

# March 2025 Newsletter

Dear Sunrise Community,

Happy Spring! The hyacinths, daffodils, and tulips are just beginning to sprout in front of our school. Last week we had a special visit from a pair of mallard ducks! If you arrive early enough, you may see them near the woods next to our playground!



#### **April School Vacation Week**

Please be aware that no classes or extended day programs are in session during the school vacation week (April 21 through April 25). Enjoy the time with your family.

### **Parent-Teacher Conference Sign-Up Links**

Spring is our second portion of the Parent-Teacher conferences. A reminder that **Thursday, May 1st** is early dismissal for all students at 11:30am (conferences in the afternoon) and **Friday, May 2nd** there is no school as conferences are held all day. Please follow the link below to sign up and meet with your child's classroom teachers:

# Classroom A Parent Conference Sign Up Link

# Classroom B Parent Conference Sign Up Link

For your convenience, Sunrise provides childcare during your scheduled parent conference time. Childcare will be in Classroom C (the front room area). If you plan to bring your child to the conference, please plan to arrive a few minutes ahead of your scheduled time to help get your child settled to keep our conferences running on time.

# Mother's Day Tea Event Tuesday, May 6th at 9 am

Classrooms A and B have a very special Mother's Day Tea scheduled to honor the Sunrise Mothers (or a special guest) in the classrooms. Both classrooms are scheduled for the same date & time.

Sunrise Mothers, if you are unable to attend, you may wish to ask a grandmother, aunt, or any special guest in your place. We request that only one person per student attend the Mother's Day Tea Event (except for families with two children enrolled). This is a time for you or a special guest to join your child as they serve you tea and a special snack. For specific questions about either of the events, please contact your child's teachers!

Fathers (or a special guest), please plan ahead for Thursday, June 5th at 8:30 am for your special event -"Donuts with Daddy"!

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

# **Other Upcoming News & Events**

#### Sunrise Spring Fair Event on Saturday May 17th Noon to 2pm



Spring means time to think ahead to our Annual Spring Fair, which is scheduled for Saturday, May 17<sup>th</sup> from 12-2 pm at the school. For those families who attended last year's event, it will be very similar. Raffle baskets and ticket sales will be inside the school in the front room along with free pizza, cookies, and water (while supplies last). A bounce house will be set up near the playground and games will be set up on the playground for the children.

The Spring Fair is an important fundraising event for our program. Proceeds from the event will go towards teachers' professional development events. Our Parent reps, Erica, Lindsay, and Manisha, and both Sue, and I have planned the themes for the raffle baskets.

We have already received several online donations from organizations to support our spring fair. Monetary donations can be made via cash, check, or through Venmo.

To donate through Venmo, please visit <a href="https://venmo.com/u/Sunrise02038">https://venmo.com/u/Sunrise02038</a>

If you prefer to help Sunrise with soliciting items for our raffle baskets, please see requested fair items that are attached to this newsletter.

This year's raffle baskets (for children and adults) consist of the following:

- 2 Classroom-made projects
- 2 Summer Program raffles
- Music Basket highlighting a Bose speaker, ear pods, I-tunes card, etc. (teacher donated)
- 2 Children's Fleece Blanket and Pillow baskets (teacher donated)
- Children's Basket highlighting the Little Gym in Medway along with Hasbro games (see attached list for more items)
- All Sports Related Basket (see attached list)
- Pollinators Basket (see attached list)
- Additionally, raffle items for the adults only (18+ or 21+) include a Lucky Lottery Wreath and a Beer/Wine & Snacks raffle basket. (see attached list).

Mark your calendars and plan to invite the whole family. The event is also open to community members... Rain or Shine! Please share our donation request and event information with people you know and/or to any businesses that may consider donating to our cause.

#### Think Ahead about Sunrise's Summer Program

Many families have already signed up for our Summer Program. Thank you. Additional details and registration forms are available on the table as you walk through our front door, or you may wish to download the <u>registration form directly</u>. You may choose either the 5-morning or 5-full day option and you may sign up week to week or for all 4 weeks.

The Summer Program is only open to current and newly accepted Sunrise students. Participants should be 3 years old by June 1, 2025. During the summer schedule, Sunrise does not offer the before or aftercare program.

