AGE-FRIENDLY ENGLEWOOD COALITION

Community Forum
August 2, 2016
Englewood Hospital and Medical Center
Agenda

• About Age-Friendly Englewood
• Presentation of data
• Q & A
  • Cards available for comments
• Sign-up to be involved
Age-Friendly Englewood

Age-Friendly Englewood aims to make it as easy as possible for older adult residents of Englewood, NJ, to age successfully in their homes with dignity and independence.
Master Plan 2014

Age-Friendly Englewood builds off the 2014 Master Plan.

We are not re-inventing the wheel. We are embellishing it.
Process

- Coalition of partner organizations formed early fall 2015
- Applied for & received grant from Henry and Marilyn Taub Foundation for $35,000
- SESCIL is fiscal agent for planning phase
- January - July, 2016
Next Steps

• Report of first phase due August 5.
  • Data gathering
  • Initial Planning

• Application for next grant phase is due August 12
  • Continued Planning
  • Beginning of implementation

• Potential for $75,000 for in each of the next 3 years for implementation.
# Coalition Partners (to date)

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Coalition Partners (to date)

AARP #3666
Arts for Life
B.C. Div. of Senior Services
Bergen Family Center
Bergen PAC
Bergen Volunteer Center
Bergen Volunteer Medical Initiative
Buckley's Drugs
Center for Food Action
Chamber of Commerce
City of Englewood
City Council
Mayor
City Manager
City Department Heads
Community Baptist Church of Englewood
Community Chest of Englewood
Congregation Ahavath Torah
Congregation Shomrei Emunah
Dudley Hamilton Associates
East Hill Synagogue
Ebenezer Baptist Church
Elks Lodge of Englewood
Encounters in Black Traditions
Englewood Hospital & Medical Center
Englewood Housing Authority
Englewood Public Library
Englewood Rotary Club
Family Success Center
First Presbyterian Church
Flat Rock Brook Nature Association
Henry and Marilyn Taub Foundation
Int'l Assoc. of Gerontology iTNNorthJersey
Jewish Family Service
Jewish Home Family
Jewish Home at Home
Kaplen JCC on the Palisades
Lillian Booth Actors Fund Home
MLK Houses
Mt. Calvary Baptist Church
North Jersey Villages
Northern NJ Community Foundation
Rebuilding Together B.C.
Saint Cecilia Parish
SeniorsTech Academy
Southeast Center for Independent Living
St. Paul's Church
Vantage Health System
Visiting Homemaker Bergen County
Women's Rights Information Center
Taub Grant Recipients

Englewood
Garfield
Ridgewood
Teaneck
Westwood
Data Gathering

• Surveys *(charts in this presentation)*
• Focus groups *(deeper dive)*
• Conversations with key stakeholders and civic leaders

No preconceived ideas
SURVEYS

• **329 started / 259 completed**
  (senior population = 3,919; 6.6% = statistically valid)

• Available online and on paper

• Hand delivered to clients with home-delivered meals

• Available at Library, City Hall & other community and faith-based locations through coalition partners
Focus Groups

Three focus groups in June

- Library (16)
- Ahavath Torah (20)
- Community Baptist Church of Englewood (10)
Survey Responses by Ward

- Ward 1: 21%
- Ward 2: 26%
- Ward 3: 17%
- Ward 4: 21%
- Don’t know: 15%
Responses by Race/Ethnicity

- White: 57%
- Black or African-American: 33%
- Latino/Hispanic: 10%
Responses by Gender

- Female: 67%
- Male: 33%

* LGBT negligible – 1 response
Responses by Age

- Over 90: 4%
- Age 81-90: 10%
- Age 71-80: 36%
- Age 60-70: 50%
Responses by Education Level

- Graduate or Professional degree: 33%
- High School or GED: 16%
- 2-year college degree: 7%
- 4-year college degree: 19%
- Post High School (no degree): 5%
- Graduate study (no degree): 11%
Responses by Income Level

- Less than $15,000: 22%
- $15,000-$30,000: 15%
- $30,000-$60,000: 19%
- $80,000-$100,000: 14%
- $15,000-$30,000: 15%
- Over $150,000: 17%
How would you rank Englewood as a place to live as you get older?

