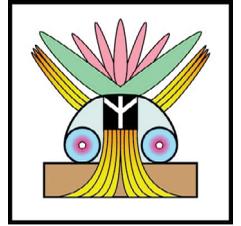




# FIGU LANDESGRUPPE CANADA NEWSLETTER

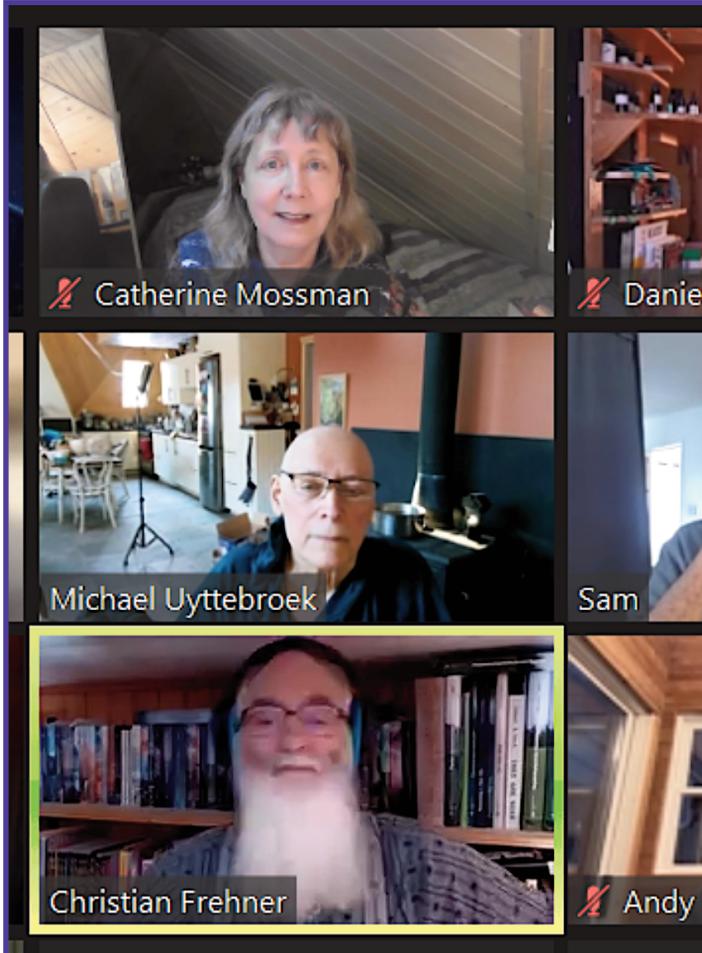
OFFICIAL NEWSLETTER OF THE FIGU CANADA NATIONAL GROUP / FLCA

#38 / March 2024 [ca.figu.org](http://ca.figu.org) / [figu.org](http://figu.org)



## FEBRUARY 4TH PUBLIC FLCA ZOOM MEETING WITH CHRISTIAN FREHNER... A RECAP.

by Catherine Mossman / February 4, 2024



### ZOOM MEETING WITH CHRISTIAN FREHNER FROM SSSC WITH FLCA HOSTS

As most of you know, FLCA hosts a monthly public Zoom meeting for our fellow Canadians on the first Sunday of the month. We usually have between 25-30 people joining us. Lively discussions on all kinds of topics occur.

On February 4, 2024 we were joined by Christian Frehner and all kinds of Questions were asked, starting with how it went with Billy's birthday contact meeting the previous day... CF reported that he went to Billy's study to talk to him, but when he tapped on the door he was quickly informed that he, Billy, had a visitor and could not talk to him at the moment. CF later learned that Ptaah had been there at the time.

Here are some points of discussion/questions that came up:

•Why doesn't the Orb come here? We are far too unevolved.... Cannot bring university level info to an infant. Our circumstances are very different, Plejaren were way more

continues on page 10

## HUMAN BEINGS AND NATURE

by Paul Saleh

Human beings throughout the Universe should live in harmony with nature. That is to say that a given human race anywhere in the Universe should live in the correct balance with their home planet. They should live in such a way as to care for their home planet by not destroying it, by looking after all lifeforms that also live there, & by respecting the seasons & cycles of the natural world.

The first obvious rule of thumb, which should be crystal clear to anybody with half a brain, is that every life-harboring planet of every size and kind has its natural limits. Every plant & animal community evolves over countless aeons, developing evermore complex forms & relationships, all within the natural limits of the planet itself. That is to say, that no individual species over-exploits its surroundings, & lives in balance with all other species. If this weren't true then there wouldn't be such dazzlingly complex & diverse communities of life-forms all living in harmony in a given area or region like for example in the great rainforests of the tropics or the coral reefs of the oceans and so on.

Why then, I hear you ask, do we human beings totally ignore this law? The truth is that the human lifeform (OMEDAM = human genus throughout the Universe) is equipped with a conscious consciousness; a thinking consciousness with which we can align ourselves with the natural order, or not.

If we choose to align ourselves with the creational-natural order then generally our lives will go well; we will live in peace with nature & each other & all life, & we will develop higher on the path of our consciousness evolution.

If on the other hand we do not live in harmony with nature & its order, our lives will be full of misery, suffering, & privation; we will destroy our fellow lifeforms & our home planet, there will be war, conflict & strife and we won't last long as a species. This is the law of cause & effect and it is universally valid for all-great-times.

Animals & plants though, are unable to deviate from the balance of nature on account of their consciousness forms. Plants have an impulse consciousness & animals an instinct consciousness. In other words, the world of Flora and Fauna lives in perfect creational balance, order & harmony & evolves into evermore complex & diverse ecosystems.

Human beings should relearn this natural way of life & evolution. We should realise the natural balance of life & restore peace & harmony on Earth. Then we will flourish & soar to truly unimaginable heights in our consciousness evolution.

**REFLECTIONS ON THE LIFE AND DEATH OF JIMMY CHEN  
- FROM A FIGU LANDESGRUPPE CANADA MEMBER'S PERSPECTIVE**

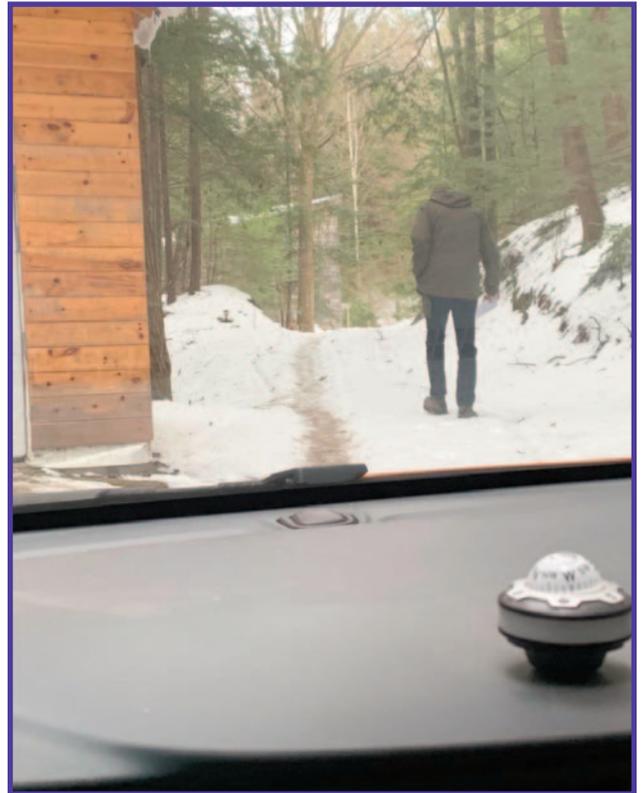
by Catherine Mossman / Tiny, ON / March 5, 2024



**JIMMY CHEN  
[1985-2024]**

Gentle, quiet, and reserved was Jimmy Chen. His spirit-form has departed for the other side. He went suddenly and inexplicably and left us standing in a shroud of mystery. He succumbed to his injuries from a fatal single-vehicle accident in his car around 02:30 on Tuesday, February 6th, 2024. He left behind his father and his older sister.

Jimmy's house is set back a fair way from the road with a garage, which he proudly built by himself, that is situated much closer to the road. I stayed in the car at the bottom of his driveway by the garage. Michael walked the footpath in the snow, up the remainder of his uncleared driveway to the house. I don't know why, but I took this picture of Michael walking to the house with the envelope in his hand.



