



THE ESSEX CORINTHIAN YACHT CLUB



IMPORTANT DATES:

- **NOTE:** Spring Hamburg Cove Raft-Up has been postponed!
- **May 27th:** Wednesday Night Music starts, featuring the Corinthian Jazz Band, other musicians to follow in the upcoming weeks!
- **May 29th:** Spanish Night at ECYC with Flamenco Music!
- **May 31st:** Lecture by Ezekiel Lyons, USCGA
- **June 6th/7th:** Eastern Connecticut 12-Meter Challenge in Newport, RI followed by post-race party at NCYC
- **June 2nd - 7th:** Trawler Fest in Essex
- **June 14th:** First "Friendly" RTB Race hosted by ECYC

Refer to our event calendar on our website at www.essexcorinthian.org for event details!

OFFSHORE UPDATE

It's On...!

Our Club is back in Commission and ready for another great year now that spring has finally arrived.

The Frostbite Season ended last weekend and the final results are in (see Commodore Tim Brewer's report for details). Saturday racing was added to make up for the lost days due to the icebergs on the river and ice locked shores causing damage that had to be taken care of before the docks could be used again.

VIEW FROM THE BRIDGE



Dear Friends!



While there is much to report in this May edition of Bell 8, but I must begin with some sad news. Recently, three very dear members passed away. **Spencer Evans**, a founding member and 2nd Commodore of our Yacht Club, **Philippa "Flip" Pohl** and **Richard Calder**. Our thoughts and prayers are with their families and we shall forever remember these friends of ECYC with great fondness.

31st Commissioning:

Skies cleared during the late afternoon of April 4th, allowing our 31st Club Commissioning ceremony to be held outdoors under brilliant skies. Many thanks to our bugler, Ed Birch and our Club Chaplain, Dan Taylor-Stypa for their wonderful contributions to our ceremony, to all Past Commodores and members who attended the event, and to Monique Armstrong for preparing the wonderful hors d'oeuvres, which were enjoyed by all.

A sure sign that more pleasant weather is ahead, boatyards are buzzing with the sound of sanders. As of this writing, however, there are still very few boats on the moorings in Essex Harbor as a result of the very late spring. There are more hopeful signs, though - Friday night dinners are picking up steam and soon the awning will be in place with outdoor tables, chairs and umbrellas all set up for the Memorial Day long weekend. With any luck at all (and a few days of hooky from work), I'll have TESORO moved down to Essex Harbor for the holiday. I have a hunch we'll shortly be asking the question, "Where did spring go?"

Club Manager Search Committee Update:

April was a demanding month for committee members Cathy Gazikas, Liz Fowler, Chuck Grusse, Deb Wallis and myself as we screened a list of 16 candidates and held 6 interviews. It was the goal of the committee to have a recommendation for the BOG for consideration at the April meeting. Very happy to report that, with great thanks to

I want to thank Fleet Coordinator Jon Gibbs for his help coordinating the Frostbite crews this season and for looking after the Ideals.

Please note our new spot for our Ideals right out in front for our Club!

Our **Regatta Schedule** is now complete and we have a great lineup again this year. Our first Round The Buoy race will kick off on June 14th, with ECYC hosting the post-race party. Our big event, **The Cross Sound Challenge**, will be held **Saturday September 26th**, so mark your calendar. We also have the **Leukemia Cup Regatta August 29th**, to name but a few. Our complete list of events is available online at www.essexcorinthian.org or on the calendar board at the River Room!



Hope to see you out on the water soon!

Steve Rodstrom

Vice Commodore

Email: vicecommodore@essexcorinthian.org



Ideal 18 Sailing Update

2015 ECYC ADULT SAILING LESSONS

Sailing lessons will be offered in our Ideal 18s. Instruction will include all day lessons on Saturdays from 10 am to 4pm, starting on May 23rd. The Saturday lessons will extend over a course of three weeks. The cost for the course will be \$100.00 and includes all teaching materials and instruction. At the end of the course you may go through qualification to use our Ideal 18s.

