon simon couture	76769	M	50:31	5:03/K
59	Jeff Chow	62863	M	50:38	5:04/K
60	Derek Anthony	62820	M	50:45	5:05/K
61	Alex Franke	61690	M	50:45	5:05/K
62	Tim Linklater	76485	M	50:58	5:06/K
63	Brent Winterton	62113	M	51:01	5:06/K
64	ALVARO FERNANDEZ DE	62897	M	51:06	5:07/K
65	Jorge Roman	76753	M	51:10	5:07/K
66	Marty Geusebroek	76251	M	51:12	5:07/K
67	Ryan Sivley	76772	M	51:20	5:08/K
68	Manav Sekhri	76762	M	51:26	5:09/K
69	Siddhant Modi	76708	M	51:35	5:10/K
70	Michael Lyons	61765	M	51:36	5:10/K
71	Carlos Abrego	62813	M	51:36	5:10/K
72	Scott Edmonds	61729	M	51:44	5:10/K
73	Samuel Melamed	61771	M	52:05	5:13/K
74	Lindsay Masters	76496	M	52:17	5:14/K
75	Amrit Birring	61769	M	52:20	5:14/K
76	David Robinson	76748	M	52:29	5:15/K
77	Anton Zoubarev	62138	M	52:40	5:16/K
78	Martin Turpin	76794	M	52:45	5:17/K
79	ANUP DHATT	62879	M	52:49	5:17/K
80	Marek Yildizlar	62133	M	52:50	5:17/K
81	Alexander France	76237	M	53:03	5:18/K
82	Richard Beard	62827	M	53:10	5:19/K
83	Arshia Zarrin	61728	M	53:27	5:21/K
84	Ian Robertson	76745	M	53:58	5:24/K
85	Philip Wu	62114	M	54:07	5:25/K
86	Will Aluarado	61649	M	54:51	5:29/K
87	Naveenraj Rathinakumar	76738	M	55:05	5:31/K
88	Jonathan Fuchser	76240	M	55:08	5:31/K
89	Owen Cole-Davies	62155	M	55:30	5:33/K
90	Jean-Paul Beran	62832	M	55:56	5:36/K
91	Jaime Herrera	76324	M	56:01	5:36/K
92	Miguel Medina	76703	M	56:02	5:36/K
93	Evan Colyer	62868	M	56:05	5:37/K
94	John O'Brien	76719	M	56:20	5:38/K

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<b>Overall</b>	<b>Name</b>	<b>Bib No</b>	<b>Gend</b>	<b>Time</b>	<b>Pace</b>
95	Thomas Pajur	76725	M	56:20	5:38/K
96	Gary Ponting	76732	M	56:25	5:39/K
97	Rainer Koch	76373	M	56:39	5:40/K
98	Arjun Shankar	76764	M	57:23	5:44/K
99	Simon Dugal	62886	M	57:35	5:46/K
100	Abigaëlle Dugal	62887	M	57:35	5:46/K
101	Rob Thompson	76788	M	57:53	5:47/K
102	Hans Ongsansoy	61704	M	58:06	5:49/K
103	Derek Ulrich	76795	M	58:06	5:49/K
104	Gary Dhiman	62882	M	58:51	5:53/K
105	Kaan Biron	62836	M	58:55	5:54/K
106	Raymond Tsow	61737	M	59:08	5:55/K
107	Dave Marriott	76495	M	59:34	5:57/K
108	Jason Krause	76375	M	59:39	5:58/K
109	Brad Dube	62884	M	59:48	5:59/K
110	Alan Tran	61710	M	59:48	5:59/K
111	Marshall Derksen	62875	M	1:00:02	6:00/K
112	Alex Eng	61605	M	1:00:12	6:01/K
113	RENE BODDEVELD	62840	M	1:00:27	6:03/K
114	Grant Derksen	62876	M	1:00:29	6:03/K
115	Shaobin Luo	61791	M	1:00:32	6:03/K
116	Anthony Chung	61788	M	1:01:15	6:08/K
117	James Busby	62848	M	1:01:32	6:09/K
118	Alexander Powell	76733	M	1:01:45	6:11/K
119	Johannes Setiapoetra	61602	M	1:02:15	6:14/K
120	Vladimir IliÄ±	76339	M	1:02:20	6:14/K
121	Myung Suk Ok	76721	M	1:03:13	6:19/K
122	James Hare	76302	M	1:03:16	6:20/K
123	Kalman Sutker	76785	M	1:03:24	6:20/K
124	paul yeoman	62122	M	1:03:51	6:23/K
125	Glenn Fisher	62900	M	1:04:53	6:29/K
126	Patrick Arseneau	62821	M	1:05:51	6:35/K
127	George Parry	76728	M	1:06:01	6:36/K
128	michael realina	76739	M	1:06:41	6:40/K
129	Christopher Blunden	61718	M	1:08:29	6:51/K
130	Chris Stephenson	61790	M	1:08:57	6:54/K
131	Neil Privett	61623	M	1:09:00	6:54/K
132	Edward Huang	76329	M	1:09:13	6:55/K
133	Luke Marciniak	76493	M	1:09:55	7:00/K
134	Geoffrey Goldman	76277	M	1:11:30	7:09/K
135	Kenneth Chan	62853	M	1:13:05	7:19/K
136	William Leech	76419	M	1:13:57	7:24/K
137	61601 bib	61601	M	1:15:27	7:33/K
138	Michael Kenneally	76363	M	1:16:32	7:39/K
139	Paul McManus	76500	M	1:18:24	7:50/K
140	Benny Li	76426	M	1:26:49	8:41/K