Week 1 Space Week Week 2 Farm Week Week 3 STEM Week Week 4 Yoga & Movement

#### Scholastic Book Club



Thank you for ordering Scholastic books. This month we were able to add 2 book caddies to our classrooms with the points generated from <u>Scholastic orders</u>.

#### **Outdoor Recess Sun Protection and Insect Repellent**

The weather in New England can sometimes be unpredictable – sometimes cooler with rain but as we move into April, it can get unseasonably warm at times. Once warmer temperatures move in, the sun will peek through the trees more during the outside recess. We want to avoid sunburn on sensitive skin. Therefore, please consider applying sunscreen to your child before bringing them to school. If your child has a sun hat or baseball cap that he/she likes to wear, this will also help with the sun on cloudless days. Once the small gnats and other bugs return to our playground, consider applying bug spray at home as well. As full-day students may require an additional application, consider sending in sunscreen and/or insect repellent labeled with your child's name (along with the signed consent form that is available on our website in the Parent Corner tab). Please note that the school does not provide sunscreen/bug repellent/lotion and children may not share these items – only the teachers will apply these items to children.

**Footwear**: Due to safety reasons, children should wear sneakers or other closed-toe footwear on the playground. Sandals, crocks, open-foot shoes, etc... do not provide foot support for running and climbing. We want to ensure that your children's feet are always protected from woodchips and other objects during play.

#### **Donation Acknowledgements**

Thank you to former teacher, Ms. Alka Pai for her generous monetary donation to the Spring Fair.

Thank you to Reid Letourneau's family for their donation of many boxes of playdough for all our classrooms.

Thank you to Finley Kadish's family for bringing in bulbs of daffodils to plant for next year's enjoyment.

Thank you to Kaiden Abraham's family for bringing in bird feed hangers to hang on the trees outside our door!

#### **Website and Facebook**

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at <a href="https://www.MySunriseMontessori.com">www.MySunriseMontessori.com</a>

Be sure to check out our "Parent Corner". This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

# **Keeping in touch**

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the

day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

#### **Head of School**

Andrea Rossick:

Headofschool@MySunriseMontessori.com

#### **Co-Head Teachers**

Emily Hill & Samantha Renaud:

Classroom-A@MySunriseMontessori.com

#### **Head Teacher**

Lynne Anselmo:

MsAnselmo@MySunriseMontessori.com

#### **Sunrise Parent Representatives:**

Erica Cucino, Lindsay Fiorito, & Manisha Thanneeru ParentRep@MySunriseMontessori.com

#### CALENDAR OF EVENTS

**April 18: Professional Development Day.** No classes, no Extended day program.

This is a workday for all staff.

April 21 through April 25: Spring vacation week. No classes, no Extended day program.

Enjoy the time with your families.

**May 1:** Early release day at 11:30am for parent conferences in the afternoon.

**May 2:** Parent conferences all day; no classes; childcare provided during conference time.

**May 6:** Mother's Day Tea

May 16: Tuition contracts for the 2025-2026 academic year are due from all new and returning students.

**May 17:** Annual Spring Fair from Noon to 2pm. Rain or shine!

**May 26:** Memorial Day. No school, no extended day program.

**June 5:** Father's Day – Donuts with Daddy

**June 10:** Last day of school. Early release. Closing ceremony and recognition of students.

#### Sensation station 9-10 am

Thursdays – April 3, 10, & 17 – classroom A Wednesdays – April 2, 9, 16 & 30 – classroom B

Pizza dates for full day students: April 4 & 11



#### Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

#### **Box Tops for Education**

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops.

Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to the school's earnings online. Go to www.boxtops4education.com to learn more.

#### Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out – Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



#### **Restaurant Dine-In Events**

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



#### **Grocery Shopping / Giving Bags**

Purchase a reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School







#### **Mabels Labels**

This on-going fundraiser provides great ideas for labeling your child's items. Check out: http://campaigns.mabelslabels.com/ and click on the school's name.

#### **For Small Hands**

Montessori items and activities for your child. Use the school code #130331 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit <a href="https://www.forsmallhands.com/scp/130331">https://www.forsmallhands.com/scp/130331</a>

#### **Scholastic Books**

Periodically parents will receive flyers and/or email notifications from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms. It's easy to shop for books! Click on the school's link <a href="https://orders.scholastic.com/KNYN8">https://orders.scholastic.com/KNYN8</a>
Note that we aren't separating out orders by classroom; therefore, your child's teacher will be simply listed as Sunrise Montessori. Click on the Get Started button at the top of the webpage and either sign in or create an account. If you connect to Scholastic through our class page, you will see Welcome to Sunrise Montessori's Classroom Book Club. Once the school's order is submitted, books arrive at the school in about 10 days. We will sort the orders and hand them to parents in a sealed bag (in case it's a gift for your child).

