

**AGE-FRIENDLY
ENGLEWOOD
COALITION**

Community Forum

August 2, 2016

Englewood Hospital and Medical Center

Agenda

- **About Age-Friendly Englewood**
- **Presentation of data**
- **Q & A**
 - **Cards available for comments**
- **Sign-up to be involved**

Age-Friendly Englewood

Age-Friendly Englewood aims to make it as easy as possible for older adult residents of Englewood, NJ, to age successfully in their homes with dignity and independence.

Master Plan 2014

**Age-Friendly Englewood builds off
the 2014 Master Plan.**

**We are not re-inventing the wheel.
We are embellishing it.**

Process

- **Coalition of partner organizations formed early fall 2015**
- **Applied for & received grant from Henry and Marilyn Taub Foundation for \$35,000**
- **SESCIL is fiscal agent for planning phase**
- **January - July, 2016**

Next Steps

- **Report of first phase due August 5.**
 - Data gathering
 - Initial Planning
- **Application for next grant phase is due August 12**
 - Continued Planning
 - Beginning of implementation
- **Potential for \$75,000 for in each of the next 3 years for implementation.**

Coalition Partners (to date)

AARP #3666	Congregation Shomrei	Jewish Family Service
Arts for Life	Emunah	Jewish Home Family
B.C. Div. of Senior Services	Dudley Hamilton Associates	Jewish Home at Home
Bergen Family Center	East Hill Synagogue	Kaplen JCC on the Palisades
Bergen PAC	Ebenezer Baptist Church	Lillian Booth Actors Fund
Bergen Volunteer Center	Elks Lodge of Englewood	Home
Bergen Volunteer Medical Initiative	Encounters in Black Traditions	MLK Houses
Buckley's Drugs	Englewood Hospital & Medical Center	Mt. Calvary Baptist Church
Center for Food Action	Englewood Housing Authority	North Jersey Villages
Chamber of Commerce	Englewood Public Library	Northern NJ Community Foundation
City of Englewood	Englewood Rotary Club	Rebuilding Together B.C.
City Council	Family Success Center	Saint Cecilia Parish
Mayor	First Presbyterian Church	SeniorsTech Academy
City Manager	Flat Rock Brook Nature Association	Southeast Center for Independent Living
City Department Heads	Henry and Marilyn Taub Foundation	St. Paul's Church
Community Baptist Church of Englewood	Int'l Assoc. of Gerontology	Vantage Health System
Community Chest of Englewood	iTNNorthJersey	Visiting Homemaker Bergen County
Congregation Ahavath Torah		Women's Rights Information Center

Taub Grant Recipients

Englewood

Garfield

Ridgewood

Teaneck

Westwood

Data Gathering

- **Surveys (charts in this presentation)**
- **Focus groups (deeper dive)**
- **Conversations with key stakeholders and civic leaders**

No preconceived ideas

SURVEYS

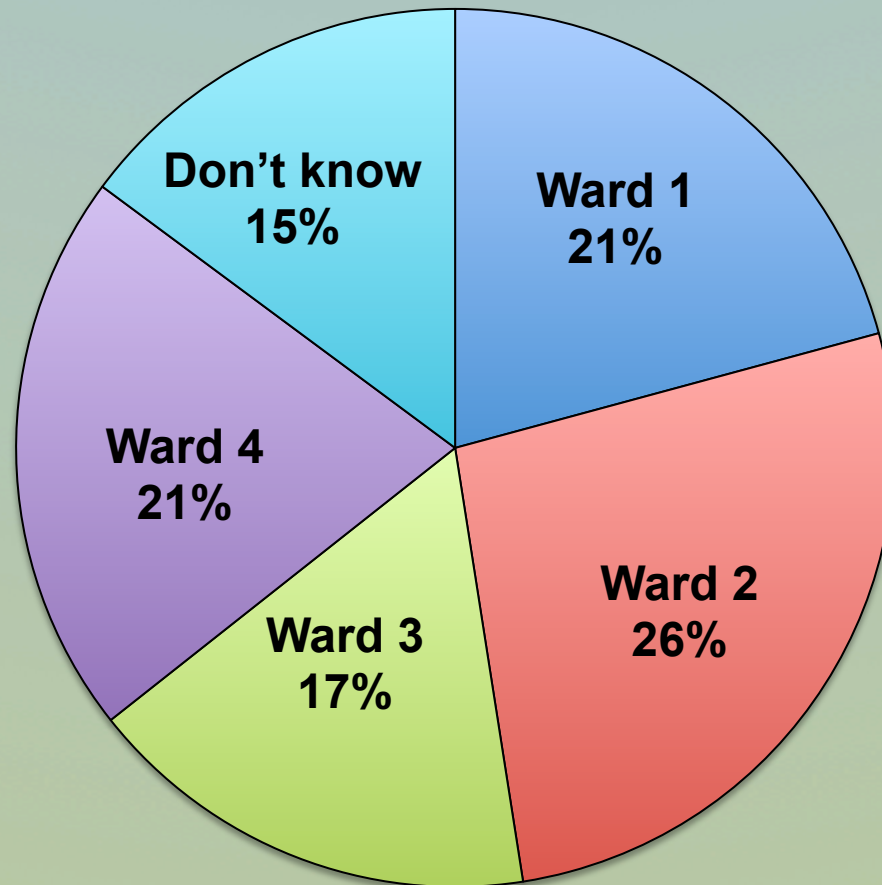
- **329 started / 259 completed**
(senior population = 3,919; 6.6% = statistically valid)
- **Available online and on paper**
- **Hand delivered to clients with home-delivered meals**
- **Available at Library, City Hall & other community and faith-based locations through coalition partners**

