

# LESSONS FROM KARBALA



Book 1

# Patience

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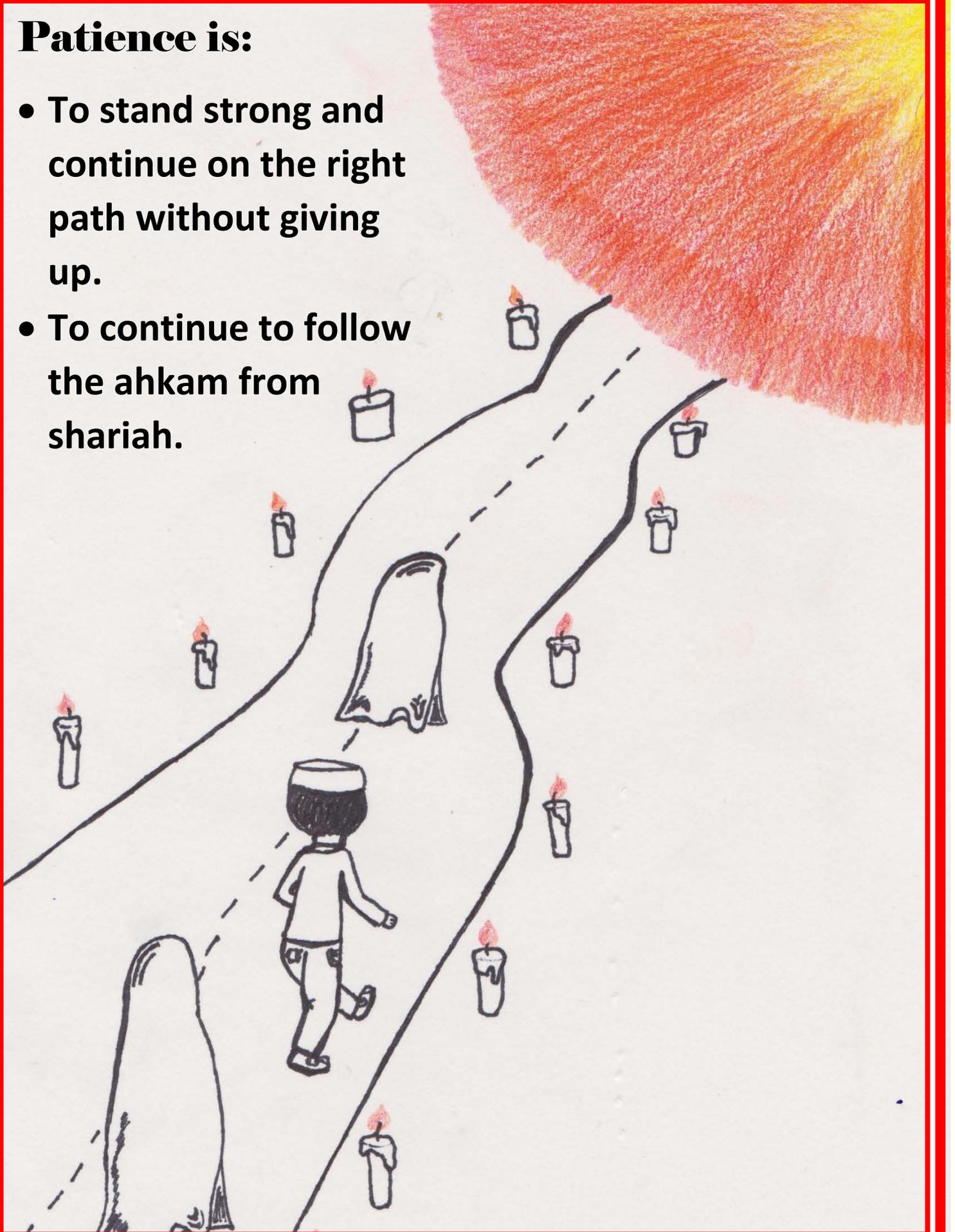
Prepared by 'ASR'

Please recite Surah-e-Fatiha for Syed Nadeem-ul-Hasan  
and Mrs. Mehar Jabeen.  
Dada and Nani Ami! It would have been nicer if you were around.

**EVERY DAY IS ASHURA**  
**EVERY LAND IS KARBALA**  
**HAL MIN NASIRIN YANSURNA**  
**THE CALL IS STILL IN THE AIR**  
**OUR HEARTS SAY**  
**LABAIK YA HUSSEIN!**  
**LABAIK YA HUSSEIN!**  
**LABAIK YA HUSSEIN!**

## **Patience is:**

- To stand strong and continue on the right path without giving up.
- To continue to follow the ahkam from shariah.



## **How does Karbala teach us Patience?**

- **Imam Hussein (a.s) is the best example of patience. He witnessed the martyrdom of his family and friends after being thirsty for three days and still kept on thanking Allah.**
- **The peak of patience for Aba Abdullah was the martyrdom of Hazrat Ali Asghar.**



- **Patience was also practiced by his companions who stood by their Imam and provided him with unconditional support.**
- **By Bibi Zainab on the most arduous journey from Karbala to Sham after losing her brother and sons; being the granddaughter of the Holy Prophet (pbuh), humiliated by the evil soldiers of Yazid (lanatullah).**

- **By Imam Zain-ul-Abideen when after the tragedy of Karbala, he went through a new phase of torture, troubles and hardships. The chains on his body dug into his flesh. The unbearable heat of the Arabian deserts and a mourning heart of losing a father like Imam Hussein.**
- **All of these troubles were tolerated to save Islam, and centuries later, the love of Imam Hussein, Bibi Zainab and the shuhada of Karbala, glorifies the importance of patience.**

# **How do we apply patience to our lives today?**

## **At Home:**

- **By waiting patiently when our parents need to do something for us**
- **When we're very hungry and the food isn't ready**
- **When we want to play with the same thing as our brother or sister.**



## **At School:**

- By waiting for your turn to speak in class.
- When your friends are mean to you.
- When you are being bullied, combine patience with self-defence.



