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KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD

AUGUST - 2012 GNM EXAMINATION

1<sup>st</sup> year Paper - III Fundamentals of Nursing

{Fundamentals of Nursing, First Aid & Personal Hygiene}

SECTION - I

Max. Marks: 75

Time: 3 Hours

$1 \times 4 = 4$

I. Fill in the blanks

- a) Phonation is another function of \_\_\_\_\_.
- b) Sterilization, steam under pressure is known as \_\_\_\_\_.
- c) Difficulty in swallowing is called as \_\_\_\_\_.
- d) Specific gravity of urine is measured by means of \_\_\_\_\_.

$1 \times 4 = 4$

II. Differentiate between the following

- |                           |     |                       |
|---------------------------|-----|-----------------------|
| a) Pediculosis capitis    | and | Pediculosis Corporis  |
| b) Health                 | and | Illness               |
| c) Active Exercise        | and | Passive Exercise      |
| d) Out patient department | and | In patient department |

$3 \times 4 = 12$

III. Write short notes on any FOUR of the following

- a) Maintenance of Therapeutic Environment.
- b) Qualities of a Nurse.
- c) Body Mechanics.
- d) Comfort devices and their uses.
- e) Importance of maintaining records.

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IV. a) How will you admit a patient to the ward?

$2 + 4 + 4 = 10$

- b) What observations are you expected to be made on admission?
- c) What instructions would you give to the patient and his relatives at the time of admission?

V. a) Define Mental Health.

$1 + 3 + 4 = 8$

- b) List the Characteristics of mentally healthy person.
- c) Discuss about promotion of mental health in old age.

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SECTION - II

VI. Choose the correct answer and write

$1 \times 3 = 3$

- |  |                       |                       |   |
|--|-----------------------|-----------------------|---|
| a) Heat causes                                       |                       |                       |   |
| i) Vaso dilatation                                   | ii) Vaso constriction | iii) Skin rashes      | 3 |
| b) The most suitable position for giving an enema is |                       |                       |   |
| i) Left lateral                                      | ii) Right lateral     | iii) Upright position |   |
| c) Lack of oxygen in the blood stream                |                       |                       |   |
| i) Anoxemia  | ii) Anoxia            | iii) Anorexia         |   |

VII. Write the formula to convert Celsius scale to Fahrenheit scale.

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VIII. State whether the following statements are TRUE or FALSE

$1 \times 4 = 4$

- a) Sitz is a German word means seat.
- b) Normal quiet breathing is called eupnoea.
- c) The temperature falls in zigzag manner is called crisis.
- d) One gram of fat yields 4 calories of heat.

IX. Write short notes on any FOUR of the following

$3 \times 4 = 12$

- a) Nursing care of a patient with breathing difficulty
- b) Characteristics of normal urine
- c) Disinfection techniques
- d) Types of Enema
- e) Administering oral medication procedure

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X. a) Define Steam Inhalation.

$1 + 2 + 5 = 8$

- b) List the purposes of Steam Inhalation.

- c) Write the procedure for Steam Inhalation by using Nelson's Inhaler.

XI. a) Define Bandaging.

$1 + 3 + 4 = 8$

- b) List the aims of Bandaging.

- c) Briefly explain the rules to be followed while applying Bandage.

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