#### **Amazon Wish List for Sunrise**

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: **Sunrise-Amazon-Wishlist** New items are added each month.

# Thank you for supporting Sunrise Montessori School!

# Raffle basket themes and items requested for the Spring Fair

Please consider soliciting, collecting, purchasing, and/or donating specific items listed in the raffle basket themes below. Additionally, we are accepting gift cards of any value from restaurants, local shops, and businesses. Please reach out to Sunrise's Parent Representatives if you intend to donate a specific item to avoid duplicates.

#### SMSParentRep@gmail.com or HeadOfSchool@MySunriseMontessori.Com

- Lottery Ticket Wreath we are looking for scratch tickets from Massachusetts or Rhode Island of any value to add to this wreath.
- Beer & Wine Basket seeking bottles of wine (any type or size) and any variety of beer (single bottles or cans or packs) other items related to this theme are 2 large beverage bins, corkscrew, bottle opener, wine glasses, beer glasses, snacks such as pretzels, mixed nuts, etc. A gift card to a local brewery would be great!
- **Sports Basket** looking for any tickets to a game or event of any sport; any passes to a club or gym, gift cards to any restaurant (a sports bar or pub would be great), gift cards to any store (REI, Public Lands, Dick's Sporting Goods, Cabela's).
- **Children's Basket** seeking games, puzzles, crafts for ages 2+, gift cards to any restaurant, activity such as "Build A Bear", or a museum or place designated for children.
- Pollinator Basket seeking local honey (small jars or containers), crafts or puzzles
  related to bees, butterflies, or hummingbirds, preschool or kindergarten age level
  books related to this theme (or a resource book), or a gift card to a local garden shop
  or nursery.

There are other themed baskets which will be part of the raffle that do not require donations at this time.

All items may be brought directly to the school any time before May 2nd

Thank you for your support with our event!

Venmo | Sunrise Montessori School Inc.



# March 2025 Extended Day Newsletter

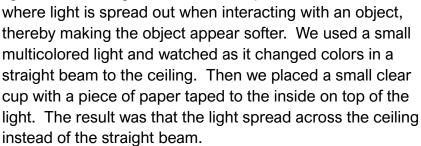
In March our Extended Day group focused on the alphabet.

We made a craft each day using various art materials and mediums.

Various alphabet letters were used. We also read books about the alphabet and explored with our many alphabet puzzles.



In **Science** we learned about light and sound. Our first science lesson introduced light diffusion. Light diffusion is the process



Our second science lesson introduced how sound travels. We used a cup phone to demonstrate. Each child got a turn speaking into the cup phone on one end and listening on the other end. The children discovered that one's voice creates sound waves which cause the air to vibrate. That vibration travels across a taut string to the other cup and recreates the sound waves. The children had so much fun with these discoveries!

Thank you,

Ms. Jessica and Ms. Amanda



The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.



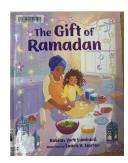
#### Classroom A Newsletter March 2025

#### Dear Classroom A families,

Happy Spring! We are excited about the warmer weather after a very cold winter. Spring is just around the corner. With spring like weather, please continue to send your child to school each day with boots as the playground occasionally gets muddy at this time of year. We will go outside whenever possible, so be on the lookout for some muddy boots in April!

#### **Cultural Studies**

This month, we continued learning about Ramadan. Zayn's mom visited our classroom to read a story about Ramadan to the class. We learned that during Ramadan, many people fast from sunrise to sunset. She brought many fun activities to the class!







We celebrated St. Patrick's Day on March 17th.

St. Patrick's Day is also known as the feast day of St. Patrick. Originally celebrated with religious feasts, St. Patrick's Day is a celebration of Irish culture.

We also celebrated Holi which started at sundown on March 13th and ended March 14 at sundown. Holi is a Hindu holiday celebrated as the festival of colors, love, equity and spring.