**MICHAEL WALKING TO DELIVER ENVELOPE  
TO JIMMY'S ON FEBRUARY 5, 2024**

As it turned out, Michael Uyttebroek and I had driven over to Jimmy's place (about 20 minutes away from us) on the afternoon of Monday, February 5th, which turned out to be the last day of Jimmy's life; he had maybe 12 more hours in this life left. We had made the trip in order to deliver an information letter to him pertaining to some time-sensitive items applicable to our upcoming monthly Landesgruppe meeting on the 10th of February. We had to be sure he'd receive this info as he didn't tend to look at his email often.

Two days later, on Wednesday February 7th at around 11a.m. our doorbell rang, an unexpected visitor... it turned out to be a police officer asking if we knew Jimmy Chen. Yes, we replied, what was this about? He asked if we had not heard. Heard what? We had no idea what he was talking about. We knew he'd taken himself to the hospital with an injured hand a few weeks ago, maybe this had something to do with that? But then the investigating officer said his sister had suggested they contact us. We had met her once a long time ago... she didn't have our contact info. Being the police, they knew how to find us.

The officer was there to let us know that Jimmy was deceased, he'd been involved in a single vehicle accident on the rural road he lived on. We were so shocked to hear this. What!? Jimmy. Deceased?! How could that be possible? Disbelief and incredulity...and then it just all settled in like a dark cloud as we sat down with the officer. Apparently, an investigation was underway, and he had a few questions for us.

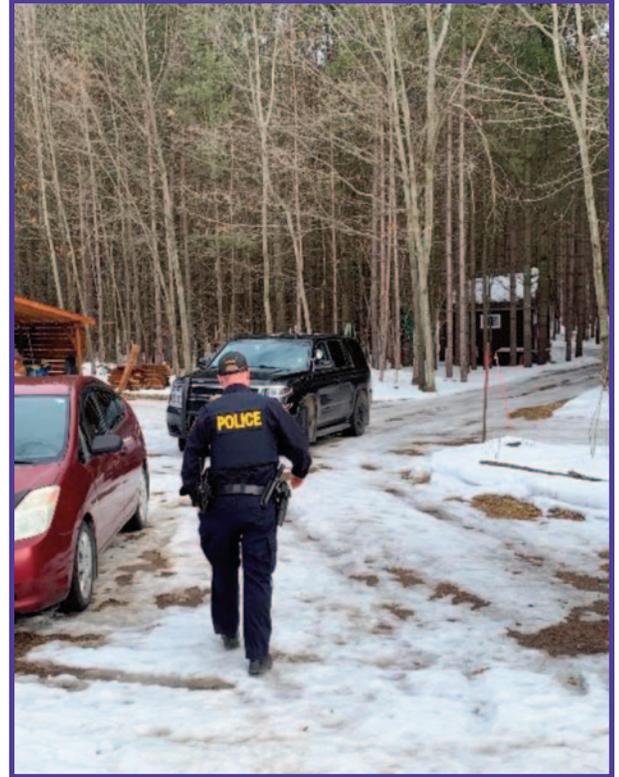
**REFLECTIONS ON THE LIFE AND DEATH...continues**

He asked us about our relationship with Jimmy, when we'd last seen him, etc. At the same time, we tried to find out more from him, but the officer didn't have a lot of info to share. We just knew that he'd probably left the road at around 2:15 a.m., that he'd hit a tree, or trees, and wasn't discovered for at least an hour, and was pronounced dead at the scene. The officer said they were still 'holding' the scene pending wrap of their findings. It all simply sounded surreal.

Shortly after the police officer left, we drove over to view the site where the accident was...there were no police holding the scene, but there was a police officer parked in Jimmy's driveway. He couldn't tell us where the accident actually happened. Behind him, we saw that Jimmy's garage door was open... assuming that's how it was when they arrived, it would appear that Jimmy left in a hurry, as normally, he would never leave his garage open.

We drove slowly back up the road in the direction going towards town and soon found the scene of the accident. It was located about 60 feet past the driveway of his nearest neighbour, in the shallow ditch beside the road. A cedar tree had been hit. There were other trees bent and scraped and a fair bit of debris on the snowy ground. We could also see, what turned out to be his tire tracks, in the snowy verge going gradually off the road just before his neighbour's driveway, whereby the car hit an embankment which would've propelled the car up into the air before impacting the tree. This meant that a great deal of speed had to be in the equation. It remains a mystery as to where he was rushing to in the wee hours of that fateful morning. Maybe he was having a medical emergency?

Further details we leave to the purview and privacy of the family.



**POLICE OFFICER LEAVING OUR PLACE, FEBRUARY 7, 2024**



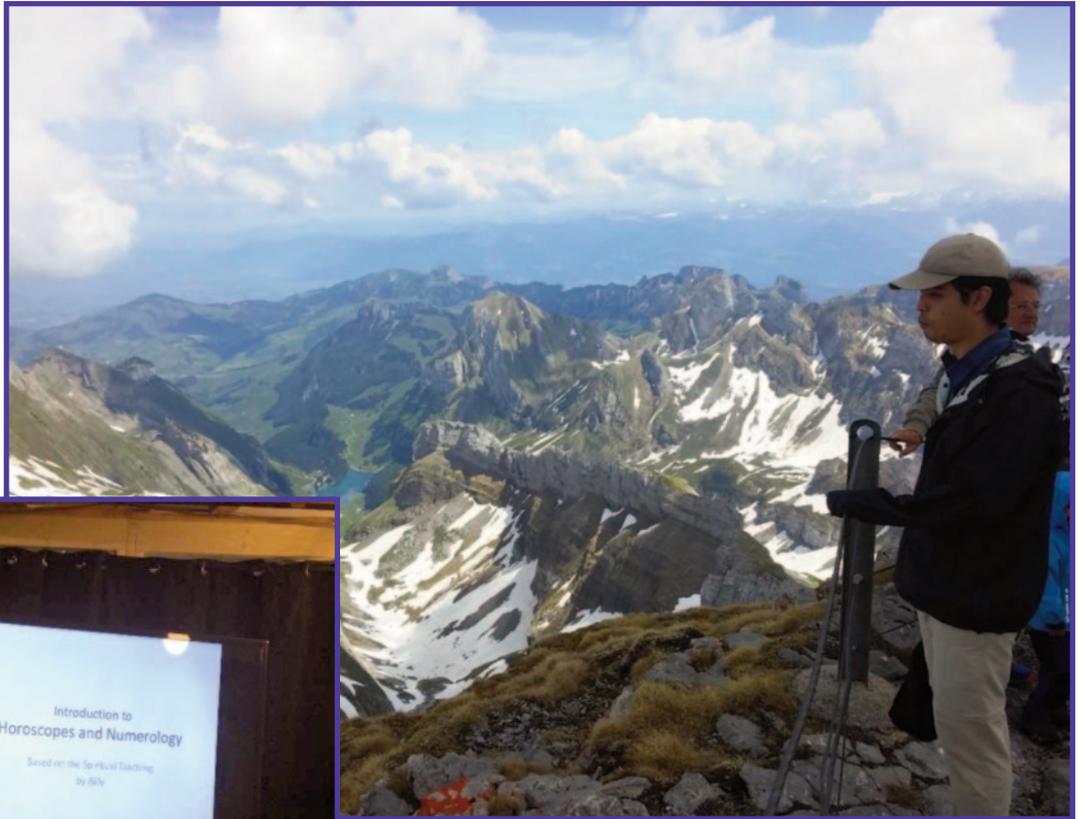
**MAY 2012, JIMMY'S 1ST TRIP TO SSSC**



**MAY 2012, IRENE AND JIMMY AT THE ANNUAL PASSIVE MEMBERS MEETING AT SSSC**

REFLECTIONS ON THE LIFE AND DEATH...continues

He travelled to Switzerland for the Passive Member's meeting just about every year after 2012 through 2019. Michael and I were last there with him in 2018.



JIMMY AT SANTOS, SWITZERLAND 2018



JIMMY PRESENTING AT OUR FLCA ANNUAL MEETING, SEPTEMBER 2017

Jimmy was an active studier of the Creation-energy teaching and also an eloquent writer as was evidenced in the thoughtful articles he wrote for our newsletters. He also did great presentations to the group, and less often to the public, on the important subjects within this great body of knowledge.

In general, when the group would be discussing one thing or the other, he'd often remind us, in his quiet manner, to not forget to consider the matter from the Creation-energy teaching angle.

He had a fun and mischievous side too... for a few of our monthly FLCA group meetings he prepared a Creation-energy teaching 'Jeopardy' type of game, which was pretty hilarious.