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1	Carmen Ballard	20524	F	18:53	3:47/K
2	Carina Blafield	12469	F	19:10	3:50/K
3	Vanessa Martin	20695	F	21:43	4:21/K
4	Lindsey Von Bloedan	20445	F	21:53	4:23/K
5	Melissa Uap	20409	F	23:39	4:44/K
6	Cathy Vigneron	62648	F	23:40	4:44/K
7	Kelsey Mulvihill	64075	F	23:55	4:47/K
8	Lindsay Shepherd	64984	F	24:11	4:50/K
9	Seanna Martin	20485	F	24:18	4:52/K
10	Erin Mullen	62675	F	24:43	4:57/K
11	Chloe Chen	12483	F	24:44	4:57/K
12	Jody LeBlanc	20664	F	25:10	5:02/K
13	helen ogilvie	64907	F	25:14	5:03/K
14	Marissa Elliot	20510	F	25:17	5:03/K
15	Bracken Hanke	12779	F	25:36	5:07/K
16	Rachel Chee	12479	F	26:01	5:12/K
17	Hannah Teminsky	65000	F	26:05	5:13/K
18	Sarah McArthur	20697	F	26:15	5:15/K
19	Kathy Chan	12478	F	26:15	5:15/K
20	Shannon Thibault	62603	F	26:30	5:18/K
21	Katie Frain	12762	F	26:42	5:20/K
22	Stephanie Hollingshead	12784	F	26:57	5:23/K
23	Wendy Pollock	64954	F	27:35	5:31/K
24	Alzbeta Medvedova	64013	F	27:43	5:33/K
25	Shana Aspeleiter	12458	F	27:45	5:33/K
26	Beverley ONeil	64913	F	27:45	5:33/K
27	Max Kimel	20436	F	27:45	5:33/K
28	Paula Garcia	12767	F	27:50	5:34/K
29	Linda Bentley	12463	F	27:55	5:35/K
30	Jenna Mortemore	64063	F	28:07	5:37/K
31	Camille Dugal	12753	F	28:14	5:39/K
32	Karine DeSerres	20511	F	28:16	5:39/K
33	Abigail Quigley	64962	F	28:24	5:41/K
34	Lynda Kerr	12800	F	28:41	5:44/K
35	Lisa Goodwin	12772	F	28:46	5:45/K
36	Shay Martin	20694	F	29:01	5:48/K
37	Jennifer Johnston	20467	F	29:03	5:49/K
38	Christina Gohl	20516	F	29:47	5:57/K
39	Natasha Merrick	64014	F	29:57	5:59/K
40	Trista Humfries	12790	F	30:16	6:03/K
41	Charlene Back	12459	F	30:22	6:04/K
42	Kate Smith	20405	F	30:23	6:05/K
43	Theresa Milburn	64028	F	30:26	6:05/K
44	Nicole Brink	12475	F	30:32	6:06/K
45	Allison Hargreaves	12781	F	30:41	6:08/K
46	Nan Tang	64996	F	30:56	6:11/K
47	Allison Esau	12757	F	31:18	6:16/K

## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

Race Date

November 06, 2016

Overall Finish List

			5k Run	Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
48	Kelly Schutt	64978	F	31:19	6:16/K
49	Alicia Roberts	20454	F	31:22	6:16/K
50	Kim Kirstiuk	20654	F	31:23	6:17/K
51	Anna Kennedy	12796	F	31:24	6:17/K
52	Theresa Wong	62667	F	31:29	6:18/K
53	Snezana Minic	64034	F	31:46	6:21/K
54	Arabella Cheng	12484	F	31:47	6:21/K
55	Terri Kennedy	12798	F	32:12	6:26/K
56	Kristin Dueck	12500	F	32:13	6:27/K
57	Robin Turnill	62630	F	32:17	6:27/K
58	Catherine Jarman	20401	F	32:20	6:28/K
59	Carmen Larsen	20663	F	32:21	6:28/K
60	Jackie Anderson	20521	F	32:23	6:29/K
61	Katryn Shehovtsov	64983	F	32:27	6:29/K
62	Jennifer Lubrick	20682	F	32:33	6:31/K
63	Russ Lubrick	20684	F	32:33	6:31/K
64	Deborah Moniuk	64036	F	32:37	6:31/K
65	Chloe Scott	64980	F	32:41	6:32/K
66	Maya Wilson	20422	F	32:47	6:33/K
67	Sarah Marzec	20696	F	32:53	6:35/K
68	Karen Lehner	20670	F	33:05	6:37/K
69	Christine Wong	62669	F	33:09	6:38/K
70	Natasha Birdi	12468	F	33:10	6:38/K
71	Shannon Kelly Gilchrist	12768	F	33:10	6:38/K
72	Heather Loeffelholz	20678	F	33:13	6:39/K
73	Sheri Girard	12771	F	33:18	6:40/K
74	Brie Wittma	20433	F	33:36	6:43/K
75	Meg O'Shea	64914	F	33:36	6:43/K
76	Elanor Franks	12764	F	33:37	6:43/K
77	Chelsea Pyles	64961	F	33:45	6:45/K
78	Lori Kay	12795	F	34:17	6:51/K
79	Heather Kitson	20494	F	34:20	6:52/K
80	Stephanie Hendy	12782	F	34:59	7:00/K
81	Kelsey Wautier	62654	F	34:59	7:00/K
82	Daniela Lee	20668	F	35:09	7:02/K
83	Molly Clement	12486	F	35:23	7:05/K
84	Jenn Telford	64999	F	35:46	7:09/K
85	Sonia Telford	64998	F	35:48	7:10/K
86	Alyse Porter	64955	F	36:04	7:13/K
87	Rebecca Hu	20427	F	36:04	7:13/K
88	Lena Freeman	12765	F	36:06	7:13/K
89	Skylar Pepin	64950	F	36:06	7:13/K
90	Maya Pearl Wolf	20505	F	36:15	7:15/K
91	Natasha Brown	20455	F	36:22	7:16/K
92	Ghada Afifi	12452	F	37:03	7:25/K
93	Tory Braun	20444	F	37:04	7:25/K
94	Carly MacGillivray	20692	F	37:04	7:25/K



## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

Race Date

November 06, 2016

Overall Finish List

			5k Run	Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
95	Rosanne Day	20417	F	37:21	7:28/K
96	Yeenshi Chen	12482	F	37:43	7:33/K
97	Olivia Nussey	64905	F	37:46	7:33/K
98	Marna Royo	20507	F	37:46	7:33/K
99	Raya Rehmat	64966	F	37:50	7:34/K
100	Maiya Peters	64951	F	37:50	7:34/K
101	Rita Tung	62616	F	38:01	7:36/K
102	Alex Smolinski	64991	F	38:02	7:36/K
103	Heidi Wilson	20424	F	38:03	7:37/K
104	Angela Ho	12783	F	38:04	7:37/K
105	Shaheen Rehmat	64967	F	38:04	7:37/K
106	Jessica Bouchard	12474	F	38:14	7:39/K
107	Carmen Wong	20487	F	38:16	7:39/K
108	Heather Moore	64037	F	38:17	7:39/K
109	Lauren Walton	62653	F	38:28	7:42/K
110	Baljit Dhatt	20483	F	38:34	7:43/K
111	Keeley Davies	12492	F	38:38	7:44/K
112	Debbie Howell	12787	F	39:19	7:52/K
113	Zoe Loeffelholz	20679	F	39:20	7:52/K
114	Aria Chee	12480	F	40:19	8:04/K
115	Sarah Cox	12488	F	40:31	8:06/K
116	Jennifer Cox	12487	F	40:35	8:07/K
117	Lori Lai	20660	F	40:36	8:07/K
118	Isabella Lechner	20665	F	41:09	8:14/K
119	Kristy-Lynn Lechner	20667	F	41:11	8:14/K
120	Siusan Kenney	12799	F	41:19	8:16/K
121	Angela Wagner	62649	F	41:19	8:16/K
122	Jill Frizzell	12766	F	41:23	8:17/K
123	Dawn Hughes	12789	F	41:25	8:17/K
124	Leilani Borja	12472	F	41:41	8:20/K
125	Ella Chow	20434	F	41:52	8:22/K
126	Chloe Lamoureux	20662	F	41:53	8:23/K
127	Eun Ju Ok	64909	F	42:17	8:27/K
128	Astrid Mannes	20492	F	42:49	8:34/K
129	Amelia Macaulay	20690	F	42:50	8:34/K
130	Raia King	20653	F	42:50	8:34/K
131	Chloe Sorace	64993	F	42:50	8:34/K
132	Kensie Van-de-Velde	62635	F	42:51	8:34/K
133	Allison Sorace	64994	F	42:55	8:35/K
134	Rachel Santoro	64975	F	42:56	8:35/K
135	Madison Samuels	64971	F	43:00	8:36/K
136	Eberley Rampersad	64963	F	43:01	8:36/K
137	Stevi Ling	20674	F	43:02	8:36/K
138	Aimee Rampersad	64964	F	43:03	8:37/K
139	Beatriz Damian	20426	F	43:15	8:39/K
140	Lucia Hamade	20414	F	43:25	8:41/K
141	Sharisse Hamade	20413	F	43:26	8:41/K

## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

Race Date

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Overall Finish List

			5k Run	Female	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
142	Aisha Ali Mulzet	12454	F	43:32	8:42/K
143	Liza Fitsner	12759	F	43:34	8:43/K
144	Darlana Mulzet	64084	F	43:37	8:43/K
145	Anya Ali Mulzet	20432	F	43:39	8:44/K
146	Jackie Anderson	12456	F	44:34	8:55/K
147	Erin Potts	64959	F	44:36	8:55/K
148	Madeline Potts	64958	F	44:37	8:55/K
149	Treasure Lubrick	20683	F	44:43	8:57/K
150	Anya Ali Mulzet	12455	F	44:44	8:57/K
151	Kayla Bibby	12466	F	45:56	9:11/K
152	Melanie Gingras	12770	F	48:10	9:38/K
153	Danae Beauregard	12462	F	48:11	9:38/K
154	Natasha Smith	64990	F	52:41	10:32/K
155	Clara Griffiths	12774	F	52:42	10:32/K
156	Lilah Santoro	64976	F	55:37	11:07/K
157	Angela Santoro	64973	F	55:38	11:08/K
158	Abbey Ferreira	20470	F	55:38	11:08/K
159	Tina Thompson	62609	F	56:07	11:13/K
160	Grace Choi	12485	F	56:08	11:14/K
161	Danielle Buchanan	12476	F	56:21	11:16/K
162	Mikaela Mandoro	62670	F	56:24	11:17/K
163	Lilly Mehia	20481	F	56:27	11:17/K
164	Larissa McFarlane	20700	F	56:29	11:18/K
165	Tracy Bentz	12465	F	57:20	11:28/K
166	Mackenzie Bentz	12464	F	57:20	11:28/K
167	Linden Magnusson	20448	F	1:00:10	12:02/K
168	Stephanie Hu	12788	F	1:00:12	12:02/K
169	Daisy Logue	20681	F	1:00:13	12:03/K
170	Annika McFarlane	20699	F	1:07:11	13:26/K
171	Arianna Hamade	20406	F	1:07:12	13:26/K

## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

Race Date

November 06, 2016

Overall Finish List

			5k Run	Male		
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>	
1	David Gillam	12769	M	17:42	3:32/K	
2	Nelson Carey	20497	M	17:46	3:33/K	
3	Owen Krestow	20428	M	18:13	3:39/K	
4	Andrew Hall	20452	M	18:26	3:41/K	
5	Mark Francis	12763	M	18:30	3:42/K	
6	Daniel Bagnall	12460	M	18:53	3:47/K	
7	Ori Blake-Currier	12470	M	18:53	3:47/K	
8	Paul Cross	12490	M	18:54	3:47/K	
9	Rick Hunter	12792	M	19:02	3:48/K	
10	Michael Taylor	64997	M	19:36	3:55/K	
11	Curtis Day	12493	M	19:52	3:58/K	
12	Evan O'Donnell	64906	M	20:25	4:05/K	
13	Mark Henderson	20476	M	20:43	4:09/K	
14	Leilani Borja	12473	M	20:43	4:09/K	
15	Oliver Hollingshead	12785	M	21:45	4:21/K	
16	Conor Lamb	20661	M	21:49	4:22/K	
17	Andrej Kujikis	20658	M	21:49	4:22/K	
18	Gareth Williams	20477	M	22:03	4:25/K	
19	Robin Lie	20672	M	22:05	4:25/K	
20	ARJUN DHATT	12498	M	22:21	4:28/K	
21	Marcela Rodriguez	64969	M	22:35	4:31/K	
22	GURMAN DHATT	12495	M	22:47	4:33/K	
23	Christopher mulliken	64070	M	22:51	4:34/K	
24	Noah Alexander	12453	M	23:13	4:39/K	
25	Soroush Eskandari	12758	M	23:18	4:40/K	
26	Tom Williamson	20469	M	23:25	4:41/K	
27	Guillaume Goudie	12773	M	23:37	4:43/K	
28	Tom McLellan	64010	M	24:06	4:49/K	
29	Sean Lyons	20686	M	24:09	4:50/K	
30	Farid Derakhshan	12494	M	24:12	4:50/K	
31	Chris Seppelt	64981	M	24:14	4:51/K	
32	Chris Blom	12471	M	24:27	4:53/K	
33	Kyle Reyes	20513	M	24:34	4:55/K	
34	Simon Reiter	64968	M	24:35	4:55/K	
35	Stephen Gustafson	12775	M	24:36	4:55/K	
36	Rodrigo Fonseca	12760	M	24:37	4:55/K	
37	Kieran Edwards-Hulko	12754	M	24:59	5:00/K	
38	Jonas Kennedy	12797	M	25:24	5:05/K	
39	Stacey Schoffer	20488	M	25:52	5:10/K	
40	Mathew Bentley	20512	M	25:55	5:11/K	
41	Ziven Anderson	12457	M	26:30	5:18/K	
42	Raymond Chen	12481	M	26:52	5:22/K	
43	Oliver Spira	20420	M	26:59	5:24/K	
44	Oscar Pain	64944	M	27:00	5:24/K	
45	Ingo Jackisch	20523	M	27:26	5:29/K	
46	Kevin Kennedy	20508	M	27:47	5:33/K	
47	Zachary Dugal	12752	M	28:15	5:39/K	