Focus Groups

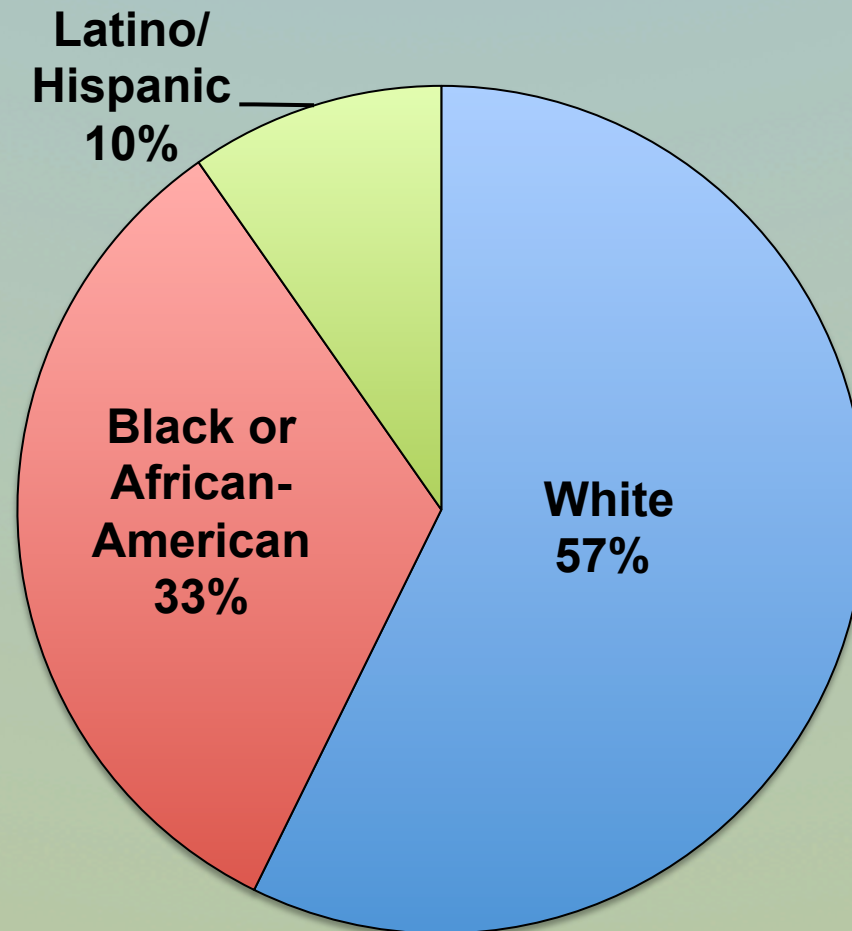
Three focus groups in June

- **Library (16)**
- **Ahavath Torah (20)**
- **Community Baptist Church of Englewood (10)**

