

# Every Minute of the Day

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Pat Newell (USA) - October 2022

**Music:** From Time to Time - Rascal Flatts



## Senior Dancing Series

In count 16+32

learning: jazz box, heel stands, rocking chair, pivots, weave, walk back and fwd

### JAZZ BOX, HEEL STANDS

1-4 Cross R over L, step back on L, step on R, step slightly fwd on L  
5-8 Touch R heel fwd, step on R, touch L heel fwd, step on L

### ROCKING CHAIR, 2 1/4 PIVOTS LEFT

1-4 Rock R fwd, recover on L, Rock back on R, recover on L  
5-8 Step fwd on R, turn 1/4 L, step down on L, step fwd on R, turn 1/4 L on L

### LEFT WEAVE, TOUCH, RIGHT WEAVE, TOUCH

1-4 Step R over L, step L to side, step R behind L, touch L to side  
5-8 Step L over R, step R to side, step L behind R, touch R to side

### WALK BACK, TOUCH, STEP LOCK STEP BRUSH

1-4 Walk back R, L, R, touch L  
5-8 Step fwd on L, step R slightly behind L, step on L, brush R fwd

**BEGIN AGAIN**

**DANCE FOR THE HEALTH OF IT**