Register with our club manager or sign up on a posted notice at the club. Classes will be based on sign up. Instruction will be provided by some of our top ECYC sailors. Classes are limited, so sign up early.

If you have questions, please contact

Ed Birch

Ahoy all ECYC women sailors!

We have moved our sailing class to a "NEW" night - Wednesdays! Due to a big change in my career and its out-of-state location, I have moved classes to Wednesday evenings. I'm sure it

will be a fun change and after a great time on the water we can come into the club and enjoy some wonderful music and dinner. Class time will be 5:00 to 7:00pm. Classes will start on July 1st. I will also be offering semi-private lessons earlier in the afternoon on Wednesdays, for anyone who desires more one-on-one instruction; these will be by appointment.

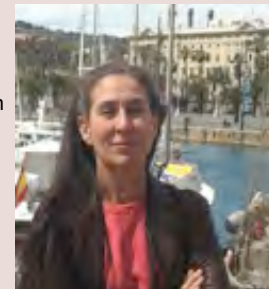
I look forward to seeing everyone this summer! Happy Sailing,

Cindy Gibbs



the committee for all of their thoughtful work on behalf of our membership, the goal was achieved. Following BOG approval of the recommended candidate, an offer was extended to the committee's unanimous number one candidate, Jean Little. Jean has accepted our offer and will begin work on Tuesday, May 19th. Elaine Kyle will stay on for the better part of a month to show Jean the ropes during this transition, for which we are so grateful. We are planning a small informal get-together to say our farewells to Elaine on Thursday, June 11th, at 3 pm in the River Room. If you have time, feel free to stop by and say hello!

Our new club manager, Jean Little, is a resident of Essex, is outgoing and extremely personable, technically proficient, flexible, confident, hardworking and decisive. It didn't matter to the committee one bit that she was (ahem...) a sailor, with experience working in non-profit organizations. Her professional background in Executive Office Administration in Programs and Events at the Mashantucket Pequot Museum & Research Center (from 1998 until its closing last fall), her prior experience in Logistics Planning for Opportunity Agenda, and her 13 year role as Executive Assistant to three Directors at the National Theatre for the Deaf came through very compellingly during her interview with the committee. Please join the Search Committee and the BOG in extending a very warm welcome to Jean! Our future continues to look very bright!



Please Welcome Jean Little,
New Club Manager

Spring Frostbite Series:

May we hear a drum roll, please...The spring series came to a close last Sunday, May 2nd. I am delighted to share the news that our participating members had an outstanding series. In the Etchells Class, Bill Robinson (FBYC Vice Commodore) was first overall. In the Ideal 18 Class, Jon Gibbs (FBYC Ideal 18 Fleet Captain) was first overall; Ed Birch and Robert Reichert (FBYC Treasurer) were second overall; and Cindy Gibbs was third. Congratulations to these members and their crews. More evidence that our special yacht club continues to excel on the water and off. WELL DONE ALL!



From left to right: Peter Emblin, Cindy Gibbs, Dick Arndt, Ed Birch, Jon Gibbs, Terry Stewart - ECYC Frostbiters

Newport 12 Meter Challenge:

With many thanks to David Evangelisti and Dan Taylor-Stypa, for their efforts in coordinating this year's event for our club, I'm pleased to report that ECYC will 2 twelve meters in the competition, Northern Lights and Gleam.

Expanding Our Membership:

Identifying new members who share our values and recognize the special environment that we share on the waterfront in Essex may be the most important thing that you can do to ensure the future of our yacht club. As I've said, this is a responsibility that we must share. No individual or committee can do the work of identifying candidates - that's a job for all of us.

Cheers,

Tim Brewer

Commodore



Did You Know?