## **At Public Places:**

- By waiting when you are in a queue.
- By not being rude when you meet an unpleasant person.
- By not asking your parents for everything that you like in the shop.



# **Patience in Karbala**

**A great display of Sabr,  
Was showed by Hussein,  
Even after all the grief,  
He did not complain.**

**His family was martyred,  
In front of his eyes,  
But he remained patient,  
In the fight against the lies.**

**Imagine what he went through,  
Thirsty for three days,  
His children are so weak,  
But his Sabr stays.**

**He did this for Islam,  
That's what we need to know,  
Learn to have patience,  
And your piety will grow.**



# What is Patience?

When we're in a museebat,  
And something isn't right.  
Most people cry and weep,  
Yet some feel glorified.

The status of Iman  
Is tested by distress.  
But patience is a virtue  
That helps you pass the test.

Whenever there's museebat,  
You don't have to complain.  
The pain will vanish soon,  
Think of what you have gained.

Patience is so important,  
Related to the faith,  
As head is to the body,  
A quote from Ahlul Bait.



# Once upon a Story Time

All the way in England, in the city of London, there was a boarding school that was known throughout the town for its high academic excellence. This school was filled with many bright students. One of them was Emma. But everybody called her Emotional Emma. The reason was that she reacted too quickly to everything.

Like yesterday, when Emma was doing her maths test. The girl sitting next to her used her eraser without her permission and Emma just about blew it. She started yelling at the girl in the middle of the test, which got her in big trouble. She was sent to her room and wasn't allowed to complete the test.

So as you can see that Emma was someone who had no control over her emotions. She did not have any patience.

One day, Emma was crying in her room for about the ninth time that week. She was really angry and started throwing her toys here and there when her doll hit the bookshelf. The impact caused a couple of books to fall out. Knowing that she would be in trouble if someone saw them, Emma began picking them up and placing them on the shelf. As she put one of the books on the shelf, it fell out again.

Feeling curious, Emma picked it up and looked at the cover. It was a book about patience, written by "ASR". It seemed interesting enough,



so Emma decided to read it. As Emma turned each page, she became more and more interested. This seemed like the solution to her problems. If only she could practice this activity, then maybe she would be able to control her emotions. She decided to try it out tomorrow.

The next day after Emma woke up; she went to the dining room to have breakfast. It turns out that she was sitting next to Lily. Lily was one of those kids who enjoyed watching others get in trouble, especially Emma, since she was so easy to annoy. Lily was delighted when Emotional Emma sat next to her. Her evil little eyes scanned Emma's plate.

When her vision set upon the delicious apple that Emma had taken, Lily immediately confirmed her target. So, when Emma turned around Lily quickly snatched the apple. She had played out the whole scene in her mind. Emma would get angry at her and start yelling, but then Lily would say that it was her own apple and it wasn't her fault that it looked so much like Emma's. But nothing could have prepared her for what happened next. When Emma turned around and realized that her apple was missing she looked at Lily and smiled. Then Emma said, "Lily, you can keep that apple if you like it that much".

Lily was flabbergasted at this turn of events. But what both children didn't notice was that there was a teacher who witnessed the whole event. Ms. Mary got up from her place and went to where Lily and Emma were sitting. "Emma, I am greatly pleased with how you responded to Lily's shrewd behavior. You showed wonderful patience. As for you Lily, I want you to give Emma her apple and then go to your room. You shall not have any breakfast." she concluded calmly.

Lily left the room. It was because of this incident that Emma realized the importance and power of patience. This incident and many others

that followed were the cause of Emma's nickname being changed from Emotional Emma into Ever happy Emma. And this one, Emma definitely wanted to keep.



Have a little Patience and you'll find all the words...

R	I	G	H	T	B	P	A	N	Z
K	A	R	B	A	L	A	P	I	H
O	N	K	U	F	Y	T	F	D	W
L	U	U	L	I	V	I	A	F	B
E	G	H	U	S	S	E	I	N	A
U	T	S	F	L	F	N	T	E	B
T	Y	R	K	A	A	C	H	E	A
R	U	E	N	M	H	E	G	D	A
I	I	W	A	L	L	A	H	K	W
V	P	Q	H	X	Z	C	J	G	A
C	O	N	T	R	O	L	D	F	S

1. Patience
2. Shukr
3. Thankful
4. Allah

5. Karbala
6. Hussein
7. Control
8. Islam

9. Faith
10. Guna
11. Sawaab
12. Deen

13. Right
14. Virtue

# Hidden Pictures!

Find the words PATIENCE and SABR.

\_\_\_\_\_ and \_\_\_\_\_



# Dua for patience :

وَلَمَّا بَرَزُوا لِجَالُوتَ وَجُنُودِهِ قَالُوا رَبَّنَا آفْرِغْ عَلَيْنَا  
صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ

الْكَافِرِينَ ﴿٢٥٠﴾

Our Lord! Bestow on us  
endurance and make our  
foothold sure and give us  
help against those who  
reject faith

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