

## Recommended Reading:

*The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*, by Brene Brown

*The Charge: Activating the 10 Human Drives That Make You Feel Alive*, by Brendon Burchard

*Create a World That Works: Tools for Personal and Global Transformation*, by Alan Seale

*Living Your Best Life: Discover Your Life's Blueprint for Success*, by Laura Berman Fortgang

*Making Your Dreams Come True*, by Marcia Wieder

*Doing Less and Having More: Five Easy Steps for Achieving Your Dreams*,  
by Marcia Wieder

*Taming Your Gremlin (Revised Edition): A Surprisingly Simple Method for Getting Out of Your Own Way*, by Rick Carson

*Intuitive Living: A Sacred Path*, by Alan Seale

*The Art of Possibility: Transforming Professional and Personal Life*,  
by Rosamund Stone Zander and Benjamin Zander

*Flow: The Psychology of Optimal Experience*, by Mihaly Csikszentmihalyi

*The 7 Habits of Highly Effective People : Powerful Lessons in Personal Change*,  
by Stephen R. Covey

*The Power of Full Engagement: Managing Energy, Not Time, Is the Key to High Performance and Personal Renewal*, by Jim Loehr and Tony Schwartz

*Take Time for Your Life*, by Cheryl Richardson