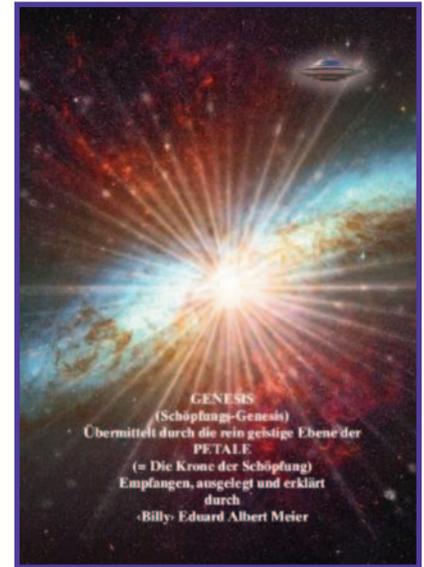
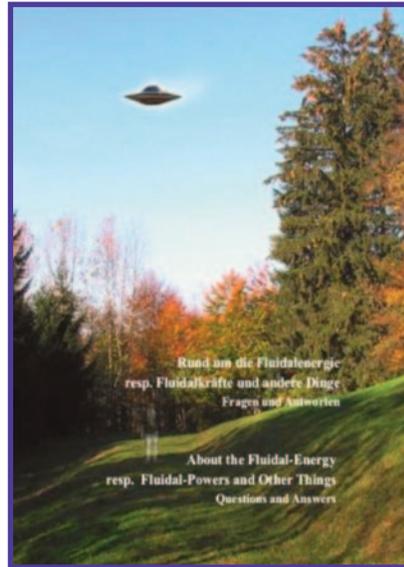


THE GROUP AND VISITORS GATHERED AT A CAFÉ IN TORONTO WITH OUR SPECIAL GUEST FROM SWITZERLAND, SEPTEMBER 2019.

[Now both Jimmy and Peter (died 2021 to the left of Jimmy), have departed from us.]

REFLECTIONS ON THE LIFE AND DEATH...continues

In the early days of our group, Jimmy involved himself with helping one of our members do some demolition and renovations on his house. We got to see Jimmy come out of his shell a bit as he expelled some kinetic energy swinging a big sledge hammer as can be seen in this retrospective [video](#) put together by Isaac Allison. As Jimmy's wont was to 'play his cards close to his chest' he enjoyed surprising us over the years with the translation of three of Billy's books:



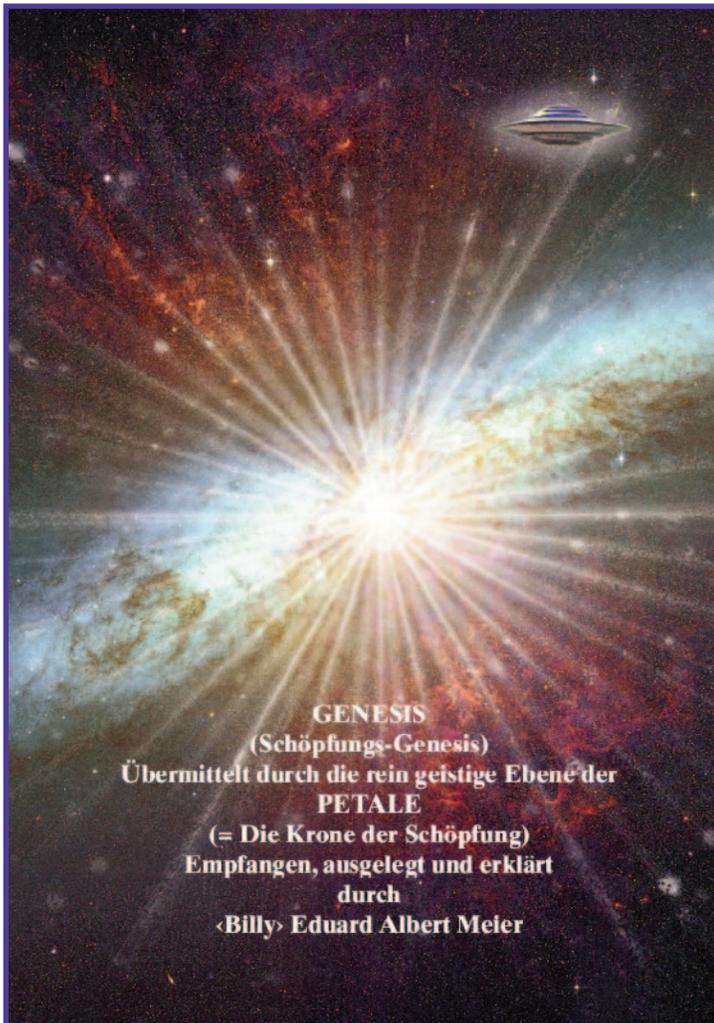
Arahat Athersata, and About Fluidal-Energy, resp. Fluidal-Powers and Other Things and Genesis, not yet published. The group was in the process of still reviewing Genesis, which entailed Jimmy compiling the translation correction suggestions into his formatted copy, when he left us so abruptly. This book's expected publication time of spring 2024 has now been set back to later on in the year. Jimmy was an earnest and dedicated student of the Creation-energy teaching. We were fortunate that he wrote so well and contributed great articles of insight and reflection to our tri-annual newsletter publications. No doubt he had some articles up his sleeve ready for this newsletter! All of those files are yet to be found. Maybe he was even working on another book! The FIGU community, both here in Canada and worldwide, remains in gratitude for the substantive contributions Jimmy made to the mission. His own evolution will have greatly benefited from the work he did as well. We all miss him greatly. [\[Here is the video link for Jimmy Chen Remembered\]](#)



FLCA ANNUAL MEETING WITH GROUP AND GUESTS AT TINY, ONTARIO IN 2017

## FLCA PUBLISHING UPDATE FOR “GENESIS” EXPECTED RELEASE DATE: AUGUST 2024

We appreciate your patience and understanding.



**WE ARE SEEKING DONORS FOR THE FIRST  
ENGLISH-GERMAN EDITION OF:**

**“GENESIS (Creation-Genesis)”**  
**Transmitted by the pure  
 spiritual level of the PETALE  
 (= The Crown of the Creation)**  
**Received, interpreted and explained by: /**  
**“GENESIS (Schöpfungs-Genesis)”**  
**Übermittelt durch die rein  
 geistige Ebene der PETALE  
 (= Die Krone der Schöpfung)**  
**Empfangen, ausgelegt und erklärt durch:**  
**“BILLY” EDUARD ALBERT MEIER”**

**PLEASE DONATE HERE: <https://ca.figu.org/donate.html>**

## FLCA ACTIVITIES AND NEWS FOR 2023 – A BRIEF OVERVIEW

by Michael Uyttebroek / Tiny, ON / March 12, 2024

Although this is not news from 2023, it is important to acknowledge the sudden and tragic death of one of the founding members of FLCA, Jimmy Chen who died in a single car accident on Feb. 6, 2024 at the age of 39.



**JIMMY [2013]**

He was a skilled writer and contributor to many articles contained in our newsletters as well as a prolific translator of Billy’s books into the English language which included Arahat Athersata, About Fluidal-Energy resp. Fluidal Powers and Other Things, and Genesis. As a friend and valuable member of the FIGU community his efforts will truly be missed. Because of Jimmy’s sudden and untimely death we are saddened while at the same time reminded of the transitory nature of our current life, and that at any time, the grim reaper could come and reap its harvest. Hence it is good advice to prepare oneself for this inevitable event.

For the first 9 months of last year our official monthly meetings were held virtually, however, with the easing of restrictions and the new FIGU mandates, we began to meet in person and simultaneously, virtually to accommodate those with work/distance restrictions.

A very important modification to our meetings is that we now allot 50% of our meeting time studying and discussing the Creation-energy teaching. Currently we have been reviewing “Die Werte der Ethik und Moral“ von Billy as well as discussing and reviewing other FIGU articles and topics. This has proven itself to be a valuable activity which we all look forward to. Of course, we also perform our scheduled monthly Peace Meditation which is supplementary to the worldwide ones.

Another function of our group is to hold virtual public meetings on monthly basis for those living in Canada. This has generated much interest with an average attendance of 25 to 30 persons per meeting. During our meetings, aside from a featured presentation by some of our more proactive participants, we also read passages from “Might of the Thoughts” both in German and English and share

FLCA ACTIVITIES AND NEWS...continues

our perspectives on the topic at hand.

Last year we published three newsletters: FLCA Newsletters No. 35, 36, 37 resp. in November, March and July. We continue to welcome the submission of any FIGU-related articles, short stories, translations of Billy's writings or other kinds of written and creative work for possible inclusion in one of our upcoming newsletters.