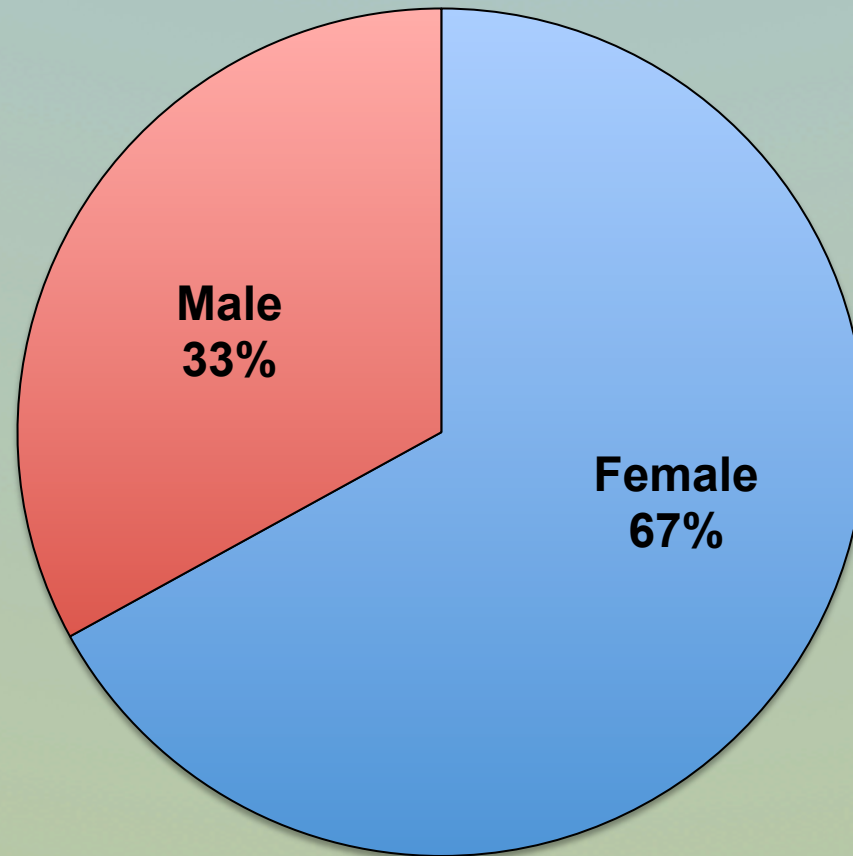
Survey Responses by Ward



Responses by Race/Ethnicity

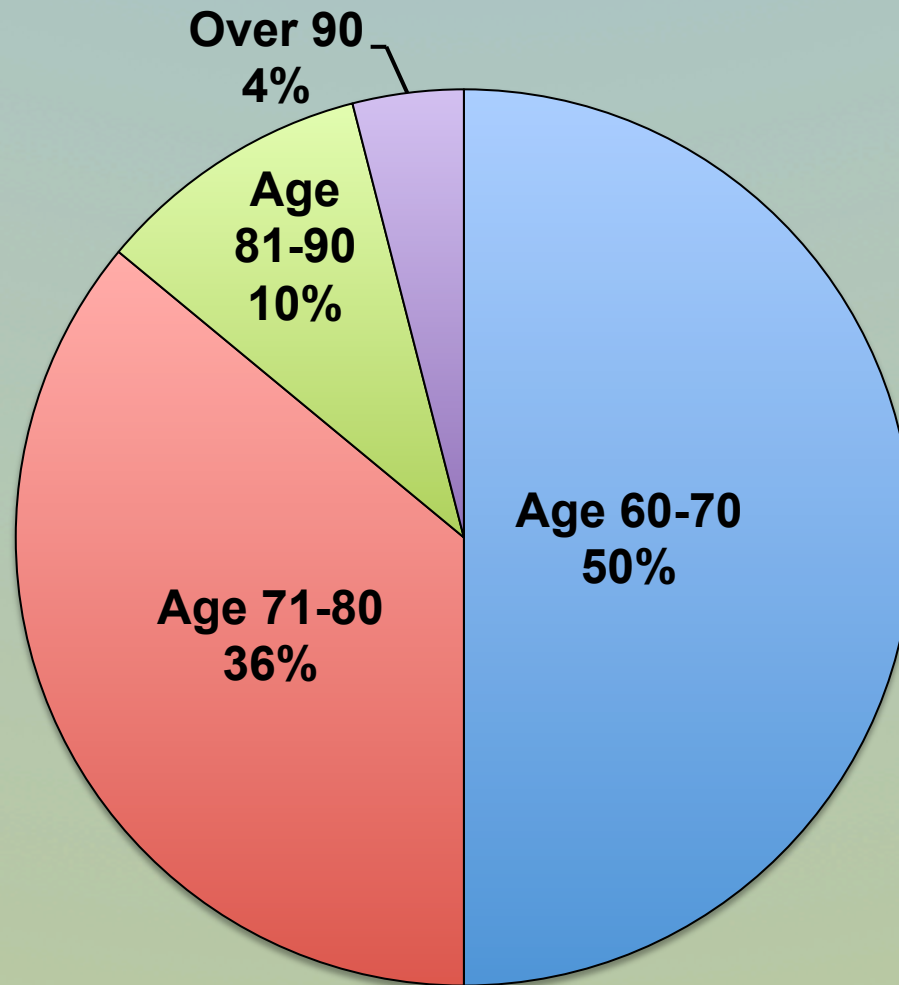


Responses by Gender

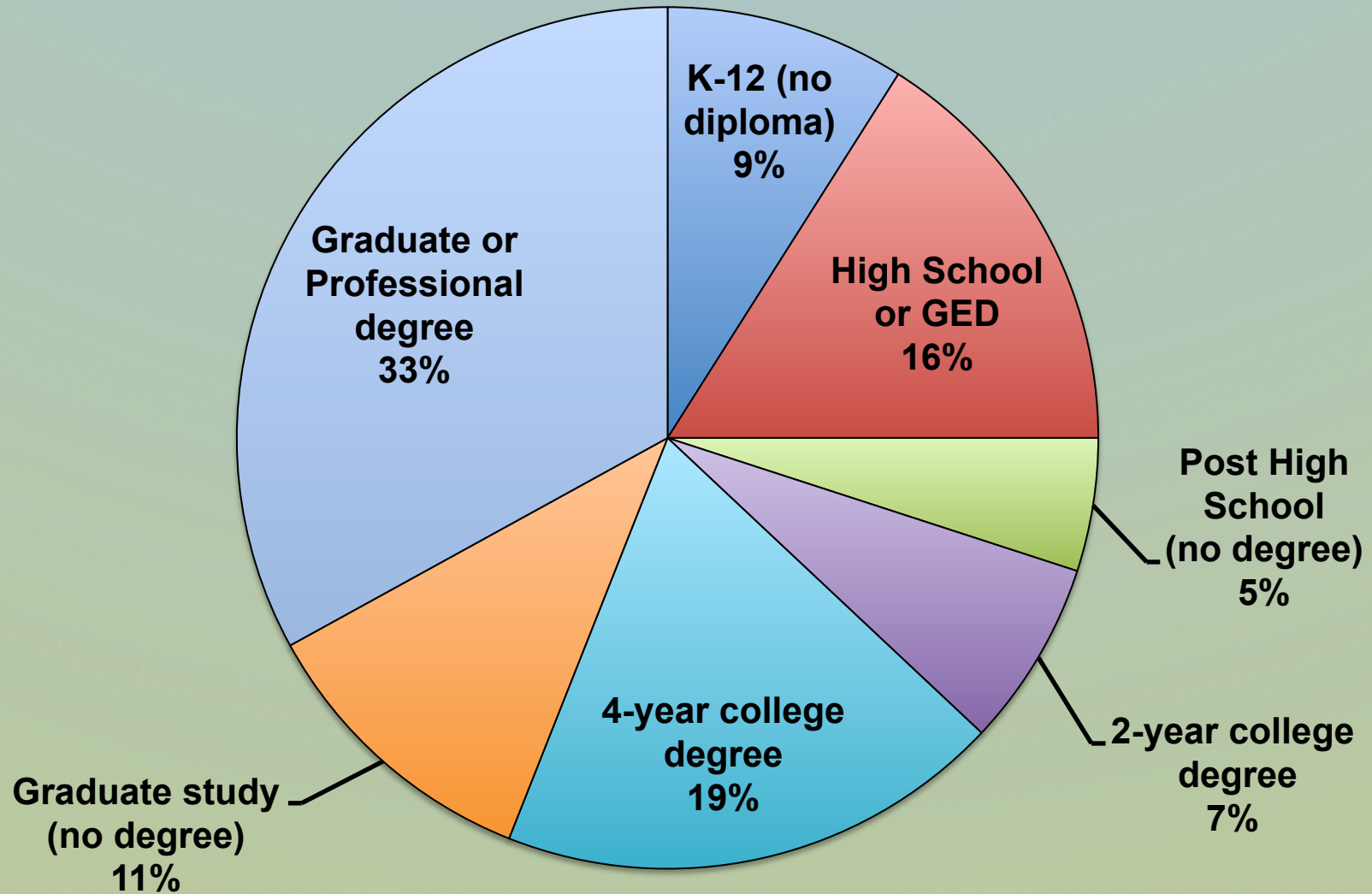


* LGBT negligible – 1 response