BOG MEETINGS:

BOG Meetings are Open to All Members:

All Board of Governors meetings are posted in advance (see the bulletin board outside of Elaine's office for 2015 dates). We'd like to hear from you and get your feedback.

Please make it a point to attend one of the meetings and participate in the operation, administration and governance of our great little yacht club.

NO SMOKING OR OPEN FLAMES ON PREMISES:



2015 Dingy Rack

Please register your dingy if you plan to store it in the ECYC racks. Unregistered craft will be removed. Please contact **Steve Rodstrom** to register if you have one of the boats in the rack now or wish to add your dinghy. Space is limited.

ON-SHORE & HOUSE

The Annual Commissioning Ceremony launched us into the 2015 season. It was a chilly, yet sunny day, but many members braved the rather gusty conditions to cheer the club into the new season.

The clubhouse looks great, thanks to the continuing efforts of House Chair Chuck Grusse and his team, and the deck will soon be 'open for business' as soon as some minor repairs have been made and the canopy is installed.

April and May have been very busy. We have enjoyed a number of lectures at the club, and the most recent event was the 2015 Leukemia Cup Kick-Off with special guest Gary Jobson on May 12th. Over 60 people attended the presentation and were treated to the world premiere of one of Gary's new films produced exclusively for ESPN. It depicts the devastating Fastnet Rock regatta of 1979, commonly referred to as "Horror on the High Seas", and the story of Ted Turner and his crew who sailed "Tenacious" to victory in life-threatening conditions. Slides and video clips impressively show the devastating storm the crews had to endure, which ended up killing 15 people.

If you missed the event, you can still sign up for the regatta on August 29th, or if you do not have a boat, help by raising funds for the work of the Leukemia & Lymphoma society. Please go to www.leukemicup.org/ctwhv !



Gary Jobson and Ruth Emblin

I was very honored to once again introduce Gary to Tuesday's audience. He has been an inspiration to many, both as a cancer survivor and sailing athlete.

My sincere thanks to everyone who attended and made the evening a great success. Special thanks to those who helped with the set up and break down of the room and volunteered time to ensure a proper welcome for Gary Jobson. Among them Mimi Merton, Dick Arndt, guest Lourdes Francisco, as well as Vice Commodore Steve Rodstrom and Commodore Tim Brewer who responded quickly when it became clear that the extreme temperatures on the day of the lecture would cause a problem, and installed the window air conditioners in record time! Thank you also to



As the weather is improving and summer gatherings on the deck are starting, please remember that there is absolutely no smoking or open flames allowed in the clubhouse, on the upper or lower decks or on the surrounding docks. Smokers may use the area near the garbage containers in the parking lot but are asked to properly dispose of their cigarette butts. It is especially important to ensure that they have been put out properly, as there is a high degree of fire danger due to the current dry period. Open flames (e.g. candles) are not permitted on premises (the reason our caterer uses covered oil lamps or battery-powered tea lights for atmosphere) - let's all make sure our clubhouse and those who use it remain safe!

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org!

IMPORTANT REMINDER:

Please remember that with the change of domain to www.essexcorinthian.org over a year ago, the general office email address was changed to ecyc@essexcorinthian.org .

We noticed that some of you are still using the old email address, which will no longer work. Please make a note of it, if you have not already done so.

Galley News

I hope that many of you were able to enjoy April's Italian theme night. Once again, Monique and Ed presented a delicious array of regional fare. Mother's Day Brunch was held on Sunday, May 10th. The dining room was packed with families enjoying a delicious array of food in a picture perfect setting.

Later in the month, a special evening of Flamenco music and Spanish dishes will be featured. Please be sure to mark your calendars for May 29.

Soon we will also start our Wednesday Night Music series, with favorites like the Corinthian Jazz Band and new performers sure to offer something for everyone! Stay tuned for more details!

Springtime provides many opportunities to celebrate milestones- high school and college graduations, as well as birthdays and anniversaries. The Club is the perfect setting to hosts friends and extended family for your special event. Monique would be delighted to help you plan your special gathering.