#### Science

This month, we introduced a water table in the sensory bin to kick off our study of Sink and Float in our science area. The children love working with the water table. They discovered the density of different objects based on the ability to float or sink in water.

#### **Everyday Living**

This month, we introduced Food Prep to the children.
Food Prep is an important part of the Everyday Living curriculum.
The children were able to use oranges to make orange juice.
They utilized their squeezing and pouring skills, and when they were finished, they got to drink the juice they worked hard to make.



# Yoga

This month, Ms. Katie from Sprouting Tree Yoga visited us during the morning work cycle. The children participated in movement, mindfulness, activities, and many fun songs. She taught us how to do sun salutations and cloud breathing. We had a great time with Ms. Katie from Sprouting Tree Yoga.





# Kindergarten Corner

In kindergarten, the children are working with the moveable alphabet. They are exploring consonants/vowels/consonant words or CVC words. The kindergarteners listen to the sounds in each word and work together to figure out what sound they need to find. They have been working so hard in the kindergarten block!



# Sign-up links

# Guest reader sign-up

We love to have guest readers in our classroom. If any family member (parents, siblings, grandparents, etc.) would like to be a guest reader, please sign up - we love to have visitors!

## Birthday walk sign-up

If your child has a birthday coming up, please sign up for a birthday walk. If your child has a summer birthday, feel free to sign up on the same day as another classmate.

#### Flower sign-up

The children love to work on flower arranging. If you and your child would like to bring in a bouquet of flowers, please sign-up for a week to bring them in.

Thank you,

Ms. Samantha, Ms. Emily, and Ms. Karen





#### Classroom B Newsletter March 2025

#### Dear Sunrise Parents,

Welcome March! Spring is in the air, and March has been an exciting month filled with growth, learning and discovery. As we welcome the change in the seasons, we have been busy working in the prepared environment.

This month we continue to focus on **Grace and Courtesy**. Each day the classroom leader picks a picture card that symbolizes peace, respect and love. For example, the card has words like kindness, love, friendship, and respect. We then take turns describing what the peaceful word of the day means to each of us. This is a very special lesson that we do each day which brings awareness and reflection to each of us.

In **Cultural Studies** we explored different traditions from around the world, including Holi, St. Patrick's Day and International Women's Day. Our class read books, completed art projects and enjoyed learning about these wonderful holidays. We focused on activities that encouraged hands-on learning,



exploration, and cultural awareness.

We made activities centered around Irish culture, like exploring the shamrock and its significance, as well as learning about the history of St. Patrick, the patron saint of Ireland. Learning about these celebrations help foster an appreciation for diversity and global awareness in our little learners.

#### **Practical Life**

We have explored many new activities throughout the month, which focused on developing essential life skills and fostering independence, concentration, and responsibility through everyday tasks like care of self, care of the environment, and grace courtesy. The children loved the lessons that were given and enjoyed the new and colorful materials.





#### Sensorial

The children continue to explore this area with variations and extensions. We are currently working with Box #2 of the color tablets.

The core purpose of the color tablets is to teach the children to identify and discriminate between different colors. This work also helps the children to develop a sense of visual order and organization.

The handles on the tablets aid in developing fine motor skills through manipulation. The color tablets beautifully promote Grace and Courtesy, as children learn to handle materials with care and respect, fostering grace and courtesy and love for their environment.

#### Math

We are moving forward with lessons that continue to build upon the children's knowledge of numbers and sequential order by introducing more counting activities, higher number recognition and sense of order. The children are also practicing writing their numbers, in and out of sequential order. They are doing great!

# Kindergarten Afternoon

The Kindergarteners are working hard during the afternoon work cycle! We have been practicing with the sandpaper numerals, practicing our handwriting skills, and working with



the phonetic words. The children can identify and read most consonant-vowels. In this picture the Kindergarten students are busy learning how to make 3-letter phonetic words. They are also learning about the rebirth season and engaging in lessons about Spring.

#### Parent tip of the month

Continue to encourage independence by involving your child in simple tasks like setting the table, sorting laundry or watering the plants. These activities strengthen their practical life skills and build confidence.

Thank you for being a part of our Montessori community. Your support and involvement makes a world of difference in your child's learning journey.

"The greatest gifts we can give our children are the roots of responsibility and the wings of Independence."

Maria Montessori

Love, learn & grow!
Ms. Lynne Anselmo, Ms. Marianne and Ms. Jessica