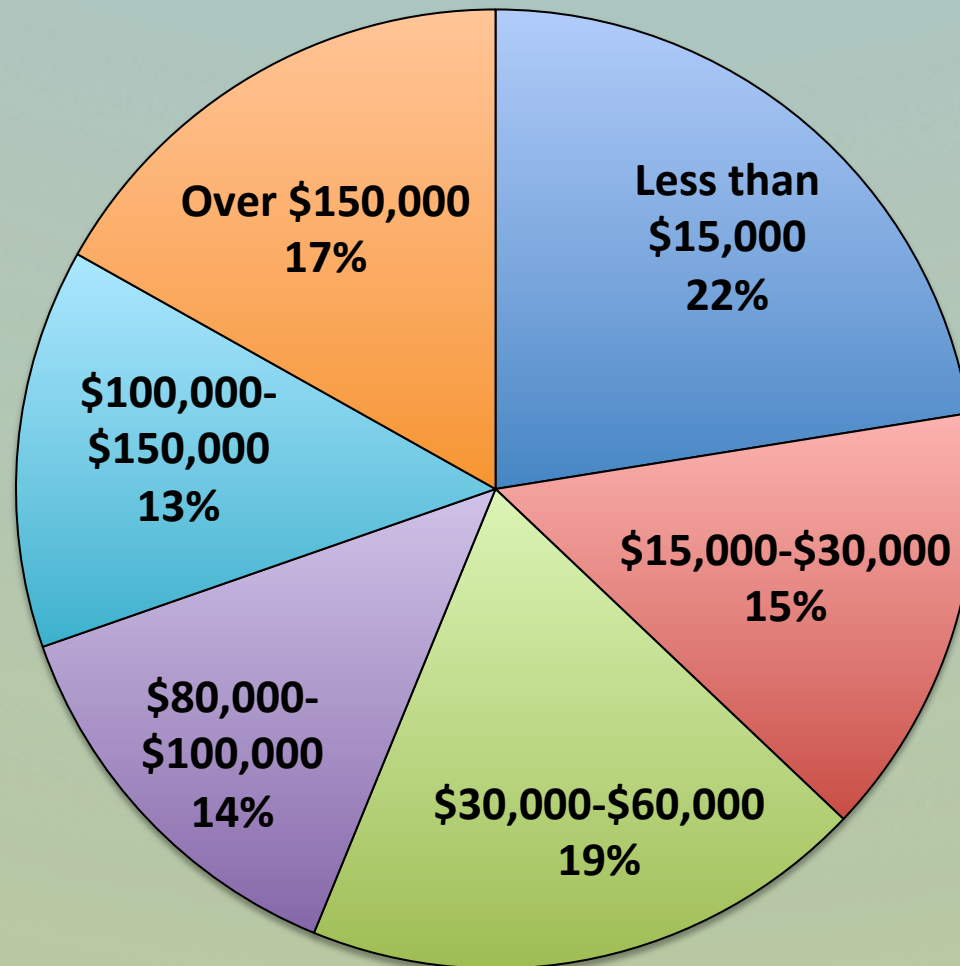
Responses by Age



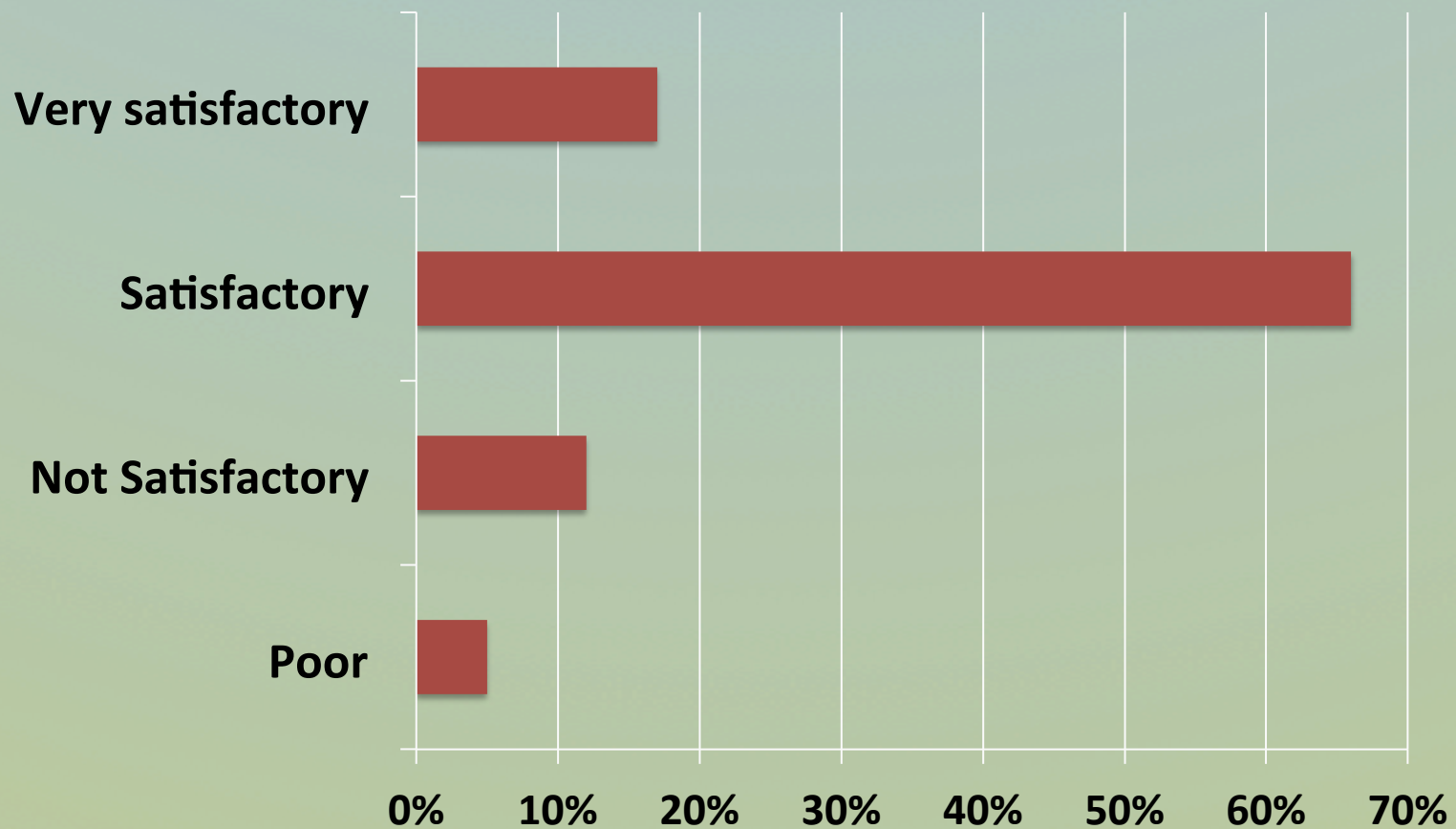
Responses by Education Level



Responses by Income Level

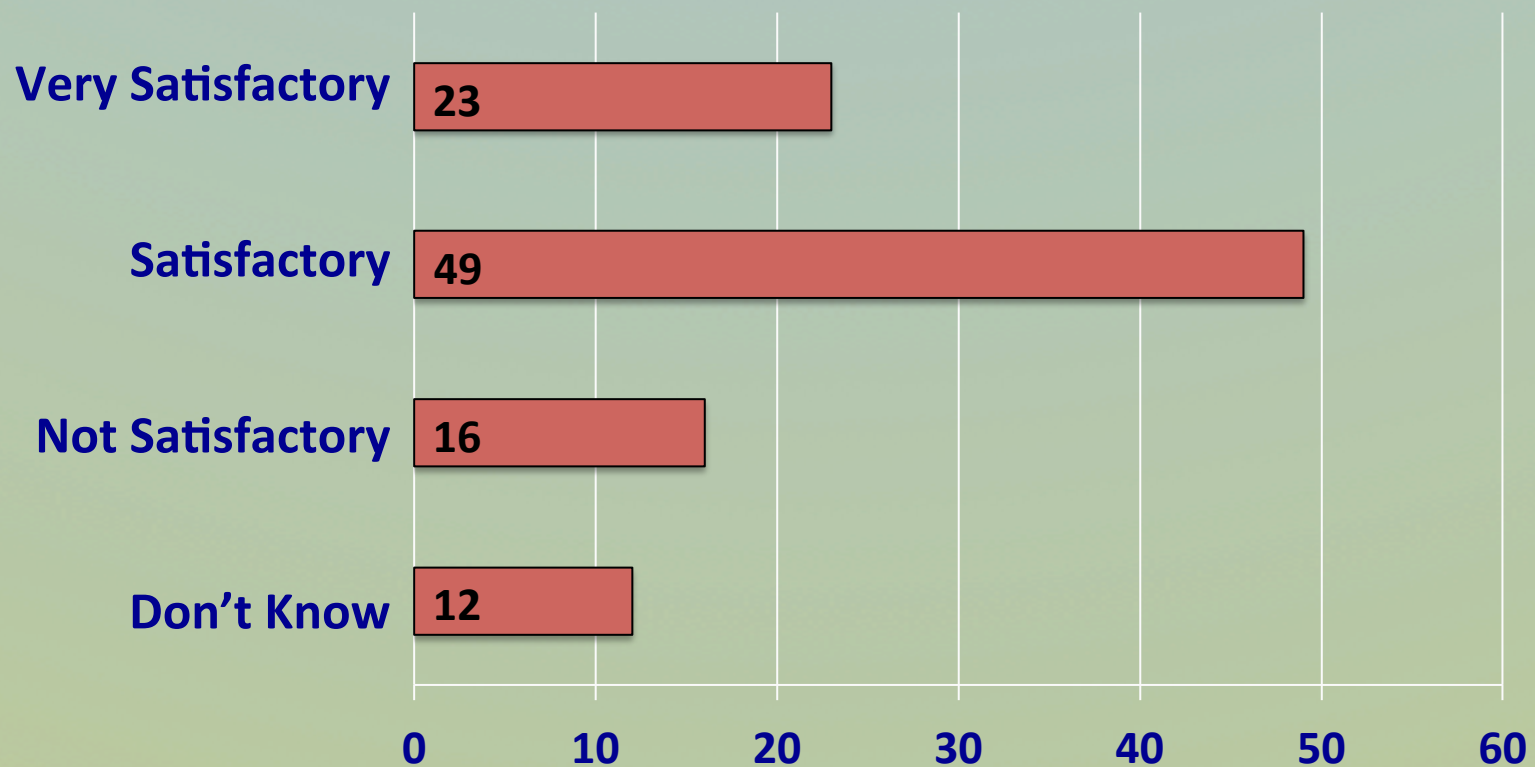


How would you rank Englewood as a place to live as you get older?



