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“Dementia Care Management In-service for SNF & ALF Staff”

This in-service dementia care training session is interactive, hands-on, and earns high praise from DONs, social workers, activity professionals, CNAs and other direct care staff! The program is designed to help your staff better understand and recognize changes in conditions and abilities of individuals living with dementia. I will have your staff pair up and practice techniques designed to reduce distress and support abilities. We focus on recognizing and positively responding to “unmet physical and emotional needs” that are person-centered and improve satisfaction.

Objectives: At the conclusion of this 2-hour in-service training program, participants should be able to:

1. Briefly describe at least 2 of the sensory changes caused by the brain changes of dementia.
2. Describe a change in your care partnering practice that you will make to positively support the changing abilities of a resident with dementia.
3. Recognize the unmet needs of residents, which often lead to behavioral expressions and ways to minimize distress, agitation and aggression.
4. Demonstrate the Positive Physical Approach™ to minimize distress.
5. Demonstrate the PAC Hand under Hand™ Technique to assist a resident with eating or another ADL.

What I bring:

I bring the handout materials, a Competency Tool, the certificates of completion for HR files, Laptop and LCD projector, ensure an In-service Program Report is completed each day and everyone signs-in. After the training, I prepare a follow-up report with feedback and recommendation, which includes a summary of staff feedback about the training. I will arrive at your facility the afternoon before the first training session to arrange the training room and set up. That way, I will be ready to start training when the first group of trainees arrives.

What you do:

Have your staff sign up to attend one of the six 2-hour dementia care training sessions. I offer the same session six times over the course of two days and can get up to 60+ staff through the in-services. It works

best if staff can come before their shift starts or after their shift ends and as needed on their day off. Ideally, groups are 8 to 12 people are scheduled for each session, depending on the size of the training room and the number of staff to be trained. It's best if the training room is set up with rectangular tables and either folding chairs or straight back chairs. I need a small table and either a chair or a stool.

The training time slots that most often work are as follows:

Day 1

8:00am to 10:00am

10:30am to 12:30pm

2:00pm to 4:00pm

Day 2

8:00am to 10:00am

10:30am to 12:30pm

2:00pm to 4:00pm

Many thanks and I look forward to scheduling the training at your care community.