Community Resources For Fentress County Clarkrange & Jamestown Head Start Centers 2017-2018



To locate additional information on Community Resources access,
www.tennhelp.com or Call 211

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Adult Education:

Fentress County Adult Education
1019 Pickett Park Hwy.
Jamestown, TN, 38556
phone: (931) 879-3802
They offer: GED, Adult High School, Basic Computer Training
(Assists Adults to further their education)

Roane State Community College
Crossville, TN 38555
931-456-9880
(Assists Adults to further their education)

Roane State Community College/Jamestown Campus
632 Main Street
Jamestown, TN 38556
931-752-8320 or 1-866-462-7722
www.roanestate.edu
(Assists Adults to further their education)

Tennessee Technology Center
Livingston, TN. 38570
(931) 823-5525
(Assists Adults to further their education and job skills training)

Tennessee Technological University
Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888
(Assists Adults to further their education)

Volunteer State Community College
Livingston, TN 38570
931-823-7065
(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

Adult Job Training Services:

American Manufacturing & Packaging (AMP)
435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997
(931) 432-5981
1-800-861-6997
(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Fentress County Career Center
60 Ridley St.
Crossville, TN 38555
931-484-7456
(Assist adults in locating jobs)

Social Security Administration - SSI Program
Cookeville, TN 38501
931-528-9765 & ***Hotline*****:** 800-347-4501
(*Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons wtih disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

Tennessee Department of Human Services – Fentress County
240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Technology Center at Crossville
P.O. Box 2959
Crossville, TN 38557
931-484-7502
(Assists Adults to further their education and job skills training)

Tennessee Technology Center at Livingston
Livingston, TN. 38570
(931) 823-5525
(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Disclocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Vocational Rehabilitation
Cookeville, TN. 38501
(931) 526-9783
(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center
1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources for Bereavement:

Heart of the Cumberland
P.O.Box 717,
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com
Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group
Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705
931-528-5133

Love Memories Support Group
Meet at Fentress County Library
931-879-7512
(For those who have lost loved ones)

New Beginnings Bereavement Support Group
Meets at the First United Methodist Church
First Wednesday of each month at 11:00 a.m.
Crossville, TN. 38555
(931) 484-4748

Childcare:

CLARKRANGE HEAD START
1399 FRANKLIN LOOP
CLARKRANGE, TN 38553-0000
(931) 863-3255

Faith Christian Academy
627 S. MAIN STREET
JAMESTOWN, TN 38556
(931) 879-9137

JAMESTOWN HEAD START
629 NORTH MAIN STREET
JAMESTOWN, TN 38556
(931) 879-7973

KIDS KORNER
P.O. Box 1538
JAMESTOWN, TN 38556
(931) 879-3675

Kids Land
719 Allred Rd
Clarkrange, TN 38553
931-863-5155

KIDS ZONE
2016 MEADOWVIEW DRIVE
JAMESTOWN, TN 38556
(931) 879-0663

SMALL WORLD DAY CARE
314 STEWART STREET
JAMESTOWN, TN 38556
(931) 879-9695

Wonderful World of Kids
1105 Old Bean Shed Rd.
Clarkrange, TN 38553
(931) 863-5501

Resources to help in Child Abuse Situations:

Avalon Center
Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office
(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline
900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Children's Center
340 West Central Ave
Jamestown, TN. 38556
(931) 879-7290

Crossroads Counseling
87 Daddy Creek Lane
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE
(Child Abuse , Domestic Violence , Drug/Alcohol Abuse , Mental Health and Counseling , Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Department Of Children's Services
South Main Street
Jamestown, TN 38556
(931) 879-9976

Fentress County Anti-Drug Coalition
101 S Main St Jamestown, Tennessee 38556 (Court House)
(931) 267-3844

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse
616-B North Church Street
Livingston, TN 38570
Contact**:** Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth
1000 Neal Street
Cookeville, TN 38501
(931) 520-4445

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic
327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Cloudland Dental Clinic
510 Livingston Ave.
Crossville, TN. 38555
(931) 484-3007

Dr. Steven Ellis
215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Buckie Parsons
215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Joe Upton
415 University Street
Livingston, TN 38570
(931) 823-5653
(Provides dental services)