Satisfaction with neighborhood issues:

Traffic, safety, streets, public services, traffic lights, ease of shopping, arts & cultural activities, parking, ethnic diversity, housing, community involvement



WHO 8 Domains of Livability

(World Health Organization; adopted by AARP)



Housing

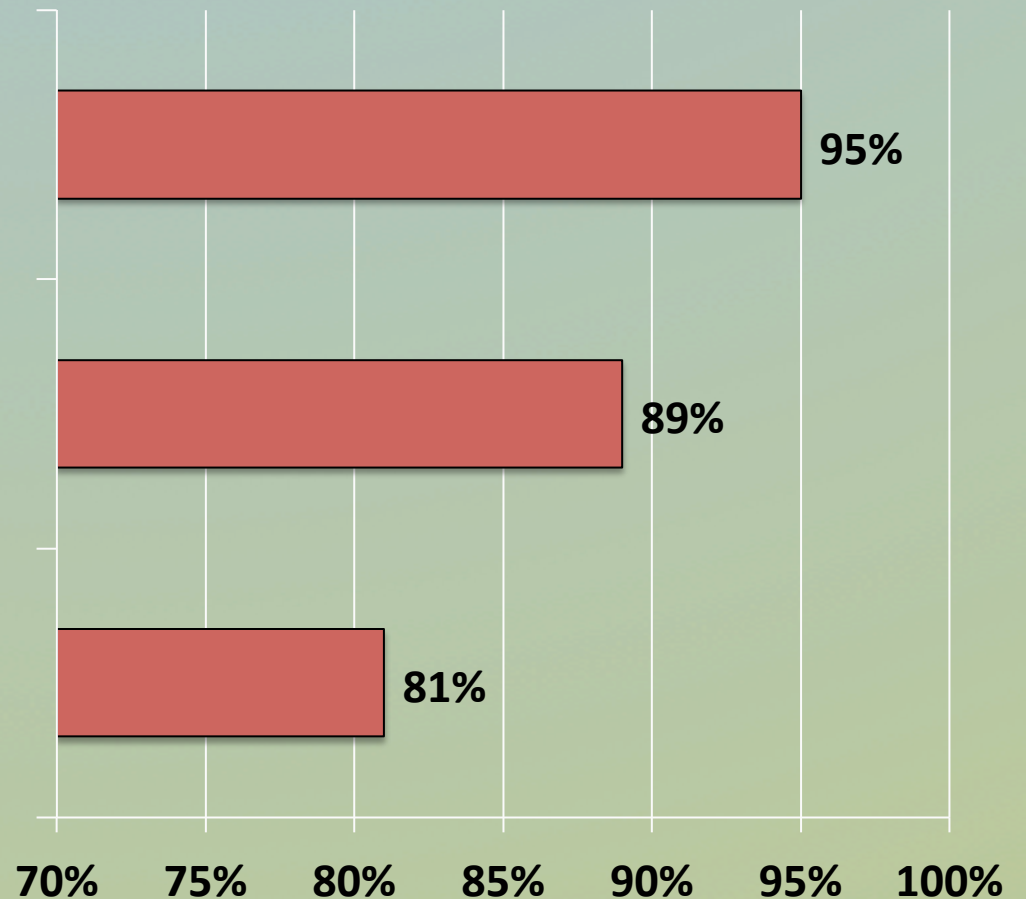
Key Facts

about older adults in Englewood

Want to live independently as they age

If considering a move, it would be to a less expensive home (taxes)

Want to walk to shops, banks, restaurants, religious organization



Housing

Assets

- **Englewood is a desirable location**
 - **Close to highways**
 - **Close to NYC**
 - **Numerous shops, restaurants, services**
- **Diverse populations & cultures**
- **Homes in good repair**
- **Strong property values**

Housing

Needs:

- **More housing options**
 - **Affordable housing**
 - **Low-income housing**
 - **Full service apartments in walking distance to shops, banks, religious services**
- **Information about low-cost contractors for minor home modifications**

Outdoor Spaces & Buildings

Key Facts

- **Parks with enough benches are important or very important**
- **Sidewalks in good condition are important or very important**

Outdoor Spaces & Buildings

Needs:

- **More benches in parks and on streets**
- **Sidewalks in good repair**
- **Separate pathways for bikes and pedestrians**
- **More well-maintained, accessible public restrooms**

Transportation

Key Facts:

- **68% of older adults currently drive themselves**
- **80% want accessible, convenient, affordable and reliable public transportation**
- **Parking is a challenge**

Transportation

Needs:

- **Information about available public transportation**
- **Affordable transportation options when no longer drive**
- **More parking/older adult-specified parking spots**

Health & Wellness

Key Facts:

- Englewood Hospital and Medical Center is located in Englewood
- 88% consider themselves in good health
- 96% consider it important to remain physically active as they age

Health & Wellness

Assets

- Englewood Hospital is a BIG plus (location, doctors, variety of health-related services)
- Many services are available (home care, meals on wheels, fitness and wellness programs, etc.)

Health & Wellness

Needs

(Health Happens at Home)