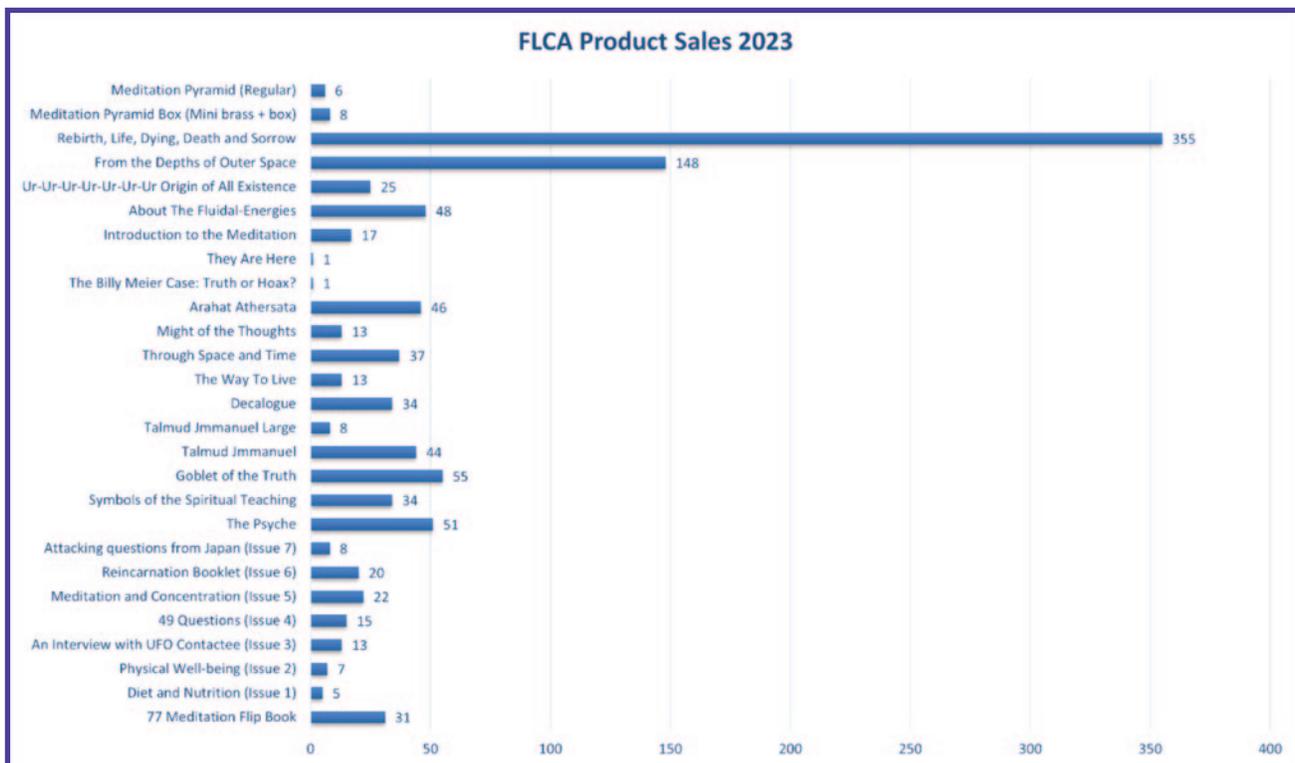
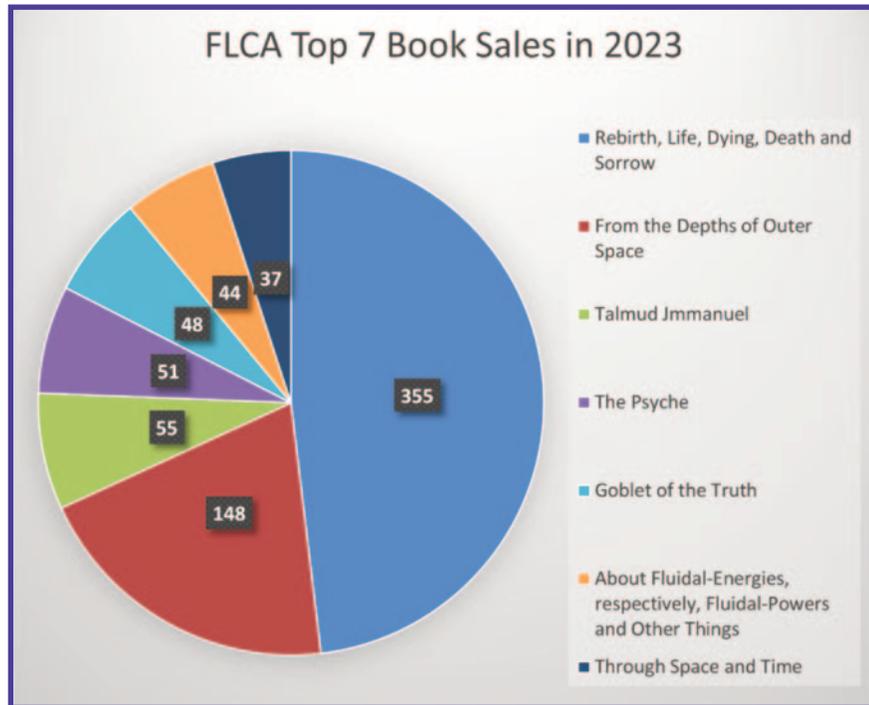
In June 2023 we published the German/English edition of 'Rebirth, Living, Dying, Death and Sorrow' by Billy and are planning to release 'Genesis' by late summer of this year.

Maintaining an online presence has also been an important function of our group. Regarding our YouTube channel, last year we released 8 new videos. On that platform our videos received 24,368 views in 2023 with over 3000 hours of watch time.

Our actual FIGU Landesgruppe Canada website had 77,700 visits which is almost double of the previous year.

In total we have four sites which carry our videos: YouTube, BitChute, Odysee and Rumble. Additionally, whenever we have new articles or translations, links are posted on Twitter, Instagram, Facebook and Minds.

Here is a glimpse of our product sales in 2023.



**THE FOUR FACTORS USED IN SELF-PSYCHOTHERAPY AS PER MIGHT OF THE THOUGHTS:**

Practical approaches explored in our monthly Zoom meeting with the guidance of Daniel Cooper.



Self esteem, subconscious beliefs, where do they come from? How to find neutrality in our thoughts? How to get our psyche to a state of neutral-positive-equalisedness. What steps can we take for positive change? Is this something that we are affected by in a mild form? Or are we finding we have more chronic thought tendencies, whereby we can't shake old beliefs, patterns of thought? Or, do we distort reality through our faulty lenses of perception?

In Die Psyche Billy talks about self-treating, in more milder instances of negative thinking, etc., through positive thinking and diversionary thoughts/imaginings which can lead us onto more neutral-positive tracks by stimulating positive frames of mind and thus positive feelings.

In Billy's book, Might of the Thoughts, he delves a little more deeper into the psyche and addresses potential more chronically impaired psyches and treatments that can be considered. Of note, he goes into the four fundamental factors involved in self-psychotherapeutic analysis and treatment (Chapter 9, pg. 130 of the German/English version). They are:

- 1) The tracking down of distortions of reality
- 2) The recognition of distortions of reality
- 3) The creation of a new attitude/conviction and the experience of it and the living of it
- 4) The conscious, neutral-positive-equalised changing, and new programming, of the consciousness, thoughts, feelings as well as the psyche and subconsciousness.

We can all benefit from these simple approaches of self-cognition that can help us identify ingrained negative self-thinking, etc. and lead us to being more often in a neutral-positive balanced frame of thinking and feeling, i.e. having balanced psyches. Even, as Billy states: 'serious and profound psychical disturbance – which goes beyond the norm of self-therapy which one has yet to deal with – requires, at any rate, expert advice and help in the form of suitable psychotherapy' as 'part of the process' and 'does not exclude neutral-positive-equalised thinking, because it contains an enormous might by means of which the feelings can be positively influenced and changed.' Paraphrasing here: what Billy goes on to say is that those with chronic psychical problems benefit greatly from working at changing their thinking, as that will change their feelings and that in itself goes a long way towards self-healing contrary to the view of current psychological and psychiatric experts who maintain that the only real, promising alternative for those with chronic cases exclusively necessitate individual psychotherapy. However, one must be careful because in the case of a 'stricken' psyche, the use of the simpler positive thinking therapy, as talked of in the Psyche, can have a detrimental outcome.

