

# Unsubscribe

We all get them, those unwanted emails that flood our inbox on a regular basis. Perhaps just one time you visited a particular site, or somehow signed up unintentionally and now, well now they relentlessly pursue your time and attention, always flooding your inbox. What's amazing is that if we don't want to receive them we can simply click the unsubscribe button and remove ourselves from their list.

However, many times we just hit delete instead of unsubscribing, allowing them the right to intrude at any given moment of time. Hitting delete is not dealing with the issue my friend, it's just a temporary fix that ignores (or tolerates) the real problem.

It's truly impressive that our human ability to self-deceive ourselves is a powerful force. Unfortunately, it also works in opposition to the purposes of God in our lives. Today, the Lord is wanting you to unsubscribe from a few things you've been tolerating (ignoring) in your life.

You and only you have the choice to listen and agree with these things, or listen to God's Word. These "things" flood your spiritual inbox cluttering up the truth with lies. You know exactly which ones I am talking about (unless you just hit delete).

I am talking specifically about the ones that seem to keep resurfacing in your life and you just ignore them. Can I be blunt? Whatever we are thinking is normally what we act upon.

Example: If we think we are a failure, we will feel like a failure and we will make decisions based on feeling like a failure. If we believe it's hopeless, we will act, feel and make decisions like it's hopeless.

Oh boy....I had planned to stop with those two examples but strongly feel the Lord wants me to name some more, for those teetering on the fence, if this is really for them. Please - stop right now and ask the Lord if these apply to you:

No one understands me  
All alone and no one cares  
Never "feeling" like you are good enough  
Fear of failure - (you don't even try) or- (I can't do this) or (I never learned how)  
You don't deserve to be happy  
There is nothing special about you at all  
That was your idea, it's not from God  
Hey, I was raised this way  
You will never make it so why try  
You are pathetic, not prophetic  
Give up- Its never going to happen

I really blew it  
I can't kick this habit- I've been doing it a long time

The above list are just some suggestions of the things that need to be unsubscribed from. I hope today you ask Him what is it that you've been tolerating and immediately unsubscribe from them.

(By the way, if you constantly think of your past failures, you will see yourself always associated with them)....

So, how do you unsubscribe? Hit the spiritual delete button of course! GRIN....

Ephesians 6:17, "...the sword of the Spirit, which is the word of God" is one tool to correct incorrect thinking patterns. We can have perfect confidence in the fact that His words are accurate, true and unerring. When followed, they guide us without fail in the paths that we need to walk.

2 Corinthians 10:3-5, "For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ."

Start with renouncing it's deeds or activities in your life. Then ask God to forgive you (repent) for believing, ignoring or tolerating it. Lastly, ask God to replace the lies with the truth and purpose in your heart to refuse to believe them again!

God always associates Himself with His Word (John 1:1), so the next time something comes into your mind that is contrary to God's Word, UNSUBSCRIBE from it right away refusing to give it a foothold (Ephesians 4:27)

Do not let the devil start working in your life (NLV)  
Don't provide an opportunity for the devil (CEB)  
Otherwise you leave room for the Adversary (CJB)  
Don't give the devil a way to defeat you (ERV)  
Don't give the devil any opportunity to work (GW).  
Don't give the Devil that kind of foothold in your life (MSG)  
Do not let the devil control you (WE)

Gina Cobb  
January 30, 2015