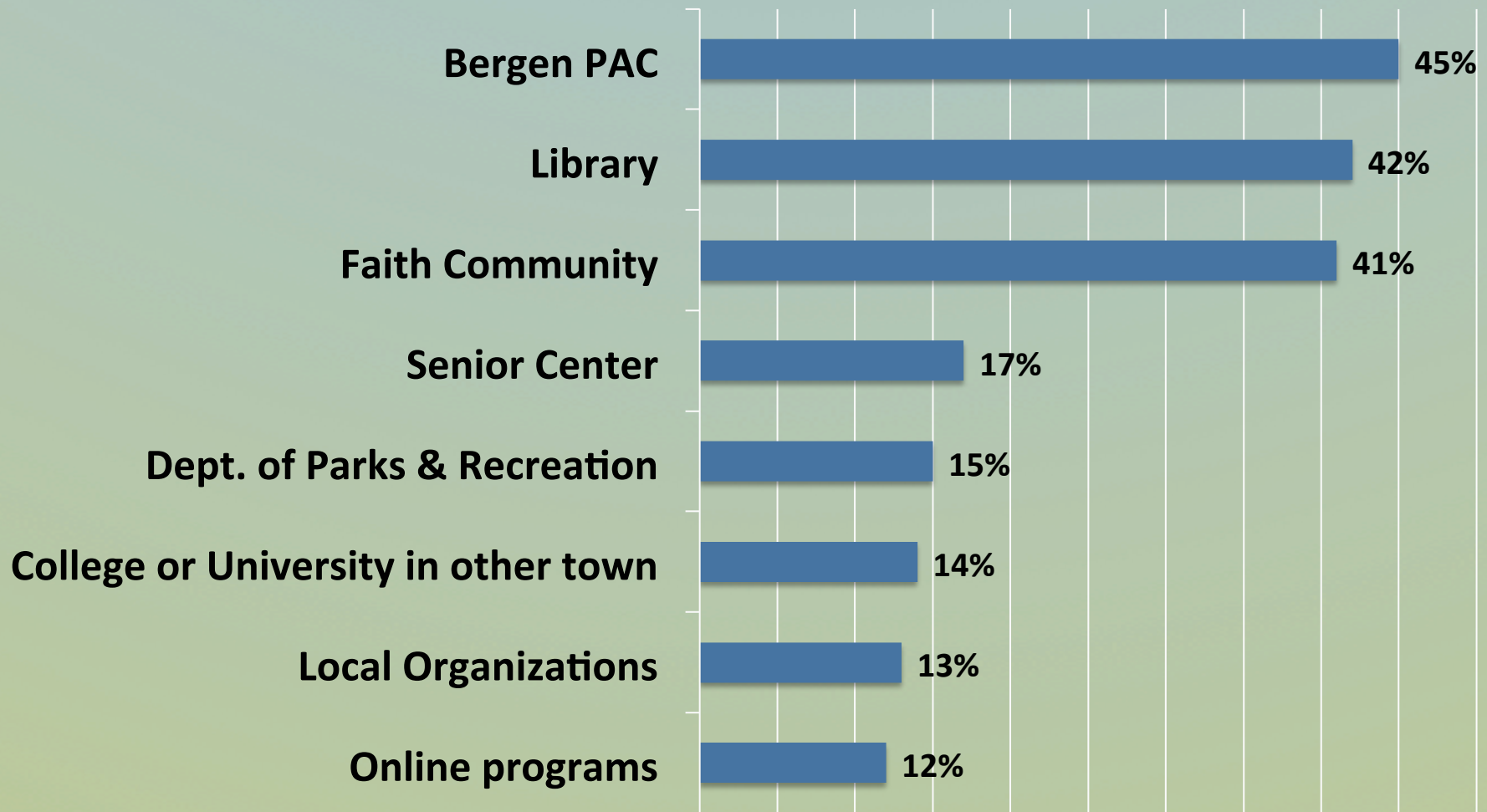
- **INFORMATION** about available services
- **How to access & navigate services**
- **Affordable fitness activities**
- **Help with DPW services**
 - **Shoveling snow at end of driveway**
 - **Taking/returning recycling cans to curb**

Social Participation

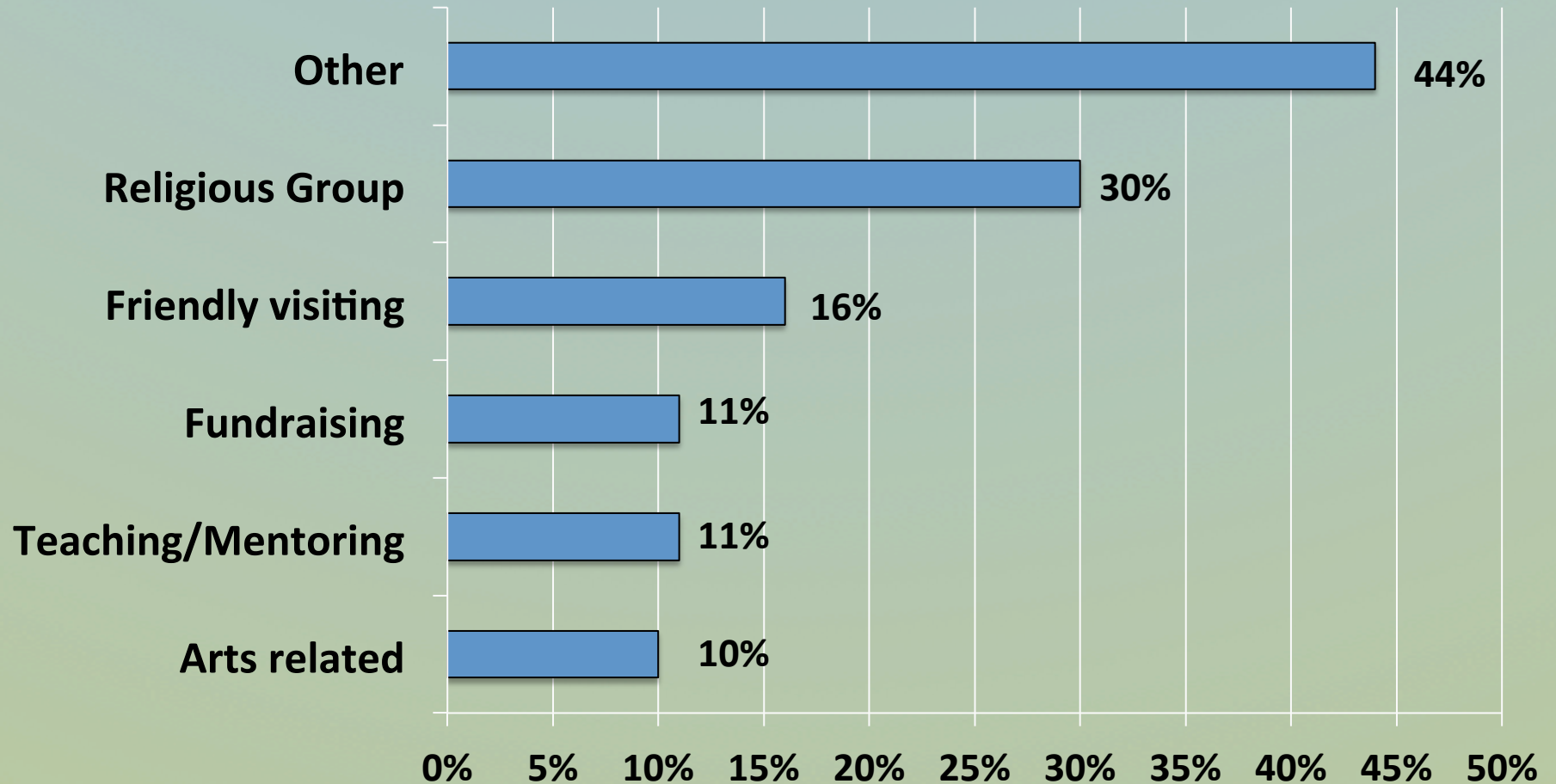
Key Facts

- **Variety of affordable activities, classes and social clubs are important.**
- **Flexible job opportunities for older adults are important**
- **55% of older adults volunteer**
- **A variety of volunteer opportunities are important**

Where do you go for arts & cultural activities?



Where do you volunteer?