One might ask: Do I distort reality through my ingrained acquired assumptions about myself? And if so, how does one actually track and recognise these 'distortions of reality'? And how does one do this 'new programming'?

Interestingly, Daniel Cooper, a passive member from the Yukon, discovered (long before discovering Meier) a practical method called The Lefkoe Method. This method gives practical self-therapeutic approaches that address and tie in with these four fundamental factors listed in the Might of the Thoughts and helps us realise how we all distort reality to some degree through old acquired patterns of unhelpful self talk, etc. Through identification and recognition, we can then target and release or change these negativities in our thoughts/ feelings/ psyches.

Meier emphasises the importance of self-therapy, which must be consciously carried out using one's own initiative and motivation. "A 'cognitive restructuring' is necessary in any case, regardless of whether it is a simple case which can still be

## THE FOUR FACTORS USED...continues

cleared up and resolved through a pure, neutral-positive-equalised thinking”, ... or, “whether it already deals with a more difficult case which requires therapeutic help from outside.”

Daniel added to these thoughts: “In the case of the stricken psyche, one must delve into the problem and understand it in its totality. Not to dwell in it but to understand it which can take time. The therapist must be very patient in this regard and be willing to go over it and over it until the person truly understands the problem. Then one can uncover the source of the pain (the distortion of reality) and neutralise it. Covering it up does not address it, nor does it increase understanding or contribute to true neutrality. Only after neutralising the distortion of reality is it advisable then to move into what is mentioned in Die Psyche. That way there are not two opposing thoughts working against each other. One does not then have to constantly try to affirm that they are not worthless if they see it already as self evident. Just as one does not have to constantly affirm that  $2+2=4$  once discovered. One merely discovers that the distortion of reality is untrue and can move on without the thought constantly nagging them anymore.”

Daniel continues: “Then [in relation to] the 4th factor. when one, for example, meditates on the 77 Meditations, one can more easily accept them as fact which then contributes to the strength of the meditation. The new cognition can become a lived experience.”

If this is something of interest to you, you may like to join us in our monthly FLCA online meetings as Daniel takes us deeper into the very helpful methodology of the Lefkoe method. We are also going to be simultaneously focusing our reading on the particular chapter, chapter 9 (page 127/128), in the Might of the Thoughts. That is a book we’ve been reading already in our monthly Zoom meetings as an initiative of one of our FIGU friends, Campbell Foster.

## SPREADING THE FIGU CORRECT PEACE SYMBOL: INFORMATION FOUND CIRCULATING ONLINE

Thank you for your efforts to spread peace through the use of the peace symbol! In order for real peace to be brought forth, we request that you use the Corrected Peace Symbol:

Symbols, like words, have a profound impact on the human subconscious, thoughts, and psyche. Unfortunately the peace symbol which is commonly used today bears a strong resemblance to the Death Rune used by the Nazis<sup>1</sup> and can have dangerous effects, such as spreading unpeace to the viewer.

The original creator of the peace symbol, Gerald Holtom, described his design as meaning a human being in despair with arms outstretched downwards, in a plea for peace. Holtom later came to regret the connotation of despair and wanted the sign inverted. To Holtom, the upward version symbolized the Tree of Life; he thought of peace as something to be celebrated<sup>2,3</sup>. Although Holtom made efforts to spread the use of the corrected upward symbol, the original downward version had already gained mass popularity.

The peace symbol, when flipped upward to resemble a tree, is still easily recognizable as the peace symbol. Distinctly however, the Corrected Peace Symbol imbues harmony, freedom, and peace on the viewer. As the world now collectively stands on the brink of never-before-experienced destruction, **it is now more important than ever to spread use of the Corrected Peace Symbol**. Please consider using the Corrected Peace Symbol, so that a true lasting peace may finally find its home throughout our shared world. ❤️

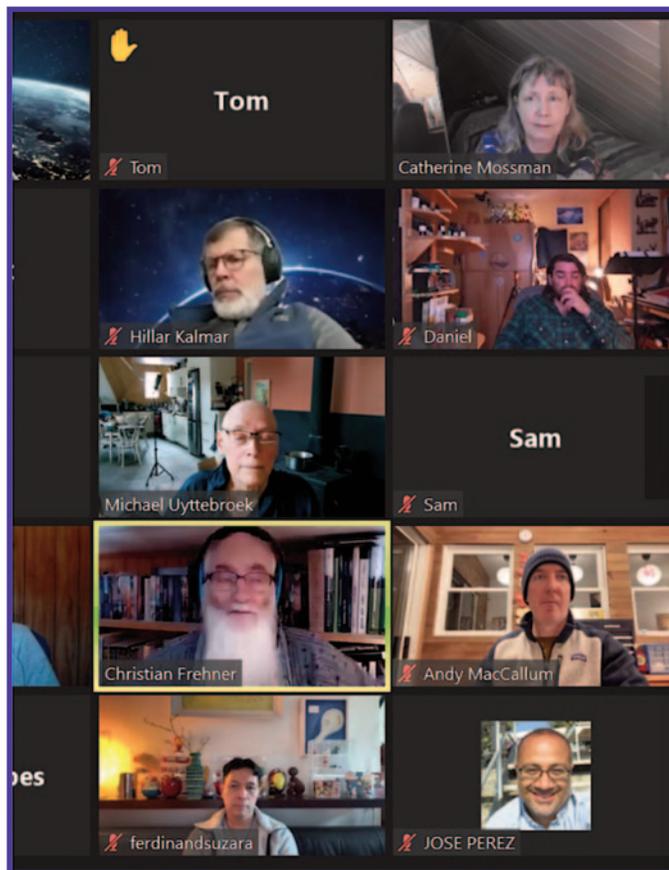


[1] <https://reportingradicalism.org/en/hate-symbols/movements/nazi-symbols/death-rune>

[2] [http://news.bbc.co.uk/2/hi/uk\\_news/magazine/7292252.stm](http://news.bbc.co.uk/2/hi/uk_news/magazine/7292252.stm)

[3] <https://history.howstuffworks.com/historical-events/peace-sign.htm>

FEBRUARY 4TH PUBLIC FLCA ZOOM MEETING...continues from page 1



Note: We tried to grab some screen shots without impinging on the privacy of others... here are a few, unfortunately Christian's feed isn't very high definition.