We are in the process of setting up a new page on our website detailing all you need to know about club rental and catering. Please look out for an e-blast with an announcement in the near future!

Remember, we publish updated menus via e-blasts and on our website. Check back often to see what is new: www.essexcorinthian.org/dining.html

Looking forward to seeing you at the club!

Hollis Barry

Galley Liaison

Did You Know?

We want your feedback about our galley activities.
Please let us know what you think!
Email Hollis at galleyliaison@essexcorinthian.org

Spring Galley Hours:



FEEDBACK

We want to know what you think about our galley!

Cheryl and Dick Arndt who donated raffle prizes in addition to what I had already collected from a variety of sources.

As we are planning a wide variety of events for 2015, I encourage you to join a committee, whether on- or off-shore, we need you! We have a very motivated Board of Governors, and we welcome members' support in any of our endeavors! This is one of the characteristics that makes ECYC so special - we all share the Corinthian Spirit and come together to help. If you have suggestions or comments, please feel free to contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.

See you all soon at the best yacht club in Essex!

Ruth Emblin

Rear Commodore

Email: rearcommodore@essexcorinthian.org



SIGN UP NOW!

UPCOMING LECTURE:

Sunday, May 31st, is the date for the next lecture in our ECYC Speaker Series, this time by Ezekiel Lyons of the USCGA. The title of his lecture is **"Teaching Life Lessons and Character through Sailing"**.



For more than 100 years, the United States Coast Guard Academy has consistently developed exceptional leaders of character who are Semper Paratus (Always Ready) to perform courageously in any conditions of the maritime environment.

Coast Guard Lieutenant Commander Zeke Lyons, one of the Officers in Charge in the Coast Guard Academy's Coastal Sailing Program, will visit the Essex Corinthian Yacht Club on Sunday, May 31st at 4pm to reflect on three years of adventure and guiding experiential learning with CGA cadet crews during summer cruises throughout New England onboard the Academy's fleet of 8 custom designed Leadership 44 sloops.

Lt. Cmdr Lyons will combine humor and insights about the CGA experience to shed light on how the Academy develops leaders of character and his talk will highlight why, as Vice Admiral James Pine said, "The sea has, through the ages, been of all schools, the best for bringing out the qualities of leadership."

Lecture is open to the public, so please reserve your seat by contacting the ECYC Office or go to www.essexcorinthian.org/ecyc-speaker-series.html

Stay tuned for more event announcements or refer to the bulletin board at the club! We also

Lunch:

Wednesday, Thursday, Friday and Saturday (self-service)
11.30 am to 2.00 pm

Dinner:

Friday (table service)
6.00 pm to 8.30 pm

Brunch:

Sunday (self-service)
11.00 am to 2.00 pm - special brunch hours on selected holidays!

Burgee of the Month:



In observance of an ECYC tradition, we recently completed a burgee exchange with the Santa Barbara Yacht Club. Susan Malan and Bob Ward spent some time in Southern California this winter and didn't miss the opportunity to enjoy reciprocal privileges at the Santa Barbara Yacht Club. The photo on the left shows Susan and Bob making the exchange at SBYC. The photo on the right shows ECYC Commodore Tim Brewer receiving the SBYC Burgee from Susan. Another one for the rafters!

Spring Raft-Up Postponed!



Not too long ago...

Thanks to the prolonged winter we experienced this year boat commissioning activities have been delayed and we heard from many members that their vessels have yet to be splashed.

Therefore we have decided to postpone our traditional Spring Raft-Up in Hamburg Cove to the end of June (originally planned for May 23rd). We will announce the exact date as soon as we have had confirmation from our boating members that it is a go!

Sorry for the inconvenience, we know that many of you look forward to this tradition, but even with the best of planning we still have no influence on the seasons...!