Hermitage Dental Clinic
Dr. Charles Burdeshaw
107 Bonnabrook Drive
Hermitage, TN 37076
1-800-373-3330

Putnam County Health Department
701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Resources for Persons with Disabilities:

Access Program
225 N Willow Ave
Cookeville, TN 38501
(931) 520-8465 *(Assists persons with disabilities)*

American Manufacturing & Packaging (AMP)
435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997 & **1-800-861-6997**
(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Children's Special Services
Jamestown, TN
931-879-9936
(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.
P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247
(Assist with Children's Issues , Disability Services. This group serves the Upper Cumberland Region by *providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

KIDS Putnam
105 Cherry Street
Cookeville, TN 38501
931-526-5437
(Assists with Children's Issues, Disability Services)

Lion's Club
931-752-8878
(Assist with eye exams/free glasses)

Project Affirm
501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & **Hotline:** 931-823—5678
(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Social Security Administration - SSI Program
Cookeville, TN 38501
931-528-9765 & ***Hotline*:** 800-347-4501
(*Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons wtih disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

TN Early Intervention System (TEIS) - Jamestown
Carol Crabtree
Education/training
(931) 510-5857 (*Assist children/families birth - 3 yrs)*

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street Jamestown, TN 38556
931-879-8040

Vocational Rehabilitation
Cookeville, TN. 38501
(931) 526-9783
(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center
1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources to help in Domestic Violence Situations:

Alliance Against Domestic Violence
Cookeville TN 38501
(931) 526-4730
(931) 526-5197

Avalon Center
P.O.Box 3063
Crossville, TN 38557
931-456-0747
Hotline: 800-641-3434

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Genesis House
Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

Bradford Health Center @ Cookeville Regional Office
1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803
(Treatment Facilities for Alcoholism and drug addiction for adults & children)

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc..,)

Drug Abuse Hotline
1-800-888-9383
(Call to report illegal drug activity)

Drug Addiction Hotline
1-800-758-5877
(Call to get help for drug abuse)

Drug Hotline
(931) 863-4151
(Call to report illegal drug activity)

Drug Rehab Treatment
1-866-845-8975
(Call to get help for drug abuse)

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Manna House Ministries
P.O. Box 962
413 E. Central Ave.
Jamestown, TN 38556
931-752-7075
(Outreach Ministry for those suffering from addictions)

Meth Hotline/Statewide
1-877-866-6384
(Call to report suspected Meth activity)

Plateau Mental Health Center
Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 & Hotline: (877) 567-6051
(Assist persons with disabilities/mental illness& Drug abuse in various ways)

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A 200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040

Assistance in the event of an Emergency Situation:

Air Evac Life Team
106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 9-1-1
(Assist with emergency needs)

American Red Cross
200White Oak St
Jamestown, TN 38556
931-879-4060
(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Clarkrange Volunteer Fire Department
931-863-5777
(Assist with emergency needs)

Fentress County Fire Department
Jamestown, Tennessee 38556
931-879-8310 or 9-1-1 Emergencies
(Assist with emergency needs)

Fentress County Rescue Squad
222 Duncan St.
Jamestown, TN 38556
931-879-7396

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
911 Emergencies

Jamestown Fire Department Unit 1
Jamestown TN 38556
931-879-8130

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

Jamestown Regional Medical Center
436 West Central Ave
Jamestown, TN.
931-879-8171 *(Assist with emergency medical needs)*

Muddy Pond Fire Department & Rescue
Muddy Pond
Crawford, TN. 38554
(931) 445-3036
9-1-1 Emergencies *(Assist with emergency needs)*

Overton County Rural Fire Department
332 Civil Defense
Livingston, TN. 38570
(931) 823-1133 *(Assist with emergency needs)*

Overton County Rescue Squad
125 Johnson Speck Lane
Livingston, TN 38570
(931) 823-5404 *(Assist with emergency needs)*

Poison Control
1-800-288-9999

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676
(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400 *(Drug Task Force)*

Volunteer Electric Cooperative (Electric)
1023 S. Old Hwy 127
Jamestown, Tennessee 38556
931-879-5853