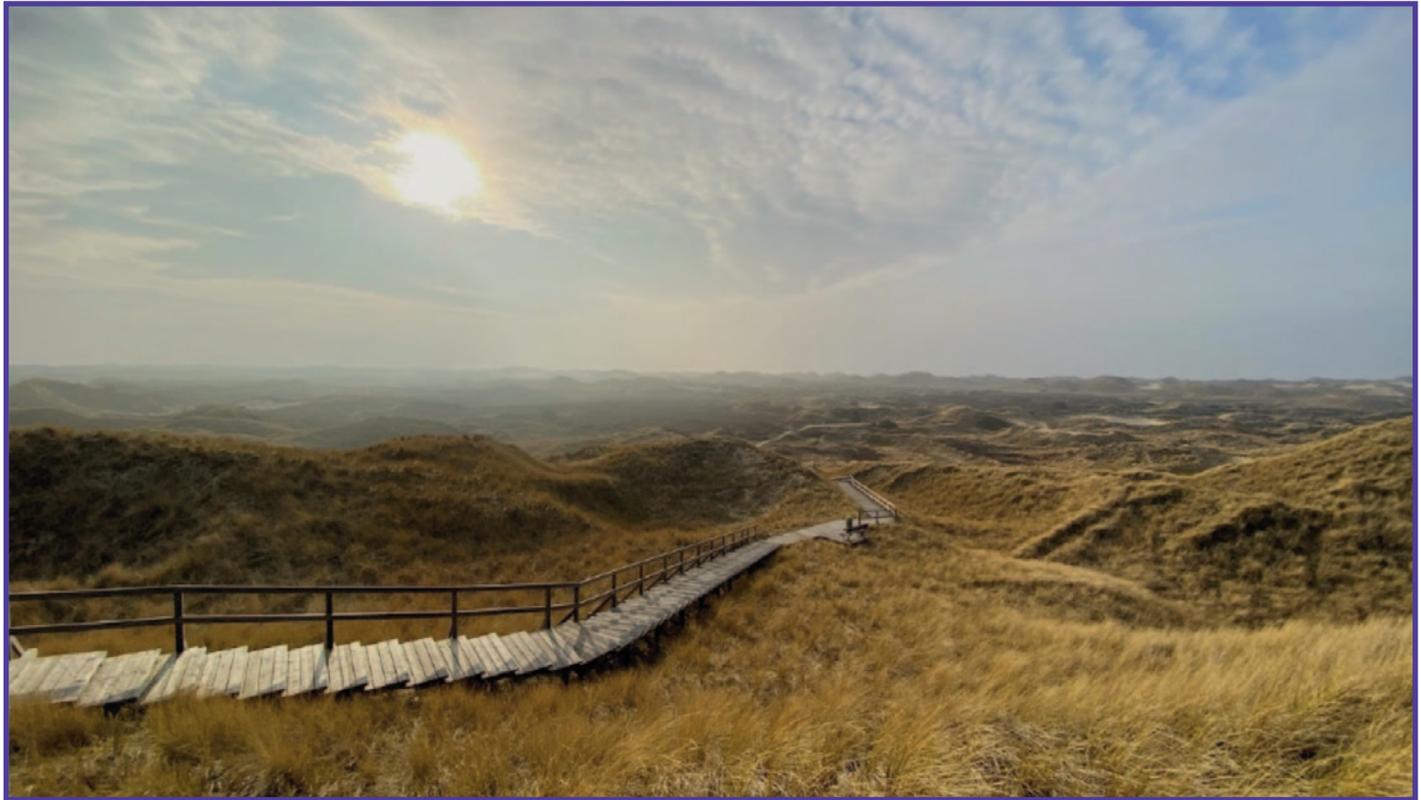
- advanced when the Orb came to them.
- Time travel; hard to understand.
- Personal storage banks, future lives, the more one learns in a lifetime the more one will be influenced to pursue similar lines of study, learning, etc. MU had asked Billy that Q at one time, will we find FIGU again.... Answer was the more time and energy into it in this life, the more likely you'll find it sooner.
- 5 seconds to grab an idea or not, that comes up from the subconscious.
- Ancient Chinese medicine, etc.
- Ghosts, etc.: read FIGU Book: Fluidal Energies...
- Origin of everything: read FIGU Book: URx7
- Peace Meditation, everything is getting worse in the world, is the Peace Meditation actually having an effect these days?
- Pointers to find FIGU in our next life: Study the Teaching, apply it, be a good human being, do right, do not kill others, etc. Most important to concentrate on our current life.
- Will Plejaren keep doing the PM after we leave? CF's inkling is no, but he would have to ask Billy this.
- Overpopulation. What is the most that the Earth can support, and O2 levels? Are there cut off points?
  - There are different regions on the planet where the effects are worse.
- Subconscious aggression from stress of living in close proximity to each other, noise all the time, quarrels, etc. Thoughts are power... going through streets full of people you are being 'shouted at' on a subconscious level by all the thoughts, etc. Effects of all the

poisons on the brain...e.g. aromatic hormones in the air, etc. Sympathy for others is corroded. Apathy grows.

- How many people reading FIGU and or taking part in Peace Meditations?
- Overpopulation: 10 billion people being the 'breaking point' ratio, etc.... devastating affects, etc. ...it's not a specific number, every day gets worse.
- Ukraine is the 4th World War.
- 11-year sunspot cycle is coming around faster.... EMP [electro magnetic pulse] event possibilities.
- AI Artificial Intelligence, causing people to get more and more stupid, far from reality, nature, addicted to digital, don't write anymore, read anymore, comprehend things. Meanwhile the weapon industry increases, eventually the AI/surveillance systems, can take over. People installing supervising, security devices, etc. are dependent on all these systems, etc. will have problems with all these as soon as there is no more power grid.
- CHAT GPT and using it, people can no longer write a text by themselves because their ability to think has deteriorated. No personal effort required, everything done for you, passively take it in, etc.
- After the Plejaren leave, re: the persons who have attacked Billy in the past, will there be something in place to protect the community... well, Billy is the main factor that causes the threat. Once Billy is gone the danger will be decreased; and as a matter of fact it's mostly been Billy who was the one who was able to prevent/ survive the assassination attempts.

Christian said he would be happy to attend another Zoom meeting again, perhaps in the summer sometime.

TRUTH IS THE PATH / EXCERPT FROM “GOBLET OF THE TRUTH” BY BILLY (pages 406-409, sentence 110)  
by Catherine Mossman / Tiny, ON / March 6, 2024



So often the concept of truth is portrayed as a goal or likened with the word ‘enlightenment’. When you reach ‘truth’ or ‘enlightenment’ then you have ‘ascended’... as if that is the end all and be all; that you’ve found your final place and can sit like a Bodhisattva in endless peace. The thing is, truth itself is in constant motion, it is not a thing that is placed somewhere gathering dust or embodied in a relic in the ‘hallowed’ halls of a religious institution.

From the Goblet of the Truth:

113) However, because the truth is something vital and in continuous movement, it is not bound to one place and neither is it bound to a restricted religious or other belief, as well as not to a gods- or tin gods-house.

*113) Dadurch aber, dass die Wahrheit etwas Lebendiges und in dauernder Bewegung ist, ist sie nicht an einen Ort gebunden wie auch nicht an einen begrenzten religiösen oder sonstigen Glauben, wie auch nicht an ein Götter- oder Götzenhaus.*

Truth’s culmination point is not a point that is definitive and final, as it is in constant movement. In fact, the truth IS the path on which one travels to a point, which, like a mirage, will always rest in the distance beckoning us further to expand our knowledge and wisdom.

115) And because the truth as way and culmination-point is vital and is continuously in motion in you yourselves, this means that the truth unstopably extends and moves further in you, therefore you do not remain lying on a particular truth, rather it continues to expand more and more through your research, and as a result it grows in you and you become ever more knowing and wise, this in contrast to the religious belief which is a firmly defined and non-expandable, unprovable and refutable illusion which is poor both in terminology and argument, and is based on pretences of false facts.

*115) Und da die Wahrheit als Weg und Ziel lebendig und sich ständig bewegend in euch selbst ist, so bedeutet das, dass sich die Wahrheit in euch unaufhaltsam erweitert und weiterbewegt, also ihr nicht auf einer bestimmten Wahrheit liegenbleibt, sondern diese durch euer Forschen noch immer mehr und mehr erweitert, wodurch sie in euch wächst und ihr immer wissender und weiser werdet, das gegensätzlich zum religiösen Glauben, der eine festumrissene und nicht erweiterbare, unbeweisbare und begriffsarme sowie argumentarme und widerlegbare Illusion ist und auf Vorspiegelungen falscher Tatsachen beruht.*

**WE NEED EACH OTHER**

by José Pérez, MSc / March 10, 2024

A common thread of Creational laws and recommendations is, in my own words, the idea of change and fulfillment, like a far-reaching natural process to an end for all living beings (e.g., the law of becoming and passing, the law of cause and effect, the law of determination, and so on, wisely outlined by Billy in *Goblet of the Truth* (2008/2015) and *Might of the Thoughts* (1998/2012) just to mention a few). Through this constant state of motion, one day, one may choose a field of study and get admitted to the university to build a profession. From that day on, I learned about the mechanisms of change, a central subject to any practitioner in the field of psychology. However, despite the intellectual knowledge acquired through insightful lectures, mandatory readings and years of practice, the same questions I once asked in the beginning of my career, remained much later, unanswered. How do WE change? What do WE need to get there? A myriad of reflections can be taken for an answer, namely, "People change when they are ready to change!" or "... this approach works better in this case!" In my opinion, the subject of change is much more complex than we may think; also, pondering the contribution of culture and traditions is essential and these factors are not to be taken lightly. So, my intention here is merely to reflect briefly on the place WE are and look at the path that in a pressing manner needs to unfold.

Every day we witness from afar the horrors of wars and the countless lives lost in such acts of destruction, up to the point that there is no difference anymore between someone killed in a science fiction movie and those dying miles away. Our eyes and cognitions are exposed to so many conditioning factors that we are learning a pervasive mode of functioning. In other words, like soldiers and civilians in the middle of war, we are now, trapped and wounded.

Our lives are shaped in more than one way. In principle, we all have good and bad memories that in a matter of seconds may recall experiences either to make us sad or happy. Through life, we develop abilities as well to cope with relationships and events that are important in our everyday lives, but as a common factor, nothing occurs on a remote island disconnected from any society. On the contrary, our dearest reality became into existence precisely through the intervention and making of other human beings, that is, our paths since childhood crossed those of others, and "ideas" of all sorts were imprinted upon us. We also experienced deception very early and learned that our parents or tutors had tremendous limitations to support and nurture even their own. These and many others are primary experiences from which our character is built. Painful or fulfilling experiences create an emotional force through space and time that, if it is oriented in the right direction, will indeed promote change. Just as we, willingly or not, hurt each other, we need each other to keep going and fill in the blanks when the time comes to make sense of the past.