## MEC VANCOUVER RACE SEVEN: 5K/10K/15K

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Overall Finish List

			5k Run	Male	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
48	Veerin Dhiman	12499	M	28:31	5:42/K
49	Gonzalo Tudela	20514	M	28:35	5:43/K
50	Milo Lee-Philp	20669	M	28:39	5:44/K
51	Tony Piccolo	20518	M	28:46	5:45/K
52	Scott Simons	64987	M	29:01	5:48/K
53	Josh Sobil	20468	M	29:01	5:48/K
54	Lishan Sharples	64982	M	29:01	5:48/K
55	Nick Adkins	12451	M	29:12	5:50/K
56	Doug Ibbott	12793	M	29:16	5:51/K
57	20493 bib	20493	M	29:46	5:57/K
58	Stuart Livingstone	20675	M	29:53	5:59/K
59	AJIT DHATT	12496	M	30:10	6:02/K
60	20520 bib	20520	M	30:38	6:08/K
61	David Hargreaves	12780	M	30:43	6:09/K
62	Jacob Kotai	20657	M	30:51	6:10/K
63	Allan Kotai	20656	M	30:52	6:10/K
64	Hewitt Penstock	64949	M	31:01	6:12/K
65	Clint MacCarthy	20691	M	31:03	6:13/K
66	Elijah Johnson	12794	M	31:12	6:14/K
67	Wayne Dueck	12751	M	32:16	6:27/K
68	Michael Smith	20471	M	32:23	6:29/K
69	Stanislav Kolbin	20655	M	32:26	6:29/K
70	Richard Macapinlac	20688	M	32:42	6:32/K
71	Anderson Nguyen	64092	M	32:49	6:34/K
72	Dwayne Hamson	12778	M	32:59	6:36/K
73	Dante Loeffelholz	20680	M	33:07	6:37/K
74	Nicolas Day	20419	M	33:46	6:45/K
75	Jack Hagemeister	12776	M	33:47	6:45/K
76	Jacob McBride	20698	M	34:16	6:51/K
77	HAMEER DHATT	12497	M	34:32	6:54/K
78	Rylan Porter	64956	M	34:56	6:59/K
79	Broderick Hagglov	12777	M	34:58	7:00/K
80	Gord Kurenoff	20659	M	35:20	7:04/K
81	Ken Porter	64957	M	36:04	7:13/K
82	Eric Wood	20502	M	36:12	7:14/K
83	Severin Wolf	20501	M	36:15	7:15/K
84	Michael Silvius	20456	M	36:22	7:16/K
85	Albert Michael	20410	M	36:40	7:20/K
86	Dan Milburn	64029	M	36:55	7:23/K
87	Christopher Barnard	12461	M	37:06	7:25/K
88	Mark Peters	64952	M	38:06	7:37/K
89	Graham Moore	20415	M	38:17	7:39/K
90	Joao Simoes	64986	M	39:19	7:52/K
91	Robert Lechner	20666	M	40:09	8:02/K
92	Liam Cox	12489	M	40:30	8:06/K
93	Robert Wagner	62651	M	41:19	8:16/K
94	Neil Privett	64960	M	41:51	8:22/K

Race Date

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# MEC VANCOUVER RACE SEVEN: 5K/10K/15K

## Overall Finish List

			<b>5k Run</b>	<b>Male</b>	
<b>Overall</b>	<b>Name</b>	<b>Bib No</b>	<b>Gen</b>	<b>Time</b>	<b>Pace</b>
95	20443 bib	20443	M	41:52	8:22/K
96	Don Macaulay	20689	M	42:51	8:34/K
97	Justin Van-de-Velde	62638	M	42:52	8:34/K
98	Mike Samuels	64970	M	42:58	8:36/K
99	David Bibby	12467	M	45:57	9:11/K
100	Hugh Livingstone	20676	M	46:05	9:13/K
101	Anoop Singh Dhatt	20484	M	49:59	10:00/K
102	Michael Santoro	64974	M	55:38	11:08/K
103	Ali Mehia	20479	M	56:28	11:18/K
104	Gerald Magnusson	20446	M	1:00:09	12:02/K