Fentress County Utilities (Water)
1026 Taylor Place Rd
Jamestown, Tennessee 38556
931-879-7639

Assistance with Food/Clothing/Utilities Needs:

Alive in the Spirit Church
315 Main Street North
Jamestown, TN 38556
(931) 879-4971

American Red Cross
931-879-4060
(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Church of The Harvest
(931) 863-4663
(Assist with various needs)

Community Education Office for the Food Stamp Program
Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)

First Baptist Church
Jamestown, TN 38556
(931) 879-8412 or 879-8358
(Assist with various needs)

Alive in the Spirit South
1125 Clarkrange/Monterey Hwy
Clarkrange, TN 38553

Muddy Pond Baptist Church
Muddy Pond Community
(931) 445-4120 *(Assist with food and other needs)*

Pine Haven Baptist Church
127 North
Jamestown, TN 38556
(931) 879-5515
(Assist with food and other needs)

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN. 38556
(Provide assistance with food/clothing/utilities/pre-marriage counseling)

Tennessee Department of Human Services – Fentress County
240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Services: Food Stamp; Families First; Medicaid; and TennCare)

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Disclocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juveline Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

York Chapel
(931) 879-5797
Jamestown, TN. 38556
(Provide assistance with food/clothing/utilities/pre-marriage counseling)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569

Habitat for Humanity
329 McLarty Lane
Crossville, TN 38555
931-484-4565
(Builds homes for low-income families. There is an application and selection process)

Self-Help Housing Program
Crossville, TN. 38555
931-484-2990

Upper Cumberland Homeless Shelter
15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - Fentress County
Jamestown, TN 38556
931-879-8040

United States Department of Agriculture
Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Assistance with Insurance Needs:

Blue Cross Blue Shield
(865) 588-4612 Group Insurance
1-800-845-2738
(Affordable Insurance for Families & Individuals)

Tennessee Department of Human Services – Fentress County
Coverkids
240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Insurance for children)

Tennessee Justice Center
Nashville, TN
615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040
(Assists with Children's Issues , Disability Services , Food , Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville
1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598
(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes

Tennessee 211
1-800-318-9335

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040

Resources to Strengthen Marriages:

Allardt Baptist Church
1478 Pennsylvania Ave
Allardt, TN
(931) 879-6232
(931) 879-5433

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

Joyce Crouch, Counselor
205 South Main Street
Jamestown, TN 38556
(931) 879-4725

The Exchange Club/Stephens Center for the Prevention of Child Abuse
616-B North Church Street
Livingston, TN 38570
Contact**:** Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN. 38556

Upper Cumberland Development District
1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

Allardt Baptist Church
1478 Pennsylvania Ave
Allardt, TN
(931) 879-6232
(931) 879-5433

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

Dale Hollow Mental Health Center
Telephone = 1-877-567-6051

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN. 38556

Medical Providers who take TennCare:

Dr. Jonathon Allred
234 West Central Ave
Jamestown, TN 38556
(931) 879-8139

Children's Special Services
Cookeville Regional Health Office
200 W. 10th Street Cookeville, TN 38501
931-528-7531

Dr. Clough & Colburn
521 Medical Drive Livingston, TN 38570
(931) 823-5603

Fentress County Health Department
Jamestown, TN 38556
(931) 879-9936

Jamestown Regional Medical Center
436 West Central Ave Jamestown, TN.
931-879-8171

Dr. Dilip Joshi
117 Duncan Street North
Jamestown, TN 38556
(931) 879-5884

Dr. Larry Mason
8401 Highway 111
Byrdstown, TN 38549
(931) 864-3187

Dr. Chris Sewell
West Central Ave Jamestown, TN 38556
(931) 879-9892

Dr. Richard Smith
Jamestown, TN 38556
(931) 879-5864 or 931-863-5095

Tennessee Pediatrics
435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

Dr. MH Koucheki
40 Elmo Dr.
Crossville, TN 38555
931-484-5525

Dr. Berman
3234 Miller Ave
Crossville, TN 38555
931-707-8700

Plateau Pediatrics
49 Cleveland St
Crossville, TN 38555
931-484-9511

Clarkrange Medical Clinic
6845 S. York Hwy
Clarkrange, TN 38553
931-863-5095

Medical Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services
Jamestown, TN
931-879-9936
(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Fentress County Health Department
Jamestown, TN 38556
(931) 879-9936
(Takes TennCare and has affordable rates for those who do not have TennCare)

