



An annual event since 2008

Friday, Feb 6

Complimentary LUNCH-N-LEARN 2026

DELICIOUSLY SPONSORED BY

PADRINO'S
Cuban Restaurant



- HR DIRECTORS
- BUSINESS MANAGERS
- MINISTRY LEADERS
- FAMILY LEADERS
- TEACHERS
- SPORTS COACHES
- FITNESS CLUB MGRS
- SPECIALTY GROUPS



SCAN, CLICK, OR VISIT
BIGCARDIO.ORG TO LEARN
ABOUT BIG CARDIO EVENT

Join us for lunch and get ENERGIZED, INSPIRED, and
MOVED TO ACTION, and lead YOUR TEAM to SUCCESS!

COMPLIMENTARY LUNCH-N-LEARN

FRIDAY, FEB 6, 2026 | 11:30am

WELCOME CENTER | 3480 NE 3RD AVE | PAKLAND PARK FL 33334

CLICK TO
RSVP
NOW!



KEYNOTE SPEAKER

CRAIG HUSTON

EXECUTIVE BUSINESS COACH



Summit
ACHIEVERS®

- Learn techniques to connect with your people, create camaraderie, and build a healthy company culture
- Learn to become a strong, principled leader professionally and personally in your family
- Learn to improve the well-being, life outlook, and personal satisfaction in your team and family members

LEARN HOW YOU CAN BE A TEAM CAPTAIN FOR BIG CARDIO EVENT | SATURDAY, MAY 2, 2026

5K RUN / WALK | PRAYER WALK | OBSTACLE COURSE COMPETITION | PICKLEBALL | SPORTS | BOOTHS



COMMUNITY CHRISTIAN CHURCH

THIS CAN BE
YOUR
TEAM!

JOHNSON & JOHNSON



THE CAMP

PJ ROSSI GEMS

ELI'S FITNESS STUDIO