Green Tip of the Month:

It is time again to get our boats out of winter storage and get them ready for the season. Here are some tips on how to accomplish this with the least negative impact on our beautiful environment.

Recreational boating has a significant impact on the aquatic ecosystem. Fish, shellfish, sea birds and other forms of aquatic life require a balance of nutrients, oxygen and clean water to survive. Even small quantities of toxins leaking into the water can disrupt this balance and result in lasting harmful effects. The volume of hydrocarbon and oil pollution entering North America's waters every year is



publish event information at our website at www.essexcorinthian.org.

House Committee Update:

The House Committee will continue a few repair projects and install the awning on the deck shortly.

If you have any questions or would like to help out, please contact:

Chuck Grusse

House Chair

Email: house@essexcorinthian.org

Entertainment Committee Update:

We are making great strides to boost our entertainment this Summer. With tremendous work by Charlotte Robbins, my second in command, we are securing a number of new artists to appear at the club on Wednesday nights. We welcome back our favorite Corinthian Jazz Band, but this year we will add a few more artists and bands, to reach more members and encourage you to come for our Summer Music Program. There will be something for everyone!



The **Corinthian Jazz Band** will kick off the Summer on **Wednesday, May 27th**. They will appear every other week at the club and on the other Wednesdays we have invited a selection of different musicians to play for us. We will have **Jos and Friends**, returning for quiet dinner music. We will welcome **Jim Paradis** back as he has a great following here too. New this summer will be **Justin Jenkins**, a classical Spanish guitarist. He will play for us on **Friday, May 29th, at a special Flamenco Night**. Our own CCC will design and present a menu to transform the club to enjoy an evening with the flavors and music of Spain.

We have also contacted **WSQ**, a 60s style group who will make an appearance this summer. We are also talking to the **Jolly Beggars**, with Irish folk music in their soul. **Jason Jenkins** will play for us again as the season continues. We have reached out to both the **Yale School of Music** and **The Essex School of Music** for some budding musicians who want to play in front of a captive audience.

We are planning to fill our calendar and have it posted in the next couple of weeks so you can plan your summer.

We listened to you and will do our best to incorporate your wishes into our program! We hope that by offering a wide variety of entertainment you will come to the club more

estimated to be more than 15 times the amount of the Exxon Valdez spill! An estimated 30 percent of all fuel and oil used in two-stroke engines ends up in the water. We can reduce this pollution by careful attention to routine boat maintenance and use.

Here are some tips to reduce the environmental impact of our boat maintenance:

Keep a supply of oil-absorbent rags on board to clean up oil and fuel spills immediately after they happen. Even a small amount can create a slick that extends across a vast distance. Seeing an iridescent sheen of oil on the water is not a good thing... Don't overfill fuel tanks to reduce the chance of spills!

Properly dispose of used oil and filters. You can call 1-800-CLEANUP to find out which facilities in your area accept oil and filters that could become a threat to the marine environment if not disposed of properly.

Keep used solvents separate from used oil. Never mix waste or pour hazardous solutions down drains on the ground or into surface waters.

Wax your boat to reduce the need for cleaning. A good coat of wax on a fiberglass hull prevents surface dirt from becoming engrained. This will reduce the need for detergents when you wash your boat. Pollen, dust, spores or salt are natural elements and will not harm the environment when washed into the water.

Wash topsides only. Limit dock side hull cleaning to the surface above the water - from the boat stripe up. Use a sponge to effectively remove light growth without creating the clouds of heavy metals usually created by scrubbing treated surfaces. Rinse your boat with fresh water.



Make it a point to use only non-toxic cleaners. Many detergents contain phosphates and other chemicals that are toxic to aquatic life. Before using a cleaning product with hazardous warning labels, research natural cleaning alternatives, such as vinegar.