Billy mentions in his book *Might of the Thoughts* (1998, original text; 2012, English version) that in serious mental cases we must seek professional help, and I couldn't agree more. Although, if we don't have any grave condition, are we less in need of support from people in those fields? Answering this is not quite simple; even a mild health condition, as a rule, tends to be overlooked. Otherwise, clever human beings and responsible professionals exist everywhere, but still we barely search for them, because our trust, in a certain way, is wounded. Psychotherapy or counselling could be perceived too as a threat to our fragile boundaries because these resources are like needles and syringes, they reach deep under our skin causing some level of pain at the same time nutrients or antibiotics are delivered; when bones break, doctors are called and when our loved ones die, one can use a shoulder to lean on. Friends with a strong connection or a couple may play a significant role to deal with troubles in life, but they are not responsible for our growth, we are, always. In few words, multiple challenges and barriers are faced in our quest to change for the better, but we must dig deeper, individually, or collectively, to remove so much debris, so we shall discover in time the outstanding matter we are made of.

I've met many skilled professionals along my career and private life with good techniques to deal with the core of people's personalities, and at least, for my own benefit, two powerful tools I learned from them, talking, and listening. They are of tremendous value to organize, create thoughts and help others to become self-sufficient with their experiences; these tools are without doubt the basis of any good relationship. Our consciousness-based abilities relentlessly observe from behind our inner walls, waiting to unfold their full potential and be of use. A change for the better means a lot of restructuring in which at least two parts are involved, one talking and one listening, like a bow and arrow aiming for the fulfillment of a mission. A sense of creational processes, in all this, is of utmost importance to put everything in perspective. So, finding professional help (if needed or afforded), is only a good place to start and, by far, not the only mean one may use to make improvements or move forward. The constant state of motion and change in our development never ends, once a stage is fulfilled, the next one awaits. The path is indeed different for each one of us, yet any endeavour along other human beings is an opportunity to find ourselves in them, in the WE.

WE need each other to heal first, and thus consequently, evolve.

*[Note: Capitalized "WE" in some parts of the text is intended for emphasis.]*

**CONNECTING WITH FLUIDAL ENERGIES / A CANADIAN EXAMPLE**

by Hillar Kalmar / Vancouver, BC

FIGU Canada's February 4th, 2024 public Zoom meeting included Core Group member Christian Frehner as a special guest and everyone had the chance to ask him questions, which was much appreciated. In answering a question about fluidal energies Christian used his watch as an example of an artifact that, if worn regularly, would absorb its owner's fluidal energies that others might perceive long after the owner's passing.

FIGU Special Bulletin 38 (2007) and Billy's book 'About the Fluidal-Energy' (2021) describe fluidal energies as the electromagnetic swinging waves arising from the mental-block of every human being from their thoughts, feelings, psyche and consciousness. Such fluidal energies are all around us and those frequencies/energies emitted by a specific individual are transferred to both their material body and to objects in their possession.

Over the years people having the unusual ability to perceive fluidal energies have been called mystics, clairvoyants, sensitives, seers, intuitives, psychics, remote viewers and so on. People with such abilities include Rudolf Steiner, Edgar Cayce, Stefan Ossowiecki, Ingo Swann, Barbara Brennan, Hella Hammid and Canadians such as Dr. Adam McLeod, George McMullen and Paul Elder.

It may be of interest for FIGU Canada participants to be aware of some Canadian contributions to knowledge learned from the interpretation of fluidal energies as described below.

J. Norman Emerson (1917-1978) founded the Ontario Archeological Society in 1951 and was a University of Toronto professor for over 30 years. His research focused on Ontario and Arctic pre-history especially the Iroquois of the Huron Nation.

Emerson was a self-described 'stones and bones' researcher until he heard about the apparent abilities of the husband of one of his wife's friends. This man, George McMullen (1920-2008), having only a grade 9 education, claimed the ability to tell the history of objects in his hand since childhood. In 1971 Emerson decided to meet McMullen and test his abilities. With no archeological training or knowledge McMullen accurately described and sketched Iroquois bone fragments and clay artefacts presented to him which had taken Emerson's department years to decipher.

The term psychometry was first used in 1849 by Kentucky physician Dr. J.R. Buchanan to describe the ability to "feel, perceive, or see the essence of things", a lucid perception that surpassed time and space. He published a Manual of Psychometry in 1885. Being the perception of fluidal energies, psychometry has also been described as connecting with the energies of a place, object or another consciousness.

Emerson proceeded to make use of McMullen's abilities at various archeological sites to obtain immediate knowledge, calling it 'intuitive archeology' because McMullen did not like to be called a psychic. This work has been described in various books and papers.

American researcher Stephan Schwartz became aware of Emerson's intuitive archeological work and invited McMullen to help with a research project in Alexandria, Egypt. This project also involved another sensitive called Hella Hammid (1921-1992) an American photographer with paranormal abilities who had been an initial participant in Bob Monroe's inaugural Gateway Voyage program in 1973.

Schwartz's book about their discoveries is called The Alexandria Project. Walking on a hill believed by researchers to be the site of an old Roman acropolis McMullen described what he saw and felt beneath the surface. His description matched Byzantine and not Roman structures and subsequent excavation determined that McMullen's intuitive assessment was accurate.

An article about McMullen titled 'A Feel for the Past' appeared in the September 22, 1980 edition of Maclean's Magazine.

**CONTEMPLATING THE STATEMENT “Daily, I join with the beneficial powers of the Creation, through which I develop positive powers within my consciousness for my unfolding.” / From “77 Affirmations”, #48 by Billy**

by Michael Uyttebroek / Tiny, ON / December 5, 2023

We are all contained within the all-encompassing energy field of the swinging wave of the Creation which permeates everything, from the smallest to the most massive, from quarks and electrons and super energised particles to the largest black holes and galaxies because it is everything, energetically dynamic. Everything is ordered to the law of becoming and passing, over long time spans or from moment to moment. Just as the reading of these words come into being and then are replaced with new thoughts and ideas, the years and centuries will flow into the past and the Creation will collapse into itself to be reawakened to a new becoming and so the endless passage of time exists in endless evolution.

And so, the statement “I join with the beneficial powers of the Creation” means that I am connected with the Creation through the Creation-energy part-piece contained within myself and the impulses that stream from my innermost nature permeate and inspire my inner self which in turn has a beneficial influence on my evolving personality. This is because there is a concordance with the realisation that everything and everyone is connected within this energetical swinging wave field of the Creation. Naturally actions and behaviours that exemplify a neutral positive connect such as respect, kindness, joy, harmony and peaceful coexistence lead to a further strengthening of one’s personality and increased sensitivity to the interconnectedness of everything. “Through which I develop positive powers with my consciousness for my unfolding” means that initially, the Creation-energy part-piece which enlivens the human being also enables the consciousness to create thoughts and the subsequent feelings. Through the process of listening to the real inner self which receives inspirational impulses from the innermost depths of the consciousness, there is an alignment with the Creation which promotes the evolutive striving of the consciousness to greater understandings of the nature of reality and love itself, without which nothing could possibly exist.

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**BECOMING IN CREATION**

by Stephen J.M. Ray / December 16, 2023

Find the life of yours in those things of true love. Bring your greatest self to the fore of your consciousness. It is in your mind’s eye where all that is wished is to be found and made real by the might of your thought.

There is no running from your own self so face you and evolve from the withering shell of a human you have become. Do let the folly of your past ring true in the present. Summon the future and make it now for now is truly all there is. Now is the moment of all, now is the moment of awakening.

Cherish your inner worlds and tenderly care to it with all the love in your Being. There is a path to be lead and a life to be lived if only you let yourself flow into that great destiny of knowledge and wisdom among men and women of this planet. The life, the love, the truth. It is yours so grasp those and take them into your consciousness to be felt in the finest of creational perception.

The Creation is in you. The power to create all that you have desired for your inner world is there. Let it in, find that great love and never let it go, for in that love lies all the truth, all the happiness of eternity. Let it flow into that thought and out into the world of Being from your deepest self. That self that truly is not so deep inside after all. That love and greatness of your own self is right there. It is not hard to find when it is not striven for so hard. It is a simple flow of thought and energy. Allow these into you for there is the peace you have been looking for.

The warmth of the peace comes and stays as you find that part of yourself again and again into the forever life of eternal love and harmony. The never-ending cycle of rebirth is the wonder of immortality. Unlock your love, unlock your truth.

