

About Cannabis Suppositories



Officer Dick Downey's Re-education Protocol

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What Are Cannabis Suppositories?

Cannabis suppositories are exactly what you think they are: conical shaped 'containers' that are administered rectally. They are typically an inch long and are made with full extract cannabis oil infused with a lipid, such as coconut oil.



Once administered, cannabis' active compounds in the suppository are quickly absorbed through the intestinal wall and directly into the bloodstream.

Why Use Cannabis Suppositories?

This method of delivery might seem strange or unappealing to most at first. However, the use of cannabis suppositories is an effective way to administer the active cannabis compounds because it –

- is a viable alternative to inhalation or oral intake. Suppositories can be used when the oral route is impaired or disallowed due to the oral intake restrictions that are frequently required both before and after surgery.
- prevents first-pass metabolism by the stomach and liver, which allows the active compounds to reach the blood in much higher concentrations.
- has a much faster uptake (10 minutes, on average) than oral administration, which leads to more consistent blood concentrations of the active cannabis compounds, as shown in the table below.

Administration Method	Inhalation	Oral	Rectal
Efficiency (bioavailability)	10-25%	20%	50-70%
Wait Time	Immediate	30-90 minutes	10-15 minutes

Source: United Patients Group. No source study was listed. Therefore, this data may be anecdotal.

- allows for the active compounds to exert their effects over localized ailments (e.g., hemorrhoidal tissue, tumors in the rectal cavity).
- is a great alternative for those who want the medicinal benefits without the high since suppositories don't provide the euphoric effects
- provides long-lasting effects of about 4-8 hours, depending on potency.

Who Should Consider Cannabis Suppositories?

While anyone can use cannabis suppositories, this delivery method might be best suited for the elderly, babies, chemotherapy patients who can't tolerate oral meds and surgery patients who can't ingest anything.

How Do You Administer Cannabis Suppositories?

For instructions on how to administer a cannabis suppository, see this link:

<http://www.unitedpatientsgroup.com/blog/2015/01/22/cannabis-suppositories-why-the-posterior-is-superior/>

What Are the Dosage Recommendations?

Some dispensaries in Illinois are beginning to offer suppositories. Ask your patient care specialist about current cannabinoid content and proper dosage amount.