

St. Clare Chapel

60 Compton Road ▪ Cincinnati, OH ▪ 45215
513-761-9040 Ext. 101 www.franciscansistersofthepoor.org

All Are Welcome!

Sunday Liturgy—10:00 am
Celebrant—Fr. Frank Jasper & Guest Celebrants

The weekday Liturgy schedule may change during the month.
Please, check the daily schedule in the back of the Chapel
Or on our website at: www.franciscansistersofthepoor.org

St. Clare Chapel Bulletin is published monthly. If you'd like a copy email:
Office@FranciscanSistersofthePoor.org or call 513-761-9040 X-101

The Apostle to the Apostles

St. Mary Magdalene has been called the second-most important woman in the Gospels, after Jesus' mother, Mary. The Gospels mention her 12 times, more than most of the apostles.

Her name comes from her origin in Magdala, a region in northern Galilee. The Gospels of Mark and Luke tell us that Jesus cast seven demons out of Mary Magdalene. After that, she traveled with Jesus and his followers, and played a prominent role in witnessing Jesus' crucifixion and resurrection.

She remained at the foot of the cross when most of Jesus' followers left him, and she is remembered for her courage in faithfully standing with Jesus even as he faced death.

Mary Magdalene is the only person noted by all four Gospels as testifying to Jesus' resurrection. John and Mark portray her as the first witness of the resurrection, and [St. Thomas Aquinas](#) honored her with the title "the Apostle to the Apostles" because she was the first to share the news of the resurrection.

For generations, tradition confused Mary Magdalene with two other women of the Gospel. She is not the same person as Mary of Bethany, who is sister to Martha and Lazarus. She is also not the unnamed woman of Luke's Gospel (7:36-50), who was uncritically assumed to be a prostitute. Both of these other women anoint Jesus' feet with oil, which is why Mary Magdalene is mistakenly portrayed with a jar of ointment, as in this stained glass window from the Basilica.

We do know that Mary Magdalene was a pillar of the early Christian community, a faithful follower of Jesus who was healed by him, and one of the first people to witness and share the good news.

Various traditions compete to tell the story of what happened to Mary Magdalene in her later life. One legend has it that she retired to Ephesus with Jesus' mother, Mary. Another has it that she was transported to France with others and evangelized that area. Relics of St. Mary Magdalene rest in the reliquary chapel in the Basilica, and she is depicted in stained glass in the Basilica as well as in a wall mural there.

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July - 2024



Saint Mary Magdalene

Eucharistic Adoration

Friday, July 5
10:30 AM - 12:00 PM
St. Clare Chapel

Wisdom Wednesday

July 10
6:30 PM - 8:00 PM
Peace Center - Schervier Hall

Eucharistic Holy Hour

July 18
11:00 AM
St. Clare Chapel

Centering Prayer

Every Tuesday
3:30 PM - 4:00 PM
Peace Center - Garden Room

Weekday Liturgy

Celebrant - Fr. Norm Langenbrunner
Tuesdays and Thursdays
10:00 AM
St. Clare Chapel

Communion Service or Daily TV Mass

Mondays, Wednesdays, Fridays
10:00 AM
St. Clare Chapel



July 16-22, 2024

NATIONAL
**Eucharistic
Congress**

Simply Yourself

The month of July offers us a variety of global and national days of recognition and awareness, all ranging from the frivolous to those of great significance being both morally and culturally impactful. At either end of the scale, we may find ourselves disengaged; the frivolous not worth our time/attention and those issues of large-scale importance may be overwhelming and our contribution to effect change miniscule at best. Often what is best to take on are those matters that can be impactful and even life changing for you and others. One of these “doable” concepts is on July 12, the National Day of Simplicity.

The topic of decluttering and simplifying one’s life has been in the forefront of popular culture thanks to proponents such as Marie Kondo, a professional “tidying” expert. Great emphasis is placed on the decluttering of possessions, otherwise known as “stuff”, in your home.

However, the principles of decluttering and simplifying can be extended to the non-material areas of our lives, offering us greater peace, joy, contentment and meaning. Here are a few concepts worth considering.

Your Life

A simple life is an intentional one. When we choose to live with less stuff, in all its shapes and forms, not only are we defining our priorities, but our thinking shifts for the long term. We’re more careful, mindful, considerate, and intentional in what we let into our life and what we keep out. Modern life encourages us to be more, buy more, have more, but a simpler life actually helps you to have more in other ways. Less stuff, more life.

Your Mind

A cluttered mind is one that’s not only full of thoughts and knowledge but also full of things to remember, worries and problems. Too much going on in your mind can lead to a lack of clarity, focus or concentration. As a result, a cluttered mind tends to lead to stress, procrastination and distraction. You might even be unable to get things done simply because you don’t know what to do first! Allow your mind to rest by limiting the amount of over input and stimulation you are exposed to. Intentionally add relaxation, leisure activities, down time and “time out” to your daily routine.

Your Time

We all have 24 hours in a day and it’s up to us how we manage that un-renewable resource. Ideally, it’s more full of things we WANT to do and not just things we NEED to do. Learn the art of saying no because every time you say yes to one thing, you’re saying no to something else. Remember that you won’t get your time back so be careful where you say yes! Avoid overcommitting and spreading yourself too thin. Ensure you leave plenty of time that’s free, unstructured and you can fill with things, but only IF you want.

Your Spirit & Soul

Now may be the perfect time for some quiet introspection focused on spiritual rituals and activities that feed your soul. Take the opportunity to engage your creativity in developing new ways of deepening and expressing your inner self. Explore meditation, contemplation and exchanges that offer you greater spiritual connection. Let go of past activities and practices that no longer enliven your spirit or serve your soul.

As you begin July, may you find greater joy, peace, and contentment as you simplify yourself and your life. Adapted: BalanceThroughSimplicity.com

Wisdom Wednesday

A Monthly Dose of Inspiration
Every second Wednesday of the Month

Join us & Invite a Friend to explore

**Gardening with Native Plants
for Wildlife**

Presenter: Kathy McDonald
Master Gardner

July 10, 2024
6:30–8:00 pm

Schervier Hall & Zoom
Zoom Meeting ID: 626-230-3616

Franciscan Sisters of the Poor
60 Compton Road • Cincinnati • OH • 45215

St. Clare Chapel

Is there a wedding in your future?

Contact our

Wedding Coordinator
Mary Langenbrunner

Call 761-9040 Ext-176

Email: Weddings@

FranciscanSistersofthePoor.org



The Franciscan

Peddler Thrift Store

OPEN:
FRIDAYS

10:00 am—4:00 pm

SATURDAYS

10:00 am—1:00 pm

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