Other: Library, Hospital, nonprofit boards, environmental orgs, civic groups, support group, nature center, pet care, historical society

Social Participation

Needs

- **INFORMATION** about available activities
- **INFORMATION** about available volunteer opportunities
- **Flexible, local part-time job opportunities**

Respect & Social Inclusion

ASSETS

- **70% have lived in Englewood 20+ years**
- **89% - Important or Very Important to remain in Englewood as they age**
- **83% - Englewood is Satisfactory or Very Satisfactory as a place to live as they age**

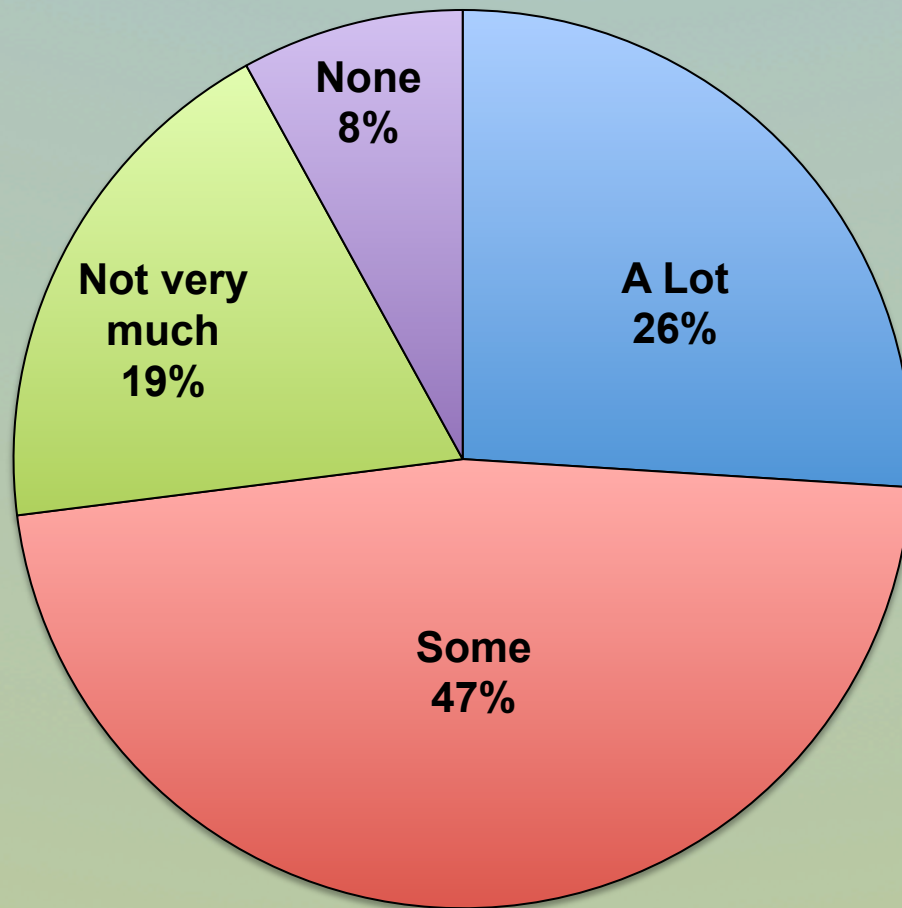
Respect & Social Inclusion

Key Facts

- **80% have frequent contact with friends and family**
- **85% help each other with chores**
- **15% rarely or never help each other**
- **37% have few or no friends or family who live near by**
- **11% have little contact with friends or family**
- **Some want to be involved with youth; some do not.**

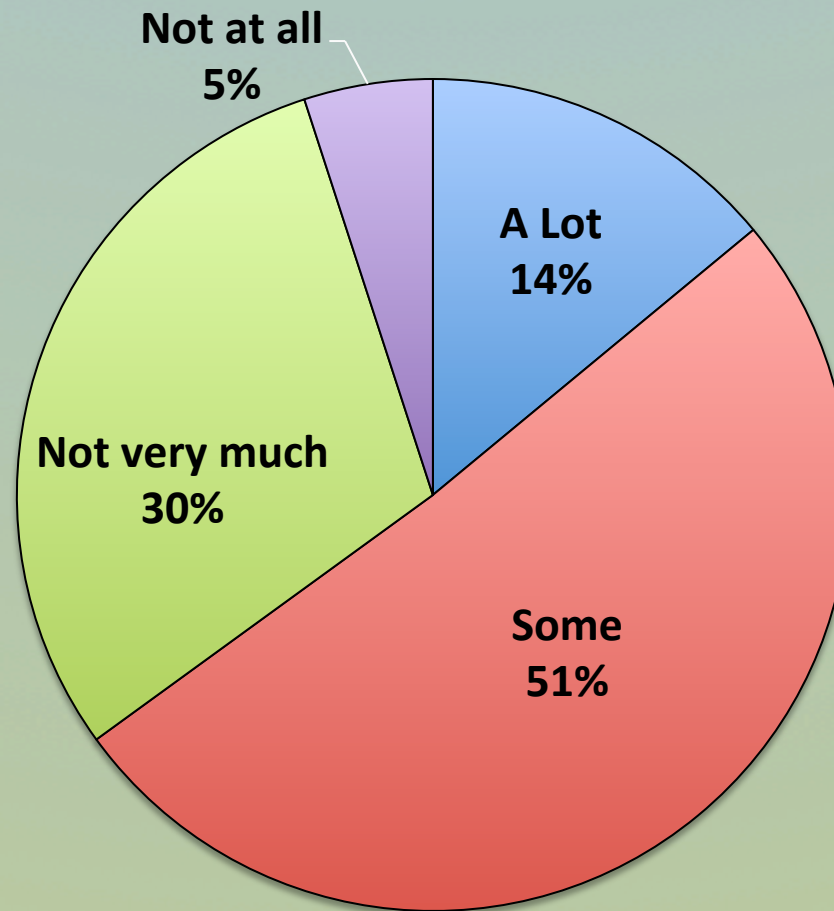
Respect & Social Inclusion

How much influence do you have in making Englewood a better place in which to live?