Here are some examples on how to clean your boat the natural way:

Fiberglass stains - make a paste of baking soda and water. Use a sponge or soft cloth and gently rub the mix into the stain. This paste can also be used to clean onboard showers and heads. While baking soda is an excellent all-around cleaner, keep in mind that it is abrasive, so use with care. Use lemon or lime juice as a final wipe-down for a shiny, fresh-smelling finish.

Windows and Mirrors - mix vinegar, lemon juice and warm water. Fill a spray bottle with the solution. Spray it on your windows and wipe with paper towels or newspapers.

Chrome - use apple cider vinegar on a soft cotton cloth to rub it clean. Then, use a fresh cloth with a dab of baby oil to restore it to a bright shine.

Brass - Worcestershire sauce, vinegar and salt solution
copper fittings - make a paste of either lemon or lime juice and salt. Rub gently to clean.

Stainless Steel - clean with a cloth dampened with undiluted white vinegar.
aluminum - using a soft cloth, clean with a solution of cream of tartar and water.

Plastic Surfaces - use a mixture of one part white vinegar and two parts warm water.

Decks - use a mixture of one part white vinegar and eight parts warm water.

Interior Wood - can be cleaned by using olive oil or almond oil. The oil will provide natural moisturizers for the wood and add shine at the same time. Don't use these oils on exterior surfaces, however, since they don't hold up in direct sun

Anti-Fouling Paint

Depending on where and how you sail and keep your boat, anti-fouling paint seems to be a required evil most of us have to deal with. Nobody likes to see barnacles or that slimy green algae growth on their boats. Unfortunately most bottom paints are extremely harmful to marine life. They are (obviously) formulated to deter barnacles and other stow-aways to attach to the hull, but the toxins used are non-selective and can do a lot of harm if not applied and maintained correctly. The newest coatings are formulated to be less toxic and longer lasting. Silicon, teflon and other "non-fouling" paints rely on a slick or textured surface to inhibit growth rather than a toxic ingredient to kill the unwanted organisms.

Cleaning The Hull

Hulls painted with ablative (partially soluble) paints should never be cleaned in the water, as the scrubbing will release the paint and biocide. If you use a power washer to clean the slime off, use the minimum pressure setting to avoid loosening the paint as well. The best option is to have your boat hauled at a marina with a 'closed-loop system' where runoff is collected and filtered. Hulls painted with hard paints (contact leading paints creating a porous film on the surface that contains the biocide) may be cleaned in the water, but be careful not to use overly abrasive material or you will contaminate the water.

often and enjoy what we have to offer. We want to get to know you and encourage you to participate in keeping the club alive and well.

We are heading into our season now, with lots of of shore and on shore events so look for the e-blasts and announcements. Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

We will start the Ladies on Deck get-togethers as soon as the deck is ready and the weather gets warmer. I am so looking forward to some great apps and good wine - and good company!

If you have any questions or suggestions, please call me at 860 227-1363 or email me at events@essexcorinthian.org .

Cheryl Arndt
Entertainment Chair
Email: events@essexcorinthian.org

Membership Update:



31st Annual Spring Commissioning Ceremony

Thank you to everyone who attended the Spring Commissioning on April 4th and those who made an effort to welcome our new and potential members at the impromptu New Member Reception on April 24th.

We know you've invited friends to dinner, hosted them on boats during races and raft-ups and invited them to join you at our events. But being a guest has its limits. So why don't you invite them to join us as ECYC Members? If they join now they can participate as members in our events, regattas, get-togethers, lectures and more. Please speak with your friends and acquaintances about membership and let them share in all ECYC has to offer.

Val Votto
Membership Chair
Email: membership@essexcorinthian.org

Happy earth-friendly boating!

Hope to see you out on the water soon!

Ruth Emblin
Rear Commodore & Fleet Communicator



Come Visit The Ship's Store!

New merchandise will be available soon. Please watch for an e-blast with an announcement.

In the meantime, if you would like to purchase something from the Ship's Store, please see Jean Brewer or any bridge member for more information!



The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

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