



# BOUNDARIES WORKSHOP

*Improving relationships  
Learning how to develop healthy boundaries*

**Monday**  
**October 2, 9, 16, & 23**  
**6:15 – 8 pm**

Cost: \$40 each workshop session  
Registration Required: Please contact front office or  
Isaiah Collins, LPCA, NCC at (336) 272-8090

Triad Counseling & Clinical Services  
5603 B New Garden Village Drive  
Greensboro, NC 27410