Do not fret when there is nothing to fret about, all that is, is. And so, it shall be.

There are thoughts to be had and cognitions to ponder in the growth of you, human being. You are an eternal spotlight shining brightly for all to see and feel your love. Change the world into what you want it to be. The life is perspective so flip your switch and create the life you want to live. Truly it is just that, the flip of a switch. A connection made to your forever and a love felt through the ages.

I see you, human beings of DERN and beyond. I feel your love and might. I let you into me and we together bring the change this world so desperately needs in these times of right now. Right now, is the moment and that moment is a place for all eternity. What shall you do with your right now human being? Will you delay and ponder on what must be done or shall you take your reigns in hand and bring forth the change that you want?

Flow with your stream and ride the rapids with strength and dignity for yourself and all life. Dignify yourself and feel the esteem and respect of your current personality. It is a piece of all and as a piece of all you shall forever be engrained into the

**BECOMING IN CREATION...continues**

consciousness of this universe, of this Creation.

What is Creation you ask? You need only look inside to understand what the real power of Creation truly is. Be the creative and create that life for that is your power human being. That is the might of you in your present. Let not the angst of another where you down, you have reached this place, and it shall not slip away. You, human being of Earth, have struggled for millennia and for millennia you have succumbed to the lies of your former selves, the traditions of a world lost to itself, lost to the might and greed of the ausartung. Do not let yourself slip away, the might of Creation is inside you, find it and with that the life will unfold as you will it.

Manifest your dreams into reality with the truth of love. The love that extends and reaches beyond the borders of all space and time. This love I speak of it is not the love of the next one or even the love of yourself. It is the finest perception of creational reality. It is the flow of your being; it is the connectedness of all things in perfect neutral equalisedness. That equalisedness lies within you, human being, let that love in. Let the harmony rise from your consciousness and push it with your soul (psyche) out into forever for all OMEDAM kind to feel so that your next one can be that greatness of peace and harmony. Like that of yourself, help those who are lost in the darkness of themselves. Help them to find their own light within so that they may awaken to the true life of being human.

Your strength is there, and it is begging to be let free. That peace and harmony is there, and it is begging to be let free. Your freedom is there and it is paradoxically also begging to be let free. Let the Earth feel you as you swing in her great waves. Connect with that OM and be the human you were always meant to be. Be the ray of shining light that you need for you and no one else for there in that knowing, the love flows freely for all to share in kindness and respect.

The time approaches human being to tear down your walls and to allow the might of your creative impulses to take hold. They are yours those skills and talents, so bring them forth for you to live and experience what is truly great inside of you. You have the ability do anything you only need to do it. You have the ability to learn anything, you only need to learn it. All knowledge lies deep within waiting to be unlocked. Unlock that knowledge and gain the wisdom of forever in your present to make the greatest change you can. From within, for without, the might of self rushes over the land and minds of your people so they may see their true greatness. Do not falter through the hardest and easiest of times for the silent revolution of truth shall take its place as a piece of history in the books of Earth.

The day ends and the time wears on, in the rest of the night you may find your troubles or your joys. May you, human being of Earth, then strive to quieten those loud thoughts so you may again find the peace of your inner self. Find it, that strength for right now, that strength for the next day, that strength for the life. Your life force is awakening to the wonder of creation but be weary to find your equalization. For without it you will fall freely into oblivion but always find yourself a new from the ashes of that former self. Growth and evolution are inherited in you. The way to the light can be long and gruesome without the proper balance and equalization of your inner thought worlds. Those worlds are your heaven those worlds are your hell. Find what it is right now and make it the worlds, make it everyone's. The truth is human being, that you are the only ones to be able to change those dark a dreary thing's inside of you. They are not for the feint of heart but rather for those who will strive forward into the dark with their light and every step forward is a step closer to thee all shining glory of Creation. Your true consciousness. The flame of eternity beckons you to move, to do anything but remain stagnant. I urge you man and women of Earth, of DERN find your beauty, take it and make it shine for all. Absorb the love of forever in eternity. Become, Become Human Being, I urge you forwards here and now, with these simple and mighty thoughts. MOVE I say. For in these words, you will find the glory of all in one. The courage to fight your battle from within and the will to always be yourself.

A peaceful might of love and harmony will take the reigns if you let it. Let the bright rays in as they beam through the darkness of your inner being. Break free the chains of your own self enslavement that you have shackled yourselves in. The world, the universe, all of Creation beckons you forward. Come it says, come into me and take hold of your own free will, be what you will, make what you will, experience what you will, and your will shall take you to the heights of humanity. Connect to it, connect to Creation, find it within yourself for truly it is you, that part-piece of eternity that gives you the breath you breathe and the food you eat. It is there always inside of you human beings, OMEDAM of this DERN and beyond. Here these words my people, be not frail in your thoughts and deeds and be the light of it. You are already it, now feel it, feel you, be you friends. People of the Creation, I beckon you forth from your darkest selves so you may be what you should be. I find these words for you my people, why do you fight against yourselves? Do not fret at your own ignorance but face it and make it diminish within you as you find all that is right and good in your lives, in your here and now. Be the reality that you perceive, be the reality that you want in life. That is your greatest gift human beings of Creation. Be what you will, for what you will, shall be what you are.

Mighty actions and mighty deeds are what left the worlds of hell the shells that you have created. See and learn from the past

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**BECOMING IN CREATION...continues**

transgression of yore. The folly of the mad ones shall not be yours when you find your light in the rightness of the laws and recommendations. Take your destiny in hand, whatever that may be for you, human being. You are not the thoughts of your leaders; you may break away and become yourself at anytime. They cannot harm you when you have the light of all time inside of your inner most being. There is a threshold in the Creation, do not let yourself become the darkness for Creation needs that as well. Be the light, find the glory of yourself and become, become, become the beaming ray of light that you truly are. Find your truest thoughts and bring them forth, let the world see what you are human being, faultier not in your worries of a weak a withering substance, darkness. Quickly it fades as your light emerges, it is this connection to Creation that is always with you always growing, always evolving into yourself more and more.

What is it that you want human being of earth? Truly you must ask yourself that when in your own thoughts and feelings. Seek out whatever that is, it is a thing that should be experienced. You perceive that which you think, think the light, think the becoming, think evolution, harmony, knowledge, wisdom, peace, love, truth. Make these things inherent in you, make these things your very own for all great times

**ON DEATH, AN EXCERPT FROM DIE ART ZU LEBEN / THE WAY TO LIVE**

by 'Billy' Eduard Albert Meier (page 118)

Nothing ends with the death – certainly not the life, because death only means a station of the continuation in the striving of every creature and creation, every existence and evolution, and therefore a continuation of the life, which one does not have to dismiss as grief and suffering in order to press for no longer 'having to have' a physical body, in order to finally live as a 'glorious master of higher degrees' in higher spheres, in order to be able to sublimely judge over the poor and irrational ones who remain on the Earth because they are too lowly intelligent and dense to be able to reach the sublimity themselves. What purely human feeble-mindedness. Ageing means evolving and death means the evolutive transition to new life and thereby to new striving. Death means continued existence in new powerful life, the sense of which, in turn, lies in the striving for that which is higher and for the highest possible relatively absolute fulfilment, in the incessantly advancing creational-natural evolution; given to all life and all existence through the creational principle of evolution.

*Nichts endet mit dem Tode- schon gar nichts das Leben, denn Tod bedeutet nur eine Station des Weitergehens im Streben aller Kreatur und Kreation, Existenz und Evolution, und also ein Weitergehen des Lebens, das man nicht als Leid und Leiden abzulegen hat, um darauf zu drängen, keinen physischen Leib mehr besitzen zu müssen, um letztendlich als <glorreicher Meister höheren Grades> in höheren Sphären zu leben, um erhaben über die armen und auf der Erde zurückgebliebenen Irren urteilen zu können, weil diese zu dumm und blöd sind, um selbst die Erhabenheit erlangen zu können. Welcher Schwachsinn von rein menschlicher Prägung, denn altern bedeutet evolutionieren, und Tod evolutiver Übergang zu neuem Leben und somit zu neuem Streben. Tod bedeutet Fortbestehen in neuem kraftvollem Leben, dessen Sinn wiederum im Streben nach Höherem und nach höchstmöglicher Vervollkommnung liegt in der unaufhaltsam fortschreitenden Evolution schöpferisch-natürlicher Prägung; gegeben allem Leben und aller Existenz durch das schöpferische Evolutionsprinzip.*

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