Jamestown Regional Medical Center
436 West Central Ave
Jamestown, TN.
931-879-8171
(Assist with emergency medical needs)

Lion's Club
Jamestown, TN. 38556
752-8878
(Vision screenings & eye glasses for those who cannot afford them)

Partnership for Prescription Assistance
Phone: 1-888-477-2669
www.pparx.org
If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Mental Health Providers who take Tenncare:

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382
(Assists those recovering from substance abuse with counseling and support services)

Cumberland Counseling Center
34 North Jefferson Ave
Cookeville, TN. 38501
(931) 528-2371
(Assists those recovering from substance abuse with counseling and support services)

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc..,)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; ***Child & adolescent counseling:*** *intensive and therapeutic case management: and family preservation.)*

Personal Growth and Learning Center
509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435
(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance,, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center
600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500
(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center
1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943
(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who do not take Tenncare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Plateau Mental Health Center
Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051

Pacesetters Inc.
2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department
Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

White County Hospital
Quit 4 Life Smoking Cessation
Greg Williams
931-738-9211

Cookeville Regional Medical Center- Algood Room
Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-528-5176

March of Dimes and Tennessee Department of Health, WIC Program
S.M.A.R.T. – Smart Mothers are Resisting Tobacco
1-800-884-9301

Nicotine Anonymous
www.nicotineanonymos.org

American Lung Association
Freedom From Smoking
www.lungusa.org

American Lung Association of Tennessee
1-800-432-5864
www.lungusa.org

Former Smokers
The No Smoke Café
http://clever.net/chrisco/nosmoke/stop.html

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service, Fentress County
P.O. Box 1127
Jamestown, TN 38556
931-879-9117

Department Of Children's Services
South Main Street
Jamestown, TN 38556
(931) 879-9976

Help Us Grow Up Successful (HUGS)
Upper Cumberland
Regional Office
200 West 10th Street
Cookeville, TN 38501
931-528-7531

Relatives as Caregivers
1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111
1-877-275-8233

The Exchange Club/Stephens Center for the Prevention of Child Abuse
Livingston, TN 38570
Contact**:** Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040

Youth Villages
1420 Neal Street
Cookeville, TN. 38501
(931) 525-6905

Resources to assist with Transportation Needs:

Beaty's Auto Repair
Frank Campbell Road
Jamestown, TN. 38556
(931) 879-7218
(Repairs vehicles)

Gary's Auto Salvage
299 Spring Street
Jamestown, TN. 38556
(931) 879-4457
(Repairs vehicles)

Med Ride Inc
101 S. Smith Street
Jamestown, TN
931-752-7433

Moody's Transportation
Jamestown, TN. 38556
(931) 879-7419

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040 & 931-823-7323
931-879-8041

Upper Cumberland Development District
1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

ASSE
International Student Exchange Programs
404-754-1667
1-800-473-0696

Art Circle Public Library
154 E. First Street
Crossville, TN. 38555
(931) 484-6790

Boy Scouts
1-800-588-6514

4-H Youth Development Programs
Agricultural Extension Service, Fentress County
P.O. Box 1127 Jamestown, TN 38556
931-879-9117

Central Union Church
Jamestown TN 38556
(931) 879-7454

Girl Scouts
1-800-474-1912

Methodist Youth Group
Jamestown TN 38556
(931) 879-5410

Teens Against Drugs (TAD Center)
Crossville, TN.

Upper Cumberland-Community Services Agency
417 East Broad Street Suite A.200
Cookeville, TN 38501
931-520-0200

Youth Center of Cumberland County
Hayes Street Crossville, TN. 38555
(931) 484-9736

WCTE American Graduate& Ready To Learn
lWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance (All Counties)

Brent Simpson
931-212-8097

County Health Depts - Primary Health Care Services
*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (**Spanish Language Services**)*

Department of Human Services, Counties
A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Hispanic Association
732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services
665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051
*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (**Spanish Language Services**)*