- Very satisfactory
- Satisfactory
- Not Satisfactory
- Poor

Percentage distribution:
- Very satisfactory: 0%
- Satisfactory: 60%
- Not Satisfactory: 10%
- Poor: 0%
Satisfaction with neighborhood issues:

Traffic, safety, streets, public services, traffic lights, ease of shopping, arts & cultural activities, parking, ethnic diversity, housing, community involvement

- Very Satisfactory: 23
- Satisfactory: 49
- Not Satisfactory: 16
- Don’t Know: 12
WHO 8 Domains of Livability
(World Health Organization; adopted by AARP)
Housing

Key Facts about older adults in Englewood

Want to live independently as they age

If considering a move, it would be to a less expensive home (taxes)

Want to walk to shops, banks, restaurants, religious organization
Housing

Assets

- Englewood is a desirable location
- Close to highways
- Close to NYC
- Numerous shops, restaurants, services
- Diverse populations & cultures
- Homes in good repair
- Strong property values
Housing

Needs:

• More housing options
  • Affordable housing
  • Low-income housing
  • Full service apartments in walking distance to shops, banks, religious services

• Information about low-cost contractors for minor home modifications
Outdoor Spaces & Buildings

Key Facts

• Parks with enough benches are important or very important
• Sidewalks in good condition are important or very important
Outdoor Spaces & Buildings

Needs:

- More benches in parks and on streets
- Sidewalks in good repair
- Separate pathways for bikes and pedestrians
- More well-maintained, accessible public restrooms
Transportation

Key Facts:

• 68% of older adults currently drive themselves
• 80% want accessible, convenient, affordable and reliable public transportation
• Parking is a challenge
Transportation

Needs:

- Information about available public transportation
- Affordable transportation options when no longer drive
- More parking/older adult-specified parking spots
Health & Wellness

Key Facts:

• Englewood Hospital and Medical Center is located in Englewood
• 88% consider themselves in good health
• 96% consider it important to remain physically active as they age
Health & Wellness

Assets

• Englewood Hospital is a BIG plus (location, doctors, variety of health-related services)

• Many services are available (home care, meals on wheels, fitness and wellness programs, etc.)
Health & Wellness

Needs

(Health Happens at Home)

- INFORMATION about available services
- How to access & navigate services
- Affordable fitness activities
- Help with DPW services
  - Shoveling snow at end of driveway
  - Taking/returning recycling cans to curb
Social Participation

Key Facts

• Variety of affordable activities, classes and social clubs are important.
• Flexible job opportunities for older adults are important
• 55% of older adults volunteer
• A variety of volunteer opportunities are important
Where do you go for arts & cultural activities?

- Bergen PAC: 45%
- Library: 42%
- Faith Community: 41%
- Senior Center: 17%
- Dept. of Parks & Recreation: 15%
- College or University in other town: 14%
- Local Organizations: 13%
- Online programs: 12%
Where do you volunteer?

- **Religious Group**: 30%
- **Friendly visiting**: 16%
- **Fundraising**: 11%
- **Teaching/Mentoring**: 11%
- **Arts related**: 10%
- **Other**: 44%

**Other** includes: Library, Hospital, nonprofit boards, environmental orgs, civic groups, support group, nature center, pet care, historical society.
Social Participation

Needs

• INFORMATION about available activities
• INFORMATION about available volunteer opportunities
• Flexible, local part-time job opportunities
Respect & Social Inclusion

ASSETS

• 70% have lived in Englewood 20+ years
• 89% - Important or Very Important to remain in Englewood as they age
• 83% - Englewood is Satisfactory or Very Satisfactory as a place to live as they age
Respect & Social Inclusion

Key Facts

• 80% have frequent contact with friends and family
• 85% help each other with chores
• 15% rarely or never help each other
• 37% have few or no friends or family who live near by
• 11% have little contact with friends or family
• Some want to be involved with youth; some do not.
Respect & Social Inclusion

How much influence do you have in making Englewood a better place in which to live?

- A Lot: 26%
- Some: 47%
- Not very much: 19%
- None: 8%
Respect & Social Inclusion

Does local government take the interests of you and your neighbors into account?

- A Lot: 14%
- Some: 51%
- Not very much: 30%
- Not at all: 5%
Respect & Social Inclusion

• “Senior” does not mean disabled or ancient. Many do not prefer that title.

• Comments in all focus groups and on several surveys said that Englewood is “divided.”

• Residents want to come together.

• They want Englewood to be “like it was”
Respect & Social Inclusion

- Contacted elected official: 35%
- Notified City about a problem: 42%
- Gave to charity: 79%
- Voted in local elections: 86%
Respect & Social Inclusion

Needs:

• Engage those isolated at home
• Reach out and welcome older adults into civic life
• Provide ways for residents to come together across boundaries of geography, race, religion and age.
Community Information

Where do you find information about services for older adults?

- B.C. Division of Senior Services: 56%
- Internet: 55%
- Family or Friends: 55%
- Faith Based organization: 48%
- Senior Center: 45%
- Doctor or health care provider: 41%
- AARP: 41%
- Local government offices: 32%
Community Information

Computer Use/Computer Literacy

• 81% use computer or smart phone
• 70% use computer daily
• 7% use computer weekly
• 19% do not use a computer at all
Community Information

Needs

• INFORMATION about services and activities available in a variety of media
  • Print
  • Online (websites, social media)
  • Posters/flyers
Next Steps

Develop Action Plan

- Engage seniors in town
- Engage coalition partner orgs

Begin Implementation

- 3-5 years
- Start small
Questions?
Comments?
Sign up!!!

www.age-friendlyenglewood.org