

## What is Reality House?

Established in 1967, Reality House, Inc. operates out of a new state-of-the-art facility consisting of a 30-bed residential treatment program and a co-located medically supervised outpatient chemical dependency treatment program.



## When can I go to Reality House?

Same day walk-in appointments are available on weekdays Monday – Friday beginning at 9:00 a.m. Appointments for intake can also be scheduled by contacting the Admissions Unit at 212-281-6004 or 866-750-8674.

## How do I get to Reality House?

Reality House is easily accessible by **Subway**: N (to 30<sup>th</sup> Ave.) 7 (to Queensboro Plaza), F (to 21<sup>st</sup> Street- Queensbridge) and

**Local Buses**: Q18, Q19, Q66, Q69, Q102, Q103.

**Cross streets** 8<sup>th</sup> Street and Astoria Blvd.

*Certified by NYS Office of Alcoholism & Substance Abuse Services*

Reality House, Inc.  
8-13 Astoria Boulevard  
Astoria, N.Y. 11102  
Address Correction Required

# Reality House, Inc.



*Whole person, integrated  
engagement and treatment in  
the community.*

*Home & Community Based  
Services (HCBS)  
Designated Provider*

**SAME DAY  
APPOINTMENTS  
&  
WALK-INS  
WELCOME**

**8-13 Astoria Blvd.  
Astoria, New York 11102**

**Telephone: 212.281.6004  
Fax: 212.281.7155  
www.realityhousesny.org**



## WHAT WE DO

We partner with individuals and families with addiction challenges and offer person-centered, trauma-informed and recovery-based integrated outpatient treatment and transitional housing. Individually or combined, our services result in freedom from addiction and adoption of healthy, productive and self-directed living in the community.

- ✦ Co-located outpatient chemical dependency clinic and transitional housing program (for men).
- ✦ On site primary care (TFH)
- ✦ Culturally competent, multi-lingual staff
- ✦ US military veterans and people with criminal justice involvement welcome
- ✦ People with co-occurring disorders welcome
- ✦ DUI/DWI services also available on site.

## Substance Abuse Treatment

- ✦ Licensed, medically supervised outpatient treatment
- ✦ Day & Evening Programs
- ✦ Group & individual counseling
- ✦ Co-occurring disorders
- ✦ Relapse prevention
- ✦ Same day clinic appointments
- ✦ Engagement & Recovery
- ✦ Combined care for people who are HIV+ and chemically addicted
- ✦ HIV Education and Prevention



## Violence Prevention

- ✦ Anger management
- ✦ Domestic Violence
- ✦ Men's and Women's Groups
- ✦ Family and Trauma Case Management
- ✦ Family Therapy



## Veterans Services

- ✦ Individual and group counseling to explore the ramifications of substance abuse associated with combat trauma.
- ✦ Identifying Traumatic Brain Injury issues (TBI).
- ✦ Identifying Post Traumatic Stress Disorder (PTSD).
- ✦ Employment Assistance
- ✦ Vocational/Educational Assistance

## Home & Community Based Services (HCBS)

- ✦ Pre-vocational Services
- ✦ Education Support Services
- ✦ Family Support & Training
- ✦ Empowerment/Peer Services
- ✦ Habilitation
- ✦ Psychosocial Rehabilitation

## The Floating Hospital (TFH)

- ✦ Health Integration Comes to Reality House.

## Coming Soon

- ✦ Residential Stabilization & Rehabilitation

