

NOVEMBER 2024

L.B.J.&C.

HEAD START NOTES

VOLUME 1 ISSUE 4

TennCare Diaper Benefit



Division of
TennCare for TennCare and CoverKids
members under age two

If your child is covered by TennCare or CoverKids and is under the age of two, you can now get up to 100 diapers each month at no cost.

These diapers are available at participating pharmacies across Tennessee.

Here's how you can get the diapers:

1. Find a Participating Pharmacy
2. Show Your Card
3. No Prescription Needed
4. Variety of Diapers

Upcoming Events

- **Nov. 5 In-Service Day--Staff Only**
 - Centers Closed
- **Nov. 11 Veteran's Day**
 - Centers Closed/HAFH Open
- **Nov 26 Family Meal**
 - All families are welcome!
- **Nov 27-29 Thanksgiving Holiday**
 - Centers Closed

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I can...

-  take deep breaths
-  count
-  go for a walk
-  take a drink
-  take a break
-  listen to music
-  draw a picture
-  swing
-  rock
-  read a book
-  hug a favorite toy
-  do a puzzle

NCPMI   National Center for Pyramid Model Innovations | ChallengingBehavior.org
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 Pub: 05/05/15

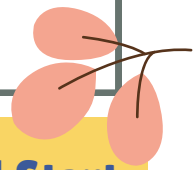
MEANINGFUL VISUAL

An important part of learning social/emotional skills is for children with and without disabilities to be able to regulate and calm down. Here is a useful tool to teach children how to calm down when challenges arise.
 Source: www.usf.edu



LBJ&C WELCOMES POLICY COUNCIL & BOARD OF DIRECTORS MEMBERS

L.B.J.& C. DEVELOPMENT CORPORATION WELCOMES NEW AND RETURNING MEMBERS OF POLICY COUNCIL AND BOARD OF DIRECTORS. THE POLICY COUNCIL CONSISTS OF 12 MEMBERS--PARENTS AND COMMUNITY REPRESENTATIVES. THE BOARD OF DIRECTS CONSISTS OF 13 MEMBERS-- LOCAL ELECTED OFFICIALS, CONSULTANTS, ADVISORS, ETC. WELCOME ABOARD!



L.B.J.& C. Head Start is a Limited Purpose Agency serving Clay, Cumberland, Dekalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Warren, and White Counties. Parents' participation is not required as a condition of their child's enrollment. Participation is voluntary. However, Head Start needs Parental Input into all aspects of the Head Start Program. Funded by the U.S. Department of Health and Human Services, Administration for Children and Families. L.B.J.& C. Development Corporation is an Equal Opportunity Agency. The agency does not discriminate on any non-merit reasons such as race, color, religion, sex, national origin, age, marital status, political affiliation, sexual preference, or qualified individuals with mental and physical handicaps. The 504/ADA/Title VI Contact Person: Angela West (931) 528-3361. For reprints of this newsletter, contact us at (931) 528 -3361, e-mail us at information@lbjc.org, or FAX us at (931) 528 -2409.

Apply Now

All age eligible children can apply. Serving children 3 & 4 years of age including children with disabilities.

www.lbjc.org

L.B.J. & C. Head Start

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 (931) 528-3361

Events, parenting tips, developmental milestones, and more... L.B.J. & C. Head Start is your reliable source for early childhood education information.

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<https://www.lbjc.org>