Respect & Social Inclusion

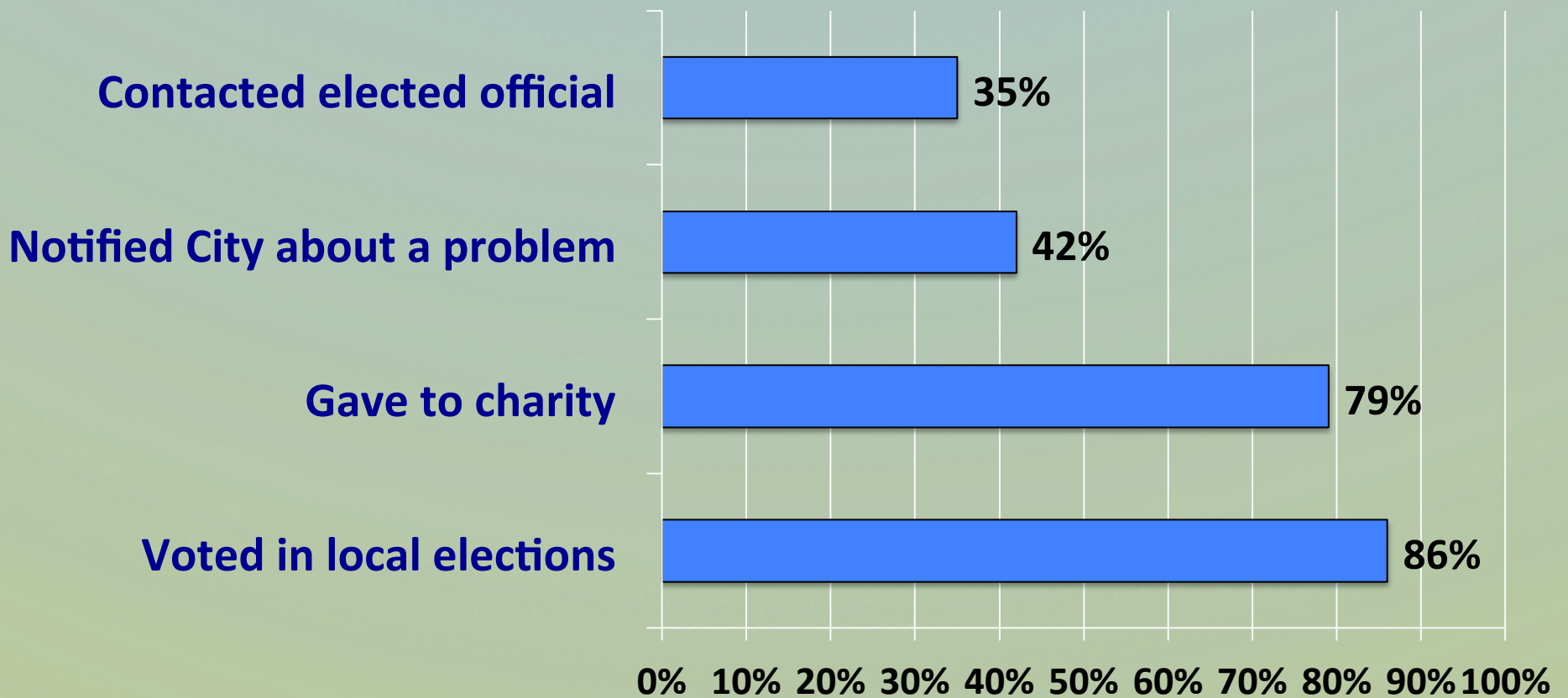
Does local government take the interests of you and your neighbors into account?



Respect & Social Inclusion

- **“Senior” does not mean disabled or ancient. Many do not prefer that title.**
- **Comments in all focus groups and on several surveys said that Englewood is “divided.”**
- **Residents want to come together.**
- **They want Englewood to be “like it was”**

Respect & Social Inclusion



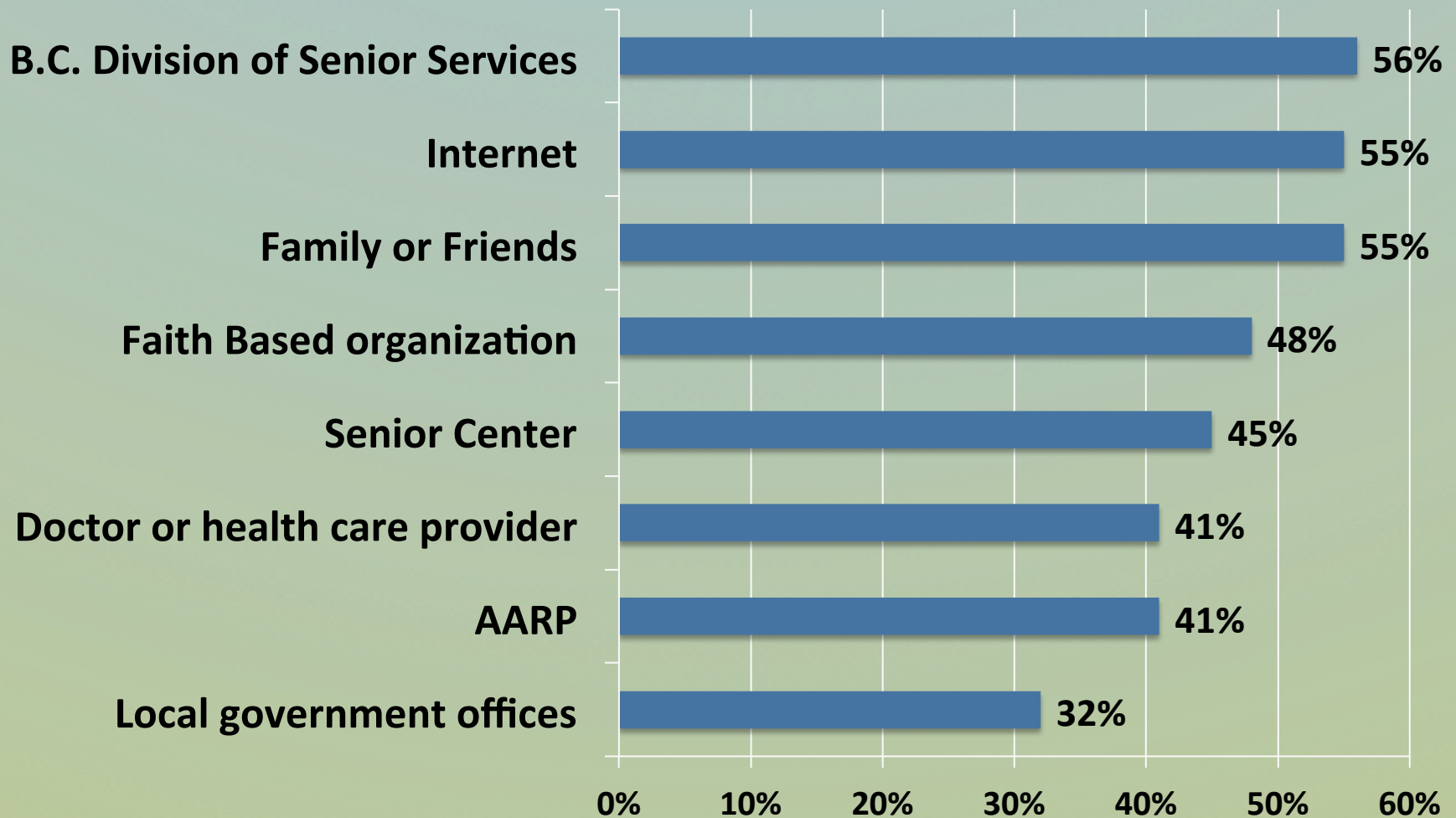
Respect & Social Inclusion

Needs:

- Engage those isolated at home
- Reach out and welcome older adults into civic life
- Provide ways for residents to come together across boundaries of geography, race, religion and age.

Community Information

Where do you find information about services for older adults?



Community Information

Computer Use/Computer Literacy

- **81% use computer or smart phone**
- **70% use computer daily**
- **7% use computer weekly**
- **19% do not use a computer at all**

Community Information

Needs

- **INFORMATION** about services and activities available in a variety of media
 - **Print**
 - **Online (websites, social media)**
 - **Posters/flyers**

Next Steps

Develop Action Plan

- Engage seniors in town
- Engage coalition partner orgs

Begin Implementation

- 3-5 years
- Start small

**Questions?
Comments?**

Sign up!!!

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www.age-friendlyenglewood.org